

COMMUNITY ISSUES PROGRAM LIST- KARJ
Third Quarter 2020 (July-September)
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The following is a listing of some of the significant issues responded to by ESCONDIDO, CA for the period of July 1st-September 30th. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance. All times are Pacific Daylight Time.

1. PANDEMIC Self-Care
2. Health & Safety
3. Domestic Abuse
4. Healthy Fatherhood
5. Food Pantry

Issue	Program	Date	Time	Duration	Description of Program
Closer Look	Pandemic Self-Care	9/1/2020	7:00pm	21:55	<p>Dr. Mimi Secor didn't get truly serious about her own weight-management and overall health until her early 60's. Building on her personal success and with a nod to current events, she offers advice cleverly corresponding with each of the letters of the word "pandemic." K-LOVE's Marya Morgan talks with Dr. Mimi about what she calls the '8 pillars of health.'</p> <p>P.lanning/Preparing</p> <p>A.ccountibility</p> <p>N.ighttime</p> <p>D.iet</p> <p>E.xercise</p> <p>M.indset</p> <p>I.nspiration/Intimacy</p> <p>C.oritsol</p>

Health & Safety	Closer Look	8/19/2020	7:00pm	13:39	<p>Trauma can settle into your mind and affect your conscious or subconscious no matter who you are -- or how strong you think you 'should' be. K-LOVE's Monika Kelly talks with Jamie Aten, founder of the Humanitarian Disaster Institute which studies mental and emotional reactions to disasters and offers training for Christian leaders preparing to weather societal storms.</p> <p>Related Links: https://www.wheaton.edu/academics/academic-centers/humanitarian-disaster-institute/research/</p> <p>https://www.reopeningthechurch.com/</p> <p>https://www.spiritualfirstaidhub.com/</p>
Domestic Abuse	Closer Look	8/5/2020	7:00pm	28:34	<p>Physical bruises are only small part of what some women and men suffer, says Annette Oltmans of The MEND Project, which brings awareness to what she calls 'covert emotional abuse.' "Victims begin questioning reality and their own sanity," she explains, herself a survivor of domestic abuse – and a Christian – who knows firsthand what's it like to 'live it.' Pastor Paul Cole, president of the Christian Men's Network, has been deeply concerned by the quarantine effect on families already stuffed in a pressure cooker of unhealthy reactions. "A lot of times, we as men act out of anger, rage, disappointment – and we lash out at people," he says, and urges men in this trap to reach out for help. K-LOVE's Billie Branham reports.</p> <p>The National Domestic Abuse Hotline 1-800-799-7233</p> <p>Related Links: https://www.thehotline.org/ https://themendproject.com/ https://cmn.men/ https://ww2.klove.com/news/health/advice-for-men-new-surge-of-domestic-violence-how-to-stop-it-15043?preview=true</p>

Healthy Fatherhood	Closer Look	7/29/2020	7:00pm	29:06	<p>"We know in business, we know in work that you have goals you have you have to meet: well what's your fathering plan?" K-LOVE's Bob Dittman talks with Dr. Ken Canfield of the National Center For Fathering about learning how to be good dad. "We're creating this sense of destiny for our lives that will be played out over and over."</p> <p>Related Links: http://fathers.com/%20https://fathers.com/ken-canfield/</p>
Food Pantry	Closer Look	9/17/2020	7:00pm	15:14	<p>Stay-at-home orders in Spring 2020 gave millions of new green thumbs a chance to grow. What can Americans do with all those extra cucumbers and tomatoes? Take them to a participating food pantry! K-LOVE's Marya Morgan talks with Ampleharvest.org founder and lifelong backyard gardener Gary Oppenheimer.</p> <p>Related Links: https://ampleharvest.org/</p>
Home of Guiding Hands	Local News	8/9/2020	7:30pm	n/a	<p>Overview on Home of Guiding Hands, history on the non-profit, who are the adults and children that they are serving, examples of different developmental disabilities, is it true they are the largest providers in SD county for people with developmental disabilities, have their programs and services evolved in the most recent years, what have they found that needs were not being met that they are now meeting, do people need to be referred to receive their services, programs for early childhood and infant development assessments, in home respite care program, residential homes, transportation program, life planning project, community activities, annual events, funded, current needs, volunteer opportunities, contact information, advise to business owners who maybe considering hiring a person with developmental disabilities, success story.</p>

Mama's Kitchen	Local News	8/2/2020	7:30pm	n/a	History on Mama's Kitchen, approximately how many people do they deliver food to weekly, what does a meal look like when it is delivered, what areas of the community does Mama's Kitchen serve, over the last few years has there been an increase from the community for their services, Home Delivery Meal services, what is the process when someone is referred to them in order to them to become a Mama's Kitchen client, what is the overall goal of Mama's Kitchen, emergency services, do they have services for children, what do the programs cost, funded, do the dieticians work closely with the client or the referring doctor, how long can clients remain in the program and receive their services, in his opinion what does eating healthy and avoiding food fads do for people, people that live alone and can't get out and get food – volunteers maybe the contact their clients have, how can people get involved and volunteer, other ways people can help support Mama's Kitchen, success story, contact information.
ElderHelp	Local News	7/12/2020 9/6/2020	7:30pm	n/a	History on ElderHelp, how long have they been in the community, has the need for their services increased over the years, mission of Elder Help, do they thrive better by staying in their homes, who are the seniors they are serving, areas they serve in the community, how are their programs are structured, what are some challenges that the Seniors in San Diego County face, Care Coordination program, Senior A Go Go program, eligibility requirements, success story, do they provide housing services, how do they help facilitate housing matches, educational courses for working family caregivers, can people call them for their resources, how much does their programs and services cost, how are they funded, who is a long distance caregiver, tips for people who are managing long distance care, do they offer support groups, partnerships in the community, volunteer opportunities, volunteer requirements, tips on how to protect Seniors in the community against scamming, current needs, on average how many seniors are the serving at any given amount of time, is the need for their services increasing, annual events, how can the community support their efforts, contact information, why is this non-profit important to the community.

Voices for Children (CASA of San Diego)	Local News	8/30/2020 9/27/2020	7:30pm	n/a	What does Voices for Children do, why Voices for Children, how does the relationship with the child and volunteer help the children, from a judges perspective have they had feedback about why CASAs are important, volunteers are a voice for the children as well, how many children in San Diego county are waiting for a CASA, what does a CASA volunteer do and what role do they play in a child's life, what type of training does a CASA go through, funded, current needs, contact information, success story, once a CASA is partnered with a child do they get to choose how many cases they carry, can CASAs adopt.
Covid-19	PSA	9/17/2020- 9/30/2020	112 spots, 8 times each day	30 seconds	Need...knows no season. Through the Salvation Army, San Diego County's Adult Rehabilitation Center is meeting the needs of the community - even during the COVID-19 pandemic. They offer a free 6-month rehabilitation program to help heal addictions, changes lives, and restore families. Open beds are available right now for men and women. New beneficiaries must have a recent negative COVID test and meet certain criteria. If you know someone in need of recovery services...or if you would like to help... Please call 619-239-4037
Girl Scouts San Diego	Local News	8/23/2020 9/20/2020	7:30pm	n/a	What's the history behind Girl Scouts San Diego, what do Girl Scouts do, what are the five key ways Girl Scouts helps girls thrive, what impact does Girl Scouts make in a girls life, is it true that Girl Scouts obtain higher grades, setting higher goals and have successful careers, as a troop leader is she seeing things within the girls she is leading such as independence, leadership skills etc., who can join Girl Scouts San Diego, can girls with health conditions or disabilities join girls scouts, are there different grade levels and age groups, how do people choose their troops, how often do troops meet, how much does it cost to join and what does the fee cover, how can people join, why did she decide to get involved with Girl Scouts San Diego, what does the cookie program teach the girls, do proceeds of cookie sales stay local to San Diego, what is camp like for the girls, what is their STEM program, how can people support Girl Scouts San Diego, partnerships in the community, contact information.

