

**List of significant programming  
KINE-FM, Honolulu, HI**

For the quarter beginning October 1, 2021 – December 31, 2021

All public affairs programming discussed in this report aired Sunday on either the “InfoTrak” or “Community in Touch” series at 5:30am and 6:00am respectively. “InfoTrak” is a 30-minute show. Each “InfoTrak” entry below identifies a 15-minute segment imbedded in that show. “Community in Touch” is a 60-minute show.

**Through its regular ascertainment process, KINE-FM/SummitMedia Group has determined that the following issues are important to the Honolulu, HI community:**

Community  
Education  
Business  
Parenting  
Safety  
Health  
Aging  
Mental Health  
Career  
Government

**This report contains KINE-FM/SummitMedia Group’s most significant treatment of these community issues during the 4<sup>th</sup> Quarter of 2021.**

**COMMUNITY**

Program: Community in Touch (Locally Produced) (PA)

Date: October 3, 2021 Time: 6:00am-7:00am  
December 5, 2021

Synopsis: Tolua Samifua & Eddie Tano of Lady Pasifika magazine discuss the launch of their magazine that highlights influential women of the Pacific.

Host: David Daniels

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Program: Community in Touch (Locally Produced) (PA)

Date: October 10th, 2021 Time: 6:00am-7:00am  
November 14th, 2021  
December 12th, 2021

Synopsis: Deborah Zysman from the Hawaii Children's Action Network joined us to discuss the reformation and branding of their organization from Good Beginnings Alliance. She also talked about a new Children's Policy Agenda, the importance of early education, impact of housing costs on children, and HCAN's goal to see PAID family leave implemented in Hawaii.

Host: Betsy Brown

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Program: Community in Touch (Locally Produced) (PA)

Date: October 24th, 2021 Time: 6:00am-7:00am  
October 31, 2021  
November 28th, 2021  
December 26<sup>th</sup>, 2021

Synopsis: There are many forms of abuse that create risk and danger in love relationships. Physical violence, verbal abuse, psychological tactics-including intimidation, and degrading someone, and sexual assault, are the most obvious ways one person in a relationship establishes power over their partner. Guest: Nanci Kreidman, CEO Domestic Violence Action Center.

Host: Mandy Sukanuma

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### **BUSINESS**

Program: Community in Touch (Locally Produced) (PA)

Date: October 17, 2021 Time: 6:00am-7:00am  
November 21, 2021  
December 19, 2021

Synopsis: Chamber of Commerce of Hawaii is known as the "Voice of Business" in Hawaii. A non-profit organization whose mission is to serve as the advocate for business in Hawaii. Ms. Menor-McNamara talks about Hawaii's economic climate and how the Chamber helps the business community thrive locally, nationally, and globally. Guest: Sherry Menor-McNamara.

Host: Mandy Sukanuma

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## **PARENTING**

Program: InfoTrak (Nationally Produced) (PA)

Date: October 3, 2021 Time: 5:30am-6:00am

Synopsis: Mr. Kosakowski discussed a Junior Achievement USA survey that found that 77 percent of parents are concerned about their children's ability to have a successful job or career as adults, in light of global competition and automation. He talked about the rapidly changing career environment, and how Junior Achievement is adapting to today's tech environment to help teenagers

Host: Jack Kosakowski

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Program: InfoTrak (Nationally Produced) (PA)

Date: November 7, 2021 Time: 5:30am-6:00am

Synopsis: Dr. Bouffard discussed the critical importance of pre-school programs. She noted that children who attend quality pre-K programs have a host of positive outcomes including better language, literacy, problem-solving and math skills later in school. She said also they have a leg up on the most essential skill: self-control. She offered advice for parents on how to choose a quality pre-school.

Host: Suzanne Bouffard

Program: InfoTrak (Nationally Produced) (PA)

Date: December 5, 2021 Time: 5:30am-6:00am

Synopsis: 2020 saw the fewest babies born relative to the population of women between 15 and 44 of any year in American history. Prof. Gemmill discussed the most significant reasons behind the drop in US birthrates, the social effects a declining population may cause, and what steps in public policy may change the trend.

Host: Alison Gemmill

## **SAFETY**

Program: InfoTrak (Nationally Produced) (PA)

Date: October 3, 2021 Time: 5:30am-6:00am

Synopsis: Mr. Centeno outlined what the public needs to know about the Emergency Alert System, and provided real-life examples to illustrate why EAS is so important to public safety. He also discussed the purpose of "Primary Entry Point" radio stations and details of the all-hazards upgrades at those 77 stations, to add special air scrubbing for chemical, biological and radiological protection, EMP resistance and emergency power generation. He also mentioned the role played by satellite, cable systems and the internet via desktop and mobile phone alerts.

Host: Manny Centeno

Program: InfoTrak (Nationally Produced) (PA)

Date: November 7, 2021 Time: 5:30am-6:00am

Synopsis: Dr. Haut led a study that found that victims of gunshots or stabbings taken to a trauma center by private vehicle were 62% less likely to die compared to victims transported by an ambulance or EMS vehicle. He talked about the possible reasons behind this finding. He also explained why it is so important for the average person to be taught how to use direct pressure to stop bleeding.

Host: Elliott Haut

Program: InfoTrak (Nationally Produced) (PA)

Date: December 5, 2021 Time: 5:30am-6:00am

Synopsis: Mr. Larkin discussed the use of violence in self-defensive situations. He discussed ways to prevent, prepare for, and survive violent encounters with criminals. He said that violence is a tool equally effective in the hands of the "bad guy" or the "good guy" and that that the person who acts first, fastest and with the full force of their body is the one who typically survives a violent incident.

Host: Tim Larkin

## **HEALTH**

Program: InfoTrak (Nationally Produced) (PA)

Date: October 10, 2021 Time: 5:30am-6:00am

Synopsis: Dr. Nagler led a study that found that most American women aren't aware of the risks of overdiagnosis and overtreatment in regards to breast cancer screening. She discussed the challenges of educating women about these risks so they can make informed decisions about mammograms and breast cancer screening.

Host: Rebekah H. Nagler

Program: InfoTrak (Nationally Produced) (PA)

Date: November 14, 2021 Time: 5:30am-6:00am

Synopsis: Dr. Mazer was the co-author of a study that found that adults under 45 years old, who consumed cannabis within the last 30 days, suffered from nearly double the number of heart attacks than adults who didn't use the drug. He said the trend was evident whether cannabis was smoked, vaped or eaten as an edible. He outlined the lessons that can be learned from the research.

Host: David Mazer

Program: InfoTrak (Nationally Produced) (PA)

Date: December 12, 2021 Time: 5:30am-6:00am

Synopsis: Prof. Paluch led a study that found that walking at least 7,000 steps a day--about 3-4 miles--reduced middle-aged people's risk of premature death from all causes by 50% to 70%, compared to those who took fewer daily steps. She found that 7000-10,000 steps range was the "sweet spot," because walking more than 10,000 steps per day, or walking faster, did not further reduce the risk.

Host: Amanda Paluch

### **Education**

Program: InfoTrak (Nationally Produced) (PA)

Date: October 10, 2021 Time: 5:30am-6:00am

Synopsis: Higher education is one of the most important financial decisions most young people make, and Bankrate.com recently completed a study that ranked the most and least valuable college majors. Ms. Foster shared the rankings, as well as what crucial factors college students should consider when deciding on a major.

Host: Sarah Foster

### Economy

Program: InfoTrak (Nationally Produced) (PA)

Date: November 14, 2021 Time: 5:30am-6:00am

Synopsis: Today, the average US savings account pays 0.06 percent interest annually, an annual return of just \$6 in interest on a \$10,000 nest egg. Mr. Zimmerman's company aims to help consumers holding high amounts of cash automatically find the best available interest rate. He talked about reasons behind rising inflation and the current economic conditions. He explained why banks are paying such low rates, and when the trend may change.

Host: Gary Zimmerman

Program: InfoTrak (Nationally Produced) (PA)

Date: December 12, 2021 Time: 5:30am-6:00am

Synopsis: Most consumers want to make food purchases that are smart for their wallets, their health and the environment. Prof. Cai led a study that examined grocery purchase records of over 57,000 U.S. households, finding that 71% of homes surveyed could decrease their food carbon footprint, via three simple changes in their shopping habits.

Host: Hua Cai

### Economy

Program: InfoTrak (Nationally Produced) (PA)

Date: October 17, 2021

Time: 5:30am-6:00am

Synopsis: Amazon, Apple, Facebook, and Google are the four most influential companies on the planet. Dr. Galloway discussed the concerns in allowing individual companies to have such dominance over American consumers and whether these companies are playing by the rules applied to other businesses.

Host: Scott Galloway

### **Mental Health**

Program: InfoTrak

(Nationally Produced) (PA)

Date: October 17, 2021

Time: 5:30am-6:00am

Synopsis: 1 in 4 adults struggle with mental health challenges, and those suffering often hide it at work for fear of discrimination from peers or bosses. Ms. Fisher explained how companies can encourage open and honest conversations to remove the stigma surrounding mental health. She also said companies need to redefine the concept of sick days, to improve mental as well as physical health.

Host: Jen Fisher

### **Aging**

Program: InfoTrak

(Nationally Produced) (PA)

Date: November 21, 2021

Time: 5:30am-6:00am

Synopsis: Dr. Bredesen said his research has determined that Alzheimer's disease is not a single condition, but three similar ones--each with a different cause. He said new research is giving hope that the disease can be prevented and, under certain circumstances, even reversed. He said every American should get a cognitive and genetic test at age 45, to determine their likelihood of developing Alzheimer's.

Host: Dale Bredesen

### **Health**

Program: InfoTrak

(Nationally Produced) (PA)

Date: November 21, 2021

Time: 5:30am-6:00am

Synopsis: About 38% of American adults have high cholesterol, according to the Centers for Disease Control. Dr. Klodas discussed the problem, and explained how dietary changes can make a significant difference in cholesterol levels. She said it is important to address the cause of the problem, rather than the symptom.

Host: Elizabeth Klodas

Program: InfoTrak (Nationally Produced) (PA)

Date: December 19, 2021

Time: 5:30am-6:00am

Synopsis: Work emails are sent at all hours of the day and night now, and are a tremendous source of stress, whether someone works in an office or remotely. Prof. Bohns said people can limit the negative impact of email, by not necessarily sending less email, but by sending better emails that clearly define how urgently they expect a response.

Host: Vanessa Bohns

### **Parenting**

Program: InfoTrak (Nationally Produced) (PA)

Date: December 19, 2021

Time: 5:30am-6:00am

Synopsis: There are over 2 million stay-at-home dads in the United States, not including those with part-time jobs. Mr. Carpenter shared his own story of becoming a stay-at-home dad and the lessons he tries to share with other men considering it. He talked about the isolation often faced by stay-at-home dads, and recommended support groups to help.

Host: Shannon Carpenter

### **Mental Health**



Program: InfoTrak (Nationally Produced) (PA)

Date: October 24, 2021 Time: 5:30am-6:00am

Synopsis: Researchers from Brigham Young University, Johns Hopkins and Harvard have created an algorithm that can predict suicidal thoughts and behavior among adolescents with 91% accuracy. Prof. Hanson was one of the co-authors of the study, and he said the two primary risk factors related to personal connections: family relationships, and friendships with peers.

Host: Carl Hanson

### **Education**

Program: InfoTrak (Nationally Produced) (PA)

Date: October 24, 2021 Time: 5:30am-6:00am

Synopsis: A recent survey found that more than half of teens today are gravitating toward a skill-based education, and almost half are leaning toward programs that can be completed within two years. Mr. Rhee's organization recently published an analysis titled "Coding Bootcamp vs College: Which Will Help You Land the Most Prestigious Jobs in the Tech Industry?" He explained what a coding boot camp teaches and who is a likely candidate to attend.

Host: Sung Rhee

### **Health**

Program: InfoTrak (Nationally Produced) (PA)

Date: November 28, 2021 Time: 5:30am-6:00am

Synopsis: Dr. Laroche explained why a yearly eye exam is so critical. He outlined the most common symptoms of glaucoma, who is at greatest risk, and why people of color are in the highest risk category. He also discussed the latest treatment options to lower eye pressure and eliminate the need for medication.

Host: Daniel Laroche

### Parenting

Program: InfoTrak (Nationally Produced) (PA)

Date: November 28, 2021 Time: 5:30am-6:00am

Synopsis: Sleep problems are common in children and are known to detrimentally affect language and cognitive abilities, as well as academic achievement. Prof. Joyce led a study that examined the connection between sleep-disordered breathing and daytime sleepiness in children and reading skills. She offered advice for parents to improve the quality of their child's sleep.

Host: Anna Joyce

Program: InfoTrak (Nationally Produced) (PA)

Date: December 26, 2021 Time: 5:30am-6:00am

Synopsis: Dr. Stern led a study that found that athletes who began playing tackle football before the age of 12 had more behavioral and cognitive problems later in life than those who started playing after they turned 12. He outlined the symptoms of CTE, and discussed the factors that parents should consider before allowing their child to participate in contact sports.

Host: Robert Stern

Program: InfoTrak (Nationally Produced) (PA)

Date: December 26, 2021 Time: 5:30am-6:00am

Synopsis: Ms. Leonard was the first author of a study that found that when 1-year olds observe an adult persisting at a challenging task, they themselves try harder when faced with a problem. She explained why developing perseverance in early childhood pays off later in school and other pursuits.

Host: Julia Leonard

### **Mental Health**

Program: InfoTrak

(Nationally Produced) (PA)

Date: October 31, 2021

Time: 5:30am-6:00am

Synopsis: Mental health problems can have a large negative effect on retirement savings, according to Dr. Bogan's research. She discussed her study, which found that people with anxiety and depression are nearly 25 percent less likely to have a retirement savings account, and their savings are dramatically smaller than those without psychological distress.

Host: Vicki Bogan

### **Career**

Program: InfoTrak

(Nationally Produced) (PA)

Date: October 31, 2021

Time: 5:30am-6:00am

Synopsis: Ms. McCarthy talked about the biggest surprises encountered by people who start their own business. She described the characteristics of successful entrepreneurs, and why owning a business can be very rewarding.

Host: May McCarthy