

# Partial Government Shutdown

The attached 2018 Q4 Issues and Programs List was intended to have been uploaded to the Online Public Inspection File on or before January 10, 2019.

However, the partial federal government shutdown of 2018-2019 resulted in the closure of the FCC, and in the Online Public Inspection File being completely inaccessible on and prior to the January 10, 2019 due date, and until the reopening of the federal government.

Therefore, this document was uploaded to the Online Public Inspection File on the first business day following the reopening of the federal government.

## **WUFM COLUMBUS, OHIO**

### **QUARTERLY ISSUES FOR OCTOBER THROUGH DECEMBER, 2018**

(WUFM does not receive any underwriting support for the following)

#### **1. News Programming: 8:27:30 hours each week**

- Local and national news coverage, weekday mornings throughout "The R!OT"  
@ 80:00 minutes per show (average) = 6:40 hours weekly
- Local traffic reports, weekday mornings throughout "The R!OT"  
@ 11:00 minutes per show (average) = 55:00 minutes weekly
- Local weather, daily at:  
:30 past each hour, 15 hours each day  
105 @ :30 each = 52:30 minutes weekly

#### **2. Public Affairs Programming: 1:45:00 hours each week**

- "About U":  
Interview clips with sports or music celebrities and local members of the community, dealing with life issues  
Airs daily, "Run of station" approximately 50 times each week  
50 @ :30 each = 25:00 minutes weekly
- "RadioU Insider":  
News program featuring music artist interview clips  
Airs daily, "Run of station" approximately 80 times each week  
80 @ :60 each = 1:20 hours weekly

#### **3. Public Service Programming: 4:44:15 hours each week**

- Public Service Announcements:  
Various local nonprofit/educational organizations, both recorded and live announcer  
Airs average of 1:30 minutes per hour, each day  
= 4:12:00 hours weekly
- Long-form Programming:  
Please see "Issues Of Public Interest" (below) for details  
= 32:15 minutes weekly (average)

**A total of 14:56:45 hours of WUFM Columbus programming is dedicated to news, public affairs, public service, and issues of public interest each week.**

### **SIGNIFICANT ISSUES OF PUBLIC INTEREST IN COLUMBUS, OHIO FOR OCTOBER THROUGH DECEMBER, 2018**

(see attached "Ascertainment Programming" sheets for further program content/details)

1.	10/3/18	Video game player demographics are changing	30 minutes
2.	10/10/18	World mental health day	30 minutes
3.	11/2/18	Standard time v. daylight time, and making the switch	30 minutes
4.	11/6/18	Voting day tips and guidelines	60 minutes
5.	11/9/18	Veteran's Day	30 minutes
6.	11/15/18	Keeping doors closed for fire prevention	30 minutes
7.	11/19/18	Things you can and cannot bring on the plane for holiday travel	30 minutes
8.	11/27/18	Differences between U.S. and Canadians on Twitter	30 minutes
9.	12/4/18	The actual dangers of sticking your tongue to a flag pole	30 minutes
10.	12/5/18	Overcoming a smartphone addiction	30 minutes
11.	12/11/18	Do not wait until New Years for a resolution	30 minutes
12.	12/14/18	Christmas safety guidelines from the Product Safety Commission	30 minutes
13.	12/18/18	Start at the gym now instead of later	30 minutes

WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

Date aired (MM/DD/YY): 10/03/18

Time aired (from – to): 8:45am to 9:00am and 11:45am to 12:00pm

Program name: The Riot

Program host(s): Obadiah and Nikki

Program Topic: Video Game Player Demographics are Changing

What is the typical description of a video game player?

- Most people view video game players as children.
- The image is often young boys in elementary or junior high school.
- Other game players are often imagined as older men who continue to live with their parents.
- There is often a portrayed social stigma for video game players as having social shortcomings.

Is this a fair representation?

- It is a stereotype that may have been true at one time but things have changed significantly.
- Over forty percent of video game players are college graduates.
- Nearly seventy percent of them are employed.
- Women account for one third of all gamers.

So there is more variety in the demographics than previously believed?

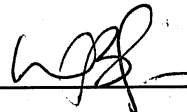
- It isn't just the "demographic" of gamers that have changed.
- Many people see the video game players as a "failure to launch" personality with no goals or aspirations.
- Surveys show that a game player is more likely to want to own a home and more likely to want children than those who do not play games.

What does this mean for society at large?

- It means that video games are far more mainstream than previously believed.
- It means that as time goes on, games are likely to be seen the same way that other forms of entertainment are seen now.
- It means that games are likely to see even more variety as time goes on.

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 10/5/18

WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

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Date aired (MM/DD/YY): 10/10/18

Time aired (from – to): 6:15am to 6:30am and 9:15am to 9:30am

Program host(s): RIOT with Obadiah and Nikki

Program Topic: World Mental Health Day

## What is World Mental Health Day?

- It is a day set established by the World Health Organization that happens every October 10.
- Countries, states, cities, and other local organizations have Mental Health Days but this is one that is attempting to unify attention around the world.
- It is a day that provides an opportunity to bring the conversation about mental health to the forefront.
- It is also designed to lower the stigmatism of needing mental health assistance so that those who need help can get it.

## How important is mental health?


- It is an enormous factor in overall health.
- The most common mental disorder is a mixture of depression and anxiety.
- It is found in nearly 1 in every 5 person under the age of 20.
- 1 in 10 people will experience depression in their lifetime.
- Understanding it now can help you seek treatment later.

## What are things I can do to improve my mental health?

- Exercise often and every day if possible.
- Limit sugar intake and avoid alcohol.
- Find someone you trust and talk about your feelings. This may mean visiting a counselor.
- Be willing to take a break or even a day off if you need one.
- Helping others who are struggling can even help you.
- Ask for help if you need it. Talk to a friend and if they can't help, seek a professional.

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WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

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Date aired (MM/DD/YY): 11/2/18

Time aired (from – to): 8:00am to 8:15am and 11:00am to 11:15am

Program name: The Riot

Program host(s): Obadiah and Nikki

Program Topic: Standard Time, Daylight Time, and making the switch

Where did Daylight Saving Time come from?

- The first published petition for switching to DST comes from a New Zealander named George Hudson.
- Germany and Austria Hungary become the first countries to try it in 1918.
- The idea was to give people more light in the evening following their 9 to 5 work day.
- It was also thought to save electricity but there is no conclusive evidence of this in modern times due to changes in technology.

When do we make the time switch?

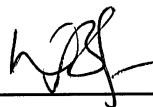
- First, its important to note that many people think we are on Daylight Saving Time in the fall but this is not true.
- The United States switches back to Eastern Standard Time in the fall.
- Daylight Saving Time is usually from March through November.
- This year, the change happens this Sunday, November 4.

How can we make the switch easier on ourselves?

- A one hour time adjustment sounds small but is more difficult than it seems.
- Force yourself to not constantly think about what time it "really" is.
- Adjust all the clocks and think only of the current time.
- A gradual adjustment over the entire weekend (30 minutes per day) may make it easier.
- Exercise can help with the transition by making it easier to sleep.
- Drinking less caffeine during the transition can also make getting to sleep easier.

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 11/8/18

WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

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Date aired (MM/DD/YY): 11/06/18

Time aired (from – to): 6:15am to 6:30am, 8:15 to 8:30am, 9:15am to 9:30am, and 11:15 to 11:30am.

Program host(s): RIOT with Obadiah and Nikki

Program Topic: Voting Day Tips and Guidelines

Is there an election day even if it isn't for president?

- Yes, there are elections that happen every single year.
- Sometimes more than once per year.
- Local elections have a huge effect on you personally.
- Local elections determine a significant portion of your taxes.
- You will have a huge impact on fire departments, schools, police and other services in your area.
- The infrastructure where you live is based on your taxes and your vote.

Where can I find information on the issues?

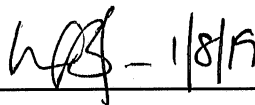
- Many newspapers and news outlets will allow candidates to post answers to questionnaires on their website which can make voting easier.
- Your local board of elections posts ballots in advance.
- Many websites (often from newspapers) will allow you to create a voting "cheat sheet" so you can be prepared.

Do I need to register in order to vote today?

- Registration must have been done in advance in order to vote in today's election.
- You can register today and that way you will be able to vote in the next primary and/or election.
- Being registered isn't enough: you will also need to be certain to go to the correct polling place or voting location.
- You can contact the Board of Elections in your county to find out where to vote.
- If you don't have that information, Google should help you find the number.

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 - 11/8/18

WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

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Date aired (MM/DD/YY): 11/09/18

Time aired (from – to): 6:30am to 6:45am and 9:30am to 9:45am

Program name: The Riot

Program host(s): Obadiah and Nikki

Program Topic: Veteran's Day

What is Veteran's Day and when did it start?

- Veteran's Day is celebrated on the anniversary of "Armistice Day".
- This was the day when fighting ceased in World War I
- It is now celebrated the 11<sup>th</sup> day of the 11<sup>th</sup> month which is November 11.
- This year Veterans Day falls on a Sunday.
- When this happens, the United States recognizes it as a Federal holiday on the Monday after which is November 12, 2018.

How is it celebrated?

- As a federal holiday, all federal services are limited to "essential" personnel.
- The Postal Service is closed as well as most banks.
- Some states (though not all) mark it as a holiday and celebrate by closing for the day.
- Churches and veteran's associations typically host events ranging from dinners to candle light vigils.
- Checking local community centers, churches, and the VA in your area are good ways to find information on local celebrations.

Does anything special happen for Veterans?

- Businesses typically will offer free meals to service members both active and former.
- Check in your area for restaurants who observe Veteran's Day.
- Even those not offering free meals typically offer discounts of some kind on food or services.

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WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

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Date aired (MM/DD/YY): 11/15/18

Time aired (from – to): 7:45am to 8:00am and 10:45am to 11:00am

Program name: The Riot

Program host(s): Obadiah and Nikki

Program Topic: Keeping Doors Closed as Fire Prevention

Why should I keep my bedroom door closed at night?

- It may seem hard to believe but keeping your bedroom door closed can significantly slow or even prevent the spread of a house fire into your bedroom.
- There is as much as a 900 degree difference in temperature between the hallway during house fire and a bedroom with a closed door.
- This prevents the spread of fire but it can also keep smoke at a minimum to prevent smoke inhalation.

Won't it be harder to know if my house is on fire if my door is closed?

- Smelling smoke and hearing fire are not the usually the first sign that there is a fire in your home.
- In almost all cases, it is a properly working smoke detector that warns people of fire in their homes.
- Having an open door may cause the fire to spread so quickly that you become trapped.


What about children in the home?

- Children should also sleep with their doors closed.
- Create an escape plan in advance so kids will not what to do in case of a fire.
- This plan should include closed doors and also reminders to check door temperatures before opening them.

Anything else I should know about fire prevention?

- You have only two to three minutes to escape a burning home. Leave quickly.
- Leave possessions behind.
- Do not re-enter a burning building.

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 - 1/8/19



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# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

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Date aired (MM/DD/YY): 11/19/18

Time aired (from – to): 7:15am to 7:30am and 10:15am to 10:30am

Program host(s): RIOT with Obadiah and Nikki

Program Topic: Things You Can and Cannot Bring on the Plane This Thanksgiving

I know there are things I should bring on an airplane with me. What are they?

- You cannot bring anything sharp with you onto an airplane.
- For example, knives, scissors, and box cutters, cannot be carried onto a plane.
- Sharp items can be brought with you but only in checked baggage.
- Many types of sports equipment also cannot be brought into the cabin.
- Anything that could be used as a blunt weapon such as baseball bats, fencing foils, and golf clubs are all against the rules.

Are there limitations on foods or liquids?

- Liquids under 3.4 oz can be brought in a carry-on.
- All liquids must be placed in a quart sized, see-thru plastic bag.
- Liquids must be resealable. If it doesn't have a lid then it cannot fly.
- There are some exceptions for adults traveling with small children.

This covers the airplane cabin but what about my checked baggage?

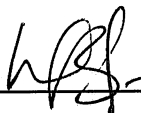
- You cannot bring anything explosive, even in checked baggage.
- This includes fireworks, dynamite, or blasting caps.
- Even "toy" explosives are not allowed. For example, a plastic piece of dynamite cannot be in your checked bags.
- Dangerous chemicals cannot fly in your checked bags.
- Examples of dangerous chemicals would be lighter fluid, bleach, or gasoline.

Where can I find a list of these rules and regulations?

- You can find a general list at the TSA's website.
- They also have a searchable database that will allow you to research an item that you have specific questions about.
- A good rule of thumb is that if you have a question, you are better off not bringing it.

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# PROGRAMMING ASCERTAINMENT FORM

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Date aired (MM/DD/YY): 11/27/18

Time aired (from – to): 8:45am to 9:00am and 11:45am to 12:00pm

Program name: The Riot

Program host(s): Obadiah and Nikki

Program Topic: Differences Between Americans and Canadians on Twitter

How does a study on American and Canadian Twitter users work?

- The study started by compiling 40 million tweets.
- It eliminated bots.
- Researchers also removed the tweets that were not in English.
- They then categorized each person based on their location.

What did the research find?

- Americans are “meaner” than Canadians on Twitter.
- Canadians used more positive words.
- Positive words such as “great, amazing, awesome, and thanks”.
- Americans used more “negative” words.
- Words such as “hate, miss, bored, and tired”.
- What could not be determined was why there is this difference.

Are the people that different?

- Studies into the culture of each group found similar values and similar standards of public conduct.
- What the study actually shows is that each group selects different language in expressing themselves even though they behave similarly and self-report similar happiness levels.
- Further study will be needed to look into the cultural nature of language choices.

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 11/15

WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

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Date aired (MM/DD/YY): 12/04/18

Time aired (from – to): 6:15am to 6:30am and 9:15am to 9:30am

Program name: The Riot

Program host(s): Obadiah and Nikki

Program Topic: The Dangers of Sticking Your Tongue to a Flag Pole

Did someone actually stick their tongue to a flag pole?

- Spencer Kline, 11 years old, stuck his tongue to a flagpole in Sandwich, Illinois.
- Record snowfall led to a day off from school.
- He and a friend wanted to see if the events in the movie "A Christmas Story" were true.
- He put his tongue to a frozen pole and discovered that it did, in fact, stick.

What causes it to stick?


- The metal in the pole is a good conductor and grabs just enough heat to melt the ice on the pole.
- The heat is not enough to maintain the temperature and the moisture on your tongue is flash frozen to the pole.
- As a result, your tongue sticks.

How do you get it off?

- In the case of Spencer, he gently pulled until it came off.
- This caused tearing of his skin and resulted in the loss of multiple taste buds.
- Other methods involve a warm winter rinse that would warm the pole and melt the ice.
- If this happens, call emergency services.
- The best way to prevent something like this from happening is using some common sense.
- Don't stick your tongue to a flagpole.

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WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

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Date aired (MM/DD/YY): 12/05/18

Time aired (from – to): 8:45am to 9:00am and 11:45am to 12:00pm

Program name: The Riot

Program host(s): Obadiah and Nikki

Program Topic: Overcoming a Smartphone Addiction

How do you know if you are addicted to your phone?

- Extreme cases of addiction are easy to spot because there are usually physical signs.
- More casual addictions are harder to spot because they are problematic but may not have physical symptoms.
- The average smartphone user grabs their phones for “no reason” around four thousand times per year (this does not count the intentional use).
- This non-purposeful checking of a smartphone is considered compulsive.
- Facebook is the most “craved” app with WhatsApp and Instagram in second and third.

Is overuse of a smartphone really a problem?

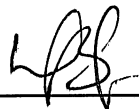
- Smartphone overuse has both small and large consequences.
- Excessive smartphone use has shown a causal link to depression.
- Smartphones and the distractions they cause can lead to injuries and fatalities.

How do we reduce our usage?

- The first step is recognizing a need to do so.
- Goal setting is also key.
- Decide an overall percentage of time you want to stop using your phone.
- Next, make a plan for how you plan to reduce your phone usage.
- Look for help in reducing usage.
- There are many apps and programs that will help you track your phone usage and even keep you from looking at certain sites.

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WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

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Date aired (MM/DD/YY): 12/11/18

Time aired (from – to): 6:30am to 6:45am and 9:30am to 9:45am

Program name: The Riot

Program host(s): Obadiah and Nikki

Program Topic: Do Not Wait Until New Years for a Resolution

Why wait until the beginning of the year like everyone else?

- Establish a habit now while everyone is in such a good mood.
- If physical fitness is a goal, starting early lets you establish a habit during a time when the gym is nearly empty.
- Exercising now will help you prevent some holiday weight gain.
- This will give you one less thing to think about at New Year.

Where should I start?

- Set small, reasonable goals.
- For example, lose 5 pounds not 50 pounds.
- Do not go cold turkey on a habit. Find a way to work it back over time.

What else should I do?


- Now is a great time to get educated!
- Is your goal to become an artist? Use this time to find a class in your community that you can take.
- The supplies or classes could even become Christmas gifts from family members.

Is there any other tips for starting in December?

- Most people want to fix ten things about themselves.
- Find ONE thing and one thing only that you can work on.
- Share your goals with one or two people that you trust, rather than telling everyone on social media.
- Find a group that shares your interest and goal.
- It can even be easier to meet people during the holidays.

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WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
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Date aired (MM/DD/YY): 12/14/18

Time aired (from – to): 7:15am to 7:30am and 10:15am to 10:30am

Program host(s): RIOT with Obadiah and Nikki

Program Topic: 2018 Christmas Safety Guidelines from the US Product and Safety Commission

Why do we need safety guidelines for Christmas?

- There are far more dangers associated with Christmas than most people realize.
- Over 15,000 people visited in the emergency room in North America with Christmas related injuries last year.
- Forty percent of those injuries are from falls sustained on ladders.

Ladder falls make sense but what other dangers are associated with Christmas?

- There is an increased risk of fire during the Christmas season.
- Candles are the biggest risk factor.
- Over 100 fires were caused last year by Christmas trees getting too dry.
- There was a total of almost \$70 million in damages due to tree and candle fires during the holidays in 2017.

What sort of precautions can be taken to prevent some of these dangers?

- Place trees away from radiators, fireplaces, vents, and vents.
- If you buy a live tree, make sure it is fresh.
- If it isn't green all over, it is too dry.
- Central heat causes trees to dry out faster so make certain that you are constantly refreshing its water.
- Only buy artificial trees that are labeled as fire resistant.
- Always extinguish candles before leaving a room.
- Keep candles on stable, heat-resistant platforms that are out of the reach of children.

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WUFM Columbus, OH

# PROGRAMMING ASCERTAINMENT FORM

Community/educational issues-oriented programming  
(to be filed in Public Access File)

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Date aired (MM/DD/YY): 12/18/18

Time aired (from – to): 8:30am to 8:45am and 11:30am to 11:45am

Program name: The Riot

Program host(s): Obadiah and Nikki

Program Topic: Start at the Gym Now Instead of Later

You should start at the gym now instead of waiting until January.

- There are “New Year’s Sales” for gym memberships but Christmas sales are often cheaper.
- There are very few people working out around the holidays which makes it an ideal time to familiarize yourself with a gym.
- Exercising now means that you will gain less weight from Christmas indulgences.
- Starting a new habit after New Year can be even harder because you are coming back from vacation.

What should I do to get started?

- The first step is to get an idea of your current fitness level.
- Most gyms offer a free fitness assessment to get you started.
- Don’t worry about your weight but go ahead and weigh yourself.
- Use a measuring tape to get bodily dimensions.
- The goal here is to simply understand where you are.

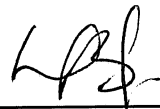
What should I do now?

- Establish a training plan.
- If you can afford one, a trainer can be a big help.
- If not, there are plenty of YouTube videos or fitness books to help get you started.
- Do not go into the gym without a plan.

Anything else I should know?

- Goals should be small and reasonable.
- Make one of your first goals to beat a current fitness level.
- For example, if you can only curl 15 pounds, the goal would be to curl 20.
- Early successes pave the way to long term success.

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