FIRST QUARTER 2023
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WVAV 91.5
WSPB 89.7
W252DG 98.3FM

ISSUE: YOUTH PROGRAMMING

01/12/2023 at 09:00 am to 10:00 am...2 hours...Catholic Connection. The host is Teresa Tomeo. Teresa's guest is Fr. Steve Mateja from St. Joseph Parish in Lake Orion, MI. He came on the program to talk about the mass that Archbishop Vigneron is celebrating for the repose of Pope Benedict XVI. It will be celebrated at the Cathedral in Detroit at 11:00 on saturday. It's called a mass of Suffrage or a votive mass. This is a mass offered up for his soul. It's an opportunity for those who didn't go to the funeral mass that would be able to attend this mass to pray for him.

01/27/2023 at 09:00 am...to 10:00 am...2 hours...Catholic Connection. The host is Teresa Tomeo. Guest host Sherry Brownrigg talked about Pro Life News. She tells us that Pro Life college students are going to be protesting the abortion clinics. Our pharmacies have become clinics through the Biden Administrations expansion of abortion pill distribution. CBS, Walgreens, Rite Aid are going to be dispensing the drug. Women can now buy the drug and have an abortion at home. Sherry says she is very proud of them for being out there and for standing up for what they believe in. They have a table set up on campus so people can meet them and talk about the issue.

02/10/2023 at 09:00 am...to 10:00 am...2 hours...Catholic Connection. The host is Teresa Tomeo. Teresa Tomeo's guest was Adora Ibrahim, who is known for her work with the Women of Grace show and also with the Eastern Catholic Re-evangelization Center. Adora and her husband Kenny were on the first pilgrimage, The Sweetness of Faith Pilgrimage that Teresa and her husband Dc Dom designed. They are working with Corporate Travel in Michigan and Olean Tour in Italy. It was a success and was sold out.

02/24/2023 at 09:00 am...to 10:00 am...2 hours...Catholic Connection. The host is Teresa Tomeo. Teresa's suggestion for lent is to read the bible. She and Dc Dom her husband came back to the church through a bible study. She said it made a huge difference. Since then they have been really trying to incorporate scripture into their everyday lives. Also, since they have been a deacon couple for the last ten years.

03/09/2023 at 09:00 am...to 10:00 am ...2 hours...Catholic Connection. The host is Teresa Tomeo. Teresa says that Canon Jean-Baptiste Commins was at the Michigan Catholic Conference and reported this morning that the State of Michigan is going to include same sex and transgender residents among the protected groups of people that fall under the state's anti-discrimination law. It is on the governor's desk or signing.

03/23/2023 at 09:00 am...to 10:00 am ...2 hours...Catholic Connection. The host is Teresa Tomeo. Teresa talked to her guest, Sean Fitzgerald who will be giving a presentation in Livonia this Sunday on the Shroud of Turin. Teresa asked him how he got into giving presentations. He said he heard about the Shroud of Turin in the 80's when he was in Our Lady of Lourdes High School in Tecumseh, New York. Someone gave a presentation at the school and it hit me really hard because all of a sudden I started looking at everything I believe in saying wait a minute could all this be true? Is everything we believe in true? Then he started to focus on it more and more. He says in his presentations he is not there to convince anybody that it is the true Shroud, but what I am there to do is to show how it is a perfect reflection of the gospels and if we even needed a visual of the love story of Jesus and His church, it's all right there for us.

ISSUE: FAMILY, PARENTING AND RELATIONSHIPS

01/11/2023 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host is Dr. David Anders. The first caller Patrick from Alabama wanted to know about the number of books in the bible. He said the 1611 King James Version of the bible has 80 books, the Dewey Rheims has 78 books. Patrick said that he heard Dr. Anders say that the Catholic Bible has 72 books. Dr. Anders explains that the ancient Jewish works from the second temple period have appeared in various canonical lists throughout history. The Catholic, Protestant and Orthodox religions have different numbers of books in their bibles. He said if you want to know how many books are in the bible, look at the table of contents.

01/17/2023 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host is Dr. David Anders. Dr. Anders had a caller saying that he heard a homily from a priest that said if you pray the rosary you will be saved. He also said that Mary comes first and Jesus is second. My understanding is you only come to God through Jesus. What say you? Dr. Anders said that Jesus comes first and that we are taught by mediators who can teach you about Jesus. Our Blessed Mother Mary is a mediatrix of all graces. She guides us to her son for our salvation.

02/04/2023 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host is Dr. David Anders. A caller asked Dr. Anders if Jesus had brother's and sister's? Dr. Anders said in sacred scripture the word brother covers a wide variety of cases. This includes cousins which is exactly what happened in this instance. They were talking about the children of Mary of Clopas, the cousin of Mary and as a result they are Jesus's relatives referenced to as brethren.

02/18/2023 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host is Dr. David Anders. Dr. Anders talked to called Annie from Kansas City. She asked about Catholic and Muslim martyrdom. Dr. Anders says that in Islam you can expand the house of Islam through militaristic conquest. So a person who dies in battle is promoting the expansion of Islam. This is what they consider martyrdom. In the Catholic Church martyrdom is someone who is passively killed for refusing to denounce their faith in God.

03/03/2023 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host is Dr. David Anders. Dr. Anders took a call from Jeremy in Brisbon, Australia. Jeremy said to Dr. Anders that he describes each mass as a discrete oblation meritorious in its own rite. King David has been quoted as saying that he will not offer the Lord a sacrifice that costs him nothing. So Jeremy asks Dr. Anders, is there a cost to Jesus in offering each sacrifice of the mass and if so what would that be? Dr. Anders responses by saying the intention to make the offering is first of all eternally Christ's position. Christ's stands in a state of everlasting intercession where He is in a non-stop intercessory mode of offering Himself. We the worshippers, Priest's who are the celebrants and the church alone with Him are making our own offering. We are uniting ourselves to Christ's self offering in the Holy Sacrifice of the Mass and offering His body and blood which is truly present on the altar. But this is offered in a non bloody manner.

03/17/2023 at 2:00 pm to 2:30pm...Called to Communion...60 minutes...Host Dr. David Anders. Peter a caller asked a question regarding St. Patrick's Day. He said some bishops allowing eating of meat on St. Patrick's Day, while others do not. How does this work when traveling? If I live in city A which is allowing meat, but I am traveling and currently in city B which is not allowing meat, am I required to follow the rules in my home diocese or the diocese that I am currently in? I always assumed it was the diocese that I am currently in. He says a family member recently had the opposite view. Peter asked which is it? Dr. Anders said, I am not a cannon lawyer and I have no idea. He said if it were me I am always going to be safe following the law in whatever diocese I am in at that moment.

ISSUE: HEALTH

01/10/2023 at 1:00 pm...30 minutes...The Doctor is in...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in-show where listeners could ask questions concerning the healthy choices on raising children.

Dr. Ray talked about anxiety. When you experience being anxious about something that is bothering you, your body can have a surge of adrenalin that causes you to be frightened about the fear that you are experiencing. This puts you in a survival mechanism. You react by feeling like you want to fight, or like you want to be in flight, or you want to freeze, so you don't move. Dr. Ray says these are realistic anxiety reactions. You start thinking that this is going to happen again. He says distress is not dangerous. The experience that you are having, which seems to be terrifying, is not dangerous. There is nothing there that is threatening your well being.

01/23/2023 at 1:00 pm...30 minutes...The Doctor is in...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in show where listeners could ask questions concerning the healthy choices on raising children.

Dr. Ray was on a Good News Marriage Cruise and was one of eight people on a panel. He was a little intimated by some of the bright folks on the panel. He tried to be quiet most of the time and experienced a couple of sprits of anxiety. There were about four hundred people staring at them but that didn't bother him. Smart people were saying smart things, he is used to saying things that are pretty dumb. He wasn't sure he was

dressed well enough but he was wears the clothes that he has. He figured that his anxiety was because the microphone was about three to four foot from him. He would want to have it in his hand. He said when a microphone gets that close I just get the urge to grab it and start talking.

02/7/2023 at 1:00 pm...30 minutes...The Doctor is In...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in show where listeners could ask questions concerning the healthy choices on counseling.

Dr. Ray talked about Fr. Joe Krupp and his mother who suffered from dementia. In her last days of life he would drive four hours round trip to visit her on Sunday evenings. He was upset when she would call him as soon as he left and say, how come you never come to see me? He started thinking about the fact that she had no memory of him being there. He was a very busy priest but he wanted to see his mother. Then he says God gave him this insight. In the first three years of his life he had absolutely no memory of his mother taking care of him. All those nights that she got up in the middle of the night to feed him, change his diaper and rock him to sleep. She did everything a loving mother does. He had no memory of it at all. But she did it because that was her way of showing love. He says then it hit him. My mother may not remember that I am there, but I am only doing what she did for me the first three – four years of my life when I had no idea, no memory of what she did for me.

02/22/2023 at 1:00 pm...30 minutes...The Doctor is in...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in show where listeners could ask questions concerning the healthy choices on raising children.

Dr. Ray talked about doing a series with Fr. Kevin Fady called What Catholic's really believe. He said that Fr. Fady was a big guy and did everything big. Fr. Fady put ashes on people's forehead in a different way. He would take the ashes and he would begin at the very top of your forehead and go down to almost the middle of your nose and then he would take up about ½ of your forehead horizonally. Dr. Ray explains if somebody got upset about this Fr. Fady would always say, Jesus didn't die on a smudge. That was Fr. Fady.

03/08/2023 at 1:00 pm...30 minutes...The Doctor is in...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in show where listeners could ask questions concerning the healthy choices on raising children.

Dr. Ray talked about when he was in grad school how professors gave a newly developed state test to the students. It was a personality questionnaire. The students were asked to come back when the results were in. The professors asked how close their questionnaires came to the individual personalities. Dr. Ray said the bulk of the students said the results were very close. He is now mentioning one detail, that all the students got the same description. What the students didn't know was that the test was generic.

03/17/2023 at 1:00 pm...30 minutes...The Doctor is in...Dr. Ray Guarendi, a clinical psychologist, hosted a live call-in show where listeners could ask questions concerning the healthy choices on raising children.

Dr. Ray started by talking about dreams. He said that God uses dreams to send messages to people. Dreams take place in your Rem state of sleep. You spend about an one and a half in Rem sleep with rapid eye movement in your morning hours of sleep. The substance of your dreams comes from stuff that you are preoccupied with before you went to bed.

ISSUES: EDUCATIONAL

01/06/2023 at 11:00 am...Women of Grace...30 minutes...Host is Johnnette Williams. Johnnette talked about praying prior to being on air time. She said she prayed to St. Joseph and St. Anthony her dynamic duo. Whenever she wants to find something that was misplaced or lost, she goes to her dynamic duo and asks them to go out there and help find it and get it back to where it belongs. So prior to the board cast today she asked them to go out there and round up some callers. Go round them up St. Joseph and St. Anthony. They are rounding up callers through their intercession. It shows that you are listening.

01/13/2023 at 11:00 am...Women of Grace...30 minutes...Host is Johnnette Williams. Johnnette starts off by saying, this is the day the Lord has made. Let us rejoice and be glad in it. God wants us to be full of zeal for the day at hand. Johnnette tells us that we should have joy in our hearts and not be ruled by bad emotions. All we have to do is walk into the day and discover God's presence in the midst of it. We can then be delighted and be joyful and rejoice in Him. We are not alone in our struggles. God has a plan and He is working our problems out right now.

02/02/2023 at 11:00 am...Women of Grace...30 minutes...Also 3:00 am...Host is Johnnette Williams.

Johnnette had an interview with J P Grant. They were talking about marriage, the value and reality of marriage in the world today. They were saying if you want to see real change in the culture we need to begin with the institution of marriage. Johnnette says the evil one has strived so hard to attack people's marriages. On a break with J P he said to Johnnette that in the end it is all about the woman. He explained this to her, women are God's linchpin. This started right at the beginning of creation. God saw that man needed a woman so he created a help mate and she was called Eve. Adam said at last this is flesh of my flesh and bone of my bone. You shall be called woman because out of your man you have been taken.

02/09/2023 at 11:00 am...Women of Grace...30 minutes...Also 3:00 am...Host is Johnnette Williams. Johnnette talked about St. Jerome Emiliani as it was his feast day. She says he was a beautiful man of God. He dedicated himself to the care of orphans and the education of youth. While taking care of the sick he came down with a disease and died in 1537. He was canonized in 1767 and was named the patron of orphans and abandoned children.

03/01/2023 at 11:00 am...Women of Grace...30 minutes... Also 3:00 am...Host is Johnnette Williams. Encore for 2020. Johnnette talks to us about the Journey of Joy-

Healing for Life's Sorrows. She says primal suffering is when we uncover the mother and father wounds. God wants to heal the emotional and psychological damage caused by these wounds. Through our prayers God will give us the grace we need to pray for the grace to be vulnerable and receptive to God's love and healing action to mend the negative effects of a mother and father wound.

03/10/2023 at 11:00 am...Women of Grace...30 minutes... Also 3:00 am...Host is Johnnette Williams. Johnnette's caller asked if the rosary could be said before mass with the altar being prepared for mass. It's this a distraction when praying? Johnnette answered by saying that praying the rosary before mass would be a perfect way to prepare for mass. She said if the preparation of the altar distracts you, you could just close your eyes. Johnnette didn't think our Blessed Mother would think that this would be irreverent. She may just consider it multi tasking.

ISSUE: NEWS, CURRENT EVENTS AND PUBLIC INTEREST

01/03/2023 at 4:00 pm...Al Kresta in the Afternoon...90 minutes...Al Kresta Comments:

Al's thoughts were on honoring the legacy of Pope Emeritus Benedict XVI. Pope Benedict died 12/31/2022 at the age of 95. He was buried on 1/6/2023. He became Pope during the papal conclave of 2005. His name was Joseph Ratzinger. Al feels that Pope Benedict was the most reliable and trusted voice within the Catholic Church after Al's first few years after he returned to the church. He was an excellent writer.

01/18/2023 at 4:00 pm...Al Kresta in the Afternoon...90 minutes...Al Kresta is the host.

Matthew Bunson is filling in for Al Kresta. He is the executive editor and Washington Bureau Chief for EWTN News. He says this day is a significant anniversary in the history of the Catholic Church for on 1/18/1562 Pope Pius IV convened the Council of Trent for the last time. The Council of Trent was the 19th Ecumenical Council. It was held between 1545 and 1563. It took place in three major periods stretching over those decades. It was the year of the Protestant Revolt and the Protestant Reformation also there were political recommendations and yet Pope Pius IV was able to finish the great work of one of the greatest councils in the history of the church and help to spur on what was already happening in the church and that was the Catholic Reformation. Matthew is going to talk about this with historian Bill Cook.

02/08/2023 at 4:00 pm...Al Kresta in the Afternoon...90 minutes..Al Kresta talked about his prayer life. He didn't feel that his persistence in prayer was up to the standards of the scriptures and the saints who describe it as a necessary part of a healthy prayer life. God already gets it and He can do something about it. So why do we pray? We should persist in prayer even when God seems to be silent because that allows God to work in the life of the one who prays. We need to discipline in our lives to become more persist in our prayer.

02/15/2023 at 4:00 pm...Al Kresta in the Afternoon...90 minutes...Al's guest was Dr. Rick Fitzgibbons. They are going to talk about our families in crisis, what habits can we form

to help build healthier marriages? They talked about the fact that some marriages breakdown because of the availability of pornography, the me-first mentality of the culture, the breakdown of families, people champing disordered self love. Married couples need to build their marriages with positive psychology and to focus on the growth of virtue in both people. Al says the only way this is going to change is when people begin to look into the marriages of Christians and say hum that's different. I like it.

03/03/2023 at 4:00 pm...Al Kresta in the Afternoon...90 minutes...Brian Shinley filled in for Al Kresta. Brian's guest was Lee Strobel who is an investigative reporter, who was talking about what evidence do we have of miracles. Lee challenged Michael Shurmer, founder and editor of Sceptic Magazine to give his best shot against someone believing in miracles. Lee started his book with the first three chapters where he tells Michael's story and what he says against miracles. The rest of the book responds to the objections that he raises and then builds an affirmative case which is much stronger then the skeptical case. A miracle is an intervention by God.

03/10/2023 at 4:00 pm...Al Kresta in the Afternoon...90 minutes... Al Kresta Comments:

Al's guest was Dr. Jay Richards and they were talking about the season of Lent. Dr. Jay wrote a book called Eat, Fast, Feast: Heal Your Body while Feeding your Soul-A Christian Guide to Fasting. We fast because Jesus fasted for forty days in the desert before He was crucified. He says fasting is very difficult for American's because our diet is full of sugar. We dropped something our church has been doing for most of its history. He says this is to our detriment.