

2nd Quarter Report

April 1 – June 30, 2020



WHKO-FM Dayton, Ohio
Camelot Radio Buyer, LLC

WHKO-FM

This report contains information that was broadcast on each of the following topics:

COVID-19 Pandemic

Culture/Ethics

Economy

Education

Healthcare/Mental Health Issues

Public Safety

WHKO-FM Shows Listed in Report

04/01/20 – 06/30/20

All durations listed within report are approximate.

Durations listed in Hours: Minutes: Seconds (i.e. 01:20:00)

Viewpoints (Sunday).....	5:00-5:30 a.m.
Radio Health Journal (Sunday).....	5:30-6:00 a.m.
WHIO-TV Reports (Sunday).....	6:30-7:00 a.m.
<i>(Current Issues Produced by the News Department)</i>	

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

COVID-19 PANDEMIC

04/19/20 05:30AM 00:07:42

RADIO HEALTH JOURNAL: SEGMENT 2: The national effort to shelter in place has closed gyms and led many people to complain of weight gain. Two exercise experts discuss how people can maintain fitness at home with no equipment. Host: Nancy Benson. Producer: Polly Hansen. Guests: Sabrina Wescott, nutrition health coach and Director of Marketing, Maxpro Fitness; Erin Sampson, yoga instructor on YouTube “Five Parks Yoga” channel.

04/19/20 06:30AM 00:24:30

WHIO REPORTS: WHIO Reports/Coronavirus – Mental Health – This edition of WHIO Reports took a closer look at mental health and how people are mentally dealing with the pandemic and its effect on people. Guests include Helen Kelley Jones, Executive Director of Montgomery County Alcohol, Drug Addiction and Mental Health Services and Dennis O’Grady, Psychologist.

04/26/20 05:00AM 00:09:24

VIEWPOINTS: SEGMENT 1: With billions across the world staying home right now due to coronavirus, air pollution in many major cities has cleared making way for blue skies and new views of nature. This week, Viewpoints speaks with journalist and author Thomas Kostigen about the role of geoengineering in tackling another approaching global crisis: climate change. Host: Gary Price. Guests: Thomas Kostigen, journalist, author, Hacking Planet Earth: How Geoengineering Can Help Us Reimagine the Future.

05/03/20 05:30AM 00:08:06

RADIO HEALTH JOURNAL: SEGMENT 2: Nursing homes have been a hotbed of fatal COVID-19 infections. The virus was loose in many of them before they could even know it. An industry expert discusses what nursing homes are doing now to keep the virus out and their patients safe. Host: Nancy Benson. Producer: Reed Pence. Guest: Dan Stockdale, certified nursing home administrator and consultant.

ISSUE & DESCRIPTIONDATETIMELENGTHCOVID-19 PANDEMIC

05/10/20 05:30AM 00:07:54

RADIO HEALTH JOURNAL: SEGMENT 2: Doctor's appointments via smartphone have been available for some time but were used little except in remote areas due to insurance reluctance. Now telemedicine has been forced on us and on insurers by COVID-19 restrictions, and many providers swear by them. Three experts discuss. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Franziska Ringpfeil, Assistant Professor of Dermatology, Thomas Jefferson University; Dr. Brian Cole, Professor of Orthopedic Surgery, Rush University & Managing Partner, Midwest Orthopedics at Rush; Brian Slusser, CEO, Health In Motion Network.

05/24/20 05:30AM 00:07:26

RADIO HEALTH JOURNAL: SEGMENT 2: For people under about age 70, COVID-19 is much harder on men than on women, especially those with strong male characteristics like scalp balding and plentiful body hair. A group of researchers has a theory as to why—that male hormones provide the virus with an entry into the cell. One of the researchers discusses what that could mean in terms of treatment. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Carlos Wambier, Assistant Professor of Dermatology, Brown University Warren Alpert Medical School.

05/31/20 05:30AM 00:11:47

RADIO HEALTH JOURNAL: SEGMENT 1: Scientists have discovered that singing is an exceptionally effective way to spread viruses through the aerosolized particles it expels, which may travel much farther than the six foot safety zone many people follow. This means choruses and choirs may not get back to "normal" after the COVID-19 pandemic until much later than most activities, and only with rapid, effective testing or a vaccine. Experts explain. Host: Reed Pence. Guests: Dr. Robert Russell, Music Director, CHORALART, Portland, ME and Professor Emeritus of Music, University of Southern Maine; Dr. Lucinda Halstead, Medical Director, Evelyn Trammel Institute for Voice and Swallowing, University of South Carolina and President, Performing Arts Medicine Assn.

ISSUE & DESCRIPTIONDATETIMELENGTHCOVID-19 PANDEMIC

06/14/20 05:00AM 00:09:06

VIEWPOINTS: SEGMENT 2: In April, May and June of this year, 550,000 weddings across the U.S. were set to take place. As the threat of COVID-19 swept much of the U.S., many of these pre-planned weddings had to be rescheduled. Viewpoints speaks with Erika Hernandez-Fullerton, a recent bride herself and owner of a wedding planning company, to find out how couples in this predicament are making the best of this unusual situation. Host: Marty Peterson. Guest: Erika Hernandez-Fullerton, owner, The Greatest Adventure Weddings & Elopements.

06/21/20 05:30AM 00:12:37

RADIO HEALTH JOURNAL: SEGMENT 1: With thousands of people demonstrating in the streets after the death of George Floyd, health experts are concerned that the crowds, shouting, and lack of masks may contribute to a spike in COVID-19 cases. However, with many locations also “opening up,” they say a spike is inevitable, to be made worse by protests, but finding out what’s responsible becomes more difficult. Experts discuss. Host & Producer: Reed Pence. Guests: Dr. Julie Swann, Dept. Head and Allison Distinguished Professor, Fitts Dept. of Industrial and Systems Engineering, North Carolina State Univ; Dr. Pinar Keskinocak, Professor of Industrial and Systems Engineering and Director, Center for Health and Humanitarian Systems, Georgia Tech University.

06/21/20 06:30AM 00:24:30

WHIO REPORTS: – COVID-19/Nursing Homes – This edition of WHIO Reports focused on the many cases of COVID-19 and deaths from the virus over the last few months in nursing homes. Ohio Gov. Mike DeWine has started the process of providing more information on where the cases are being found. Plus, we have some good advice for people who are looking at local nursing homes trying to decide where to place one of their loved ones in the near future. Guests include: Chip Wilkins, Ombudsman Program Director and Dr. Michael Dohn, Public Health - Dayton and Montgomery County.

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COVID-19 PANDEMIC

06/28/20 05:30AM 00:12:27

RADIO HEALTH JOURNAL: SEGMENT 1: While most people who contract COVID-19 survive, those who suffer often-changing symptoms for months on end can only wonder when they'll get well. A survey of members of a long-haul survivors support group find that many who don't have "textbook" symptoms suffer poor medical care and discrimination as a result. Two women who operate the support group discuss the issues. Host & Producer: Reed Pence. Guests: Fiona Lowenstein, founder, Body Politic Wellness Collective; Hannah Davis, researcher, Body Politic Support Group.

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CULTURE/ETHICS

04/19/20 05:00AM 00:08:19

VIEWPOINTS: SEGMENT 2: Imagine finding out at 54-years-old that the father who raised you wasn't actually your biological dad. Novelist Dani Shapiro found herself in this position after she and her husband sent in an at-home DNA test to Ancestry.com and it came back with some unexpected results. Host: Marty Peterson Guests: Dani Shapiro, author, *Inheritance: A Memoir of Genealogy, Paternity and Love* & creator, host, podcast *Family Secrets*.

04/26/20 05:30AM 00:07:44

RADIO HEALTH JOURNAL: SEGMENT 2: A lack of ventilators potentially puts doctors in the position of deciding which of their COVID-19 patients get a ventilator and live, and which ones don't get one and die. New rules for making such decisions have been released which are designed to be fair and independent. The designer of the rules explains. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Douglas White, Professor of Critical Care Medicine and Director, Program on Ethics and Decision Making In Critical Illness, University of Pittsburgh.

05/03/20 05:00AM 00:09:33

VIEWPOINTS: SEGMENT 1: Could you ever imagine that some imported white asparagus could cost upwards of \$250? Neither did we. This week on Viewpoints, we delve into the niche world of luxury and on-trend ingredients as well as roles in the food industry you've probably never heard of. Host: Gary Price Guests: Carrie Nahabedian, executive chef, co-owner, Brindille, Kostali; Susan Spungen, food stylist, cookbook author, Open Kitchen: Inspired Food for Casual Gatherings.

05/17/20 05:30AM 00:07:13

RADIO HEALTH JOURNAL: SEGMENT 2: Spring is the season of rituals—prom, graduation, commencement and weddings. Social distancing has taken most of these rituals away. An expert discusses the importance of rituals in our mental health and why it's OK to grieve their loss. She also discusses how changing rituals can be successful saves for the tragic loss of funerals. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Maribel Alvarez, Associate Research Professor of Anthropology, University of Arizona.

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CULTURE/ETHICS

05/31/20 05:00AM 00:07:15

VIEWPOINTS: SEGMENT 2: The Epic of Gilgamesh is thought to be the oldest epic poem ever written, created in 2000 BCE. Throughout time, poetry has stayed constant, with greats like Walt Whitman, Emily Dickinson and Henry Thoreau publishing cherished works still topical today. John Kenney is a modern poet whose work is frequently featured in the New Yorker. He's best known for his collection of Love Poems for Married People and joins Viewpoints this week to share his many musings and provide some words of advice when it comes to writing. Host: Marty Peterson Guests: John Kenney, poet, author, Love Poems for Married People, Love Poems for People with Children, Love Poems for Anxious People.

05/31/20 06:30AM 00:24:30

WHIO REPORTS: Ohio Minority Initiative – This edition of WHIO Reports focused on the reopening of Ohio. The state is making a comeback more every week, one step at a time. We are focusing on a new initiative from the and it's all about minority health. It's something that the governor said he wanted to do since the start of this health emergency. Guests include: Ursel McElroy, Ohio Department of Aging; Dr. Kent Youngman, CEO, Rocking Horse Community Health Center and Dr. Yamini Teeagala, CMO, Rocking Horse Community Health Center.

06/07/20 05:00AM 00:10:45

VIEWPOINTS: SEGMENT 1: Tensions between the people of Hong Kong and the Chinese communist government are quickly escalating in recent months. With the proposal of a new national security law in late May further tightening the grip on the semi-autonomous territory of Hong Kong, the city is a tipping point as protesters risk their lives to fight for political democracy and civil liberties. Host: Gary Price Guests: Antony Dapiran, lawyer, writer, author, City on Fire: The Fight for Hong Kong.

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06/07/20 05:00AM 00:08:20

VIEWPOINTS: SEGMENT 2: Imagine finding a rough, circular rock-like object and spending many minutes, if not hours, trying to pry it open to see what's inside. Once you finally cracked it open, who would slurp down the slimy, raw interior of an oyster, praying that it wouldn't kill them? We discuss the many firsts throughout history and the bold civilizations who uncovered these discoveries. Host: Marty Peterson Guests: Cody Cassidy, freelance writer, author, Who Ate the First Oyster?

06/07/20 05:30AM 00:12:03

RADIO HEALTH JOURNAL: SEGMENT 1: It's illegal for health insurers to use genetic testing to discriminate against policyholders. However, life insurers can and do discriminate on that basis if the test is in your medical file. Private testing lets patients know their risk for many diseases without landing in health files. Advocates want to make it illegal for life insurers to also discriminate on this basis, but it may end up with higher costs for everyone. Experts explain. Host: Reed Pence. Producer: Polly Hansen. Guests: Anya Prince, Associate Professor of Law, University of Iowa; Dr. Patricia Born, Professor and Payne H. and Charlotte Hodges Midyette Eminent Scholar in Risk Management and Insurance, Florida State University; Lisa Schlager, Vice President of Public Policy, Facing Our Risk of Cancer Empowered (FORCE).

06/14/20 05:00AM 00:10:12

VIEWPOINTS: SEGMENT 1: George Floyd was 46 years old when he was murdered on the street by ex-Minneapolis police officer Derek Chauvin. The father of five moved to the Midwest city in 2014 where he worked driving a truck and providing security at a local restaurant. Due to the COVID-19 pandemic, Floyd lost his security job. On May 25, Floyd was suspected of using a counterfeit \$20 bill at a local store and officers were called to the scene. The question remains: how can a simple police call lead to the killing of an unarmed and unresisting man? For weeks, protests and outrage have spread across the U.S. and internationally as the killing of Floyd brings racial inequality and police brutality into focus once again. Even in the midst of a pandemic, people are showing up to say they're fed up with the lack of equal justice, rights and opportunities for all. Host: Gary Price Guests: Gary Walker, cinematographer; Dr. Lauren Powell, social epidemiologist, executive director, Time's Up Healthcare.

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CULTURE/ETHICS

06/14/20 06:30AM 00:24:30

WHIO REPORTS: Social Justice/Racial Inequality – This edition of WHIO Reports focused on issues that have been effecting the country and the Miami Valley in recent weeks following the death of George Floyd in Minneapolis. Guests include: Tom Roberts, President – Dayton NAACP; Rep. Emilia Sykes, Ohio Legislative Black Caucus.

06/21/20 05:00AM 00:08:44

VIEWPOINTS: SEGMENT 2: Finding the right wine is intimidating. Strolling through the wine aisle, it can sometimes be easier to give up and choose a bottle based off whether you like the label or not. Wine is complex. However, if you're interested in finding out more about the refreshment, you have to start somewhere. Sommelier Elizabeth Schneider joins Viewpoints this week to give us an introduction to all things wine. Host: Marty Peterson Guests: Elizabeth Schneider, certified sommelier, author, Wine for Normal People: A Guide for People Who Like Wine, But Not the Snobbery That Goes With It & podcast host, Wine for Normal People.

06/28/20 05:00AM 00:10:00

VIEWPOINTS: SEGMENT 1: Getting started gardening can seem like an overwhelming task, especially if you have problems keeping a houseplant alive. But with some research and a small investment for tools, seeds and soil, the rewards of tending to a garden are huge. Fresh produce, flowers and herbs, as well as a renewed connection to nature are just some of the benefits of this increasingly popular outdoor activity. Host: Gary Price Guests: Brooke Morgan, urban gardener; Amy Enfield, horticulturist, Bonnie Plants.

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ECONOMY

04/19/20 05:30AM 00:12:25

RADIO HEALTH JOURNAL: SEGMENT 1: Hospitals are scrambling to get extra equipment and outfit more beds and ICU units for COVID-19 patients. Their treatment is time-consuming and expensive. At the same time, hospitals' lucrative elective procedure business has largely been eliminated. Will the combination bankrupt hospitals? Two experts who have studied the crisis discuss. Host & Producer: Reed Pence. Guests: Dr. Vivian Ho, Chair, Health Economics, and Director, Center for Health and Biosciences, Rice University and Professor of Medicine, Baylor College of Medicine; Dr. Heidi Russell, Associate Professor, Baylor College of Medicine.

04/26/20 05:00AM 00:09:37

VIEWPOINTS: SEGMENT 2: The COVID-19 pandemic has exacerbated the housing crisis as many millions of Americans can no longer afford to pay rent or their monthly mortgage. Viewpoints speaks with two housing experts about why so many people struggle to find affordable housing in the U.S. and one possible solution to the problem. Host: Marty Peterson. Guests: Conor Dougherty, New York Times economic reporter, author, Golden Gates, Fighting for Housing in America; Patricia Foreman, tiny homeowner, author, A Tiny Home to Call Your Own, Living Well in Just-Right Houses.

04/26/20 06:30AM 00:24:30

WHIO REPORTS: Coronavirus – Personal Finances/Pressures During Health Emergency – This edition of WHIO Reports focused on personal finances and other pressures that people are facing during a health emergency. Guests include Bill Wood, Certified Financial Planner; Dr. John Corker, Montgomery County Medical Society and Ann Finnicum, Area Agency on Aging.

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ECONOMY

05/03/20 06:30AM 00:24:30

WHIO REPORTS: COVID-19 – Plan for Reopening Ohio – This edition of WHIO Reports focused on Gov. DeWine's plan to reopen the state of Ohio as we have been dealing with a deadly pandemic. Guests include: Jeff Hoagland, President/CEO Dayton Development Coalition; Dr. John Corker, Montgomery County Medical Society and Steve Staub, Business Owner of Staub Manufacturing Solutions.

05/10/20 05:00AM 00:10:53

VIEWPOINTS: SEGMENT 1: In most states, construction is deemed an essential service during the COVID-19 pandemic. With roadways fairly clear and schools temporarily closed, crews are getting to work while still adhering to social distancing rules. In effect, construction spending was up 4.7 percent in March 2020 compared to March 2019. Viewpoints speaks with two people working in the industry to get an inside view on growth and job opportunities as well as current challenges facing the sector. Host: Gary Price Guests: Paul Robinson, CEO & Founder, ConstructReach; Jocelyn Lipscomb, carpenter.

05/10/20 05:00AM 00:08:08

VIEWPOINTS: SEGMENT 2: Even as Americans shelter-in-place, coffee consumption is up in the first four months of 2020. Why is coffee a drink that is so popular across the globe? The drink was first consumed by Sufi monks in the fifteenth century as part of a religious ceremony, but quickly gained popularity across the Middle East where it then eventually spread to Europe. Viewpoints discusses the complicated history of coffee production and American's reliance on this caffeine-packed drink. Host: Marty Peterson Guests: Augustine Sedgewick, author, Coffeeland: One Man's Dark Empire and the Making of Our Favorite Drug.

05/10/20 05:30AM 00:11:35

RADIO HEALTH JOURNAL: SEGMENT 1: The COVID-19 pandemic has caused a quicker economic crash than we've ever seen. Opening the nation too fast will likely trigger a "W" shaped recovery with wide swings of growth then decline. Either way, the effects will last for years. Experts discuss likely scenarios. Host & Producer: Reed Pence. Guests: Dr. Martin Andersen, Assistant Professor of Economics, Bryan School of Business and Economics, University of North Carolina at Greensboro; Dr. Mark Muro, Senior Fellow, Metropolitan Policy Program, Brookings Institution.

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ECONOMY

05/10/20 06:30AM 00:24:30

WHIO REPORTS: COVID-19 – Reopening Ohio's Economy – This edition of WHIO Reports focused on efforts by local lawmakers and others for reopening Ohio's economy and to get people back to work following a deadly pandemic. Guests include: Rep. Jena Powell, R-Arcanum and member of House Economic Recovery Committee; Angelina Erbaugh, Executive Director of the Dayton Area Manufacturer's Association.

05/17/20 05:00AM 00:09:20

VIEWPOINTS: SEGMENT 2: Jessica Byrne is a 26-year-old software engineer from Portland that's saved more than \$300,000 in a very short span of time. We speak with Byrne about how she grew her skill base in order to up her salary and then quickly save thousands through compounding interest, investing and maintaining a frugal lifestyle. Host: Marty Peterson
Guests: Jessica Byrne, software engineer, founder, blog, Financial Mechanic; Ashley Feinstein Gerstley, money coach, author, 30-Day Money Cleanse, founder, blog, The Fiscal Femme.

05/17/20 06:30AM 00:24:30

WHIO REPORTS: Non-Profits Surviving COVID-19 – This edition of WHIO Reports focused on how non-profits can survive the COVID-19 pandemic and continue to do the work that communities need from them. Guests include: Tom Maultsby, United Way; Lee Truesdale, The Foodbank and Marilyn Harper, The Hearth Community Place.

06/07/20 06:30AM 00:24:30

WHIO REPORTS: Business Help/COVID-19 Downturn – This edition of WHIO Reports focused on getting help for businesses who have suffered due to the COVID-19 pandemic. Guests include: Erik Collins, Montgomery County Economic Development; Shelley Heller, Tempagenix, Inc.; and Scott Korndyk, The Entrepreneur Center.

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ECONOMY

06/21/20 05:00AM 00:10:09

VIEWPOINTS: SEGMENT 1: Business owners have had an extremely stressful year as COVID-19 forced millions of shops to close their doors for two plus months. Now, as much of the country is reopen, some salon, spa and wellness owners are still anxious about if many customers will return and the current changes to operations to protect both staff and clientele. We speak with three owners about adapting to this new reality and the challenges they're facing. Host: Gary Price Guests: Chi Taylor, owner, FlutterFab Boutique; Emma Graves, aesthetician and co-owner, Brooklyn Herborium; Dr. Carlos Charles, dermatologist and owner, Derma Di Colore.

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EDUCATION

04/05/20 05:00AM 00:10:37

VIEWPOINTS: SEGMENT 2: Everyone remembers little Gertie from the movie E.T. the Extra-Terrestrial and the actress who played the part: Drew Barrymore. However, a lot has changed since then. Today, Barrymore is mother of two, accomplished actress, businesswoman and now, author. In her new memoir she opens up about growing up in Hollywood, fending for herself at age 14 and what she's learned over the years. Host: Marty Peterson Guests: Drew Barrymore, actress, director, producer, businesswoman, author, Wildflower.

04/12/20 05:00AM 00:11:40

VIEWPOINTS: SEGMENT 1: On a typical day, the National School Lunch Program serves 20.2 million free lunches to students in need, according to the USDA. With sweeping school closures across the U.S. in response to the COVID-19 pandemic, millions of students are going hungry. Viewpoints discusses the new reality foodservice workers face and the balance between staying safe and serving meals. Host: Gary Price Guests: Dan Giusti, founder, Brigaid; Betsy Zorio, vice president, U.S. programs and advocacy, Save the Children.

04/12/20 05:00AM 00:07:36

VIEWPOINTS: SEGMENT 2: The first published crossword was created in 1913 by journalist Arthur Wynne. Since then, the timeless puzzle has stayed in style and graces newspapers from the New York Times to USA Today. Self-acclaimed lovers of crosswords are known as 'cruciverbalists' and compete online as well as create these puzzles for publishing. We speak with crossword expert, Adrienne Raphel to find out more about this beloved word game. Host: Marty Peterson Guests: Adrienne Raphel, author Thinking Inside the Box: Adventures with Crosswords and the Puzzling People Who Can't Live Without Them.

05/17/20 05:00AM 00:09:46

VIEWPOINTS: SEGMENT 1: Iliana Regan has worked in the restaurant industry for more than two decades in almost every position imaginable. From fast service to high-end fine dining, she's a self-taught, Michelin-starred chef that's known for her ability to create masterful dishes using naturally sourced and foraged ingredients. As her career has skyrocketed up, she's also had several low points in her life that have impacted who she is today. Host: Gary Price Guests: Iliana Regan, Michelin star chef, owner, Elizabeth, Milkweed Inn & author, Burn the Place.

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EDUCATION

05/24/20 05:00AM 00:08:27

VIEWPOINTS: SEGMENT 1: Memorial Day is on Monday, May 25 this year. It is a day that we remember those who have served and lost their lives protecting this country. To honor our veterans, we highlight a unique story from World War II about the heroic men of the U.S. Air Force 44th Bomb Group. Host: Gary Price Guest: Mara Truslow, management consultant, applied researcher.

05/24/20 05:00AM 00:10:34

VIEWPOINTS: SEGMENT 2: When we think back to the biggest space accomplishments in history, many of us instantly remember Apollo 11 – the mission that landed humans on the moon. However, we seldom talk about Apollo 8 when astronauts successfully orbited the moon. Author and historian, Jeffrey Kluger joins Viewpoints to discuss why Apollo 8 was a vital foundational mission for space travel and what it meant to the future of NASA. Host: Marty Peterson Guest: Jeffrey Kluger, historian, author, Apollo 8: The Thrilling Story of the First Mission to the Moon.

05/24/20 06:30AM 00:24:30

WHIO REPORTS: Schools: COVID-19 – This edition of WHIO Reports focused on schools closings in the current school year and looking ahead to the fall and what that will look like amidst a pandemic. Ohio Gov. Mike DeWine has stated that schools can likely open in the fall with certain social distancing measures in place. However, he also asked schools to formulate a plan about how they can keep classes virtual through distance learning. Guests include: Shannon Cox, Supt. Montgomery Co. Educational Center; Paul Otten, Supt. Beavercreek City Schools and Dr. John Corker, Montgomery County Medical Society.

06/14/20 05:30AM 00:11:39

RADIO HEALTH JOURNAL: SEGMENT 1: Stuttering is an extremely misunderstood disability. Many stutterers go to great lengths to avoid the words or phrases that trip them up, and are often successful in keeping their disability hidden. Yet it may be mistaken for other problems. Experts explain, using former Vice President Joe Biden as an example. Host & Producer: Reed Pence. Guests: Jane Fraser, President, Stuttering Foundation of America; Dr. Eric Jackson, Assistant Professor of Communicative Sciences and Disorders, New York University.

ISSUE & DESCRIPTIONDATETIMELENGTHHEALTHCARE/MENTAL HEALTH ISSUES

04/05/20 05:00AM 00:08:00

VIEWPOINTS: SEGMENT 1: With many unknowns hanging above our heads during this global pandemic, it's vital to stay present and positive. We discuss small steps you can take each day to find structure and the importance of looking at the long-term picture. Host: Gary Price Guests: Dr. Laura Schopp, professor, chair, department of health psychology, University of Missouri; Jessica Byrne, software engineer, founder, The Financial Mechanic.

04/05/20 05:30AM 00:12:32

RADIO HEALTH JOURNAL: SEGMENT 1: Perinatal depression (previously known as postpartum depression) is seldom brought up by a new mother, so healthcare providers must screen for it carefully. However, sometimes they err on the side of caution in efforts to prevent the mother from harming herself or her baby. Experts discuss the balancing act. Host: Reed Pence. Guests: Jessica Porten, new mother diagnosed with depression; Dr. Darby Saxbe, Associate Professor of Psychology, University of Southern California; Dr. Tiffany Moore Simas, Professor of Obstetrics and Gynecology, University of Massachusetts Medical School & former co-chair, Maternal Mental Health Expert Work Group, Amer. College of Obstetrics and Gynecology.

04/05/20 05:30AM 00:06:53

RADIO HEALTH JOURNAL: SEGMENT 2: Virtually no one in the U.S. has been unaffected by the coronavirus pandemic, and stress is at high levels. A public health and brain expert discusses why “sheltering in place” is so important in spite of the stress it generates, and a few simple steps to ease the stress. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Michael Lewis, President, Brain Health Research and Education Institute and former officer, Walter Reed Army Institute of Research.

04/12/20 05:30AM 00:07:10

RADIO HEALTH JOURNAL: SEGMENT 2: People who suddenly speak with what sounds like a foreign accent often have a brain injury due to a stroke or other trauma. Experts discuss the syndrome and chances of recovery. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Sheila Blumstein, Professor Emerita of Cognitive Linguistics and Psychological Sciences, Brown University; Dr. Jack Ryalls, Professor of Communication Sciences and Disorders, University of Central Florida.

ISSUE & DESCRIPTION

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LENGTH

HEALTHCARE/MENTAL HEALTH ISSUES

05/03/20 05:00AM 00:09:32

VIEWPOINTS: SEGMENT 2: Complex ingredients like maltodextrin and ferrous sulfate can seem scary, but are they actually bad for you in the long-term? We speak with chemist and author, George Zaidan about how food processing took hold in early human history and what to keep in mind when it comes to keeping a healthy diet. Host: Marty Peterson Guests: George Zaidan, chemist, journalist, author, Ingredients: The Strange Chemistry of What We Put In Us and On Us.

05/03/20 05:30AM 00:12:11

RADIO HEALTH JOURNAL: SEGMENT 1: Mental health is difficult to maintain when people are required to stay inside at home. In fact, we're asked to engage in activities that normally would indicate mental distress. A noted psychologist with the NIH discusses ways to stay mentally healthy during the pandemic lockdown. Host: Reed Pence. Producer: Polly Hansen. Guest: Dr. Krystal Lewis, clinical psychologist, National Institute of Mental Health.

05/24/20 05:30AM 00:12:08

RADIO HEALTH JOURNAL: SEGMENT 1: Over the last 8,000 years, the human jaw has been getting smaller due to an increasingly soft diet and a lack of jaw exercise. The result is an epidemic of crooked teeth and serious health consequences, as two experts explain. Host: Reed Pence. Guests: Dr. Paul Erlich, Professor Emeritus of Population Studies, Stanford University and co-author, Jaws: The Story of a Hidden Epidemic; Dr. Sandra Kahn, orthodontist and co-author, Jaws: The Story of a Hidden Epidemic.

05/31/20 05:00AM 00:11:52

VIEWPOINTS: SEGMENT 1: Losing someone you love – whether that's a partner, friend or a part of your family – can be devastating. Is there a way to 'correctly' deal with the process of death and grieve after the person has passed? This week on Viewpoints. Host: Gary Price Guests: Michael Korda, author, Passing: A Memoir of Love and Death; Megan Devine, psychotherapist Grief, Death, Relationships, Aging, Psychology, Mental Health, Health.

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

HEALTHCARE/MENTAL HEALTH ISSUES

05/31/20 05:30AM 00:07:38

RADIO HEALTH JOURNAL: SEGMENT 2: Women may have been known through the centuries as the weaker sex, but researchers have learned that they are anything but weak. Their 2 X chromosomes are both active and cooperate with each other, especially in immune response. An expert discusses new findings on their genetic superiority. Host: Nancy Benson. Producer: Reed Pence. Guest: Dr. Sharon Moalem, author, The Better Half: On the Genetic Superiority of Women.

06/14/20 05:30AM 00:07:31

RADIO HEALTH JOURNAL: SEGMENT 2: Scientists have learned that the habits and environments of our parents and grandparents can have a strong effect on our health and longevity as a result of imprinting on egg and sperm cells. An expert explains. Host: Nancy Benson. Guest: Judith Finlayson, author, You Are What Your Grandparents Ate: What You Need to Know About Nutrition, Experience, Epigenetics, and the Origins of Chronic Disease.

06/28/20 05:00AM 00:09:20

VIEWPOINTS: SEGMENT 2: The days when election and campaign news dominated the news cycle seem so distant. It's safe to say that no one could've imagined this year would be such a curveball. Learning's been disrupted, many parents are continuing to work from home and fears over COVID-19 are still very much present. We speak with a family trauma expert, Dr. Abigail Gewirtz, about dealing with these anxieties as an adult and how to have important conversations with your child or teen if you're sensing that they're more irritable, worried or anxious lately. Host: Marty Peterson Guests: Dr. Abigail Gewirtz, professor, Department of Family Social Science, director, Institute for Translational Research in Children's Mental Health at the University of Minnesota.

WHKO-FM ISSUES & PROGRAMS – 2ND QTR 2020

April 1 – June 30, 2020

ISSUE & DESCRIPTION

DATE

TIME

LENGTH

PUBLIC SAFETY

04/12/20 05:30AM 00:12:03

RADIO HEALTH JOURNAL: SEGMENT 1: With hundreds of millions of Americans sheltering at home due to the COVID-19 pandemic, the odds and fear of domestic abuse are rising. The leader of a noted shelter and counseling program discusses the increase, the difficulty of counteracting it during a national lockdown, and what people can do to cope. Host & Producer: Reed Pence. Guest: Irene Lindsey Brantley, Program Director, Women In Transition, Philadelphia.

04/19/20 05:00AM 00:10:49

VIEWPOINTS: SEGMENT 1: Drones are already a multi-billion-dollar business and only set to grow in revenue over the next five years, reaching an estimated 63 billion by 2025. The unmanned aircraft systems can be applied to a wide breadth of tasks and are an essential resource during war, rescue and public health crises, including the COVID-19 pandemic. Viewpoints speaks with two drone experts about innovation and security challenges facing the industry. Host: Gary Price. Guests: Brendan Schulman, vice president of policy and legal affairs, DJI; Dan Gettinger, co-director, Center for the Study of the Drone, Bard College.

04/26/20 05:30AM 00:12:23

RADIO HEALTH JOURNAL: SEGMENT 1: Many Americans are impatient with social distancing as a result of COVID-19 despite the success of the tactic. However, reopening the country too quickly could allow the virus to come roaring back, resulting in thousands more deaths and even more economic damage. Two experts explain how the rollout should happen to get us back to work safely. Host & Producer: Reed Pence. Guests: Dr. William Schaffner, Professor of Preventive Medicine and Infectious Diseases, Vanderbilt University School of Medicine; Dr. Gary Slutkin, CEO, Cure Violence Global.

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05/17/20 05:30AM 00:12:32

RADIO HEALTH JOURNAL: SEGMENT 1: The COVID-19 lockdown has triggered increased alcohol use in many people, and an alcohol use disorder in some. Help can be difficult to access, as face-to-face counseling and group sessions have been halted. For women, it can be even more difficult, as they are much more comfortable in more rare single-sex sharing situations. Two experts discuss today's dangerous alcohol triggers and how to seek help. Host & Producer: Reed Pence. Guests: Jessica Foody, certified professional recovery coach; Dr. Kathleen Brady, Distinguished University Professor of Psychiatry, Medical University of South Carolina.

06/07/20 05:30AM 00:07:25

RADIO HEALTH JOURNAL: SEGMENT 2: Seven hundred children under age 15 drown in the U.S. each year, most within sight of a parent or other adult. Experts discuss one major reason: drowning doesn't look like most people picture it, and so they are unaware the child is in trouble. Host: Nancy Benson. Guests: Dr. Francesco Pia, water safety educator; Mario Vittone, Retired Marine Safety Specialist, US Coast Guard.

06/21/20 05:30AM 00:07:17

RADIO HEALTH JOURNAL: SEGMENT 2: Summer is when people want to spend as much time outdoors as possible. Skin protection and sunscreen are something most of us consider, but overexposure to UV rays is extremely dangerous to the eyes as well. An expert discusses. Host: Nancy Benson. Producer: Hannah Swarm. Guest: Dr. Rachel Bishop, ophthalmologist, National Eye Institute.

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06/28/20 05:30AM 00:07:22

RADIO HEALTH JOURNAL: SEGMENT 2: Some people insist that wearing a face mask smothers them and makes them feel like they're not getting enough air. An expert discusses what might be going wrong and lays out the basics on how to wear a mask without needing to come up for air. Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Bill Carroll, Adjunct Professor of Chemistry, Indiana University and former President, American Chemical Society; Dr. Lucinda Halstead, Medical Director, Evelyn Trammel Institute for Voice and Swallowing, University of South Carolina.

06/28/20 06:30AM 00:24:30

WHIO REPORTS: Police Reform Plans – This edition of WHIO Reports focused on the state's effort to pass police reform plans. Guests include: Phil Plummer, R-Dayton; Tom Roberts, Ohio NAACP President.