

Quarterly Issues/Programs List and Report
KNWI/KNWM 107.1/96.1 - Music
KNWI 107.1 FM HD2 /K264CD-FM 100.7 FM – Talk

January February March 2024

1. Healthy Lifestyles – Senses, Limits, Healthy Parenting, Relationships, Children, Rest, Recharging
2. Mental Health – Healing, Relationships, Therapy, Negative Thoughts
3. Finances- Children, Insurance, Budgeting, Aging Parents, Scams, Economy, Retirement, Credit Score
4. Public Health/Safety
5. Money

Afternoon Show –(AS) Local. Four hour program with segments with Mariah Lewis throughout airs on M-F 3p – 7p Music

Afternoons with Bill Arnold: (AWB) Local. Two-hour program with host Bill Arnold aired on M-F 4p-6p Talk

Breakpoint (BP) - Updates both current events and issues relevant to culture, family, and the church. 7:26a M-F Talk

Evening Show –(ES) Local. Five hour program with segments with Kristy Heilman throughout airs Music 7p - mid

Mid-Day Show –(MD) Local. Five hour program with segments with Theresa Ross throughout airs on M-F 10a – 3p

Morning Show –(MS) Local. Five hour program with segments with Taylor & Jen throughout airs on M-F 5a – 10a Music

Mornings with Carmen Leberge (MCL) Local. Host Carmen LaBerge. Various guest hosts a two-hour program with local news and relevant community

ISSUES	PROGRAM	DATE	TIME	LENGTH	Music/Talk	PROGRAM DESCRIPTION
ECONOMIC/MONEY	SLL	1/23/24	3 pm CT	49 mins	Talk	Are you stuck in a dead-end job, living paycheck-to-paycheck, and overwhelmed by debt? Author and podcast host Bob Lotich shares from his book "Simple Money, Rich Life: Achieve True Financial Freedom and Design a Life of Eternal Impact."
FAMILY AND CHILDREN ISSUES	MCL	2/29/24	7:10 am CT	18 mins	Talk	Ryan Center talks about the need for foster care, especially for children with special needs. He talks about how he and his wife establish Ohana, a social service agency in Arizona, along with Hanai Coffee to offer job training and employment for those aging out of the foster care system.
Finance/Aging Parents	Morning Show	Feb 15	7:15a	2:30 min.	Music	Our friends at Compass Financial share how to have money conversations with aging parents.
Finance/Budgeting	Morning Show	Feb 8	7:15a	2:30 min	Music	Our friends at Compass Financial share budgeting tips.
Finance/Children	Morning Show	Jan 4	7:15a	2:30 min.	Music	Our friends at Compass Financial share how to teach kids about money.
Finance/Insurance	Morning Show	Jan 11	7:15a	2:30 min.	Music	Our friends at Compass Financial share the difference between term and whole life insurance.
Finance/Life Insurance	Morning Show	Feb. 1	7:15a	2:30 min	Music	Our friends at Compass Financial discuss the pros and cons of term and whole life insurance.
Financial/credit score	Morning Show	Mar 28	7:15a	2:30 min.	Music	Our friends at Compass Financial share what your credit score is and why that matters.

Financial/Economy	Morning Show	Mar 7	7:15a	2:30 min.	Music	Our friends at Compass Financial share discuss what to make of conflicting reports about how good our economy is.
Financial/Financing	Morning Show	Mar 22	7:15a	2:30 min	Music	Our friends at Compass Financial share if zero percent financing is a good deal.
Financial/Retirement	Morning Show	Mar 14	7:15a	2:30 min.	Music	Our friends at Compass Financial share how to make sense of retirement funds.
Financial/Scam	Morning Show	Feb 29	7:15a	2:30 min.	Music	Our friends at Compass Financial share what to do if you fall for a scam.
Financial/Scams	Morning Show	Feb 22	7:15a	2:30 min.	Music	Our friends at Compass Financial share how to spot a scam.
HEALTH LIFESTYLES	MCL	1/15/24	7:10 am CT	18 mins	Talk	Dr. Barrows addresses several health concerns, including the concerns about microplastics, how wide spread they are in our environment and in our foods, their potential health impacts, and how to reduce their effects on our health.
HEALTH LIFESTYLES	MCL	1/5/24	7:30 am CT	18 mins	Talk	Fitness expert Kim Dolan Leto address three of the most common roadblock to achieving your fitness goals in the new year.
Healthy Lifestyles/Blended Families	Faith and Life Today	Jan 27	6:00a	14 min	Music	The challenges a stepfamily faces are unique. Steve and Jan Mathews from FamilyLife Blended are helping equip blended families to navigate those challenges and strengthen their relationships. They join Jen to share about this vital ministry.
Healthy Lifestyles/Children	Morning Show	Mar 12	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen the value of letting your children learn from their mistakes.
Healthy Lifestyles/Community/Addiction	Faith and Life Today	Feb 3	6:00a	14 min.	Music	There's so much happening at Circle of Freedom! Kim Crawford joins Jen to share about all that God's doing in this ministry that leads women struggling with addiction to freedom in Jesus. And about the newest addition to their residential recovery home: "House Grandmother" apartments!

Healthy Lifestyles/Community/At-Risk Kids	Faith and Life Today	Jan 13	6:00a	14 min	Music	Wildwood Hills Ranch is helping at-risk kids and veterans to heal and transform their lives. Matt Moeckl joins Jen to tell us more about the important work happening at Wildwood Hills and how to get involved.
Healthy Lifestyles/Community/Encouragement	Faith and Life Today	Mar 9	6:00a	14 min	Music	They're helping bring joy and hope to kids and families growing through difficult seasons in Iowa and beyond - the Iowa League of Heroes! Jen talks with Matt about the amazing work the League is doing and what's coming in the future.
Healthy Lifestyles/Community/Healing	Faith and Life Today	Feb 17	6:00a	14 min	Music	We all deal with hurts, hang-ups, and habits in our life. Celebrate Recovery is a place where people come together to find community and healing. Celebrate Recovery Representative Melissa Dale joins Jen to share about the freedom people are finding through this biblically based program.
Healthy Lifestyles/Community/Pregnancy Resources	Faith and Life Today	Feb 10	6:00a	14 min.	Music	When a woman's expecting a child and doesn't have the support she needs, where can she turn? Martha's House of Hope in Ames is providing women with a loving home and support during their pregnancy and beyond. Executive Director Tara Brown and Board President Todd Clancy join Jen to share more about this important ministry in Central Iowa.
Healthy Lifestyles/Community/Therapy	Faith and Life Today	Jan 6	6:00a	14 min	Music	Dawn Carlson and her team at Rhythms of Grace are bringing hope and healing to people in Central Iowa through equine-assisted therapies. So what is it about horses that enhances therapy and improves quality of life? Dawn joins Jen to tell us more.
Healthy Lifestyles/Community/Women	Faith and Life Today	Jan 20	6:00a	14 min	Music	What kind of difference can an outfit make? At Dress for Success, they believe it can be the first step in helping women get a new job, keep their position and succeed in the workplace. Jody White, Executive Director of Dress for Success Des Moines, joins Jen to talk about the impact they're making here in our community - and how you can help!

Healthy Lifestyles/Grief	Faith and Life Today	Feb 24	6:00a	14 min	Music	Lynne Hoeksema returns to chat with Jen about working through grief and the tension between sadness and the beauty in the world.
Healthy Lifestyles/Limits	Morning Show	Jan 16	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen the importance of stewarding your limits.
Healthy Lifestyles/Recharging	Morning Show	Marc 26	7:15a	2:30 min	Music	Dr. Heidi discusses with Taylor and Jen more effective ways to recharge.
Healthy Lifestyles/Relationships	Morning Show	Mar 5	7:15am	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen discusses the danger of expectations in relationships.
Healthy Lifestyles/Rest	Morning Show	Mar 19	7:15a	2:30 min	Music	Dr. Heidi discusses with Taylor and Jen why resting doesn't always feel restful.
Healthy Lifestyles/Senses	Morning Show	Jan 2	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen what aroma can teach us about how we interact with others.
Healthy Living/Healthy Parenting	Morning Show	Feb 20	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen how to manage the temptation to be passive aggressive in parenting.
MARRIAGE/DIVORCE	AWB	02/23/24	5:00 pm. CT	1 Hour	Talk	Dr. Gary Lovejoy shares how the marriages we see in the Bible give us clarity into what God's expectations are for us, and how we can honor him through our marriages.
Mental Health/Healing	Morning Show	Jan 9	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen how confession can help you heal.
Mental Health/Negative Thoughts	Morning Show	Feb 27	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen how to combat negative self-talk with a personal song of lament.
Mental Health/Professional Help	Morning Show	Feb 6	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen how to know what kind of mental health professional is right for you.
Mental Health/Relationships	Morning Show	Jan 30	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen inviting friends into your limits.

Mental Health/Therapy Expectations	Morning Show	Feb 13	7:15a	2:30 min	Music	Dr. Heidi discusses with Taylor and Jen what to expect in your first appointment with a therapist.
POVERTY	SLL	1/18/24	3 pm CT	49 mins	Talk	Dareth Ly grew up in Cambodia. During the “killing fields”, he was separated from his family, used, abused, and tortured as a child. He was sent as a refugee to the US and later felt called by God to go back to Cambodia. He is the OneChild country director for Cambodia, and serves thousands of children at Hope Centers.
RELIGION	AWB	2/19/24	4:30 pm. CT	30 mins	Talk	George Barna, founder of the Barna Group discusses his new book “Raising Spiritual Champions and explains through statistics how it's up to us to create disciples of Jesus within our families.
SEXUAL ISSUES	SLL	2/13/24	3 pm CT	49 mins	Talk	Sex is a big deal–yet many Christians struggle to make sense of their sexual story in light of their faith. Dr. Carol Tanksley shares from her book “Sexpectations: Reframing Your Good and Not-So-Good Stories about God, Love, and Relationships.” She offers a redemptive, practical path to sexual wholeness.
SEXUAL ISSUES	AWB	01/29/24	5:00 pm. CT	1 Hour	Talk	Pastor Mike Novotny discusses why sharing our struggles and discussing hard-hitting topics as Christians to a fallen world creates opportunities for spiritual growth.

If the relevancy of other issues becomes evident as the quarter progresses, those issues would be added.

CHARITIES	local charitable organizations helping people in the community with various issues
DISABILITIES	how to cope; how to help; care giving, special needs children; life-altering injuries, etc.
ECONOMICS	handling of ; misuse of; getting out of debt; etc.
EDUCATION	Bringing aware to the issues of education in the community, etc.
EMERGENCY ISSUES	relief for victims of natural disasters; local disaster relief, etc.
ENVIRONMENT	how to save energy, use fewer resources
FAMILY & CHILDREN ISSUES	help for disadvantaged families and children
HEALTH LIFESTYLES	eating behaviors/disorders, obesity, addictions; prevention of disease; etc.
IMMIGRATION	helping immigrants; illegal immigrant issues; etc.
JUVENILE DELINQUENCY	case stories, how to prevent; teaching teens; etc.
MARRIAGE/DIVORCE	building healthy marriages, preventing divorce/affairs/ how to handle/ impact on; etc.
MONEY	handling of ; misuse of; getting out of debt; etc.
POVERTY	where to find help, how to help those in need
PUBLIC HEALTH SAFETY	bringing awareness to the of issues that affect the health and safety of the community
RACE	racial retaliation; hate crimes; discrimination; etc.

RECREATION	bringing awareness to the public of recreation events happening in the community
RELIGION	Information regarding religious and spiritual issues, etc.
SENIOR CITIZENS	information regarding the aging; retirement, health etc.
UNEMPLOYMENT/EMPLOYMENT	Coping, finding assistance, help re-entering work force
WOMEN'S ISSUES	discrimination; workplace issues; etc.
A list of programs that have provided the station's most significant treatment of community issues. The list shall include a brief narrative describing what issues were given significant treatment and the programming that provided this treatment.	