

3rd Quarter Report

July 1 – September 30, 2017



***WHKO-FM Dayton, Ohio
Cox Radio, Inc.***

WHKO-FM

This report contains information that was broadcast on each of the following topics:

Civic Issues

Culture

Economy

Education

Environment

Health/Human Services

Public Safety

WHKO-FM Shows Listed in Report

7/01/17-9/30/17

Durations listed in Hours:Minutes:Seconds (02:00:00)

View Points (Sunday)..... 5:00-5:30 a.m.

Radio Health Journal (Sunday) 5:30-6:00 a.m.

Miami Valley Voices (Sunday)..... 6:00-6:30 a.m.
(Current Issues Produced by the News Department)

WHIO-TV Reports (Sunday)..... 6:30-7:00 a.m.
(Current Issues Produced by the News Department)

WHKO-FM
News/Traffic/Weather
Scheduled Breaks

News		Traffic		Weather			
Time	Duration	Time	Duration	Time	Duration	Time	Duration
5:00	01:30	6:15	00:30	5:00	00:20	5:20	00:20
5:30	01:00	6:30	00:30	5:15	00:20	6:20	00:20
6:00	01:30	6:45	00:30	5:30	00:20	7:20	00:20
6:30	01:00	7:00	00:30	5:45	00:20	8:20	00:20
7:00	01:30	7:15	00:30	6:00	00:20	9:20	00:20
7:30	01:00	7:30	00:30	6:15	00:20	10:20	00:20
8:00	01:30	7:45	00:30	6:30	00:20	11:20	00:20
8:30	01:00	8:00	00:30	6:45	00:20		
		8:15	00:30	7:00	00:20		
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				3:20	00:20		
				4:20	00:20		

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

CIVIC ISSUES:

7/02/17 5:00AM 00:11:25

VIEW POINTS: SEGMENT 2: Many of us know the stories of Apollo 11 and Apollo 13, but fewer know of Apollo 8, the first daring mission into the orbit of the moon. We discuss the mission that effectively ended the space race and set an important precedent that may have saved the lives of the astronauts on board Apollo 13. Host: Marty Peterson Guests: Jeffrey Kluger, author of *Apollo 8: The Thrilling Story of the First Mission to the Moon*

7/02/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: Charlie Campbell, the founder and producer of the “It’s Great in Dayton” weekly email about events in and around the region, which he does as a free service to boost local groups, non-profits and the community.

7/09/17 5:00AM 00:09:51

VIEW POINTS: SEGMENT 2: After World War I, the city of Smyrna was set ablaze and people had to run to the beaches just to escape the flames. We’ll hear how governments and diplomats in the West all but ignored their plight, and how the efforts of one brave relief worker and a Navy commander finally brought the victims to safety. Host: Marty Peterson Guests: Lou Ureneck, Professor of Journalism at Boston University, author of *The Great Fire: One American’s mission to rescue victims of the 20th century’s first genocide*.

7/16/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: Karla Garrett Harshaw of Access to Basic Legal Equality (ABLE) and Legal Aid of Western Ohio, marking the 50th anniversary of the non-profit legal firm that helps represent low-income and poor Ohioans who cannot afford legal assistance in civil cases.

7/16/17 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports will focus on the Downtown Dayton Partnership’s attempts to deal with the increasing number of panhandlers downtown, mostly along highway exit and entrance ramps. Guests Include: Sandy Gudorf, President, Downtown Dayton Partnership; Tracy Sibbing, Vice President of Community Impact, United Way; Tina Patterson, Executive Director, Homeful and Josh Swiegart, Reporter, Dayton Daily News

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

8/06/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: CMGO I-Team reporter Josh Swiegart talks about the state's efforts to create the infrastructure and rules by which medical marijuana will be available to Ohio consumers and patients this year, a complicated process he has been reporting on.

8/13/17 5:30AM 00:12:41

RADIO HEALTH JOURNAL: SEGMENT 1: Many local jurisdictions have criminalized activities of the homeless, such as sleeping on public streets or panhandling. While these laws make cities feel like they're doing something to ease public discomfort over the presence of the homeless, jail does nothing to address root causes of homelessness and may even make the situation worse. Experts discuss. Host: Reed Pence. Guests: Eric Tars, Senior Attorney, National Law Center on Homelessness and Poverty; Scout Katovich, Lowenstein Human Rights Clinic, Yale Univ.; Peggy Choudry, Commissioner, Osceola County, FL

8/13/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: CMGO I-Team reporter Katie Wedell and politics editor Anthony Shoemaker discuss the upcoming November ballot in Ohio, focusing on Issue 2, regulating prices of prescription drugs.

8/20/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: Mary Tyler, executive director of the National Conference of Community and Justice, on the latest with this civil rights organization and thoughts on the events in Charlottesville, Va., and how to build community dialog on issues of race.

9/03/17 5:00AM 00:10:19

VIEW POINTS: SEGMENT 1: Although he never became president, Bobby Kennedy spearheaded a great deal of change in America with his work in civil rights, crime fighting and by combatting corruption. Our guest remembers this icon and talks about his more personal side, how he helped his brother John become president, and how his legacy inspires liberals and conservatives to this day. Host: Gary Price
Guests: Larry Tye, author of *Bobby Kennedy: The making of a liberal icon*

9/03/17 5:30AM 00:11:48

RADIO HEALTH JOURNAL: SEGMENT 1: Analysts at the Central Intelligence Agency often rely on psychological techniques to predict the behavior and decisions of world leaders, and also of populations around the world. Experts, including an active CIA analyst, describe how they do it, and how other nations use these techniques as well. Host: Reed Pence. Guests: George Gerliczy, Senior Analyst, Central Intelligence Agency; Dr. David Broniatowski, Asst. Prof. of Engineering Management Systems, George Washington Univ

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

9/03/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: Karima Bennoune, a past winner of the Dayton Literary Peace Prize and author of “Your Fatwa Does Not Apply Here,” on efforts in the Muslim world to combat Islamist extremeism and terrorism, which her book explores.

9/03/17 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports will focus on the conversation of last year’s political race quickly turned to confrontation and it completely took on social media. Some of that led to protests and demonstrations and this year, violence. Guests Include: Dr. Dennis O’Grady, Psychologist, author and communication expert; Professor Christopher Devine, University of Dayton Department of Political Science

9/24/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: (Re-broadcast of 7/02 program) Charlie Campbell, the founder and producer of the “It’s Great in Dayton” weekly email about events in and around the region, which he does as a free service to boost local groups, non-profits and the community.

CULTURE ISSUES:

7/16/17 5:00AM 00:08:11

VIEW POINTS: SEGMENT 1: Author Don Winslow’s books have attracted filmmakers like Oliver Stone and James Mangold. We talk to him about his latest novel, *The Force* and how he tries to accurately portray issues like police shootings of unarmed black men, law enforcement corruption, and more. Host: Gary Price Guests: Don Winslow, author of *The Force*

7/23/17 5:00AM 00:08:38

VIEW POINTS: SEGMENT 1: It has been over 20 years since the story of Harry Potter began and more than 10 since the book series concluded. Why, after all this time, do people still flock to the series for comfort and thrills? Host: Gary Price Guests: John Granger, PhD candidate at Swansea University; *The Dean of Harry Potter Scholars* and Jonathan Lethem, New York Times best-selling author and Harry Potter fan

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

7/30/17 5:00AM 00:10:42

VIEW POINTS: SEGMENT 1: Does it ever seem like the more you try to get stuff done, the less you accomplish? It may be that you're expending too much energy on *doing* and not enough *planning* ahead of time. Two experts provide simple strategies you can use to make more of the time you have to get things done. Host: Gary Price Guests: David Allen, productivity consultant and author of *Getting Things Done: The art of stress-free productivity*; Steve McClatchy, founder of Alleer Training and Consulting, author of *Decide: Work smarter, reduce your stress and lead by example*.

7/30/17 5:00AM 00:09:31

VIEW POINTS: SEGMENT 2: We're taught from a young age that we should obey authority, however there are times when you should say no to the ones in charge. Our guest discusses when and how to say "no" effectively for the benefit of the individual and others. Host: Marty Peterson Guest: Ira Chaleff, founder and president of Executive Coaching & Consulting Associates, Washington, D.C., author of the book *Intelligent Disobedience: Doing right when what you're told to do is wrong*.

7/30/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: Eva Buttacavoli of the Dayton Visual Arts Center and Val Beerbower of the Downtown Dayton Partnership, on the 2nd annual "Art in the City" competition and downtown exhibition, based on the "Art Prize" competition in Grand Rapids, Mich. – 25 local artists in the mix, drawing folks downtown during the summer.

8/06/17 5:00AM 00:09:32

VIEW POINTS: SEGMENT 1: Speaking in public can be a very anxiety-producing experience, but why? And how can we remove some of that anxiety and do a better job in front of an audience? Our guests discuss the fear of public speaking and offer advice on how to create, prepare for and deliver a speech with confidence. Host: Gary Price Guests: Larry Ventis, professor of psychology at the College of William & Mary; Michael Port, speaking coach, author of the book, *Steal the Show: From speeches to job interviews to deal-closing pitches, how to guarantee a standing ovation for all the performances in your life*.

8/27/17 5:00AM 00:09:45

VIEW POINTS: SEGMENT 1: Sexual behavior has confused and confounded humans for centuries. Gil Rosenthal, a Texas A&M biology instructor and author, says we can learn a lot about ourselves by looking to other species in the natural world, and considering the sexual lives of fish. Host: Gary Price Guests: Gil Rosenthal, professor of biology at Texas A&M University, co-director of the Cichaz Field Station, and author of *Mate Choice: The evolution of sexual decision making from microbes to humans*

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

8/27/17 5:00AM 00:8:46

VIEW POINTS: SEGMENT 2: We all get gut instincts when we walk into a room of strangers. Do we fit in here? Do these people seem friendly? Snap judgments are simply a part of how we function. But Princeton University psychology professor, Alexander Todorov, says that though these impressions are natural, we should try to resist them. Host: Marty Peterson Guests: Alexander Todorov, professor of psychology at Princeton University and author of *Face Value: The irresistible influence of first impressions*

9/03/17 5:00AM 00:10:19

VIEW POINTS: SEGMENT 2: Parents want what's best for their kids. But sometimes, they can take it too far. We talk to two experts about "over-parenting," the tendency to demand your child earn straight A's, work to be a sports star, and find the time to work a part-time job... and how to fix it. Host: Marty Peterson Guests: Carl Honoré, author of *Under Pressure: Putting the child back in childhood*; Terri Khonsari, author of *Raising a Superstar: Simple strategies to bring out the brilliance in every child*

9/03/17 5:30AM 00:11:48

RADIO HEALTH JOURNAL: SEGMENT 2: Handedness is a central part of a person's identity. Left-handers are often seen as somehow different than the rest of us, and over history they've been stereotyped as more quirky, intelligent, and sinister than righties. Science shows that some labels are likely to be true. Experts discuss where handedness comes from, and what differences truly result. Host: Nancy Benson. Guests: R. Ron Yeo, Regents Prof., Univ. of New Mexico; Kim Sawyer, left-hander; Dr. Clare Porac, Prof. of Psychology, Penn State Univ. and author, *Lateralidad: Exploring the Enigma of Left-Handedness*

9/10/17 5:00AM 00:08:49

VIEW POINTS: SEGMENT 1: Everyone wants to find happiness, but what are we really searching for? We explore the science behind happiness, how our brain achieves the elusive emotion, and how it all depends on who you are and where you are. Host: Gary Price Guests: Tim Bono, assistant dean in the college of arts and sciences, and a lecturer in psychology at Washington University, St. Louis; Frederic Lenoir, philosopher, sociologist and religious historian. Author of the book, *Happiness: A philosopher's guide*.

9/24/17 5:00AM 00:09:49

VIEW POINTS: SEGMENT 1: In the modern era of social media, demanding jobs, and anxiety, it may seem nearly impossible to find the joy you dream of. We talk to two experts about how to overcome our fears, withstand constant change, and feel more happiness in our everyday lives. Host: Gary Price Guests: Neil Pasricha, author of *Two Minute Mornings: A Journey to Win Your Day Every Day*; Sharon Weil, author of *ChangeAbility: How Artists, Activists, and Awakeners Navigate Change*

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

ECONOMY ISSUES

7/02/17 5:00AM 00:07:37

VIEW POINTS: SEGMENT 1: All of the websites we visit, things we search, and products we buy are logged in databases that can tell us a lot about modern people’s thoughts and behaviors. We talk to data analyst and author Seth Stephens-Davidowitz about some of the conclusions this big data can help us reach. Host: Gary Price. Guests: Seth Stephens-Davidowitz, author of *Everybody Lies: Big Data, New Data, and What the Internet Can Tell Us About Who We Really Are*

7/16/17 5:00AM 00:10:17

VIEW POINTS: SEGMENT 2: Frances Stroh grew up in the family that owned America’s third biggest brewer, Stroh Brewing Company. As she aged into adulthood, she watched as both the brewery and her family life fell apart. She talks about the struggles the company faced, how her family dealt with it, and when a legacy can become a burden. Host: Marty Peterson Guests: Frances Stroh, author of *Beer Money: A memoir of privilege and loss*

7/23/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: Lela Klein, director of the Gem City Market and its parent non-profit, GDUCL, which is working to create the first community-based, member-driven full service grocery in West Dayton as a response to issues that the area is a “food desert,” and also to bring good, affordable food choices to the low-income area.

7/30/17 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports will focus on all the changes in air travel, including security, TSA pre-check. We will also look at all the changes taking place at Dayton International Airport. Guests include: Terry Slaybaugh, Director, Dayton International Airport; Sandra Trottier, Retail Manager, AAA Huber Heights and Erik Collins, Director, Montgomery County Economic Development

8/20/17 5:00AM 00:10:34

VIEW POINTS: SEGMENT 1: For generations, cash was the way Americans paid for things. But in the age of debit cards, credit cards, Venmo, and Bit Coin, cash is becoming less and less necessary for most of us. We explore why that is, and who is still using cash in this new economy. Host: Gary Price Guests: Kenneth Rogoff, professor of economics at Harvard University and author of *The Curse of Cash*

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

9/10/17 5:00AM 00:08:49

VIEW POINTS: SEGMENT 2: It's the American dream to start your own business and watch it thrive. But most of the time, that's easier said than done. We explore entrepreneurial tips and tricks from the 20-something CEO who has already become a start-up expert. Host: Marty Peterson Guests: Daniel DiPiazza, CEO of Rich20Something and author of *Rich20Something: Ditch your average job, start an epic business, and score the life you want*

9/17/17 5:00AM 00:08:31

VIEW POINTS: SEGMENT 2: In the era of smartphone cameras, instant photography is everywhere. But it wasn't long ago when Polaroid cameras offered instant photography as a groundbreaking new way of seeing the world. Before the invention is completely lost to time, we look back at the man, and the business deals, that made it possible. Host: Marty Peterson Guests: Ron Fierstein, author of the book, *A Triumph of Genius: Edwin Land, Polaroid, and the Kodak Patent War*

9/17/17 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports will focus on helping veterans in the Miami Valley as they move from the military to civilian life. The challenge is great for men and women who want to work and build a career in the Dayton region. The economy is strong, but people still need some direction on the best ways to land the job they want. Guests Include: Dr. Tom Hardy, Vice President Medical Affairs, Kettering Health Network; Daniel Semsel, Regional Veteran Workforce Consultant, Ohio Department of Veterans Services.

EDUCATION ISSUES:

8/20/17 5:00AM 00:10:34

VIEW POINTS: SEGMENT 2: School is back in session, and around the country, high school students are hunting for colleges while college students are starting new course loads. We talk to Georgetown professor Jacques Berlinerblau about how the professorial system is breaking down, and ways to make the system work best for you. Host: Marty Peterson Guests: Jacques Berlinerblau, Georgetown University professor and author of *Campus Confidential: How college works, or doesn't, for professors, parents, and students.*

8/20/17 6:30AM 00:24:30

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

WHIO REPORTS: This edition of WHIO Reports will focus on what are some of the largest school districts in the Miami Valley doing to prepare for the fall semester and all the issues surrounding getting children back into school. Guests Include: Dr. Robert Hill, Superintendent, Springfield City Schools and Steve Rubenstein, Crayons to Classroom

9/24/17 5:00AM 00:08:53

VIEW POINTS: SEGMENT 2: Technological advancements are happening every day. But statistics show that men dominate the tech field. Reshma Saujani decided to do something about that and began an organization dedicated to teaching girls to code, and hopes to empower a new future of innovation. Host: Marty Peterson Guests: Reshma Saujani, founder of Girls Who Code and author of *Girls Who Code: Learn to Code and Change the World*

ENVIRONMENT ISSUES

8/06/17 5:00AM 00:09:40

VIEW POINTS: SEGMENT 2: Americans love to garden. We often do it without considering the history, and sometimes the toxicity of our plants. We discuss the unusual side of gardening and find out about some very interesting plants, how they have been used as hallucinogens, medicines, or tourist attractions. Host: Marty Peterson Guests: Michael Largo, author of the book, *The Big, Bad Book of Botany: The world's most fascinating flora.*

8/13/17 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports will focus on the upcoming solar eclipse that is set to happen on Aug. 21. We will explain how you and your family can experience the eclipse and stay safe. Guests Include: Linda Weiss, President, Miami Valley Astronomical Society; James Bierly, Optometrist, Just4Eyes; Jason Heaton, Astronomer, Boonshoft Museum of Discovery and McCall Vrydaghs, Meteorologist, WHIO-TV

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

HEALTH/HUMAN SERVICES

7/02/17 5:30AM 00:12:46

RADIO HEALTH JOURNAL: SEGMENT 1: High schoolers in high achieving suburbs & private academies are often pushed to do more and more, and do it well. It creates a culture of pressure that may have severe mental health consequences. Experts discuss where the pressure comes from and what parents can do about it. Host: Reed Pence. Guests: Dr. Michael Bradley, clinical psychologist and author, *Crazy-Stressed: Saving Today's Overwhelmed Teens With Love, Laughter, and the Science of Resilience*; Jared Mason, Teen Programming Director, Alive Center, Naperville, IL and former high school English teacher; Saumya Bharti, senior, Naperville Central High school and member, Student Advisory Board, Alive Center; Kandice Henning, Founder and Executive Director, Alive Center.

7/02/17 5:30AM 00:06:45

RADIO HEALTH JOURNAL: SEGMENT 2: Dr. Joel Salinas has mirror touch synesthesia, a condition involving cross wiring in the brain. The result is that visual stimuli prompt a response in his touch system. He literally feels it when people experience pain. Salinas discusses how this strange condition works and how he is able to use it in diagnosis. Host: Karen Hand. Guest: Dr. Joel Salinas, neurologist, Massachusetts General Hospital and author, *Mirror Touch: Notes From a Doctor Who Can Feel Your Pain*

7/02/17 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports will focus on the Direct Services Professionals (DSP) Crisis in the Miami Valley and across Ohio as it relates to the need for additional caregivers to meet the needs of individuals with developmental disabilities to bring awareness. Guests Include: Mark Davis, President, Ohio Provider Resource Association; Van Johnson, CEO, Champaign Residential Services and Tom Weaver, CEO, CHOICES

7/09/17 5:30AM 00:12:46

RADIO HEALTH JOURNAL: SEGMENT 1: The cultural bias against obesity is often justified on health grounds. But, recent studies show that people classified in the "overweight" BMI category actually have less mortality than normal weight people. Experts discuss how culture drives our obsession with weight and what science really has to say about it. Host: Reed Pence. Guests: Harriet Brown, Assoc. Prof. of Magazine Journalism, Newhouse School of Public Communication, Syracuse Univ. and author, *Body of Truth: How Science, History, and Culture Drive Our Obsession With Weight and What We Can Do About It*; Dr. Carl Lavie, Medical Director of Preventive Cardiology, John Ochsner Heart & Vascular Institute, New Orleans and author, *The Obesity Paradox: When Thinner Means Sicker and Heavier Means Healthier*

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

7/09/17 5:30AM 00:07:12

RADIO HEALTH JOURNAL: SEGMENT 2: The sense of smell evokes powerful memories and makes food taste good, but it also has important functions in interpersonal relations and personal safety. Experts discuss the science behind it. Host: Nancy Benson. Guests: Dr. Charles Wysocki, Behavioral Neuroscientist Emeritus, Monell Chemical Senses Center; Neil Pasricha, author, *The Book of Awesome*

7/09/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: Helen Jones-Kelly, executive director of the Dayton-Montgomery County ADAMHS (Alcohol, Drug Addiction and Mental Health Services) agency, on new programs with that organization and updating its efforts to fight the opioid crisis.

7/16/17 5:30AM 00:12:23

RADIO HEALTH JOURNAL: SEGMENT 1: Psychological or physical abuse by siblings is much more common than most people realize. It can leave severe psychological scars. However, parents often downplay it, calling it "normal sibling rivalry." Experts discuss the extent of the problem, warning signs of abuse, and how parents can act without involving family services officials and endangering the family. Host: Reed Pence. Guests: Dr. John Caffaro, Distinguished Prof., Alliant Intl. Univ.; Nancy Kilgore, PTSD trainer, abuse survivor and author, *Girl in the Water*; Dr. Mandy Morrill-Richards, Asst. Prof. of Psychology, Valparaiso Univ.

7/16/17 5:30AM 00:7:25

RADIO HEALTH JOURNAL: SEGMENT 2: We often judge people by their smiles. However, dental care and medical care have always been separate in the US, creating a large population that doesn't receive dental care. These people often end up with extremely poor oral health and make up a surprisingly large proportion of ER visits. Experts discuss. Host: Nancy Benson. Guests: Mary Otto, author, *Teeth: The Story of Beauty, Inequality and the Struggle for Oral Health in America*; Dr. Cheryl Watson-Lowry, inner city Chicago dentist

7/23/17 5:00AM 00:09:46

VIEW POINTS: SEGMENT 2: Dr. Janina Scarlet is a clinical therapist who uses superheroes, and witches and wizards, to help patients struggling with depression and PTSD. She talks about what in the Potter series her patients latch on to and why she thinks this type of 'pop culture therapy' works so well. Host: Marty Peterson Guests: Dr. Janina Scarlet, a clinical therapist and author of *Superhero Therapy: A hero's journey through acceptance and commitment therapy*

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

7/23/17 5:30AM 00:7:41

RADIO HEALTH JOURNAL: SEGMENT 2: Children’s medicine is more specialized than many people think. Pediatric practitioners and hospitals are set up to deal with the different biology of children. An expert explains. Host: Nancy Benson. Guest: Dr. Kurt Newman, President and CEO, Children’s National Health System and author, *Healing Children: A Surgeon’s Stories from the Frontiers of Pediatric Medicine*

7/23/17 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports will focus on babies born in the Miami Valley who are drug-addicted at birth. The organization has several goals that include – Providing short-term, inpatient care in a home-like setting for newborns suffering from prenatal drug exposure – Utilizing the latest therapeutic techniques combined with pharmacological approaches to provide compassionate recovery for all patients – Partner with community organizations to assist families and promote wellness. Guests Include: Richard Rapp, PhD, Mother and Other Caregiver Services, Brigid’s Path and Lisa Jansin, DNP, Board Member, Brigid’s Path

7/30/17 5:30AM 00:13:20

RADIO HEALTH JOURNAL: SEGMENT 1: Auto accidents are the largest cause of post-traumatic stress disorder. About 25 percent of people injured in car crashes will suffer from it. Accident survivors and one of the world’s foremost experts discuss variables that make PTSD worse and those that make recovery easier, as well as the essentials victims must carry out to recover. Host: Reed Pence. Guests: Bill Hansen, car accident survivor; Dr. Edward Hickling, Prof. of Psychology, Univ. at Albany and co-author, *After the Crash*; Debbie Miller Koziarz, car accident survivor

7/30/17 5:30AM 00:06:24

RADIO HEALTH JOURNAL: SEGMENT 2: Around nine million military veterans receive healthcare services from the Department of Veterans Affairs. An expert discusses her contention that the care the VA provides is much better than its perception. Host: Nancy Benson. Guest: Suzanne Gordon, author, *The Battle for Veterans’ Healthcare: Dispatches From the Frontlines of Policy Making and Patient Care.*

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

8/06/17 5:30AM 00:11:31

RADIO HEALTH JOURNAL: SEGMENT 1: Some agencies estimate that 50,000 children have been born in the US using donor eggs. But egg donation (or sale, as some insist) is not regulated, and while short-term risks are known, few donors have been followed for years. Long-term risks are not well understood. Experts discuss what we know... and what we don't. Host: Reed Pence. Guests: Dr. Linda Kahn, postdoctoral fellow in pediatrics, New York Univ. School of Medicine; Dr. Richard Paulson, Prof. of Reproductive Medicine, Univ. of Southern California and President, American Society of Reproductive Medicine; Dr. Wendy Chavkin, Prof. of Public Health and Obstetrics and Gynecology, Columbia Univ.

8/06/17 5:30AM 00:06:48

RADIO HEALTH JOURNAL: SEGMENT 2: New studies show that changing your weekday sleep schedule by sleeping in as little as an hour every weekend can have severe health impact. Experts discuss this "social jetlag," why it occurs, and how people can avoid health concerns without avoiding staying out late. Host: Nancy Benson. Guests: Sierra Forbush, researcher, University of Arizona College of Medicine; Dr. Alon Avidan, Director, UCLA Sleep Disorder Center.

8/13/17 5:00AM 00:09:16

VIEW POINTS: SEGMENT 1: After working for years as an OB/GYN for inmates at San Francisco Jail, author Carolyn Sufrin wanted to tell the story of the women she helped. She talks about what health care for pregnant women in jails and prisons looks like, and the changes she hopes to see in the system. Host: Gary Price Guests: Carolyn Sufrin, medical anthropologist, former OB/GYN at San Francisco Jail, and author of *Jailcare: Finding the safety net for women behind bars*

8/13/17 5:00AM 00:09:28

VIEW POINTS: SEGMENT 2: Separations and divorces are common in the U.S., and out of those split-ups come children living in two households. We talk to a co-parenting specialist about how the parents' behavior, ability to compromise, and desire to put the child's needs above their own, can lead to successful parenting and well-adjusted, happy kids. Host: Marty Peterson Guests: Karen Bonnell, Co-parent Coach, author of *The Co-Parents' Handbook: Raising well-adjusted, resilient and resourceful kids in a two-home family from little ones to young adults*.

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

8/13/17 5:30AM 00:07:15
RADIO HEALTH JOURNAL: SEGMENT 2: Even though death is part of life, few people prepare for it by collecting important documents and contact points that survivors will need to know. Two experts discuss organizing for the inevitable. Host: Nancy Benson. Guests: Melanie Cullen, author, *Get It Together*; Karen Lee Cline, co-author, *If I Croak: The Things You Should Know*

8/20/17 5:30AM 00:10:45
RADIO HEALTH JOURNAL: SEGMENT 1: Many of the nation's hospitals serving small towns and rural areas are in deep financial trouble because of a heavy reliance on underpaying Medicare and Medicaid programs. The situation could be made much worse if Congress cuts Medicaid funding, a centerpiece of "repeal and replace" of Obamacare. Experts discuss the need for rural healthcare and the close link between hospitals and community economics. Host: Reed Pence. Guests: Dr. Carrie Henning-Smith, Research Associate, Univ. of Minnesota Rural Health Research Center; Michael Topchik, Director, Chartis Center for Rural Health; Dr. Daniel Derksen, Director, Univ. of Arizona Center for Rural Health

8/20/17 5:30AM 00:08:00
RADIO HEALTH JOURNAL: SEGMENT 2: Multitasking seems like a necessity for most people, and most of us think it improves our efficiency. However, studies show that only a tiny proportion of people can juggle tasks well. Researchers discuss why our brains can't do two things at once, and why "supertaskers" may be different. Host: Nancy Benson. Guests: Dr. David Strayer, Prof. of Cognition Neurosciences, Univ. of Utah; Dr. Jayson Watson, Assoc. Prof. of Psychology, Univ. of Utah

8/27/17 5:30AM 00:09:15
RADIO HEALTH JOURNAL: SEGMENT 1: Medical errors are the third largest cause of death in the US, and mistakes in making diagnoses are the most frequent form of error. A noted expert discusses why mistakes happen, and what doctors and patients can do to make them less frequent. Host: Reed Pence. Guest: Dr. David Newman-Toker, Prof. of Neurology, Ophthalmology and Otolaryngology, Johns Hopkins Univ. School of Medicine and Director, Center for Diagnostic Excellence

8/27/17 5:30AM 00:09:47
RADIO HEALTH JOURNAL: SEGMENT 2: Errors in medical labs can have life-threatening consequences. An expert explains that human error is impossible to completely eliminate, so labs are increasingly turning to DNA tracking to catch mistakes when they occur. Host: Nancy Benson. Guest: Dr. John Pfeifer, Prof. and Vice Chair for Clinical Affairs, Dept. of Pathology and Immunology, Washington Univ. School of Medicine, St. Louis.

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

8/27/17 6:00AM 00:30:00
MIAMI VALLEY VOICES: Samantha Redden of the local Juvenile Diabetes Research Association, on upcoming efforts and events.

9/10/17 5:30AM 00:11:44
RADIO HEALTH JOURNAL: SEGMENT 1: Most forms of cancer have a built-in constituency of patients, loved ones, and concerned others. Lung cancer patients, instead, are often blamed for their own disease because of its frequent connection with smoking. Patients are often isolated, and research dollars lag behind other, less common cancer killers. Host: Reed Pence. Guests: Donna Fernandez, lung cancer patient; Carly Ornstein, National Director of Lung Cancer Education, American Lung Assn.

9/10/17 5:30AM 00:08:00
RADIO HEALTH JOURNAL: SEGMENT 2: Just as people face an obesity crisis in the US, so do our pets, who have many of the same health consequences as overweight humans. Experts discuss why pet obesity is a problem and ways pet owners can keep their furry friends healthy. Host: Nancy Benson. Guests: Dr. Ernie Ward, Veterinarian and founder, Association for Pet Obesity Prevention; Dr. Deborah Linder, Research Asst. Prof., Cummings School of Veterinary Medicine, Tufts Univ.

9/10/17 6:00AM 00:30:00
MIAMI VALLEY VOICES: Amy Rollins and Kathy Trick of Miracle Clubhouse, a non-profit working with Goodwill Easter Seals of the Miami Valley to create a safe daytime space for people with mental illness and mental health issues, in which they run the space themselves and work to help each other succeed.

9/17/17 5:00AM 00:10:13
VIEW POINTS: SEGMENT 1: Everyone needs a little self-talk now and then, so we talk to experts about those voices in our head. We dive into the science behind them and how those voices can be used in a productive manner to help us accomplish our goals. Host: Gary Price. Guests: Dr. Charles Fernhough, author of *The Voices Within: The History and Science of How We Talk to Ourselves*; Dr. Ethan Kross, Professor of Psychology at the University of Michigan

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

9/17/17 5:30AM 00:12:41

RADIO HEALTH JOURNAL: SEGMENT 1: The FDA has proposed mandating a significant cut in the nicotine content of cigarettes to encourage them to move to healthier forms of nicotine distribution, such as e-cigarettes. Experts explain how the plan might work and the science behind it. Host: Reed Pence. Guests: Dr. Eric Donny, Director, Center for Evaluation of Nicotine and Cigarettes, Univ. of Pittsburgh; Dr. Neal Benowitz, Prof. of Medicine and Bioengineering and Therapeutic Sciences and Chief, Division of Pharmacology, Univ. of California, San Francisco; Dr. Joshua Sharfstein, Prof. of the Practice, Johns Hopkins Univ. Bloomberg School of Public Health and former FDA Deputy Commissioner; Dr. Stanton Glantz, Prof. of Medicine, Univ. of California, San Francisco and Director, Center for Tobacco Control Research and Education.

9/17/17 5:30AM 00:07:11

RADIO HEALTH JOURNAL: SEGMENT 2: A healthy diet is one of the best weapons against heart disease and its recurrence, yet new studies show cardiologists (as well as other physicians) are woefully deficient in nutritional knowledge. Experts discuss causes and outcomes of this lack of knowledge. Host: Nancy Benson. Guests: Dr. Charles Katzenberg, Univ. of Arizona Sarver Heart Center; Dr. Stephen Devries, Exec. Director, Gaples Institute for Integrative Cardiology

9/17/17 6:00AM 00:30:00

MIAMI VALLEY VOICES: (Re-broadcast of 9/10 program) Amy Rollins and Kathy Trick of Miracle Clubhouse, a non-profit working with Goodwill Easter Seals of the Miami Valley to create a safe daytime space for people with mental illness and mental health issues, in which they run the space themselves and work to help each other succeed.

9/24/17 5:30AM 00:08:05

RADIO HEALTH JOURNAL: SEGMENT 2: Teenage boys are often labeled as lazy by parents who see that their homework isn't done and their attitude is one of disinterest. An expert psychologist explains the inner workings of teen boys and how parents can bring out the best in them. Host: Nancy Benson. Guest: Dr. Adam Price, author, *He's Not Lazy: Empowering Your Son to Believe in Himself*

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

PUBLIC SAFETY

7/09/17 5:00AM 00:9:05

VIEW POINTS: SEGMENT 1: Domestic abuse is something many women and men will experience in their lives. We talk to two psychologists familiar with the subject about what victims can do to remove themselves from the abuse and how being a witness to or a victim of abuse affects intimate relationships, children and the family dynamic. Host: Gary Price Guests: Dr. Shannon Karl, Associate Professor in School of Psychology at Nova Southeastern University, Ft. Lauderdale, FL; Dr. Jay Richards, forensic psychologist on the faculty of Washington University and Seattle University, author of the novel, *Silhouette of Virtue*.

7/23/17 5:30AM 00:12:14

RADIO HEALTH JOURNAL: SEGMENT 1: 911 is literally a lifeline for millions of Americans, but it's mostly based on old technology depending on landline phones to know where callers are. Expensive next generation technology built for the 75 percent of 911 calls from cell phones has helped push call centers to consolidate. But will it cost lives when a far away call center worker, with no local geographic knowledge, takes your call? Experts discuss. Host: Reed Pence. Guests: Budge Currier, 911 Administrator, State of California; Elizabeth Adams, former 911 call center administrator, Vermont State Police; Lawrence Consalvos, President and Chief Operating Officer, IXP Corp., public safety firm.

7/09/17 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports will focus on terrorism locally and most likely nationally and internationally. Guests Include: Benjamin Glassman, U.S. Attorney, Southern District of Ohio; Abdul Shahid, President, Ahmadiya Muslin Community of Dayton; Professor Mark Ensalaco, University of Dayton and Larry Budd, Reporter, Dayton Daily News

8/06/17 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO reports will focus on kids at risk. In recent years a growing number of teenagers and even pre-teens are committing crimes and moving their way through the criminal justice system. People who deal with those kids are seeing an alarming trend: Teens committing more serious and more violent crimes. Guests Include: Monnie Bush, Victory Project, Paula Cosby, Clothes That Work and Ashley Pester, CHOICES

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

9/24/17 5:30AM 00:11:41

RADIO HEALTH JOURNAL: SEGMENT 1: Colleges are required by Federal law to present anti-sexual assault training to new students, but rather than instilling "no means no," some experts think we need to do much more to enlist men to help prevent sexual assault. Experts discuss how it can be done by making men allies, rather than regarding them as potential perpetrators, and also through bystander training. Host: Reed Pence. Guests: Dr. John Foubert, Prof. of Higher Education and Student Affairs, Oklahoma State Univ., National President, One in Four, and author of 7 books on preventing sexual assault; Ashley Warner, psychoanalyst and author, *The Year After: A Memoir*; Dorothy Edwards, Exec. Director, Green Dot, Etc.

9/24/17 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports will focus on the investigation of cold cases in the Miami Valley – many of them are murders from long ago, where the trail of evidence led nowhere and now, years later, investigators are trying to pick up and begin again with the help of new technology and may be a few fresh leads from the public. Guests Include: Patricia Tackett, Detective, Dayton Police Department; Denise Rankin, Scientific Director, Miami Valley Crime Lab; and Sgt. Christina Evans-Fisher