

4th Quarter Report

October 1 – December 31, 2015



WHKO-FM

WHKO-FM

This report contains information that was broadcast on each of the following topics:

Civic

Culture

Economy

Education

Health/Human Services

WHKO-FM Shows Listed in Report

10/01/15-12/31/15

Durations listed in Hours:Minutes:Seconds (02:00:00)

| | |
|---|----------------|
| View Points (Sunday)..... | 5:00-5:30 a.m. |
| Radio Health Journal (Sunday)..... | 5:30-6:00 a.m. |
| Miami Valley Voices (Sunday) <i>(Current Issues Produced by the News Department)</i> | 6:00-6:30 a.m. |
| WHIO-TV Reports (Sunday) <i>(Current Issues Produced by the News Department)</i> | 6:30-7:00 a.m. |

WHKO-FM
News/Traffic/Weather
Scheduled Breaks

| <i>News</i> | | <i>Traffic</i> | | <i>Weather</i> | | | |
|-------------|-----------------|----------------|-----------------|----------------|-----------------|-------------|-----------------|
| <u>Time</u> | <u>Duration</u> | <u>Time</u> | <u>Duration</u> | <u>Time</u> | <u>Duration</u> | <u>Time</u> | <u>Duration</u> |
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| 6:00 | 01:30 | 6:45 | 00:30 | 5:30 | 00:20 | 7:20 | 00:20 |
| 6:30 | 01:00 | 7:00 | 00:30 | 5:45 | 00:20 | 8:20 | 00:20 |
| 7:00 | 01:30 | 7:15 | 00:30 | 6:00 | 00:20 | 9:20 | 00:20 |
| 7:30 | 01:00 | 7:30 | 00:30 | 6:15 | 00:20 | 10:20 | 00:20 |
| 8:00 | 01:30 | 7:45 | 00:30 | 6:30 | 00:20 | 11:20 | 00:20 |
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ISSUE & DESCRIPTION

DATE

TIME

LENGTH

CIVIC ISSUES:

10/04/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on Social Security and the administration that is celebrating its 80th anniversary. Guests discussed the benefits and services provided. Guests: Theresa, Busher, Social Security Public Affairs Specialist, Social Security Administration; Tonya Gay, District Manager-West Dayton Office, Social Security Administration. SOCIAL SECURITY ADMINISTRATION 200 W 2nd St #209, Dayton, OH 45402 888-329-5724 website: <https://secure.ssa.gov/ICON/main.jsp>

10/18/15 6:00AM 00:28:31

MIAMI VALLEY VOICES: Karla Garrett Harshaw, development director for Advocates for Basic Legal Equality Inc., on the non-profit law firm's efforts to provide free legal services for low-income people in Western Ohio. ADVOCATES FOR BASIC LEGAL EQUALITY, INC .website: www.lawolaw.org/

10/25/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on the upcoming Dayton City Commission Race. Four candidates are competing for two openings. Each were interviewed briefly one-on-one to discuss issues and their thoughts. Reporter Cory Frolik also spoke additionally to discuss the election and what will be of importance to voters and the city of Dayton in the future. Guests: Cory Frolik, DDN Reporter (One-on-ones with candidates Matt Joseph, Scott Sliver, Darryl Fairchild and Chris Shaw) DAYTON CITY COMMISSION City Hall, 101 W. Third St., Second Floor 937-333-3636 website: <http://www.cityofdayton.org/CCO/Pages/default.aspx>

11/08/15 5:00AM 00:11:01

VIEW POINTS: SEGMENT 2: Back in the 1870s and 80s, the north and south poles were as mysterious and intriguing to people as the moon and planets are to us today. Many expeditions tried – and most failed – to reach the North Pole, leaving scores of courageous sailors and their ships encased in the snow and ice. We talk to an author whose new book chronicles one of those voyages, about the adventure of arctic expeditions, and the men who risked their lives to find out what was actually on the top of the world. Host: Marty Peterson. Guest: Hampton Sides, author of In the Kingdom of Ice: The grand and terrible polar voyage of the USS Jeannette.

11/08/15 6:00AM 00:28:31

MIAMI VALLEY VOICES: Dayton City Commissioner Matt Joseph, on the Dayton Peace Accords @ 20 celebration this month, marking the anniversary of the accords that ended the Bosnian War. He co-chairs the local celebration events. DAYTON CITY COMMISSION City Hall, 101 W. Third St., Second Floor 937-333-3636 website: <http://www.cityofdayton.org/CCO/Pages/default.aspx>

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

11/15/15 5:30AM 00:12:19

RADIO HEALTH JOURNAL: SEGMENT 1: Confessing to a crime that a person did not commit is a major reason for wrongful convictions. Scientists have found that the psychology of innocent people is a major reason for false confessions. Experts discuss the chain of events and psychology that allow them to occur, and public policy changes that could make them much more rare. Host: Reed Pence. Guests: Dr. Max Gyll, Asst. Prof. of Psychology, Iowa State Univ.; Rob Warden, Executive Director, Center on Wrongful Convictions, Northwestern Univ. School of Law

11/15/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on the Dayton Peace Accords that ended the war in Bosnia. The 20th anniversary is approaching and guests discussed the history of the accords as well as the current state. There will be events locally to mark the occasion. Guests: Richard Campbell, Chair, Department of Media, Journalism and Film, Miami University; Amy Anderson, director of the University of Dayton Center for International Programs, and Dzeneta Begic, UD student, Dayton Peace Accords Fellowship recipient; Tom Gnau, DDN Reporter. MIAMI UNIVERSITY 501 E High St, Oxford, OH 45056 513-529-1809 website: <https://www.miamioh.edu/> UNIVERSITY OF DAYTON 300 College Park, Dayton, OH 45469 937-229-1000 website: <https://www.udayton.edu/>

11/22/15 5:00AM 00:10:08

VIEW POINTS: SEGMENT 2: Most of us have heard the name of Henry Clay, but he's not one of the people we usually remember like we do George Washington or Thomas Jefferson. Our guest says that Clay was just as important to our nation as the founding fathers, and he discusses the great contributions this Speaker of the House made to keep our nation together, fight for justice, and create the foundations of our extensive modern U.S. transportation system. Host: Marty Peterson. Guest: Harlow Giles Unger, author of Henry Clay: America's greatest statesman

12/20/15 5:00AM 00:11:38

VIEW POINTS: SEGMENT 1: Seventy-four years ago this month, the U.S. was attacked by Japan at Pearl Harbor, drawing the country into World War II. We talk to an author about how FDR, Churchill, MacArthur and others planned for the war during those few weeks before the Christmas and New Year's holidays. Host: Gary Price. Guest: Stanley Weintraub, historian, author of Pearl Harbor Christmas: A world at war 1941.

12/20/15 5:00AM 00:09:55

VIEW POINTS: SEGMENT 2: When Congress debates a constitutional point, or when the Supreme Court is considering a case brought before it, we often hear the question, "what did the framers intend?" How does anyone really know what people, who debated issues more than 200 years ago, really intended? We talk to two constitutional specialists about the issue, and hear how some Supreme Court justices approached an issue that is once again in the news. Host: Marty Peterson. Guests: Jeffrey M. Shaman, Vincent DePaul Professor of Law,

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

DePaul University College of Law, Chicago, IL; Ray Raphael, Sr. Research Fellow, Humboldt State University, Arcata, CA, author of Constitutional Myths: What we get wrong and how to get it right.

CULTURE ISSUES:

10/11/15 6:00AM 00:29:20

MIAMI VALLEY VOICES: Aimee Marcereau DeGalan, chief curator of the Dayton Art Institute, on the museum's latest special show, "Call to Glory," a collection of WWI and WWII posters. DAYTON ART INSTITUTE 456 Belmonte Park N, Dayton, OH 45405 (937) 223-4278 website: www.daytonartinstitute.org DAYTON ART INSTITUTE 456 Belmonte Park N, Dayton, OH 45405 937-223-5277 website: www.daytonartinstitute.org/

10/18/15 5:00AM 00:12:01

VIEW POINTS: SEGMENT 1: Slang is often thought of as a lower-class way of speaking, although we use it all the time and it does make our language more colorful and vibrant. But how does it come into being? We talk to a linguist and to an author about why slang and jargon are part of our speech, who brings them into our language and why some slang falls out of favor – but should come back. Host: Marty Peterson. Guests: Robert Leonard, Prof. of Linguistics, Dir. the Graduate Program in Forensic Linguistics and of the Institute for Forensic Linguistics, Threat Assessment and Strategic Analysis, Hofstra University; Lesley M. M. Blume, author of Let's Bring Back: The lost language edition

10/18/15 5:00AM 00:10:40

VIEW POINTS: SEGMENT 2: We're all familiar with the various ages such as the Jurassic and the Paleozoic, but have you ever heard of the Anthropocene? We meet a woman who has traveled around the world looking at how climate change caused by humans has transformed areas of our planet and how people are looking for creative ways to deal with the changes in lifestyle, agriculture and migration caused by these changes. Host: Gary Price. Guest: Gaia Vince, author of Adventures in the Anthropocene: A journey to the heart of the planet we made.

10/25/15 5:00AM 00:09:47

VIEW POINTS: SEGMENT 1: It's the time of year when all the ghosts and goblins, witches and monsters, superheroes and villains don their Halloween best and head off to trick-or-treat, party or walk through a haunted house. Why do we dress up for the holiday? What do our costumes say about us? Why do we love to be frightened on this night in the year? We talk to a psychologist and a haunted attraction specialist about these issues, and also take a look at where some of our Halloween traditions came from. Host: Gary Price. Guests: Ben

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

Armstrong is co-owner of Netherworld Haunted House in Atlanta, and president of America Haunts, an organization of the top haunted attractions in the U.S.; Dr. Janina Scarlet is a clinical psychologist, scientist and self-proclaimed “full-time geek.” She’s also a practitioner of “Superhero Therapy,” and is coming out with a book by that title next July.

10/25/15 6:00AM 00:29:20

MIAMI VALLEY VOICES: Sharon Rab, founder and director of the Dayton Literary Peace Prize, on the event next week, which marks its 10th year. DAYTON LITERARY PEACE PRIZE P.O. Box 461 Wright Brothers Branch Dayton, OH 45409-0461 (937) 298-5072 website: <http://daytonliterarypeaceprize.org>

11/08/15 5:00AM 00:10:27

VIEW POINTS: What would it be like to have a computer examine you and diagnose your illness? How about a robot making a reservation at an exciting new restaurant that is just perfect – without any direct input from you? Sound like science fiction? Well, our guest says that it already is...or soon will be...science fact. We talk to a computer scientist and author about the rise of computers that can learn on their own and then teach other computers to do the same. Host: Gary Price. Guest: Pedro Domingos, professor of computer science at the University of Washington, author of the book, The Master Algorithm: How the quest for the ultimate learning machine will remake our world.

11/15/15 5:00AM 00:10:21

VIEW POINTS: SEGMENT 2: Although their numbers are dwindling every year, there are still many people alive today who remember and lived through the Holocaust during World War II. One of these men spoke to us about his experience as a young boy in a Czechoslovakian work camp, and how his mother – through hard work, quick thinking and just pure luck – managed to keep herself and her two children from the death camps in Poland. He also discusses the need for young people to learn about the Holocaust and the reasons why it happened. Host: Marty Peterson. Guest: Michael Gruenbaum, author with Todd Hasak-Lowy of Somewhere There Is Still a Sun.

11/15/15 6:00AM 00:28:30

MIAMI VALLEY VOICES: Aimee Marcereau DeGalan, senior curator of the Dayton Art Institute, and marketing manager Eric Brockman, on the museum’s next big show, about Grandma Moses, and other upcoming DAI events DAYTON ART INSTITUTE 456 Belmonte Park N, Dayton, OH 45405 937-223-5277 website: www.daytonartinstitute.org/

11/22/15 6:00AM 00:29:20

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

MIAMI VALLEY VOICES: Sharon Short, executive director of the Antioch Writers Workshop, on the 30th anniversary of the local organization that supports and educates writers from around the region and nation with a weeklong summer program and other events through the year. ANTIOCH WRITERS WORKSHOP 937-769-1803 website: www.antiochwritersworkshop.com/

12/20/15 6:00AM 00:29:20

MIAMI VALLEY VOICES: Brady Kress, president and CEO of Dayton History, on the local history organization’s creation of a huge 200-foot holiday tree at Carillon Park, and on its upcoming master plans for the next several years. DAYTON HISTORY 1000 Carillon Blvd, Dayton, OH 45409 (937) 293-2841 website: www.daytonhistory.org/

12/27/15 5:00AM 00:11:44

VIEW POINTS: SEGMENT 1: Not everyone likes to go out and celebrate the New Year with the hoards in the bars and streets. Our guests have ideas on how you can have just as much fun toasting in 2016 at home. We’ll hear how you can pair your favorite movies with some creative cocktails; learn about and try some new craft beers and food to go along with them, and how to create a cheese platter that will go with the bubbly. Host: Gary Price. Guests: Tim Federle, author of *Gone with the Gin: Cocktails with a Hollywood Twist*; Christian DeBenedetti, co-author with Andrea Slonecker of the book, *Beer Bites: Tasty recipes and perfect pairings for brew lovers*; Gordon Edgar, author of *Cheddar: A journey to the heart of America’s most iconic cheese*.

12/27/15 5:00AM 00:09:57

VIEW POINTS: SEGMENT 2: If you’re a Baby Boomer then you know all about the excitement and frenzy that occurred when the Beatles first arrived on the scene and traveled to America. We talk to a photographer who not only took many memorable pictures of the Fab Four, but who also became their good friend. We discuss what the musicians were like, how he gained their trust, what it was like to photograph the Beatles and other luminaries of the time, and how the profession of news photographer has changed in the last 50 years. Host: Marty Peterson. Guests: Henry Grossman, professional photographer of the Beatles and others, author of the photographic book, *Places I Remember: My time with the Beatles*.

12/27/15 6:00AM 00:29:20

MIAMI VALLEY VOICES: Bill Kennedy, manager of anthropology for the Dayton Society of Natural History, on his current reconstruction of the buildings at SunWatch Ancient Indian Village, in keeping with new scholarship and study on how the Ft. Ancient people lived and worked there. DAYTON SOCIETY OF NATURAL HISTORY 2600 DeWeese Parkway Dayton, OH 45414 website: <http://www.BoonshoftMuseum.org>

ECONOMY ISSUES

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

10/04/15 5:00AM 00:11:13

VIEW POINTS: SEGMENT 1: What does it take to be a successful entrepreneur? A hot idea? Venture capital money? A lot of internet buzz? Those things help, but our two guests who are both successful entrepreneurs and businessmen, say there is a lot more to it, especially if you do business solely or mostly on the internet. They'll give us advice on picking the best partner, why financing your venture is a family affair, and how to present yourself in the best way to internet customers. Host: Gary Price. Guests: Dan Shapiro, the CEO of Glowforge, creator of the board game Robot Turtles, author of the book, Hot Seat: The startup CEO guidebook; Bryan Kramer, CEO of PureMatter, author of the book, Shareology: How sharing is powering the human economy.

10/04/15 6:00AM 00:29:06

MIAMI VALLEY VOICES: Paula Cosby, director of Clothes That Work, updating the organization that helps unemployed people dress for success and get new jobs, pegged to upcoming fundraising event. CLOTHES THAT WORK 1133 S Edwin C Moses Blvd #392, Dayton, OH 45417 (937) 222-3778 website: www.clothesthatwork.org/

11/01/15 5:00AM 00:11:31

VIEW POINTS: SEGMENT 2: Author Jack London is known for his stories of adventure in the Klondike, the Yukon and other far-away places. Our guest, however, says these stories also reflect his desire to bring the plight of poor and exploited workers to the public's attention. We'll hear how London's hardscrabble youth and physically demanding jobs informed his writing, and find out how the author used sustainable farming methods long before they became fashionable. Host: Marty Peterson. Guests: Cecelia Tichi, William R. Kenan Jr. Professor of English and professor of American Studies at Vanderbilt University, author of the book, Jack London: A writer's fight for a better America.

11/01/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on the industry of unmanned aerial systems. Guests discussed government regulation and registration for recreational usage expected to roll out before the end of the year. Drone usage for government, military, and commercial use are already regulated. Employment opportunities are expected to continue to grow for the industry. Guests: Frank Beafore, executive director, SelectTech Geospatial; Andrew Shepherd, director of unmanned aerial systems, Sinclair Community College; Barrie Barber, DDN Reporter. SINCLAIR COMMUNITY COLLEGE 444 W 3rd St, Dayton, OH 45402 (937) 512-3000 website: <https://www.sinclair.edu/>

11/15/15 5:00AM 00:11:18

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

VIEW POINTS: SEGMENT 1: There have been a number of incidents recently where large companies or their spokespeople give the business a black eye by their manufacturing practices or illegal behavior. What can a business do to bounce back and once again create trust with its customers? Our two business specialist discuss the issue and offer advice about how companies can avoid problems with their brands as well as how to clean up the mess afterwards. Host: Gary Price. Guests: Zain Raj, author of Brand Rituals: How successful brands bond with customers for life. Edgar Papke, author of The Elephant in the Boardroom: How leaders use and manage conflict to reach greater levels of success.

11/22/15 5:00AM 00:11:25

VIEW POINTS: SEGMENT 2: It's almost time to head to the mall and check out the holiday decorations and pick up some presents for friends and family. A lot of people will be buying clothing, shoes, accessories and making sweets as gifts, thinking only about the cost and if the recipient will like it. Our guests say that you should also consider where the gift comes from, what it's made of and how the workers who created it are treated. Our guests discuss the need for sustainable, ethically made gifts from clothing to jewelry to chocolate. Host: Gary Price. Guests: Kate Black, author of the book, Magnifeco: Your head-to-toe guide to ethical fashion and non-toxic beauty. Amy Guittard, director of marketing for Guittard Chocolate Company, author of their new book, Guittard Chocolate Cookbook: Decadent recipes from San Francisco's premium bean-to-bar chocolate company.

11/29/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on identity theft. Guests discussed protection from identity and credit card theft and what people can do if they are victims. The longer a victim waits, the worse off for financial health. Guests also advised on caution with online sharing of information such as social postings on vacations or statuses that allow people to know where they are or what they are doing. Guests: John North, President and CEO, Dayton BBB; Mike DeWine, Ohio Attorney General; Lynn Hulsey, DDN Reporter. BETTER BUSINESS BUREAU 15 W. Fourth St., Ste. 300 Dayton, Ohio 45402 937) 222-5825 website: www.bbb.org/dayton OHIO ATTORNEY GENERAL 30 E. Broad St., 14th Floor Columbus, OH 43215 614-466-4986 website: www.ohioattorneygeneral.gov

12/20/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on new job creation and the economy in the greater Dayton and Springfield areas. Guests discussed new business that has come in 2015 such as Fuyao and also needs for 2016. Attraction and retention of businesses was also discussed. Guests: Debbie Lieberman, Montgomery County Commissioner; Mike McDorman, president and CEO, Springfield Chamber of Commerce. BOARD OF COUNTY COMMISSIONERS 451 W. Third Street, 11th Floor P.O. Box 972 Dayton, OH 45422 website: <http://www.mcohio.org> SPRINGFIELD CHAMBER OF COMMERCE 20 S Limestone St # 100, Springfield, OH 45502 (937) 325-7621 website: <http://www.greaterspringfield.com>

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

EDUCATION ISSUES:

10/04/15 5:00AM 00:10:06

VIEW POINTS: SEGMENT 2: A college education is usually a ticket to a better job, better health and overall life satisfaction – that is if you can get one. Non-traditional students -- those who are older, who work full time or who have families – can have a tough time just figuring out how to apply to college, talk to a professor or find scholarships or financial aid. Our guest discusses the hurdles non-traditional students have to clear and what schools and communities can do to make their transition into higher education easier. Host: Marty Peterson. Guest: Mike Rose, faculty member at the UCLA Graduate School of Education and Information Studies, and author of the book Back to School: Why everyone deserves a second chance at education.

10/11/15 5:00AM 00:11:16

VIEW POINTS: SEGMENT 1: Every parent wants their child to excel in school, and a big part of succeeding is learning to read well. Some parents try to teach their children to read when they're toddlers, but is that too early? When should children be taught to read and how? Our two guests, one a professor specializing in early childhood, the other an author of children's books, share their opinions on the subject. Host: Gary Price. Guests: Margaret Owen, Director of Children and Families at the University of Texas at Dallas. She's also the Robinson Family Professor of Psychological Sciences, and head of the program in Human Development and Early Childhood Disorders. Mark Gonyea, children's writer and author of Monkey Suit.

11/22/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on sexual assaults at local universities. Guests discussed the handling of sexual assault cases on college campuses as well as prevention measures through education. Guests: Katie Hanna, executive director, Ohio Coalition to End Sexual Violence; Joshua Engel, attorney, Engel & Martin, LLC; Josh Sweigart, DDN Reporter. OHIO COALITION TO END SEXUAL VIOLENCE 526 Superior Avenue #1400, Cleveland, OH 44114 (888) 886-8388 website: www.oaesv.org/

12/06/15 6:00AM 00:28:54

MIAMI VALLEY VOICES: Dr. David Novick, a local physician, on his office's project to raise \$25,000 to build a school in a poor town in Guatemala, working with the non-profit Pencils of Promise. PENCILS OF PROMISE website: <https://pencilsofpromise.org/>

12/13/15 5:00AM 00:11:18

VIEW POINTS: SEGMENT 2: There are many good schools that try to ensure that every student gets the best education possible and an equal opportunity to succeed in their studies and extracurricular activities. Our guest says that despite efforts on the part of school

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

administrators and teachers, there is still a racial achievement gap in even the most diverse and progressive schools. We discuss why the gap exists, how it affects the lives of students during and after their school years are over, and what educators and the community can do to help students of all races and ethnicities achieve. Host: Marty Peterson. Guests: Amanda Lewis, Director of the Institute for Research on Race and Public Policy, University of Illinois-Chicago, and co-author with John B. Diamond of the book *Despite the Best Intentions: How racial inequality thrives in good schools.*

HEALTH/HUMAN SERVICES

10/04/15 5:30AM 00:12:40

RADIO HEALTH JOURNAL: SEGMENT 1: Autism has been misunderstood ever since its first description in the 1940's. Experts describe how this misunderstanding has drastically affected treatment of people with autism, and how schools and other institutions might change their approach and understanding to improve treatment. Host: Reed Pence. Guests: Steve Silberman, author, *Neurotribes: The Legacy of Autism and the Future of Neurodiversity*; Dr. Barry Prizant, Prof., Artists & Scientists As Partners group, Brown Univ. and author, *Uniquely Human: A Different Way of Seeing Autism*

10/04/15 5:30AM 00:07:19

RADIO HEALTH JOURNAL: SEGMENT 2: Children suffering from a rare disorder called cyclic vomiting may vomit for days on end once or twice a month. Experts describe how the disorder is often misdiagnosed and remains difficult to treat. However, children often eventually outgrow the disorder as it transitions into migraine headaches. Host: Nancy Benson. Guests: Kathleen Adams, mother of cyclic vomiting sufferer and founder, President and Research Liason, Cyclic Vomiting Syndrome Association; Dr. B Li, Prof. of Pediatrics and Director, Cyclic Vomiting Program, Medical College of Wisconsin; Dr. Katja Kovacic, pediatric gastroenterologist, Children's Hospital of Wisconsin.

10/11/15 5:00AM 00:10:20

VIEW POINTS: SEGMENT 2: You can find almost any fruit – domestic and exotic – in the produce section of grocery stores across the country these days. There's one fruit, though, that's both domestic and exotic that you will have a hard time locating: the pawpaw. The once-common fruit has all but disappeared from stores except for a few mail order specialty shops and some farmers' markets. We talk to a man who wanted to know more about this exotic, tropical-tasting fruit so he researched its history, culinary uses and the efforts to bring it back into favor here in the states. Host: Marty Peterson. Guest: Andrew Moore, author of *Pawpaw: In search of America's forgotten fruit.*

10/11/15 5:30AM 00:11:59

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

RADIO HEALTH JOURNAL: SEGMENT 1: Only about a third of research subjects in clinical studies are women. In basic research on animals and cells, female models are even more poorly represented. This results in poor understanding of how new drugs work on women and occasional drug recalls when major side effects are discovered after the fact. Experts discuss why such an imbalance occurs, its results, and how the problem is being addressed. Host: Reed Pence. Guests: Dr. Teresa Woodruff, Director, Women's Health Research Institute, Northwestern Univ.; Dr. Melina Kibbe, Prof. of Surgery, Northwestern Univ.; Dr. Kathryn Sandberg, Director, Center for the Study of Sex Differences in Health, Aging & Disease, Georgetown Univ.

10/11/15 5:30AM 00:08:06

RADIO HEALTH JOURNAL: SEGMENT 2: Many people have no idea how or why psychotherapy works. A well-known psychotherapist describes what therapists are thinking while the patient is talking and how these thoughts guide treatment. Host: Nancy Benson. Guest: Dr. Drew Permut, Clinical Professor of Psychology, George Washington Univ. and author, Inside Your Therapist's Mind: How a Psychotherapist Thinks and Why It Works

10/11/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on human trafficking locally and globally. Guests discussed the causes, issues, and situations that result from this industry. Immigrants are often the most likely victims to be lured in. The Pope's recent visit to the U.S. assisted in efforts as he spoke on human trafficking and the need for Congress to do more. Guests: Mark Ensalaco, director of human right research, UD; Laura Roesch, executive director, Catholic Social Services of the Miami Valley. UNIVERSITY OF DAYTON 300 College Park, Dayton, OH 45469 937-229-1000 website: <https://www.udayton.edu/> CATHOLIC SOCIAL SERVICES OF THE MIAMI VALLEY 1046 Brown St, Dayton, OH 45409 (937) 296-1007 website: <http://www.cssmv.org/>

10/18/15 5:30AM 00:11:46

RADIO HEALTH JOURNAL: SEGMENT 1: As many as five percent of people diagnosed with Parkinson's or Alzheimer's diseases may in reality have a treatable disorder caused by "water on the brain." An expert and patient discuss. Host: Reed Pence. Guests: J.D. and Donna Cain, normal pressure hydrocephalus patient and his wife/caregiver; Dr. Marvin Bergsneider, Prof. of Neurosurgery and chief, Adult Hydrocephalus and ICP Disorders Program, UCLA

10/18/15 5:30AM 00:08:06

RADIO HEALTH JOURNAL: SEGMENT 2: Scientists have learned that emotional trauma suffered as a child or adolescent has profound effects on a person's physical health years later. Children who suffer multiple traumas such as loss of a parent and physical abuse are much more likely to experience cancer, heart disease and autoimmune diseases as adults. A noted science writer explains. Host: Nancy Benson. Guest: Donna Jackson Nakazawa, author, Childhood Disrupted: How Your Biography Becomes Your Biology, and How You Can Heal

10/18/15 6:30AM 00:24:30

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

WHIO REPORTS: This edition of WHIO Reports focused on domestic violence awareness. Guests from the Artemis Center, a local organization that provides support and relief for victims of domestic violence, discussed the organization and issue. Guests: Judy Strnad, executive director, Artemis Center; Jane Keiffer, director of Clinical Programs, Artemis Center ARTEMIS CENTER 310 W Monument Ave, Dayton, OH 45402 (937) 461-5091 website: www.artemiscenter.org/

10/25/15 5:00AM 00:11:44

VIEW POINTS: SEGMENT 2: Two of the scariest symbols of Halloween are spiders and bats. They have bad reputations for not just being creepy, but dangerous. We get the straight scoop in these creepy critters from two experts in the fields of entomology and bats, and hear how both of these creatures are not as scary as we think, but very beneficial members of the insect and animals worlds. Host: Marty Peterson. Guests: Nancy Troyano is an entomologist and director of technical education and training for Rentokil North America; Merlin Tuttle is an ecologist, wildlife photographer, conservationist and author of the book, *The Secret Lives of Bats: My adventures with the world's most misunderstood mammals*

10/25/15 5:30AM 00:11:49

RADIO HEALTH JOURNAL: SEGMENT 1: Government researchers and auto companies are developing a device called DADSS (Driver Alcohol Detection System for Safety) that can unobtrusively test whether a person is drunk as he attempts to start his car. If so, DADSS makes the car inoperable. Experts explain how it will work and debate some of the issues surrounding its possible rollout. Host: Reed Pence. Guests: J. T. Griffin, Chief Government Affairs Officer, Mothers Against Drunk Driving; Sarah Longwell, Managing Director, American Beverage Institute; Dr. Bud Zaouk, Program and Technical Manager, DADSS development program

10/25/15 5:30AM 00:07:25

RADIO HEALTH JOURNAL: SEGMENT 2: Thirty million Americans wear contact lenses, but today's high tech lenses are vastly superior to those of a few decades ago. Even so, most contact wearers don't maintain their lenses correctly. An expert explains. Host: Nancy Benson. Guest: Dr. April Jasper, Optometrist, West Palm Beach, FL

11/01/15 5:00AM 00:10:02

VIEW POINTS: SEGMENT 1: Speaking in public can be a very anxiety-producing experience, but why? And how can we remove some of that anxiety and do a better job in front of an audience? Our guests discuss the fear of public speaking and offer advice on how to create, prepare for and deliver a speech with confidence. Host: Gary Price. Guests: Larry Ventis, professor of psychology at the College of William & Mary; Michael Port, speaking coach, author of the book, *Steal the Show: From speeches to job interviews to deal-closing pitches, how to guarantee a standing ovation for all the performances in your life.*

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

11/01/15 5:30AM 00:11:59

RADIO HEALTH JOURNAL: SEGMENT 1: Studies estimate that about five percent of diagnoses are wrong, leading treatment down the wrong road. Experts discuss why misdiagnoses occur, and a new Institute of Medicine report on how they might be prevented. Host: Reed Pence. Guests: Dr. Mark L. Graber, President, Society to Improve Diagnosis in Medicine and Senior Fellow, RTI International; Dr. Lewis Levy, Senior Vice President of Medical Affairs and Chief Quality Officer, Best Doctors; Helen Haskell, President, Mothers Against Medical Error

11/01/15 5:30AM 00:08:06

RADIO HEALTH JOURNAL: SEGMENT 2: People who use drugs, even those who are not addicted, are often destructively enabled by families. An expert explains why this occurs and what families have to do to break through their own denial as well as that of the user. Host: Nancy Benson. Guest: Dr. Wesley Boyd, Asst. Clinical Prof. of Psychiatry, Harvard Medical School, and author, Almost Addicted.

11/01/15 6:00AM 00:28:54

MIAMI VALLEY VOICES: Karen Kelly and Butch Brown, on their new grassroots initiative to fight the heroin crisis, Let's Kill The Monster, and the death of their son from heroin OD the year before. LET'S KILL THE MONSTER letskillthemonster.blogspot.com/

11/08/15 5:30AM 00:12:38

RADIO HEALTH JOURNAL: SEGMENT 1 Few female role models exist at major research universities in scientific fields, subverting efforts to get more women into math and science. Many scientists have dismissed gender bias as a factor. However, new research shows that unintentional bias results in women being subconsciously considered less competent than their male scientific counterparts. Experts explain how unconscious bias exists and its pervasive effect in academia and society at large. Host: Reed Pence. Guests: Dr. Joan Herbers, Prof. of Evolution, Ecology and Organismal Biology, Ohio State Univ. and Past President, Assn. for Women in Science; Dr. Jo Handelsman, Associate Director for Science, US Office of Science and Technology Policy

11/08/15 5:30AM 00:12:38

RADIO HEALTH JOURNAL: SEGMENT 2: One year ago, we visited Greg O'Brien, a journalist attempting to document his own decline into early onset Alzheimer's disease. Now he discusses the past year and the difficulties he's meeting as his disease progresses. Host: Lynn Holley. Guest: Greg O'Brien, author, On Pluto: Inside the Mind of Alzheimer's

11/08/15 6:30AM 00:24:30

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

WHIO REPORTS: This edition of WHIO Reports focused on the annual Valley Food Relief campaign with the Dayton Foodbank. They acquire and store food for distribution to those in need. Catholic Social Services is one of the local non-profits who benefit from a relationship with The Foodbank to provide food for their clients. Guests: Michelle Riley, CEO, The Foodbank, Inc.; Laura Roesch, CEO, Catholic Social Services of the Miami Valley. THE FOODBANK, INC. Address: 56 Armor Pl, Dayton, OH 45417 (937) 461-0265 website: <https://thefoodbankdayton.org/> CATHOLIC SOCIAL SERVICES OF THE MIAMI VALLEY 1046 Brown St, Dayton, OH 45409 (937) 296-1007 website: <http://www.cssmv.org/>

11/15/15 5:30AM 00:07:49

RADIO HEALTH JOURNAL: SEGMENT 2: Most people's medicine cabinet is a disorganized mess with problems that could prevent healing and even threaten health. A pharmacist advised what should be in your medicine cabinet and how to keep those medicines safe and effective. Host: Lynn Holley. Guest: Sherry Torkos, pharmacist and author, The Canadian Encyclopedia of Natural Medicine and Saving Women's Hearts

11/22/15 5:30AM 00:12:01

RADIO HEALTH JOURNAL: SEGMENT 1: Forty-nine million people in the US are food insecure-- often unsure they'll have three decent meals per day. The poor are also often forced to purchase foods that are poor in nutrition, which leads to high rates of obesity. Experts discuss reasons for food insecurity, outcomes, and a variety of inventive solutions. Host: Reed Pence. Guests: Ross Fraser, Director of Media Relations, Feeding America; Leanne Brown, author, Good and Cheap: How to Eat Well on \$4 a Day; Susan Topping, Denior Director of Partners and Programs, Capital Area Food Bank, Washington, DC

11/22/15 5:30AM 00:07:47

RADIO HEALTH JOURNAL: SEGMENT 2: Controversy has broken out over the doctor's traditional white lab coat and necktie. Some doctors say physicians should wear short sleeves instead because coats carry germs. Others maintain the white coat isn't a germ colony, but rather is a source of comfort for patients. Experts discuss. Host: Nancy Benson. Guest: Dr. Gonzalo Bearman, Prof. of Medicine and hospital epidemiologist, Virginia Commonwealth Univ. Health System; Dr. Christopher Petrilli, Chief Medical Resident, Univ. of Michigan Health System; Peter Seelf, Team Leader, Member Experience, Boy Scouts of America

11/29/15 5:00AM 00:10:37

VIEW POINTS: SEGMENT 1: How do young people deal with race in their lives? We aren't born racist, so how do some of them become that way? We talk to two young readers authors about their new book that addresses the issue. We discuss how young people relate to those of different races, how friendship and loyalty can figure into how we think of race, and why we need to question our expectations of behaviors based on race. Host: Gary Price. Guests: Jason Reynolds, Brendan Kiely, authors of the young readers' novel, All American Boys.

11/29/15 5:00AM 00:10:53

ISSUE & DESCRIPTION

DATE TIME LENGTH

VIEW POINTS: SEGMENT 2: When you're the new person at the office, in the neighborhood or at a party it can be an awkward situation, especially if you're not the most gregarious person. Our guest discusses the issue and offers advice on how to navigate various situations when you're the newbie in the room. Host: Marty Peterson. Guest: Keith Rollag, Associate Professor of Management, and Chairman of the Management Division at Babson College, Wellesley, MA, and of author of What to Do When You're New: How to be comfortable, confident and successful in new situations.

11/29/15 5:30AM 00:12:19

RADIO HEALTH JOURNAL: SEGMENT 1: Infertility is often due to poor egg quality, or chromosomal damage. Some of this damage may occur in the egg's mitochondria, the cell's powerhouse. A new procedure seeks to replace mitochondria in old eggs with fresher mitochondria to improve egg quality. However, some doctors say there haven't been enough studies to know if the procedure is either safe or effective. Experts discuss. Host: Reed Pence. Guests: Dr. Owen Davis, Prof. of Reproductive Medicine, Weill Cornell Medical College and President, American Society for Reproductive Medicine; Dr. Michelle Dipp, CEO and co-founder, Ovascience; Dr. Neal Mahutte, Medical Director, Montreal Fertility Center and President, Canadian Fertility and andrology Society

11/29/15 5:30AM 00:07:34

RADIO HEALTH JOURNAL: SEGMENT 2: Rehabilitation has been a staple of recovery for many illnesses, but often not after cancer treatment. Similarly, sometimes people about to undergo orthopedic surgery may be given exercises, or prehabilitation, to prepare them. A nationally known rehab specialist discusses using prehabilitation techniques for newly diagnosed cancer patients. Host: Nancy Benson. Guest: Dr. Julie Silver, Assoc. Prof. of Physical Medicine and Rehabilitation, Harvard Medical School

11/29/15 6:00AM 00:28:54

MIAMI VALLEY VOICES: Michelle Riley, CEO of the FoodBank, on hunger needs in the area and the annual "Valley Food Relief" fundraiser at the holidays to bring in money for the organization. THE FOODBANK, INC. Address: 56 Armor PI, Dayton, OH 45417 (937) 461-0265 website: <https://thefoodbankdayton.org/>

12/06/15 5:00AM 00:11:51

VIEW POINTS: SEGMENT 1: Remember how much fun it was to crack open a new coloring book and crayons when you were a kid? These days, adults are reliving that thrill in huge numbers, maybe even fighting their kids for that Burnt Sienna crayon! Adult coloring books are all the rage, and we talk to two of the most popular artists of these books about why and how they put them together, what the attraction is for adults and how it can benefit everyone to sit down, relax and color a picture. Host: Gary Price. Guests: Johanna Basford is an artist

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

and the author of a series of adult coloring books, with her latest titled Lost Ocean: An inky adventure and coloring book. Jenean Morrison is an artist, designer and author of a series of books, the latest of which is the 2016 Coloring Calendar.

12/06/15 5:00AM 00:09:49

VIEW POINTS: SEGMENT 2: This holiday season, there probably won't be a celebration in the country that doesn't contain cheese in some form or another. It's one of America's favorite snack foods, and cheddar is our favorite variety of the dairy product. But what is cheese? How is it made and how did cheddar get to be America's iconic cheese? And how do "processed cheese food products" fit into the mix? Our guest is a cheese expert and will answer these questions and more! Host: Marty Peterson. Guests: Gordon Edgar, cheese buyer at Rainbow Grocery in San Francisco and author of the book Cheddar: A journey to the heart of America's most iconic cheese.

12/06/15 5:30AM 00:12:45

RADIO HEALTH JOURNAL: SEGMENT 1: A recent study finds that about 35 percent of children receiving treatment for mental health issues are being treated only by a primary care physician. This is due in part to a shortage in pediatric mental health care providers as well as a stigma in consulting them. Experts discuss readiness of pediatricians to treat mental illness in children and adolescents and efforts to be sure they're prepared. Host: Reed Pence. Guests: Dr. Jeanne Van Cleve, Asst. Prof. of Pediatrics, Harvard Medical School and Mass. General Hospital for Children; Dr. Douglas Tynan, clinical psychologist, American Psychological Assn.; Dr. Scott Benson, child & adolescent psychiatrist, Pensacola, FL

12/06/15 5:30AM 00:07:25

RADIO HEALTH JOURNAL: SEGMENT 2 Some people, especially those in northern latitudes, may get the blues or worse as fall sets in and days get shorter. They suffer from seasonal affective disorder, a chemical change in the brain caused by decreased exposure to sunlight. Experts discuss causes and remedies. Host: Nancy Benson. Guests: Dr. Nicholas Forand, clinical psychologist, The Ohio State Univ. Wexner Medical Center; Jim LaValle, clinical pharmacist and nutritionist and author, Your Blood Never Lies and Cracking the Metabolic Code

12/06/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on Affordable Care Act Enrollment for 2016. Guests discussed support and enrollment options with their respective organizations. Guests: Chris Schubart, VP, Premier Health Plan; Megan Massey, Senior Federally Certified Navigator, Resolute. PREMIER HEALTH website: www.premierhealth.com/

12/13/15 5:00AM 00:11:18

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

VIEW POINTS: SEGMENT 1: We are a culture that's obsessed with the future and technology. We want to "seize the future" like no other generation before, and become available to anyone 24/7 through the internet, wifi and cell phones. Our guests address these phenomena and discuss why it's happening and how concentrating too much on the future and the internet affects our world, our relationships and our lives. Host: Gary Price. Guests: Hal Niedzviecki, author of Trees on Mars: Our obsession with the future. Paul Andrew Sacco, PhD. Speaker, author of The Internet Apocalypse?

12/13/15 5:30AM 00:12:11

RADIO HEALTH JOURNAL: SEGMENT 1: Slavery was officially outlawed 150 years ago in the US, but millions of vulnerable low-wage workers are still exploited and trapped in the US and around the world. Experts discuss why foreigners are especially at risk of being intimidated into forced labor in the US and how they might be rescued. Host: Reed Pence. Guests: Melysa Sperber, Director, Alliance to End Slavery and Trafficking; Catherine Longkumer, Project Manager, Human Trafficking Initiative, Legal Aid Society of Metropolitan Family Services of Chicago.

12/13/15 5:30AM 00:12:17

RADIO HEALTH JOURNAL: SEGMENT 2: Surveys show that most Americans are less than happy, and seldom experience joy. Two experts discuss how even naturally glum people can manufacture joy. Host: Nancy Benson. Guests: Dr. Sonja Lyubomirsky, Prof. of Psychology, Univ. of California Riverside and author, The How of Happiness and Myths of Happiness: What Should Make You Happy But Doesn't, What Shouldn't Make You Happy, But Does; Dr. Alex Korb, postdoctoral researcher, UCLA and author, The Upward Spiral: Using Neuroscience to Reverse the Course of Depression One Small Change at a Time

12/13/15 6:00AM 00:28:54

MIAMI VALLEY VOICES: Lori Erion and Valerie Brodbeck of Families of Addicts, a 2-year-old locally based, grassroots group that helps families who are struggling with heroin addiction. FAMILIES OF ADDICTS 425 N Findlay St, Dayton, OH 45404 (937) 307-5479 website: www.foafamilies.org/

12/13/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on the Salvation Army. As one of the most well-known and respected non-profit organizations, reps discussed services and programs offered and donating to legitimate and worthy causes. Guests: Maj. Tom Duperree, Area Commander for The Salvation Army in Greater Dayton; Maj. Barb Duperree, Associate Administrator. THE SALVATION ARMY OF GREATER DAYTON 1000 N Keowee St, Dayton, OH 45404 (937) 528-5100 website: www.daytonkroc.com/

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

12/20/15 5:30AM 00:13:19

RADIO HEALTH JOURNAL: SEGMENT 1: The holidays are like no other time in your local hospital's emergency department. Having family in from out of town results in pickup football injuries, carving knife gashes, and maladies that should have been addressed long ago. Heart attacks additionally create a spike in dead-on-arrival cases greater than any other days of the year. Experts discuss why these occur and how to prevent them. Host: Reed Pence. Guests: Dr. Christopher Michos, Connecticut ER physician; Dr. Robert Kloner, Director of Research, Heart Institute, Good Samaritan Hospital, Los Angeles and Prof. of Medicine, keck School of Medicine, Univ. of Southern California; Dr. David Phillips, Prof. of Sociology, Univ. of California at San Diego.

12/20/15 5:30AM 00:07:29

RADIO HEALTH JOURNAL: SEGMENT 2: Traumatic brain injuries, even mild ones, may produce cognitive and personality changes months later, when that "bump on the head" has been forgotten. An expert explains these injuries and how to prevent some of the consequences. Host: Nancy Benson. Guest: Dr. Sandeep Vaishnavi, neuroscientist, Duke Univ. Medical Center, Director, Neuropsychiatric Clinic, Carolina Partners and co-author, The Traumatized Brain: A Family Guide to Understanding Mood, Memory, and Behavior After Brain Injury

12/27/15 5:30AM 00:12:42

RADIO HEALTH JOURNAL: SEGMENT 1: Only about a fifth of people who could use hearing aids have them. Reasons include stigma, high cost, and poor training of people who actually get hearing aids. An audiologist, hearing aid manufacturer, and hearing aid user discuss solving these issues. Host: Reed Pence. Guests: Dr. Mark Hammel, psychologist and hearing aid user; Dr. Cynthia Compton-Conley, Director, Consumer Technology Initiatives, Hearing Loss Assn. of America; Shawn Stahmer, Vice President of Business Development, Sound World Solutions

12/27/15 5:30AM 00:07:16

RADIO HEALTH JOURNAL: SEGMENT 2: Seriously ill teenagers still act like teens in the hospital, sometimes aided and abetted by staff. A novelist discusses her observations from years on the hospital floor with her sick child as the basis for her book. Host: Nancy Benson. Guest: Hollis Seamon, Prof. of English, College of St. Rose, faculty, MFA in Creative Writing program, Fairfield Univ. and author, Somebody Up There Hates You.

12/27/15 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on new healthcare technology available at Reid Hospital in Richmond, IN. Guests discussed the benefits to patients of technology that's been implemented and also touched on the history of the hospital. Guests: Dr.

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

Thomas Huth, Vice President, Medical Affairs, Reid Health and Dr. Hon Vien, Orthopedic Spine Surgeon, Reid Health. REID HEALTH 1100 Reid Parkway, Richmond, IN 47374 (765) 983-3000 website: reidhealth.org/