

4th Quarter Report

October 1-December 31st, 2019



WHKO-FM Dayton, Ohio
Camelot Radio Buyer, LLC

WHKO-FM

This report contains information that was broadcast on each of the following topics:

Civic Issues

Culture

Economy

Education

Environment

Health/Human Services

Public Safety

**WHKO-FM Shows Listed in Report
10/01/2019 – 12/31/2019**

All durations listed within report are approximate.
Durations listed in Hours: Minutes: Seconds (i.e. 01:20:00)

View Points (Sunday)..... 5:00-5:30 a.m.

Radio Health Journal (Sunday)5:30-6:00 a.m.

Miami Valley Voices (Sunday)..... 6:00-6:30 a.m.
(Current Issues Produced by the News Department)

WHIO-TV Reports (Sunday).....6:30-7:00 a.m.
(Current Issues Produced by the News Department)

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

CIVIC ISSUES

10/13/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Lauren White, executive director of UpDayton, on the results of this year’s summit and projects from the group dedicated to plugging young creatives and professionals into making the city a better place to live and work.

10/20/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses the work of the St. Mary Development Corporation, it’s faith-based initiative on three fronts – creating affordable housing, connecting residents to crucial services and transforming lives and communities. Guests include: Tim Bete, President, St. Mary Development Coalition and Natalynne Baker, Director of Resident Services, St. Mary Development Coalition.

10/27/19 05:30AM 00:07:21

RADIO HEALTH JOURNAL: SEGMENT 2: The US is one of the few world nations that offers no paid job leave for either new moms or dads. A new study shows that paid leave has benefits in infant mortality as well as mother’s health. An expert and advocate for paid leave discussed the benefits. Host: Nancy Benson. Producer: Reed Pence. Guest: Lucy Sullivan, Executive Director, 1000 Days.

11/17/19 05:00AM 00:07:43

VIEWPOINTS: SEGMENT 2: What would it be like to photograph a sitting president? Viewpoints Radio spoke with Lawrence Jackson who was an official White House photographer during the eight-year Obama administration. Through his position, he intimately witnessed every angle of the presidency from the historic to the chaotic. Host: Marty Peterson. Guests: Lawrence Jackson, photojournalist and author, *Yes We Did: Photos and Behind-the-Scenes Stories Celebrating Our First African-American President*.

ISSUE & DESCRIPTION

DATE

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LENGTH

11/17/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses on looking for help for your children or trying to connect with a government agency – maybe the police or fire department – to ask a question about a problem in your neighborhood. Whatever your need, there is help. The hard part is finding the right person to talk to. Our focus is on Springfield and Clark County and the best way to connect with the social service provider who can help you. Guests include: Brian Miller, fire Chief, Springfield Fire/Rescue Division; Brianna Wilson, General Manager of Marketing Communication – Mental Health Recovery Board and Kerry Pedraza, United Way of Clark, Champaign and Madison counties.

12/08/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses on the former Mound facility in Miamisburg. The transition of the facility from a very secret government site for nuclear research and development that started in the late 1940's to the present day, where it's a growing private business technology park. Guests include: Dick Church, Miamisburg Mayor; Sue Smiley, US Department of Energy and Eric Cluxton, Executive Director of the Mound Development Corporation.

12/22/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Josh Swiegart and Chris Stewart, DDN reporters, on their "Walking the Path" series in the paper about recovery from the Memorial Day tornadoes, and what they learned about the region's recovery efforts.

CULTURE

10/06/19 05:00AM 00:09:27

VIEWPOINTS: SEGMENT 1: If you were at a beach or barbeque this summer, there was probably a box of spiked seltzers somewhere in the vicinity. These canned, around 100-calorie alcoholic beverages have been the latest craze in 2019 and beverage industry experts predict that the hype isn't going to end anytime soon. Viewpoints spoke with the founder of Samuel Adams and Boston Beer Company, Jim Koch, along with two other industry experts to get the inside scoop on why spiked seltzers are just so popular among consumers. Host: Gary Price. Guests: Jim Koch, founder of Samuel Adams and Boston Beer Company; Natasha Swords, editor-in-chief, *Drink Me Magazine* and *Bonfort's Wine and Spirits Journal*; Chelsea Phillips, vice president, Beyond Beer Brands, Anheuser Busch.

ISSUE & DESCRIPTION

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LENGTH

10/13/19 05:00AM 00:11:13

VIEWPOINTS: SEGMENT 1: What happens if you pass away on an airplane or in outer space? Why do bugs only eat certain parts of your body? These are some of the questions Caitlin Doughty answers every day and in her new book *Will My Cat Eat My Eyeballs?* Viewpoints spoke with Doughty about why discussing death is still such a taboo topic in the U.S. and how our burial and funeral practices vary widely from other cultures. Host: Gary Price. Guests: Caitlin Doughty, mortician, death awareness advocate and author, *Will My Cat Eat My Eyeballs?*

10/20/19 05:30AM 00:06:42

RADIO HEALTH JOURNAL: SEGMENT 2: Emergency room physicians have to make sense of and care for complete strangers every day. A recently retired ER doctor looks back at lessons he’s learned that are applicable to everyone’s life. Host: Nancy Benson. Producer: Polly Hansen. Guest: Dr. Paul Seward, author, *Patient Care: Death and Life In the Emergency Room.*

10/20/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Local visual artist Jes McMillan on her public art project, a mosaic, to honor victims of the Oregon District mass shooting.

10/27/19 05:00AM 00:08:23

VIEWPOINTS: SEGMENT 2: International influence is increasingly pervasive in today’s interconnected, social media-driven world. Swedish author Elisabeth Åsbrink joins Viewpoints to discussed how Sweden has changed in recent years and the perception of the country versus the reality of what’s happening within its borders. Host: Marty Peterson. Guest: Elisabeth Åsbrink, author of *Made in Sweden: 25 Ideas That Created a Country.*

11/03/19 05:00AM 00:08:58

VIEWPOINTS: SEGMENT 1: It’s been almost 75 years since the end of World War II. With Veterans Day around the corner, we discover what it was like to be an army photographer documenting the war in its final year of 1945. Who were these men? What did they do after the war? Host: Gary Price. Guest: Richard Cahan, journalist and author, *Aftershock: The Human Toll of War, Haunting World War II Images by America’s Soldier Photographers.*

ISSUE & DESCRIPTION

DATE

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LENGTH

11/10/19 05:00AM 00:08:34

VIEWPOINTS: SEGMENT 2: Have you ever wondered how to create the color purple using only natural ingredients? Or why, amongst completely different languages, the third color term that’s identified after black and white is always red? Viewpoints’ spoke with two color experts about the theorized meanings behind certain hues and their natural origins. Host: Marty Peterson. Guests: Keith Recker, color trend consultant for Pantone, editor and founder of *Hand/Eye Magazine*, author of *True Colors: World Masters of Natural Dyes and Pigments*; Paul Kay, professor emeritus at the University of California – Berkeley, adjunct professor at Stanford University.

11/10/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Jerry Smith, senior curator of the Dayton Art Institute, on its latest new exhibition and upcoming shows for 2020.

11/17/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Brady Kress, president and CEO of Dayton History and Carillon Historical Park, on the park’s holiday programs, including the “Tree of Light” at the Deeds Carillon.

11/24/19 05:00AM 00:08:54

VIEWPOINTS: SEGMENT 2: Everyone needs some kind of creative outlet. For two practicing doctors, they’ve turned their respective interests into separate and successful side careers. Viewpoints’ spoke with each about the stressors of working in the medical field and how they de-compress and give back through their musical talents. Host: Marty Peterson. Guest: Dr. Thomas Oden, adult forensic psychiatrist and DJ Diagnosis; Dr. James Webb, radiologist and country music artist.

11/24/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Val Beerbower of the Downtown Dayton Partnership, on upcoming holiday events downtown including the Children’s Parade, now more than 40 years old.

12/01/19 05:30AM 00:06:48

RADIO HEALTH JOURNAL: SEGMENT 2: A growing number of pet owners are tempted to put their dog or cat on vegan, gluten-free or raw diets. An expert pet nutritionist and veterinarian discussed what pets should and shouldn’t eat to be healthy. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Valerie Parker, Associate Professor of Veterinary Clinical Sciences, The Ohio State University Veterinary Medical Center.

ISSUE & DESCRIPTION

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LENGTH

12/08/19 05:00AM 00:10:36

VIEWPOINTS: SEGMENT 1: Only one out of every five dogs will finish their life with the family who originally took them home. Top Dog Foundation specifically helps find new homes for senior dogs through a variety of programs. We spoke with the founder of the organization, Jean Stelten-Beuning about the need and how owners can plan ahead to ensure the long-term welfare of their pet. Host: Gary Price. Guest: Jean Stelten-Beuning, creator, owner, operator, Top Dog Country Club and founder, board chair, Top Dog Foundation.

12/15/19 05:00AM 00:07:55

VIEWPOINTS: SEGMENT 2: Cooking during the holidays can be a major source of stress – but it doesn’t have to be. Viewpoints spoke with cookbook author Julia Turshen to get some insider tips & tricks on how to quickly pull together a successful holiday meal with basic cooking skills and ingredients that are most often already in your pantry. Host: Marty Peterson. Guests: Julia Turshen, author of *Small Victories: Recipes, Advice + Hundreds of Ideas for Home Cooking Triumphs*.

12/22/19 05:00AM 00:11:41

VIEWPOINTS: SEGMENT 1: There’s nothing quite like watching reality TV – and holiday-themed reality TV is even better if you’re trying to de-stress during the busy end-of-year months. We delve into the world of Food Network’s popular show, “Holiday Baking Championship” to get the inside scoop on what it’s really like to compete and judge a reality TV baking series. Host: Gary Price. Guests: Erin Campbell, season 1 champion, “Holiday Baking Championship”; Lorraine Pascale, chef, judge, “Holiday Baking Championship”; Jennifer Barney, season 4 champion, “Holiday Baking Championship.”

12/29/19 05:00AM 00:09:32

VIEWPOINTS: SEGMENT 2: The *Harry Potter* series is one of the most beloved stories of all time, unlocking a world of wizarding magic, adventure and intrigue to millions of young readers. We discussed how its unconventional storyline and character development can shift thinking and teach real life lessons. Host: Marty Peterson. Guest: Mimi Gladstein, English and literature professor, University of Texas at El Paso, author of the essay, *Feminism and Equal Opportunity: Hermione and the Women of Hogwarts*; Amy Hogan, creative media manager, MuggleNet.

12/29/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Local author and columnist Sharon Short on her new novel and the latest in the local literary scene in Dayton.

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ECONOMY

10/13/19 05:00AM 00:07:11

VIEWPOINTS: SEGMENT 2: The retail giant, Forever 21 was once a prominent leader in the trendy style category for teens and young adults, boasting the latest fashions at bare bone prices. However, earlier this month, the company filed for Chapter 11 bankruptcy citing decreased sales and increased online competition. But for many, the recent news has also signaled a shift in consumer’s shopping habits and the potential decline of fast fashion. We spoke with journalist and author Dana Thomas about the fast fashion industry, its negative effects and if consumers are really starting to change the way they shop. Host: Marty Peterson. Guest: Dana Thomas, journalist and author, *Fashionopolis: The Price of Fast Fashion and the Future of Clothes*.

10/13/19 05:30AM 00:13:25

RADIO HEALTH JOURNAL: SEGMENT 1: A large number of hospitals in rural areas have closed, and many more have closed their maternity units, leaving many rural mothers-to-be with no nearby place to deliver their babies or even get prenatal care. Experts discussed the financial and demographic reasons behind these closures, the danger it presents to mothers and children, and some ways to counter the risk. Host & Producer: Reed Pence. Guests: Dr. Carrie Henning-Smith, Assistant Professor of Health Policy and Management, University of Minnesota School of Public Health and Deputy Director, University of Minnesota Rural Health Research Center; Dr. John Cullen, President, American Academy of Family Physicians; Brock Slabach, Senior Vice President, National Rural Health Association.

10/20/19 05:30AM 00:13:12

RADIO HEALTH JOURNAL: SEGMENT 1: Gig work is becoming more and more a part of the American economy. It takes a certain temperament for a worker to thrive on the freedom gig work offers without being paralyzed by the lack of security. Experts discussed the psychological benefits and difficulties of multiple part time jobs or freelancing. Host & Producer: Reed Pence. Guests: Jeff Kreisler, Editor in Chief, PeopleScience.com; Dr. Brianna Caza, Associate Professor of Business Ethics, University of Manitoba.

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LENGTH

11/10/19 05:00AM 00:10:01

VIEWPOINTS: SEGMENT 1: It’s almost too easy to purchase items and services these days. Need dinner? A ride? Groceries? All of these items are just a click away with a credit card that’s saved online or in a mobile app. We spoke with money expert, Ashley Feinstein Gerstley to find out why most Americans barely have any savings in the bank and how to start becoming more fiscally responsible through some simple, small steps. Host: Gary Price. Guests: Ashley Feinstein Gerstley, money coach, founder of *The Fiscal Femme*, author of *The 30-Day Money Cleanse*.

11/10/19 05:30AM 00:06:00

RADIO HEALTH JOURNAL: SEGMENT 2: Birth rates in the US are at an all-time low, and fertility for all age groups under age 30 is dropping. Experts explain that it may not be as good a thing as we may think, and cite nations like Japan and Italy, which are facing labor shortages and elderly populations as a result of less-than-replacement-level fertility. Host: Nancy Benson. Guests: Richard Jackson, President & founder, Global Aging Institute; Dr. Elise Berlan, Director, Young Women’s Contraception Program, Nationwide Children’s Hospital, Columbus, OH.

12/15/19 05:30AM 00:06:00

RADIO HEALTH JOURNAL: SEGMENT 2: Rich people receive deference that the rest of us don’t, but do wealthy kids grow up knowing they can get away with what others can’t? Research finds that *all* children apparently know this. Experts discuss. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Suniya Luthar, Foundation Professor of Psychology, Arizona State University and Professor Emerita, Columbia University Teachers College; Maia Szalavitz, co-author, *Born for Love: Why Empathy is Essential and Endangered*.

12/22/19 05:00AM 00:06:39

VIEWPOINTS: SEGMENT 2: Christmas is only days away. Most Americans by now have bought all of their presents and have tucked their well-used credit cards away until the New Year. Viewpoints’ spoke with Colin Morris at Adobe Analytics about the hottest items and shopping trends this year and the whopping 143 billion dollars that Americans are set to spend just online during the 2019 holiday shopping season. Host: Marty Peterson. Guest: Colin Morris, director, product management at Adobe Analytics.

ISSUE & DESCRIPTION

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LENGTH

12/29/19 05:00AM 00:09:37

VIEWPOINTS: SEGMENT 1: Each day, 10,000 Americans will hit retirement age. With millions of people aging, the need for home health aides is set to expand by 47 percent between 2016 and 2026, according to the Bureau of Labor Statistics. So, what are the best senior care options out there? How much does it cost per year? What is working as a home health aide really like? Host: Gary Price. Guest: Mark Dunning, certified senior care manager; director and founder, Care Planning Institute; Joy Demiar, caregiver.

EDUCATION

10/06/19 05:00AM 00:09:16

VIEWPOINTS: SEGMENT 2: These days physical books have a lot of competition. From TV to smartphone use, it can be hard to switch it all off and dive into a new book. That's why it's so important to start a routine of reading and storytime from the get-go with your child. We discussed how children's books have changed over the years and how to go about finding the best books for each age and interest. Host: Marty Peterson. Guests: Maria Russo, Children's Books Editor at The New York Times Book Review, co-author, *How to Raise a Reader*.

10/06/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Bridget Hutt and John Owen, co-chairs of TEDxDayton, on the upcoming seventh year of the annual event showcasing ideas worth sharing.

10/27/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses on the work at the University of Dayton Research Institute. It involves research, development, application and transition of technology in diverse fields, including materials, structure, energy, propulsion, manufacturing, sensors, intelligence and much more. Guests include: Allan Crasto, Executive Director, UDRl; Brian Stitt, Division Head, Sustainment Technologies Transition and Chad Barklay, Group Leader, Advanced High-Temperature Materials.

ISSUE & DESCRIPTION

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11/03/19 05:30AM 00:07:53

RADIO HEALTH JOURNAL: SEGMENT 2: Intelligence agencies have long sought ways to control the mind to get people to do their bidding. An author discussed his investigation into CIA mind control efforts in the 1950's and 60's through the use of psychedelic drugs, which unwittingly led to an explosion of the drugs' use. Host: Nancy Benson. Producer: Polly Hansen Guests: Stephen Kinzer, Senior Fellow, Watson Institute for International and Public Affairs, Brown University and author, *Poisoner In Chief: Sidney Gottlieb and the CIA Search for Mind Control*.

11/03/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses on the school issues affecting some local school districts as we head toward the general election on November 5. Guests include: Tom Henderson, Supt. Of Centerville City Schools; David Vail, Supt. Of Miamisburg City Schools and Jack Haag, Business Manager of West Carrollton Schools.

11/17/19 05:00AM 00:11:35

VIEWPOINTS: SEGMENT 1: Being a teenager is tough these days – and being a parent to a teenager can be even be tougher sometimes. Over the last five years, two researchers, who are parents themselves, traveled across the world to observe several wild animal species and the interactions of their young in an effort to better understand human adolescent development. Host: Gary Price. Guests: Doctor Barbara Natterson-Horowitz, professor of evolutionary biology and medicine at Harvard University and University of California– Los Angeles, co-author, *Wildhood: The Epic Journey From Adolescence to Adulthood in Humans and Other Animals*; M. Leanne Lilly, board-certified veterinary behaviorist at The Ohio State University Veterinary Medical Center.

12/01/19 05:00AM 00:08:55

VIEWPOINTS: SEGMENT 2: Have you other wondered how children in other countries are taught? What are the classrooms like? How are teachers educated? Class sizes? We spoke with education expert and mother, Teru Clavel, who lived abroad with her three children, about the education differences between Asia and U.S. school systems. Host: Marty Peterson. Guest: Teru Clavel, education expert, author, *World Class: One Mother's Journey Halfway Around the Globe in Search of the Best Education for Her Children*.

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12/08/19 05:00AM 00:08:35

VIEWPOINTS: SEGMENT 2: While many schools have put in place comprehensive anti-bullying campaigns, we still seldom focus on ensuring that the child bullies get the help they need. We still punish troubled kids with harsh detentions, suspensions and from there it escalates onward. Because of this, many bullies seem to never get the proper support and get stuck in a perpetual cycle of trouble throughout life. How do we change our systems and perspectives in order to stop these kids from falling through the cracks? Host: Marty Peterson. Guests: Geraldine DeRuiter, creator of the blog *The Everywhereist* and author, *All Over the Place: Adventures in Travel, True Love and Petty Theft*; Dr. Ross Greene, clinical child psychologist and founding director of Lives in the Balance.

ENVIRONMENT

10/20/19 05:00AM 00:09:41

VIEWPOINTS: SEGMENT 1: Strawberries are ubiquitous in the U.S. Supermarkets in every town stock cartons of fresh strawberries year-round at an affordable price. But this widespread availability may come to a halt in the near future as the industry faces several big challenges. We discussed the history of the strawberry and where it's headed today as environmental sustainability, labor shortages and other issues start to boil over. Host: Gary Price. Guest: Julie Guthman, professor of social sciences at the University of California – Santa Cruz, author, *Wilted: Pathogens, Chemicals & the Fragile Future of the Strawberry Industry*.

10/27/19 05:30AM 00:12:12

RADIO HEALTH JOURNAL: SEGMENT 1: Rising levels of carbon dioxide in the atmosphere are making crops grow bigger & faster. However, researchers have found that these crops contain significantly lower levels of protein, iron, zinc, and other important nutrients, potentially endangering nutrition for hundreds of millions of people. Experts explain the effect will get worse as CO2 levels continue to rise, and what might be done to combat the problem. Host & Producer: Reed Pence. Guests: Dr. Sam Myers, Principal Research Scientist and Director, Planetary Health Alliance, Harvard University; Dr. Kristie Ebi, Director, Center for Health and the Global Environment, University of Washington.

ISSUE & DESCRIPTION

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11/03/19 05:00AM 00:09:43

VIEWPOINTS: SEGMENT 2: It’s almost 2020. While many Americans have grown to be more eco-conscious, some things still remain the same. It seems like almost every day a smoker is seen stomping on a cigarette and leaving it on the pavement or chucking a lighted butt out the car window. Did you know that nearly 38 percent of all collected litter is cigarettes? We spoke with an expert about how this type of litter affects the environment and its ecosystems. Host: Marty Peterson. Guest: Dr. Thomas Novotny, professor emeritus of epidemiology and biostatistics, San Diego State University.

12/01/19 05:00AM 00:09:42

VIEWPOINTS: SEGMENT 1: The Panama Canal was one of the most treacherous builds in modern history. The man-made waterway spanning 51 miles took more than a decade to complete and resulted in the deaths of thousands of workers. What challenges did builders face? How did disease so quickly spread? We answer these questions and more. Host: Gary Price. Guest: Paul Sutter, professor of environmental history, University of Colorado-Boulder.

12/15/19 05:00AM 00:11:01

VIEWPOINTS: SEGMENT 1: Extreme forest fires in California; increased flooding throughout the Midwest; rising sea levels threatening much of the coastal United States. Viewpoints spoke with author Avanti Centrae and ecologist Alejandro Frid about some of these extreme weather patterns and how people across the world are changing the way they live to adapt to this new landscape. Host: Gary Price. Guests: Avanti Centrae, author, *VanOps: The Lost Power*; Alejandro Frid, ecologist, science coordinator, Central Coast Indigenous Resource Alliance, author, *Changing Tides: An Ecologist’s Journey to Make Peace with the Anthropocene*.

ISSUE & DESCRIPTION

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HEALTH/HUMAN SERVICES

10/06/19 05:30AM 00:13:20

RADIO HEALTH JOURNAL: SEGMENT 1: Fluoride in community drinking water has been controversial since its introduction nearly 75 years ago. A new study adds to this with evidence that pregnant women who drink fluoridated water may produce children with slightly lowered IQ. The study author and two other experts discussed what’s known and what the ramifications of the study could be for communities, for oral health, and for children. Host & Producer: Reed Pence. Guests: Dr. Brittany Seymour, Assistant Professor of Oral Health Policy and Epidemiology, Harvard School of Dental Medicine; Dr. Christine Till, Associate Professor of Psychology, York University; Dr. Patricia Braun, Professor of Pediatrics, University of Colorado and Chair, Section on Oral Health Executive Committee, American Academy of Pediatrics.

10/06/19 05:30AM 00:06:38

RADIO HEALTH JOURNAL: SEGMENT 2: As much as 16 percent of the population suffers from tryphobia, which makes them uneasy at the sight of holes clustered together, as in a honeycomb. Two experts and a sufferer discussed this phobia, which can be remarkably debilitating. Host: Nancy Benson. Producer: Morgan Kelly. Guests: Dr. Geoff Cole, Center for Brain Science, University of Essex; Kerry Taylor, tryphobia sufferer and administrator of support group; Dr. Keith Wagner, University of Texas Medical Branch, Galveston.

10/13/19 05:30AM 00:06:33

RADIO HEALTH JOURNAL: SEGMENT 2: Doctors have learned that childhood allergies and asthma may have their start in dry, dysfunctional skin in infancy, when allergens such as food particles enter the body through cracks in the skin. A noted pediatric allergist discussed this "atopic march" and ways to combat it. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Donald Leung, Head, Pediatric Allergy Division, National Jewish Health, Denver.

10/20/19 05:00AM 00:08:33

VIEWPOINTS: SEGMENT 2: Did you know that dogs can smell up to 100,000 times better than the average person? Most of us are familiar with service or police dogs using their nose to sniff out a particular scent, but now researchers are harnessing the power of a dog’s nose to find malaria, diabetes and even some of the hardest-to-detect cancers. Host: Evan Rook.

ISSUE & DESCRIPTION

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10/27/19 05:00AM 00:10:36

VIEWPOINTS: SEGMENT 1: People place such a heavy emphasis on finding and arranging care for loved ones, whether that’s hiring professional care or becoming the caretakers themselves. And if people take on the role themselves, it can be easy to quickly lose sight of personal health, wellness and relationships. We discussed the ups and downs of caregiving in a world that’s not always so straightforward and forgiving. Host: Gary Price. Guest: Doctor Santo D. Marabella, author of Lessons of Caring: Inspiration and Support for Caregivers; Erick Stoll, co-director of the film, “América”.

10/27/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Eric VanVlyman, CEO of the local chapter of the Alzheimer’s Association, on the latest in treating the illness.

11/03/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Rita Cyr, CEO of the Dayton Ronald McDonald House, on upcoming expansion plans at the place and other news.

11/10/19 05:30AM 00:13:43

RADIO HEALTH JOURNAL: SEGMENT 1: For those left behind when a loved one dies of suicide, recovery can be difficult. Stigma, guilt, and blame are exceptionally common. They need more support, but often get less, and their own risk of suicide is elevated. Experts—one a suicide survivor herself—discussed the difficulties and ways survivors can cope. Host & Producer: Reed Pence. Guests: Joyce Bruggeman, Exec. Director, Survivors of Suicide Loss; Dr. Holly Prigerson, Co-Director, Center for Research on End of Life Care, Professor of Geriatrics and Sociology in Medicine, Weill-Cornell Medical College.

11/17/19 05:30AM 00:11:32

RADIO HEALTH JOURNAL: SEGMENT 1: Some agencies estimate that 50,000 children have been born in the US using donor eggs. But egg donation (or sale, as some insist) is not regulated, and while short-term risks are known, few donors have been followed for years. Long-term risks are not well understood. Experts discussed what we know... and what we don’t. Host & Producer: Reed Pence. Guests: Dr. Linda Kahn, postdoctoral fellow in pediatrics, New York University School of Medicine; Dr. Richard Paulson, Professor of Reproductive Medicine, University of Southern California and President, American Society of Reproductive Medicine; Dr. Wendy Chavkin, Professor of Public Health and Obstetrics and Gynecology, Columbia University.

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11/17/19 05:30AM 00:08:00

RADIO HEALTH JOURNAL: SEGMENT 2: HIV/AIDS was once an epidemic and a death sentence. But many Americans are too young to remember that, so HIV awareness has faded. One of the nation’s top HIV experts discussed HIV as a treatable, chronic illness and the need to still be vigilant—and be tested. Host: Nancy Benson. Guest: Dr. Laura Cheever, Associate Administrator, HIV/AIDS Bureau, US Health Resources and Services Administration.

11/24/19 05:30AM 00:11:34

RADIO HEALTH JOURNAL: SEGMENT 1: Around a half million people are homeless in the US on any given night, but the street homeless who are most visible often incorrectly influence our assumptions about the homeless. A noted researcher discusses myths and truths about their addictions, employment, residences, and more, and why people often become homeless. Host & Producer: Reed Pence. Guest: Dr. Deborah Padgett, Professor of Social Work and Global Public Health, Silver School of Social Work, New York University.

11/24/19 05:30AM 00:07:44

RADIO HEALTH JOURNAL: SEGMENT 2: Women undergoing cancer treatment often suffer hair loss and other impacts on appearance. A noted beauty expert discussed best ways to deal with it. Host: Nancy Benson. Producer: Polly Hansen. Guest: Guest: Caitlin Keirnan, former fashion columnist & beauty director, cancer survivor and author, *Pretty Sick: A Beauty Guide for Women With Cancer*.

11/24/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses on weight loss and your health. It’s been well-documented that carrying around too much weight is bad for your health in many ways. There is a direct connection between what you eat and how active you are – to the likelihood to being able to avoid a long list of health problems. Guests include: Dr. Joe Northrup, Premier Weight Loss; Diane Weathers, dietician and Megan Kovach, patient.

12/01/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Eric VanVlyman, CEO of the local chapter of the Alzheimer’s Association, on the latest in treating the illness.

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12/08/19 05:30AM 00:08:01

RADIO HEALTH JOURNAL: SEGMENT 2: The average age when men first become fathers has risen to 31, and more men are also becoming dads in their 40’s and 50’s. A National Book Award-winning author discussed his experience as a first-time dad at 56, and now as a 73-year old father with teenagers. Host: Nancy Benson. Producer: Polly Hansen. Guest: Tim O’Brien, author, *Dad’s Maybe Book*.

12/15/19 05:30AM 00:14:10

RADIO HEALTH JOURNAL: SEGMENT 1: The debate over vaccination isn’t as civil as it once was and leaves little room for common ground or even discussion. Pro-vaccine advocates often point to science showing safety and effectiveness, but as a noted medical humanities researcher explains, values common among anti-vaccine advocates lead them to reject this science, and both sides need to understand where the disconnect comes from. Host & Producer: Reed Pence. Guests: Dr. Bernice Hausman, Professor and Chair, Dept. of Humanities, Penn State University College of Medicine and author, *Anti-Vax: Reframing the Vaccination Controversy*.

12/15/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Michelle Riley, CEO of the Foodbank Dayton, on its hunger relief efforts and Valley Food Relief, the annual fundraising campaign done with the Dayton Daily News.

12/15/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses on the well documented fact that our own troops who served in Vietnam came into contact with Agent Orange. It was sprayed in the jungle and a lot of other places to kill trees and other types of growth. Many of those troops are now sick with life-threatening illnesses. Guests include: Bob McHenry of Centerville and Paul Skinner of Xenia and Arnie Harmon of Columbus.

12/22/19 05:30AM 00:12:39

RADIO HEALTH JOURNAL: SEGMENT 1: Winter in general, and the holidays in particular, are the busiest time of year in hospital emergency departments, even in places where it doesn’t snow. Experts discussed the increase in deaths of all kinds, including the “Merry Christmas Coronary” and possible reasons those deaths bounce up. Host & Producer: Reed Pence. Guests: Dr. Christopher Michos, emergency physician; Dr. Robert Kloner, Chief Science Officer and Scientific Director of Cardiovascular Research, Huntington Medical Research Institutes and Professor of Medicine, University of Southern California Keck School of Medicine; Dr. David Phillips, Emeritus Professor of Sociology, University of California, San Diego.

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12/22/19 05:30AM 00:07:29

RADIO HEALTH JOURNAL: SEGMENT 2: During the holidays, reflux problems are magnified by big meals with trigger foods like chocolate and alcohol. But reflux sometimes doesn't show up as heartburn. A gastroenterologist discussed reflux, how it may appear as asthma or hoarseness, and how it can be treated. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Jeffrey King, Chief of Gastroenterology, National Jewish Health, Denver.

12/22/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports will take a closer look at the local program in response to the drug crisis and it does it by promoting recovery, not simply by throwing people in jail. It's the Drug Court in Montgomery County. It's a specialized court that focuses on helping people as they make their way from drug abuse to full recovery. Guests include: Judge Mary Wiseman, Montgomery County Common Pleas Court, Jodi Long, Associate Director of ADAMHS and Teresa Russell with the Montgomery County Sheriff's Office.

12/29/19 05:30AM 00:12:17

RADIO HEALTH JOURNAL: SEGMENT 1: Hoarding disorder affects at least five percent of Americans, and despite TV programs showing its effects, it is still widely misunderstood. Experts discussed the danger hoarding poses to others, including neighbors, children, and first responders; why those with the disorder are so attached to things; and the right and wrong ways to address the problem. Host & Producer: Reed Pence. Guests: Dr. Carolyn Rodriguez, Associate Professor and Associate Chair of Psychiatry and Behavioral Sciences, Stanford University School of Medicine; Elaine Birchall, social worker specializing in hoarding disorder and co-author, *Conquer the Clutter: Strategies to Identify, Manage and Overcome Hoarding*.

12/29/19 05:30AM 00:07:14

RADIO HEALTH JOURNAL: SEGMENT 2: Fifteen years ago, advanced melanoma was usually lethal. But new treatments harnessing the immune system have increased survival so much that researchers haven't completely been able to quantify it. An expert physician discussed the advances. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Philip Friedlander, Director, Melanoma Medical Oncology Program, Mt. Sinai, New York.

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12/29/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses on the work being done at the Foodbank in Dayton. For decades, they have provided food to families in need. And, again this year, you can help by supporting the Valley Food Relief Campaign. Guests include: Michelle Riley, Foodbank CEO; Katie Ly, Senior Food Box Manager and Pat Barton, Donor/ Volunteer.

PUBLIC SAFETY

10/06/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses on the community response to the Oregon District shooting on August 4. It's been overwhelming in a number of ways – one aspect of it the financial end of things. We are talking with people from the Dayton Oregon District Tragedy Fund. It's their job to accept, manage and distribute the money that so many people contributed after the shooting. Guests include: Dr. Gary LeRoy, Co-chair of Dayton Oregon District Tragedy Fund; Brother Ray Fitz, Former President Of University of Dayton, Co-chair and Mike Parks, President, Dayton Foundation.

10/13/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses on the work of the YWCA in the Miami Valley and their mission to combat the cycle of domestic violence. For survivors – where can they find help? For young women, what they need to know to protect themselves. And for parents, of both girls and boys, how can they help be part of the solution to this problem. Guests: Tia Lurie – YWCA Shelter Operations Manager; Monique Williams, Homeless Crisis Response Program and Marshall Weil, YWCA, Director of Development.

11/03/19 05:30AM 00:12:11

RADIO HEALTH JOURNAL: SEGMENT 1: Mass shootings and other forms of mass violence are on the increase. Where to assess blame is in sharp dispute. A new report from a blue-ribbon panel of behavioral scientists has found that mental illnesses carry some of the blame, but mental “distress” is a much more likely factor. Panel members discussed mental health first aid, red flag laws, and other report recommendations on ways to prevent mass violence. Host & Producer: Reed Pence. Guests: Dr. Jeffrey Lieberman, Professor and Chair, Dept. of Psychiatry, Columbia University College of Physicians and Surgeons; Dr. Joseph Parks, Medical Director, Natl. Council for Behavioral Health.

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11/10/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses holiday cooking and food safety. It's the time of the year where families will begin gathering for the holidays and enjoying some wonderful food. Find out the do's and don't's of cooking safely. Guests include: Chef Frank Leibold – Professor – Hospitality Management/Culinary Arts, Sinclair Dawn Wilson, Associate Professor-Expert on Sanitation and Safety, Sinclair, Chef Carrie Walters, Culinary Director, Dorothy Lane Market.

11/24/19 05:00AM 00:10:38

VIEWPOINTS: SEGMENT 1: What would it be like to feel crippled by identity theft for most of your young adult life? Axton Betz-Hamilton shares her surprising identity theft story and how she's now helping others in a similar boat. Host: Gary Price. Guest: Axton Betz-Hamilton, author *The Less People Know About Us: A Mystery of Betrayal, Family Secrets, and Stolen Identity*.

12/01/19 05:30AM 00:12:56

RADIO HEALTH JOURNAL: SEGMENT 1: Studies show that law enforcement is the most sleep deprived of all professions, with potentially damaging and even fatal consequences for decision-making and reaction time, as well as long-term health damage. Experts discussed the unique challenges in having a poorly rested police force and in fixing it. Host & Producer: Reed Pence. Guests: Dr. Jagdish Khubchubdani, Professor of Health Science, Ball State University; Dr. John Violanti, Research Professor Of Epidemiology and Environmental Health, University at Buffalo.

12/01/19 06:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focuses on how to keep your family safe. Over the years, News Center 7 has covered far too many cases of domestic violence. On this week's episode we are focusing on the work of the Family Violence Prevention Center in Springfield. Their mission is to reduce family and relationship violence and its impact in Greene County through prevention, intervention, safe-housing and collaborative community relations. Guests include: Debbie Matheson, Executive Director, Family Violence Prevention Center; Harmony Thoma, Community Relations Coordinator and Child and Family Counselor and Teri LaJeunesse, Director of Victim Witness at Greene County Prosecutor's Office.

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12/08/19 05:30AM 00:11:56

RADIO HEALTH JOURNAL: SEGMENT 1: Some bullies never grow up, and just keep on bullying. Experts describe where and how it most often occurs, what workplace bullies are seeking, who they target, why it continues, and what needs to happen to stop it. Host & Producer: Reed Pence. Guests: Dr. Ron Riggio, Professor of Psychology and Leadership, Claremont McKenna College; Dr. Charles Sophy, Medical Director, Los Angeles County Dept. of Children and Family Services; Dr. Gary Namie, Director, Workplace Bullying Institute.

12/08/19 06:00AM 00:30:00

MIAMI VALLEY VOICES: Jane Kiefer, ED of the Artemis Center, on its efforts to combat domestic violence in the Miami Valley.