

3rd Quarter Report

July 1 – Sept. 30, 2016



WHKO-FM

WHKO-FM

This report contains information that was broadcast on each of the following topics:

Civic

Culture

Economy

Education

Health/Human Services

WHKO-FM Shows Listed in Report

7/01/16-9/30/16

Durations listed in Hours:Minutes:Seconds (02:00:00)

View Points (Sunday).....	5:00-5:30 a.m.
Radio Health Journal (Sunday).....	5:30-6:00 a.m.
Miami Valley Voices (Sunday) <i>(Current Issues Produced by the News Department)</i>	6:00-6:30 a.m.
WHIO-TV Reports (Sunday) <i>(Current Issues Produced by the News Department)</i>	6:30-7:00 a.m.

WHKO-FM
News/Traffic/Weather
Scheduled Breaks

<i>News</i>		<i>Traffic</i>		<i>Weather</i>			
<u>Time</u>	<u>Duration</u>	<u>Time</u>	<u>Duration</u>	<u>Time</u>	<u>Duration</u>	<u>Time</u>	<u>Duration</u>
5:00	01:30	6:15	00:30	5:00	00:20	5:20	00:20
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6:00	01:30	6:45	00:30	5:30	00:20	7:20	00:20
6:30	01:00	7:00	00:30	5:45	00:20	8:20	00:20
7:00	01:30	7:15	00:30	6:00	00:20	9:20	00:20
7:30	01:00	7:30	00:30	6:15	00:20	10:20	00:20
8:00	01:30	7:45	00:30	6:30	00:20	11:20	00:20
8:30	01:00	8:00	00:30	6:45	00:20		
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				4:20	00:20		

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CIVIC ISSUES:

7/3/16 5:00AM 00:09:21

VIEW POINTS: SEGMENT 1: The presidential primaries this year underlined the sorry state of public discourse in the U.S. Name-calling, bullying, shouting and misinformation took center stage along with the candidates, and it makes you wonder if we'll ever get back to reasoned, polite discourse on important issues during this election cycle. Our guest wondered too, and he researched the topic of toxic public discourse and why it permeates our political and social communications these days. He also provides some suggestions for advocates and candidates to get their points across without resorting to nastiness and acrimony. Host: Gary Price. Guests: James Hoggan, President, Hoggan & Associates, Vancouver, BC, author of the book, *I'm Right and You're an Idiot: The toxic state of public discourse and how to clean it up*. Compliancy Issues Covered: politics, communication, media, social issues

7/3/16 5:30AM 00:12:16

RADIO HEALTH JOURNAL: SEGMENT 1: Most people think of military science in terms of defeating the forces of the other side. But it also involves keeping our troops sheltered, clothed and fed, as well as protected from adversaries like exhaustion, infection, heat and noise. A noted investigative journalist explains the less well known side of military research. Host: Reed Pence. Guest: Mary Roach, author: *Grunt: The Curious Science of Humans at War* Compliancy issues covered: military; federal government; national security; research and development

8/7/16 5:00AM 00:12:20

VIEW POINTS: SEGMENT 1: It seems that every week there's another spate of shootings in America that makes headlines. How did things get so bad? Why can't we stop the violence? We talk to two gun specialists about the history of guns in the U.S., how many criminals get their hands on guns and hear a few suggestions on how to strengthen gun laws to promote safety and still guarantee American gun owners' constitutional rights. Host: Gary Price. Guests: Pamela Haag author of the book, *The Gunning of America: Business and the making of American gun culture*; Stephanie Soechtig, director and producer of the Sundance break-out documentary *Under the Gun*, executive produced and narrated by Katie Couric. Compliancy Issues Covered: gun laws, crime, commerce, politics, legislation

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8/14/16 5:00AM 00:09:28

VIEW POINTS: SEGMENT 2: : Although their numbers are dwindling every year, there are still many people alive today who remember and lived through the Holocaust during World War II. One of these men spoke to us about his experience as a young boy in a Czechoslovakian work camp, and how his mother – through hard work, quick thinking and just pure luck – managed to keep herself and her two children from the death camps in Poland. He also discusses the need for young people to learn about the Holocaust and the reasons why it happened. Host: Marty Peterson. Guest: Michael Gruenbaum, author with Todd Hasak-Lowy of *Somewhere There Is Still a Sun*. Compliancy Issues Covered: war, genocide, education, immigration

8/21/16 5:00AM 00:11:22

VIEW POINTS: SEGMENT 1: Throughout American history we’ve had politicians who stir up controversy during their campaigns: Bernie Sanders, Pat Buchanan, Joe McCarthy and now Donald Trump, to name just a few. These candidates are what one of our guests calls “high-conflict politicians.” What is the attraction some voters have for these candidates? Why are they so loyal to them? And what is the political climate that brings them to the fore? We discuss these issues with our guests who look at the politics and the psychology of high-conflict candidates. Host: Gary Price. Guests: Bill Eddy, president of the High Conflict Institute and author of, *Trump Bubbles: the dramatic rise and fall of high-conflict politicians*; Mark Smith, director of the Center for Political Studies at Cedarville University in Ohio; Lauren A. Wright, PhD, political scientist and author of the book *On Behalf of the President: Presidential spouses and White House communications strategy today*. Compliancy Issues Covered: politics & campaigns, psychology, minorities, media & communications

8/21/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on police-community relations. The chief of the Dayton police force and the executive director of a local human relations council discussed the local perspective and effect of increased violence nationally. Guests: Catherine Crosby, Executive Director, Dayton Human Relations Council; Richard Biehl, Dayton Police Chief; Josh Sweigart, Reporter, DDN. DAYTON HUMAN RELATIONS COUNCIL 371 W 2nd St #100, Dayton, OH 45402 (937) 333-1413 website: daytonhrc.org/ DAYTON POLICE DEPARTMENT 101 W 3rd Street Dayton, Ohio 937-333-4800 website: www.daytonohiopolic.com/

8/28/16 5:00AM 00:12:38

VIEW POINTS: SEGMENT 1: Hillary Clinton is running for president as the Democratic nominee this year, and for many people she’s the first woman to ever seek that job. It might surprise you to know, however, that hundreds of women have run for president. One of our guests

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introduces three other prominent females who made progress in running for the White House. The other talks about the private side of Secretary Clinton and how, as First Lady, she tried to keep family life as normal as possible for the president and her daughter, Chelsea. Host: Gary Price. Guests: Ellen Fitzpatrick, professor of history at the University of New Hampshire and author of the book, *The Highest Glass Ceiling: Women's quest for the American presidency*; Cynthia Levinson, author of a book for eight- to 12-year-olds titled, *Hillary Rodham Clinton: Do all the good you can*. Compliancy Issues Covered: politics, campaigns, women's issues, African-American issues

8/28/16 6:00AM 00:29:06

MIAMI VALLEY VOICES: Regina Payne and Diane Johnson of the Lincoln Society of Dayton on the new Lincoln statue in Courthouse Square downtown. LINCOLN SOCIETY OF DAYTON P.O. Box 658 Dayton, OH 45409 www.lincolnsocietyofdayton.org/

9/4/16 5:00AM 00:11:54

VIEW POINTS: SEGMENT 1: We've heard a lot about climate change and global warming over the past 20 years or so, but ironically people care about it *less* now than they did a decade ago! We talk to a researcher and author about how the framing of climate change can skew the message and create attitudes that affect how we think of global warming and how we become motivated – or not – to do something about it. Host: Gary Price. Guest: Per Espen Stoknes, psychologist, economist, author of *What We Think About When We Try Not to Think About Global Warming: Toward a new psychology of climate action*. Compliancy Issues Covered: climate change, economy, technology, community action, government

9/11/16 5:00AM 00:11:00

VIEW POINTS: SEGMENT 1: With all of the rumor mills out there online, how do you fight back if your name is smeared? And who are these people who take great pleasure – and often make money – out of spreading rumors about others? Our guests discuss how gossip websites operate and how to protect yourself and your family from false and/or embarrassing information that appears online. Host: Gary Price. Guests: Adam Levin, chairman and founder of Identity Theft 911 and author of the book *Swiped*; Joseph Finder, author of the new novel, *Guilty Minds*. Compliancy Issues Covered: technology, privacy issues, law, crime, media

9/11/16 5:00AM 00:10:38

VIEW POINTS: SEGMENT 2: There have been news stories all summer about wildfires destroying thousands of acres of forest in the West and elsewhere. Most of the time we hear about the devastation, but our guests says that fires actually *help* forests stay healthy and can even bring them back to their natural states by removing non-native plants. Host: Marty Peterson. Guests: Dr. Nancy French, is a senior

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scientist at the Michigan Tech Research Institute in Ann Arbor, part of Michigan Technological University; Dominick DellaSala is chief scientist at the Geos Institute in Ashland, Oregon, and author of the book, *The Ecological Importance of Mixed-Severity Fires: Nature's phoenix*. Compliancy Issues Covered: natural resources, emergency response, science, agriculture

9/18/16

6:00AM

00:29:06

MIAMI VALLEY VOICES: Sarah Hippensteel Hall, watersheds manager of the Miami Conservancy District, on water and water preservation. MIAMI CONSERVANCY DISTRICT 38 E Monument Ave, Dayton, OH 45402 (937) 223-1271 website: www.miamiconservancy.org/

9/25/16

5:00AM

00:11:19

VIEW POINTS: SEGMENT 1: Although he never became president, Bobby Kennedy spearheaded a great deal of change in America with his work in civil rights, crime fighting and by combatting corruption. Our guest remembers this icon and talks about his more personal side, how he helped his brother John become president, and how his legacy inspires liberals and conservatives to this day. Host: Gary Price. Guests: Larry Tye, author of *Bobby Kennedy: The making of a liberal icon*. Compliancy Issues Covered: politics, civil rights, government, crime, organized labor

9/25/16

5:00AM

00:10:20

VIEW POINTS: SEGMENT 2: We've had quite a number of natural disasters this year, and many Americans have been killed or injured in the chaos, not to mention losing all of their material possessions. Could they have been better prepared for disaster? Our guests are emergency response experts and they lay out some strategies for weathering big storms and fires to keep yourself and your family safe during an emergency. Host: Marty Peterson. Guests: Peter Duncanson, Director of Systems Development for ServiceMaster Restore; Dr. Joseph Alton, fellow in the American College of Surgeons, a medical preparedness writer and author of *The Survival Medicine Handbook*. Compliancy Issues Covered: natural disasters, families, health & well being, infrastructure

CULTURE ISSUES:

7/17/16

6:00AM

00:29:37

MIAMI VALLEY VOICES: Aimee DeGalan, senior curator at the Dayton Art Institute, on most recent show. DAYTON ART INSTITUTE 456 Belmonte Park N, Dayton, OH 45405 (937) 223-4278 website: www.daytonartinstitute.org/

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8/21/16 5:00AM 00:10:15

VIEW POINTS: SEGMENT 2: One of the most important things new parents have to consider is what to name their child. A lot of history and tradition can go into the choosing of that moniker and our guest has researched how we pick names and why they are important. She also discusses the religious and ethnic considerations of naming and why some people decide to change their names. Host: Marty Peterson. Guests: Dr. Mavis Himes, psychoanalyst, clinical psychologist and author of the book, *The Power of Names: Uncovering the mystery of what we are called*. Compliancy Issues Covered: religion, ethnicity & culture, family issues, entertainment & media

8/21/16 6:00AM 00:29:06

MIAMI VALLEY VOICES: Catherine Roma of the World House Choir of Yellow Springs, on its mission and social justice work through music. WORLD HOUSE CHOIR OF YELLOW SPRINGS website: <http://worldhousechoir.org/>

9/4/16 5:00AM 00:09:37

VIEW POINTS: SEGMENT 2: It seems that everywhere you go, fashion surrounds you – in ads for clothing and makeup, a billboard, the cover of a magazine, or virtually anything featuring a model. These images provide us with the idea of what makes a perfect person: If you wear this color lipstick and this kind of dress, you’re considered beautiful. The fashion industry has been doing this for ages, but over time it has increasingly raised issues about confidence, self-esteem and body image. Our guest discusses why it’s important to look beyond the advertisements and find the fashions that are right for you, how cheap clothing is hurting developing countries and the environment, and why designers and manufacturers need to change how they create clothing for and market to older men and women. Host: Marty Peterson. Guests: Dr. Carolyn Mair, Chartered Scientist and Psychologist, Associate Fellow at the British Psychological Society and a Reader at the London College of Fashion, author of the upcoming book, *The Psychology of Fashion* due out in mid-2017. Compliancy Issues Covered: consumerism, women’s issues, health and well-being, manufacturing

9/4/16 6:00AM 00:29:06

MIAMI VALLEY VOICES: Fred Arment and Jerry Leggett of the Dayton International Peace Museum on Dayton Peace Month events. DAYTON INTERNATIONAL PEACE MUSEUM 208 W Monument Ave, Dayton, OH 45402 (937) 227-3223 website: www.daytonpeacemuseum.org/

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MIAMI VALLEY VOICES: Skip Peterson and Brady Kress of Dayton History on the upcoming Concours d'Elegance classic car show at Carillon Park. DAYTON HISTORY 1000 Carillon Blvd, Dayton, OH 45409 (937) 293-2841 website: <https://www.daytonhistory.org/>

9/25/16 6:00AM 00:29:35

MIAMI VALLEY VOICES: Aimee DeGalan of the DAI on her time with the museum, before moving on to a new position in Kansas City. DAYTON ART INSTITUTE 456 Belmonte Park N, Dayton, OH 45405 (937) 223-4278 website: www.daytonartinstitute.org/

ECONOMY ISSUES

7/3/16 6:00AM 00:29:30

MIAMI VALLEY VOICES: Dayton reporter Cory Frolik, on the latest boom in downtown housing and local development.

7/3/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on estate planning. Experts discussed planning for individuals and families financially as well as charitable giving. Living wills, power of attorney, etc. are vital for ensuring last wishes and finances are protected. Guests: Joe Baldasare, vice president of Development, The Dayton Foundation; Nancy Roberson, Attorney and Counselor at Law, Roberson Law; Shaun Nicholson, CFP Managing Director – Wealth Management, Financial Advisor, UBS. THE DAYTON FOUNDATION 40 N Main St #500, Dayton, OH 45423 (937) 222-0410 website: <https://www.daytonfoundation.org/>

7/10/16 5:00AM 00:12:14

VIEW POINTS: SEGMENT 1: Women have made great strides in our society, but they still lag behind men in pay and promotions to the corner office at work. Many young men, on the other hand, are finding that women are getting a lot of support from employers and advocacy groups while they're left out in the cold – and sometimes even ridiculed in the media. Our guests talk about these issues and offer suggestions for why they happen and how we can level the playing field for both women and men. Host: Marty Peterson. Guests: Jeffery Tobias Halter is President of YWomen, a strategic consulting company, and author of *Why Women: The leadership imperative to advancing women and engaging men*; Jack Myers, award-winning documentary filmmaker and author of the book, *The Future of Men: Masculinity in the twenty-first century*. Compliancy Issues Covered: gender issues, employment, equality, media

7/10/16 6:00AM 00:29:20

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MIAMI VALLEY VOICES: Peter Benkendorf of the Collaboratory, a Dayton non-profit networking group, on recent projects such as the Sewing Collaborative and the Third on Third market. THE COLLABORATORY website: daytoncollaboratory.org/

7/10/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on STEM education as a vital need for the sustainable future of the local economy. Guests discussed the needs at WPAFB in terms of engineers and how outreach through WSU and other educational opportunities will assist with preparing the next generation to fill the necessary roles. Guests: Nathan Klingbeil, Dean of College of Engineering and Computer Science, Wright State; A.J. Folino, Deputy Director of Personnel, Air Force Research Laboratory; Deborah Gross, President/Owner, DGrossConsulting WRIGHT STATE UNIVERSITY 3640 Colonel Glenn Hwy, Dayton, OH 45435 (937) 775-3333 website: <https://www.wright.edu/>

7/17/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on integrating convicts back into society following prison sentences. Guests discussed the topic and efforts being made by a local organization as well as the county to assist. Guests: Walter H. Rice, Judge, U.S. District Court; John Theobald, Montgomery County; Craig Powell, Founder and Executive Coordinator, PowerNet of Dayton MONTGOMERY COUNTY website: www.mcoho.org/ POWERNET OF DAYTON 402 Salem Ave, Dayton, OH 45406 (937) 225-3120 website: www.powernetofdayton.org/

7/24/16 5:00AM 00:11:10

VIEW POINTS: SEGMENT 1: A new survey shows that many Americans are suffering from “financial anxiety” and it’s affecting their health and happiness. What’s causing this anxiety and how can people alleviate it? Our guests address the issue, discuss the survey and offer ways to bring more financial security – and happiness – into our lives. Host: Gary Price. Guests: Rebekah Barsch, vice-president of financial planning for Northwestern Mutual; Michael Kay, financial life planner and author of the book, *The Feel Rich Project: Reinventing your understanding of true wealth to find true happiness* Compliancy Issues Covered: personal finance, employment, education, mental health, consumerism

7/24/16 6:00AM 00:29:20

MIAMI VALLEY VOICES: Val Beerbower, Downtown Dayton Partnership, on upcoming “Summer in the City” events. DOWNTOWN DAYTON PARTNERSHIP 10 W 2nd St Suite 611, Dayton, OH 45402 (937) 224-1518 website: www.downtown-dayton.org/

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8/7/16 5:00AM 00:09:28

VIEW POINTS: SEGMENT 2: : The huge donations by billionaires such as Bill and Melissa Gates, Oprah, and Warren Buffett get a lot of press – and they help a lot of charities and people around the world. You might be surprised to know, though, that most of the money that non-profits receive is from small donors giving much less to deserving causes. We'll talk to a philanthropy specialist about how to give wisely and make sure your money is used in the way you intend. Host: Marty Peterson. Guests: Carrie Morgridge, Vice President of The Morgridge Family Foundation, author of *Every Gift Matters: How your passion can change the world*. Compliancy Issues Covered: philanthropy, business, personal finance, non-profits, government

9/11/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on Women in Business Networking and the local Better Business Bureau. The organizations merged a couple years ago and spoke about updates and upcoming events including the Women's Development Conference in September. Guests: John North, President, Dayton BBB; Utsey Shelton, Public Outreach Coordinator for Diversity, Ferguson Construction; Caitlin Krebs, CityWide Development **BETTER BUSINESS BUREAU/WOMEN IN BUSINESS NETWORKING** 15 W 4th St #300, Dayton, OH 45402 (937) 222-5825 website: www.bbb.org/dayton/

9/18/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on a proposed income tax increase for the City of Dayton on the ballot in November. The mayor of Dayton and city manager discussed the need and use of the additional funding and encouraged voters to finish the entire ballot. Guests: Nan Whaley, Mayor, City of Dayton; Fred Stovall, Director, Public Works; Cory Frolik, Reporter, Dayton Daily News. **CITY OF DAYTON** 101 w. Third St. Dayton, OH 937-333-4800 website: <http://www.daytonohio.gov/> **PUBLIC WORKS** 101 W 3rd St, Dayton, OH 45402 (937) 333-4070 website: <http://www.daytonohio.gov/>

EDUCATION ISSUES:

8/7/16 6:00AM 00:29:00

MIAMI VALLEY VOICES: Tim Kambitsch, Dayton Metro Library executive director, on the latest updates to the system's expansion and renovation. **DAYTON METRO LIBRARY** 120 S. Patterson Blvd. Dayton, OH 45402 937-463-BOOK website: www.daytonmetrolibrary.org/

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WHIO REPORTS: This edition of WHIO Reports focused on the non-profit organization in the area, Crayons to Classrooms. The organization serves educators locally who are in need of school supplies for their students. Guests discussed a bit of the history of the Crayons to Classrooms as well as eligibility, how to get involved, and a recent move to a larger facility. Guests: Steve Rubenstein, Executive Director, Crayons to Classrooms; Karla Goins, Principal, Louise Troy School; Ron Cloyd, Market President, Huntington Bank CRAYONS 2 CLASSROOMS 1750 Woodman Dr, Dayton, OH 45420 (937) 528-6400 website: dc2c.org/

9/25/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on school levies that will appear on the general election ballot in November. Reps from schools discussed the needs of their districts. Guests: Denny Morrison, Superintendent, Xenia City Schools; Mark North, Superintendent, Fairborn City Schools; Rusty Clifford, Superintendent, West Carrollton City Schools; Kevin Philo, Treasurer, Oakwood City Schools FAIRBORN CITY SCHOOLS 306 E. Whittier Avenue Fairborn , OH 45324 937.878.3961 website: www.fairborn.k12.oh.us/ WEST CARROLLTON CITY SCHOOLS 430 E. Pease Avenue West Carrollton, OH 45449 (937) 859-5121 website: www.westcarrolltontschools.com/ OAKWOOD CITY SCHOOLS 20 Rubicon Road Oakwood, Ohio 45409 (937) 297-5332 website: www.oakwoodschoools.org XENIA COMMUNITY SCHOOLS Xenia Community Schools 819 Colorado Drive Xenia , OH 45385 website: www.xenia.k12.oh.us/

HEALTH/HUMAN SERVICES

7/3/16 5:00AM 00:12:14

VIEW POINTS: SEGMENT 2: Eating healthy doesn't have to mean eating bland foods made with expensive ingredients that are hard to find. Our guests talk about how to introduce more fish and healthy fats, less gluten and less salt into your meals without a lot of fuss or fancy cooking techniques. They also discuss how to use spices and herbs to create flavor combinations that will keep you and your family satisfied at every meal. Host: Marty Peterson. Guests: Diane Morgan, author of *Salmon: Everything you need to know + 45 recipes*; Jessica Goldman Fong, author of *Low So Good: A guide to real food, big flavor and less sodium*; Allyson Kramer, author of *Naturally Lean: 125 nourishing, gluten-free, plant-based recipes all under 300 calories*. Compliancy Issues Covered: health, agriculture & aquaculture, environment

7/3/16 5:30AM 00:07:43

RADIO HEALTH JOURNAL: SEGMENT 2: Many patients want certainty in diagnoses, especially when they've had expensive diagnostic tests. However, those tests are often less certain in their results than people think, making patients sometimes doubt doctors' competence. Host: Nancy Benson. Guest: Dr. Steven Hatch, Asst. Prof. of Medicine, Univ. of Massachusetts Medical School and author, *Snowball In A Blizzard: A Physician's Notes on Uncertainty in Medicine* Compliancy issues covered: consumerism; health care; technology

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7/10/16 5:00AM 00:09:16

VIEW POINTS: SEGMENT 1: Wallflower, shy, anti-social. All negative words we've used to describe people who are "introverts." Our guest – an introvert herself -- talks about just what an introvert is, and how they are actually very sociable in the right settings. She also discusses ways in which teachers and others can encourage introverts' participation in school and in other groups, and how "quiet ones" complement the more gregarious and outgoing extroverts in their lives. Host: Gary Price. Guests: Susan Cain, author of *Quiet Power: The secret strengths of introverts*. Compliancy Issues Covered: children & family issues, education, mental health

7/10/16 5:30AM 00:11:21

RADIO HEALTH JOURNAL: SEGMENT 1: The second most common form of dementia is virtually unknown to most people. However, Lewy body dementia affects 1.4 million Americans, with symptoms commonly misdiagnosed as Alzheimer's disease. Additional symptoms such as hallucinations and uncontrollable shaking make diagnosis and caregiving more difficult, and treatments for Alzheimer's or psychosis can often be harmful. Experts discuss. Host: Reed Pence. Guests: Candy Schulman, daughter of woman who died with Lewy body dementia; Dr. James Leverenz, Director, Cleveland Clinic Lou Ruvo Center for Brain Health and Chair, Scientific Advisory Council, Lewy Body Dementia Association Compliancy issues covered: aging; disabilities; mental illness; health care; consumerism

7/10/16 5:30AM 00:08:30

RADIO HEALTH JOURNAL: SEGMENT 2: Gene research has made incredible leaps in the last decade. A physician/Pulitzer-prize winning author explains what our new knowledge means for our immediate medical future, given our struggles with genetic knowledge in the past. Host: Nancy Benson. Guest: Dr. Siddhartha Mukherjee, Asst. Prof. of Medicine, Columbia Univ. and author, *The Gene: An Intimate History*. Compliancy issues covered: consumerism; health care; technology; ethics

7/17/16 5:00AM 00:10:57

VIEW POINTS: SEGMENT 1: Much of the world is without clean, potable water on a consistent basis, and even in developed countries where water is available, cleaning it for drinking and bathing and treating the wastewater is expensive and uses a lot of energy. We talk to a scientist who is working on new technology that will make filtering and sanitizing water more efficient, use less resources and provide clean drinking water to countries where water-borne diseases negatively affect the population at alarming rates. Host: Gary Price. Guests: Seth

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Darling, scientist from Argonne National Laboratory outside Chicago, Fellow at the Institute for Molecular Engineering at the University of Chicago. Compliancy Issues Covered: public health, infrastructure, technology, water issues

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VIEW POINTS: SEGMENT 2: How do you get what you want from others? Our guests say that developing good “people skills” such as listening carefully and being authentic in your communications can go a long way toward persuading the other person that you’re sincere. We discuss how to engage the person you want something from, how to “mirror” their behavior and how to prevent “vertigo” – that is being sucked into destructive, emotionally charged situations – to resolve conflicts and come to a mutual understanding. Host: Marty Peterson. Guests: Dave Kerpen is the founder and CEO of Likeable Local, a social media software company and chairman and cofounder of Likeable Media, a content marketing firm for brands. He’s also the author of the book, *The Art of People: 11 simple people skills that will get you everything you want*; Daniel Shapiro, founder and director of the Harvard International Negotiation Program and an associate professor of psychology at the Harvard Medical School and author of the book, *Negotiating the Nonnegotiable: How to resolve your most emotionally charged conflicts*. Compliancy Issues Covered: communication, politics, business, law enforcement

7/17/16 5:30AM 00:11:17

RADIO HEALTH JOURNAL: SEGMENT 1: Scientists have discovered that the way parents talk to their infants has a huge effect on their intellectual development and later success. Experts discuss why and how parents should hold “conversations” with their babies. Host: Reed Pence. Guests: Dr. Anne Fernald, Assoc. Prof. of Psychology, Stanford Univ.; Dr. Kimberly Noble, Assoc. Prof. of Pediatrics, Columbia Univ. Compliancy issues covered: youth at risk; education; parenting issues; economics

7/17/16 5:30AM 00:07:12

RADIO HEALTH JOURNAL: SEGMENT 2: Some 700 American children under age 14 die of drowning each year. But when a child is pulled out of the water and revived, they may face lifethreatening peril hours or days later as the body reacts. Experts discuss. Host: Nancy Benson. Guests: Dr. Christopher Michos, emergency physician, St. Vincent's Medical Center, Bridgeport, CT; Dr. Luis Torero, Division Chief, Pediatric Critical Care, Advocate Children's Hospital, Oak Lawn, IL Compliancy issues covered: youth at risk; parenting issues; public safety; water safety

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VIEW POINTS: SEGMENT 2: How smart are animals? That’s a question that scientists – and pet owners – have been asking for decades. Our guest is a scientist who has studied animal intelligence and he discusses how neuroscience and biology are coming up with new definitions of what it means to be an intelligent animal, and using medical technology and unique experiments to better understand intelligence in non-humans. Host: Marty Peterson. Guests: Frans de Waal, professor in the psychology department at Emory University in Atlanta, and director of the Living Links Center at Yerkes National Primate Research Center, author of the book *Are We Smart Enough to Know How Smart Animals Are?* Compliancy Issues Covered: science & technology, animals & health, medicine

7/24/16 5:30AM 00:11:42

RADIO HEALTH JOURNAL: SEGMENT 1: Patient advocates have long helped people navigate the healthcare system to get better treatment. Now a new field of advocates is helping people navigate the insurance system as well, assisting with denials and delays. Three experts in the field discuss how to fight your insurer and win. Host: Reed Pence. Guests: Elisabeth Schuler Russell, founder and President, Patient Navigator LLC; Brendan Bietry, case manager, Patient Advocate Foundation; Laurie Todd, author, *Fight Your Insurance Company and Win* Compliancy issues covered: economics; health care; consumerism; insurance

7/24/16 5:30AM 00:8:07

RADIO HEALTH JOURNAL: SEGMENT 2: Most Americans consume far too much salt even if they add none to their foods. Experts discuss why salt is such a health problem and what the federal government is doing to push food processors toward reducing salt content in our diets. Host: Nancy Benson. Guests: Dr. Bill Farquhar, Prof. of Kinesiology and Applied Physiology, Univ. of Delaware; Dr. Karen Di Salvo, Acting Asst. Secretary for Health, US Dept. of Health and Human Services; Dr. Robert Califf, Commissioner, US Food and Drug Administration Compliancy issues covered: consumerism; public health; federal government and regulation; local government and regulation

7/24/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on medical marijuana. Many decisions are being left up to the businesses as to how things like how many dispensaries and farms. People have to live in the state for 5 years in order to set up a medical marijuana institution. The sponsor of the bill noted that the decision for no smoking was for the health of the patient, because no other medication is smoked. A lot of upfront costs for people to get into the industry. An expert on the panel discussed how the trucking industry has been doing well in going drug free and wants to see that trend continue. Guests: Steve Huffman, Representative, Ohio House of Representatives-

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District 80; Kevin Burch, Jet Express Trucking ; Renea Turner, CEO, Cannabis for Cures; Laura Bischoff, Reporter, DDN OHIO HOUSE OF REPRESENTATIVES website: <http://www.ohiohouse.gov/>

7/31/16 5:00AM 00:10:45

VIEW POINTS: SEGMENT 1: We all love a good theater performance. It can make us laugh, move us to tears and convey important messages about life and culture. But are theater and performance good strategies to affect social change? To advocate for a better society? Our guest thinks so. He’s a performer, writer and educator who uses serious play and theater to help change people’s minds and change society for the better. Host: Gary Price. Guests: Larry Bogad, professor at the University of California-Davis, founding Director of the Center for Tactical Performance based in Berkeley, California, and author of the books, *Electoral Guerilla Theatre: Radical Ridicule & Social Movements*, and *Tactical Performance: The Theory and Practice of Serious Play*. Compliancy Issues Covered: political activism, the arts, education, law enforcement, politics

7/31/16 5:00AM 00:11:04

VIEWPOINTS: SEGMENT 2: News magazines have fallen on hard times. The big, photo-heavy publications such as *Look* and *Life* used to be part of the American landscape as they chronicled the important world events of the day. Our guest was a reporter and editor for one of these publications and talks about what it was like to work there, recalls some of the stories he covered and tells us why the magazines were pushed off the newsstands by modern technology and what we miss with their demise. Host: Marty Peterson. Guests: Gerald Moore, former reporter and editor for *Life* author of the book, *Life Story: The education of an American journalist*. Compliancy Issues Covered: journalism, military, prisons, communication, technology, drugs

7/31/16 5:30AM 00:11:53

RADIO HEALTH JOURNAL: SEGMENT 1: Many people who have chronic recurrent sinusitis may have an allergic reaction to fungi rather than a bacterial infection. Treatments for the two are completely different, and in some cases, fungal sinusitis can be life threatening. Two experts and a patient explain. Host: Reed Pence. Guests: Erin Porter, fungal sinusitis patient and founder, EatPrayGetWell.com; Dr. Donald Dennis, ear, nose & throat surgeon, Atlanta; Dr. Joseph Han, Prof. of Otolaryngology-Head & Neck Surgery, Eastern Virginia Medical School Compliancy issues covered: consumerism; health care; air pollution and environment

7/31/16 5:30AM 00:08:07

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RADIO HEALTH JOURNAL: SEGMENT 2: Children and adolescents seldom have “heart attacks,” but they sometimes have heart arrhythmias which can look like the same thing, and be just as deadly. Often they are treated with implantable devices, but need more support than they often get. An expert doctor and the father of a young patient discuss. Host: Nancy Benson. Guests: Colin Alesse, parent of heart arrhythmia attack and co-founder Chicagoland Cardiac Connections; Dr. Greg Webster, cardiologist and electrophysiologist, Lurie Children’s Hospital, Chicago and co-founder, Chicagoland Cardiac Connections
 Compliancy issues covered: consumerism; public health; youth at risk; health care

7/31/16 6:00AM 00:29:03

MIAMI VALLEY VOICES: Melodie Bennett, executive director of House of Bread, the community kitchen serving the poor in inner-West Dayton. HOUSE OF BREAD 9 Orth Ave, Dayton, OH 45402 (937) 226-1520 website: houseofbread.org/

7/31/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on drug addiction and the help and services available locally to combat the problem. Guests discussed that the issue is currently getting worse due to the access of painkillers and influx of heroin. Guests: Lori Erion, Founder and Executive Director, FOA Families of Addicts; J. Gary Gonnella, Chemical Dependency Counselor, Public Health-Dayton & Montgomery County FOA FAMILIES OF ADDICTS 425 N Findlay St, Dayton, OH 45404 (937) 307-5479 website: www.foafamilies.org
 PUBLIC HEALTH-DAYTON AND MONTGOMERY COUNTY 117 S Main St, Dayton, OH 45402 (937) 225-4395 website: www.phdmc.org/

8/7/16 5:30AM 00:11:57

RADIO HEALTH JOURNAL: SEGMENT 1: Most people assume their drinking water is safe However, many chemicals, especially new ones, are unregulated by the EPA, and thousands of water systems serving millions of people have lead levels higher than standards allow. Experts explain the danger of lead, especially to children, and other chemicals that may be in drinking water. Host: Reed Pence. Guests: Dr. Jeffrey K. Griffiths, Prof. of Public Health, Tufts Univ. and former chair, Drinking Water Committee, US EPA; Dr. Kristi Pullen Fedinick, Staff Scientist, Health Program, Natural Resources Defense Council. Compliancy issues covered: public health; consumerism; pollution and environment; drinking water safety; municipal government; taxes; federal government and regulation

8/7/16 5:30AM 00:08:07

RADIO HEALTH JOURNAL: SEGMENT 2: Millions of people have varicose veins, which have health consequences beyond their unsightliness. An expert physician explains what varicose veins are and new treatments that simplify getting rid of them. Host: Nancy

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Benson. Guest: Dr. Mark Rayman, Medical Director, Beach Cities Vein and Laser Center, CA
Compliance issues covered: consumerism; health care

8/7/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on the new Fisher House being built on the Dayton VA Medical Center campus. The Fisher House provides housing for active and retired service men and women while they seek medical care. There are two other Fisher Houses locally that are located on Wright Patterson Air Force Base. Guests: Lt Gen (ret.) Richard VanFleet Reynolds, Fundraising Support Committee Chair, Fisher House at Dayton VA Medical Center; Chris Stanley, Executive Director, Fisher-Nightingale Houses, Inc.; Mark Murdock, Acting Medical Director, Dayton VA Medical Center; Barrie Barber, Reporter, DDN FISHER-NIGHTINGALE HOUSES, INC. Wright-Patterson AFB OH 45433 website: www.fnhi.org/

8/14/16 5:00AM 00:12:22

VIEW POINTS: SEGMENT 1: If you came upon a rundown, roach-infested bunkhouse in the heartland of America, full of middle-aged and elderly men in poor health who worked all day at a job for little pay and had been for decades, you might think you had time traveled back to the 19th century. We talk to an author who writes about this very situation where mentally challenged men had been pressed into servitude in 1974 and remained there until 2009 when some determined and caring social workers stepped in to help them. Host: Gary Price. Guests: Dan Barry, *New York Times* reporter and columnist, author of *The Boys in the Bunkhouse: Servitude and salvation in the heartland*. Compliance Issues Covered: the intellectually disabled, commerce, poverty, agriculture, civil rights, law

8/14/16 5:30AM 00:11:57

RADIO HEALTH JOURNAL: SEGMENT 1: Every generation thinks the one behind it is full of spoiled, entitled, lazy kids, prompting parenting advice that research shows is actually harmful to children. An expert discusses why conventional wisdom about raising kids is often all wrong. Host: Reed Pence. Guest: Alfie Kohn, author, *The Myth of the Spoiled Child: Challenging the Conventional Wisdom About Children and Parenting*. Compliance issues covered: youth at risk; children; parenting issues; education

8/14/16 5:30AM 00:08:21

RADIO HEALTH JOURNAL: SEGMENT 2: Many people with dwarfism also face skeletal abnormalities which can lead to disability. Experts, all little people themselves, discuss major causes of dwarfism, the hurdles they create, the struggle for respect, and the prospect of treatments that could one day make little people much more rare. Host: Nancy Benson. Guests: Dr. Jennifer Arnold, co-star, TLC's *The Little Couple* and co-author, *Think Big*; Ericka Okenfuss, licensed genetic counselor, Kaiser Permanente, Sacramento, CA; Gary Arnold,

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President, Little People of America and Public Affairs Manager, Access Living, Chicago
 Compliance issues covered: health care; disabilities; youth at risk; parenting issues; discrimination

8/14/16 6:00AM 00:28:54

MIAMI VALLEY VOICES: Dennis Grant of United Rehabilitation Services, on their next fundraiser and new programs. UNITED REHABILITATION SERVICES 4710 Troy Pike, Dayton, OH 45424 (937) 233-1230 website: ursdayton.org/

8/14/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on organ donation. Guests discussed the process of matching donors and recipients, the personal story of a real life case, and the medical centers in the Miami Valley that are taking part. Guests: Jason Huff, Administrative Director Transplant Services, UC Hospital and Medical Center; Jerry Halasz, Recipient; Debbie Cohen-Disalvo, Kidney Donor UC HOSPITAL AND MEDICAL CENTER 234 Goodman St, Cincinnati, OH 45219 (513) 584-1000 website: uhealth.com/university-of-cincinnati-medical-center/

8/21/16 5:30AM 00:13:06

RADIO HEALTH JOURNAL: SEGMENT 1: Studies show that medical professionals are as biased as the rest of us against people who are overweight, resulting in lectures, misdiagnoses, and patients who start avoiding the doctor Experts explain the problem, results, and what might be done about it. Host: Reed Pence. Guests: Dr. Rebecca Puhl, Prof. of Human Development and Family Studies, Univ. of Connecticut and Deputy Director, Rudd Center for Food Policy and Obesity; Dr. David Katz, Director, Yale-Griffin Prevention Research Center, Yale Univ. and Founder, True Health Initiative; Kathy Kater, psychotherapist specializing in body image, eating and weight issues
 Compliance issues covered: health care; public health; discrimination; obesity; education

8/21/16 5:30AM 00:06:44

RADIO HEALTH JOURNAL: SEGMENT 2: People have different ways to interpret the world around them, and miscommunication is often a result when we assume we do so similarly. A noted author discusses an innovative way to classify communication styles to avoid clashes. Host: Nancy Benson. Guest: Scott Schwefel, author, *Discover Yourself* Compliance issues covered: interpersonal communication; consumerism

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8/28/16 5:00AM 00:09:00

VIEW POINTS: SEGMENT 2: It's tough for many parents to make sure that their kids eat nutritious meals, what with all of the advertising for less than healthy fast foods on the market. We talk to a nutritionist and a chef about strategies and foods that parents can use to help their kids make better choices at mealtime and in between. Host: Marty Peterson. Guests: Allison Childress, instructor and director of the Didactic Program in Dietetics at Texas Tech University; Sonoko Sakai, author of the cookbook *Rice Craft*. Compliancy Issues Covered: children & family issues, nutrition, health and wellness

8/28/16 5:30AM 00:12:00

RADIO HEALTH JOURNAL: SEGMENT 1: A form of heart attack that strikes young, seemingly healthy people--most of them women, often near childbirth--is increasing. Experts discuss heart attacks caused by arteries that split open rather than blockages. Host: Reed Pence. Guests: Shelley Simonton, SCAD patient; Dr. Sharonne Hayes, Founder, Women's Heart Clinic, Mayo Clinic; Carol Vich, SCAD patient
Compliancy issues covered: health care; public health; women's issues

8/28/16 5:30AM 00:07:51

RADIO HEALTH JOURNAL: SEGMENT 2: Haiti was struck by a devastating cholera epidemic a few months after a disastrous earthquake hit. Eventually the UN and its peacekeeping groups were blamed for causing the outbreak, making a bad situation much worse. Experts discuss how it happened and lessons for future disaster recovery. Host: Nancy Benson. Guest: Dr. Ralph Frerichs, Prof. Emeritus of Epidemiology, UCLA and author, *Deadly River: Cholera and Cover-Up in Post-Earthquake Haiti* Compliancy issues covered: public health; disaster recovery; infectious disease and vaccination; federal government

8/28/16 6:30AM 00:24:30

WHIO REPORTS: This edition of WHIO Reports focused on United Rehabilitation Services. The local organization provides services and support to families with members that have disabilities. An expansion is in the works to provide care to meet the demands of the community. Guests: Dennis Grant, Executive Director, United Rehabilitation Services; Charles Kidwell, Member of Board of Directors, United Rehabilitation Services UNITED REHABILITATION SERVICES 4710 Troy Pike, Dayton, OH 45424 (937) 233-1230 website: ursdayton.org/

9/4/16 5:30AM 00:10:40

RADIO HEALTH JOURNAL: SEGMENT 1: Fetal alcohol spectrum disorder is the largest preventable cause of developmental disabilities in the US, and studies show it is far more common than previously suspected, especially in certain populations. Experts explain how better

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prevention efforts could greatly reduce a wide variety of social problems Host: Reed Pence. Guests: Dr. Phillip May, Research Prof. of Nutrition, Gillings School of Global Public Health, Univ. of North Carolina-Chapel Hill; Dr. Carl Bell, Prof. of Psychiatry Emeritus, Univ. of Illinois and staff psychiatrist, Jackson Park Hospital, Chicago; Dr. Ira Chasnoff, President, NTI Upstream and Clinical Prof. of Pediatrics, Univ. of Illinois
 Compliancy issues covered: public health; youth at risk; alcohol, substance abuse and addiction; education; homelessness; crime and prison; women’s issues

9/4/16 5:30AM 00:08:11

RADIO HEALTH JOURNAL: SEGMENT 2: The dreaming brain is nearly as active as it is when we are awake. Experts discuss ways to shape dreams to help solve problems. Host: Nancy Benson. Guest: Dr. Deirdre Barrett, Asst. Prof. of Psychology, Harvard Medical School and author, *The Committee of Sleep: How Artists, Scientists, and Athletes Use Their Dreams for Creative Problem Solving—And How You Can Too*
 Compliancy issues covered: consumerism; education

9/11/16 5:30AM 00:10:15

RADIO HEALTH JOURNAL: SEGMENT 1: Scientists are learning that people who repeatedly drive drunk are not all the same in the personalities and brain chemistries that motivate their behavior. An expert discusses new research suggesting different ways to reduce recidivism in each of these personality types. Host: Reed Pence. Guest: Dr. Thomas Brown, Asst. Prof. of Psychiatry, McGill Univ. and researcher, Douglas Mental Health University Institute
 Compliancy issues covered: public safety; drunk driving; alcohol and substance abuse; traffic safety

9/11/16 5:30AM 00:07:23

RADIO HEALTH JOURNAL: SEGMENT 2: Most people regard gossip with disdain. While backbiting, vicious slander is usually disruptive, researchers have found that informational gossip has benefits for society by keeping people in line with societal norms. Experts discuss. Host: Nancy Benson. Guest: Dr. Robb Willer, Prof. of Sociology, Stanford Univ; Dr. Matthew Feinberg, Asst. Prof. of Management, Univ. of Toronto
 Compliancy issues covered: interpersonal relationships; media and society

9/18/16 5:00AM 00:12:47

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VIEWPOINTS: SEGMENT 1: When something happens that weighs on your mind and affects your relationships, your work and your life, how do you escape from the feeling? What can you do if you are working toward a goal, but your emotions get in the way of achieving it? Or you can't quite get out of a rut you're in with your job or a relationship? Our guest talks about how to develop "emotional agility" to deal with the thoughts, emotions and the stories we have in our lives, so we can attain the goals we set for ourselves, and live a more fulfilling life. Host: Gary Price. Guests: Dr. Susan David is the co-founder of the Harvard-affiliated Institute of Coaching at McLean Hospital, a psychologist on the faculty of Harvard University Medical School, and author of the book, *Emotional Agility: Get unstuck, embrace change and thrive in work and life*. Compliancy Issues Covered: mental & physical health, employment, family issues

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00:08:50

VIEWPOINTS: SEGMENT 2: With the baby boomers transitioning into retirement in record numbers, and *their* parents living longer, we're facing an eldercare challenge that's bigger than we've ever seen before in this country. Who will take care of all of the older Americans who will need medical and end-of-life assistance in the coming decades? And how will we ensure that elder citizens will be able to live in comfort and dignity during their senior years? We talk to an activist about her own experiences with the system, and learn about strategies for dealing with the eldercare challenges that face us. Host: Marty Peterson. Guests: Ai-Jen Poo, co-director of Caring Across Generations, author of the book, *The Age of Dignity: Preparing for the elder boom in a changing America*. Compliancy Issues Covered: elderly, healthcare, labor & employment, government, immigrant workers

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5:30AM

00:11:38

RADIO HEALTH JOURNAL: SEGMENT 1: The Epi-Pen brand has become synonymous with epinephrine injectors, which can save the life of a person suffering a severe allergic reaction. Recently there's been outcry over large price hikes for the devices, which have forced some people to seek other alternatives or go without. Experts discuss the economics involved and what patients can do to be protected without going broke. Host: Reed Pence. Guests: Dr. Aaron Carroll, Prof. of Pediatrics, Indiana Univ. School of Medicine; Dr. Thomas Casale, Prof. of Pediatrics and Medicine, Univ. of South Florida and Exec. Vice President, American Academy of Allergy, Asthma and Immunology
Compliancy issues covered: consumerism; youth at risk; health care; public health; government; economics

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RADIO HEALTH JOURNAL: SEGMENT 2: What we now call “homesickness” used to be a medical diagnosis called “nostalgia,” and it was considered life-threatening. Today many people consider homesickness to be a childish emotion, but an expert says it’s nothing to be ashamed of. We all suffer from it sometime and need to know how to cope. Host: Nancy Benson. Guest: Dr. Susan Matt, Prof. of History, Weber State Univ.; Dr. Chris Willard, Lecturer in Psychology, Harvard Medical School. Compliancy issues covered: mental health; American society and culture

9/25/16 5:30AM 00:11:35

RADIO HEALTH JOURNAL: SEGMENT 1: Strep infection may prompt a severe reaction in some children, causing their own immune system to attack cells in the brain. What appear to be extreme psychological symptoms result from what is really a physical disorder. The disorder, known as PANDAS, is often misdiagnosed. Experts discuss. Host: Reed Pence. Guests: J.C. Konecny, Executive Director, PANDAS Network and parent of PANDAS sufferer; Dr. Elizabeth Latimer, Clinical Asst. Prof. of Pediatrics and Neurology, Georgetown Univ. Compliancy issues covered: consumerism; youth at risk; health care; infectious disease

9/25/16 5:30AM 00:07:14

RADIO HEALTH JOURNAL: SEGMENT 2: Some people who have a stroke in the brain stem suffer from a condition where they are fully conscious and aware, yet appear to be in a coma because they cannot move a muscle, except for sometimes the eyes. They may remain in this “locked- in” state for years. A stroke expert and a woman who recovered from this condition discuss it. Host: Nancy Benson. Guests: Allison O’Reilly, Locked-In Syndrome survivor and author, Out Of the Darkness; Dr. Ralph Sacco, Chairman of Neurology, Univ. of Miami Miller School of Medicine and former President, American Heart Assn. Compliancy issues covered: health care; disabilities