

## 2nd Quarter 2023

WQRC (7 a.m.) / WOCN (8 a.m.) / WFCC (6 a.m.) / WKPE (5 a.m.)

Segment times 17:30 unless otherwise indicated.

April 2 - Sunday Journal Program

**Program Title:** Cape Light Compact

**Program description:** A new program from Cape Light Compact will electrify local low-income homes as the region continues efforts to reduce greenhouse gas emissions. Administrator Maggie Downey said the Cape and Vineyard Electrification Offering is a pilot project that will target 100 homes, with 80 of them being deed-restricted. “So that when it’s sold, it’s sold to another person who is low- to moderate-income. Remember, we’re bringing potentially \$50,000 worth of repair funds to the home and we want to make sure those improvements stay with the home regardless of who lives there,” said Downey. Upgrades include electric heat pumps and solar arrays. For 25 participants, battery storage will also be installed, if the home is eligible. The program took 6 years to develop, having to update its language several times to meet the requirements of the Department of Public Utilities. A climate bill approved by the legislature in 2022 clarified that electrifying a home can use Energy Efficiency funds for this kind of project, allowing the program to move ahead. Downey said the project is vital, as the high up-front cost of solar or other tech can be a major hurdle for low income families who may otherwise get left behind as the Commonwealth pushes for greener heating technologies. “The data supports that low and moderate income customers have not been able to overcome the upfront cost of installing solar on their homes,” said Downey.

**Program Title:** Cape Cod’s Blue Economy

**Program Description:** As more blue economy developments occur along the region’s coast and off its shores, lawmakers and advocacy groups are voicing the need for environmental protections. Plymouth/Barnstable State Senator Susan Moran was among several lawmakers who recently filed bills that would provide more job training for blue-economy careers such as in offshore wind. She also emphasized the need for more climate action and protections for wildlife to ensure the impacts of developments are offset and the industry can remain sustainable. New England Aquarium has also supported the measures, adding that action must be taken to protect wildlife and ensure sustainability for regional ecosystems, as well as the economy. “Massachusetts’ blue economy is booming and conservation and economic development are not mutually exclusive. Focusing on impacts to the ocean has never been more critical,” said James

Sutherland, the Aquarium's Associate Vice President of Public Policy and Advocacy, in a statement. "We have a stake in this work as a leading conservation organization in Boston, so we are stepping up to initiate and advocate for legislation to address the myriad environmental and climate change issues facing our ocean and our blue economy."

According to NOAA, ocean-related industries brought in over \$8 billion and employed over 100,000 individuals in 2019.

**Program Title:** Family Pantry

**Program Description:** The Family Pantry of Cape Cod will hold this year's Grab and Go event on May 21 from 10:00 a.m. to 12:00 p.m. in both Barnstable at the high school and Brewster at the Council On Aging. Executive Director Christine Menard recently spoke about the event and how they are increasing their outreach this year. "We usually only have it at one site, this year we're expanding to two sites, so we're going to have one in the parking lot of the Barnstable High School. Then we'll also have one in the rear parking lot of the Brewster COA from 10 to noon on May 21," said Menard. She said a lot of residents are not aware of the pantry or the services it provides to the community. "Literally just like it sounds, it's a drive through grab and go, where people will get a box of food, they'll get a bag of apples, they'll get a gift card, and then information on the pantry," Menard said. The message they want to give to residents is that the pantry is here and it can help those in need. No registration is required for the event, participants will receive a 30 pound family meal box with a variety of non-perishable items and a bag of apples.

April 9 - Sunday Journal Program

**Program Title:** Yarmouth Wastewater

**Program Description:** Yarmouth may soon start its first major phase of its Comprehensive Wastewater Plan, if voters give the go-ahead at April 25's Town Meeting. Article 18 would approve over \$200 million to build a Municipal Water Resource Recovery Facility and sewer along Route 28, but Town Administrator Rob Whritenour said not all of the funding would fall on taxpayers' shoulders. "We've committed the short-term rental income that the town derives as a source of funds from tourism to directly fund the wastewater project. Over 40 percent of this project is going to be paid for," said Whritenour. Alongside business contributions and betterments, homeowners in the plan's coverage area are only responsible for about 15% of the project's total cost. Those not in the service area will not face any kind of charge, added Whritenour. The town officials said it's the biggest hurdle for the project, with future phases of the 40-year plan expected to be smaller in both budget and timeline. "Yarmouth does not have

the Wastewater system at this time so essentially we're building something from scratch. So that does take a long period of time. There are a couple of other communities on Cape Cod that are expanding their system, so they're in a little bit of a different situation than we are," said Jeff Colby, Department of Public Works Director for the town. "So it does take us longer to address all of the areas of Yarmouth that need to be in order to remove the nitrogen which is required according to our studies and the Department of Environmental Protection in order to clean up our waters."

April 16 – Sunday Journal Program

**Program Title:** Cape Cod Conservation District

**Program Description:** The Cape Cod Conservation District has named Martha Craig as their new program manager. This will be Craig's second position with the CCCD and her new focus will start with projects within the Cape Cod Water Resources Restoration Project (CCWRRP). "This is my second time at the Cape Cod Conservation District. Back in 2010 to 2013, I was the Salt Marsh Restoration Project Manager, so I worked on several salt marsh restoration projects throughout the Cape," said Craig. The project is a joint initiative of the District and the Federal Natural Resources Conservation Service. Last year, the District announced federal approval of the District's application for \$42.5 million. "Salt marsh restoration projects, there are a lot of storm water sites; it seems like every town has stormwater projects if they haven't finished them already. Then the fish passage, there are a few big ponds that we're working with the towns and the tribe to improve those important areas," Craig said. Craig brings over 30 years of experience as a wetland ecologist with direct knowledge of wetland restoration on Cape Cod.

**Program Title:** Earth Day on Cape Cod

**Program Description:** Champ Homes is preparing to host the Third Annual Earth Day Clean Up of Hyannis on Saturday, April 22, 2023 from 9 am to noon. Participating staff and board members with the local non-profit will join volunteers at the Hyannis Village Green and clean downtown Hyannis as well as Asleton Park, the Ocean Street Docks, and numerous nearby beaches. "For over 30 years, Champ Homes and those we serve have been supported by our community and this is one way for us to give back," said Executive Director Adam Burnett. "We are so thankful for our premier sponsor, Shepley Wood Product, and all of our other sponsors for supporting our mission and for helping us to make this happen." Champ Homes works to provide safe transitional housing and ensure positive long-term outcomes for those experiencing homelessness on the Cape through mentoring, vocational opportunity, and self-

advocacy. Last year, 81% of individuals participating in Champ Homes' programs were able to successfully transition to sustainable long-term housing.

April 23 – Sunday Journal Program

**Program Title:** Triple A Net Zero Emission Goal

**Program Description:** AAA Northeast recently published its first Environmental, Social, and Governance Report, which outlines the organization's plans to have net-zero carbon emissions by 2045. The report, which Public Affairs Specialist Mark Schieldrop says took years to develop, outlines the group's goals in updating their fleet and services to utilize alternative forms of energy while educating consumers on ways to do the same. Schieldrop explained that the report should help hold the organization accountable as they look to address their carbon footprint. "As we head to a more electric future on the roadway," Schieldrop said, "we need to respond in kind ourselves internally." AAA also expressed the desire to be representative of their clients across the region while building more equity in their hiring process. "A AAA branch should be folks who live in your community and represent the same community that you're a part of," Schieldrop continued.

**Program Title:** Cape Cod Chemicals

**Program Description:** The U.S. Environmental Protection Agency recently released its 2021 Toxics Release Inventory (TRI) National Analysis, which indicated that environmental releases of TRI chemicals from facilities covered by the program had risen 8% from 2020 to 2021. Despite the increase, chemical releases remained below pre-pandemic levels and 2021 levels are 10% lower than those in 2012. The companies with the largest releases came from the plastics, fabricated metals, manufacturing, and chemical industries. The TRI National Analysis showed an increase in PFAS reporting, with reported quantities jumping to 1.3 million pounds, up from 800,000 pounds the year before.

**Program Title:** Joint Base Cape Cod Gun Range

**Program Description:** Barnstable County officials are supporting the draft determination from the U.S. Environmental Protection Agency (EPA) that would deny federal funding to a proposed machine gun range for Joint Base Cape Cod. The EPA report indicates the project could be a hazard to public health, as it could contaminate the region's sole source aquifer. "Groundwater in

the area of Joint Base Cape Cod provides approximately 3 million gallons of drinking water per day to 12 Community public water supply systems in the towns of Sandwich, Bourne, Falmouth, Mashpee and also the Mashpee Wampanoag Tribe,” said Bethany Traverse, Health Communications Coordinator for the county. While army officials said the range would only utilize copper bullets, chemicals from propellant and other components can add up over years and lead to contamination and health impacts, according to county officials. “Because of our glacial origins, our soils are composed of highly permeable materials—sand and gravel—which makes the aquifer very susceptible to contamination,” said Traverse. Army officials at the base previously stated that a range on-site would cut down on transportation costs to off-Cape facilities for required machine gun training.

April 30 – Sunday Journal Program

**Program Title:** Orleans Chamber of Commerce

**Program Description:** The Orleans Chamber of Commerce recently announced that it is naming Eastham resident Judy Lindahl as its new Executive Director. The addition of Lindahl concludes a lengthy search by its Board of Directors, who chose Lindahl for her extensive marketing background. “Judy’s qualifications, knowledge of Orleans and the Lower Cape and understanding of the business community’s needs is second to none,” said Justin Alex, Commerce Board Chair of the Chamber. “Our board couldn’t be more excited to work with Judy on making Orleans the hub of the lower Cape again.” Lindahl spent nearly 18 years at Nauset Marine’s sales and marketing office, where she oversaw marketing and advertising. During her time there, she directed marketing initiatives in digital and print advertising and social media strategy, favoring an approach of community-based networking with local non-profits. “I’ve spent the last 17 years of my career being a part of this community, and I am thrilled to be more involved in not only the Town of Orleans, but its important business community moving forward,” said Lindahl.

**Program Title:** Yarmouth Police Officer Recognized

**Program Description:** A Yarmouth police officer has been recognized as “Massachusetts Instructor of the Year” by nationwide nonprofit Law Enforcement Against Drugs & Violence (L.E.A.D) for his efforts in preventing drug use among local students. School Resource Officer (SRO) for Dennis-Yarmouth Intermediate Middle School Sean Brewer said the curriculum he teaches from the nonprofit builds on the strong relationships he has grown with the students. Brewer has been teaching L.E.A.D. for one year to sixth and seventh grade students. “That was the biggest thing why I like this age group. Because they’re kids. They’re supposed to make

mistakes. We expect them to make mistakes. So when they do make mistakes, I'm there to try to say 'hey look let's learn from your actions and your decisions and let's see if we can go forward,'" said Brewer. "I'm not going to hold it against you. I might have to take some kind of law enforcement action on it, but it doesn't mean my opinion of you has changed. It's just that I have to do my job. But I'm going to work with you to see if we can learn from this experience and make it better." The curriculum is a 10-week program that educates students on how they can avoid involvement in drugs and violence. "SRO Brewer truly deserves this award, and we congratulate him on an excellent job helping kids in Yarmouth understand why steering clear of harmful substances, such as drugs and alcohol, is vital," said Nick DeMauro, CEO of L.E.A.D in a statement.

May 7 – Sunday Journal Program

**Program Title:** Cape & Islands District Attorney

**Program Description:** After evaluating the size of the region it serves, the Cape and Islands District Attorney's office is seeking a bigger budget from state officials. DA Robert Galibois said that nearby region Northampton has a significantly bigger budget, despite having roughly the same annual population as the Cape and Islands. The Cape and Islands and Northampton both have an annual population of about 260,000, but that swells considerably in the summer months for the local region. Galibois added that he learned about the difference when following up with Northampton DA David Sullivan after being sworn in January. "His budget is \$8.5 million, or 60 percent higher than what we have. That certainly led to conversations about what types of services he is able to provide for his constituents and I'm saying of course we're not able to provide, simply because we do not have the funds or the ability to do so," said Galibois. He says he has taken up the issue with regional lawmakers who have all expressed support. "We for the first time—at least my understanding for the first time—had the entire Cape-wide delegation just a couple weeks to strategize about how we can bring in additional resources to the Cape and Islands DA's office. So we can bring the same level of services that are prided about in western Massachusetts."

**Program Title:** Right Whale Documentary

**Program Description:** A Nova documentary airing on PBS Wednesday at 9pm will feature many local marine animal experts and locations as it examines North Atlantic right whales, a critically-endangered species with fewer than 350 individuals left. The film examines a changing climate uprooting whales from their traditional feeding and calving grounds, the impact of deaths

caused by the shipping and fishing industries, and emerging technologies in whale rescue and entanglement prevention. Writer, Producer and Director for “Saving the Right Whale,” Nadine Pequenezza, said the film also highlights voices from the fishing industry testing new, ropeless fishing gear. “I think it’s a very important perspective to get in the film. And it’s a chance for other fishers who might be wary of the gear to see it in operation. They talk about the challenges of using it, as well. I know it’s a divisive issue right now.” The production features Dr. Charles “Stormy” Mayo of the Center for Coastal Studies, as well as experts with the Woods Hole Oceanographic Institution. “Snow Cone,” a North Atlantic right whale that frequented the Cape and Islands region to rear calves, also features prominently in the film. “They are quite remarkable and you’ll learn that from the scientists, but most importantly I’d like [audiences] to come away knowing that there are solutions. There are things that we can do to protect this species and that it doesn’t have to go extinct,” said Pequenezza.

May 14 – Sunday Journal Program

**Program Title:** Local Officer Runs for Special Olympics

**Program Description:** Harwich Deputy Police Chief Kevin Considine leaves for Europe this Sunday to participate in the final leg of the Law Enforcement Torch Run for the Special Olympics World Games in Berlin, Germany. He says Law Enforcement Torch Run raises funds for athletes to help pay for uniforms, gear, and travel expenses. Considine is a member of the group’s Leadership Council. “This is a once in a lifetime opportunity to experience it from a law enforcement standpoint. From what I understand from people that have been in the past, it’s truly life-changing. So I’m just really looking forward to it,” said Considine. Considine is one of 109 police officers from around the world participating in the event. “They’re all there for the right and the good reasons, just to help these athletes out and raise awareness and funds for these great athletes.”

**Program Title:** Joint Base Cape Cod Gun Range Controversy

**Program Description:** The Association to Preserve Cape Cod recently sent a letter to the state’s congressional lawmakers urging them to confirm that the fate of the multipurpose machine gun range proposed at Joint Base Cape Cod will not be held as a condition for acquiring bridge replacement funds as they pursue funding from the Department of Defense (DOD) for the replacement of the Cape Cod Canal Bridges. The letter, addressed to senators Elizabeth Warren and Ed Markey and representatives William Keating and Seth Moulton comes following a separate letter written to the DOD Secretary Lloyd Austin by the recipients asking the Department of Defense to contribute a portion of the funds needed to replace the aging bridges.

Although the letter sent to the DOD did not mention the machine gun range, the association's message raised concerns that funding for the bridges may be withheld as a bargaining chip to force the approval of the controversial project. The APCC also sought assurances that no pressure would be exerted on the Environmental Protection Agency to amend its draft determination that the machine gun range project has the potential to contaminate the Cape's aquifer and create health hazards for the public. If finalized, the EPA's findings would preclude federal funding from being used for the machine gun range project.

May 21 – Sunday Journal Program

**Program Title:** Cape Cod Woman of the Year

**Program Description:** The Mercy Otis Warren Cape Cod Woman of the Year Award recipient is Amanda Converse, CEO of Love Live Local, who was one of 48 nominees chosen for their work done in the region. Recently, Converse spoke about her work done with Love Live Local and what that has meant to her and her colleagues. “We’re actually celebrating our 10th year, and for many years it was a passion project of ours. Then in early 2020 we became a non-profit organization that was really focussed on communicating and advocating the importance of shopping local and supporting local businesses,” said Converse. After graduating from George Washington University, Converse moved back to Cape Cod where she felt she could make a better impact than in Washington, D.C. “This community welcomed me back with open arms. I think it’s a place like this where people for the most part, have a can-do supportive attitude, and it enables you to get engaged and really make a difference,” Converse said. She went on to talk fondly of Judy Scarafile, a member of the Mercy Otis Warren Committee, who happens to be a family friend and was able to deliver the news of the award.

**Program Title:** School Food Insecurity Program

**Program Description:** It was recently announced that Massachusetts has received federal approval to continue Pandemic EBT (P-EBT) benefits covering the school year 2022-2023 and the summer of 2023. The program was created during the COVID-19 public health emergency to promote increased food security for students eligible for free or reduced-price school meals. With the end of the federal public health emergency on May 11, this will be the last round of benefits. “Massachusetts continues to lead in food security through initiatives that directly provide families with the funds to buy groceries that meet their nutritional and cultural needs,” said Health and Human Services Secretary Kate Walsh. “Not only does this P-EBT plan approval promote food and security for nearly 500,000 students and their families, but it also supports our local grocery stores, corner stores, farmers, and their employees,” Walsh said.

Eligible K-12 families will receive a retroactive P-EBT payment on June 25 for COVID-19-related school absences that occurred from September 2022 through May 11, 2023. The amount received will depend on the number of COVID-19-related excused absences accrued in a month as reported by school districts with 1-5 absences equaling \$25 a month per student, 6-15 equaling \$82, and 16+ equaling \$147.

May 28 – Sunday Journal Program

**Program Title:** Mental Health Access

**Program Description:** The National Alliance on Mental Illness is raising concerns about access to care on the Cape and Islands. With an employment shortage of therapists on Cape Cod, Jackie Lane, Executive Director for NAMI, is worried that residents will not be able to get the quality care they deserve if things do not change. “Therapists are not paid enough to live on the Cape. It’s an expensive place to live with Nantucket and Martha’s Vineyard being out of reach completely. So even though there is a shortage all over, it makes it especially hard here, because people can not afford to live on Cape,” said Lane. With new healthcare laws being worked on for the future, Lane’s hope is that compensation for therapists is at the top of the list to entice more help to the Cape. Lane also stated that because of the lack of compensation there are currently no children’s mental health beds on the Cape. For those residents looking for help, Executive Director Lane suggests calling NAMI first to speak with people who care. “We’re very user friendly. We are not clinicians ourselves, but we’ve had the lived experience and we are navigators. We try very hard to help anybody that calls us get the services they need, and we listen too,” Lane said. NAMI offers both support groups and supportive classes to help individuals get the care they need.

**Program Title:** Cape Cod Healthcare Seeking Level 3 Trauma Designation

**Program Description:** Cape Cod Healthcare is seeking Level 3 trauma designation for Cape Cod Hospital’s emergency department, potentially saving trips off-Cape for certain injuries, according to officials. President and CEO Michael Lauf said the change would cut down on travel time for patients in need, many of which are discharged within hours of arriving at Boston centers. “By us going for Level 3 trauma designation, what we’re saying is that we’re well-equipped 24/7 to take care of multisystem traumas right at Cape Cod and Cape Cod Hospital. The people in the field will decide what’s right for us or what’s right for a big trauma center in Boston, but the fact is time saves lives,” said Lauf. With a service population of about 230,000 people, Lauf added that transportation time can add up. “You want to be able to take care of people close to home. And nobody from Boston is saying no, because all those patients get sent

**Program Title:** Cape Cod Beach Gets National Ranking

**Program Description:** For the third straight year in a row, Coast Guard Beach in Eastham has been ranked in the top 10 beaches in the United States by Dr. Stephen Leatherman.

The professor from Florida International University is also referred to as “Dr. Beach” and has been making the list for over 30 years. Dr. Leatherman says that his first teaching position was at Boston University and he quickly learned about Cape Cod and how impressive their beaches, including Coast Guard Beach, can be. “Coast Guard Beach is just an idyllic place, it’s very scenic, very historic. I do take off points because the water is a bit chilly, but I still go swimming. A good warm day I won’t stay more than 10 or 15 minutes at a dip, but it’s refreshing as they say,” Dr. Leatherman said. Through his process, Dr. Beach has attempted to avoid the “red carpet” treatment as he wants to get the truest version of each beach, which he feels his methods reveal. On a more serious note, Dr. Leatherman noted a few things that dock points from his scores, including shark sightings and smoking. “One of the things I do now is give extra credit for “no smoking” beaches, I want to emphasize that. I’m pretty sure the National Seashore is doing that now in Cape Cod and other places,” said Dr. Leatherman. The rise in the regional seal population is one of the main causes for larger amounts of shark sightings, says Dr. Beach.

June 4 – Sunday Journal Program

**Program Title:** Cape Cod Climate Change

**Program Description:** As the summer months draw near and the busy Cape Cod season approaches, the Cape Cod Conservation District is still focused on one of the main issues the groups said is affecting the region, which is climate change. Cape Cod Conservation District Chairman Mark Forest recently spoke about his concerns for the area as the changes to the climate continue. “I’ve been on the Cape for a while now and to see the decline in our fisheries as a result of the warming of waters in the Gulf of Maine. That’s had a huge impact, both not just in terms of the environment or the ecology, but also in terms of coastal communities and the economies in small communities,” Forest said. He said the issues will force the community to make changes and noted that the effects contribute to coastal wetland problems as well. “We need to understand that over the years, for the past 100 to 200 years, we’ve lost a lot of wetlands. Some would argue that in some areas we have lost close to 80% of our coastal wetlands,” said Forest. There is a list of problems that the conservation district wants to tackle, but Forest said the climate change issues are right at the top.

**Program Title:** Barnstable County Dredge

**Program Description:** Grant funding was recently awarded to the Barnstable County Dredge Department in an amount of \$975,000 from the Massachusetts Dredging Program. Barnstable County Chair Mark Forest spoke about the importance of the funds for dredge work being done in the region. “We’re thrilled that the Commonwealth has stepped up and provided us additional funds for our dredge department. One of the things that we’re very proud of in Barnstable County is our dredge department and all the dredging that we do in our Cape communities,” said Forest. The purpose of the grant will be to upgrade dredging software and hardware, purchase replacement equipment, and purchase other equipment used to perform pre- and post-dredge surveys. “We’re very much a maritime oriented region, state access in and out of our ports and harbors is incredibly important. We have a very important marine economy and fishing is a very important part of the Cape’s economy,” Forest said. Maintaining navigational channels to support commercial fishing, recreational boating, and transportation while simultaneously improving water flow to maintain water quality in the bays and estuarine systems will be the main goals for dredging and other projects.

**Program Title:** Potted Plants for Seniors

**Program Description:** Potted Plants for Seniors will be running a new food truck for seniors and veterans in Harwich Port located at Bud’s Mini Golf. The new truck venture is part of a nonprofit program that has been going on since 2020 during the COVID pandemic with a mission to help the elderly population on Cape, according to founder Sarah Dennis. “February 22 of this year we turn three years old; we are 501(c)(3) nonprofit,” Dennis said. “We have managed not to take any grants yet and have had the community completely fund this as well as having students, seniors, veterans, and us volunteering.” The program started out delivering plants and cards to seniors. Now, Dennis explained that the goal of the new food truck program will be to feed members of some of the region’s most vulnerable groups—all with help from local stakeholders. “We really need an electrician to help, we need a plumber to hook up the plumbing, we need auto-body work as far as it being painted and also to help with the windows to be lifted out and we need large freezer chests,” Dennis continued.

June 11 – Sunday Journal Program

**Program Title:** Nobska Light

**Program Description:** Nonprofit organization Friends of Nobska Light will be applying for control of the historic site in order to preserve the lighthouse. The federal government recently announced that a number of lighthouses around the country, including Nobska, will be offered for free. Technological advancements like GPS have rendered the lighthouses obsolete for modern day mariners, and officials will be looking for groups to take proper care of the historic structures. President and CEO of Friends of Nobska Light Kathleen Walrath explained that the decision was a welcome one, adding that the group’s mission of protecting the area lines up with the National Historic Lighthouse Preservation Act. “This has always been the long-term plan and the hopes of the Friends of Nobska Light and the town of Falmouth,” Walrath said. Walrath noted how important it is to preserve a setting for learning, gathering, and natural beauty for local residents and visitors alike. “It’s such a great opportunity for it to be a true cultural center,” Walrath continued, “as well as a place for meditation and for reflection.”

**Program Title:** Cape Cod Baseball League

**Program Description:** A campaign has been launched to raise funding for the Cape Cod Baseball League’s new Hall of Fame site. Officials announced that a building on Route 28 in South Yarmouth has been acquired, and financial backers have already stepped forward to help establish a permanent spot honoring important contributors throughout the league’s history. Baseball journalist Peter Gammons and World Series winner Ron Darling are the co-chairs of the “Bring Back the Hall” campaign. The league is hoping to raise \$1 million so that the new Hall of Fame can open later this year. The Cape Cod Baseball League Hall of Fame, which currently features 179 inductees, was located in the lower level of the JFK Hyannis Museum from 2008 through 2015.

June 18 – Sunday Journal Program

**Program Title:** Barnstable Land Trust

**Program Description:** Barnstable Land Trust is celebrating four decades of land conservation and environmental advocacy this year. Director of Communications and Programs Sue Dahling Sullivan said 2023 will be full of many programs to commemorate the occasion, starting with multiple events this weekend including the Tour de Barnstable Charity Bike Ride. “It’s a bike

ride that goes through all seven villages. It's 38 miles with a 2-mile extra add-on in honor of our 40th anniversary," said Sullivan. Proceeds will benefit the Trust as well as DEVO cycling. Other festivities include a photo session at Fuller Farm Friday, wildflower walks Saturday, and the kick-off of the three-month Hike Barnstable Challenge highlighting over 90 miles of trails in the town. The self-paced challenge will also highlight the health benefits of walking through a partnership with Cape Cod Healthcare. "Partnering with Barnstable Land Trust on the Hike Barnstable Challenge aligns so well with our focus on community, health, and wellness," states Michael Lauf, President and CEO of Cape Cod Healthcare in a statement.

**Program Title:** Downtown Hyannis Update

**Program Description:** As the summer season arrives, the Hyannis Main Street Business Improvement District is looking into offseason workforce challenges and how they can help bring more year round residents to the area. With the changes in the COVID emergency status at the state and federal levels, Executive Director Elizabeth Wurfbain believes changes could make a big difference to the area. "We want to bring back a more year-round community and that's something that has been shaping since COVID. There are more people living here year-round, young people who want to be out in the downtowns, so that is very exciting," Wurfbain said. She said bringing back local events that cater to all demographics can inspire residents to be more active in the community.

June 25 – Sunday Journal Program

**Program Title:** Cape Cod Transit Challenges

**Program Description:** One of the major challenges facing Cape Cod's economy is the ability to afford housing and transit options, to increase the workforce population in the region. Cape Cod Chamber of Commerce CEO Paul Niedzwiecki believes that one solution to those issues would be to bring in more multiple family units into the community. "86% of the housing stock are single family homes, compared to 56% as a state average. What we need is diversity in our housing typology, we need to bring onto the market and build units that are smaller than we currently have," said Niedzwiecki. By building smaller, more affordable units or multi-family units, the CEO believes the year-round and seasonal workforce would grow as a result of more options. Another challenge the region is facing is transportation as many areas are not within viable walking distance for members of the community.

**Program Title:** Summer 2023 Forecast

**Program Description:** If Doug the Quahog's outlook winds up being true, Cape Cod is in for a summer full of sunshine. The 14th annual Quahog Day festivities took place Tuesday, as 85 days of sunshine were predicted by the mollusk at Aselton Park in Hyannis. The event has been held since 2009, when it was launched by the Cape Cod Chamber of Commerce. The latest forecast for the season came as local businesses, hotels, and renters anticipate a busy summer.