

2nd Quarter Report
April 1st – June 30th, 2023



WHKO-FM Dayton, Ohio
CMG Radio Operating Company, LLC

Prepared by:
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WHKO-FM

This report contains information that was broadcasted on each of the following topics:

Public Health and Mental Health Issues

Consumer Benefits and Public Safety

Environment

Culture, Ethics, and Public Awareness

Politics, Economy, and Finance

Education, History, Science, and Tech

WHKO-FM Shows Listed in Report

4/1/2023 – 6/30/2023

All durations listed within report are approximate.

Durations listed in Hours: Minutes: Seconds (i.e. 01:20:00)

Viewpoints (Sunday).....	5:00 – 5:30 AM
Radio Health Journal (Sunday).....	5:30 – 6:00 AM

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC HEALTH AND MENTAL HEALTH ISSUES			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "TIKTOK TICS: CAN SOCIAL MEDIA CAUSE NEUROLOGIC DISORDERS?": Cases of functional tic-like disorder skyrocketed during the pandemic across the world, and experts believe the culprit is social media. Though classic tic disorders are mostly diagnosed in boys, this condition mainly affects women aged 18 to 21. Our experts explain the cause and how to successfully recover from the disorder. An insightful episode for our local Dayton audience.</p>	4/9/2023	5:30 AM	00:12:29
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "BREAKING THE SILENCE ON INCEST AND SEXUAL TRAUMA": Dr. Patti Feuereisen says incest is one of the most common forms of sexual assault but is almost never talked about. For the survivors, this silence can lead to more events of trauma down the road. Feuereisen explains how to support victims of sexual abuse and why starting the conversation is necessary.</p>	4/9/2023	5:30 AM	00:07:04
<p>VIEWPOINTS, SEGMENT 1, "UNDERSTANDING THE UNKNOWN: PSYCHOPATHIC TENDENCIES": Who do you think of when you read or hear the word, psychopath? Rarely does anyone think of the neuroscientist next door. We speak to two experts about what the term means in the medical world and why many people who have psychopathic tendencies can function in a non-violent, productive manner. A pertinent episode for the Miami Valley listeners.</p>	4/9/2023	5:00 AM	00:09:22

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC HEALTH AND MENTAL HEALTH ISSUES			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "IS MENTAL HEALTH A SCAPEGOAT FOR MASS VIOLENCE?": Unfortunately, mass violence has become a common topic. And though many perpetrators we see on the news have been diagnosed with a mental illness, that attribute may be blinding us to the real issue. Experts explain what the statistics point to as the underlying cause of mass violence. With the Oregon District shooting taking place in Dayton in 2019, can the local audience relate?</p>	4/23/2023	5:30 AM	00:10:28
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "I'M NOT DYING, BUT IS THAT GOOD ENOUGH?": IMPROVING LUPUS RESEARCH": Lupus ABC is the first of its kind public-private partnership with the FDA. It will allow researchers and patients to work together, hopefully leading to breakthroughs in lupus treatments. Experts explain why the patient perspective is so important for successful outcomes. A deeper look into the problem for the Miami Valley audience.</p>	4/30/2023	5:30 AM	00:10:31
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "WHAT YOU NEED TO KNOW ABOUT YOUR BABY'S FLAT HEAD": Flat head syndrome occurs when a baby's head develops a long-lasting flat spot. However, Dr. Peter Taub, a professor of pediatrics, says the deformity isn't a syndrome at all and doesn't cause any neurologic symptoms. He explains what causes it and successful treatments to reshape your child's head.</p>	5/7/2023	5:30 AM	00:06:56

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC HEALTH AND MENTAL HEALTH ISSUES			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "ADRENAL DYSFUNCTION MAY BE CAUSING YOUR BRAIN FOG AND WEIGHT GAIN": Our adrenal glands produce numerous hormones that help us regulate stress. Unfortunately, these glands can easily be disrupted and make us feel tired and forgetful. Dr. Izabella Wentz, a thyroid expert, explains the lifestyle changes you can make to fix your hormone imbalance. A great episode for the Miami Valley listeners affected by the problem.</p>	5/28/2023	5:30 AM	00:11:49
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "OZEMPIC: A LOOK INTO HOLLYWOOD’S MAGIC WEIGHT LOSS PILL": Ozempic is an anti-obesity and anti-diabetic drug that’s being touted as a miracle weight loss drug on social media. But is there such a thing as a magic pill? Dr. Disha Narang, an obesity medicine expert, says there’s no fast track to healthy and sustainable weight loss. Instead, Dr. Disha Narang explains how these types of therapies need to be paired with long-term, strict daily routines in order to be effective. A closer examination of the topic for the Dayton, OH listeners.</p>	5/28/2023	5:30 AM	00:07:57
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "HELPING PATIENTS FEEL LIKE KIDS AGAIN: THE MAGIC OF CHILDREN’S HOSPITALS": Children’s hospitals do a lot more than cure diseases. For many long-term, young patients, these institutions become their entire world and not just the place where they receive treatment. Learn how some of these hospitals go above and beyond to help our sick kids every day. With Dayton, OH being a home of one of the best Children's Hospitals, in the nation, Dayton Children's Hospital, this episode would be of great interest for our local audience.</p>	6/4/2023	5:30 AM	00:12:26

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC HEALTH AND MENTAL HEALTH ISSUES			
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "DON'T LET AN INJURY KEEP YOU FROM PLAYING THE GAME": Pickleball is quickly becoming America's favorite pastime. It's a low-impact sport that's great for people of all ages, but like any activity, it comes with its own injury risks. Dr. Fotios Tjoumakaris has some tips to keep you healthy on and off the court.</p>	6/4/2023	5:30 AM	00:07:04
<p>VIEWPOINTS, SEGMENT 2, "DE-BUNKING THE MISCONCEPTIONS & STIGMAS OF ADHD": Nearly 10% of American children have ADHD. We speak with a clinical child psychologist at Harvard Medical School, Dr. Ellen Braaten, about the different types & presentations of this disorder, how it affects children and common challenges for diagnoses, acceptance, and treatment.</p>	6/11/2023	5:00 AM	00:09:50
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "DEALING WITH LOSS THIS FATHER'S DAY": Whether you lost your father ten days ago or ten years ago, Father's Day can be a hard time of the month. Dr. Sanam Hafeez, a clinical neuropsychologist, says it doesn't have to be something to dread. Dr. Sanam Hafeez offers advice on how to turn this time of year into an experience of healing and growth. A relevant episode for the Daytonians going through grief after loosing a loved one.</p>	6/18/2023	5:30 AM	00:07:52

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
PUBLIC HEALTH AND MENTAL HEALTH ISSUES			

<p>RADIO HEALTH JOURNAL, SEGMENT 1, "MENOPAUSE: WHAT TO EXPECT WHEN YOU'RE FINISHED EXPECTING": Every female on earth will eventually go through menopause, so why don't women know more about the process? If you've been suffering with menopausal symptoms or are confused about this life transition, our experts are here to help. They discuss how you can stay in control of your body and feel like yourself again during this time.</p>	6/25/2023	5:30 AM	00:12:51
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ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CONSUMER BENEFITS AND PUBLIC SAFETY			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "SAVING YOURSELF: WHAT TO DO IN AN EMERGENCY SITUATION": When Rebecca Fogg’s toilet exploded, she knew she had to do two things: call 911 and stop the bleeding from her arm. But how would you react in her situation? An expert explains the most important steps to take when you’re in a crisis that will give you the best chances of survival. An episode that every Miami Valley listener should pay attention to.</p>	4/2/2023	5:30 AM	00:11:18
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "HOW SAFETY NET HOSPITALS INCREASE ACCESS TO HEALTH CARE": Health insurance has long been connected with a person’s employment – leaving many without coverage. Safety net hospitals help ensure that anyone who needs medical care can get access to it, no matter their insurance status. Dr. Ricardo Nuila discusses why this model may be more effective than the standard, privatized healthcare. Can Miami Valley relate?</p>	4/16/2023	5:30 AM	00:10:46
<p>RADIO HEALTH JOURNAL. SEGMENT 2, "KITCHEN CHEMISTRY: NATURAL FLAVORS – HOW NATURAL ARE THEY?": We see natural flavor listed as an ingredient in many of our products, but what does that mean? Dr. David Andrews explains the process of creating natural flavors, the FDA guidelines, and how safe they are for consumption.</p>	4/16/2023	5:30 AM	00:09:13

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CONSUMER BENEFITS AND PUBLIC SAFETY			
<p>VIEWPOINTS, SEGMENT 2, "TIKTOK ISN'T THE ONLY APP WITH A DATA PRIVACY PROBLEM": While TikTok has been getting a lot of heat lately for its connections to China, there's also a larger privacy and data problem across all social media platforms. We speak with two experts about the fast-evolving social media landscape and how consumers can better protect themselves from data mining. A relevant episode for the Dayton, OH listeners.</p>	4/23/2023	5:00 AM	00:09:58
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "HAS THE FOOD MARKETING INDUSTRY CONTRIBUTED TO CHILDHOOD OBESITY?": Childhood obesity is one of the most common chronic diseases for children in the US. Experts say that the marketing of ultra-processed foods to kids has grown exponentially in recent years – promoting unhealthy diets. These experts break down the marketing strategies used to get product attention in grocery stores and online.</p>	5/14/2023	5:30 AM	00:07:38
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "FOOD MARKETING TO CHILDREN PART 2: HOW TO MAKE HEALTHIER CHOICES": Last week we discussed how food marketers spend billions to get kids to eat unhealthy food. Today, we're giving you some tips on how to add more nutritious options back into your family's diet. Experts reveal small actions that can make a big difference in the health of America's children.</p>	5/21/2023	5:30 AM	00:07:18

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
ENVIRONMENT			
<p>VIEWPOINTS, SEGMENT 1, "THE TOLL OF EXCESS CLOTHES PRODUCTION": Despite increased media coverage on fast fashion, the industry continues to thrive and expand. We speak with fashion activist and expert Maxine Bedat (who we've previously had on as a guest on Viewpoints) about the recent changes in the fast fashion landscape and why there's a greater focus now on legislation rather than consumers. A deeper look into the problem for our Miami Valley listeners.</p>	5/28/2023	5:00 AM	00:08:16
<p>VIEWPOINTS, SEGMENT 2, "CLIMATE CHANGE IN FULL BLOOM: THE IMPACT OF AN EARLIER SPRING & SUMMER": If you live in the Midwest or Northeast, you probably enjoyed that brief stretch of 80-degree days this past April. While the warmer weather can be a nice change, this unusual and sudden shift has countless consequences on wildlife, plant species and the many industries that rely on predictable cycles. We speak with environmental expert Theresa Crimmins about the causes and effects of changing weather patterns. A great episode for the Daytonians concerned with the climate change.</p>	6/4/2023	5:00 AM	00:08:12

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE, ETHICS, AND PUBLIC AWARENESS			
<p>VIEWPOINTS, SEGMENT 2, "IS HOLLYWOOD REALLY CHANGING? THE DIVERSITY DEBACLE": Asian American actress, Michelle Yeoh won her first Oscar at this year’s Academy Awards for her performance in Everything Everywhere All At Once. We speak with media expert April Reign about the continued push to improve diversity & equity in all aspects of Hollywood.</p>	4/2/2023	5:00 AM	00:09:08
<p>VIEWPOINTS, SEGMENT 2, "A DIFFERENT VIEWPOINT: SPEAKING WITH ACTRESS, DREW BARRYMORE": The Barrymore family has a long and storied history in Hollywood. For actress, Drew Barrymore, she grew up surrounded by the ups and downs of being in a very public family and acting in TV and films as a child. Today, she looks back on her life and shares what she’s learned along the way.</p>	4/16/2023	5:00 AM	00:09:01
<p>VIEWPOINTS, SEGMENT 1, "WHY IS THE GENDER PAY GAP IN AMERICA STILL SO WIDE?": As of 2022, the average American woman earned 82 cents for every dollar earned by a man. While it may not seem like much of a pay difference, this disparity adds up over time. And it’s been this way for decades with little progress happening in America to lessen this wage gap in America. We speak with two experts about this issue and how workers – in various industries and at different levels – can better advocate for more equal pay across the board. Is Miami Valley a part of this problem?</p>	4/30/2023	5:00 AM	00:10:13

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE, ETHICS, AND PUBLIC AWARENESS			
<p>VIEWPOINTS, SEGMENT 1, "THE IMPORTANCE OF AMERICA'S SOCIAL WORKERS": There are more than 700,000 social workers across America. We speak with longtime social worker and professor, Dr. Anthony Estreet about the vital role these professionals play in countless different sectors and why there needs to be more support and incentives for people working in this difficult role. A great episode not only for the Miami Valley social workers, but for all of those whom the local social workers are servicing daily.</p>	5/7/2023	5:00 AM	00:07:30
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "HONORING THE MOTHERS WHO NEVER GOT TO MEET THEIR CHILDREN": Miscarriage is the most common form of pregnancy loss – so why aren't we talking about it? Dr. Jessica Zucker says this silence promotes a societal stigma of shame and isolation. This week, we open the conversation around miscarriage in an effort to normalize this common experience. An insightful episode for those in the Miami Valley who have experienced a miscarriage or child loss.</p>	5/14/2023	5:30 AM	00:11:54
<p>VIEWPOINTS, SEGMENT 2, "THE TRIALS & TRIBULATIONS OF BALANCING MOTHERHOOD & CAREER": NPR journalist and co-host of “All Things Considered” Mary Louise Kelly joins us this Mother’s Day to share her story of balancing motherhood with a long-spanning, successful career in journalism. She - like many mothers - has struggled to have it all and recounts the many tradeoffs over the years.</p>	5/14/2023	5:00 AM	00:08:49

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE, ETHICS, AND PUBLIC AWARENESS			
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "IT'S JUST EASIER TO NOT INCLUDE WOMEN': THE GENDER BIAS IN HEALTH CARE": Why are male bodies the standard for human health? Why did researchers refuse to conduct studies on female mice? Why don't we have widespread information on puberty, the menstrual cycle, and menopause? Experts discuss the dangerous reality of gender bias in health care. A deeper look into the topic for our Dayton, OH audience.</p>	5/21/2023	5:30 AM	00:12:15
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "WHY DOCTORS SHOULD HAVE CREATIVE PASSIONS OUTSIDE OF MEDICINE": Hannah Boone entered medical school with a degree in music instead of having a typical science background. While this may seem unwise, some experts think it may be the best prerequisite for a career in medicine. Find out why this educational path is thought to create more involved and empathetic physicians.</p>	6/11/2023	5:30 AM	00:11:32
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "MEDICAL GASLIGHTING: WHAT TO DO WHEN DOCTORS STOP LISTENING TO YOU": Doctors told Karen DeBonis that her son's concerning tics were normal, and he'd grow out of them. But when she got a second opinion, an MRI scan showed that he had a large brain tumor. This week - DeBonis shares how she was forced to advocate for herself when doctors didn't listen or take her seriously. Have any of our Miami Valley listeners faced medical gaslighting?</p>	6/11/2023	5:30 AM	00:08:00

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
CULTURE, ETHICS, AND PUBLIC AWARENESS			
<p>VIEWPOINTS, SEGMENT 1, "CITIES LEFT BEHIND: THE REALITY OF POPULATION DECLINE": The COVID-19 pandemic shook up how Americans work, where they live and what they value in life. But, as people move past the pandemic, demographers wonder if certain migration trends are here to stay or will eventually shift back. This week – we talk about population trends over the last few years and how this is impacting cities that were once bustling and booming. Has Ohio been affected?</p>	6/18/2023	5:00 AM	00:08:07
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "HAVE YOU BEEN FOOLED BY THESE COMMON MEDICAL MYTHS?": Can you take too many vitamins? Does everyone need eight hours of sleep? Dr. James Hamblin answers these common questions and many more on this week’s segment. He explains how to tell if a persistent itch or bothersome joint pain has a simple fix or needs to be checked by a professional. A captivating episode for our Dayton listeners.</p>	6/25/2023	5:30 AM	00:06:46

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
POLITICS, ECONOMY, AND FINANCE			
<p>VIEWPOINTS, SEGMENT 2, "RV LIFE: THE CLASSIC AMERICAN WAY OF ROADTRIPPING": Thinking of getting away this summer? With flight and hotel prices skyrocketing, we speak with travel expert Bonnie Sinclair about the many benefits of road tripping via RV. Sinclair has traveled across the U.S. with her husband and highlights a few of her top destinations. How many of our Dayton listeners prefer RV travel?</p>	5/7/2023	5:00 AM	00:09:02
<p>VIEWPOINTS, SEGMENT 2, "THE ALLURE OF THE FOUR-DAY WORKWEEK": There's been a lot of media coverage this year around the 4-day workweek, but does it really make sense long-term? We discuss the pros, cons and if this shift is feasible for America's complex and varied workforce.</p>	5/21/2023	5:00 AM	00:08:36
<p>VIEWPOINTS, SEGMENT 1, "BRIDGING THE GAP FOR LOW-INCOME FAMILIES": Over 40% of U.S. households struggle to afford necessities like groceries, gas, rent, Internet and healthcare. With rising costs, stagnating wages, and minimal federal assistance, it's become all too common to feel overwhelmed and stuck in a perpetual cycle of barely scraping by. We cover this growing crisis and how individuals and families can get help through their community network. A deeper look into the problem for the Miami Valley listeners.</p>	6/4/2023	5:00 AM	00:08:56

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
POLITICS, ECONOMY, AND FINANCE			
RADIO HEALTH JOURNAL, SEGMENT 1, "THE PSYCHOLOGICAL TRENDS OF THE EVER-GROWING GIG ECONOMY": The gig economy seems to only be growing, especially with the boom of businesses like Uber and Grubhub. Workers now get to choose their own hours, but is the freedom worth the lack of regulation, protections, and benefits like health insurance? Experts explain the societal perception and personal psychology of gig workers. A closer look at gig economy for our Miami Valley listeners.	6/18/2023	5:30 AM	00:12:14

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION, HISTORY, SCIENCE, AND TECH			
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "HAPPY ACCIDENTS IN SCIENCE THAT CREATED THE PRODUCTS WE USE EVERY DAY": Not all scientific discovery is on purpose. In fact, many important breakthroughs were by accident, like insulin and X-rays. Our experts discuss why we should look at failures as a starting point rather than the end of the road. With Dayton being ground zero for many of the commonly used inventions, this would be a great episode for our local audience.</p>	4/2/2023	5:30 AM	00:08:21
<p>VIEWPOINTS, SEGMENT 1, "FAILING AMERICA’S TEACHERS": Between February 2020 and May 2022, around 300,000 teachers left teaching to pursue another profession. While the COVID-19 pandemic is no longer a front and center issue, millions of public-school educators are still struggling to keep going in positions that mean long hours, low pay and a growing number of curriculum mandates. In part one of this story, first grade teacher Lori Cash - who’s taught for more than 30 years - shares the challenges teachers are facing and touches on a few points that need to change. Can Dayton, OH relate to this problem?</p>	4/2/2023	5:00 AM	00:07:36
<p>VIEWPOINTS, SEGMENT 2, "A HISTORY: THE BEGINNINGS OF MASS TRANSIT IN AMERICA": Millions of Americans rely on mass transit each day to get to where they need to be. While mass transit has had its up and downs in recent decades - and especially during the COVID-19 pandemic - there will always be a need for this public resource. We speak with mass transit expert Steven Beaucher about the state of mass transportation agencies today and the first subway system built in Boston.</p>	4/9/2023	5:00 AM	00:08:33

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION, HISTORY, SCIENCE, AND TECH			
<p>VIEWPOINTS, SEGMENT 1, "SPRING: A TIME OF FLIGHT FOR BIRDS": As the weather warms up, you may be hearing and seeing more birds in your backyard. Spring is peak migration for this species, but in recent decades, there’s been a 30 percent decline in North American bird varieties. We speak with one expert about the challenges facing these animals and how listeners can make a difference. Can our Miami Valley listeners contribute to the solution of this problem?</p>	4/16/2023	5:00 AM	00:08:44
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "KITCHEN CHEMISTRY: SWEET PROTEINS MAY BE THE FUTURE OF SUGAR": Dr. Jason Ryder, an adjunct professor of chemical and biomedical engineering, says humans weren’t designed to eat this much sugar every day. Many alternative sweeteners have tried to solve this sugar dilemma, but Ryder believes the best solution can be found in plant proteins.</p>	4/23/2023	5:30 AM	00:08:44
<p>VIEWPOINTS, SEGMENT 1, "PART 2: HELPING AMERICA’S EDUCATORS": More than a third of educators in America are considering leaving their positions, according to recent research from consulting firm, McKinsey. We speak with two education experts about the mounting challenges both new and veteran teachers are facing and how average Americans can better advocate for the teachers in their communities.</p>	4/23/2023	5:00 AM	00:08:03

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION, HISTORY, SCIENCE, AND TECH			
<p>RADIO HEALTH JOURNAL, SEGMENT 2, "REWIRING YOUR BRAIN TO CREATE HEALTHIER HABITS": Dr. Greg Hammer believes our health is a big piece of overall happiness. Unfortunately, it can be hard to break bad habits and be motivated to create healthier ones. Hammer offers tips and tools that can help us be more intentional with our health. A captivation episode for the Miami Valley listeners looking to develop better habits.</p>	4/30/2023	5:30 AM	00:09:02
<p>VIEWPOINTS, SEGMENT 2, "THE SECRETS FOUND THROUGH DNA TESTING": What would you do if you suddenly found out you weren't related to the parent that raised you? This is exactly what happened to author Dani Shapiro after she took an at-home DNA test. We speak with her about this life-changing surprise and why there are thousands more with similar secrets across America. Have any of our Dayton listeners experienced something like this?</p>	4/30/2023	5:00 AM	00:07:06
<p>RADIO HEALTH JOURNAL, SEGMENT 1, "OW AI IS THRUSTING US INTO THE FUTURE OF MEDICINE": From improving the patient experience to speeding up protein evolution, artificial intelligence is rocketing the field of medicine into the future. Our experts discuss the many different applications of AI and how we can expect to interact with the technology in the years to come. A relevant episode for the Dayton listeners interested in AI technology.</p>	5/7/2023	5:30 AM	00:12:36

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION, HISTORY, SCIENCE, AND TECH			
<p>VIEWPOINTS, SEGMENT 1, "UNDERSTANDING LAB-CREATED INGREDIENTS": Monosodium glutamate. Niacin. Riboflavin. We’ve all seen these labels at the end of ingredient lists on our favorite chips or frozen meals – but what role do they play? Are these substances harmful? We highlight the prevalence of processed and ultra-processed foods in the U.S., the ingredients in them and the importance of moderation.</p>	5/14/2023	5:00 AM	00:08:49
<p>VIEWPOINTS, SEGMENT 1, "WHY DON'T MORE SCHOOLS TEACH FINANCIAL LITERACY?": Currently, only about 40 percent of students in the U.S. take a personal finance course before graduation. This means that most teenagers leave high school knowing little about saving, spending, student loans and how to do basic adult tasks like filing taxes. This week, we cover the push to change education legislation so more school curriculums incorporate a standalone financial literacy class. Would it make a difference in our Miami Valley listeners' life?</p>	5/21/2023	5:00 AM	00:08:26
<p>VIEWPOINTS, SEGMENT 2, "“UM, WHAT?": THE HIDDEN PURPOSE BEHIND FILLER WORDS“: We’ve all been there. You’ve given a presentation or had a conversation with someone and realized after-the-fact that you could’ve added in fewer words like “um”, “you know” or “like”. While these fillers are distracting if overused, when added in moderation, they play a very specific purpose.</p>	5/28/2023	5:00 AM	00:09:17

ISSUE & DESCRIPTION	DATE	TIME	LENGTH
EDUCATION, HISTORY, SCIENCE, AND TECH			
<p>VIEWPOINTS, SEGMENT 1, :THE 10,000 YEAR RELATIONSHIP: OUR LONG-HELD FASCINATION & LOVE FOR CATS": Cats get a lot of hate across the world for being un-trainable, moody, and, at times, hard to figure out. This week – we cover all things cats and why these furry felines (who’ve long been human companions) are unique. A great episode for the Dayton, OH cat lovers.</p>	6/11/2023	5:00 AM	00:07:55
<p>VIEWPOINTS, SEGMENT 2, "CANNABIS & PROFIT: A NEED TO MAKE REPARATIONS": It’s expected that the U.S. cannabis industry will surpass 50 billion dollars in revenue by 2028, according to top cannabis research firm, Brightfield Group. Each year, new states are legalizing recreational marijuana, building new opportunities for entrepreneurs. But who gets a piece of this pie? How’s the industry building a more equitable space that people at all socioeconomic levels can enter? We talk about the current landscape and the changes that need to be made to include communities and populations who’ve been historically targeted during the War on Cannabis.</p>	6/18/2023	5:00 AM	00:09:53
<p>VIEWPOINTS, SEGMENT 2, "WHAT WE DO & STILL DON’T KNOW ABOUT BLACK HOLES": Black holes have always intrigued and captured the imagination of millions since they were first theorized and coined by German physicist Karl Schwarzschild in 1916. For decades, scientists have worked to learn more about these mysterious objects in space. However, even today, there’s still much we don’t entirely understand about these mysterious phenomena. Janna Levin, an astronomy & physics professor at Columbia University, joins us to discuss the most intriguing aspects of these space giants. An interesting episode for the Dayton, OH listeners interested in space science.</p>	6/25/2023	5:00 AM	00:08:34