# QUARTERLY ISSUES / PROGRAMS LIST

Here follows a listing of some of the significant issues responded to by Station KERX, along with the most significant programming treatment of those issues for the period of  $\frac{7}{1} / \frac{1}{1} / \frac{7}{1}$  to  $\frac{9}{1} / \frac{30}{1} / \frac{7}{1}$ . The listing is by no means exhaustive. The order in Which the issues appear does not reflect any priority or significance.

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Bordertown Brewfest Ales for Trails

July 8. 2017 5:30 p.m.

The surprising mash-up of craft beer, good music and the campaign to build Fort Smith trails created the event called Bordertown Brew Fest/Ales for Trails. In equal parts, it's a celebration of the craft beer movement with running and the dream of an interconnected trail system that is gradually encircling Fort Smith neighborhoods. The main spectacle is a fun, not-so-serious Beer Run where contestants race a 3.2-mile course. Participants (of legal age) are challenged to drink a full beer at the start, midway point and right before crossing the finish line. The non-racing audience enjoys great music, Baggo tournaments, lawn pong, socializing and tasting hundreds of craft beers from breweries both local and worldwide. More than 350 varieties are expected to be offered for tasting. Music performances by Escape Tones, the Jillia Jackson Band and Space 4 Lease will add to the relaxed atmosphere to a day intended mostly for an adult crowd. Children will be admitted. But the intention behind the fundraiser is to entertain adults to raise funds to provide all ages, through continuing trail-building, with an always-available place for the healthy activities of walking, running and biking on safe, urban trails. Encouraging progress toward the goal of realizing a connected, continuous urban trail system is happening, according to Drew Linder, a trails enthusiast speaking of the groups Park Partners and Friends of Recreational Trails. These citizen-led efforts, with the Fort Smith Parks Department, have made real the Greg Smith Trail on the Arkansas River. The Greg Smith Trail is a wide, lighted concrete walkway soon to connect Harry E. Kelly Park and Fort Smith Park. It will be the course for the Beer Run. The Greg Smith Trail now has bike repair stations with available air pumps and tools. Trail expansion continues in Chaffee Crossing and Ben Geren. The UAFS? area is a target, as well. Attending supports this goal.

Admission: General admission \$10. beer tasting tickets (21+) \$35. \$75 VIP wristbands admit wearers to a tent w

# **Event Location and Contact Information:**

Harry E. Kelly River Park 121 Riverfront Drive Fort Smith, Arkansas

No phone.

http://Facebook/Bordertown Brew Fest Ales for Trails









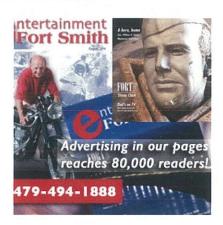
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Paws In The Park | Paws In The Pool July 15, 2017 12:00 pm.

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Ben Geren will be transformed into a Doggie Amusement Park with the World Renowned Flying Houndz Frizbee Trick Dog Show. Enjoy Dog Obstacle Courses, A Dog Jog Walk, Carnival Games, Dog Adoptions, Food, Fun, and lots of vendors, and it's all to benefit the Sebastian County Humane Society. Then that evening, it's the 2nd Annual Paws In The Pool (Get Wet For Pets) at Parrot Island Water Park. Tickets to enter Paws In The Pool are on sale now at the Sebastian County Humane, Society while they last. Come out and enjoy a family friendly day at Paws In The Park and help raise money for the Sebastian County Humane Society. Register to enter the K-9 Walk, just log onto the Sebastian County Humane Society.com

Admission: Cash donations.

# **Event Location and Contact Information:**

Ben Geren Park | Parrot Island Water Park 7200 Zero Street Fort Smith, Arkansas

479-207-0527

http://Facebook.com/PawsinthePool









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United Way of Fort Smith Area Fill the Bus

[ (479) 494-1888 | CONTACT | ABOUT US | ADD EVENT

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This program supports children in our community by helping them start school with confidence and gives them the literal tools they need to succeed. United Way staff and volunteers spent the weekend filling the bus with school supplies at all the Walmart Supercenters in Sebastian, Crawford, Logan, Franklin, Leflore and Sequoyah counties

Admission: n/a

July 29, 2017 9:00 a.m. - 3:00 p.m.

### **Event Location and Contact Information:**

Walmart

320 South 18th

Fort Smith, Arkansas

4797821311

http://www.unitedwayfortsmith.org











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This event includes cool cars, hot deals and sweet rides. Entry fee is \$25 for the car show. Multiple prizes will be awarded to multiple categories, such as best in show, best engine, best interior, best paint, and best rat rod. Raffle prizes will be given away until the event ends with the car show awards ceremony.

Admission: Free.

August 12, 2017

8:00 a.m. - 1:00 p.m.

# **Event Location and Contact Information:**

Boys Shelter Car Show and Silent Auction

Fort Smith Pavilion 100 N B Street Fort Smith, Arkansas

479-769-5624

http://fortsmithboysshelter.org/









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Elk's Lodge #341 Youth Fishing Tournament September 9, 2017

September 9, 2017 8:00 a.m. Past Issues »

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A fishing tournament for area youth as well as special needs kids will be held at the Nature Center. This is given by the youth activities committee of the Elk's Lodge 341, Fort Smith. Take your own pole and tackle and plan for a lunch of hot dogs, chips and a drink for all in attendance. Local law enforcement with K9 units and Fort Smith Fire Department safety training team will be on hand. Lots of prizes for ages 2-12 kids. Elroy the Elk will be present so bring a camera!

Admission: Free.

### **Event Location and Contact Information:**

River Valley Nature Center 8300 Wells Lake Road Fort Smith, Arkansas

479-452-3993

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CASA of Sebastian County annual Stand By Me fundraiser

September 23, 2017

7:00 p.m. - 10:00 p.m.

Events »

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CASA's Groovin' to the 60's Dinner and Dance Party For \$50.00 per person donation, you will be dancing to Mr. Cabbagehead and the Screaming Radishes, dressed in your hippie or flower child clothes. Admission will include delicious BBQ by George Lawson, adult beverages and soft drinks. We will have a huge silent auction, dance contest, costume contest and limbo contest. All proceeds benefit Sebastian County CASA, a non-profit organization advocating for our most vulnerable children our foster children. Sept 23, 2017 7:00pm - 10:00 pm Fort Smith Convention Center Halls A1 - A2

Admission: \$50 per person

# **Event Location and Contact Information:**

Fort Smith Convention Center convention center Fort Smith, Arkansas

479-785-4171

http://CASAofsebastiancounty-org.doodlekit.com









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Fall Cruisin' On Main

September 23, 2017 4:00 p.m. - 9:00 p.m. Events »

Past Issues »

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There will be lots of cars cruisin' on Main Street, loads of music, food, entertainment, and much to do for the entire family most of the day! So don't miss the great shopping and everything else going on during the Cruisin' On Main Weekend! 4pm-5pm Registration for "Show n Shine" 5pm-7pm Cars arrive for "Show n Shine" \$1 Fan Favorite 7pm-9pm Cruise

Admission: Free

# **Event Location and Contact Information:**

Historic Main Street

Main Street

Van Buren, Arkansas

479-922-6862

https://www.oldtownvanburen.com/











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• Events » 6th Annual Paint Downtown Pink 5k Run/Walk

September 30, 2017

8:30 a.rħ.

Past Issues »
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This relatively flat course runs through Belle Grove District and is a 2017 Arkansas Grand Prix Series Race in the 2017 W.A.R. Running Series. All teams must represent a business - teams may consist of employees and immediate family members. All finishers will receive a medal; those who register before Sept. 20 will also receive a t-shirt. A Traveling Plaque will be awarded to the business with the most participation of employees and their families. Packet pick-up is from 5-7 p.m. on Sept. 29 or from 7-8 a.m. on the day of the race. Proceeds benefit Susan G. Komen-Ozark, Special Olympics Arkansas Area 4, and Special Olympic Athletes of Abilities Unlimited-Van Buren.

Admission: \$25-35.

### **Event Location and Contact Information:**

Glass Pavillion at Riverfront Park 100 North B Street Fort Smith, Arkansas

479-650-0766

http://Facebook.com/PaintDowntownPinkFortSmith

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Weekly Public Affairs Program

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# QUARTERLY ISSUES REPORT, JULY-SEPTEMBER, 2017

Tony Robbins, motivational speaker, author of "Money, Master the Game: 7 Simple Steps to Financial Freedom"

Mr. Robbins picked the brains of more than 50 of the world's most successful investors and money managers, and found dramatically different philosophies. He discussed lessons that anyone can use to improve their personal finances. He also talked about his efforts to feed the hungry and his personal reasons for being concerned about poverty and hunger in America.

Issues covered:

**Personal Finance Consumer Matters**  Length: 8:23

Andrew Sperling, Director of Federal Advocacy, National Alliance on Mental Illness

Mr. Sperling discussed the cost of mental health treatment, and the options available to make treatment more affordable. He explained how the Affordable Care Act has affected mental health and substance abuse services. He outlined the most common forms of assistance provided to employees by larger employers. He also talked about the most common forms of mental illness.

Issues covered:

Mental Health **Substance Abuse Consumer Matters**  Length: 8:42

Richard Lichenstein MD, Director of Pediatric Emergency Medicine Research at the University of Maryland School of Medicine

Wearing earphones while walking, biking or driving can be much riskier than most people think. Dr. Lichenstein recently conducted a study that found that headphone-related deaths have tripled in the past several years. He explained who is most likely to become a victim and the reasons that this behavior is so dangerous.

Issues covered:

**Traffic Safety Personal Health**  Length: 4:55

Clifford Bassett, M.D., FACAAI, FAAAAI, Founder and Medical Director of Allergy and Asthma Care of New York, author of "The New Allergy Solution: Supercharge Resistance, Slash Medication, Stop Sufferina"

Allergies are on the rise. Dr. Bassett explained why the problem and its underlying causes are quite complex. He believes in many cases, allergic reactions can be prevented, with proper medical advice that examines the interplay of diet, mindset, and environment.

Issues covered: Personal Health Length: 7:28

Cornelius N. Grove, Ed.D., education expert, author of "The Drive to Learn: What the East Asian Experience Tells Us about Raising Students Who Excel"

American students are currently ranked #25 in education globally, significantly behind countries such as Singapore, China and Japan. He believes that American children are less receptive to classroom. learning, compared to East Asian children. He said a different approach to parenting is a major factor.

Issues covered:

Length: 9:51

Education **Parenting** 

Laurence J. Kotlikoff, PhD, William Fairfield Warren Distinguished Professor, Professor of Economics at Boston University, President of Economic Security Planning, Inc. author/co-author of 16 books on retirement planning, economics and personal finance

Dr. Kotlikoff has developed the first retirement planning software built by economists. He explained how the "Economist Approach" differs from traditional retirement advice. He said the new approach can help consumers determine the highest level of spending their household can sustain over time, in order to live within their means for the remainder of their lives.

Issues covered: Retirement Planning **Senior Citizens** 

Length: 4:56

Show # 2017-29 7-16 Time Aired: 060 0

Rachael Stickland, Co-Founder and Co-Chair of the Parent Coalition for Student Privacy

Schools and third-party vendors collect and share an astonishing amount of personal data on nearly every student in America. Ms. Stickland explained why parents should be concerned and what they can do about it. She believes laws protecting student privacy need to be strengthened.

Issues covered:

Parenting **Privacy Concerns** Education

Length: 8:56

Vijay R. Varma, PhD, researcher and post-doctoral fellow at the National Institute on Aging, part of the National Institutes of Health

Dr. Varma recently co-authored a study that found an alarming decrease in physical activity in youngsters at every age. 19 year olds now get as much exercise and activity as 60 year olds. Dr. Varma explained why this is a major problem. He offered suggestions of ways to encourage both younger and older Americans to become more physically active.

Issues covered: **Physical Fitness** Personal Health Aging

Length: 8:02

Jim Hedlund, consultant for the Governors Highway Safety Association, former researcher for 22 years at the National Highway Traffic Safety Administration

Mr. Hedlund conducted a study for the Governors Highway Safety Administration that found that for the first time, more drivers who were tested after fatal crashes had drugs in their system than had alcohol. He discussed the role that the increasing legalization of marijuana may play in this trend. He also explained why laws targeting drivers under the influence of alcohol cannot easily be amended to include drug users.

Issues covered: Impaired Driving **Substance Abuse Government Legislation** 

Length: 5:09

Show # 2017-30 7-23 Time Aired: 0600

Bill Thornton, PhD, Professor of Psychology, University of Southern Maine

Dr. Thornton led a study that found that the mere presence of a smart phone, even if it is turned off. can make it difficult to perform complex tasks. He explained the likely reasons that a phone can be so distracting. He offered suggestions for parents who are concerned about phone usage affecting their child's schoolwork.

Issues covered:

Mental Health **Consumer Matters**  Length: 7:27

Sharon Fowler, MPH, Adjunct Assistant Professor, University of Texas Health Science Center at San Antonio

Ms. Fowler was the co-author of a study that found that diet soda consumption leads to expanding waistlines. She found that older adults who drank two or more diet sodas a day had waist size increases that were six times greater than those of people who didn't drink diet soda. She discussed the possible physiological reasons and offered suggestions for those trying to control calories.

Issues covered:

Personal Health Senior Citizens **Consumer Matters**  Length: 9:43

Regina Leeds, professional organizer, author of "The 8-Minute Organizer"

Nearly everyone can use some help in getting organized. Ms. Leeds talked about the reasons that keeping order in our lives and possessions is so difficult. She offered small, step-by-step suggestions on how determine goals to get organized, and how to create positive routines for the long-term.

Issues covered: **Consumer Matters Mental Health** 

Length: 5:06

Show # 2017-31 7-30 Time Aired: 0600

Kevin Carey, PhD, education researcher and writer, Director of the Education Policy Program at the New America Foundation, co-author of "The End of College: Creating the Future of Learning and the University of Everywhere"

The cost of college has exploded in recent years, and whole generations are sinking deeper into college debt. Mr. Carey discussed recent innovations in digital learning and why he believes that the current methods of higher education are woefully outdated. He said, more than ever, a college degree is required to secure even a middle class income for those entering the workforce, but he believes universities much be willing to adapt to online learning and other new technologies.

Issues covered:

Education

Government Policies

George King, MD, Research Director and Chief Science Officer, Joslin Diabetes Center, Harvard Medical School, author of "The Diabetes Reset: Avoid It. Control It. Even Reverse It. A Doctor's Scientific Program"

Dr, King discussed the effect of diabetes on the nation's health. He said it's possible to prevent and even reverse type 2 diabetes, through appropriate lifestyle changes. He outlined the importance of diet, exercise and sleep in the prevention of diabetes.

Issues covered:

**Diabetes** 

Personal Health

Length: 8:38

Length: 8:30

Christopher Ferguson, PhD, psychology professor in the Department of Behavioral Sciences at Texas A&M International University

Dr. Ferguson led a study into the effects of fast food advertising on children. His research found that while advertising target at children is highly effective, parental influence can lessen the impact of commercials and help young kids make healthier food decisions. He offered advice for parents.

Issues covered: Children's Health Nutrition

Length: 4:53

Show # 2017-32 **8-6** Time Aired: **0600** 

Benjamin H. Barton, Helen and Charles Lockett Distinguished Professor of Law at the University of Tennessee, author of "Rebooting Justice: More Technology, Fewer Lawyers, and the Future of Law"

Professor Barton discussed what he sees are longstanding problems in our judicial system. He said that laws are too complex and legal advice is far more expensive than necessary. He outlined a series of reforms which he believes would make the courts much fairer and more accessible for poor and middle-class Americans.

Issues covered: Legal Reform **Poverty** 

Length: 8:31

Steve Casner, PhD, research psychologist, NASA scientist, author of "Careful: A User's Guide to Our Injury-Prone Minds"

Dr. Casner has devoted his career to studying the psychology of safety. He said after a hundred years of steady decline, the rate at which people are being injured or killed in everyday accidents, such as car crashes, pedestrian fatalities, home-improvement projects gone wrong, medical mistakes and home fires, is increasing. He explained why few of us are as careful as we think we are, and what we can do about it.

Issues covered: **Accident Prevention** Personal Health

Length: 8:36

Robin Behrstock, entrepreneur, author of "Adventures Of Women Entrepreneurs: Stories That Inspire"

Dr. Behrstock shared some inspiring examples of women who overcame both personal and professional setbacks to turn their dreams of starting their own business into reality. She offered advice for aspiring entrepreneurs who are reluctant to take that first step.

Issues covered: Women's Issues Career

Length: 4:50

Show # 2017-33 **2** - **3** Time Aired: **0600** 

Lea Waters, Ph.D., President-Elect of the International Positive Psychology Association, Gerry Higgins Chair in Positive Psychology at the University of Melbourne, Australia, author of "The Strength Switch: How the New Science of Strength-Based Parenting Can Help Your Child and Your Teen to Flourish"

Dr. Waters discussed strength-based parenting, which focuses on sincerely praising children's strengths rather than always trying to correct their weaknesses. She said her approach helps children recognize skills, talents and positive aspects of their personalities, and shows them how to make the most of those positive resources. She said the technique differs significantly from the "participation" trophy" approach that was common in the past couple of generations of parenting.

Issues covered:

**Parenting** 

Length: 10:01

Octavia H. Zahrt, doctoral candidate in health psychology at the Stanford University Graduate School of Business

Physical inactivity is estimated to account for 1 in 10 deaths worldwide, and 79% of U.S. adults do not meet recommended exercise guidelines. Ms. Zahrt co-authored a study that found that people who think they are less active than others in a similar age bracket die younger than those who believe they are more active - even if their actual activity levels are similar. She talked about the possible reasons behind this finding, and how a person's mindset affects their overall health.

Issues covered:

**Physical Fitness** Mental Health

Length: 6:56

Rachel Tolbert Kimbro, PhD, Professor of Sociology at Rice University

Prof. Kimbro co-authored a study that found that, in the wake of the Great Recession, more children than ever are living in low-income neighborhoods. She said white children were the group with the biggest increase. She explained why low-income living conditions are a negative influence on academic performance. She offered suggestions of how educators and legislators should attempt to deal with the issue.

Issues covered:

**Poverty** Youth at Risk Education

Length: 4:43

Show # 2017-34 **2-20** Time Aired: **600** 

Scott Sampson, PhD, dinosaur paleontologist, science communicator, Vice President of Research and Collections at the Denver Museum of Nature & Science, host of the PBS Kids' television series, Dinosaur Train, author of "How to Raise a Wild Child: The Art and Science of Falling in Love with Nature"

Today's American children spend 4 to 7 minutes a day playing outdoors. Dr. Sampson explained why this disconnect between kids and nature is a problem that should concern parents. He offered tips for parents to help kids fall in love with nature, by enlisting technology as an ally and encouraging outdoor activities like the Boy Scouts and Girls Scouts.

Issues covered:

**Parenting** Environment Length: 10:15

Length: 6:57

David Ernst, PhD, Chief Information Officer at the University of Minnesota's College of Education and Human Development, creator of the Open Textbook Library

The cost of college textbooks has skyrocketed in recent years, but a new trend of free or low-cost "open source" textbooks is gaining momentum. Dr. Ernst said college students could save an average of \$128 a course if traditional textbooks were replaced with the new electronic versions. He explained why this new generation of textbooks is often of equal academic value compared to traditional printed textbooks.

Issues covered:

Education

**Consumer Matters** 

Linda Gordon Howard, attorney, author of "The Sexual Harassment Handbook"

Ms. Howard talked about progress in the battle against sexual harassment. She discussed how sexually inappropriate behavior in the workplace has evolved since attention was first focused on it. She believes many situations involving sexual harassment can be prevented or resolved if victims recognize what's happening and know what to do.

Issues covered: Sexual Harassment **Workplace Matters** Women's Issues

Length: 5:13

Show # 2017-35 Date aired: 9-27 Time Aired: 9600

Tim Stockwell, Ph.D., Director of the Center for Addictions Research at the University of Victoria, British Columbia

Many people believe that having a glass of wine with dinner -- or moderately drinking any kind of alcohol -- will protect them from heart disease. However, Dr. Stockwell has conducted a series of studies that he believes cast doubt on that thinking. He outlined several issues that many researchers fail to factor into their studies.

Issues covered: Personal Health **Substance Abuse**  Length: 8:04

Justin Knoll, sociology doctoral student at the University of Arizona

With incivility in American public and political discourse increasingly in the spotlight, Mr. Knoll conducted a study that found that people's tolerance to incivility impacts the degree to which they participate in politics, especially online. He noted that people who most engage in online political discussions are five times more likely to vote.

Issues covered: Civic Participation Votina

Length: 9:07

Ken Blanchard, management expert and co-author of more than 60 books, including "The One Minute Manager" and "One Minute Mentoring: How to Find and Work With a Mentor--And Why You'll Benefit from Being One"

Mr. Blanchard explained why it is more critical than ever to seek out a mentor for career advancement. He said older workers can also benefit from seeking out a younger mentor for help with technology. He also talked about the positive aspects of mentoring to both parties. He also offered advice on how to locate a mentor.

Issues covered:

Career

Senior Citizens

Length: 5:04

Bruce Schneier, data security expert, author of "Data and Goliath: The Hidden Battles to Collect Your Data and Control Your World"

Americans' personal identity, interests and behavior are being monitored more than ever before. How concerned should we be about the loss of privacy? Mr. Schneier explained what can be done to reform government surveillance programs and shake up surveillance-based business models. He also outlined simple steps that consumers can take to protect their personal privacy.

Issues covered:

Privacy **Government Policies Consumer Matters** 

Length: 8:42

Matthew Drayton, motivational speaker, author of "Succeeding While Black: A Blueprint for Success"

Many African-American young men find themselves in prison, in gangs, and on the streets without opportunities to succeed. He talked about the importance of mentoring, education and leadership for kids who otherwise face grim futures in the inner cities of America.

Issues covered: **Minority Concerns** Youth at Risk Poverty

Length: 8:32

Huntington Potter, PhD, Professor, Department of Neurology and Linda Crnic Institute for Down Syndrome, University of Colorado School of Medicine

Dr. Potter explained why Alzheimer's disease is such an expensive disease for the nation's healthcare system. He discussed who may be most likely to develop the disease, whether things like crossword puzzles can really keep the brain healthy, and where current research is headed.

Issues covered:

Personal Health Senior Citizens

Length: 6:14

Jean Twenge, Ph.D., Professor of Psychology at San Diego State University, author of "iGen: Why Today's Super-Connected Kids Are Growing Up Less Rebellious, More Tolerant, Less Happy--and Completely Unprepared for Adulthood--and What That Means for the Rest of Us""

Dr. Twenge discussed the mental health and development of iGen, the first generation to spend their entire adolescence in the age of the smartphone. With social media and texting replacing other activities, she said Americans born between 1995 and 2012 spend less time with their friends in person and are experiencing unprecedented levels of anxiety, depression, loneliness, and suicide. She said iGen is growing up more slowly than previous generations, as reflected in delayed experiences with driving, dating, finding a job, drinking, and sex. She offered advice for parents.

Issues covered:

Youth at Risk **Mental Health Parenting** 

Length: 9:58

**Pam Shadel Fischer**, traffic safety expert, Special Projects Consultant for the Governors Highway Safety Administration

Ms. Fischer led a study that found that bicyclist deaths have risen more than 12%, the largest percentage increase of all roadway user groups. She said the average age of those killed is 45, and most are male. She talked about the factors that cause bicycle/car collisions, and what bikers and drivers can do to reduce them.

Issues covered:

Length: 7:16

Length: 5:03

Length: 7:51

Length: 9:26

Traffic Safety

**Kenneth S. Rogoff, PhD,** Thomas D Cabot Professor of Public Policy in the Economics Department of Harvard University, author of "*The Curse of Cash: How Large-Denomination Bills Aid Crime and Tax Evasion and Constrain Monetary Policy*"

Even as people in advanced economies are using less paper money, there is more cash in circulation—\$4,200 for every American, mostly in \$100 bills. Dr. Rogoff believes the United States should discontinue the use of \$50 and \$100 bills, because they are primarily used as vehicles for tax evasion, the drug trade, terrorism, human trafficking, and other criminal enterprises. He outlined his plan for it phasing out, and said he believes it could cut criminal activity by 5-10%.

Issues covered:

Crime

Government Policies Consumer Matters

Show # 2017-38 Date aired:

II Time Aired: 060

**Beth Givens**, Founder and Executive Director of the Privacy Rights Clearinghouse, a nonprofit consumer education and advocacy organization

In perhaps the most egregious security breach to date, credit files of up to 143 million Americans were recently hacked from the credit reporting agency Equifax. Ms. Given explained the seriousness of the incident, how consumers can learn if their data was included and what steps to take to try to defend against identity theft and other forms of fraud.

Issues covered:

Identity Theft Consumer Matters

**Government Regulation** 

**Steve Kardian**, former FBI defense tactics instructor, author of "The New Superpower for Women: Trust Your Intuition, Predict Dangerous Situations, and Defend Yourself from the Unthinkable"

Each year, a disturbing number of women are victims of a crime or assault. Mr. Kardian explained the steps women should take to become a "hard target" in the eyes of criminals. He explained the importance of a woman following her intuition and being proactive in identifying potential trouble.

Issues covered:

Crime Prevention Women's Issues Self Defense Wendy M. Troxel, PhD, Senior Behavioral and Social Scientist at the RAND Corporation, Adjunct Professor of Psychiatry and Psychology at the University of Pittsburgh

Dr. Troxel led a state-by-state analysis of the economic implications of a shift in school start times in the US. She found that a nationwide move to 8.30 a.m. could contribute \$83 billion to the U.S. economy within a decade. She said the economic gains would be realized through higher academic and professional performance of students, and reduced car crash rates among adolescents.

Issues covered:

Length: 5:00

Education Economy Youth at Risk

Show # 2017-39 **Date aired:** 9-24 **Time Aired:** 0600

Jack Kosakowski, President and CEO, Junior Achievement USA

Mr. Kosakowski discussed a Junior Achievement USA survey that found that 77 percent of parents are concerned about their children's ability to have a successful job or career as adults, in light of global competition and automation. He talked about the rapidly changing career environment, and how Junior Achievement is adapting to today's tech environment to help teenagers.

Issues covered:

Youth Concerns Careers Parenting

Length: 8:04

Dale Bredesen, MD, NIH Postdoctoral Fellow at the University of California, San Francisco, author of "The End of Alzheimer's: The First Program to Prevent and Reverse Cognitive Decline"

Dr. Bredesen said his research has determined that Alzheimer's disease is not a single condition, but three similar ones--each with a different cause. He said new research is giving hope that the disease can be prevented and, under certain circumstances, even reversed. He said every American should get a cognitive and genetic test at age 45, to determine their likelihood of developing Alzheimer's.

Issues covered: Alzheimer's Disease

Aging

Length: 9:15

Craig Gundersen, PhD, Soybean Industry Endowed Professor in Agricultural Strategy, Professor in the College of Agricultural, Consumer and Environmental Sciences Department of Agricultural and Consumer Economics at the University of Illinois

Dr. Gunderson led a study that found that 5.4 million people age 60 or older in the U.S., or 8.1 percent, did not have enough food for an active, healthy lifestyle. He explained how food insecurity adversely affects a senior citizen's health, and why many low income seniors fail to take advantage of government programs available to them.

Issues covered:

Length: 4:46

Hunger Poverty **Senior Citizens Government Programs**