

WAOB® (AM) (860kHz)  
Quarterly Listing of Community Issues and Programs  
July 1, 2023 through September 30, 2023

## Quarterly Programming Report

Issues/Programs Lists

# WAOB® -AM (860kHz)

*The contents of this report are a listing of some of the significant issues responded to by Station WAOB®-AM (860 kHz), Millvale, PA, along with the most significant programming treatment of those issues for the period July 1, 2023 through September 30, 2023. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.*

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

## **Table of Contents**

<b>Programming Category: Heralds of Faith®</b> .....	<b>3</b>
Programming Category Description.....	3
Issue Discussed: New Bishop of Kalamazoo, MI.....	4
<b>Programming Category: A Kiss of Peace®</b> .....	<b>5</b>
Programming Category Description.....	5
Issue Discussed: Time for a “Hope Check” .....	6
<b>Programming Category: In the Footsteps of Saint Peter®</b> .....	<b>7</b>
Programming Category Description.....	7
Issue Discussed: Meaningful Relationships.....	8
<b>Programming Category: The Teaching of the Apostles®</b> .....	<b>9</b>
Programming Category Description.....	9
Issue Discussed: The Family Spirit.....	10
<b>Programming Category: Saint Peter is Still Speaking®</b> .....	<b>11</b>
Programming Category Description.....	11
Issue Discussed: Honoring Grandparents and the Elderly.....	12
<b>Programming Category: Speaking Truth from the Heart®</b> .....	<b>13</b>
Programming Category Description.....	13
Issue Discussed: Hidden Beauty.....	14
<b>Programming Category: The Hands of God®</b> .....	<b>15</b>
Programming Category Description.....	15
Issue Discussed: Example of Prudence and Sagacity.....	16
<b>Programming Category: Liturgy of the Hours</b> .....	<b>17</b>
Programming Category Description.....	17
Issue Discussed: Mental and Spiritual Well-Being.....	18
<b>Programming Category: Behold the Pierced One®</b> .....	<b>19</b>
Programming Category Description.....	19
Issue Discussed: True Sorrow for Past Offenses.....	20
<b>Programming Category: A Scriptural Rosary</b> .....	<b>21</b>
Programming Category Description.....	21
Issue Discussed: Praying for the gift of Wisdom.....	22

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: Heralds of Faith®**

**Programming Category Description**

This program consists solely of the homilies and teaching of the bishops (without additional conversation or commentary). The title of the program is drawn from the Prophet Isaiah and the teaching of the Second Vatican Council, where we hear about the importance of the heralding the good news and the bishops' privileged role as the heralds.

*In the book of the Prophet Isaiah we hear God calling us to proclaim the Good News:*

*Get you up to a high mountain,  
O Zion, herald of good tidings;  
lift up your voice with strength,  
O Jerusalem, herald of good tidings,  
lift it up, fear not;  
say to the cities of Judah,  
"Behold your God!"  
(Isaiah 40:9)*

Who are the heralds of good tidings? The Second Vatican Council teaches us in Ad Gentes, the Decree On the Mission Activity of the Church, that the Good News must be proclaimed by witness and by word. Furthermore, the Council notes that the proclamation of the word is a primary responsibility of the bishops:

*"By the life witness of each one of the faithful and of the whole community, let the particular church be a sign which points out Christ to others. Furthermore, there is need of the ministry of the word, so that the Gospel may reach all. The bishop should be first and foremost a herald of the Faith, who leads new disciples to Christ." (Ad Gentes #20)*

In this radio program, we hear Catholic bishops carrying out their noble task of being The Heralds of Faith.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: Heralds of Faith®**

**Issue Discussed: New Bishop of Kalamazoo, MI**

**Program:** This particular episode is a Homily of Bishop Paul Bradley, Bishop of the Diocese of Kalamazoo, MI on the evening before the ordination to the episcopate and installation as the 5th Bishop of the Diocese of Kalamazoo of the Most Reverend Edward M Lohse, July 24, 2023

**Date:** 8/08/2023

**Time:** 9:30 am

**Duration:** 15:23 Minutes

**Source:** Locally Produced

**Content Summary:** Bishop Bradley offered words of encouragement, prayer and welcome to the then Bishop-elect Edward Lohse as the 5th bishop of the Diocese of Kalamazoo and successor to Bishop Bradley. He quoted from the Second Vatican Council's Dogmatic Constitution on the Sacred Liturgy, *Sacrosanctum Concilium*, speaking about prayer of the Liturgy of the Hours or Divine Office as a participation in the prayer of Jesus Christ Himself for His Church. And this is rooted in the Psalms, which give expression to the hopes and fears, joys and sorrows of God's holy people. He further spoke of our need to meet Jesus Christ, not in mere ideas or abstract theories, but as a Person, living and true. Quoting from a prayer for the new bishop, "May his example remind us of what it means to be Christ's heart of mercy, Christ's voice of hope to the hopeless, Christ's hands of justice..." in other words to help people encounter the Person of Jesus. He concluded with a prayer from St. Augustine, the patron of the diocese of Kalamazoo, asking for his intercession. Welcome, Bishop Lohse, to Kalamazoo!

WAOB® (AM) (860kHz)  
Quarterly Listing of Community Issues and Programs  
July 1, 2023 through September 30, 2023

**Programming Category: A Kiss of Peace®**

**Programming Category Description**

*I will listen for what God, the LORD, has to say;  
surely he will speak of peace.  
To his people and to his faithful.  
May they not turn to foolishness!  
Near indeed is his salvation for those who fear him;  
glory will dwell in our land.  
Love and truth will meet;  
justice and peace will kiss.  
Truth will spring from the earth;  
justice will look down from heaven.  
Yes, the LORD will grant his bounty;  
our land will yield its produce.  
Justice will march before him,  
and make a way for his footsteps.  
(Psalm 85:9-14)*

In this program, the shepherds of the Church, the bishops, provide reflections to give spiritual encouragement to their flocks. The content of the reflection is summarized in the psalm verse 85:10 -- mercy, truth, justice, and peace, all coming together in a kiss. The bishops' daily reflections are intended to communicate Christ's mercy and truth, justice and peace to the hearts of the listeners. This communication consists not just in information (although some teaching may be a necessary part of encouragement), but hopefully also facilitates transformation, through the communication of grace.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: A Kiss of Peace®**

**Issue Discussed: Time for a “Hope Check”**

**Program:** The “A Kiss of Peace®” (Bishop’s Reflection) with Archbishop Alexander Sample, Bishop of the Archdiocese of Portland, OR but recorded when he was Bishop of Marquette, on reasons for having hope

**Date:** 7/29/2023

**Time:** 7:40am, 10:40am and 7:05pm

**Duration:** 04:47 mins

**Source:** Locally Produced

**Content Summary:** Archbishop Sample emphasized the need for us to consider if we live hopeful lives rooted in Christ. Sometimes in life, when our expectations or perceptions of things do not match what they actually are, we say we need a “reality check.” In the Church today, we need a “hope check”. Archbishop Sample referenced a scene from Lord of the Rings in which Frodo says to Gandalf, "I wish none of this would have happened." Gandalf responds, "So do all who live to see such times, but that is not for them to decide. All we have to decide is what to do with the time that is given to us." This scene reminds us that God does not ask us to be successful but to be faithful, to do the best we can with the time given us. We must never lose hope because God is always with us. Archbishop Sample then recounted an experience of meeting a man who proclaimed that Jesus was alive and so there was nothing worth complaining about. Let us all take time to make a sincere hope check. What freedom this can bring us!

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: In the Footsteps of Saint Peter®**

**Programming Category Description**

*"And Peter directed his gaze at him, with John, and said, 'Look at us.' And he fixed his attention upon them, expecting to receive something from them. But Peter said, 'I have no silver and gold, but I give you what I have; in the name of Jesus Christ of Nazareth, walk.' And he took him by the right hand and raised him up; and immediately his feet and ankles were made strong. And leaping up he stood and walked and entered the temple with them, walking and leaping and praising God." (Acts 3:4-7)*

We are strengthened in our needs and in our weakness by the authoritative word of St. Peter who speaks in the name of Jesus Christ. Through Saint Peter's successors, the Popes, Saint Peter continues to strengthen us and heal us by his authoritative teaching, enabling us to follow him in offering a sacrifice of praise.

In this program, a bishop or priest reads and comments on the teachings of the Successors of Saint Peter, the Popes. Throughout the course of this program, papal encyclicals and apostolic exhortations, apostolic letters, homilies and messages are read in their entirety, one section at a time.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: In the Footsteps of Saint Peter®**

**Issue Discussed: Meaningful Relationships**

**Program:** In this episode, Fr. Paul Hrezo, a priest of the Diocese of Steubenville, OH read and commented briefly on Pope Benedict XVI's Message for the 26th World Youth Day (2011) which was held later that year in Madrid, Spain with an estimated 1.5 million people in attendance.

**Date:** 8/03/2023

**Time:** 2:30pm

**Duration:** 27 Minutes

**Source:** Locally Produced

**Content Summary:** In this episode, Fr. Paul Hrezo, a priest of the Diocese of Steubenville, OH read and commented briefly on Pope Benedict XVI's Message for the 26th World Youth Day (2011) which was held later that year in Madrid, Spain with an estimated 1.5 million people in attendance. The theme of World Youth Day 2011 was "Planted and built up in Jesus Christ, firm in faith." (cf. Col 2:7) Pope Benedict XVI spoke of the deep desire of young people for personal relationships marked by truth and solidarity and shared his own personal experience as a youth growing up in Nazi Germany and desiring an experience of life outside the regime which "hemmed" in society at that time. He encouraged the youth to build solid habits of faith in order to overcome the current societal "eclipse of God" tendency. In closing, he offered these words of encouragement speaking about the path to following Christ more fully: "It is hindered by our personal failures and by the many voices that point us towards easier paths. Do not be discouraged. Rather, look for the support of the Christian community, the support of the Church! Throughout this year, carefully prepare for the meeting in Madrid with the bishops, priests and youth leaders in your dioceses, parish communities, associations and movements. The quality of our meeting will depend above all on our spiritual preparation, our prayer, our common hearing of the word of God and our mutual support."



**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: The Teaching of the Apostles®**

**Programming Category Description**

*They devoted themselves to the teaching of the apostles and to the communal life, to the breaking of the bread and to the prayers. Awe came upon everyone, and many wonders and signs were done through the apostles. All who believed were together and had all things in common; they would sell their property and possessions and divide them among all according to each one's need. Every day they devoted themselves to meeting together in the temple area and to breaking bread in their homes. They ate their meals with exultation and sincerity of heart, praising God and enjoying favor with all the people. And every day the Lord added to their number those who were being saved. (Acts 2:42-47)*

The Teaching of the Apostles® continues to be definitively important for the Christian community. Teaching, on We Are One Body® (WAOB®), is always led by the Pope (using his addresses, audiences, homilies, etc.) and the bishops who are the Successors of the Apostles. In the first segment of the program the Pope or a bishop gives a 20-30 minute teaching (periodically the teaching takes up the whole hour, but that is the exception). The content of the bishop's teaching is meant to be substantial and more catechetical in nature (a higher level theologically). Normally, this teaching is followed by a 25-35 minute conversation between priests, helping to deliver the magisterial teaching to the listeners. The priests can also bring out some additional pastoral dimensions from the bishop's teaching. In this way, they act in accord with what is taught in the Catechism of the Catholic Church on the role of the priest as "prudent cooperators of the episcopal college and its support and instrument, called to the service of the People of God . . ." (CCC 1567)

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: The Teaching of the Apostles®**

**Issue Discussed: The Family Spirit**

**Program:** In this episode of the “The Teaching of the Apostles,®” we heard the General Audience of Pope Francis from 10/7/2015 on the family spirit. The Audience was read by Father Claude Franklin a priest of the Eparchy of Saint Maron of Brooklyn (Maronite Catholic Church of the Antiochian Tradition)..

**Date:** 7/12/2023

**Time:** 4:00pm

**Duration:** 07:49 Minutes

**Source:** Locally Produced

**Content Summary:** Pope Francis, in his general audience given on Wednesday October 7, 2015 offered a teaching on the role of the family in the church and contemporary world. He said, “...an attentive look at the everyday life of today’s men and women immediately shows the omnipresent need for a healthy injection of “family spirit”. Indeed, the form of the relationship — civil, economic, juridical, professional, civic — seems quite rational, formal, organized, but also very “dehydrated”, arid, anonymous. At times it becomes unbearable. While seeking to be inclusive in its forms, in reality it abandons more and more people to loneliness and discards them.” Following the audience, Pope Francis offered a special greeting to those in attendance saying, “I offer an affectionate greeting to all the English-speaking pilgrims and visitors present at today’s Audience, including those from England, Scotland, Ireland, the Faroe Islands, Gibraltar, the Netherlands, Norway, Nigeria, Indonesia, Japan, Malaysia, the Philippines, Canada and the United States. I ask you to continue to pray for the Synod on the Family, and to recommit your families to Christ. May you always be witnesses to his mercy and love in the world. God bless you all!”

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: Saint Peter is Still Speaking®**

**Programming Category Description**

*Then Peter proceeded to speak and said, 'In truth, I see that God shows no partiality. Rather, in every nation whoever fears him and acts uprightly is acceptable to him. You know the word [that] he sent to the Israelites as he proclaimed peace through Jesus Christ, who is Lord of all, what has happened all over Judea, beginning in Galilee after the baptism that John preached, how God anointed Jesus of Nazareth with the holy Spirit and power. He went about doing good and healing all those oppressed by the devil, for God was with him. We are witnesses of all that he did both in the country of the Jews and (in) Jerusalem. They put him to death by hanging him on a tree. This man God raised (on) the third day and granted that he be visible, not to all the people, but to us, the witnesses chosen by God in advance, who ate and drank with him after he rose from the dead. He commissioned us to preach to the people and testify that he is the one appointed by God as judge of the living and the dead. To him all the prophets bear witness, that everyone who believes in him will receive forgiveness of sins through his name.' While Peter was still speaking these things, the Holy Spirit fell upon on all who were listening to the word. (Acts 10:34-44)*

The power of Saint Peter's office was bestowed on him by Christ: "You are Peter and on this rock I build my Church and the gates of hell shall not prevail against it." (Matthew 16:18) The power of Saint Peter's office calls down the Holy Spirit on all the Jews gathered in Jerusalem on Pentecost and even calls down the Holy Spirit on the Gentiles in the encounter with Cornelius and his household. The power of Saint Peter is still at work through the Successors of Saint Peter, the Popes. Through the Pope, Saint Peter is still speaking and the power of the Holy Spirit is still falling on those who listen.

In this program, recent audiences, homilies, messages and addresses of the Pope, the living successor of Saint Peter, are broadcast. Most often this is the actual voice of the Pope. When the Pope is not speaking in English, voice-over of the English translation is broadcast. In some cases, such as with the Pope's messages, when there is no recording of the Pope's voice to broadcast, the teaching may simply be read by a bishop or priest without the Pope's voice.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: Saint Peter is Still Speaking®**

**Issue Discussed: Honoring Grandparents and the Elderly**

**Program:** This episode of “Saint Peter is Still Speaking®” was Pope Francis’s Message for the 2<sup>nd</sup> World Day of Prayer for Grandparents and the Elderly (given July 24, 2022). Father Len Stoviak, a retired priest from the Diocese of Greensburg provided the reading.

**Date:** 7/22/2023

**Time:** 12:31PM

**Duration:** 13:17 Minutes

**Source:** Locally Produced

**Content Summary:** In this episode, we listened to a reading of a message of Pope Francis for the 2nd World Day for Grandparents and the Elderly, the theme of which, taken from the Psalm 92:15, was “In old age they will still bear fruit.” The Holy Father said, “...Old age is not a time of life easily understood even by those of us who are already experiencing it. Even though it eventually comes with the passage of time, no one prepares us for old age, and at times it seems to take us by surprise. The more developed societies expend large sums on this stage of life without really helping people to understand and appreciate it; they offer healthcare plans to the elderly but not plans for living this age to the full. [1] This makes it hard to look to the future and discern what direction to take. On the one hand, we are tempted to ward off old age by hiding our wrinkles and pretending to be forever young, while on the other, we imagine that the only thing we can do is bide our time, thinking glumly that we cannot “still bring forth fruit”.”

In conclusion he says, “Let us make sure that no one feels alone on this day. Expecting a visit can transform those days when we think we have nothing to look forward to; from an initial encounter, a new friendship can emerge. Visiting the elderly who live alone is a work of mercy in our time!”

WAOB® (AM) (860kHz)  
Quarterly Listing of Community Issues and Programs  
July 1, 2023 through September 30, 2023

**Programming Category: Speaking Truth from the Heart®**

**Programming Category Description**

*LORD, who may abide in your tent?  
Who may dwell on your holy mountain?  
Whoever walks without blame,  
doing what is right,  
speaking truth from the heart;  
Who does not slander with his tongue,  
does no harm to a friend,  
never defames a neighbor;  
Who disdains the wicked,  
but honors those who fear the LORD;  
Who keeps an oath despite the cost,  
lends no money at interest,  
accepts no bribe against the innocent.  
Whoever acts like this  
shall never be shaken.  
(Psalm 15)*

This program features the writings of the Doctors of the Church, read and commented on by a bishop or priest. The Doctors of the Church are 35 saints, including both men and women, who have been declared by the Pope to be trustworthy teachers of the faith. The original declaration of the four western Doctors (Saint Ambrose, Saint Augustine, Saint Jerome, Pope Saint Gregory the Great), followed by the declaration of four eastern Doctors (Saint Athanasius, Saint Basil, Saint Gregory Nazianzen, Saint John Chrysostom) point to the heart of the Fathers of the Church. Subsequently, Doctors were named who were not Fathers of the Church, but who fulfill three conditions: *eminens doctrina, insignis vitae sanctitas, Ecclesiae declaratio* (eminent doctrine, a life of remarkable holiness, and a declaration of the Church). We bring you the eminent doctrine of these Doctors through reading their teaching, as well as insights about their life of remarkable holiness through the comments given by the bishop or priest who is leading each episode.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: Speaking Truth from the Heart®**

**Issue Discussed: Hidden Beauty**

**Program:** Reading and commentary on the writings and teachings of Doctors of the Church. The subject of this particular episode was taken from reflections on *Tree of Life* sections 13-17 by St. Bonaventure. It was a rebroadcast that had been prepared by Fr. Rick Martignetti, OFM a Franciscan Friar.

**Date:** 9/01/2023

**Time:** 1:30pm

**Duration:** 27 Minutes

**Source:** Locally Produced

**Content Summary:** In this episode, Father Rick Martignetti, OFM a Franciscan Friar, read from and commented on his book entitled *Hidden Beauty, reflections on St. Bonaventure's Tree of Life*, reflections 13-17. Reflection 13 centers on Jesus as the Good Shepherd who hears the voice of His sheep, who knows them and calls them each by name and who lays down his life for them. Fr Martignetti alludes to Zacheus who climbed a tree to see Jesus, who literally "went out on a limb" for Christ, thus encountering the mercy of the Good Shepherd. Reflection 14 zeros in on Jesus, full of tears. Fr Martignetti then offers a reflection on the three stages of love: attraction/infatuation, disillusionment and then the third stage, rebirth. Love in stage three is a decision for love remade! Reflection 15 focuses on Jesus as King of the World, but not according to the standards or expectations of the world. Jesus enters Jerusalem on the back of a donkey. Fr Martignetti admits that he has always had a soft spot in his heart for donkeys, beasts of burden who plod along obedient to the task at hand. Reflection 16 hovers on Jesus' Sacred Bread, the Sacred Banquet. Fr Martignetti ponders how he used to imagine Jesus in a wrong way. The Lord is by each of our sides. Reflection 17 pinpoints Jesus betrayed by a friend. Fr Martignetti reflects on the tragedy of Judas' betrayal of Jesus by using a kiss, the ultimate sign of friendship and devotion.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: The Hands of God®**

**Programming Category Description**

In Psalm 143 we hear about the power of God's hand:

*"I remember the days that are past, I ponder all your works, I muse on what your hand has wrought and to you I lift up my hands. Like a parched land my soul thirsts for you." (Psalm 143)*

In St. Paul's first letter to the Corinthians we hear how we are called to be the hands of God. St Paul says, *"Now you are the body of Christ and individually members of it."* (1 Corinthians 1:27) The saints are formed by the hands of God and the saints are the hands of God by which He is forming us.

In this program, led by a bishop or priest, we reflect on the lives of the blessed and saints with a special focus on their virtues, and we pray that the same virtues might also grow in us. The program begins with a text on the life of the blessed or saint. This text is always an official text—published on the Vatican web site for the beatification or canonization of that individual or from a papal homily, audience, address or other magisterial document. In some cases we have biographies of one saint written by another saint. We may also draw on these accounts.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: The Hands of God®**

**Issue Discussed: Example of Prudence and Sagacity**

**Program:** In this program, Fr Boniface Hicks, OSB, of St Vincent Archabbey, reflected on St. Gregory the Great, as narrated by Pope Benedict XVI in a Wednesday weekly audience on 5/28/2008.

**Date:** 9/1/2023 and 9/2/2023

**Time:** 9:02 pm and 11:00 am

**Duration:** 13 Minutes

**Source:** Locally Produced

**Content Summary:** In this episode of the Hands of God, we reflected on the life and works of Pope Saint Gregory the Great as narrated by Pope Benedict XVI (the 1st of 2 parts) during a weekly Papal Audience given in Rome on Wednesday May 28, 2008, focusing especially on his gifts of prudence, inspired and strengthened by the Holy Spirit's gift of counsel. Pope St. Gregory was one of the greatest Fathers in the history of the Church, one of four Doctors of the West, and was Bishop of Rome from 590 to 604. He earned the traditional title of *Magnus/the Great*. Gregory was truly a great Pope and a great Doctor of the Church! He was born in Rome about 540 into a rich patrician family of the *gens Anicia*, who were distinguished not only for their noble blood but also for their adherence to the Christian faith and for their service to the Apostolic See. Two Popes came from this family: Felix III (483-492), the great-great grandfather of Gregory, and Agapetus (535-536). The house in which Gregory grew up stood on the Clivus Scauri, surrounded by majestic buildings that attested to the greatness of ancient Rome and the spiritual strength of Christianity. The example of his parents Gordian and Sylvia, both venerated as Saints, and those of his father's sisters, Aemiliana and Tharsilla, who lived in their own home as consecrated virgins following a path of prayer and self-denial, inspired lofty Christian sentiments in him.

Pope St. Gregory the Great, pray for us!



**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: Liturgy of the Hours**

**Programming Category Description**

*"Now Peter and John were going to the temple at the hour of prayer, the ninth hour."*  
(Acts 3:1)

The Catechism of the Catholic Church teaches us that the liturgy of the hours is "like an extension of the Eucharistic celebration." (CCC #1178). Furthermore, the Catechism elaborates, "The mystery of Christ, his Incarnation and Passover, which we celebrate in the Eucharist especially at the Sunday assembly, permeates and transfigures the time of each day, through the celebration of the Liturgy of the Hours, 'the divine office.' This celebration, faithful to the apostolic exhortations to 'pray constantly,' is 'so devised that the whole course of the day and night is made holy by the praise of God.' In this 'public prayer of the Church,' the faithful (clergy, religious, and lay people) exercise the royal priesthood of the baptized. Celebrated in 'the form approved' by the Church, the Liturgy of the Hours 'is truly the voice of the Bride herself addressed to her Bridegroom.' It is the very prayer which Christ himself together with his Body addresses to the Father." (CCC #1174)

The Liturgy of the Hours is broadcast five times per day on We Are One Body® (vigils/office of readings, morning prayer, mid-afternoon prayer, evening prayer and night prayer). WAOB® broadcasts the liturgy of the hours from various forms, always approved by the Church. Most often used is the Roman Rite, but other eastern rites and monastic forms of the liturgy of the hours are also broadcast to give a clearer picture of the universal Church at prayer, in all her legitimate diversity.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: Liturgy of the Hours**

**Issue Discussed: Mental and Spiritual Well-Being**

**Program:** **Divine Office (Office of Readings, Morning, Mid-Afternoon, Evening and Night Prayer)**

**Date:** Sunday through Saturday

**Time:**

<u>Office of Readings</u>	
Sunday through Saturday	6:15am
Monday through Saturday	2:00pm
<u>Morning Prayer</u>	
Sunday through Saturday	7:15am
<u>Mid-Afternoon Prayer</u>	
Monday through Saturday	2:15pm
<u>Evening Prayer</u>	
Monday through Friday	5:30pm
Saturday and Sunday	7:30pm
<u>Night Prayer</u>	
Sunday through Saturday	9:30pm

**Duration:** 10 to 25 Minutes

**Source:** Locally Produced

**Content Summary:** The Divine Office is led by various families and religious communities. When we pray the Divine Office, we are reminded that we are praying with the whole Body of Christ throughout time and space. As the Christian world entered the Season of Lent, the antiphons, readings, and intercessions from the Liturgy of the hours reflected the call to get back to the essentials and turn back to the Lord.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: Behold the Pierced One®**

**Programming Category Description**

*The Psalmist prophesies the sufferings of Jesus, saying, "They have pierced my hands and my feet--I can count all my bones--they stare and gloat over me." (Psalm 22)*

And the Evangelist John gives the historical account of His suffering telling us,

*One of the soldiers pierced his side with a spear, and at once there came out blood and water. He who saw it has borne witness—his testimony is true, and he knows that he tells the truth—that you also may believe. For these things took place that the Scripture might be fulfilled, "Not a bone of him shall be broken." And again another Scripture says, "They shall look upon him whom they have pierced." (Jn 19:34-37)*

"The prayer of the Church venerates and honors the Heart of Jesus ... which, out of love for men, he allowed to be pierced by our sins. Christian prayer loves to follow the way of the cross in the Savior's steps. The stations from the Praetorium to Golgotha and the tomb trace the way of Jesus, who by his holy Cross has redeemed the world." (Catechism of the Catholic Church #2669)

In this hour, a priest leads the listener in gazing, with eyes of faith, on the pierced Heart of Jesus. It is this pierced Heart that reveals God's love for sinners, in other words it reveals Divine Mercy. The Hour begins with a prayer, such as a Divine Mercy Chaplet, Prayer of Saint Bridgette, or the Way of the Cross. This prayer is followed by meditations on the Lord's Passion and Mercy drawn from Scripture, papal teaching, the Doctors of the Church, the Fathers of the Church, and the Saints. The meditations are followed by silence and music to give the listener a sacred space to encounter the merciful love of our crucified and risen Lord.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: Behold the Pierced One®**

**Issue Discussed: True Sorrow for Past Offenses**

**Program:** Behold the Pierced One™ (with Divine Mercy Chaplet)

**Date:** Thursday, March 24th and Friday, March 25th

**Time:** Thursday 3:00pm  
Friday 3:00am

**Duration:** 1 Hour

**Source:** Locally Produced

**Content Summary:** The hour began with the Divine Mercy Chaplet and a Litany of the Precious Blood. Each day these prayers are prayed and recorded by various families of varying locations. The prayers are chosen because they reflect on the Lord's Passion and indicate the extent of God's mercy.

The prayer is followed by meditations from Scripture, the Pope, the Doctors, the Fathers, and the Saints on the Lord's Passion and Mercy. In this particular episode, a priest read and reflected on sections of the work, "The Diary of Divine Mercy" by St Maria Faustina. These passages of the Saint's writing guide us in detaching from creatures and clinging to Jesus.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: A Scriptural Rosary**

**Programming Category Description**

*"Hail, full of grace the Lord is with you. . . Blessed are you among women and blessed is the fruit of your womb." (Luke 1:28,42)*

Blessed Pope John Paul teaches us in his Apostolic Letter, Rosarium Virginis Mariae, "The Rosary of the Virgin Mary, which gradually took form in the second millennium under the guidance of the Spirit of God, is a prayer loved by countless Saints and encouraged by the Magisterium. Simple yet profound, it still remains, at the dawn of this third millennium, a prayer of great significance, destined to bring forth a harvest of holiness. It blends easily into the spiritual journey of the Christian life, which, after two thousand years, has lost none of the freshness of its beginnings and feels drawn by the Spirit of God to 'set out into the deep' (duc in altum!) in order once more to proclaim, and even cry out, before the world that Jesus Christ is Lord and Savior, 'the way, and the truth and the life' (John 14:6), 'the goal of human history and the point on which the desires of history and civilization turn'" (#1)

WAOB® broadcasts Scriptural Rosaries every day, prayed and recorded by all the various and diverse members of the mystical Body of Christ.

**WAOB® (AM) (860kHz)**  
**Quarterly Listing of Community Issues and Programs**  
**July 1, 2023 through September 30, 2023**

**Programming Category: A Scriptural Rosary**

**Issue Discussed: Praying for the gift of Wisdom**

**Program:** A Scriptural Rosary

**Date:** Sunday through Saturday

**Time:** Sunday 11:30am, 6:20pm and 11:00pm  
Monday through Saturday 11:00am and 11:00pm

**Duration:** 30 to 40 Minutes

**Source:** Locally Produced

**Content Summary:** In the Scriptural Rosary, various families lead us in meditating on the mysteries of Christ's life with the guidance of scripture verses and the intercession of Our Lady. These broadcasts of families praying the Rosary together unite with the Holy Father and all people of goodwill for the end of violence and destruction in Ukraine and in all war-torn areas of the world.