

The following issues affecting our community and surrounding areas were discussed on our radio show "Over The Back Fence" on KFUN/AM 1230 & KLVF/FM 100.7

FOR THE MONTH OF NOVEMBER 2017:

11/2/17: Guest, Dr. Cathy Stauber who hosts a one hour show to talk about different issues such as, learning to practice good health habits. Regarding eating healthy food such as fruits and vegetables that are in season, learn different healthy ways of preparing foods, train your self to cook with Extra Virgin Olive Oil which is considered by many doctors to be the "Miracle Food". People need to look at food as medicine for the mind and body. Dr. Stauber also stressed the importance of exercising to stay healthy and in good physical condition and to control body weight. She stressed that people who aren't usually physically active to lose weight and get in shape, should start slow and not over exert their body and pay attention so as not to get hurt physically. Suggestions: start with short daily walks. Choose a time that fits in with your daily work schedule. Find a friend to walk with you and that likes to walk. Work at staying mentally positive. Make slow and small changes in your life style. Length of talk: From 8:05 a. m. to 9:00 a. m.

Phone interview with Patricia Walsh, a State parks employee as Regional interpretive Ranger in the Northeast of the state.

She informed the community about a project called, "Walkability Study" that is being conducted in the city of Raton, New Mexico. The program is called "Ramblin round Raton", and modeled after another program conducted in the city of Cuba, New Mexico, called, Step Into Cuba". The Alliance includes New Mexico State Parks, New Mexico Department of Health, the University of New Mexico Prevention Research Center, and the City of Raton Parks and Recreation Department. Studies have shown that residents in communities face health challenges like obesity, diabetes, ETC. so Raton and Cuba have created walking and prescription trail guides for residents and visitors to encourage walking around town, parks, National Monuments ETC. The State Parks is attempting to encourage other communities to establish their own community walkability programs. Talk from 9:05 a. m. to 9:50 a. m.

11/3/17: City staff and Cindy Collins, Director of the Main Street program. She informed the community that our town was selected to receive a grant of \$150,000 to finish rehabilitating our historic E. Romero Fire Department established in 1882. The funding was provided by American Express to 10 other cities around the nation who competed for the funding. Our fire house will be converted into a Fire House Museum, to attract tourists. Our town won the competition because the entire community got involved by registering their votes in support of the project. Also, city staff employees informed the community about the success of a community Halloween event that was planned by city staff and held in our historic Old Town Plaza park which was decorated in a Halloween theme, games and candy were offered

for the kids, two photographers were hired to take photos of the children in their costumes, and a DJ plays Halloween music for the kids. ETC. Staff said the program was a big success and are now planning for a bigger event in 2018. Talk was from 8:25 a. m. to 9:53 a. m.

11/6/17: Marena Drlik Director of EDC Economic Development Center. Along with board member Susan Burns, and Rebecca Salazar who is a student and soon to be a graduate of Soloworks, a training program that prepares students of the program in computer work so after graduation students can apply for a job with big companies. The program is designed so the people who complete the program can work from home or from an office setting in the EDC business hub located at Huette Hall in the campus of Highlands University. Rebecca spoke about her previous work experience in professional business offices in Santa Fe and Albuquerque. The EDC applied for and received \$150,000 from the state Economic Development department. EDC can reapply for more funding for the training session in 2018.

Bonnie Bolton and Andre Garcia Nuthman, choir director at New Mexico Highlands University. Bonnie is a local pianist and board member of a committee in charge of conducting fundraisers to raise money to rehabilitate the 1885 Kilgan Organ at Our Lady of Sorrows Church, considered one of the oldest if not the oldest Kilgan Organs in the state of New Mexico and perhaps the entire country tht is still in its original condition. The goal is to raise about a million dollars to completely restore the organ. A concert is scheduled for November 12, 2017 at 6 p. m. with a singing choir accompanied by members of a guest orchestra. Talk was from 9:05 a. m. to 9:40 a. m.

11/7/17: Guests were Fred Sandoval, director of Mariachi Christmas 2017, a concert to be held at the Historic Lensic Performing Arts Center in Santa Fe, New Mexico. The concert is set for Friday December 1st at 7 p.m. and will feature a youth mariachi Christmas Matinee at 2 p.m. Local artist and performer Carlos Medina will also perform with his group.

Talk was from 8:05 a. m. to 8:40 a. m.

11/8/17: Guest Lacy Houdek a local nurse practitioner and business owner of Meadow City Health Clinic. She spoke about the effects of food on people with diabetis, the importance of exercise to controll diabetes, following doctors orders, taking medications ETC. Talk from 8:25 a. m. to 8:55 a. m.

11/13/17: Guest, Mr. Rock Ulibarri, San Miguel County Commission Chairman and Works and Adult Education Director with Luna Community College and Susan Burns, board of director with EDC, Las Vegas Economic Development Corporation. Both informed the community about the Solowork community program and the colloboration between the college and EDC. The Soloworks program encourages

interested community residents and from other Northeastern communities who meet the requirements, to enroll in the computer training program at the college that evaluates their computer skills and offers classes in the areas that applicants need further training in order to qualify to be accepted into the program. Once trained and the applicants graduate from the program, they are then ready to start making contact with a variety of big fortune 500 companies that are looking to hire people who meet their qualifications. The EDC received \$150,000 in state funding from the Economic Development Department to fund the first phase of the program. If the program is successful, the EDC will qualify for more funding in 2018. The next class for applicants will start after January for the 2018 cycle. This program is good for community because it creates and provides new local jobs, brings in new money into our community which strengthens our local economy. Talk was from 8:30 a. m. to 9:05 a. m.

11/14/17: Guest was Mr. Martin Leger, the San Miguel County Democratic Party Chairman. He announced a Democratic meeting to be held in the community on November 18, 2017 where some of the New Mexico Washington delegation who is up for re-election will be present to collect signatures for their next election and to discuss other issues affecting our community and the state of New Mexico. Talk was from 9:06 a. m. to 9:28 a. m.

11/15/17 Guests were Mr. Rick Serna, president of Luna Community College and Mr. Jesse Gallegos, the public relations coordinator for the college. They informed the community that the college administration and board of trustees have received notice from the State Higher Learning Commission Board of Trustees has issued a "Show of Cause Order" to the college regarding their findings of non-compliance following their visit to the college in the month of June 2017. The college is required to present its case for accreditation in response to the "Show of Cause Order" by Thursday February 1, 2018. If the college does not meet all requirements by that time, then it stands to lose its certificate of accreditation. This would have a negative affect upon the college, its satellite locations, federal and state funding, grant funding opportunities for students and on students future advancement into higher learning colleges to further their education and obtain needed degrees. I extended an open invitation to both gentlemen and the college to return to our stations as guests in our talk show to further keep the community informed of their progress in making the needed changes and improvements in the college in meeting all the demanded requirements by the HLC Commission. Talk was from 8 a. m. to 8:28 a. m. I was not able to allow more air time to these guests because I had another scheduled guest at 8:30 a. m.

11/15/17: Guest was Mr. Mike Weinstein, park ranger with Fort Union National Monument. With the Holiday Season upon us, he shared about the history of thanksgiving traditions at the fort. He stated the fort is looking for a librarian volunteer as a caretaker of the historic books in their collection. He announced that the fort is developing a "Pop-Up Museum" which would be like a traveling museum of small historic items that they would take to local community functions, fair events, schools ETC. Talk was from 8:35 a. m. to 9:05 a. m.

11/16/17: Guests were Stella Burciaga and DeAnn Barryco-owners of Buena Vida Physical Therapy. With the holiday season around the corner, they spoke about the stress both mentally and physically and spiritually that the holidays bring upon people and their family. They shared some advise on coping skills to get people thru the holidays. They stressed the importance of thking care of our health, getting exercise, taking some quite time and enjoying fun times with family and finding people to suport us if people get depressed during the holidays. Talk was from 8:08 a. m. to 9:05 a. m.

11/17/2017: Jennifer Parkinson, Co-Owner with her husband of Parkinson Automotive. They are a relatively new business and Jennifer is most likely the only woman professionally trained auto mechanic. She attended an auato mechanics school and specializes in auto electrical repairs but is fully trained in all aspects of auatomotive repairs. She announced their grand opening scheduled for Sunday 11/19/17. Another unique service she offers is holding FREE public repair classes especially geared for women and especially for young girls. She stated that most young girls who drive, don't know how to check the oil level, or tire pressure, nor do they know how to change a flat tire. Length of talk Fron 8:06 a. m. to 8:30 a. m.

11/17/17: Guests were city staff. Renee Garcia, Community Development Director, Tiara Shorty, city events coordinator & film Liason. They informed the community about all the scheduled holiday eventy for the youth but events have been planned around family involvement. They announced the holiday light parade, Santa in the park, free city bus transportation for the elderly and those that don't have a vehicle or don't want to drive in the busy traffic. The bus will have several bus stops where people can be picked up and dropped off after the holiday events. They said the city will be going all out to decorate the town with decorations and lights. They stressed safety during the holidays. Length of talk from 8:30 a. m. to 9:45 a. m.

11/17/17: Lucinda Martinez, a member of the Las Vegas motorcycle club who are sponsoring a dance to raise money for local veterans and their families. This is an event the club hosts every year to help veterans. Talk from 9:30 a. m.to 10 a. m.

11/18/17: Radio show, Community Peace Radio. Hosted by Patricia Lehan. Her guests were students from the United World College of the American SouthWest. Guests were: Carmen Stone a faculty member at the college, Students, Raul Romero a student form Venenzuela, Carolina Ketnes a student from California, Johana Oyarce, a student from Peru. They spoke about hunger in their country affecting families and especially children. Talk from 10 a. m. to 11 a. m. This radio program regularly features students at the college that come from a variety of foreign countries. These students inform the community about the culture and customs in their country, the different foods, dress styles, music, dances and traditions.

11/20/17: Mr. Jim Terr. He is a local writer, poet, singer and video producer and has produced many videos covering many topics. His most recent video tells a story in a song about Amazon who is looking a community to relocate its headquarters. Many cities in different states are trying to lure Amazon to select their town in which to invest and build their new facility. Jim wrote and sang a song all about Amazon and

the benefits of locating in our town. He sent an app with the video to the Amazon owner hoping it will generate interest in him to at least consider our community. The Amazon owner also happens to be a native resident of Albuquerque which is located about two hours from our community. Talk from 9:05 a. m. to 9:40 a. m. 11/21/17: Phone interview with Mr. Marcos Arias with the office of the Mexican Consulate located in Albuquerque, New Mexico. He called to inform the community about a FREE service consulate officials are offering at Luna Community College which is mostly for undocumented youth where they will receive help in applying for a passport, birth certificate, drivers license including other services offered by the Mexican Consulate. The program will be help on Saturday December 9, 2017 from 8 a. m. to 2 p.m.

11/22/17: Talk show guests included medical staff from El Centro Family Health Clinic. Mr. Matthew Probst medical director & public information officer, Mr. Rocky Romero, substance use director speaking about medication assisted treatments. They spoke about the variety of medical services the center provides to the general public ranging from the elderly, young children, veterans, homeless indigent people. They accept all major insurance plans and their billing services are based on a scale making their services very affordable. They also have clinics in other counties to serve a larger number of patients. They stressed the importance for people to eat well, get plenty of daily exercise. Talk from 8:25 a. m. to 9 a. m. OFF NOVEMBER 23RD THRU 24TH THANKSGIVING VACATION.

11/28/17: Interview with State Representative Tomas Salazar. He and I have been communicating with the Director of the State Parks Department in our effort to keep that department informed about the need to replace the DUMP STATION at our local Storrie Lake State Park. This is a project I have been working to accomplish for the past three years since a community member called me to make me aware that the DUMP STATION had been out of commission for over eight years. The DUMP STATION has to be replaced with a new system at a cost of \$500,000. In the past three years I have interviews to different State Park Department Directors and neither one was aware about the problem. Our state park is the only one of its kind in the state with in 200 miles and we get year round visitors for over night camping in RV's, fishing, boating, water skiing, wind surfing, especially in the Spring and Summer months. Many visitors travel in their big RV units and spend entire weeks at our park but are inconvenienced when they have to start up their RV's and go out of the lake to another RV park to dump their waste matter. This is a part of the service visitors and locals pay for with the park fees. The park also is a BIG boost to our local economy because visitors also spend money in our community and the park provides local jobs. The current State Park Department Director has assured State Representative Tomas Salazar that her department has made it a priority to install a new DUMP STATION in the budget year for 2018 and will seek both Federal and State funding for the project. Length of the interview was 45 minutes long.
