

QUARTERLY REPORT OCTOBER-DECEMBER 2017

Program # 2017-40

Airdate:		Time of Broadcast	
Producer: Sea	an Bratton	Host: Ric Bratton (<u>www.thisweekinameric</u>	ca.us)
Time	Segment		Segment Length
:00	Intro		:60
1:00	SPOT BREAK	< #1	2:00
3:00	Segment #1 -	- Business/Entrepreneurship	16:00
	Summary: Our guest discusses the benefits of developing your own business in this uncertain economy.		
	Guest: Hovie Smith is a geologist, decorated Combat Engineer Officer, entrepreneur and author. His latest book "Ideas For New Businesses". www.hoveysmith.com		
	Issues Cove	red: concepts, financing, consulting, m	arketing
19:00	SPOT BREAK	< #2	3:00
22:00	Segment #2-	Animal Care	7:00
	Summary: Our guest discusses his work in bettering the lives of animals at risk and helping the people who care for them.		
	Guest: Cat behaviorist Jackson Galaxy is host of "My Cat From Hell" on Animal Planet. www.animalplanet.com		
	Issues Cover	red: adoption, overcrowded shelters, co	ontrol
29:00	Conclusion o	f Program	:30
Program # 20)17-41		
Airdate:		Time of Broadcast	
Producer: Sean Bratton Host: Ric Bratton (<u>www.thisweekinamerica.us</u>)		<u>a.us</u>)	

Time	Segment	Segment Length	
:00	Intro	:60	
1:00	SPOT BREAK #1	2:00	
3:00	Segment #1 – Mental Health	16:00	
	Summary: Our guest discusses a long-term and drug-fre for brain-based disorders.	ee treatment	
	Guest: Dr. Edward Carlton is board certified in neurofee training and is also a licensed chiropractic physician with 25 years of experience. He is the author of "The Answewwww.carltonneurofeedbackcenter.com"	n over	
	Issues Covered: neurofeedback training, mood altering drugs		
19:00	SPOT BREAK #2	3:00	
22:00	Segment #2- Arts/Health	7:00	
	Summary: Our guest discusses his work in Televison and motion pictures as well as a recent health invention.		
	Guest: James Lipton is the highly acclaimed host of "Ins Studio" on Bravo. Also inventor of "KneesEase" for arth www.kneesease.com		
	Issues Covered: pain management, research, media	1	
29:00	Conclusion of Program	:30	
Program # 2017-42			

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (<u>www.thisweekinamerica.us</u>)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Health	16:00
	Summary: Our guest discusses inexpensive treatments for	

Summary: Our guest discusses inexpensive treatments for life threatening diseases. Also how to research and discuss with your doctor.

Guest: Julia Schopick is a best selling author of "Honest Medicine" and creator of the award winning health blog www.honestmedicine.com www.honestmedicine.com

Issues Covered: autoimmune disease, research, costs

3:00

22:00 Segment #2- Media/LGBT issues

Summary: Our guest discusses her groundbreaking television series "Transparent" which deals with social issues.

7:00

Guest: Amy Landecker is an actress and director currently starring in the Amazon Prime award winning series "Transparent". www.amazon.com/transparent

Issues Covered: transgender issues, family, discrimination

29:00 Conclusion of Program :30

Program # 2017-43

40.00

Airdate: Time of Broadcast

Producer: Sean Bratton Host: Ric Bratton (<u>www.thisweekinamerica.us</u>)

<u>Time</u>	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Business	16:00
	Summary: Our guest discusses how women can excel in a business workplace dominated by men.	
	Guest: Maria Norris is a Ton 100 Barron's M	Voman Advisor with a

Guest: Marja Norris is a Top 100 Barron's Woman Advisor with a distinguished career in finance. She's the author of "The Unspoken Code: A Businesswoman's No-Nonsense Guide to Making It In the Corporate World". www.marjanorris.com

Issues Covered: confrontation, risks, stress, dress

19:00	SPOT BREAK #2	3:00

22:00 Segment #2- Media/Psychology 7:00

Summary: Our guests discuss their groundbreaking television series that tells the story of a psychopathic killer.

Guest: Jharrell Jerome, featured in the Academy Award winning movie "Moonlight" and Justine Lupe, star in the tv series "Mr Mercedes" from Stephen King.

Issues Covered: alcoholism, technology, crime

Program # 2017-44

Airdate:	Time of Broadcast
Alfuale.	Time of broadcast

Producer: Sean Bratton Host: Ric Bratton (<u>www.thisweekinamerica.us</u>)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Aging/Wellness	16:00
	Summary: Our guest discusses emerging trends in hea and healthcare.	Ithy aging
	Guest: Dr Carrie Engelbright, RN, CNE, CWP is lead fa Mid-State Technical College in Wisconsin Rapids, Wisc expert in the field of healthy again and wellness of life.	
	Issues Covered: age in place, caregiving, managing	medications
19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Media	7:00
	Summary: Our guest discusses his daily tv show that de social issues such as abuse.	eals with
	Guest: Steve Wilkos is host of the nationally syndicated show "The Steve Wilkos Show" now in it's 9 th season. If former Marine and Chicago police officer. www.stevewilkos.com	•
	Issues Covered: law enforcement, child abuse, drug	gs

29:00 Conclusion of Program : 30

Program # 2017-45

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (<u>www.thisweekinamerica.us</u>)

<u>Time</u>	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Climate Change	16:00

Summary: Our guest discusses the urgency of global climate change and what can be done to make a difference.

Guest: Jon Shenk is an award winning documentary filmmaker. He is co-director and cinematographer of the film "Inconvenient Sequel" The follow up to Academy Award winning "Inconvenient Truth".

Issues Covered: Paris Accord, solar power, positive changes

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Consumer/Automotive 7:00

Summary: Our guests discuss finding, fixing and flipping used cars.

Guests: Mike Brewer and Ant Anstead are hosts of the international television series "Wheeler Dealers". Both are car experts with vast experience in sales, service and customizing.

Issues Covered: restoration, maintenance, buying tips

29:00 Conclusion of Program :30

Program # 2017-46

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time :00	Segment Intro	Segment Length :60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Cyber Crimes	16:00
	Summary: Our guest discusses his book on cyber secur to protect yourself from being a victim.	ity and how
	Guest: Nick Selby is a police detective with nearly 20 years of fighting cyber criminals. He is the author of "Cyber Attack Survival Manual".	
	Issues Covered: identity theft, smart devices, privac	у
19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Media/History	7:00

Summary: Our guest discusses his history-based podcast dealing with legendary horror myths.

Guest: Aaaron Mahnke is creator and host of the award winning podcast "Lore" which is now also a television series on Amazon Video. www.amazon.com

Issues Covered: new media, research, historical events

29:00	Conclusion of Program	:30
Program # 2	017-47	
Airdate:	Time of Broadcast	
Producer: Se	an Bratton Host: Ric Bratton (www	v.thisweekinamerica.us)
Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Cyber Crimes	16:00
	Summary: Our guest discusses his bot to protect yourself from being a victim	
	Guest: Nick Selby is a police detective fighting cyber criminals. He is the automatical manual."	
	Issues Covered: identity theft, sma	rt devices, privacy
19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Media/History	7:00
	Summary: Our guest discusses his hi legendary horror myths.	story-based podcast dealing with
	Guest: Aaaron Mahnke is creator and "Lore" which is now also a television swww.amazon.com	J .
	Issues Covered: new media, resea	rch, historical events
29:00	Conclusion of Program	:30
Program # 2	017-48	
Airdate:	Time of Broadcast	

Producer: Sean Bratton Host: Ric Bratton (<u>www.thisweekinamerica.us</u>)

Time	Segment	Segment Length	
:00	Intro	:60	
1:00	SPOT BREAK #1	2:00	
3:00	Segment #1 – Business	16:00	
	Summary: Our guest discusses his research into providing a path toward better decision making both at home and at work.		
	Guest: Jack Quarles is an Amazon #1 bestselling author, an international trainer, speaker and consultant. He is the author of "Expensive Sentences: Debunking the Common Myths that Derail Decisions and Sabotage Success". www.expensivesentences.com Issues Covered: improve conversations, myths, culture		
19:00	SPOT BREAK #2	3:00	
22:00	Segment #2- Youth Sports	7:00	
	Summary: Our guest discusses the importance and benefits of youth sports as well as dealing with injuries. Part1		
	Guest: Dr David Geier as an orthopedic surgeon, sports medicine Specialist and author. www.drdavidgeier.com		
	Issues Covered: year round sports, proper healing, prevention		
29:00	Conclusion of Program	:30	
Program # 2017-49			

Airdate: _____ Time of Broadcast _____

Producer: Sean Bratton Host: Ric Bratton (<u>www.thisweekinamerica.us</u>)

Time :00	Segment Intro	Segment Length :60	
1:00	SPOT BREAK #1	2:00	
3:00	Segment #1 – Business/Personal Growth	16:00	
	Summary: Our guest discusses how to get the life you want and how to be more productive.		
	Guest: Andro Donovan is a sought after speaker, executive coach,		

leadership specialist and author. Her new book "Motivate Yourself:

Get The Life You Want, Find Purpose and Achieve Fulfilment". www.androdonovan.com

Issues Covered: negative thoughts, emotional burnout, values

19:00	SPOT BREAK #2	3:00
19.00	SPUT BREAK #2	3.00

22:00 Segment #2- Diet 7:00

Summary: Our guest discusses her cookbook that features foods low in saturated fat and cholesterol.

Guest: Jill Skeem is a certified macrobiotic health counselor, educator and chef. She is author of "Comfort Food Gets A Vegan Makeover.

www.jillskeem.com

Segment #2- Diet

Issues Covered: holiday cooking tips, exercise, substitutes

29:00 Conclusion of Program :30

Program # 2017-50

22:00

Airdate: Time of Broadcast

Producer: Sean Bratton Host: Ric Bratton (<u>www.thisweekinamerica.us</u>)

Time :00	Segment Intro	Segment Length :60	
1:00	SPOT BREAK #1	2:00	
3:00	Segment #1 – Mental Health	16:00	
	Summary: Our guest discusses a long-term and drug-free treatment for brain-based disorders.		
	Guest: Dr. Edward Carlton is board certified in neurofeedback training and is also a licensed chiropractic physician with over 25 years of experience. He is the author of "The Answer". www.carltonneurofeedbackcenter.com		
	Issues Covered: PTSD, depression, aging process		
19:00	SPOT BREAK #2	3:00	

Guest: Jill Skeem is a certified macrobiotic health counselor,

low in saturated fat and cholesterol. Part 2

Summary: Our guest discusses her cookbook that features foods

7:00

educator and chef. She is author of "Comfort Food Gets A Vegan Makeover.

www.jillskeem.com

Segment

Time

Issues Covered: eat regular meals, mindful eating, exercising

29:00 Conclusion of Program :30

Program	#	20	17	-51
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Program # 2017-51				
Airdate:		Time of Broadcast		
Producer: Sean Bratton		Host: Ric Bratton (www.thisweekinamerica.us)		
Time	Segment		Segment Length	
:00	Intro		:60	
1:00	SPOT BREAK #1 2:00			
3:00	Segment #1 - Negative Body Image 16:00		16:00	
	Summary: Our guest discusses unrealistic beauty standards and their damaging effects on women.			
	fashion indus	Guest: Emme is a groundbreaking model and a leading voice in the fashion industry for more than two decades. She is featured in the television documentary "Straight/Curve".		
	Issues Covered: health crisis, diversity in media, imagery			
19:00	SPOT BREAK	< #2	3:00	
22:00	Segment #2-	Diet	7:00	
	Summary: Our guest discusses her cookbook that features foods low in saturated fat and cholesterol. Part 3 Guest: Jill Skeem is a certified macrobiotic health counselor, educator and chef. She is author of "Comfort Food Gets A Vegan Makeover. www.jillskeem.com Issues Covered: eat healthier in 2018, substitutions, portions			
29:00	Conclusion of	f Program	:30	
Program # 2017-52				
Airdate:		Time of Broadcast		
Producer: Sean Bratton H		Host: Ric Bratton (www.thisweekinameric	a.us)	

Segment Length

:00	Intro	:60	
1:00	SPOT BREAK #1	2:00	
3:00	Segment #1 – Business	16:00	
	Summary: Our guest discusses to implement effective time management and improve productivity. Guest: R. Shawn McBride is an attorney, business consultant and author His latest book "It's About Time: How To Do More of What Matters In the Time You Have." www.yourbusinessspeaker.com Issues Covered: planning, prioritize, delegate, reset		
19:00	SPOT BREAK #2	3:00	
22:00	Segment #2- Youth Sports	7:00	
	Summary: Our guest discusses the importance and benefits of youth sports as well as dealing with injuries. Part 2		
	Guest: Dr David Geier as an orthopedic surgeon, sports medicine specialist and author. www.drdavidgeier.com		
	Issues Covered: focus on fun, role of parents, proper technique		
29:00	Conclusion of Program	:30	