

KOXI-CD CHANNEL 20 – PORTLAND, OR  
**Q2 2023 ISSUES AND PROGRAMS LIST**

## Quarterly Issues/Programs List

Below is a list of some of the most significant issues addressed by KOXI-CD, along with the most significant programming treatment of those issues for the period 04/01/2023 to 06/30/2023. This list is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.

Description of Issue	Programming	Date	Duration	Description of Programming
Weather Related Issues	Daily Local Weather Broadcast	4/1/23 – 6/30/23	30 minutes	<p>Broadcasts included real time, community of license-specific data informing viewers of current weather conditions, day and evening outlooks, twelve-hour and following day forecasts, seven-day outlooks, temperature records, temperature, humidity and wind speed graphs, local radars, current weather warnings and watches, as well as regional and national forecasts and information about major weather events.</p>
Early Alzheimer's Detection	Alzheimer's Association and NASCAR "Ryan Blaney – Early Detection" Public Service Announcement	4/1/23 – 6/30/23 (2x/day)	60 seconds	<p>More than 6 million Americans live with Alzheimer's, but fewer than half have received an official diagnosis. Close family members know their loved ones best and are typically the first to notice memory issues or cognitive problems but they're often hesitant to initiate a conversation—even when they know something is wrong. Talking about the changes you are noticing in your loved one is hard, but an early diagnosis can have significant benefits, including eliminating uncertainty and providing more time for support.</p> <p>Encourage families to start a conversation with their person alongside their doctor - the first step towards a possible ALZ diagnosis, and creating a plan of action.</p> <p>Using real stories, the goal of "Hopeful Together," created in partnership with the Alzheimer's Association, is to spread awareness of the benefits of getting an early diagnosis and encourages open communication between loved ones about cognitive health.</p> <p>An early diagnosis can give you and your family more time to plan together, allows participation in care decisions, you and your family will be able to review and update legal documents, discuss finances and property, and identify your care preferences. The website <a href="http://Alz.org/TimeToTalk">Alz.org/TimeToTalk</a> and <a href="http://Alz.org/Tiempo">Alz.org/Tiempo</a> for Spanish speakers offers families helpful tools and resources, including information on the disease and the benefits of an early diagnosis.</p>

<p>Youth Fentanyl Awareness</p>	<p>Real Deal on Fentanyl Public Service Announcement</p>	<p>4/1/23 – 6/30/23 (2x/day)</p>	<p>60 seconds</p>	<p>In 2021, there were nearly 108,000 drug overdose deaths - the highest number recorded in a 12-month period and a staggering 52 percent increase over the last two years. This rise in overdose-related deaths is being fueled by the prevalence of synthetic opioids, like fentanyl, which were involved in an estimated 66% of overdose deaths during this period.</p> <p>Fentanyl is often made illegally. It's laced into other drugs, like heroin and cocaine, and used to make fake versions of prescription pills. Because of this, many individuals who encounter fentanyl have encountered it unknowingly.</p> <p>To increase awareness of the dangers &amp; prevalence of fentanyl, this new campaign, Real Deal on Fentanyl, was created to educate young people 13-24 and arm them with lifesaving information. The campaign also includes a distinct forthcoming creative effort, targeted to parents of 13–24-year-olds, to help parents also understand the risks posed by fentanyl, and how they can talk to their children about this issue.</p>
<p>Fatherhood Involvement</p>	<p>National Responsible Fatherhood “Play Catch Her” Public Service Announcement</p>	<p>4/1/23 – 6/30/23 (2x/day)</p>	<p>60 seconds</p>	<p>What is #Dadication? It's just like dedication but it means that as a father, you never stop being a dad. There's no one right way as long as you show up for your kids, even when it's not so easy.</p> <p>The Fatherhood Involvement campaign PSAs highlight the diverse experiences of real dads who share a commitment to being there for their kids through parenting highlights and challenges. By acknowledging the hard work they put forth in the face of hardships, the campaign seeks to provide all fathers with confidence to keep going in their efforts to be present for their children.</p> <p>All PSAs direct audiences to visit <a href="http://Fatherhood.gov">Fatherhood.gov</a> for parenting tips, fatherhood programs, and other resources.</p>

## LOCAL ISSUES ADDRESSED DURING THE QUARTER

The following are local issues of concern to the community ***“PROBLEMAS Y SOLUCIONES”*** a 60-minute Daily program addressing current issues of local and community interest. Weekly topics vary, but include interviews with local community leaders, reports on topics of public health and safety, matters concerning education in the local community, and matters concerning changes to the nation’s immigrations laws & regulations. Programs that addressed these issues during this reporting period are listed on the following pages.

\*TST = Testimonies

Program Name	Air Date	Air Time & Duration	Program Topic/Local Interest Issue	Brief Description of Program
Problemas y Soluciones Portland	04/03/2023	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration: 58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST* Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	04/04/2023	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration: 58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>

		<i>Ends: 5:58pm</i> <i>Duration: 58min</i>		
Problemas y Soluciones Portland	04/05/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	04/06/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	04/07/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> </ul>

		<p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>		<p>-TST Depression</p> <p>-TST Suicide</p> <p>-TST 7 prayers</p> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones</p> <p>Portland</p>	<p>04/10/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <p>-TST Witchcraft</p> <p>-TST Depression</p> <p>-TST Suicide</p> <p>-TST Holy Spirit</p> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones</p> <p>Portland</p>	<p>04/11/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <p>-TST Witchcraft</p> <p>-TST Depression</p> <p>-TST Suicide</p> <p>-TST Holy Spirit</p> <p>Host: Pastor Diego</p>

		<i>Duration: 58min</i>		
Problemas y Soluciones Portland	04/12/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	04/13/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	04/14/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> </ul>

		<i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>		-TST Suicide -TST 7 prayers Host: Pastor Diego
Problemas y Soluciones Portland	04/17/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  Repeat <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.  On today show: -TST Witchcraft -TST Depression -TST Suicide -TST Holy Spirit Host: Pastor Diego
Problemas y Soluciones Portland	04/18/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  Repeat <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.  On today show: -TST Witchcraft -TST Depression -TST Suicide -TST Holy Spirit Host: Pastor Diego



<p>Problemas y Soluciones Portland</p>	<p>04/19/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>04/20/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>04/21/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> </ul>

		<p><i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>		<p>-TST 7 prayers</p> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>04/24/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>04/25/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
			<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle</p>

<p>Problemas y Soluciones Portland</p>	<p>04//26/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>		<p>against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>04/27/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>04/28/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul>

		<i>Duration: 58min</i>  <i>Starts: 5:00pm</i>  <i>Ends: 5:58pm</i>  <i>Duration: 58min</i>		Host: Pastor Diego
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Program Name	Air Date	Air Time & Duration	Program Topic/Local Interest Issue	Brief Description of Program
Problemas y Soluciones Portland	05/01/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	05/02/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>

		<p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>		
<p>Problemas y Soluciones Portland</p>	<p>05/03/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>05/04/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>05/05/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> </ul>

		<p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>		<p>-TST Depression</p> <p>-TST Suicide</p> <p>-TST 7 prayers</p> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>05/08/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <p>-TST Witchcraft</p> <p>-TST Depression</p> <p>-TST Suicide</p> <p>-TST Holy Spirit</p> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>05/09/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <p>-TST Witchcraft</p> <p>-TST Depression</p> <p>-TST Suicide</p> <p>-TST Holy Spirit</p> <p>Host: Pastor Diego</p>

		<i>Duration: 58min</i>		
Problemas y Soluciones Portland	05/10/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	05/11/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	05/12/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> </ul>

		<i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>		-TST Suicide -TST 7 prayers Host: Pastor Diego
Problemas y Soluciones Portland	05/15/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  Repeat <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.  On today show: -TST Witchcraft -TST Depression -TST Suicide -TST Holy Spirit Host: Pastor Diego
Problemas y Soluciones Portland	05/16/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  Repeat <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.  On today show: -TST Witchcraft -TST Depression -TST Suicide -TST Holy Spirit Host: Pastor Diego



<p>Problemas y Soluciones Portland</p>	<p>05/17/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>05/18/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST 7 prayers</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>05/19/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> </ul>

		<p><i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>		<p>-TST Holy Spirit Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	05/22/2023	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	05/23/2023	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
	05/24/2023		Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle</p>

<p>Problemas y Soluciones Portland</p>		<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>		<p>against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>05/25/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>05/26/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul>

		<p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>		<p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>05/29/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>05/30/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones</p>	<p>05/31/2023</p>	<p><i>Starts: 11:00pm</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle</p>

Portland		<i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>		<p>against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
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Program Name	Air Date	Air Time & Duration	Program Topic/Local Interest Issue	Brief Description of Program
Problemas y Soluciones Portland	06/01/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST of Cure</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	06/02/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> </ul>

		<p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>		<p>-TST Depression</p> <p>-TST Suicide</p> <p>-TST of Cure</p> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>06/05/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <p>-TST Witchcraft</p> <p>-TST Depression</p> <p>-TST Suicide</p> <p>-TST Holy Spirit</p> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>06/06/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <p>-TST Witchcraft</p> <p>-TST Depression</p> <p>-TST Suicide</p> <p>-TST Holy Spirit</p> <p>Host: Pastor Diego</p>

		<i>Duration: 58min</i>		
Problemas y Soluciones Portland	06/07/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	06/08/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST of Cure</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones Portland	06/09/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  <i>Repeat</i>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> </ul>

		<i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>		-TST Suicide  -TST of Cure Host: Pastor Diego
Problemas y Soluciones  Portland	06/12/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  Repeat <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.  On today show: -TST Witchcraft -TST Depression -TST Suicide -TST Holy Spirit Host: Pastor Diego
Problemas y Soluciones  Portland	06/13/2023	<i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i>  Repeat <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i>  <i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>	Spiritual Guidance	This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.  On today show: -TST Witchcraft -TST Depression -TST Suicide -TST Holy Spirit Host: Pastor Diego



<p>Problemas y Soluciones Portland</p>	<p>06/14/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>06/15/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST of Cure</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>06/16/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> </ul>

		<p><i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>		<p>-TST of Cure Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>06/19/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>06/20/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
			<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle</p>

<p>Problemas y Soluciones Portland</p>	<p>06/21/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>		<p>against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>06/22/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST of Cure</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>06/23/2023</p>	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i> <i>Starts: 5:00am</i> <i>Ends: 5:58am</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST of Cure</li> </ul> <p>Host: Pastor Diego</p>

		<p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>		
<p>Problemas y Soluciones Portland</p>	<p>06/26/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> <li>- TST Fast of Daniel</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones Portland</p>	<p>06/27/2023</p>	<p><i>Starts: 11:00pm</i></p> <p><i>Ends: 11:58pm</i></p> <p><i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i></p> <p><i>Ends: 5:58am</i></p> <p><i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i></p> <p><i>Ends: 5:58pm</i></p> <p><i>Duration: 58min</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> <li>- TST Fast of Daniel</li> </ul> <p>Host: Pastor Diego</p>
<p>Problemas y Soluciones</p>	<p>06/28/2023</p>	<p><i>Starts: 11:00pm</i></p>	<p>Spiritual Guidance</p>	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle</p>

Portland		<p><i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>		<p>against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST Holy Spirit</li> <li>- TST Fast of Daniel</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones  Portland	06/29/2023	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p> <p><i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i></p>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST of Cure</li> <li>- TST Fast of Daniel</li> </ul> <p>Host: Pastor Diego</p>
Problemas y Soluciones  Portland	06/30/2023	<p><i>Starts: 11:00pm</i> <i>Ends: 11:58pm</i> <i>Duration:58min</i></p> <p><i>Repeat</i></p> <p><i>Starts: 5:00am</i> <i>Ends: 5:58am</i> <i>Duration: 58min</i></p>	Spiritual Guidance	<p>This program main purpose is to guide spiritually the viewers at home. The show contains testimonies about people that have defeated witchcraft, won the battle against depression and search for the Holy Spirit using their faith.</p> <p>On today show:</p> <ul style="list-style-type: none"> <li>-TST Witchcraft</li> <li>-TST Depression</li> <li>-TST Suicide</li> <li>-TST of Cure</li> <li>- TST Fast of Daniel</li> </ul>

		<i>Starts: 5:00pm</i> <i>Ends: 5:58pm</i> <i>Duration: 58min</i>		Host: Pastor Diego
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The following are local issues of concern to the community ***“ROMPIENDO EL SILENCIO”*** a 60-minute Daily program addressing current issues of local and community interest. Weekly topics vary, but include interviews with local community leaders, reports on topics of public health and safety, matters concerning education in the local community, and matters concerning changes to the nation’s immigrations laws & regulations. Programs that addressed these issues during this reporting period are listed on the following pages.

Program Name	Air Date	Air Time & Duration	Program Topic/Local Interest Issue	Brief Description of Program
Rompiendo el Silencio	04/03/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	HOW TO DISCOVER YOUR INNER SELF	<p>Sometime is really scary to take a look inside. We are not ready to deal with certain feelings that may be rooted way down there. Our experts tell us how to deal with our inner self.</p> <p>Guests:            -Dr. Patricia Arcache            Family Therapist            -Yeny Hércules            Integrative Mental Health Ttherapist            -Olivia Plate            Psychologist</p>
Rompiendo el Silencio	04/04/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	HOW DOES DIVORE AFFECT YOUR KIDS	<p>There are many consequences when couples divorce. The ones that suffer the most are the children. How can we help them go through the changes? Our experts tell us and our guests share their testimonies.</p> <p>Guests:            Itzel Molina            Family Psychotherapist            Dr. Arnaldo Laconelli            Psychologist            Josephine Rivera            Testimony            Sabrina Roman            Testimony</p>
Rompiendo el Silencio	04/05/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i>	HOW TO KEEP A HEALTHY AND ACTIVE BRAIN	

		<i>Duration:58min</i>		<p>As time goes by our bodies deteriorate, including our brains. There are several ways our experts show us how to keep a healthy and active brain.</p> <p>Guests:</p> <ul style="list-style-type: none"> <li>-Dr. Arodi Martínez</li> <li>Psychologist</li> <li>-Laura Aguilar</li> <li>Psychotherapist</li> <li>-Dr. Pablo Meza</li> <li>Neurologist</li> </ul>
Rompiendo el Silencio	04/06/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	ARTIFICIAL INTELIGENCE	<p>We explored the benefits and possible dangers tied to the fast technological advances we are witnessing every day.</p> <p>Guests:</p> <ul style="list-style-type: none"> <li>-Elizabeth Vargas</li> <li>Coach-Advisor</li> <li>-Christian Pasten</li> <li>Electronic Engineer</li> <li>Expert in submarine robotics</li> <li>-Dr. Manuel Rodríguez</li> <li>Robotic Surgeries</li> </ul>
Rompiendo el Silencio	04/07/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	HOW TO DISCOVER YOUR TALENTS	<p>We all have talents but not all of us know what they are or how to use them. Our experts will tell you how to discover what your talents are and how to use them for your benefit.</p> <p>Guests:</p> <ul style="list-style-type: none"> <li>-Elisa Guzman</li> <li>Family therapist</li> <li>-Marcela Arrieta</li> <li>Specialist on emotional healing</li> <li>Javier Barrera</li> <li>Expert on human potential specializing on talents</li> </ul>
				<p>We are seeing how the economy is changing and it has been somewhat complicated lately. Our experts give us a quick glance and advice on how to proceed</p> <p>Guests:</p>



Rompiendo el Silencio	04/10/2023	Stars: 4:00pm Ends: 4:58pm Duration:58min	FINANCIAL CRISIS	-Diana Méndez Real Estate Agent
				-Ivan Mark Flores Financial Advisor  -Gustavo Vargas Communicator/ Expert in finances
Rompiendo el Silencio	04/11/2023	Stars: 4:00pm Ends: 4:58pm Duration:58min	CHILD ABUSE	Our experts guide us on how to identify if children are being abuse and talked about how to protect them and deal with this matter.  Guests: -Julia Aguilar Pedagogue -Dr. Carlos Correa Psychologist -Dr. Stella Sneider Psychologist/Sex Therapist
Rompiendo el Silencio	04/12/2023	Stars: 4:00pm Ends: 4:58pm Duration:58min	LIMITING KID'S ACCESS TO SOCIAL MEDIA	We had several kinds of workouts. The idea is to motivate everyone to get moving. Find your favorite work out and do it with us!  Guests: Zumba Instructors -Fer López -Patty -Abraham -Oscar Spinning Instructor -Rebeca Bone Coach Kangoo Jumps -Ruth Avila
	04/13/2023	Stars: 4:00pm	OVERCOMING DIFFICULT TIMES	What is the best way to overcome difficult times? How do you keep going after a tragedy? What is the best way to deal with important issues?  Guests: -Carmen Cervantes Life Coach/ therapist -Angeles Sanchez Life coach

Rompiendo el Silencio		<i>Ends: 4:58pm</i> <i>Duration:58min</i>		-Carolina Uribe Clinical psychologist
Rompiendo el Silencio	04/14/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>		<p>Woman usually neglect their health and themselves due to having to take care of so many other things and people. We talked about the basic health needs we need to take better care of ourselves.</p> <p>Specialists: -Dr. Gloria Monsalve General Medicine  -Dra. Giselle Hernández Nutricionist</p>
Rompiendo el Silencio	04/17/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	BECOME AN ENTREPENOUR	<p>You've always wanted to be your own boss. You dream of having your idea become a business. Our experts will give you the DO's and DON'Ts and will help you get there.</p> <p>Guests: -Jaqueline Vrba President and founder of FRIDARS org.  -Claudia Shah SBCD Business advisor  -Rebecca Alvarado  -Maribel Ramírez  -Nora Angeles Ceo Natural Break Juice</p>
Rompiendo el Silencio	04/18/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	HOW TO STOP FEELING GUILTY	<p>Hour guests give us clear tips on how to overcome feelings of guilty and how to have a better life once you learn how to forgive yourself.</p> <p>Guests:</p>

				<p>-Itzel Molina Family Psychotherapist</p> <p>-jacqueline Cacho Journalist/producer/writer</p> <p>-Dr.JesusGonzalezClinical Psicologist/ psychooncologist</p>
Rompiendo el Silencio	04/19/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	AUTISM	<p>Celebrating and acknowledging the month of April as the month of autism, our expert talk about how to read signs on your kids and how to proceed in case these symptoms are present in your child.</p> <p>Guests:</p> <p>- Daverly Camacho Tutor of Special needs children</p> <p>-Alejandra Angers Specialist in neuropsychologist and learning</p> <p>-Gustavo Llata Tik toker with a brother who has autism</p>
Rompiendo el Silencio	04/20/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	HOW TO OVERCOME YOUR FEARS	<p>Our experts give us advice on how to deal with fear and phobias. And how to eventually overcome them.</p> <p>Guests:</p> <p>-Marcela Arrieta Specialist in Emotional Healing</p> <p>-Gabby Guasso Self-help Speaker</p> <p>-Dr. Arody Martinez Psychologist</p> <p>Zoom</p>

				<p>Dr. Manuel Jimenez Psychiatrist/Psychotherapist</p>
Rompiendo el Silencio	04/21/2023	<p><i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i></p>	HEALTHY EATING FOR THE WHOLE FAMILY	<p>The importance of healthy eating for the whole family! How to stop eating junk food and start with a healthy diet and exercise.</p> <p>Guests:</p> <p>Johanna Spates Personal Trainer Dr. Rafael Bolio Expert in nutrition Madga Gonzalez Producer and Mother of 2 (Nathaly- André)</p> <p>Zoom</p> <p>Nancy Tabares Health Coach and Nutrition</p>
Rompiendo el Silencio	04/24/2023	<p><i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i></p>	ARE YOU A TOXIC PERSON OR A VITAMIN PERSON	<p>We talked about the trades of a toxic person and a “vitamin” person. How to deal with them, how to identify them and figure out who is both.</p> <p>Guests:</p> <p>-Gabby Guasso Self Help Conferencist Veronica Villatoro -Writer/ Entrepreneur</p> <p>Zoom</p> <p>Mariana Bermudez Psychologist/ couple counsoler</p>

				<p>Maria Mendez Clinical Psychologist</p>
Rompiendo el Silencio	04/25/2023	<p><i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i></p>	VICES	<p>We talked about vices and addictions. How to avoid becoming an addict and how to deal spot somebody that maybe addicted. Julieta Romano testimony Guests: Zoom Alejandro Garcia Psychologist Amy Muratalla Family Counselor</p>
Rompiendo el Silencio	04//26/2023	<p><i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i></p>	CHRONIC FATIGUE SYNDROME	<p>We learned the difference between being just tired and chronic fatigue syndrome. Our experts show us how to navigate this difficult condition.</p> <p>Guests: -Dr. Carlos Correa Psychologist Mimi Castillo Personal Trainer Zoom: Dr.kasein Gonzalez General practitioner Karla Alvarado Nutritionist</p>
Rompiendo el Silencio	04/27/2023	<p><i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i></p>	ARE WE JUST FOLLOWING TRENDS?	<p>How people now a days are influenced by social media to the point they lose their own identity</p> <p>Guests: Eliza Guzman</p>

				<p>Family therapist  Mayra Alvarez  Specialist in human development  Angela Artunduaga  Image Consultant  Zoom  Barbara Quintanilla</p>
Rompiendo el Silencio	04/28/2023	<p><i>Stars: 4:00pm</i>  <i>Ends: 4:58pm</i>  <i>Duration:58min</i></p>	<p>ADRIANA MACIAS  HOW TO SUCCEED  NO MATTER WHAT</p>	<p>Adriana Macias is a motivational speaker that became very successful in spite of the fact she was born without arms.</p> <p>Guests:  Adriana Macias  Lawyer/ writer/speaker</p>

Program Name	Air Date	Air Time & Duration	Program Topic/Local Interest Issue	Brief Description of Program
Rompiendo el Silencio	05/01/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	LABOUR DAY FOR LANTIN AMERICA	<p>We are honoring the Latin American immigrants and their hard work featuring successful business owners who shared their strategies for success.</p> <p>Guests:  - Maritza Pineda  Business owner  - Adela Henao  Entrepreneur “Donde Adela” “Café Adelita”  - Rosie Glam  Influencer -Bar Tender-</p>
Rompiendo el Silencio	05/02/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	WHEN DO YOUNG PEOPLE START HATING THEIR BODIES?	<p>According to surveys 75% of kids of the age of 12 hate their bodies increasing to an 80% for kids of the ages between 18 and 20 years old.</p> <p>Guests:  - Yeny Hercules  Integrative Mental Health Therapist  - Martha Díaz  Thanatologist/Therapist  ZOOM  Dr. Tania Medina  Plastic Surgeon  Dr. Grover Bravo  Psychologist/ Family Therapist</p>
Rompiendo el Silencio	05/03/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i>	HOW TO HELP YOUR PARTNER WHEN CHANGES OCCUR	<p>Couples face many changes but what happens when your spouse is having a hard time adjusting? We had important tips so couples can help each other during these times.</p> <p>Guests:</p>

		<i>Duration:58min</i>		<p>-Mayra Alvarez Human Developing Specialist</p> <p>Jorge Partida Psychologist Chief of Psychology/Los Angeles County Department of Mental Health</p> <p>-Jorge Suarez Personal Development Coach</p> <p>Zoom</p> <p>Irene Quintero</p>
Rompiendo el Silencio	05/04/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	DANGEROUS DIETS	<p>Every day millions of people subject themselves to dangerous diets to lose weight fast. We will explore healthy ways to achieve your weight goals.</p> <p>Guests:</p> <p>-Dr. Giselle Hernández Nutritionist</p> <p>-Dr. Patricia Arcache Family Therapist</p> <p>-Paloma zúñiga Life Coach</p>
Rompiendo el Silencio	05/05/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	IMMIGRANTS/ 5 DE MAYO CELEBRATION	<p>Immigrants are a big part of our society. We explored how they have helped with the economy, work force, culture and every aspect of life in the USA. We also had Mexican folklore in celebration of 5 de Mayo.</p> <p>Guests:</p> <p>-Blanca Soto Actor and Activist</p> <p>-Meredith Brown Immigration Attorney</p> <p>-Ballet Folclórico Rey Coliman -Grupo Versage</p>



Rompiendo el Silencio	05/08/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	FASHION AND SELF-ESTEEM	<p>We give tips on how to find fashion that is flattering for your body type. We also talked about how the clothes you wear can re enforce our self-esteem</p> <p>Guests:</p> <ul style="list-style-type: none"> <li>-Karol Sanders Image Consultant</li> <li>-Merianny Villarroel Fashion Designer</li> <li>Carolina Uribe Psychologist</li> <li>-Adriana Bravo Hair Reconstruction Center</li> </ul>
Rompiendo el Silencio	05/09/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	VIOLENCE IN SCHOOLS	<p>With the help of our specialist, we try to understand why there is so much violence amongst kids in school, including the shootings that we see way too often.</p> <p>Guests:</p> <ul style="list-style-type: none"> <li>-Itzel Molina Family Psychotherapist</li> <li>-Paula Barajas Teacher</li> <li>-Jocelyne Barajas Police Officer</li> <li>ZOOM</li> <li>-Jess Rizo Uncle of Jackie Cazares Victim of Uvalde Shooting</li> </ul>
Rompiendo el Silencio	05/10/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	DO MOMS ALSO GET DEPRESSED?	<p>As we celebrate Mother's Day in Latin America, we explore the job of a mother and how sometimes this beautiful but difficult roll can lead to depression.</p> <p>Guests:</p> <ul style="list-style-type: none"> <li>Marcela Arrieta Specialist in Emotional Healing</li> <li>-María Dolores Torres Mom of 3. One of them have autism</li> <li>ZOOM</li> <li>-Jessica Medina Mind-body therapist</li> <li>-Noelia Kouchoyan Journalist an TV producer Single mom of 1</li> </ul>

Rompiendo el Silencio	05/11/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	THE IMPORTANCE OF A DAILY ROUTINE	<p>Every day is important to have a certain routine. We talked about how to implement them, why they are important for the whole family and all the benefits they bring.</p> <p>Guests:  -Mimy Castillo  Personal Trainer  -Jessica Martín  Expert in Skin Care  ZOOM  Dr. Elisa Scianmanna  Dermatologist  Rosa Garalva  Youtuber and author  (La Revolución de la Limpieza)</p>
Rompiendo el Silencio  Rompiendo el Silencio	05/12/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	MOTHER'S DAY	<p>As we approach Mother's Day we dedicate tribute to all moms, including ours. Our guests are exceptional woman and moms. We discussed the challenges and benefits of being a mom.</p> <p>-Rosa Milano  Immigration Consultant/Para Legal  Mother of 2  -Lizbeth Aurora Gallegos  Journalist  Mother of 2  -Doris Mazariegos  Make-up Artist</p>
Rompiendo el Silencio	05/15/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	HOW TO LOVE AGAIN	<p>Many people after a failed relationship are not willing to start a new one. We talked about all the positive things there are about love and how to overcome the past to start a new beginning.</p> <p>Guests:  -Silvia Ramírez  Psychologist  Gladys Menendez  Live Coach/ Entrepreneur  Gaby Guasso  Self Help Conferencist</p>

				<p>ZOOM</p> <p>Mariana Bermudez</p> <p>Psychologist /Couples Therapist</p>
Rompiendo el Silencio	05/16/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	EATING DISORDERS	<p>We explore the world of eating disorders. Red flags, the types of disorders there are, the consequences long term, treatments available.</p> <p>Guests:</p> <p>Dra. Giselle Hernandez</p> <p>Nutritionist</p> <p>Joha Rivera</p> <p>Changing Mentalities/Creating new habits</p> <p>Alejandra Ortega</p> <p>Skin Care Specialist</p>
Rompiendo el Silencio	05/17/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	WHAT ARE THE CONCERNS YOUNG PEOPLE HAVE FOR TEIR FUTURE	<p>We took to the streets to ask young people what are the main concerns they have about their future. We also, have young guests that express their worries in the studio.</p> <p>Guests:</p> <p>- Dra. Patricia Arcache</p> <p>Family Therapist</p> <p>Paloma Zúñiga</p> <p>Live Coach</p> <p>ZOOM</p>

				<p>Carolina Uribe Psychologist</p>
Rompiendo el Silencio	05/18/2023	<p><i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i></p>	HOW CAN WE HELP THE PEOPLE WE LOVE	<p>We talked about the stubborn people in our lives that won't take care of themselves even when it is imperative for them to go to the doctor or change bad habits, such as a bad diet and a sedentary life.</p> <p>Guests:</p> <p>-Elisa Guzmán Family Therapist Sandra Cajina Cancer survivor</p> <p>ZOOM</p> <p>Dra. Gloria Monsalve Family Doctor</p>
Rompiendo el Silencio	05/19/2023	<p><i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i></p>	SUCCESSFUL WEMAN	<p>Our guests talk to us about how they reached success. The steps they took to get to the top in their careers. They shared important tips to start a business and also keep a balance family life.</p> <p>Guests:</p> <p>-Paulina Thomas Realtor/ Sales/ Marketing Director/ Content Creator and mom</p> <p>-Alejandrina Chaidez Master in cybersecurity/Forensic Auditor for the Government/Entrepreneur/ Mom</p>

				<p>Live -Remote</p> <p>-Liliana Garcia/Lilys Taste on Wheels-Food truck</p>
Rompiendo el Silencio	05/22/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	HOW TO HAVE A HAPPY FAMILY	<p>Our experts tell us the best was to have a happy and healthy family. What to do, important tips, values, practices and more for the whole family.</p> <p>Guests: Emily Chavéz Master in Neuro-linguistic Programming -Laura Aguilar Pedagogue</p>
Rompiendo el Silencio	05/23/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	FINANCIAL EDUCATION	<p>If we plan ahead, we could reach financial stability and our goals. If we prepared, we can deal better with financial challenges that life may bring.</p> <p>Guests: Miriam Toro Financial Adviser -Natalie Torres Expert in Finances ZOOM -Tatiana Castro Managerial Coach in Digital Investments</p>
Rompiendo el Silencio	05/24/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	SHOULD WE LIVE IN A SOCIETY WITHOUT LIMITS?	<p>We discussed the importance of setting limits in our personal life, professional life and even with ourselves.</p> <p>Guests: -Gladys Menéndez Life Coach / Entrepreneur/ Mom and Grandmother  -Joha Rivera Remodeling Mentalities and Creating conscious habits.</p>

				<p>ZOOM</p> <p>-Mayela García</p> <p>Human Communication Therapist</p>
Rompiendo el Silencio	05/25/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	HOW TO OVERCOME TRAUMA	<p>We discussed how some traumas are so difficult to overcome. How most of us one way or another have suffered from experiences we haven't been able to overcome. Our experts give us important tips on this matter.</p> <p>Guests:</p> <p>Martha Díaz</p> <p>Thanatology-Therapist</p> <p>-Elizabeth Vargas</p> <p>Coach-Family Advisor</p> <p>Ángeles Sánchez</p> <p>Life Coach</p> <p>ZOOM</p> <p>María Méndez</p> <p>Clinic Psychologist</p>
Rompiendo el Silencio	04/26/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	ANTIAGING LIFE STYLE	<p>We covered all the bases to tackle antiaging. Strategies from work outs to food that help with the aging proses and aesthetic treatments.</p> <p>Guests:</p> <p>Gloria Monsalve</p> <p>Family Doctor</p> <p>-Johanna Spates</p> <p>Personal Trainer</p>

				<p>ZOOM</p> <p>-Karla Alvarado</p> <p>Nutritionist</p> <p>-Berenice Naranjo</p> <p>Cosmetologist</p>
Rompiendo el Silencio	05/29/23	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	THE IMPORTANCE OF SELF-STEEM	<p>We discussed how important it is to raise children with a strong self-teem. How these values will play an important role as they become adults</p> <p>Guests:</p> <p>Emily Chávez</p> <p>Master in neuro-linguistic Programming</p> <p>Julia Aguilar</p> <p>Pedagogue</p>
Rompiendo el Silencio	05/30/23	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	THE POWER OF THE WORDS	<p>We usually don't pay much attention to what comes out of our mouths. But it is very important that we are careful with our words since they can destroy or build.</p> <p>Guests:</p> <p>Isabel Medher</p> <p>Clinical Psychologist</p> <p>-Elisa Guzman</p>

				<p>Family Therapist</p> <p>ZOOM</p> <p>Marisol Cazerres</p> <p>Coach</p>
Rompiendo el Silencio	05/31/23	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	INTERNATIONAL DAY WITH OUT TOBACCO	<p>International Day with Out Tobacco is celebrated around the world. We talked about the damage of smoking cigarettes creates to those who smoke and the people around them.</p> <p>Guests:</p> <p>Patricia Arcache</p> <p>Psychologist</p> <p>Viridiana de la Herran</p> <p>Neumologist</p> <p>Margie Munar</p> <p>Speech Therapist</p> <p>Testimony</p> <p>Yolanda Leyva</p>



Program Name	Air Date	Air Time & Duration	Program Topic/Local Interest Issue	Brief Description of Program
Rompiendo el Silencio	06/01/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	EARLY PREGNANCY	<p>We talked about the dangers of teen pregnancy. How it impacts our society, the families of this kids and their future.</p> <p>Guests:  -Silvia Ramirez  Psychologist  -Sonia Tobar  OBGYNO</p> <p>ZOOM  -Barbara Makinowski  Psychotherapist</p>
Rompiendo el Silencio	06/02/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	IN SEARCH FOR THE AMERICAN DREAM IMMIGRANTS ARE LONELY	<p>A study shows the price immigrants pay in search of the American dream. Being away from home and their families, the main issue is the fact that they feel lonely and isolated.</p> <p>-Paloma Zuñiga  Life Coach</p> <p>-Marcela Arrieta  Specialist in emotional healing</p> <p>ZOOM</p> <p>-Carla Colina  Psychologist</p>
Rompiendo el Silencio	06/05/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i>	ETIQUETE AND GOOD MANNERS	<p>We discussed etiquette as a standard conduct that sets expectations about social behavior. Etiquette obeys conventional norms within a society, or social class or group. We had a panel of guests that showed</p>

		<i>Duration:58min</i>		<p>us how to conduct ourselves in different social scenarios.</p> <p>Guests:</p> <p>-Silvia Santiago Public Image Consultant</p> <p>-karol Sanders Image Consultant</p> <p>Zoom</p> <p>Cinthia Romero Public Speaking Consultant</p>
Rompiendo el Silencio	06/06/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	HOW TO DISCIPLINE YOUR CHILDREN WITHOUT VIOLENCE	<p>Discipline kids without violence is the way to teach a path of autonomy and responsibility. for this, we must use techniques that do not provoke negative reactions or damage children's self-esteem. in this way, we allow for a healthy and happy development in an environment of love and respect between parents and children.</p> <p>Guests:</p> <p>-Mayra Alvarez Specialist in Human Development</p> <p>-Julia Aguilar Pedagogue</p> <p>-Nubia Almeida Child Psychologist</p>
Rompiendo el Silencio	06/07/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	ABANDONMENT	<p>child abandonment occurs when a parent, guardian or legal representative abandons a child without regard for the child's physical integrity, safety or well-being. Today we discussed the repercussions that people, especially kids that suffer from abandonment.</p> <p>-Marcela Arrieta Specialist in Emotional Healing</p> <p>Gladys Menendez Life Coach</p> <p>ZOOM</p> <p>Zulem Colin Life Coach</p> <p>Testimony Cecilia Caballero</p>

Rompiendo el Silencio	06/08/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	THE IMPORTANCE OF HAVING POSITIVE THOUGHTS	<p>Each one of us has the power to choose what to believe and what to think. Our thoughts will be determining how our day goes, therefore how our life goes. We are in control of our thoughts; we decide how to think and shape our future and wellbeing.</p> <p>Guests:  -Laura Solano  Life Coach  - Joha Rivera  Reshaping Mindsets and Creating Conscious Habits  Zoom  -Solimar Vargas  Psychologist  Testimony  Elizabeth Ortiz</p>
Rompiendo el Silencio	06/09/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	DO NEGATIVE EMOTIONS MAKE US SICK	<p>Emotions play a fundamental role in our daily lives. they can be intense and powerful, capable of influencing our decisions, behaviors and overall well-being. however, when emotions are unbalanced or not properly managed, they can lead to emotional illnesses that negatively affect our physical and mental health</p> <p>guests:  -Nora Rodas  emotional wellbeing coach  leah kyriaskis  personal trainer</p> <p>-Anabel Basulto  lmft therapist/ licensed mental health therapist  zoom  -Begoña Ormaechea  Psychologist</p> <p>Testimony  Adelina Alaniz</p>
Rompiendo el Silencio	06/12/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	HOW TO MANAGE YOUR TIME SUCCESSFULLY	<p>We all have the same 24 hours a day, but when we compare ourselves with other people we think: why do they do better than we do? how do they manage to do so many things a day? how do they manage to be successful, among many other things? but have you ever thought about what you do with the time you have? We will be sharing important tips on how to manage your time successfully.</p> <p>Guests:</p>

				<p>Aileen Nealie          Psychotherapist          Angeles Sanchez          Life Coach</p> <p>ZOOM</p> <p>-Olivia Plate          Psychologist</p>
Rompiendo el Silencio	06/13/2023	<p><i>Stars: 4:00pm</i>  <i>Ends: 4:58pm</i>  <i>Duration:58min</i></p>	THE BENEFITS OF A GOOD MOOD AND GOOD HUMOR	<p>Being in a good mood is important for several reasons. First, good humor allows us to face daily challenges with a positive attitude, which reduces stress and helps us maintain emotional balance. in addition, good humor strengthens our social relationships, as people with a good sense of humor tend to be more attractive and likable.</p> <p>Guests:          -Itzel Molina          Family Physiotherapist          -Blanca Ochoa          Motivational Therapist          -Laura Aguilar          Sandy Cervantes</p> <p>ZOOM</p> <p>Sandy Cervantes          Entrepreneur</p>
Rompiendo el Silencio  Rompiendo el Silencio	06/14/2023	<p><i>Stars: 4:00pm</i>  <i>Ends: 4:58pm</i>  <i>Duration:58min</i></p>	LEARNING HOW TO LET GO	<p>Many times, we cling to people, things or situations for fear of losing them. such is the fear of being without them, that we accumulate feelings, beliefs and emotions that have to do with those things that we are not willing to let go. this is why letting go is an ability that saves us a lot of time and suffering in order to live with peace of mind tranquility. if we think it is difficult, it will more than likely be so. the important thing is to be willing to travel light. we feel better every time we release what weighs us down</p> <p>Guests:          -Izabel Medher          Psychologist          -Amy Muratalla          Family Counselor</p> <p>ZOOM</p>

				<p>Clara Perez Psychologist</p>
Rompiendo el Silencio	06/15/2023	<p><i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i></p>	<p>WE ARE WHAT WE EAT</p>	<p>"We are what we eat" is a popular saying that highlights the connection between our diet and our health. that is why the food we eat has a significant impact on our physical and mental well-being.</p> <p>proper nutrition is fundamental to maintain a healthy lifestyle.</p> <p>Guests:</p> <p>-Giselle Hernández Nutritionist Viviana Rodriguez Fitness Trainer</p> <p>ZOOM</p> <p>-Juliana Suarez Correa Gastroenterologist</p>
Rompiendo el Silencio	06/16/2023	<p><i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i></p>	<p>SUCCESS AND HAPPINES GO HAND IN HAND?</p>	<p>each person deals with different situations or different factors that bring happiness to his or her life. since there is no fixed mold, each person has a different perspective on happiness, it is difficult to conclude a solution to the key to happiness. the key to happiness lies within each individual. many people value experiences over possessions, while for others it is just the other way around.</p> <p>Guests:</p> <p>Dra. Patricia Arcache Phycologist Paloma Zuñiga Life Coach</p>

				<p>Zoom</p> <p>-Mariana Bermúdez</p> <p>Psychologist</p> <p>Testimony</p> <p>Aracely De Santiago</p>
Rompiendo el Silencio	06/19/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	OVERCOMING OBSTACLES IN LIFE	<p>In life the number of obstacles we need to overcome is overwhelming. We have so many things we need to deal with sometimes we feel there is no solution to these obstacles. Today we talked about how to overcome them and how to solve these issues the best way possible.</p> <p>Guests:</p> <p>- Jackeline Cacho</p> <p>Journalist/Producer/ Writer/ Emotional Intelligence Specialist</p> <p>-Mayra Alvarez</p> <p>Human Development Specialist</p> <p>Testimony</p> <p>Paula Barajas</p> <p>ZOOM</p> <p>Elva Allred</p> <p>Personal Trust and Relationship Coach</p>
Rompiendo el Silencio	06/20/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	WHEN A WOMAN HAS TO SEE THEIR CHILD INCARCERATED	<p>When a son is incarcerated, the mother faces a series of emotional and practical challenges. On and emotional lever primarily, experiencing anguish, sadness and concern for the well-being of her child's future. Feelings of guilt or responsibility may also arise.</p>

				<p>Guests:</p> <p>-Dra. Patricia Arcache Family Therapist</p> <p>ZOOM</p> <p>Carolina Uribe Psychologist</p>
	06/21/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	LIVING WITH OUR MEMORIES	<p>Memories are an integral part of our personal history. By living with them, we can learn more about ourselves, our past experiences and how we go t to be who we are today. This gives us a greater understanding of our identity and can foster personal growth.</p> <p>Guests:</p> <p>-Elisa Guzman Family Therapist</p> <p>-Gladys Menendez Life Coach</p> <p>ZOOM</p> <p>Barbara Quintanilla Psychologist</p> <p>Testimony</p> <p>Marisol Rodriguez</p>
			HOW TO REBUILD YOUR FAMILY	<p>Life can take many turns. Get married, have children, get divorce, start a relationship with another person or</p>

Rompiendo el Silencio	06/22/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>		<p>try again. This is an increasingly common life routine in many</p> <p>Guests:  Joha Rivera  Remodeling Mentalities and Creating conscious habits  -Elizabeth Vargas  Family Coach</p>
Rompiendo el Silencio	06/23/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	<p>HOW TO CARE FOR YOURSELF WHEN YOU ARE PREAGNANT</p>	<p>Caring for a pregnant woman is very important both for her own health and for the well-being of the developing baby. During pregnancy, the body experiences significant changes and requires special attention to ensure a healthy gestational process.</p> <p>Guests:  -Nataly Cifuentes  OBGYN</p> <p>Barbara Guillien  Fitness Trainer  Elvia Pirir  Pregnant Fitness Trainer  ZOOM</p> <p>-Marcela Sandoval  Prevention and Reversal of Illnesses  Solimar Vargas  Psychologist</p>
Rompiendo el Silencio	06/26/2023	<i>Stars: 4:00pm</i> <i>Ends: 4:58pm</i> <i>Duration:58min</i>	<p>SELF LOVE</p>	<p>Self-love is fundamental for a person's emotional and mental well-being. It is essential to develop a positive self-image, establish healthy relationships, make conscious decisions and maintain integral well-being. It is an ongoing process of self-discovery, self-care and acceptance, and can have a transformative impact on a person's quality of life.</p> <p>Guests:  -Marcela Arrieta  Emotional Healing Specialist.</p> <p>Blanca Ochoa  Motivational Therapist  Alejandra Ortega</p>



				<p>Specialist in Skin Care</p> <p>ZOOM</p> <p>-Karen Luquez</p> <p>Social Psychologist</p>
Rompiendo el Silencio	06/27/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	<p>THE LINK BETWEEN STRESS AND HEATH ISSUES</p>	<p>Prolonged stress has been linked to a number of diseases including heart disease, sleep disorders, digestive disorders, mood disorders and even a weakening of the immune system.</p> <p>Guests:</p> <p>Mayte Prida</p> <p>Anchor/ Motivational Speaker</p> <p>Itzel Molina</p> <p>Family Psychotherapist</p> <p>ZOOM</p> <p>Dra. Gloria Monsalve</p> <p>Family Doctor</p>
Rompiendo el Silencio	06/28/2023	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	<p>BUILDING HEALTHY RELATIONSHIPS</p>	<p>in a world full of romantic, complicated relationships and emotional conflict, it is crucial to recognized and value the importance of healthy partnerships. these strong and balanced relationships not only bring us happiness and fulfillment, but also have a positive impact on our physical and mental health.</p> <p>guests:</p> <p>romina clavero</p> <p>life coach</p> <p>jennifer flores</p>

				<p>psychologist</p> <p>zoom</p> <p>-jennifer flores</p> <p>psychologist</p>
Rompiendo el Silencio	06/29/23	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	THE BENEFITS OF MUSIC IN OUR LIVES	<p>Listening to music benefits general well-being, helps regulate emotion, and creates happiness and relaxation in everyday life. It can also transfer us to a much more positive state of mood, remember happy moments, increase self-esteem and confidence in ourselves.</p> <p>Guests:</p> <p>Izabel Medher</p> <p>Clinical Psychologist</p> <p>-YPG Band</p> <p>ZOOM</p> <p>-Barbara Malonowski</p> <p>Psychotherapist</p>
Rompiendo el Silencio	06/30/23	<p><i>Stars: 4:00pm</i></p> <p><i>Ends: 4:58pm</i></p> <p><i>Duration:58min</i></p>	HOW TO CARE OF YOURSELF DURING SUMMER	<p>Summer is here and the elements like the sun, ocean and heat can damage your skin, hear and health in general. Our experts will give us important information on how avoid any health problems so we can enjoy summer.</p>

				<p>Guests:</p> <p>-Dra. Luaciana Yacomotti Family Doctor/ Skin Expert</p> <p>-Yessica Martin Skin Expet- Spa Treatment</p> <p>ZOOM Dra. Elisa Scianmanna Dermatologist</p>
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The following are local issues of concern to the community *“HABLA QUE TE ESCUCHO”* a 60 minutes program, Monday to Friday, addressing current issues of local and community interest. Weekly topics vary, but include interviews with local community leaders, reports on topics of public health and safety, matters concerning education in the local community, and matters concerning changes to the nation’s immigrations laws & regulations. Programs that addressed these issues during this reporting period are listed on the following pages

Program Name	Air Date	Air Time & Duration	Program Topic/Local Interest Issue	Brief Description of Program
<b>A P R I L 2023</b>				
Habla Que Te Escucho	04/04/23	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	OZEMPIC.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Maria Alejandra Castillo – Endocrinologist - Florida</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Katia Korol Onika – Nutritionist - Spain</p> </div> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Dilcybeth Araujo – Psychologist - Spain</p> </div> <p style="text-align: center;">On this episode we discussed about the abuse people are taking using this drug to lose weight and not its purpose.</p>
Habla Que Te Escucho	04/05/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	VIRTUAL WEDDINGS.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Marcela Villaseñor – Wedding Planner – Mexico</p> </div> <p style="text-align: center;">On this episode we discussed about how virtual weddings are trending and couples are not doing a physical ceremony anymore.</p>
Habla Que Te Escucho	04/06/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	DEEPFAKES.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Jose Luis Tamayo – Graphic Designer - Mexico</p> </div> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Juan Luis Cabrera – Computer Engineer - Mexico</p> </div> <p style="text-align: center;">On this episode we discussed about the danger of deepfakes on the internet and how they can incriminate others.</p>

Habla Que Te Escucho	04/07/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	MUGGER KIDS.	<p align="center"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>ZOOM:</b> Martha Ugalde – Psychologist - California </div> <div style="border: 1px solid black; padding: 5px;"> <b>ZOOM:</b> Samuel Lazalde – Director of Neutral Ground - California </div> <p>On this episode we discussed about a new wave of kids that are robbing street vendors.</p>
Habla Que Te Escucho	04/08/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	MOTHERS IN LAW.	<p align="center"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>ZOOM:</b> Laura Aguilar – Psychotherapist - California </div> <div style="border: 1px solid black; padding: 5px;"> <b>ZOOM:</b> Alberto Villaseñor – Couples Psychologist - Mexico </div> <p>On this episode we discussed in an amusing way the pros and cons of mothers-in-law.</p>
Habla Que Te Escucho	04/09/2023	<i>Stars:</i> 08:00 pm  <i>Ends:</i> 9:00 pm  <i>Duration:</i> 60 minutes.	RECAP.	<p align="center"><b>GUESTS</b></p> <p align="center">The best of the week.</p>
Habla Que Te Escucho	04/11/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	NARCAN AND FENTYNOL.	<p align="center"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <b>ZOOM:</b> Jorge Mario Rubio – Addiction Therapist - Colombia </div> <div style="border: 1px solid black; padding: 5px;"> <b>ZOOM:</b> Katia Rosales – Thanatologist - Venezuela </div> <p>On this episode we discussed how Narcan is being used to save lives of phentanol addicts.</p>
Habla Que	04/12/2023	<i>Stars:</i> 12:00 am	CANADA'S BORDER.	<p align="center"><b>GUESTS</b></p>

Te Escucho		<i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.		<div data-bbox="820 94 1461 189" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>ZOOM:</b> Nancy Trigueros – Sociologist - Canada </div> <p>On this episode we discussed new laws and how “dreamers” are becoming more likely to migrate to Canada instead of the USA.</p>
Habla Que Te Escucho	04/13/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	TEACHER’S STRIKE.	<p style="text-align: center;"><b>GUESTS</b></p> <div data-bbox="820 493 1461 588" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>ZOOM:</b> Begonya DeSalvo – Federacion de Interpretes, Los Angeles, California </div> <p>On this episode we discussed about the wages of teachers and the conditions in schools that the system has to improve.</p>
Habla Que Te Escucho	04/14/2023	<i>Stars:</i> 8:00 pm  <i>Ends:</i> 9:00 pm  <i>Duration:</i> 60 minutes.	SLAVERY REPARATIONS.	<p style="text-align: center;"><b>GUESTS</b></p> <div data-bbox="820 871 1461 934" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>ZOOM:</b> Juan Jose Gutierrez – Civil Attorney </div> <p>On this episode we discussed about the new proposition law on paying heirs and families from slaves reparations after the abolition.</p>
Habla Que Te Escucho	04/15/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	TRANSGENDERS IN SPORTS.	<p style="text-align: center;"><b>GUESTS</b></p> <div data-bbox="820 1291 1461 1386" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>ZOOM:</b> Dr. Joaquin Lopez Murga – Colectivo Visibilidad Trans - Peru </div> <div data-bbox="820 1386 1461 1480" style="border: 1px solid black; padding: 5px; text-align: center;"> <b>ZOOM:</b> Chris Landeta – Coach &amp; Sports Consultant - Ecuador </div> <p>On this episode we discussed the fairness and equality in women’s sports and the recent participation of transgenders.</p>
Habla Que Te Escucho	04/16/2023	<i>Stars:</i> 8:00 pm  <i>Ends:</i> 9:00 pm	RECAP.	<p style="text-align: center;"><b>GUESTS</b></p> <p style="text-align: center;">The best of the week.</p>

		Duration: 60 minutes.				
Habla Que Te Escucho	04/18/2023	Stars: 12:00 am  Ends: 1:00 am  Duration: 60 minutes.	RERUN.  POLICE  BRUTALLITY.	<p align="center"><b>GUESTS</b></p> <table border="1"> <tr> <td><b>ZOOM:</b> Alex Benitex – Criminal Lawyer</td> </tr> <tr> <td><b>ZOOM:</b> Diana Umana – “Say Their Names” Union</td> </tr> </table> <p>On this episode we discussed about current issues that involve police brutality.</p>	<b>ZOOM:</b> Alex Benitex – Criminal Lawyer	<b>ZOOM:</b> Diana Umana – “Say Their Names” Union
<b>ZOOM:</b> Alex Benitex – Criminal Lawyer						
<b>ZOOM:</b> Diana Umana – “Say Their Names” Union						
Habla Que Te Escucho	04/19/2023	Stars: 12:00 am  Ends: 1:00 am  Duration: 60 minutes.	E-CIGARRETTES.	<p align="center"><b>GUESTS</b></p> <table border="1"> <tr> <td><b>ZOOM:</b> Jorge Mario Rubio – Psychologist and Addiction Therapist - Colombia</td> </tr> </table> <p>On this episode we discussed about the health hazard e-cigarettes are.</p>	<b>ZOOM:</b> Jorge Mario Rubio – Psychologist and Addiction Therapist - Colombia	
<b>ZOOM:</b> Jorge Mario Rubio – Psychologist and Addiction Therapist - Colombia						
Habla Que Te Escucho	04/20/2023	Stars: 12:00 am  Ends: 1:00 am  Duration: 60 minutes.	EVICTIONS IN  L.A.	<p align="center"><b>GUESTS</b></p> <table border="1"> <tr> <td><b>ZOOM:</b> Izabel Valencia Tevanyan – Comite de Arrendadores de Inquilinos Glendale, California</td> </tr> </table> <p>On this episode we discussed about the aftermath of covid-19 evictions due date and how a majority of people still cannot afford to pay their rent.</p>	<b>ZOOM:</b> Izabel Valencia Tevanyan – Comite de Arrendadores de Inquilinos Glendale, California	
<b>ZOOM:</b> Izabel Valencia Tevanyan – Comite de Arrendadores de Inquilinos Glendale, California						
Habla Que Te Escucho	04/21/2023	Stars: 8:00 pm  Ends: 9:00 pm  Duration: 60 minutes.	RERUN.  ADDICTION TO VIDEO GAMES.	<p align="center"><b>GUESTS</b></p> <table border="1"> <tr> <td><b>ZOOM:</b> Danny Peña - Gamer</td> </tr> <tr> <td><b>ZOOM:</b> Laura Ceja – Psychologist</td> </tr> </table> <p>On this episode we discussed if video games were becoming an addiction to kids these days.</p>	<b>ZOOM:</b> Danny Peña - Gamer	<b>ZOOM:</b> Laura Ceja – Psychologist
<b>ZOOM:</b> Danny Peña - Gamer						
<b>ZOOM:</b> Laura Ceja – Psychologist						
				<b>GUESTS</b>		

<p>Habla Que Te Escucho</p>	<p>04/22/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>AUTISM.</p>	<table border="1" data-bbox="820 92 1461 289"> <tr> <td data-bbox="820 92 1461 191"> <p><b>ZOOM:</b> Dilcybeth Araujo – Psychologist - Spain</p> </td> </tr> <tr> <td data-bbox="820 191 1461 289"> <p><b>ZOOM:</b> Andreina Feo – President of Dejando Huella - Spain</p> </td> </tr> </table> <p>On this episode we celebrated the month of Autism and inclusion of people with this neurological disorder.</p>	<p><b>ZOOM:</b> Dilcybeth Araujo – Psychologist - Spain</p>	<p><b>ZOOM:</b> Andreina Feo – President of Dejando Huella - Spain</p>	
<p><b>ZOOM:</b> Dilcybeth Araujo – Psychologist - Spain</p>							
<p><b>ZOOM:</b> Andreina Feo – President of Dejando Huella - Spain</p>							
<p>Habla Que Te Escucho</p>	<p>04/23/2023</p>	<p><i>Stars:</i> 8:00 pm</p> <p><i>Ends:</i> 9:00 pm</p> <p><i>Duration:</i> 60 minutes.</p>	<p>RECAP.</p>	<p><b>GUESTS</b></p> <p>The best of the week.</p>			
<p>Habla Que Te Escucho</p>	<p>04/25/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>RERUN</p>	<p><b>GUESTS</b></p> <table border="1" data-bbox="820 951 1485 1161"> <tr> <td data-bbox="820 951 1485 1045"> <p><b>ZOOM:</b> Maria Alejandra Castillo – Endocrinologist - Florida</p> </td> </tr> <tr> <td data-bbox="820 1045 1485 1098"> <p><b>ZOOM:</b> Katia Korol Onika – Nutritionist - Spain</p> </td> </tr> <tr> <td data-bbox="820 1098 1485 1161"> <p><b>ZOOM:</b> Dilcybeth Araujo – Psychologist - Spain</p> </td> </tr> </table> <p>On this episode we discussed about the abuse people are taking using this drug to lose weight and not its purpose.</p>	<p><b>ZOOM:</b> Maria Alejandra Castillo – Endocrinologist - Florida</p>	<p><b>ZOOM:</b> Katia Korol Onika – Nutritionist - Spain</p>	<p><b>ZOOM:</b> Dilcybeth Araujo – Psychologist - Spain</p>
<p><b>ZOOM:</b> Maria Alejandra Castillo – Endocrinologist - Florida</p>							
<p><b>ZOOM:</b> Katia Korol Onika – Nutritionist - Spain</p>							
<p><b>ZOOM:</b> Dilcybeth Araujo – Psychologist - Spain</p>							
<p>Habla Que Te Escucho</p>	<p>04/26/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>LEGALIZATION OF MARIJUANA.</p>	<p><b>GUESTS</b></p> <table border="1" data-bbox="820 1465 1461 1654"> <tr> <td data-bbox="820 1465 1461 1602"> <p><b>ZOOM:</b> Dennise Mejia – Asociacion Internacional de Mujeres Consultoras de Cannabis - California</p> </td> </tr> <tr> <td data-bbox="820 1602 1461 1654"> <p><b>ZOOM:</b></p> </td> </tr> </table> <p>On this episode we talked about the pros and cons of legalizing cannabis so far.</p>	<p><b>ZOOM:</b> Dennise Mejia – Asociacion Internacional de Mujeres Consultoras de Cannabis - California</p>	<p><b>ZOOM:</b></p>	
<p><b>ZOOM:</b> Dennise Mejia – Asociacion Internacional de Mujeres Consultoras de Cannabis - California</p>							
<p><b>ZOOM:</b></p>							



Habla Que Te Escucho	04/27/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	PRESIDENTIAL PARDON.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p style="text-align: center;"><b>ZOOM:</b> Meredith Brown – Abogada Civil – Activista de Inmigracion</p> </div> <p>On this episode we discussed about the potencial presidential pardon towards the “DREAMERS” still looking to resolve their situation.</p>
Habla Que Te Escucho	04/28/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	POLLUTION IN AREAS OF POVERTY.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Dr. Alejandro Villalpando – Professor at Cal State</p> </div> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Felipe Aguirre – activist &amp; former Major of Maywood.</p> </div> <p>On this this episode we discussed how poor communities are pushed to live near polluted areas in cities.</p>
Habla Que Te Escucho	04/29/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	BILL SB-1718.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Angel Leal – Immigration Attorney</p> </div> <div style="border: 1px solid black; padding: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Javier Lopez – Immigrant Testemony.</p> </div> <p>On this episode we discussed about a new preposition bill in Florida, set to deport and even do jail time for people helping undocumented inmigrants.</p>
Habla Que Te Escucho	04/30/2023	<i>Stars:</i> 8:00 pm  <i>Ends:</i> 9:00 pm  <i>Duration:</i> 60 minutes.	RECAP.	<p style="text-align: center;"><b>GUESTS</b></p> <p style="text-align: center;">The best of the week.</p>

Program Name	Air Date	Air Time & Duration	Program Topic/Local Interest Issue	Brief Description of Program
<b>M A Y O 2023</b>				
<b>Habla Que Te Escucho</b>	05/02/23	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	PEDOPHILES.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Norma Yalila Casanova – Sociologist.</div> <div style="border: 1px solid black; padding: 2px;"><b>ZOOM:</b> Hector Gabriel Rios Diaz – Family Counselor.</div> <p style="text-align: center;">On this episode the experts discussed about whether pedophiles should be protected by law or sentenced to death.</p>
<b>Habla Que Te Escucho</b>	05/03/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	INTELLIGENT BRACELETS FOR UNDOCUMENTED IMMIGRANTS.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Ruben Espinoza – Immigration Lawyer</div> <p style="text-align: center;">On this episode the experts discussed about the possibility of the government implementing digital bracelets for undocumented immigrants.</p>
<b>Habla Que Te Escucho</b>	05/04/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	HUMANITARIAN PAROLE.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Juan Jose Gutierrez – Civil Lawyer</div> <div style="border: 1px solid black; padding: 2px;"><b>ZOOM:</b> Kelvin Rosado – Immigration Lawyer</div> <p style="text-align: center;">On this episode the experts discussed the consequences of this political act.</p>
<b>Habla Que Te Escucho</b>	05/05/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am	INCREASE OF SUICIDE AND DEPRESSION	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Jorge Escudero – Psychologist</div> <div style="border: 1px solid black; padding: 2px;"><b>ZOOM:</b> Monserrath Guerrero - Psychologist</div>

		<i>Duration:</i> 60 minutes.	AMONG CHILDREN.	On this episode the experts discussed about the causes of depression in children and teenagers and how parents should be more attentive.			
<b>Habla Que Te Escucho</b>	05/06/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	HOW TO KEEP THE FLAME ALIVE AMONT COUPLES.	<p style="text-align: center;"><b>GUESTS</b></p> <table border="1" style="width: 100%;"> <tr> <td><b>ZOOM:</b> Laura Ceja - Psychotherapist</td> </tr> <tr> <td><b>ZOOM:</b> Irene Ruiz &amp; Matias Zazo – Married couple of 50 years.</td> </tr> <tr> <td><b>ZOOM:</b> Perla &amp; Jorge Serna – Married couple of 5 years.</td> </tr> </table> <p>On this episode the expert and guests talked about the struggles and hard work they go through to make their marriages work.</p>	<b>ZOOM:</b> Laura Ceja - Psychotherapist	<b>ZOOM:</b> Irene Ruiz & Matias Zazo – Married couple of 50 years.	<b>ZOOM:</b> Perla & Jorge Serna – Married couple of 5 years.
<b>ZOOM:</b> Laura Ceja - Psychotherapist							
<b>ZOOM:</b> Irene Ruiz & Matias Zazo – Married couple of 50 years.							
<b>ZOOM:</b> Perla & Jorge Serna – Married couple of 5 years.							
<b>Habla Que Te Escucho</b>	05/07/2023	<i>Stars:</i> 08:00 pm  <i>Ends:</i> 9:00 pm  <i>Duration:</i> 60 minutes.	RECAP.	The best of the week.			
<b>Habla Que Te Escucho</b>	05/09/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	RERUN. VIRTUAL WEDDINGS.	<p style="text-align: center;"><b>GUESTS</b></p> <table border="1" style="width: 100%;"> <tr> <td><b>ZOOM:</b> Marcela Viseñor – Wedding Planner.</td> </tr> </table> <p>On this episode the expert explained how and why this new trend of virtual weddings saves time and money for engaged couples.</p>	<b>ZOOM:</b> Marcela Viseñor – Wedding Planner.		
<b>ZOOM:</b> Marcela Viseñor – Wedding Planner.							
<b>Habla Que Te Escucho</b>	05/10/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	DISCRIMINATION IN HOLLYWOOD.	<p style="text-align: center;"><b>GUESTS</b></p> <table border="1" style="width: 100%;"> <tr> <td><b>ZOOM:</b> Andrea Vicunia – Actress/Producer</td> </tr> <tr> <td><b>ZOOM:</b> Daniel Armenta – Film Professor</td> </tr> </table>	<b>ZOOM:</b> Andrea Vicunia – Actress/Producer	<b>ZOOM:</b> Daniel Armenta – Film Professor	
<b>ZOOM:</b> Andrea Vicunia – Actress/Producer							
<b>ZOOM:</b> Daniel Armenta – Film Professor							

				On this episode the subject for discussion was why there isn't enough Latin representation on films in Hollywood and the changes the industry is making.
<b>Habla Que Te Escucho</b>	05/11/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	IS REGGAETON MUSIC A BAD INFLUENCE ON CHILDREN.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"><b>ZOOM:</b> Jorge Victoria – Composer and Music Producer</div> <div style="border: 1px solid black; padding: 5px;"><b>ZOOM:</b> Mz LaLa – Music Artist</div> <p>On this episode the subject for discussion was whether the lyrics of this music genre is a negative influence on kids and teenagers.</p>
<b>Habla Que Te Escucho</b>	05/12/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	RERUN. REPARATIONS FOR SLAVERY.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"><b>ZOOM:</b> Juan Jose Gutierrez – Civil Lawyer</div> <p>On this episode the topic was why most Americans oppose reparations for slavery and others agree on it.</p>
<b>Habla Que Te Escucho</b>	05/13/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	SINGLE MOTHERS.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"><b>ZOOM:</b> Marisol Chueca – Single Mother</div> <div style="border: 1px solid black; padding: 5px;"><b>ZOOM:</b> Karla Colina – Clinic Psychologist</div> <p>On this episode the expert and guest talked about the experience of raising a child by themselves and how many women go through it every day and manage to give their children a better life and future.</p>
<b>Habla Que Te Escucho</b>	05/14/2023	<i>Stars:</i> 8:00 pm  <i>Ends:</i> 9:00 pm	RECAP.	The best of the week.

		Duration: 60 minutes.		
<b>Habla Que Te Escucho</b>	05/16/2023	Stars: 12:00 am  Ends: 1:00 am  Duration: 60 minutes.	TITLE 8.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Gerardo Oviero – Venezuelan Activist.</div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Efrain Gonzalez – Immigration Lawyer.</div> <p>On this episode the experts discussed the end of Title 42 and how the process of Title 8 will work for migrants.</p>
<b>Habla Que Te Escucho</b>	05/17/2023	Stars: 12:00 am  Ends: 1:00 am  Duration: 60 minutes.	CAREERS OF THE FUTURE.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Veronica Garcia – Teacher.</div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Arte Delgado – Computer Engineer.</div> <p>On this episode the professionals talked about what the careers of the future might be and what the prospects are for future generations. Technological advances being first.</p>
<b>Habla Que Te Escucho</b>	05/18/2023	Stars: 12:00 am  Ends: 1:00 am  Duration: 60 minutes.	HOW IS CHINA'S RELATION TOWARDS THE US.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Pedro Ceinos – Researcher in China.</div> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Antoni Clement – Professor at Barcelona University.</div> <p>On this episode the experts discussed about China's relation with the US technologically and economy wise. The culture and personal experiences with the chinsese.</p>
<b>Habla</b>	05/19/2023	Stars: 12:00 am	CHILDHOOD	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Lucia Chavez – Nutritionist.</div>

<p><b>Que Te Escucho</b></p>		<p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>OBESITY.</p>	<div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p><b>ZOOM:</b> Carla Colina – Psychologist.</p> </div> <p>On this episode the experts talked about child Obesity. How parents are to either blame or discipline their children with good or better nutrition.</p>
<p><b>Habla Que Te Escucho</b></p>	<p>05/20/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>AGE GAP IN LOVE.</p>	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>ZOOM:</b> Nuria Cusine – Couple’s Therapist.</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p><b>ZOOM:</b> Laura Aguilar – Psychotherapist.</p> </div> <p>On this episode the experts discussed why young women are getting more interested in older men and what the trend is.</p>
<p><b>Habla Que Te Escucho</b></p>	<p>05/21/2023</p>	<p><i>Stars:</i> 8:00 pm</p> <p><i>Ends:</i> 9:00 pm</p> <p><i>Duration:</i> 60 minutes.</p>	<p>RECAP.</p>	<p style="text-align: center;">The best of the week.</p>
<p><b>Habla Que Te Escucho</b></p>	<p>05/23/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>THE SECOND AMENDMENT.</p>	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>ZOOM:</b> Juan Jose Gutierrez – Civil Lawyer.</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p><b>ZOOM:</b> Anonymous Poice Investigator.</p> </div> <p>On this episode the guests talked about the cons and pros of gun control.</p>
<p><b>Habla Que Te Escucho</b></p>	<p>05/24/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>RERUN. HAVE WE BECOME A VIOLENT SOCIETY</p>	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>ZOOM:</b> Andres Alvarez – Psychologist.</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 10px;"> <p><b>ZOOM:</b> Angelica Rosas – Psychologist.</p> </div> <p>On this episode the experts explore all aspects of the human behavior on why so much violence has risen.</p>

<p><b>Habla Que Te Escucho</b></p>	<p>05/25/2023</p>	<p>Stars: 12:00 am</p> <p>Ends: 1:00 am</p> <p>Duration: 60 minutes.</p>	<p>ONE YEAR OF THE UVALDE, TEXAS TRAGEDY.</p>	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>ZOOM:</b> Chamba Sanchez – Educator/Activist.</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>ZOOM:</b> Katia Rosales - Thanatologist</p> </div> <p>On this episode the professionals discussed about the tragedy that happened one year ago at Uvalde, Texas and what has been done about gun control since.</p>
<p><b>Habla Que Te Escucho</b></p>	<p>05/26/2023</p>	<p>Stars: 12:00 am</p> <p>Ends: 1:00 am</p> <p>Duration: 60 minutes.</p>	<p>TECHNOLOGY AND DISABLED PEOPLE.</p>	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>ZOOM:</b> Rodolfo Torres – Professor/Researcher/Activist on Social Movements for Disabled People and Human Rights.</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>ZOOM:</b> Arte Delgado – Computer Engineer.</p> </div> <p>On this episode our guests talked about the advantages A.I. has to offer and how it can be used as a tool for disabled people.</p>
<p><b>Habla Que Te Escucho</b></p>	<p>05/27/2023</p>	<p>Stars: 12:00 am</p> <p>Ends: 1:00 am</p> <p>Duration: 60 minutes.</p>	<p>FURBABIES.</p>	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>ZOOM:</b> Gabriel Ochoa – General Manager PETA Latino.</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>ZOOM:</b> Jherson Hernandez – Veterinarian.</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p><b>ZOOM:</b> Daniela Murillo – Psychologist.</p> </div> <p>On this episode our experts and professionals discussed the trends of treating pets as humans and advising on how to and not harm them.</p>
<p><b>Habla Que Te Escucho</b></p>	<p>05/28/2023</p>	<p>Stars: 8:00 pm</p> <p>Ends: 9:00 pm</p>	<p>RECAP.</p>	<p style="text-align: center;">The best of the week.</p>

		Duration: 60 minutes.		
<b>Habla Que Te Escucho</b>	05/30/2023	Stars: 12:00 am  Ends: 1:00 am  Duration: 60 minutes.	RECAP OF THE MONTH.	The best of the month.
<b>Habla Que Te Escucho</b>	05/31/2023	Stars: 12:00 am  Ends: 1:00 am  Duration: 60 minutes.	SURROGATE MOTHERS.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Jesus Bujdud – Lawyer/Movement Rights.</p> </div> <div style="border: 1px solid black; padding: 5px; margin-bottom: 5px;"> <p style="text-align: center;"><b>ZOOM:</b> Veronica Garcia – Feminist Activist.</p> </div> <p style="text-align: center;"><b>On this</b> episode our guests discussed about whether the process of being a surrogate mother should be a normal procedure in our modern society.</p>



Program Name	Air Date	Air Time & Duration	Program Topic/Local Interest Issue	Brief Description of Program
<b>J U N E 2023</b>				
<b>Habla Que Te Escuchó</b>	06/01/23	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	SENIOR MIGRATION.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> John Paul Martin – Immigration Lawyer.</div> <div style="border: 1px solid black; padding: 2px;"><b>ZOOM:</b> Norma Casanova – Sociologist.</div> <p style="text-align: center;">On this episode the experts talked about the challenges seniors face after migrating to the United States.</p>
<b>Habla Que Te Escuchó</b>	06/02/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	GIFTED KIDS.	<p style="text-align: center;"><b>GUESTS</b></p> <div style="border: 1px solid black; padding: 2px; margin-bottom: 2px;"><b>ZOOM:</b> Izabel Medher – Clinical Psychologist.</div> <div style="border: 1px solid black; padding: 2px;"><b>ZOOM:</b> Laura Aguilar – Psychotherapist.</div> <p style="text-align: center;">On this episode the experts discussed how gifted children face bullying and the need for a better education system.</p>
<b>Habla Que Te Escuchó</b>	06/03/2023	<i>Stars:</i> 12:00 am  <i>Ends:</i> 1:00 am  <i>Duration:</i> 60 minutes.	RERUN.	RERUN.
<b>Habla Que Te Escuchó</b>	06/04/2023	<i>Stars:</i> 8:00 pm  <i>Ends:</i> 9:00 pm  <i>Duration:</i> 60 minutes.	RECAP.	Weekly Recap.
				<b>GUESTS</b>

<p><b>Habla Que Te Escuchó</b></p>	<p>06/06/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>STALKERS.</p>	<p><b>ZOOM:</b> Maria Alejandra Duque – Psychologist.</p> <p><b>ZOOM:</b> Sergio Gonzalez – Criminal Lawyer.</p> <p>On this episode the experts talked about how stalkers use social media for victims.</p>
<p><b>Habla Que Te Escuchó</b></p>	<p>06/07/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>MULTICULTURAL COUPLES.</p>	<p><b>GUESTS</b></p> <p><b>ZOOM:</b> Andrew Ramirez – Male Couple.</p> <p><b>ZOOM:</b> Simprit Ramirez – Female Couple.</p> <p>On this episode our guests talked about their relationship and challenges they faced as a multicultural couple.</p>
<p><b>Habla Que Te Escuchó</b></p>	<p>06/08/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>RACISM IN SPORTS.</p>	<p><b>GUESTS</b></p> <p><b>ZOOM:</b> Joel Nuño – Technical Sports Coordinator.</p> <p><b>ZOOM:</b> Veronica Garcia – Sports Teacher.</p> <p>On this episode the experts expressed their concerns on racism on sports.</p>
<p><b>Habla Que Te Escuchó</b></p>	<p>06/09/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>RERUN.</p>	<p>RERUN.</p>
<p><b>Habla Que Te Escuchó</b></p>	<p>06/10/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p>	<p>POST PANDEMIC REPERCUSSIONS</p>	<p><b>GUESTS</b></p> <p><b>ZOOM:</b> Mayra Alvarez – Specialist in Human Development.</p> <p><b>ZOOM:</b> Dr. Rashid Guardia – Neuropsychologist.</p>

		Duration: 60 minutes.		On this episode the subject for discussion was on how the pandemic affected people, economically and mentally.		
<b>Habla Que Te Escuch o</b>	06/11/202 3	Stars: 8:00 pm  Ends: 9:00  pm Duration: 60 minutes.	RECAP.	Weekly Recap.		
<b>Habla Que Te Escuch o</b>	06/13/202 3	Stars: 12:00 am  Ends: 1:00 am  Duration: 60 minutes.	COUPLES FINANCIAL PLANNING.	<p style="text-align: center;"><b>GUESTS</b></p> <table border="1" style="width: 100%;"> <tr> <td><b>ZOOM:</b> Laura Ceja – Psychotherapist.</td> </tr> <tr> <td><b>ZOOM:</b> Catalina Cortez &amp; Francisco Palacio – Financial Coaches.</td> </tr> </table> <p>On this episode the experts gave advice to couples on how to have a financial plan and how to work on their savings.</p>	<b>ZOOM:</b> Laura Ceja – Psychotherapist.	<b>ZOOM:</b> Catalina Cortez & Francisco Palacio – Financial Coaches.
<b>ZOOM:</b> Laura Ceja – Psychotherapist.						
<b>ZOOM:</b> Catalina Cortez & Francisco Palacio – Financial Coaches.						
<b>Habla Que Te Escuch o</b>	06/14/202 3	Stars: 12:00 am  Ends: 1:00 am  Duration: 60 minutes.	SENIORS WITH DISABILITIES.	<p style="text-align: center;"><b>GUESTS</b></p> <table border="1" style="width: 100%;"> <tr> <td><b>ZOOM:</b> Maria Alejandra Duque – Psychologist.</td> </tr> <tr> <td><b>ZOOM:</b> Eliset Hurtado – Senior Living Community.</td> </tr> </table> <p>On this episode the guests talked about the struggles seniors with disabilities face on a daily basis and what to do to provide a better life for them.</p>	<b>ZOOM:</b> Maria Alejandra Duque – Psychologist.	<b>ZOOM:</b> Eliset Hurtado – Senior Living Community.
<b>ZOOM:</b> Maria Alejandra Duque – Psychologist.						
<b>ZOOM:</b> Eliset Hurtado – Senior Living Community.						
<b>Habla</b>	06/15/202 3	Stars: 12:00 am		<b>GUESTS</b>		

<p><b>Que Te Escuch</b> o</p>		<p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>GLOBAL WARMING CANADA'S WILD FIRES.</p>	<p><b>ZOOM:</b> Sara Lacoba Fernandez – Respiratory Physiotherapist.</p> <p>On this episode the expert talked about how this affects our lungs and respiratory problems.</p>
<p><b>Habla Que Te Escuch</b> o</p>	<p>06/16/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>MEAT CONSUMPTION.</p>	<p><b>GUESTS</b></p> <p><b>ZOOM:</b> Miguel Terrazas – Nutritionist.</p> <p><b>ZOOM:</b> Mariana Conde – Nutritionist.</p> <p>On this episode the professionals discussed on whether people should consume meat on a regular diet, less or not at all.</p>
<p><b>Habla Que Te Escuch</b> o</p>	<p>06/17/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>SUPER DADS.</p>	<p><b>GUESTS</b></p> <p><b>ZOOM:</b> Patricia Arcache – Clinical Psychologist.</p> <p><b>ZOOM:</b> Andres Berardinelli – Stay at home Dad.</p> <p><b>ZOOM:</b> Keny Santana – Single Dad.</p> <p>On this episode we honored single fathers and stay at home dads to celebrate father's Day.</p>
<p><b>Habla Que Te Escuch</b> o</p>	<p>06/18/2023</p>	<p><i>Stars:</i> 8:00 pm</p> <p><i>Ends:</i> 9:00 pm</p> <p><i>Duration:</i> 60 minutes.</p>	<p>RECAP.</p>	<p>Weekly Recap.</p>
<p><b>Habla</b></p>		<p><i>Stars:</i> 12:00 am</p>	<p>AMERICA VS</p>	<p><b>GUESTS</b></p> <p><b>ZOOM:</b> Emilio Ciappi – Influencer.</p>

<p><b>Que Te Escuchó</b></p>	<p>06/21/2023</p>	<p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>TIKTOK.</p>	<p><b>ZOOM:</b> Dra. Doris Borrego – Linguist.</p> <p>On this episode the experts discussed the on going debate between America and China and the use of Tik Tok as a spying application.</p>
<p><b>Habla Que Te Escuchó</b></p>	<p>06/22/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>HOME SCHOOLING.</p>	<p><b>GUESTS</b></p> <p><b>ZOOM:</b> Norma Casanova – Sociologist.</p> <p><b>ZOOM:</b> Tomas Alonso – Children’s Content Creator.</p> <p>On this episode the subject was whether children are being home schooled more and more in this day and age and what are the pros and cons of that.</p>
<p><b>Habla Que Te Escuchó</b></p>	<p>06/23/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>RERUN.</p>	<p>RERUN.</p>
<p><b>Habla Que Te Escuchó</b></p>	<p>06/24/2023</p>	<p><i>Stars:</i> 12:00 am</p> <p><i>Ends:</i> 1:00 am</p> <p><i>Duration:</i> 60 minutes.</p>	<p>JEALOUSY</p>	<p><b>GUESTS</b></p> <p><b>ZOOM:</b> Yolanda Rispoli – Psychotherapist.</p> <p><b>ZOOM:</b> Francia Peraza - Psychologist</p> <p><b>ZOOM:</b> Yali Blanco – Psychologist.</p> <p>On this episode the experts discussed whether jealousy is a natural emotion or a manifestation of insecurity</p>
<p><b>Habla</b></p>	<p>06/25/2023</p>	<p><i>Stars:</i> 8:00 pm</p>	<p>RECAP.</p>	

<p><b>Que Te Escuch</b> o</p>		<p><i>Ends:</i> 9:00 pm</p> <p><i>Duration:</i> 60 minutes.</p>		<p>Weekly Recap.</p>		
<p><b>Habla Que Te Escuch</b> o</p>	<p>06/27/2023</p>	<p>Stars: 12:00 am</p> <p>Ends: 1:00 am</p> <p>Duration: 60 minutes.</p>	<p>RERUN.</p>	<p>RERUN.</p>		
<p><b>Habla Que Te Escuch</b> o</p>	<p>06/28/2023</p>	<p>Stars: 12:00 am</p> <p>Ends: 1:00 am</p> <p>Duration: 60 minutes.</p>	<p>WITCHCRAFT.</p>	<p><b>GUESTS</b></p> <table border="1" data-bbox="815 743 1453 896"> <tr> <td><b>ZOOM:</b> Veronica Gonzalez – Witchcraft expert.</td> </tr> <tr> <td><b>ZOOM:</b> Laura Aguilar – Psychologist.</td> </tr> </table> <p>On this episode our experts discussed fun facts like are coincidences just by chance or are they some kind of curse.</p>	<b>ZOOM:</b> Veronica Gonzalez – Witchcraft expert.	<b>ZOOM:</b> Laura Aguilar – Psychologist.
<b>ZOOM:</b> Veronica Gonzalez – Witchcraft expert.						
<b>ZOOM:</b> Laura Aguilar – Psychologist.						
<p><b>Habla Que Te Escuch</b> o</p>	<p>06/29/2023</p>	<p>Stars: 12:00 am</p> <p>Ends: 1:00 am</p> <p>Duration: 60 minutes.</p>	<p>DEADLY CROSSING.</p>	<p><b>GUESTS</b></p> <table border="1" data-bbox="815 1257 1453 1411"> <tr> <td><b>ZOOM:</b> John Paul Martin – Immigration Lawyer.</td> </tr> <tr> <td><b>ZOOM:</b> Luis J. Vega – Human Rights Activist.</td> </tr> </table> <p>On this episode the experts explain the recent events of undocumented immigrants and what is the price to pay for the American dream.</p>	<b>ZOOM:</b> John Paul Martin – Immigration Lawyer.	<b>ZOOM:</b> Luis J. Vega – Human Rights Activist.
<b>ZOOM:</b> John Paul Martin – Immigration Lawyer.						
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<p><b>Habla Que Te Escuch</b> o</p>	<p>06/30/2023</p>	<p>Stars: 12:00 am</p> <p>Ends: 1:00 am</p>	<p>VIOLENT VIDEOGAMES.</p>	<p><b>GUESTS</b></p> <table border="1" data-bbox="815 1829 1453 1980"> <tr> <td><b>ZOOM:</b> Jordan Trevino – Videogamer.</td> </tr> <tr> <td><b>ZOOM:</b> Rosa Renteria – Sociologist Human Development.</td> </tr> </table>	<b>ZOOM:</b> Jordan Trevino – Videogamer.	<b>ZOOM:</b> Rosa Renteria – Sociologist Human Development.
<b>ZOOM:</b> Jordan Trevino – Videogamer.						
<b>ZOOM:</b> Rosa Renteria – Sociologist Human Development.						

		Duration: 60 minutes.		On this episode our experts talked about whether videogames are normalizing violence in our society.
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