

## Quarterly Issues and Programs Summary for WVHK(FM), Christiansburg

This summary covers the **THIRD QUARTER 2023**

Issue	Title/Responsive Programming	Date/Time/Duration
Climate Change, Natural Disaster, Public Health	<p><b><u>WEATHER UPDATES</u></b> We team up with a local news station to give local weather updates every morning, afternoon and night.</p>	7/01-9/31 Various Hours 18:00:00
<i>Wage Theft, Harassment, Inequality, Labor Rights, Nonprofit, Workers Rights, Law, Career, Poverty</i>	<p><b><u>FAIR LABOR: THE IMPORTANCE OF WORKER CENTERS</u></b> Physician burnout is still a very real problem in the U.S. – and the pandemic has only exacerbated these feelings in some of the hardest hit hospitals across the country. We speak with Dr. Greg Hammer at Stanford University about the pandemic’s lasting effects on mental health and systems that have been created to better support people working in medicine or in medical school.</p>	7/4/21 5:47 AM 11:25
<i>Crime, Justice System, Prison Reform, Mental Health, Law, Government, Poverty, Mass Incarceration, Youth Development</i>	<p><b><u>LONG-TERM YOUTH INCARCERATION</u></b> The U.S. prison population has decreased during the pandemic, but the number of people behind bars is still close to two million. Some of these inmates have been in prison for decades and at a young age were deemed by the justice system to be ‘unfixable’. This week, we shed light on the cycle of youth incarceration in this country and why people like Ian Manuel, a former inmate, were sentenced to life in prison without the possibility of parole at age 13.</p>	7/11/21 5:31 AM 9:34
<i>Healthcare, Insurance, Medicine, Patient Advocacy, Personal Finance, Healthcare Management</i>	<p><b><u>NEGOTIATING THE HIGH COST OF HEALTHCARE</u></b> Millions of Americans put off going to a doctor or hospital because they’re afraid of the high cost of care. Depending on your insurance, one MRI scan can cost upwards of a thousand dollars. One trip to the emergency room can mean thousands of dollars in charges that people can’t afford to pay. So, what’s driving these sky-high prices? How can people negotiate down these hefty bills?</p>	7/18/21 5:31 AM 11:48
Community Support, Charity Work, Healthy Sleep	<p><b><u>SLEEP IN HEAVENLY PEACE</u></b> We have teamed up with the Montgomery County Chamber of Commerce to help promote their Sleep in Heavenly Peace bed building event to help young children in need in the New Rive Valley.</p>	7/21-8/25 Various Hours 10:00

## Quarterly Issues and Programs Summary for WVHK(FM), Christiansburg

<p><i>Music, Career, Business, Nonprofit Organization, Entrepreneurship, Music Industry</i></p>	<p><b><u>THE ENTREPRENEUR INSIDE THE MUSICIAN</u></b>          There's much more to being a professional musician than the practice and performance aspect of the career. For independent artists, there's an entire side of entrepreneurship to handle, including money management, marketing, networking and more. Debra Silvert, the flutist of the orchestral ensemble, Duo Sequenza, highlights the challenges and rewards of carving out a career in the competitive classical music space.</p>	<p>7/25/21          5:44 AM          8:30</p>
<p><i>COVID-19 Pandemic, Public Health, History, Career, Education, Science, Medicine</i></p>	<p><b><u>THE ITEMS THAT SYMBOLIZE THE COVID-19 PANDEMIC</u></b>          Wondering what to do with the dozens of face masks and all of those unused yeast packets? Us too. There are several items that Americans sought after during the height of the Covid-19 pandemic that help to showcase what this period in time was like. Once the pandemic is fully over, how will we look back and remember this time? How are museum curators and everyday people remembering this important part of history? This week on Viewpoints.</p>	<p>8/1/21          5:31 AM          11:13</p>
<p><i>American History, Women's Rights, Travel, Migration, Marriage, Politics</i></p>	<p><b><u>THE WOMEN OF THE OLD WEST</u></b>          When most people imagine the early West, they picture wide open landscapes, lawlessness and sweaty men working away in mines and on farms. While this is part of the narrative, the other lesser known side is the unique opportunities the West held for women of the 19th and early 20th centuries. Author Winifred Gallagher joins us this week to share how the ladies of this region fought for greater equality and recognition.</p>	<p>8/8/21          5:42 AM          11:20</p>
<p><i>Education, Teaching, Career, Remote Learning, Parenting, Child Development, Technology, COVID-19 Pandemic</i></p>	<p><b><u>THE LESSONS LEARNED FROM THE PANDEMIC</u></b>          It's that time of year already: back to school. After eighteen months of kids and teens learning remotely or on a hybrid schedule between in-person and remote, millions are returning back to classrooms full-time. While this may change as COVID-19 cases rise due to the Delta variant, for now, many schools are moving forward with plans to welcome students back with the caveat of requiring face masks while indoors. We discuss the highly anticipated return back to class and how some educators have changed their perspectives on learning over the past year.</p>	<p>8/15/21          5:31 AM          10:16</p>

## Quarterly Issues and Programs Summary for WVHK(FM), Christiansburg

<p>Community, Fundraising,</p>	<p><b><u>HERITAGE DAY FESTIVAL</u></b> We are promoting the annual Heritage Day Festival at the Montgomery Museum of Art &amp; History in downtown Christiansburg. This free, family-friendly event showcases an eclectic mix of vendors including crafts, art, antique cars, native plants, live music and many children’s activities.</p>	<p>8/15-8/19 Various Hours 10:00</p>
<p><i>Mining, Development, Natural Resources, Corporate Interests, Inequality, Policy, Law, Government, Environment</i></p>	<p><b><u>FIGHTING FOR THE FUTURE OF CLEAN WATER</u></b> Gold mining has been a lucrative business for many generations. Today, it’s still a booming industry with global mining companies expanding into new markets each year. This week – we highlight the incredible story of activists in northern El Salvador who stood up to mining company, OceanaGold and won.</p>	<p>8/22/21 5:42 AM 10:07</p>
<p><i>Mental Health, Health, Technology, Addiction, Happiness, Career, Communication</i></p>	<p><b><u>ARE YOU ADDICTED TO YOUR PHONE?</u></b> The average American checks their phone about 90 times a day, according to a 2019 survey from tech research firm, Asurion. How often would you say you check? Every hour? Once every 20 minutes? Do you ever panic when your phone isn’t right next to you? This ‘attached at the hip’ mentality is severely affecting happiness and quality of life for millions of people. So, what can be done to break this all-consuming cycle? Addiction expert Dr. Anna Lembke joins us to break down the widespread problem and offer up some solutions.</p>	<p>9/5/21 5:31 AM 10:07</p>
<p><i>History, Terrorism, Public Service, Trauma, Government, Mental Health</i></p>	<p><b><u>THE 20 YEAR ANNIVERSARY OF 9/11</u></b> ‘Today, there are many young adults who were mere babies when 9/11 happened. They learn about the terrorist attacks from history books, television segments and documentaries as well as the firsthand stories of people who lived through the experience. Former FDNY Battalion Chief Joseph Pfeifer joins us this week to share his story from that morning. Pfeifer was the first firefighter chief on the scene at the World Trade Center complex and lost his brother, Kevin, who was also a firefighter.</p>	<p>9/12/21 5:43 AM 7:55</p>
<p><i>Construction, Sustainable Design, Architecture, Technology, Innovation</i></p>	<p><b><u>DESIGNING A GREENER BUILDING LANDSCAPE</u></b> Constructing a new building requires many resources, from hundreds of hours of labor to thousands of pounds of steel, cement, glass and other building materials. Design consultant Ned Cramer joins us this week to uncover how the industry is utilizing new technology to build more sustainably and lessen waste.</p>	<p>9/19/21 5:43 AM 9:37</p>

## Quarterly Issues and Programs Summary for WVHK(FM), Christiansburg

<i>Health, Mental Illness, Behavioral Health, Health Education, History</i>	<b><u>A DEEPER EXPLANATION OF OCD</u></b> Like many other mental illnesses, Obsessive Compulsive Disorder (OCD) is often misunderstood and clumped into a stereotypical category. Many people believe that the disorder is just physical behaviors, such as persistent organization, washing one's hands all the time, or checking the lock on the door constantly. But what people don't realize is that OCD is a lot more than just these behavioral actions. David Adam, who has OCD and has extensively studied the disorder, joins us this week to help dispel any myths and preconceived perceptions.	9/26/21 5:31 AM 9:55
---	--	----------------------------