

# 4<sup>th</sup> Quarter Report

October 1 – December 31, 2016



***WHKO-FM***

## WHKO-FM

**This report contains information that was broadcast on each of the following topics:**

Civic

Culture

Economy

Education

Health/Human Services

**WHKO-FM Shows Listed in Report**

**10/01/16-12/31/16**

Durations listed in Hours:Minutes:Seconds (02:00:00)

View Points (Sunday).....5:00-5:30 a.m.

Radio Health Journal (Sunday).....5:30-6:00 a.m.

Miami Valley Voices (Sunday) .....6:00-6:30 a.m.  
*(Current Issues Produced by the News Department)*

WHIO-TV Reports (Sunday) .....6:30-7:00 a.m.  
*(Current Issues Produced by the News Department)*

**WHKO-FM**  
**News/Traffic/Weather**  
**Scheduled Breaks**

<i>News</i>		<i>Traffic</i>		<i>Weather</i>			
<u>Time</u>	<u>Duration</u>	<u>Time</u>	<u>Duration</u>	<u>Time</u>	<u>Duration</u>	<u>Time</u>	<u>Duration</u>
5:00	01:30	6:15	00:30	5:00	00:20	5:20	00:20
5:30	01:00	6:30	00:30	5:15	00:20	6:20	00:20
6:00	01:30	6:45	00:30	5:30	00:20	7:20	00:20
6:30	01:00	7:00	00:30	5:45	00:20	8:20	00:20
7:00	01:30	7:15	00:30	6:00	00:20	9:20	00:20
7:30	01:00	7:30	00:30	6:15	00:20	10:20	00:20
8:00	01:30	7:45	00:30	6:30	00:20	11:20	00:20
8:30	01:00	8:00	00:30	6:45	00:20		
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				2:20	00:20		
				3:20	00:20		
				4:20	00:20		



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CIVIC ISSUES:

10/02/16 5:00AM 00:10:12

**VIEW POINTS:** SEGMENT 1: Everyone knows about the presidency of Franklin D. Roosevelt, but not many know about the powerful and loyal confidant FDR relied on, Marguerite “Missy” LeHand. Our guest discusses the life and work of this remarkable woman and how she helped and influenced one of the greatest chief executives of our time. Host: Gary Price. Guests: Kathryn Smith, author of *The Gatekeeper: Missy LeHand*, FDR, and the untold story of the partnership that defined a presidency. Compliancy Issues Covered: government, women’s issues, the presidency

10/02/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on the Montgomery County Commissioner’s race on the general election ballot. Four candidates are running for three open seats. The candidates discussed their thoughts and views on why they should be elected. Guests: Cory Frolik, Reporter DDN; Candidates: Robert Matthews Jr. (R), Judy Dodge (D), Gary Leitzell (R), and Debbie Lieberman (D) MONTGOMERY COUNTY 451 W. Third Street P.O. Box 972 Dayton, OH 45422 (937) 225-5802 website: [www.mcoho.org/](http://www.mcoho.org/)

10/09/16 6:00AM 00:29:06

**MIAMI VALLEY VOICES:** Chris Schutte of the Greater Springfield CVB, talks about the “Best of Springfield” awards and what’s happening in Clark County. SPRINGFIELD CONVENTION AND VISITOR’S BUREAU 20 South Limestone Street Suite 100 Springfield, OH 45502 (937) 325-7621 website: [www.greaterspringfield.com/CVB/](http://www.greaterspringfield.com/CVB/)

10/23/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on U.S. Senate candidate Ted Strickland. Strickland discussed his views leading up to the general election and responses to past time in office as governor of the state. Guests: Ted Strickland, Candidate for U.S. Senate (D), OH; Laura Bischoff, Reporter DDN. UNITED STATES SENATE website: <https://www.senate.gov/>

10/30/16 5:00AM 00:11:04

**VIEW POINTS:** SEGMENT 1: We’ve heard a lot about the famous generals and other heroes of the Civil War, but very little has been written about the women who fought as hard as the men for their beliefs. We talk to an author who researched these women, about the jobs they did, how they risked their lives to find and carry intelligence from the enemy to their generals, and even how they used their “feminine wiles”

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to get the information they needed to gain advantage in the war. Host: Gary Price. Guest: Karen Abbott, author of *Liar, Temptress, Soldier, Spy: Four women undercover in the Civil War*. Compliancy Issues Covered: history, military & veterans, women's issues

11/06/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on the presidential race in the final days before the 2016 election. Representatives from the Hillary Clinton and Donald Trump's campaigns discussed issues such as activity in Congress, how the candidates can make good on campaign promises, and various other issues such as immigration, healthcare, and the economy/taxation. Speeches from the candidates themselves were also included to get views directly. Guests: Keith Faber, Senator, 12<sup>th</sup> District OH-Trump campaign; Nan Whaley, Mayor, City of Dayton-Clinton campaign; Lynn Hulse, Reporter, DDN. CITY OF DAYTON 101 W 3rd Street Dayton, Ohio 937-333-4800 website: [www.daytonohio.gov/](http://www.daytonohio.gov/) OHIO SENATE website: [www.ohiosenate.gov/](http://www.ohiosenate.gov/)

11/13/16 5:00AM 00:13:03

**VIEW POINTS:** SEGMENT 1: In 2004, we spoke with activist and former California legislator Tom Hayden who passed away last month. The topics were gangs and violence, how and why young men and women join gangs and how we can stem the violence of these groups and help the young people who belong to them to live better, safer and more productive lives. In these days of continued strife on urban streets, we can still benefit from his hopeful – yet controversial – ideas on the topic. Host: Gary Price. Guests: The late Tom Hayden, former member of The Chicago Seven and California State Senator of 18 years, is author of the book, *Street Wars: Gangs and the future of violence*. Compliancy Issues Covered: African American issues, minorities, violence, law enforcement, poverty, labor

11/13/16 6:00AM 00:29:06

**MIAMI VALLEY VOICES:** Dayton Daily News Politics Editor Anthony Shoemaker talks about the election.

11/13/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on Wright Patterson Air Force Base with General Ellen Pawlikowski. General Pawlikowski discussed technological advances in the Air Force as well as the progress of women. Guests: General Pawlikowski; Commander, Air Force Materiel Command, Wright-Patterson Air Force Base; Barrie Barber, Reporter, DDN. WRIGHT PATTERSON AIR FORCE BASE 5135 Pearson Road, Building 10 Wright-Patterson AFB, OH 45433 website:[www.wpafb.af.mil/](http://www.wpafb.af.mil/)

12/11/16 5:00AM 00:09:59



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**VIEW POINTS:** SEGMENT 2: Most of us have heard the name of Henry Clay, but he's not one of the people we usually remember the way we do George Washington or Thomas Jefferson. Our guest says that Clay was just as important to our nation as the founding fathers, and he discusses the great contributions this Speaker of the House made to keep our country together, fight for justice, and create the foundations of our extensive modern U.S. transportation system. Host: Marty Peterson. Guests: Harlow Giles Unger, author of *Henry Clay: America's Greatest Statesman* and contributor to The Huffington Post  
Compliance Issues Covered: Government, Transportation, War, Law, Slavery, History

12/18/16 5:00AM 00:11:00

**VIEW POINTS:** SEGMENT 1: This year, many families will spend the holidays with family members away, in combat in Iraq and Afghanistan. It's tough being on the battlefield at any time of year, but during Christmas it's especially hard. We talk to a historian and author about one Christmas, in 1944, when American soldiers spent a freezing holiday in the Ardennes forest, fighting for their lives against Hitler's army during the Battle of the Bulge; and how a general's prayers could have been the key to turning the tide in the Allies' favor. Host: Gary Price. Guests: Stanley Weintraub, Evan Pugh Professor Emeritus of Arts & Humanities, Penn State University, and author of "11 Days in December: Christmas at the Bulge, 1944." Compliance Issues Covered: Military, War, Religion, History

CULTURE ISSUES:

**RADIO HEALTH JOURNAL:** SEGMENT 2: Tickling is a unique application of the sense of touch that surprisingly has developmental and cultural importance. Experts discuss the science and sociology of tickling. Host: Nancy Benson. Guests: Dr. David Linden, Prof. of Neuroscience, Johns Hopkins Univ. School of Medicine and author, *Touch: The Science of Hand, Heart and Mind*; Dr. Robert Provine, Prof. of Psychology & Neuroscience, Univ. of Maryland, Baltimore County and author, *Curious Behavior: Yawning, Laughing, Hiccuping, and Beyond*  
Compliance issues covered: science and culture; human development

10/09/16 5:30AM 00:07:42

**VIEW POINTS:** SEGMENT 1: He talks about a few of the places you probably never heard about but which offer unique experiences, educational opportunities and a lot of fun. Host: Gary Price. Guests: Dylan Thuras, co-author of *Atlas Obscura: An explorer's guide to the world's hidden wonders*. Compliance Issues Covered: recreation, art, architecture, travel, history, war, science & technology

10/23/16 5:00AM 00:09:58

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11/20/16 5:00AM 00:11:43

**VIEW POINTS:** SEGMENT 1: The late actor, Jimmy Stewart, gave us some very memorable characters during his time in Hollywood – many very funny; others endearing; and still others dark and villainous. Perhaps Stewart’s most dramatic role was the one that not many people know about, but that molded his life and his psyche – not to mention his acting – for most of his career: fighter pilot in World War II. We talk to an author who delved into Stewart’s war service about how flying missions over Europe and seeing his comrades die affected the actor and his choice of roles and acting style for the rest of his life. Host: Gary Price. Guest: Robert Matzen, author of Mission: Jimmy Stewart and the fight for Europe. Compliancy Issues Covered: military veterans, war, PTSD, movies & the arts, history, technology

11/20/16 6:00AM 00:29:37

**MIAMI VALLEY VOICES:** Sharon Rab, executive director of the Dayton Literary Peace Prizes, on the 11<sup>th</sup> annual event that awards \$10,000 to authors whose books explore non-violence. DAYTON LITERARY PEACE PRIZES P.O. Box 461 Wright Brothers Branch Dayton, OH 45409 (937) 298-5072 website: [daytonliterarypeaceprize.org/](http://daytonliterarypeaceprize.org/)

11/27/16 6:00AM 00:29:06

**MIAMI VALLEY VOICES:** Dayton Visual Arts Center director Eva Buttacavoli, on local arts events. DAYTON VISUAL ARTS CENTER 118 N Jefferson St, Dayton, OH 45402 (937) 224-3822 website: [www.daytonvisualarts.org/](http://www.daytonvisualarts.org/)

12/11/16 6:00AM 00:29:06

**MIAMI VALLEY VOICES:** Katherine Siegworth, new curator at the Dayton Art Institute, on the museum’s current show and upcoming season. DAYTON ART INSTITUTE 456 Belmonte Park N, Dayton, OH 45405 website: [www.daytonartinstitute.org/](http://www.daytonartinstitute.org/)

12/24/16 5:30AM 00:07:31

**RADIO HEALTH JOURNAL:** SEGMENT 2: Some people simply have no rhythm. A small percentage may be "beat deaf," the rhythmic equivalent of tone deafness, and have a biological deficit in their body's timing mechanism. Experts discuss the problem and other body timekeeping clocks that may be affected. NOTE CONTACT POINT CITED: [beat.brams@gmail.com](mailto:beat.brams@gmail.com) Host: Nancy Benson. Guests: Mathieu Dion, Montreal TV reporter who suffers from beat deafness; Dr. Caroline Palmer, Prof. of Psychology, McGill Univ., Montreal. Compliancy issues covered: disabilities; pop psychology



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ECONOMY ISSUES

10/16/16      6:00AM      00:29:30

**MIAMI VALLEY VOICES:** Jeff Opt and Mark Jeffers of the Old Yellow Cab Building in downtown Dayton talk about the non-profit grassroots arts and events space and its impact. OLD YELLOW CAB BUILDING 700 E 4th St, Dayton, OH 45402 (937) 424-3870 website: [www.yellowcabtavern.com/](http://www.yellowcabtavern.com/)

10/30/16      6:30AM      00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on minority owned businesses. Representatives discussed assistance locally for business and financial planning to turn vision into action. Guests: Jeffrey Johnson, Chief of Minority Business Development, Ohio Development Services Agency; Belinda Stenson, Director of Minority Business Partnership, Dayton Chamber of Commerce; Michael Colbert, Assistant County Administrator Development Services, Montgomery County Job and Family Services OHIO DEVELOPMENT SERVICES AGENCY 77 S High St #27, Columbus, OH 43215 (800) 848-1300 website: [development.ohio.gov/](http://development.ohio.gov/) DAYTON AREA CHAMBER OF COMMERCE 22 E 5th St, Dayton, OH 45402 (937) 226-1444 website: [www.daytonchamber.org/](http://www.daytonchamber.org/) MONTGOMERY COUNTY JOB AND FAMILY SERVICES Montgomery County –DJFS 1111 S. Edwin C. Moses Blvd. Dayton, Ohio 45422 937-225-4148 website: [www.mcohio.org/departments/job\\_and\\_family\\_services/](http://www.mcohio.org/departments/job_and_family_services/)

11/13/16      5:30AM      00:12:57

**RADIO HEALTH JOURNAL:** SEGMENT 1: Self-driving cars are being developed more rapidly than most experts thought possible. But even if they're technically possible, can we be assured of their safety? Trust is a major hurdle to adoption of what could be a major step forward in transportation, as experts discuss. Host: Reed Pence. Guests: Dr. Nidhi Kalra, Senior Information Scientists, RAND Corp.; Brandon Schoettle, Project Manager for Sustainable Worldwide Transportation, Univ. of Michigan Transportation Research Inst. Compliance issues covered: traffic and highway safety; transportation; public safety; technology; insurance; ethics; infrastructure

11/20/16      6:30AM      00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on the Bring Your Green Initiative in the Miami Valley. Representatives from local energy companies and the county discuss energy efficiency for customers. The Bring Your Green initiative was a challenge to inspire and promote energy conservation. Different companies that participated won points and badges for reaching milestones as part of the competition. Sustainability was the goal through four categories: energy, water, waste, and employee engagement. Guests: Bob Baird,

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Energy Efficiency Program Manager, Vectren Ohio; Tom Tatham, Strategic Accounts Director, DP&L; Lamees Mubaslat, Director, Dayton Regional Green DAYTON REGIONAL GREEN 451 W 3rd St, Dayton, OH 45422 (937) 225-6423 website: [www.daytonregionalgreen.org/](http://www.daytonregionalgreen.org/)

12/04/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on holiday activities and events for the holiday season. Guests discussed events taking place in Downtown Dayton, Carillon Park and the metroparks. Guests: Val Beerbower, Public Relations & Communications Manager, Downtown Dayton Partnership; Alex Heckman, Director of Education & Museum Operations, Dayton History; Chris Gordy, Historic Farmer, Five Rivers MetroParks. DOWNTOWN DAYTON PARTNERSHIP 10 W 2nd St Suite 611, Dayton, OH 45402 (937) 224-1518 website: [www.downtown-dayton.org/](http://www.downtown-dayton.org/) DAYTON HISTORY 1000 Carillon Blvd Dayton, OH 45409 (937) 293-2841 website: [www.daytonhistory.org/](http://www.daytonhistory.org/) FIVE RIVERS METROPARKS 8300 S Brown School Rd, Vandalia, OH 45377 (937) 898-7466 website: [www.metroparks.org/](http://www.metroparks.org/)

12/11/16 5:00AM 00:11:31

**VIEW POINTS:** SEGMENT 1: The “Wage Gap” has been a persistent topic in America for years and it played a big role in determining the outcome of the recent election. We’re joined by two experts who both agree that closing the wage gap should be a top priority in this country, but who have very different takes on how that can be achieved. We talk governmental regulations, tax codes, charity, and much more in regards to bringing the haves and the have-nots together. Our experts say doing so may just bring a very divided country together before the wedge between the two groups changes America into a very different, and likely very worse-off, place for our children to inherit. Host: Gary Price. Guests: Chuck Collins, website editor for The Institute for Policy Studies and author of the book, *Born on Third Base*. Kyle Hauptman, executive director of the Main Street Growth Project Compliance Issues Covered: US Government, Economics, Politics, Business and Industry

12/18/16 6:00AM 00:29:20

**MIAMI VALLEY VOICES:** Amy Radachi of Rebuilding Together Dayton on how the program works to keep seniors in their homes with repairs and renovations free of charge. REBUILDING TOGETHER DAYTON 30 S Main St, Dayton, OH 45402 (937) 223-4893 website: [www.rtdayton.org/](http://www.rtdayton.org/)

12/24/16 5:00AM 00:11:33

**VIEW POINTS:** SEGMENT 2: : It seems you can’t get away from email spam, Internet scams and companies using your online purchases and web browsing to badger you with shopping opportunities. Every time you sign up for a blog or make a purchase, you are inundated with unwanted – and sometimes dangerous – intrusions into your personal and private information. We talk to a journalist who has tried to erase



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her digital footprint, and an attorney who deals with online privacy about the issue. We discuss ways you can get rid of some third parties who spy on your online activities, learn about better password protection, and find out why we are probably never going to be able to rid ourselves of all snooping in the future. Host: Marty Peterson. Guests: Julia Angwin, award-winning journalist, author of “Dragnet Nation: A quest for privacy, security and freedom in a world of relentless surveillance” William Kling, adjunct professor of law, IIT Chicago-Kent College of Law, clinical assistant professor at the University of Illinois at Chicago School of Public Health  
 Compliancy Issues Covered: Technology, Commerce, Law, Privacy, Internet security, Government

12/24/16 6:00AM 00:29:01

**MIAMI VALLEY VOICES:** Peter Benkendorf of the Collaboratory on new initiatives the networking non-profit is starting in Dayton, including the Dayton Sewing Collaborative. THE COLLABORATORY 33 N Main St, Dayton, OH 45402 (937) 732-5123 website: [daytoncollaboratory.org/](http://daytoncollaboratory.org/)

EDUCATION ISSUES:

10/02/16 6:00AM 00:29:00

**MIAMI VALLEY VOICES:** Robyn Lightcap, executive director of Learn to Earn Dayton, on the third-grade reading challenge for local kids. LEARN TO EARN DAYTON 4801 Springfield Street Dayton, Ohio (937) 222-0410 website: [learntoearndayton.org/](http://learntoearndayton.org/)

10/16/16 5:00AM 00:10:32

**VIEW POINTS:** SEGMENT 2: We hear it all the time – why can’t our kids read better? Our guest has some thoughts on the issue and offers some suggestions to parents, educators and policymakers about how expanding our children’s knowledge base in school will help make them better readers overall. Host: Marty Peterson. Guest: Robert Pondiscio is the Executive Director of the Knowledge Matters Campaign, a senior fellow at the Thomas B. Fordham Institute in Washington, DC, and a former inner-city elementary school teacher. Compliancy Issues Covered: education, government, community activism

10/16/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on the University of Dayton and the research institute. Guests discuss the institute’s 60 year history and work. Guests: John Leland, Vice President of Research, University of Dayton; Allan Casto, Director, UD Research Institute UNIVERSITY OF DAYTON 300 College Park Dayton, OH 45469 937-229-1000 website: <https://udayton.edu/>

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10/30/16 5:30AM 00:07:09

**RADIO HEALTH JOURNAL:** SEGMENT 2: Concussions have prompted many parents to question whether their sons should play high school football. A well known sportswriter and parent who was given nearly unlimited access to a high school team for a year shares the red flags he saw as well as the benefits of playing. Host: Nancy Benson. Guest: Kostya Kennedy, author, *Lasting Impact: One Team, One Season. What Happens When Our Sons Play Football* Compliancy issues covered: youth at risk; parenting issues; public health; sports and society; education

11/06/16 5:00AM 00:11:24

**VIEW POINTS:** SEGMENT 1: The public library system in the U.S. is one of our most cherished community services, yet in these days of government budget cuts, libraries around the country are feeling the pinch of shorter hours, fewer staff and old technology. Our guests discuss why funding and supporting our libraries is a way to raise smarter kids, help residents with social service navigation, boost the economy, and help immigrants become full American citizens. Host: Gary Price. Guests: Dr. Timothy Crist is the president of the Board of Trustees for The Newark Public Library, Newark NJ; Karin Slaughter, internationally bestselling author whose latest novel is titled *The Kept Woman*, founder of Save the Libraries. Compliancy Issues Covered: education, philanthropy, community services, employment, community activism, African American issues, Latino issues

11/27/16 5:00AM 00:11:15

**VIEW POINTS:** SEGMENT 1: Schools are emphasizing science, technology, engineering and math—the STEM subjects. Many people believe science is too technical for kids to understand. We talk to two experts who say children take to science readily if it's presented in the right way by tapping into the “ick factor” that seems to fascinate them. Host: Gary Price. Guests: Chris Martine, David Burpee Prof. of Plant Genetics and Research, Bucknell Univ.; Jessica Garrett, science teacher and co-author, *Oh, Ick! 114 Science Experiments Guaranteed to Gross You Out* Compliancy Issues Covered: education, science and technology; women's issues

11/27/16 5:00AM 00:10:15

**VIEW POINTS:** SEGMENT 2: During the holidays, many parents fret over the materialistic messages their children are exposed to. We talk to a mom and an author who together have created a children's book and game designed to make giving back to others a fun pursuit. Host:



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Marty Peterson. Guests: Sarah Linden and Tyler Knott Gregson, co-authors, *North Pole Ninjas: Mission: Christmas* Compliance Issues  
 Covered: youth at risk; education; children’s psychology; consumerism

12/04/16 5:00AM 00:11:57

**VIEW POINTS:** SEGMENT 1: High school graduates who plan to go on with their education are making plans to head off to college this fall. Not all of them were accepted to the college that was their first choice, and many are disappointed about it. Some young people didn’t get into college at all because they weren’t offered the help they needed to find a college that suited them financially and culturally. We talk to an author and to a high school counselor about the myths surrounding acceptance to an “elite” college, why a small or state school can be a better fit, and how high school counselors can better serve diverse and often financially strapped students. Host: Gary Price. Guests: Frank Bruni, columnist for The New York Times, author of the book, *Where You Go Is Not Who’ll You’ll Be: An antidote to the college admissions mania*; Joshua Steckel, counselor at a high school in Brooklyn, NY, co-author of the book, *Hold Fast to Dreams*. Compliance Issues  
 Covered: Education, Family, Employment, Social Issues

12/24/16 5:30AM 00:12:20

**RADIO HEALTH JOURNAL:** SEGMENT1: Many people feel that gifted children don’t need any help because they’re so talented. But many gifted kids are so bored in school they become disruptive and do poorly, so they’re not identified and their need for a challenge isn’t met. Other gifted children have disabilities, such as learning disabilities, that are not identified because they are masked by their gifts. Experts discuss how to meet the needs of these children educationally and emotionally. Host: Reed Pence. Guests: Dr. James Webb, clinical psychologist, President, Great Potential Press and founder, Supporting Emotional Needs of the Gifted; Megan Foley Nicpon, Assoc. Prof of Counseling Psychology, University of Iowa and Assoc. Director for Research and Clinic, Belin-Blank Center; Jen Merrill, mother of two twice exceptional children and author, *If This Is A Gift, Can I Send It Back?* Compliance issues covered: education; children at risk; disabilities; mental health

12/24/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on the exploration of religion. Guests discussed the state of religious affiliation currently in the Miami Valley and in the nation. Research has shown that religious affiliation is on the rise, however, Millennials were discussed as not buying into religion and religious institutions in the traditional sense. There’s still interest in spiritually and exploration of religious identity. Guests: Sandra Yocum, associate professor of religious studies, University of Dayton; Dr. Dan DeWitt, director of the

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Center for Biblical Apologetics and Public Christianity, Cedarville University; Dr. Ava Chamberlain, chair of Religion, Philosophy, and Classics, Wright State University. UNIVERSITY OF DAYTON 300 College Park, Dayton, OH 45469 937-229-1000 website: <https://udayton.edu/> WRIGHT STATE UNIVERSITY 3640 Colonel Glenn Hwy, Dayton, OH 45431 (937) 775-3333 website: <https://www.wright.edu/> CEDARVILLE UNIVERSITY 251 N Main St, Cedarville, OH 45314 1-937-766-7700 website: <https://www.cedarville.edu/>

HEALTH/HUMAN SERVICES

10/02/16 5:00AM 00:11:26

**VIEW POINTS:** SEGMENT 2: Urban gardens are popping up all over the country, and they've provided "food desert" communities with fresh fruits and vegetables for their residents' tables as well as taught urban dwellers to put abandoned plots of land to good use. But have you ever heard of an "urban farm"? Our guests talk about both of these projects and describe why they provide hope and employment for people in need as well as educational opportunities to students and residents. Host: Marty Peterson. Guests: Michael Ableman, co-founder and director of Sole Food Street Farms in Vancouver, BC, and author of the book, *Street Farm: Growing food, jobs and hope on the urban frontier*; Deirdre Bradley-Turner, director of Community Service and Service Learning at Emmanuel College, Boston, which is part of the Mission and Ministry Office at the college. Compliance Issues Covered: agriculture, controlled substances, mental health, poverty, community activism, education

10/02/16 5:30AM 00:11:47

**RADIO HEALTH JOURNAL:** SEGMENT 1: Police confrontations with mentally ill subjects can quickly turn tragic, as neither side may understand the other. Specially trained crisis intervention teams have spread around the country to prevent deaths, injuries, and unnecessary incarceration. Experts discuss how CIT works. Host: Reed Pence. Guests: Laura Usher, Crisis Intervention Team Program Manager, National Alliance on Mental Illness (NAMI); Mary Neal, Director and co-founder, Assistance to the Incarcerated Mentally Ill; Dr. Randolph DuPont, clinical psychologist and Prof. of Criminal Justice, Univ. of Memphis; Sam Cochran, Major, Memphis Police Dept. (retired) and Project Coordinator, Univ. of Memphis CIT Center. Compliance issues covered: public safety; mental illness; police and criminal justice; police brutality; education; community activism; prisons

10/02/16 5:30AM 00:07:14

**RADIO HEALTH JOURNAL:** SEGMENT 2: Thanks in part to its Biblical past, the disfiguring disease leprosy carries more stigma than most diseases. We hear little about it today, but it still exists, and because it's now treatable, often the stigma is worse than the disease. An expert



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discusses. Host: Nancy Benson. Guests: Dr. David Scollard, Director, National Hansen’s Disease Program  
Compliance issues covered: health care; public health

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**VIEW POINTS:** SEGMENT 1: When we think of scientists, most of us think of college graduates working in laboratories on very important projects for the government or large corporations. Not many of us think of the retired bricklayer next door who likes to garden, or the 10-year-old girl who is fascinated by birds. We talk to two “citizen scientist” advocates about the importance of having average citizens be the eyes and ears of large research projects, and how anyone can find a science project they can help advance in the world. Host: Gary Price. Guests: Mary Ellen Hannibal, author of the book *Citizen Scientist: Searching for heroes and hope in an age of extinction*; Geoff LeBaron is the director of the Audubon Society’s annual Christmas Bird Count. Compliance Issues Covered: nature, science, technology, public service, environment

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**VIEW POINTS:** SEGMENT 2: Natural disasters such as floods, wildfires and tornados can devastate a community, cause widespread health concerns and push families out of their homes. We’re all concerned that the humans caught in these circumstances are taken care of, but what about the pets that live in the area? How can we help them survive and stay with their human caretakers? We talk to a Humane Society spokesperson who has seen his share of disasters about keeping your pets safe and secure during a catastrophe. Host: Marty Peterson. Guest: Jeff Dorson, Executive Director of the Humane Society of Louisiana  
Compliance Issues Covered: natural disasters, animal welfare, public safety, community activism

10/09/16 5:30AM 00:11:18

**RADIO HEALTH JOURNAL:** SEGMENT 1: People who are adopted have more psychological problems than others, yet they also tend to have other psychological strengths. Experts, both themselves also adoptees, discuss the roots and outcomes of these issues as adopted children grow up. Host: Reed Pence. Guests: Dr. Stephen Betchen, Clinical Asst. Prof. of Psychology, Thomas Jefferson Univ., Sr. Supervisor, Council for Relationships and author, *Magnetic Partners*; Dr. Joyce Maguire Pavao, adoption consultant and Lecturer in Psychiatry, Harvard Medical School

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10/09/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on domestic violence awareness. Representatives from two local non-profit organizations, Artemis Center and the YWCA, discussed their missions and dedication to helping women and families dealing with domestic violence and the resources available. Guests: Jane Keiffer, Interim Executive Director, Artemis Center; Lori Halley, Director of Marketing and Development; Shannon Isom, CEO, YWCA DAYTON ARTEMIS CENTER 310 W Monument Ave, Dayton, OH 45402 (937) 461-5091 website: www.artemiscenter.org/ YWCA DAYTON 141 W 3rd St, Dayton, OH 45402 (937) 461-5550 website: www.ywcadayton.org/

10/16/16 5:00AM 00:11:02

**VIEW POINTS:** SEGMENT 1: Halloween is coming up, and just about everyone likes to be scared on that day. It's fun and it can help heighten the excitement of the holiday. However, there are some people who have fear in their lives that isn't much fun – those who are facing big changes, uncertainties and loss. Our guests talk about how fear affects our lives and how it can be decreased or eliminated by perseverance, positive thinking and compassion. Host: Gary Price. Guests: Brad and Kasey Wallis, co-founders of "Expand With Julius," a private coaching and workshop firm. Compliancy Issues Covered: mental health, occupational training, internet & social media

10/16/16 5:30AM 00:11:49

**RADIO HEALTH JOURNAL:** SEGMENT 1: Genetic testing is now available to consumers to satisfy a variety of desires—tracing heritage, gauging risk of inherited diseases in children, and screening for disease. However, risks come with what doctors say is incomplete knowledge. Experts discuss uses, risks, and future of consumer genetic testing. Host: Reed Pence. Guests: Dr. David Balding, Prof. of Statistical Genetics, Univ. of Melbourne and University College, London; Dr. Wayne Grody, Prof. of Pediatrics, UCLA School of Medicine; Dr. Steven Monroe Lipkin, Pro. Of Medicine, Weill Cornell College of Medicine and author, *The Age of Genomes*; Dr. Gerald Feldman, Prof. of Pediatrics, Pathology and Molecular Genetics in Medicine, Wayne State Univ. School of Medicine and President, American College of Medical Genetics and Genomics. Compliancy issues covered: consumerism; health care; public health; technology and society

10/16/16 5:30AM 00:07:07

**RADIO HEALTH JOURNAL:** SEGMENT 2: Research is showing that a remarkably high proportion of homeless men have suffered a traumatic brain injury in the past, raising the possibility that TBIs may cause behaviors directly leading to homelessness. Experts discuss their research. Host: Nancy Benson. Guests: Dr. Jane Topolovec-Vranic, Associate Scientist, St. Michael's Hospital, Toronto, and Asst. Prof.



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of Occupational Science, Univ. of Toronto; Dr. Steven Hwang, Director, Center for Urban Health Solutions, St. Michael's Hospital, Toronto, and Prof. of Medicine, Univ. of Toronto  
 Compliancy issues covered: homelessness; poverty; health care; rehabilitation; prevention

10/23/16 5:00AM 00:11:36

**VIEW POINTS:** SEGMENT 2: Raising kids these days isn't easy. Parents have expectations for their children that often don't jibe with who the child is and his or her temperament -- and that can lead to problems with behavior that disrupt family life, and end up being counterproductive for the child. We talk to a psychologist about why kids behave the way they do in certain situations, and offer strategies for dealing with a child that can help them grow more responsible and independent. Host: Marty Peterson. Guests: Dr. Ross Greene, a psychologist at Virginia Tech University and founding director of the non-profit organization "Lives in the Balance." He's also the author of the book, *Raising Human Beings: Creating a collaborative partnership with your child*. Compliancy Issues Covered: children and family issues, education, psychology and mental health

10/23/16 5:30AM 00:12:00

**RADIO HEALTH JOURNAL:** SEGMENT 1: A new survey shows more pediatricians are experiencing vaccination refusal among patients, and while the reasons are evolving, they still often result from misinformation. An increasing proportion of doctors are kicking these families out of their practices if they can't change minds and behavior, but is that ethical? Whose rights are paramount—the unvaccinated child or the rest of the practice? Experts discuss. Host: Reed Pence. Guests: Dr. Kathryn Edwards, Prof. of Pediatrics, Vanderbilt Univ. and member, Committee on Infectious Diseases, American Academy of Pediatrics; Dr. Nathan Boonstra, pediatrician, Blank Children's Hospital, Des Moines, IA; Dr. Art Caplan, Director, Division of Medical Ethics, Langone Medical School and Co-Director, Project on Vaccine Ethics and Policy, New York Univ. Compliancy issues covered: youth at risk; consumerism; health care; public health; ethics; parenting issues; state government regulation

10/23/16 5:30AM 00:6:59

**RADIO HEALTH JOURNAL:** SEGMENT 2: During the Halloween season, many people seek out frightening experiences. This controlled fear has a psychological and developmental purpose, as an expert explains. Host: Nancy Benson. Guest: Margee Kerr, Prof. of Sociology, Univ. of Pittsburgh and author, *Scream: Chilling Adventures and the Science of Fear* Compliancy issues covered: pop culture and society; psychology; growth and development

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10/23/16 6:00AM 00:29:03

**MIAMI VALLEY VOICES:** Katie Neubert and Allyn Conway of Prevent Blindness talk about the organization and efforts to fight vision problems in kids, seniors. PREVENT BLINDNESS 313 S Jefferson St, Dayton, OH 45402 (937) 223-8766 website: <https://ohio.preventblindness.org/>

10/30/16 5:00AM 00:10:36

**VIEW POINTS:** SEGMENT 2: Kids are always on their phones, tablets or computers – even when they’re sitting across from one another at the lunch table! Does communicating via screens hurt kids? We talk to two researchers who found that too much screen time at the cost of face-to-face communication could decrease our ability to recognize emotions, and possibly even shorten our lives. Host: Marty Peterson. Guests: Patricia Greenfield, Distinguished Prof. of Psychology, UCLA, Dir. of the Children’s Digital Media Center, Los Angeles, CA; Susan Pinker, psychologist, journalist, author of *The Village Effect: How face-to-face contact can make us healthier, happier and smarter*. Compliancy Issues Covered: technology, children’s issues, seniors’ issues, mental & physical health, education

10/30/16 5:30AM 00:12:00

**RADIO HEALTH JOURNAL:** SEGMENT 1: Lupus results when the immune system turns on the body, producing inflammatory attacks on virtually any organ. A minority of patients have lupus only on the skin, and while this is not life threatening, it can still be psychologically devastating. Experts discuss. Host: Reed Pence. Guests: Dr. Christopher Hansen, Asst. Prof. of Dermatology, Univ. of Utah; Dr. Victoria Werth, Prof. of Dermatology, Univ. of Pennsylvania & Chief, Dermatology Section, Philadelphia VA Medical Center; Dr. Betty Diamond, Investigator, Finestein Institute for Medical Research Compliancy issues covered: health care; consumerism; technology

10/30/16 6:00AM 00:28:54

**MIAMI VALLEY VOICES:** Cathy Ponitz, CareSource Foundation, talks about the Poverty Simulation program created by ThinkTank of Springfield, designed to help people understand poverty issues. CARESOURCE FOUNDATION website: <https://www.caresource.com/about-us/corporate-information/caresource-foundation/>

11/06/16 5:00AM 00:10:13

**VIEWPOINTS:** SEGMENT 2: Bullying and shaming are two of the most damaging activities kids – and many adults – face today. One of our guests discusses the psychological ramifications of bullying and the other relates her own experience as an unwed teen in the 1970s, and how the shame of that incident and the support she received from other young women in the same situation made her stronger and more



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compassionate to others. Host: Marty Peterson. Guests: Dr. Frank Farley, Professor of Educational Psychology at Temple University in Philadelphia, PA; Liz Pryor, author of *Look At You Now: My journey from shame to strength*. Compliancy Issues Covered: bullying, teen pregnancy, technology/internet, mental health, juvenile justice, family issues, poverty

11/06/16 5:30AM 00:11:49

**RADIO HEALTH JOURNAL:** SEGMENT 1: Skyrocketing drug overdose deaths are adding to the supply of transplantable organs. Contrary to the beliefs of many—and their designation as “high risk” donors--these are often high quality organs from youthful people. Even organs carrying disease that never would have been acceptable before are now able to be used if recipients accept them. Experts explain. Host: Reed Pence. Guests: Dr. Michael Porayko, Chief of Hepatology and Prof. of Medicine, Vanderbilt Univ. Medical Center; Dr. David Klassen, Chief Medical Officer, United Network for Organ Sharing Compliancy issues covered: health care; ethics; HIV and AIDS; public health; consumerism

11/06/16 5:30AM 00:06:58

**RADIO HEALTH JOURNAL:** SEGMENT 2: Virtually all animals with a backbone yawn, but scientists don't know what purpose it serves or why yawns are so contagious. Experts discuss what's known and what's behind a yawn. Host: Nancy Benson. Guests: Dr. Robert Provine, Prof. of Psychology, Univ. of Maryland-Baltimore County and author, *Curious Behavior: Yawning, Laughing, Hiccuping and Beyond*; Dr. Andrew Gallup, Asst. Prof. of Psychology, SUNY Oneonta. Compliancy issues covered: health; pop culture

11/06/16 6:00AM 00:28:50

**MIAMI VALLEY VOICES:** Jill Kingston, executive director of Brigid's Path, on the new program to treat babies born with opioid and heroin addition, and their families. BRIGID'S PATH 3601 S Dixie Dr, Kettering, OH 45439 (937) 350-1785 website: <https://brigidspath.org/>

11/13/16 5:00AM 00:08:30

**VIEW POINTS:** SEGMENT 1: Does working crossword puzzles, Sudoku, and playing other games help prevent Alzheimer's and dementia? Why does time seem to crawl when we're young and speed up as we age? Does multitasking really help us get more done? We talk to a psychologist and author about these popular ideas and get the real story about how our minds can sometimes trick us into thinking things that really aren't true. Host: Marty Peterson. Guests: Bob Duke, professor at the University of Texas-Austin, and an expert on music and human learning. He and his co-author, Art Markman, are also the co-hosts of the popular podcast “Two Guys on Your Head.” Their book is

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titled *Brain Briefs: Answers to the most (and least) pressing questions about your mind*. Compliancy Issues Covered: popular culture, mental health, aging, work

11/13/16 5:30AM 00:06:58

**RADIO HEALTH JOURNAL:** SEGMENT 2: A woman who suffered severe abuse as a child describes the mental health benefits of owning a dog, and an expert on the Americans with Disabilities Act discusses requirements for emotional support animals. Host: Nancy Benson. Guests: Julie Barton, author, *Dog Medicine: The Unbreakable Bond Between One Woman and the Dog That Saved Her Life*; Vinh Nguyen, Project Director, Southwest ADA Center at TIRR Memorial Hermann, Houston. Compliancy issues covered: disabilities; mental health issues; pets and people; housing issues

11/20/16 5:00AM 00:09:51

**VIEW POINTS:** SEGMENT 2: In about six weeks, people will be celebrating the New Year and many of them will be resolving to change something in their lives – the ubiquitous “New Year’s Resolution.” We talk to a behavior specialist and coach about how bad habits are created and why. She also gives us some ways to help give those resolutions some staying power for the year ahead. Host: Marty Peterson. Guest: M.J. Ryan is a resolution maker and an internationally-recognized expert on change and human fulfillment, author of the book, *Habit Changers; 81 game-changing mantras to mindfully realize your goals*. Compliancy Issues Covered: psychology & human behavior, business & entrepreneurs

11/20/16 5:30AM 00:11:55

**RADIO HEALTH JOURNAL:** SEGMENT 1: Doctors have often been advised to avoid emotions regarding patients in order to keep their decisions objective. However, this has led many patients to believe doctors don't care about them. A new movement in medicine seeks to reverse the trend and put compassion back in medicine, led by a "Healer's Art" class in many medical schools. Experts who teach the class explain. Host: Reed Pence. Guests: Dr. Joseph O'Donnell, Prof. of Medicine and Psychiatry, Geisel School of Medicine, Dartmouth College; Dr. Dean Parmelee, Prof. of Psychiatry and Pediatrics, Wright State Univ. Boomshoft School of Medicine. Compliancy issues covered: education; health care; legal system

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**RADIO HEALTH JOURNAL: SEGMENT 2:** A variety of liver diseases may cause test results that mimic alcohol-related cirrhosis. One, known as PBC, is the second largest reason for liver transplants in women. A patient and an expert discuss. Host: Nancy Benson. Guests: Ally Roberson, PBC patient; Dr. John Vierling, Prof. of Medicine and Surgery and Chief of Hepatology, Baylor College of Medicine  
Compliance issues covered: health care; alcoholism and substance abuse

11/27/16 5:30AM 00:12:03

**RADIO HEALTH JOURNAL: SEGMENT 1:** Doctors have long known that people feel depressed when they're ill with a cold or the flu. But it may be more than simply feeling bad. Inflammation, which is part of many illnesses and infections, has been found in brain cells and is being implicated as a cause of depression., one of the world's most debilitating disorders. This creates the possibility of treatment with anti-inflammatory medications. Experts on the frontlines of this research discuss. Host: Reed Pence. Guests: Dr. Ed Bullmore, Prof. of Psychiatry, Univ. of Cambridge; Dr. Jeffrey Meyer, Director, Neurochemical Imaging Program, Center for Addiction and Mental Health and Prof. of Psychiatry, Univ. of Toronto  
Compliance issues covered: health care; mental health; consumerism; disability

11/27/16 5:30AM 00:06:54

**RADIO HEALTH JOURNAL: SEGMENT 2:** Patients who have bariatric surgery stand to lose not only lots of weight but often an identity and way of life as an obese person, which changes many of their relationships. Experts discuss these changes and means of coping with them Host: Nancy Benson. Guests: Dr. Adam Crane, psychologist, Kane Center for Advanced Surgical Weight Solutions and Suburban Surgical Care Specialists, Hoffman Estates, IL; Dr. Nick Nicholson, Medical Director, Nicholson Clinic for Weight Loss Surgery, Plano, TX  
Compliance issues covered: health care; psychology; obesity; mental health; consumerism

11/27/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on the annual Valley Food Relief campaign. The Dayton Foodbank benefits from the campaign that provides food to those in need in the Miami Valley. Guests discussed food hardship locally including among military veterans, seniors and children. Guests: Michelle Riley, CEO, The Dayton Foodbank; Tony Hall, Hunger Ambassador. DAYTON FOODBANK 56 Armor Pl, Dayton, OH 45417 (937) 461-0265 website: <https://thefoodbankdayton.org/>

12/04/16 5:00AM 00:09:34

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**VIEWPOINTS:** SEGMENT 2: With Thanksgiving over, it's time to start looking toward our December holiday parties and the meals that come with them. Author Julia Turshen joins the show to talk about her tips and tricks to make those Christmas and Hanukah dinner a little less daunting. With advice on dressings, sides, desserts and more, Turshen breaks down some basic techniques to make great food with little experience. Host: Marty Peterson. Guests: Julia Turshen, author of Small Victories: Recipes, Advice + Hundreds of Ideas for Home Cooking Triumphs  
Compliance Issues Covered: Family, Food & Nutrition

12/04/16 5:30AM 00:11:41

**RADIO HEALTH JOURNAL:** SEGMENT 1: Average life expectancy in the US is increasing, but among lower income people it is not, and the lifespan gap between rich and poor is increasing. Even middle class people have shorter lifespans than the rich. Experts discuss how a large income buys extra years of life, and why a lower income produces barriers to a longer life. Host: Reed Pence. Guests: Dr. David Kindig, Emeritus Prof. of Population Health Sciences, Univ. of Wisconsin-Madison; Dr. Michael Reisch, Daniel Thursz Distinguished Prof. of Social Justice, Univ. of Maryland  
Compliance issues covered: public health; economics; poverty; youth at risk; employment; worker safety; health care; consumerism

12/04/16 5:30AM 00:08:03

**RADIO HEALTH JOURNAL:** SEGMENT 2: Children with serious chronic diseases often have a tough time transitioning from pediatric care, which has much support built in, to adult care, which has to be managed by the patient. Experts discuss how parents can make it easier with a gradual transition. Host: Nancy Benson. Guests: Dr. Maria Ferris, pediatric nephrologist and Assoc. Prof. of Pediatrics and Medicine, Univ. of North Carolina-Chapel Hill; Dr. Miranda Van Tilburg, gastroenterologist and hematologist and Assoc. Prof. of Medicine, Univ. of North Carolina-Chapel Hill  
Compliance issues covered: health care; youth at risk; parenting issues

12/04/16 6:00AM 00:28:50

**MIAMI VALLEY VOICES:** Michelle Riley of the FoodBank on local hunger and the Valley Food Relief campaign underway. DAYTON  
FOODBANK 56 Armor Pl, Dayton, OH 45417 (937) 461-0265 website: <https://thefoodbankdayton.org/>

12/11/16 5:30AM 00:12:14

**RADIO HEALTH JOURNAL:** SEGMENT 1: Drug and alcohol addiction and abuse is rising. Researchers have found that "fear mongering" educational efforts to combat it in adolescents doesn't work. New science has discovered that certain personality types are predictably



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predisposed to addiction risk, and that educational efforts can be targeted to them effectively. Experts discuss. Host: Reed Pence. Guests: Dr. Natalie Castellanos Ryan, Asst. Prof. of Psychoeducation, Univ. of Montreal; Maia Szalavitz, author, *Unbroken Brain: A Revolutionary New Way of Understanding Addiction* Compliance issues covered: public health; drugs; drug and alcohol addiction; youth at risk; education; police and law enforcement; mental illness

12/11/16 5:30AM 00:07:47

**RADIO HEALTH JOURNAL:** SEGMENT 2: Advancements in genetic science are often clouded in ethical controversy. Experts discuss a new platform where scientists and public can debate it, and from which education can be disseminated. Host: Nancy Benson. Guests: Dr. Ting Wu, Prof. of Genetics, Harvard Medical School Compliance issues covered: health care; technology; ethics; education; religion

12/11/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on the Affordable Care Act and the future of the bill with a new administration coming into the White House. Guests discussed the possibilities of changes or repeal. One guest discussed the fear patients are expressing at the possibility of losing health care all together such as those with pre-existing conditions. The Affordable Care Act provided insurance to approximately 20 million Americans that did not previously have coverage. Guests discussed what currently works well and what could potentially be repealed or replaced by the new administration. Guests: Jon Allison, Executive Vice President, Business Development & Integration, CareSource; Dr. Tanisha Richmond, Founder, Richmond Foot & Ankle Clinic, LLC; Randy Tucker, Reporter, DDN

12/18/16 5:00AM 00:10:39

**VIEWPOINTS:** SEGMENT 2: Hearing voices in your head comes with an unfortunate stereotype that you must be mentally ill. However, experts tell us the “voices in your head” can be used to talk to, and about, yourself in a healthy, productive way. In fact, most people hear voices in their head and already use inner speech on a daily basis. We discuss tips and techniques to use “self-talk” as a way to get yourself through tough decisions and lower stress. Host: Marty Peterson. Guests: Dr. Charles Fernyhough, author of “The Voices Within: The History and Science of How We Talk to Ourselves.” Dr. Ethan Kross, Professor of Psychology at the University of Michigan. Compliance Issues Covered: Psychology, Mental health, Self-help, Science

12/18/16 5:30AM 00:14:13

**RADIO HEALTH JOURNAL:** SEGMENT 1: The incoming Trump Administration and Congressional Republicans have made “repeal and replacement” of the Affordable Care Act one of their primary goals. But there are many options in how it might be replaced, and some

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popular aspects of Obamacare will likely remain. Experts discuss likely scenarios and how they would affect Medicaid, Medicare, insurance exchanges and the overall market. Host: Reed Pence. Guests: Ed Haislmeier, Senior Research Fellow in Health Policy, Heritage Foundation; Dr. Paul Ginsburg, Leonard Schaeffer Chair in Health Policy Studies, Brookings Institution and Prof. of Health Policy, Univ. of Southern California  
 Compliancy issues covered: public health; health care and health policy; federal government, regulation and politics; state government; unemployment; Medicaid and Medicare; economics; insurance; privatization

12/18/16 6:30AM 00:24:30

**WHIO REPORTS:** This edition of WHIO Reports focused on the Salvation Army. Local representatives discussed the mission of the organization, donations for the holiday season through the annual Red Kettle campaign and programs that will benefit from the contributions. Guests: Major Stanley Senak, Salvation Army and Lt. Felix Padilla, Salvation Army SALVATION ARMY 1000 N Keowee St, Dayton, OH 45404 (937) 528-5100 website: [kroc.salvationarmy.org/](http://kroc.salvationarmy.org/)

12/24/16 5:00AM 00:10:09

**VIEWPOINTS:** SEGMENT 1: The holidays, with their family gatherings, crowded shopping malls and unpredictable weather, are a time of stress for many people. We talk to two stress specialists about tips and tricks to help you calm down a bit during this hectic time of year and also prevent undue stress at other times. Host: Gary Price. Guests: Dr. Mary Lamia, clinical psychology and psychoanalyst in private practice in Marin County, CA; Paul Huljich, author of "Stress Pandemic: 9 natural steps to survive, master stress and live well"  
 Compliancy Issues Covered: Addiction, Mental Health, Family Issues, Diet & Nutrition

12/24/16 5:30AM 00:10:47

**RADIO HEALTH JOURNAL:** SEGMENT 2: Rich people receive deference that the rest of us don't, but how much can they get away with? Some young criminals have escaped jail by claiming "affluenza:" their wealthy parents instilled no moral compass, so they believed they could do anything without consequence. Host: Nancy Benson. Guests: Dr. Suniya Luthar, Foundation Prof. of Psychology, Arizona State Univ. and Prof. Emerita, Columbia Univ. Teachers College; Maia Szalavitz, co-author, *Born for Love: Why Empathy is Essential and Endangered*  
 Compliancy issues covered: youth at risk; mental health; law and crime; ethics