

3rd Quarter Report
July 1st – September 30th, 2023



WHKO-FM Dayton, Ohio
CMG Radio Operating Company, LLC

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WHKO-FM

This report contains information that was broadcasted on each of the following topics:

Public Health and Mental Health Issues

Consumer Benefits and Public Safety

Environment

Culture, Ethics, and Public Awareness

Politics, Economy, and Finance

Education, History, Science, and Tech

WHKO-FM Shows Listed in Report

7/1/2023 – 9/30/2023

**All durations listed within report are approximate.
Durations listed in Hours: Minutes: Seconds (i.e. 01:20:00)**

Viewpoints (Sunday).....	5:00 – 5:30 AM
Radio Health Journal (Sunday).....	5:30 – 6:00 AM

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC HEALTH AND MENTAL HEALTH ISSUES			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "WILL HORMONAL CONTRACEPTIVES WORSEN YOUR AUTOIMMUNE DISEASE?": Of the 24 million Americans with autoimmune diseases, about 80% are women. A 2020 paper in the American Journal of Nursing estimates that nearly 90% of women who could become pregnant but don't want to use contraception – which may worsen a preexisting disease. Our experts explain what to do if you fall into this category and how to safely use hormonal contraceptives. How many Daytonians are a part of this statistics?</p>	7/2/2023	5:30 AM	00:12:27
<p>VIEWPOINTS, SEGMENT 2, ""YOU NEED TO LOSE WEIGHT OR YOU'RE GOING TO DIE": WHAT ONE MAN DID NEXT": When you imagine who's a runner – who do you picture? Most Americans would describe a person who's lean, muscled, and fits into a certain body type category. Martinus Evans, runner, author & founder of the Slow A-F Run Club, is hoping to break this way of thinking. He argues that anyone – at any body size – can be a consistent runner. Evans shares his story of how he got into running and embodies his own mantra as a 300-pound-man who's run eight marathons. Can our Dayton audience relate to this success story?</p>	7/2/2023	5:00 AM	00:09:36
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "HOW CAN WE SAVE INFANTS FROM THE EFFECTS OF OPIOID ADDICTION?": Though we've known about neonatal opioid withdrawal syndrome (NOWS) since the 1970s, there has never been a standard treatment plan across all hospitals. In fact, the scale that's used to determine a diagnosis is complicated and outdated. Experts discuss a promising new treatment approach and how to fix the root cause of NOWS. With Dayton, OH once being the opioid capital of the nation, this episode would be relevant for the local audience.</p>	7/9/2023	5:30 AM	00:10:08

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC HEALTH AND MENTAL HEALTH ISSUES			
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "IS PSYCHEDELIC THERAPY THE FUTURE OF MENTAL HEALTH TREATMENT?": Compass Pathways is leading the charge for psychedelic therapy. The research is currently in stage three trials and is expected to receive FDA approval in the next few years. An expert explains how the treatment works and if the therapy will be covered by insurance.</p>	7/16/2023	5:30 AM	00:09:12
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "ARE YOU PROTECTED FROM TICK-BORNE DISEASES?": Summer is a season of activities, but it's also the favorite season of blood-sucking bugs like ticks. Do you know how to best protect yourself, your family, and your pets? Dr. Bobbi Pritt explains which repellants are worth your money, and the most effective way to remove a tick to avoid diseases. With exploring the greater outdoors being a popular Miami Valley summer activity, this episode would be relevant for the local audience.</p>	7/23/2023	5:30 AM	00:07:03
<p>RADIO HEALTH JOURNAL. SEGMENT 2, "HIGH-RISK PREGNANCY? BED REST MAY NOT BE THE ANSWER": Bed rest is one of the most common interventions prescribed for high-risk pregnancies, but does it work? There's no research that proves bed rest prevents preterm labor, however multiple studies show that this intervention harms a woman's physical and mental health. Our experts break down the evidence and explain alternative interventions. A pertinent episode for young Dayton families.</p>	7/30/2023	5:30 AM	00:08:36

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC HEALTH AND MENTAL HEALTH ISSUES			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "HIDDEN HEART DISEASE: WHAT MAKES A HEALTHY, 33-YEAR-OLD HAVE A STROKE?": Bicuspid Aortic Valve is a rare heart condition that’s twice as likely to affect men. While it can be easily managed on its own, BAV can lead to hidden, secondary conditions that may cause heart malfunction. An expert explains the signs and symptoms to watch out for, and what to do if you’re diagnosed with BAV. What our Dayton listeners need to watch for.</p>	8/6/2023	5:30 AM	00:10:48
<p>VIEWPOINTS, SEGMENT 2, "FEELING DISTRACTED & DISCONNECTED? HERE’S HOW TO SLOW DOWN": In 2012, researchers at the University of California-Irvine estimated that the average human’s attention span was around seventy-five seconds. In recent years, this number has dropped to forty-seven seconds. What’s leading to this continuing decline in our attention spans? We speak with one mindfulness expert to get some tips on how people can slow down, increase their focus, and feel less chronically stressed. An absorbing episode for our Miami Valley listeners.</p>	8/13/2023	5:00 AM	00:08:29
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "SICKLE CELL DISEASE: AN EVOLUTIONARY PROTECTION TURNED DEADLY": Sickle cell disease is the most common genetic disease in America. Red blood cells become crescent-shaped and die much earlier than healthy cells. Oddly enough, the cause of this disease stems from an evolutionary advantage against malaria. Our experts explain the health and financial burdens of sickle cell disease.</p>	8/27/2023	5:30 AM	00:11:27

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC HEALTH AND MENTAL HEALTH ISSUES			
<p>VIEWPOINTS, SEGMENT 1, "‘NEVER GOOD ENOUGH’: A RISE IN MENTAL HEALTH ISSUES AMONG ADOLESCENTS": With summer break over and millions of students back in school, it’s a good time to talk about the importance of mental health. After all, adolescents today face an excessive number of demands both in and outside of the classroom. This week on Viewpoints - We speak with author Jennifer Breheny Wallace about the importance of sharing how a person’s value should never be linked to their performance.</p>	8/27/2023	5:00 AM	00:07:31
<p>RADIO HEALTH JOURNAL. SEGMENT 2, "IS THERE SUCH THING AS A ‘SAFE’ AMOUNT OF CAFFEINE FOR TEENS?": Energy drinks have only gotten more popular since their creation in 1949. Today, many products market to younger audiences through sweet flavors like ‘tropical punch’ or ‘blue raspberry’ that contain up to 200 milligrams of caffeine. Doctor Holly Benjamin, a professor of pediatrics, discusses the dangers of adolescents consuming high amounts of caffeine. A relevant episode for the Miami Valley parents and caregivers of teens.</p>	9/3/2023	5:30 AM	00:08:36
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "CAN WE FIX OUR HEALTHCARE SYSTEM WITHOUT STARTING FROM SCRATCH?": America’s healthcare system is full of patchwork legislation. Some experts say we should keep pushing forward with the status quo, while others want to completely rebuild from the ground up. And though many universal healthcare proposals skew more toward left-wing politics, Dr. Amy Finkelstein, a professor of economics, has a plan that aims to please both sides of the political divide. An deeper look into the issue for our Dayton audience.</p>	9/10/2023	5:30 AM	00:10:05

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC HEALTH AND MENTAL HEALTH ISSUES			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "WHY FERTILITY PRESERVATION IS CRUCIAL FOR CANCER PATIENTS": A cancer diagnosis is often life changing, but many people don't realize that the side effects can be just as serious, like the risk of infertility. Patients only have a short window of time to preserve their fertility through sperm or egg retrieval. An expert explains what the process looks like for both genders and why we need to increase access to fertility clinics.</p>	9/24/2023	5:30 AM	00:11:54
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "KITCHEN CHEMISTRY: THE FACTS (AND MYTHS) OF DIETARY PROTEIN": There's been a growing emphasis in the fitness community on protein consumption – but do we have all the facts? Dr. Emily Lantz, a professor of nutrition, breaks down how our body uses protein, how much protein we need in a day, and who needs extra supplementation. An interesting episode for the health-conscious Miami Valley listeners.</p>	9/24/2023	5:30 AM	00:08:10

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CONSUMER BENEFITS AND PUBLIC SAFETY			
<p>VIEWPOINTS, SEGMENT 1, "NO TRAVEL PLANS THIS SUMMER? HOW TO MAKE THE MOST OUT OF WHERE YOU ARE ALREADY": High demand for travel this summer is leading to exorbitantly high prices for flights, hotels and rental cars. If traveling out of state this summer is out of the question (or you just want to spend more time at home), we offer up some ways to rediscover your own town, city, or region and gain a new perspective. An insightful episode for our Dayton listeners.</p>	7/9/2023	5:00 AM	00:09:35
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "KITCHEN CHEMISTRY: IS ASPARTAME TOO GOOD TO BE TRUE?": Aspartame has been studied for more than 40 years, but people are still skeptical of its safety. The World Health Organization recently released a report that reaffirms the sweetener’s safety and didn’t find any evidence of cancer-causing properties. Experts break down the new research and explain the effects of having aspartame in your diet. A pertinent episode for the health-conscious Daytonians.</p>	8/6/2023	5:30 AM	00:09:19
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "MERCURY HATS, ARSENIC DRESSES, AND POISONED SHOES: TOXIC FASHION": Clothes have always been a main form of non-verbal communication, but is this display of individuality worth the cost of our health? Alden Wicker, author of To Dye For, exposes the fashion industry’s frequent use of harsh and toxic chemicals that are serious threats to our health. Are Miami Valley fashionistas at risk?</p>	8/13/2023	5:30 AM	00:08:25

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CONSUMER BENEFITS AND PUBLIC SAFETY			
<p>VIEWPOINTS, SEGMENT 2, "SEPARATING FACT FROM FICTION: ARE YOU A VICTIM OF MISINFORMATION?": Conspiracy theories have been around for hundreds of years. From secret projects to secret government societies, these theories are prevalent across society. We speak with two conspiracy experts about how these stories arise, why they're so pervasive online and why artificial intelligence may make these narratives more difficult to detect.</p>	8/20/2023	5:00 AM	00:09:58
<p>VIEWPOINTS, SEGMENT 2, "FROM DRUG TRAFFICKER TO INFORMANT: HOW EX-CRIMINALS ARE AIDING INVESTIGATORS": We speak with ex drug trafficker, Margarito Flores Jr. about his entry into the illicit drug trade at an early age and when he decided to get out of the business and start working for the other side. We also speak with Sgt. Ryan Wasson about the critical role informants play in aiding law enforcement, but why it's important to avoid glorifying the work of people like Flores. An interesting outlook for the Miami Valley listeners.</p>	9/10/2023	5:00 AM	00:09:59

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
ENVIRONMENT			
<p>VIEWPOINTS, SEGMENT 1, "THE GROWING RISK OF WILDFIRES FROM COAST TO COAST: ARE YOU PREPARED?": It’s been the deadliest year on record for wildfires in Canada. While California is typically the focus point for these events, the new reality of human-caused climate change is that wildfires are becoming a greater threat in areas never seen before. We speak with Dr. Adrienne Edwards, a botanist and wildfire expert, about how Americans can best prepare for wildfire season and help stop the spread. Can Ohio get affected?</p>	8/13/2023	5:00 AM	00:08:55
<p>VIEWPOINTS, SEGMENT 2, "WHEN GREEN ENERGY TURNS TOXIC: RE-TOOLING SOLAR PANELS": Solar energy is big business in the U.S. and is only set to expand in the coming years, with an annual growth rate of 21%. But after these solar panels die, where do they go? How ‘green’ is this technology if we’re dumping thousands of used, toxic panels into landfills? We speak with two experts in the solar panel recycling space about how innovation is driving this shift and what more needs to be done to make this energy source truly sustainable. With solar panel gaining more popularity in the Miami Valley, this would be a relevant topic for our local audience.</p>	8/27/2023	5:00 AM	00:08:50
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "HOW TO PROTECT YOURSELF FROM AIR POLLUTION": Wildfire smoke has affected cities across America, but it’s not the only reason for our poor air quality. Polluted air leads to 7 million deaths each year worldwide, according to the World Health Organization, so how can you protect yourself? Dr. Nikki Vars McCullough, a respiratory expert, gives advice on how to stay safe even when inside your home. Is Miami Valley a part of it?</p>	9/17/2023	5:30 AM	00:08:04

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
ENVIRONMENT			

<p>VIEWPOINTS, SEGMENT 2, "ONE AFTER ANOTHER: HELPING PEOPLE RECOVER IN A WORLD WHERE NATURAL DISASTERS ARE ALL TOO COMMON": The reality: Human-induced climate change is leading to more frequent and powerful extreme weather events. In the U.S. and around the world, millions struggle to get back on their feet following the damage and destruction these disasters bring. As bystanders, how can we pitch in and help? We cover the physical and mental toll these hardships cause and why it's important to step up and give back in any way you can. With Dayton, OH being home of the 2019 Memorial Day tornadoes, this would be an important topic to look into for our local audience.</p>	9/24/2023	5:00 AM	00:08:50
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ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE, ETHICS, AND PUBLIC AWARENESS			
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "DO YOU FEEL PRESSURED TO WORK WHILE YOU'RE SICK?": Though the pandemic changed a lot about traditional offices, by now many people are back working in communal spaces. While this is great for building relationships, it's also a surefire way to spread disease. Our experts discuss how office culture feeds into putting yourself and others at risk. A pertinent episode for the Dayton, OH listeners.</p>	7/2/2023	5:30 AM	00:07:11
<p>RADIO HEALTH JOURNAL, SEGMENT 2, ""THERE'S NO 'NORMAL' PERSON": THE INTERSECTION OF ETHICS AND DISABILITY": Bioethicists help governments, universities, hospitals, and patients make the best possible judgement calls based on cultural and personal values. But they don't always get it right. Experts explain how the disabled community is often left behind in society, medicine, and bioethics. A different perspective for our Miami Valley audience.</p>	7/9/2023	5:30 AM	00:10:02
<p>VIEWPOINTS, SEGMENT 2, "WOULD YOU EVER SPEND \$63,000 ON A POUND OF RARE MUSHROOMS? SOME CHEFS SAY YES": Purveying for the top chefs across America is an ever-changing series of requests dependent on food trends and tastes. While some chefs are seeking out rare microgreens, others are looking for the finest cuts of beef. And these small quantities of in-demand ingredients come at a hefty price. We highlight the many niche aspects of fine dining and how we can all take away some learning points to infuse into our own cooking at home. An interesting episode for the Miami Valley gourmands.</p>	7/9/2023	5:00 AM	00:07:36

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE, ETHICS, AND PUBLIC AWARENESS			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "BIOETHICS PART 2: SHOULD YOU HAVE THE RIGHT TO END YOUR OWN LIFE?": In this follow-up to last week’s discussion on bioethics and disability, we dig into Dr. Brooke Ellison’s life as a quadriplegic. Using her own experience, she explains the public policies and technological advances needed to help people with disabilities live life to the fullest. Along with Ellison, Dr. Jeffrey Bishop -- a bioethicist – explores the many ethical decisions that surround end-of-life care. An outlook into the ethical dilemma for our Dayton, OH listeners.</p>	7/16/2023	5:30 AM	00:10:49
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "“WE LIVE IN AN AGEIST SOCIETY”: HOW TO ENJOY OLD AGE”: Everyone ages, so why are so many of us not prepared to grow old? Dr. Rosanne Leipzig, a gerontologist, says most of her patients don’t know what changes to expect in their old age – and often fight against the inevitable transition. She explains what’s normal, what’s not, and how to enjoy your later years in life.</p>	7/23/2023	5:30 AM	00:12:29
<p>VIEWPOINTS, SEGMENT 2, "THE INTERESTING ORIGINS OF CANNABIS”: Did you know that cannabis use dates back tens of thousands of years? While its earliest use traces back to Asia, it eventually spread to Europe and then America and was used in a variety of capacities. We speak with highly acclaimed pharmacology expert Dr. Richard Miller about the global history of cannabis and its controversial record over the last 70 years of American history. A throwback in history for the Miami Valley listeners.</p>	7/26/2023	5:00 AM	00:09:27

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE, ETHICS, AND PUBLIC AWARENESS			
<p>VIEWPOINTS, SEGMENT 2, "WHAT'S HAPPENING IN HOLLYWOOD? THE STRIKE, EXPLAINED": The screenwriters strike in Hollywood is now in its third month. Last month, the Screen Actors Guild joined forces with the Writers Guild of America and called a strike. We speak with two active voices in the industry about what's driving this strike and why these asks are so important to current and future professionals in this landscape. An interesting episode for the Dayton, OH listeners who were following the situation.</p>	8/6/2023	5:00 AM	00:10:13
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "REVEALING THE HIDDEN SYMPTOMS AND STIGMAS SURROUNDING BRAIN INJURIES": Traumatic brain injuries can range from mild to severe, but there are symptoms that may not show up until months or years after the incident. Personality changes, hallucinations, and delusions are all common occurrences. Dr. Sandeep Vaishnavi, a cognitive neuroscientist, reveals the best practices to heal from a TBI, including meditation and nutrition. An outlook into this relevant topic for our Dayton, OH listeners.</p>	8/20/2023	5:30 AM	00:11:58
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "YOU DON'T DESERVE TO BE TOLERATED": HEALING FROM TOXIC RELATIONSHIPS": Many of us have experienced a toxic relationship at one point in our lives – whether we were the aggressors or the victims. Jaime Mahler, a psychotherapist, specializes in helping people move past this relationship pattern. She explains how to notice when you're in an unhealthy situation and how to start your journey of healing. A deeper look into the problem, which would relate to any Daytonians who had ever found themselves in a similar situation.</p>	9/3/2023	5:30 AM	00:11:37

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE, ETHICS, AND PUBLIC AWARENESS			
<p>VIEWPOINTS, SEGMENT 2, "ACTORS & WRITERS ARE ON STRIKE, BUT WHY AREN'T MUSICIANS PICKETING AS WELL?": Screenwriters and writers aren't the only ones feeling the pinch in this new media landscape dominated by streaming. Hundreds of thousands of musicians are struggling to make a living from the substandard pay they receive from platforms like Spotify and Apple Music. We cover just how the music sector has changed and why these artists don't have the same protections as other creatives. Another interesting episode for the Dayton, OH listeners who were following the situation.</p>	9/3/2023	5:00 AM	00:09:56
<p>VIEWPOINTS, SEGMENT 1, "WHY DOES EVERYONE, INCLUDING PARENTS, WANT TO BE INFLUENCERS?": Two out of three people on Earth are on social media. With so many eyeballs online, it's big business to have a large social media following and work as an influencer. We highlight this ever-evolving lucrative industry and how new laws are better protecting those who've been previously taken advantage of. A relevant episode for our Miami Valley audience.</p>	9/10/2023	5:00 AM	00:07:16

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
POLITICS, ECONOMY, AND FINANCE			
<p>VIEWPOINTS, SEGMENT 1, "AVOIDING CONVERSATIONS AROUND MONEY? HERE'S HOW TO GET STARTED": Only 1 in 4 Americans feels financially secure, according to a recent survey by consumer financial services firm, Bankrate. We speak with two financial experts about how more Americans can have productive conversations about their spending and come up with a plan to save and invest more for the future. A relevant topic to cover for our Miami Valley listeners.</p>	7/16/2023	5:00 AM	00:09:23
<p>VIEWPOINTS, SEGMENT 1, "HOW ARTIFICIAL INTELLIGENCE IS FUELING THE \$1.1 TRILLION IN ONLINE RETAIL SALES": Online retail sales are set to surpass \$1.6 trillion by 2027. With so much growth in the market, retailers are investing big in artificial intelligence software that improves customer interaction, usability, supply chain and more. We speak with the Chief Technology Officer of Zenni Optical about how retailers are setting up for this new era of digital dominance. A deeper look into the latest AI developments in retail for the Dayton, OH listeners.</p>	8/6/2023	5:00 AM	00:06:15
<p>VIEWPOINTS, SEGMENT 1, "DROWNING IN DEBT? YOU'RE NOT ALONE: A NEW WAVE OF CREDIT CARD DEBT IN AMERICA": Credit card debt in the U.S. just surpassed one trillion dollars and payment delinquency rates are also on the rise. One factor that's feeding into these increases are a growing amount of credit card accounts. The Federal Reserve Bank of New York reports that there are 70 million new accounts since 2019. This week – we discuss the effects of escalating debt and how listeners can start taking back control. An episode our Miami Valley listeners can benefit from.</p>	9/3/2023	5:00 AM	00:07:32

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
POLITICS, ECONOMY, AND FINANCE			
RADIO HEALTH JOURNAL, SEGMENT 1, "HOW WILL THE AFFIRMATIVE ACTION BAN AFFECT HEALTHCARE?": The US Supreme Court recently voted to ban affirmative action, a topic that's been debated for decades. Our experts break down how this will affect medical school enrollment, as well as the healthcare career opportunities for minority populations. A deeper look into the issue for the Miami Valley listeners.	9/17/2023	5:30 AM	00:11:28

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION, HISTORY, SCIENCE, AND TECH			
<p>VIEWPOINTS, SEGMENT 1, ""95 PERCENT LEFT TO DISCOVER": THE PEOPLE TASKED WITH UNCOVERING THE MANY MYSTERIES OF OUR UNIVERSE": We speak with Egyptian-American astrophysicist Sarafina El-Badry Nance about her experience earning a PhD in astrophysics. Before specializing in this field, she had to gain a good understanding of math, physics, and astronomy. She openly shares that these subjects never came naturally to her, and it took a lot of hard work to get where she is today. Now, she’s speaking out about the barrier to entry in these fields and the importance of greater inclusion and opportunities for those who’ve been historically excluded. A captivating episode for the Miami Valley listeners interested in astrophysics.</p>	7/2/2023	5:00 AM	00:07:53
<p>VIEWPOINTS, SEGMENT 2, "HAS ARTIFICIAL INTELLIGENCE FOREVER CHANGED THE MUSIC INDUSTRY?": Yes, ChatGPT isn’t dominating media headlines anymore, but the technology is still leading to massive changes across America. One area where it's making waves is the music production industry. We speak with two experts within the field about how artificial intelligence is forcing them to rethink the future of music artistry and production.</p>	7/16/2023	5:00 AM	00:09:32
<p>VIEWPOINTS, SEGMENT 1, "MARY LASKER: A PUBLIC HEALTH PIONEER": The National Institute of Health. National Cancer Institute. These are just some of the research foundations that are thriving today thanks to the work of health activist Mary Lasker. We speak with biographer Judith L. Pearson about the many big contributions Lasker made to cancer & heart disease research throughout the twentieth century. A relevant episode for the Daytonians interested in medical science.</p>	7/23/2023	5:00 AM	00:07:26

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION, HISTORY, SCIENCE, AND TECH			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "HONORING NAZI DOCTORS AND CRIMINALS: THE DARK SIDE OF MEDICAL EPONYMS": Eponyms honor people who discover diseases, treatments, and procedures. You may be familiar with ones like Alzheimer’s disease, named after Alois Alzheimer, or Hodgkin’s lymphoma, discovered by Thomas Hodgkin. However, Our experts explain how eponyms can go awry and place honor on criminals or even the wrong person. An interesting episode for the history-loving Daytonians.</p>	7/30/2023	5:30 AM	00:10:51
<p>VIEWPOINTS, SEGMENT 1, "LOOKING THROUGH A NEW LENS: THE LARGEST & MOST POWERFUL TELESCOPE EVER BUILT": The James Webb telescope is the largest and most powerful space telescope ever built. A year and a half ago hundreds of thousands of people cheered after the telescope successfully launched and opened to begin capturing the universe in more detail than ever before. We speak with astronomer about how this telescope will lead to greater discoveries – including the hunt extraterrestrial life. An episode not to miss for our Miami Valley listeners.</p>	7/30/2023	5:00 AM	00:08:25
<p>VIEWPOINTS, SEGMENT 2, "WILL SOCCER FINALLY SCORE BIG IN THE U.S.?": Soccer has steadily gained a following in recent years in the U.S. Amongst Americans 18-29 years old, the sport is now more popular than baseball. We speak with soccer expert, G. Edward White about what’s driving this shift and why it took so long for soccer to take hold in America. Is Miami Valley team soccer?</p>	7/30/2023	5:00 AM	00:08:37

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION, HISTORY, SCIENCE, AND TECH			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "HAVE WE CHEATED NATURAL SELECTION?": Natural selection is the driving force behind evolution and has helped humanity survive for thousands of years. But now that we’ve invented objects that let us dive deep in the ocean or live in Antarctica, have we cheated this ancient process? An expert reveals how natural selection works and how humans may be its best ally.</p>	8/13/2023	5:30 AM	00:11:38
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "EVOLUTION PT.1: HOW OUR ANCESTRY IS REVOLUTIONIZING PRECISION MEDICINE": Science has come to learn that one treatment plan or medication won’t work the same for every patient. We need to tailor every dosage and application specifically for each person to have the best results. Our expert this week explains that in order to move into this new era of medicine, we need to take a look back at our evolutionary path. A deeper look into this interesting topic for our Miami Valley listeners.</p>	8/20/2023	5:30 AM	00:08:08
<p>VIEWPOINTS, SEGMENT 1, "FROM COW'S MILK TO SALTWATER OYSTERS: THE FIRST PEOPLE TO DIVE INTO THE UNKNOWN": Whoever thought, “This white, liquid substance from this animal looks like it is safe enough that I’m going to drink it.” Out of the many items we have today (whether it's food, drink, or something else) there was a person who first took the risk in trying it themselves. We explore the many firsts throughout history and how key archeological evidence plays a role in accurately telling these narratives.</p>	8/20/2023	5:00 AM	00:06:45

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION, HISTORY, SCIENCE, AND TECH			
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "EVOLUTION PT.2: IS THE SUCCESS OF HUMANITY BASED ON LUCK?": Last week Dr. Tony Capra, an epidemiologist, explained how evolution protected our ancestors based on their environments. Today, we're breaking down how this same genetic history affects our current biological makeup – including our vulnerability to disease: where it comes from and why we haven't yet evolved to be fully protected from illness.</p>	8/27/2023	5:30 AM	00:07:24
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "THE 'PERFECT PREGNANCY' DOESN'T EXIST: CHILDBIRTH THROUGHOUT HISTORY": Modern technology has saved countless pregnancies. Instead of mothers worrying if they'll survive childbirth, they're now able to focus on the child they're expecting – which Dr. Lara Freidenfelds, a historian, says has shifted our view of pregnancy. Dr. Lara Freidenfelds explains how our mindset has changed over time and the repercussions that follow. A great episode for the Dayton's moms-to-be.</p>	9/10/2023	5:30 AM	00:09:55
<p>VIEWPOINTS, SEGMENT 1, "X (AKA TWITTER) VS. THREADS: THE STORY BEHIND META'S NEW SOCIAL PLATFORM": Do you remember the hype when Threads, Meta's new version of X, debuted earlier this summer? Everyone seemed to jump on the new platform at a moment's notice. But what happened to all the buzz? We speak with two social media experts about Meta's big investment in Threads and what needs to change in the coming months to avoid its quick demise. An outlook into how social media works for our Dayton, OH listeners.</p>	9/17/2023	5:00 AM	00:08:00

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION, HISTORY, SCIENCE, AND TECH			
<p>VIEWPOINTS, SEGMENT 2, "SCHOOL, SPORTS, STANDARDIZED TESTS: WHEN IS THERE TIME TO BUILD LIFE SKILLS?": As an academic advisor, Ana Homayoun has had thousands of conversations with students, parents, and administrators. Many of these talks typically center around grades, college admissions, career paths and other key academic to-dos. Yet, what’s not as commonly talked about is the importance of life skills. This means cultivating independence, setting good habits and more. We speak with Homayoun about why so many teens seem to struggle post-high school and how adults can better prepare their kids in the long-term rather than focusing solely on short-term academic markers.</p>	9/17/2023	5:00 AM	00:09:20
<p>VIEWPOINTS, SEGMENT 1, "ARE YOU MAKING THE MOST OUT OF CHAT GPT?": There’s been a lot of hype around Chat GPT and generative AI this year, but is the average person actually using the new tech? We highlight how leaders in education policy are integrating AI into certain processes to create positive for teachers, administrators, and students in classrooms nationwide. From there, we breakdown what are some of the biggest ways AI helps with tasks and how you can go about interacting with these chatbots to get the answer you’re looking for. A great episode for the Miami Valley listeners interested in the future of AI.</p>	9/24/2023	5:00 AM	00:08:05