

**QUARTERLY REPORT FOR NOVEMBER, 2023
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DATES: 11/01/23 – 11/30/23

TIME SLOTS SCHEDULED TO AIR: 0950 1150 1650 1850

LENGTH: :15-20 SECONDS

ISSUES ADDRESSED: SUICIDE AWARENESS, COMMUNITY HALLOWEEN EVENTS, MENTAL ILLNESS,

WMFG-FM

WNMT-AM

WTBX-FM

WUSZ-FM

WEVE-FM

WMFG-AM

WDKE-FM

- Jim's Sports Club invites you to play Cash Bingo **every Monday** at 6pm. Proceeds benefit the Eveleth Elks Club. Enjoy the fun game of Bingo with a chance to win cash while helping to support the programs of the Eveleth Elks Club.
- If you are an adult living with a mental illness and would like to have a support circle, you are invited to the peer led NAMI support group of the Iron Range. They meet **Thursdays** from 5:30-7 at the red door church in Virginia 231 3rd St South. The National Alliance on Mental Illness is a nonprofit organization founded by family members of people diagnosed with mental illness. Find NAMI Iron Range on Facebook for more information.
- The Hibbing Parkinson's Support Group meets **the first Wednesday** of the month at 10:30am at the Open Door Church, located at 12025 Corey Tracts Rd in Hibbing. This group is for people with Parkinson's, caregivers, and family members. For more information, contact Heather at (218)966-7405.
- Memorial Blood Centers encourages all eligible donors to consider donating blood. The process takes less than an hour, costs nothing and could save a life. Every donor gets free snacks, a pop, water or juice to enjoy after donating. Go to MBC dot Org or call 1-888-GIVE BLD to schedule a donation today.
- United Way of Northeastern Minnesota is proud to offer the Imagination Library program to local children under the age of five. There are no income requirements to enroll children to receive free monthly books delivered to their home. Enroll a child, or sponsor a child at [united way ne mn dot org/imagination-library](http://unitedwayne.mn.org/imagination-library) or call Sarah at 218-254-3329.
- **You Matter Bags MN** provides backpacks with Pj's hygiene essentials and comfort items to children in foster type situations. Licensed foster care providers, or family members raising a non-biological child birth to 18 can request a bag as well as teens couch hopping or without a stable home environment. To request a bag or to nominate a family to receive one, email you matter bags mn at gmail dot com or message you matter bags mn on facebook.
- The 2nd annual empty bowls event to bring awareness to hunger event **is November 3rd** from 5pm to 7:30pm at the Chisholm Elementary Cafeteria. Cost is \$20 to purchase a bowl of your choice to take home. All proceeds will be donated to United Way, Chisholm Food Shelf, and the Chisholm Art Department.

- Wear your dancing shoes on **Saturday, November 4th** to the Do You at 214 E Howard for Hibbing's second barn dance of the season. All levels and abilities are welcome at this fun-filled event. No partner or experience is needed to participate, all dances are taught before the music starts. Dancing begins at 7:00pm with caller Julie Young and live music by Sugar on the Roof. For more information, go to Hibbing barn dance dot org.
- United Way of Northeastern Minnesota Lunch Buddies mentoring program is looking for a few more lunch buddies to provide elementary school students with additional positive adult role models. The program matches first and second grade students with volunteer mentors to share one lunch break each week during the school year. To apply to be a lunch buddy mentor visit united way ne mn dot org slash lunch buddies or call 218-215-2570.
- Foster, Adoptive, pre-adoptive, and kinship caregivers are invited to join Lutheran Social Service of Minnesota for a free in-person training on self-care. Learn techniques to help you improve your well-being while caring for others the way you do. The Training is Wednesday, **November 1st from 5:30pm to 7:30pm** at the LSS Family Resource Center in Virginia. To register visit foster care mn dot org slash training.
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- United Way of 1000 Lakes is collecting donations for Itasca area residents who rely on support to meet their basic needs. During November, caring community members can collect and donate items like toothpaste, diapers, deodorant, and shampoo. Donated items can be delivered to a dropbox site in the community at various sites including Essentia Health locations in Deer River and Grand Rapids, Kiesler Wellness Center, Park State Bank locations in Grand Rapids and Nashwauk, and St. Andrews Lutheran Church.
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- Please join the Hibbing, Virginia, and Grand Rapids Papa Murphy's locations in supporting the Harvey family who were injured in a fire at their cabin recently. Wednesdays in November 20% of all full priced pizzas will be donated to the Harvey Family to help offset medical and other expenses while they recover in the burn unit. Order at Papa Murphys dot com and enter Promo Code "Support" at checkout. Or, in-store, let the staff know that you would like to Support the Harvey Family.
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- Kickoff the Holiday Season with the Spirit of Unity Parade in Hibbing Monday, November 20th! Enter your business or group to be in the Spirit of Unity Parade today, please fill out the 2023 parade entry form by Wednesday, November 15th, 2023 at 12:00PM. The form can be found on the Hibbing Chamber of Commerce's Facebook page as well as their website Hibbing dot org. Parade starts at 6:00 PM. at the corner of 1st Ave. East and travels down Howard Street to 7th Avenue East
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- The Hibbing City Band invites you to enjoy the sounds of the season during the Yuletide Festival on Thursday Dec 7th at 6:00 pm at the Hibbing public library and also Sunday Dec 10th at the Nashwauk Alliance Church at 6:00 pm.
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- Balkan Community Center will be hosting a Pie Social on Saturday, November 18th, from 1:00 to 3:00 pm. Come and enjoy a slice of pie, ice cream and coffee for only \$5.00. Balkan Community Center is located at: 6061 Hwy 73, Chisholm. Come and enjoy the fellowship. Proceeds go to help support functions at the Balkan Community Center.
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- You are cordially invited to a holiday tradition unlike any other-Merry Tuba Christmas! Saturday December 9th, 1pm, at the new Rock Ridge High School Performing Arts Center in Virginia. You'll hear tubas and baritones playing all of your favorite Christmas carols in glorious 4-part

harmony! Admission is free, but in the spirit of holiday giving, you are asked to bring non-perishable food items, or cash, for donation to the Quad Cities Food Shelf. Come and celebrate the 50th Anniversary of this one-of-a-kind holiday concert!! Merry Tuba Christmas, Saturday December 9th, 1pm at Rock Ridge High School!

- The Buck Lake Community Center is hosting Bingo Saturday, November 18th Starting at 1:00 PM. BINGO packets, daubers, food, and drink will be available for purchase. If you'd like to secure your spot, email the number of players to buck lake events at gmail dot com. The Buck Lake Community Center, located 12 miles north of Nashwauk on Highway 65.
- You're invited to a Gun Bingo fundraising event for Disable Veterans on Saturday, December 16th at the Cohasset Community Center. Doors open at 11 am and Bingo games start at 1pm. No pre-registration or sales, first come, first served, cash only. There will also be raffles, silent auction, merchandise and more. Must be 21 years or older to participate. 100% of the proceeds goes to Forgotten Heroes Ranges and Retreat.
- Revive Virginia invites young and old to enjoy horse drawn carriage rides from 2:00 pm – 4:30 pm on Saturday, November 18th before the Twilight Holiday Parade. Stop by the Fire Hall for some snacks while you wait for your carriage ride! The Twilight Holiday parade begins at 5:15 pm. Parade Entry Forms Can Be Found at virginia mn dot us slash revive. Enjoy the Fireworks display on the shores of Silver Lake at 6:15. Chestnut Street will close with no parking at 4:00 pm on November 18th. The street should reopen by 6:30 pm.
- United Way of Northeastern Minnesota is hosting a Kids Holiday Card Party for Veterans from 1-4 pm on December 10th. Enjoy cookies and hot chocolate while making holiday cards for local veterans' holiday meal kits! Join the fun while supporting our local heroes from 1-4pm on December 10th! Details can be found on United Way of Northeastern Minnesota's Facebook page.
- The Mutual UFO Network is opening a new chapter in Grand Rapids "Northland MUFON" is dedicated to the Scientific study of the UFO/UAP. The first meeting in Grand Rapids is Saturday December 9th in the YMCA Classroom. This meeting is open to everyone and is free of charge. During the meeting discussion about some very interesting local cases will take place and if you have a story to share you are welcome to. For more information, please visit Northland MUFON dot com.
- Everyone is invited to the 9th Community Lutefisk and Meatball dinner at the Trinity Lutheran Church in Cook on Saturday, December 2nd. Enjoy a traditional Scandinavian dinner from 4 until 6:30pm. Cost is \$18 for adults, children under 10 just \$7 dollars. Take out is available. Net proceeds benefit the Cook Community Food Shelf and Trinity's National Youth Gathering.
- The PathBlazers Snowmobile Club of Chisholm/Hibbing & Side Lake, will be holding their monthly meeting on Wednesday, November 15th at Snickers Pizza in downtown Chisholm. Meeting starts at 6:00 p.m. Anyone and everyone is welcome to attend. For more information on the PathBlazers Snowmobile Club, check out path blazers club dot com or Facebook.
- Gather with family and friends to enjoy a delicious breakfast and community craft sale at the Buck Lake Community Center Sunday, November 12th from 9 am until noon. Enjoy breakfast favorites and more; all you can eat for just \$13 dollars. Please bring nonperishable food and household essentials for the Neighbors Helping Neighbors food shelf. The Buck Lake Community Center is located 12 miles north of Nashwauk on Highway 65.
- The United States Marine Corp will be holding a Birthday Ball at Valentini's in Chisholm starting at 5:30p on November 10th with social, dinner, and a program. This will be the 248th birthday of the Marine Corps which is a day full of tradition that only the "few and the proud" will fully understand! Last year over 60 Marines attended from 21 to 94 years old. \$10 per person, reservations are required. Email magnussonc@yahoo.com or leave a message at 218.969.7137. Semper Fi!

- Stop in weekdays at the Salvation Army in Hibbing now until November 17th for the Angel Tree toy shop, Adopt a Family and Christmas food applications from 9 am to noon and again from 1pm to 4pm. Give help or get help at the Salvation Army in Hibbing.
- The Chisholm High School Drama Club proudly presents their fall musical the Addams Family, a new musical comedy, November 10th and 11th at 7pm and a Sunday Matinee at 2pm in the Chisholm High School Auditorium. Cost is \$7 for adults and \$5 for students and seniors. Please come support the fine student actors and the drama department November 10th through the 12th.
- The 2023 Festival of Trees begins on Wednesday, November 15 and runs through Sunday, November 19. Most events will take place at the Virginia Elks Lodge 220 N. 5th Avenue West. Saturday, November 18 is the Twilight Holiday Parade at 5:15 pm on Chestnut Street. Fireworks follow at 6:15 pm on the shores of Silver Lake. Santa will be stopping by for Sunday's Pancake Breakfast on November 19th from 9:00 AM to 12:00 pm.
- United Way of 1,000 Lakes in Grand Rapids is teaming up with local restaurants to improve lives and strengthen our community. Now until November 16th, when you visit participating Dining United restaurants for breakfast, lunch, dinner, drinks, or dessert, a portion of your order will be donated to the United Way of 1,000 Lakes campaign.
- American Legion Press Lloyd Post 247 is hosting Turkey Bingo Night at the Chisholm Senior Center at 319 West Lake Street on Thursday, November 16th at 6pm. Cost is \$20 dollars at the door or at various business locations in Chisholm.
- St. Paul's Lutheran Church of Alango is sponsoring the non-profit Ruby's Pantry in Cook Thursday, November 9th. This is a contact-less drive-thru food distribution open to everyone. Please bring 3 or 4 large boxes, totes, or coolers to make it easy for the volunteers to fill for you. Cost is \$25 per share with no limit on number of shares. Each share consists of basics- meat, dairy, bread, assorted groceries, and sometimes produce. Check out Ruby's Pantry FB page for information. Donations of plastic shopping bags and egg cartons are greatly appreciated. Distribution will begin at 4:30pm until 6:00pm at the Old School in Cook.
- You're invited to the Faith Lutheran Church's Christmas Bazaar on December 2nd from 10 am 2pm. Enjoy Vegetable soup, bread and crackers, dessert and beverage. The Bazaar will feature cookie trays, baked goods and crafts at the Faith Lutheran Church, first avenue southwest in Chisholm.
- You're invited to enjoy an Old-Fashioned Christmas event Sunday, December 10th at the Hibbing Alliance Church. Enjoy cookies, hot cocoa and cider as well as crafting ornaments, horse-drawn sleigh rides, music and the nativity scene. Warm up by the fire and enjoy the Old-Fashioned Christmas December 10th from 4-6pm.
- You are invited to the Mike Thompson Benefit Saturday, December 2nd at the Moose Club in Grand Rapids from 2 until 8pm. There will be a spaghetti dinner \$12 a plate, children 5 and under eat free. There will also be a bake sale, 50/50 raffles, a silent auction, and live music. Proceeds will help offset medical and other expenses while Mike bravely battles cancer and has been unable to work.
- IT'S A "QUAD CITIES CHRISTMAS" SATURDAY DECEMBER 9TH AND 10TH! SATURDAY, IT'S MERRY TUBA-CHRISTMAS AT 1PM, AND ON SUNDAY, IT'S THE MESABI SYMPHONY ORCHESTRA AT 2:30PM. BOTH HOLIDAY CONCERTS ARE AT THE NEW ROCK RIDGE HIGH SCHOOL PERFORMING ARTS CENTER IN VIRGINIA. START YOUR HOLIDAY SEASON WITH A "QUAD CITIES CHRISTMAS" WITH MERRY TUBA-CHRISTMAS AND THE MESABI SYMPHONY ORCHESTRA!!

- Hibbing Public Safety encourages you to help Stuff the Ambulance with new, unwrapped toys on Friday, December 1st from 2 until 6pm at the Hibbing Wal-Mart. The Hibbing police and fire departments will distribute the items to predetermined families in need around Christmas time.
- Hibbing Public Library's Annual Yuletide Celebration is Thursday December 7th from 3-7pm. There will be Wagon rides from 3 to 6pm, visit with Santa from 4 until 6pm, enjoy music by the Crescendo Youth Orchestra and the Hibbing City Band, refreshments and more! Everyone is welcome to this free family-friendly event.
- (Revised to take out 50/50 raffles) You are invited to the Mike Thompson Benefit Saturday, December 2nd at the Moose Club in Grand Rapids from 2 until 8pm. There will be a spaghetti dinner \$12 a plate, children 5 and under eat free. There will also be a bake sale, a silent auction, and live music. Proceeds will help offset medical and other expenses while Mike bravely battles cancer and has been unable to work.
- Precious Paws Humane Society of Chisholm is now offering a food shelf for pets! Bretta's Pantry is open Wednesdays and Sundays from 11 am to 1pm at Precious Paws located at 101 South West 1st Avenue in Chisholm. Bretta's Pantry provides families with pet food to get by for a few days- until they can go shopping so you don't have to decide between buying food for yourself or your pets. There are no qualifications to come to the pantry. Everyone that needs a little bit of help is welcome! Please leave your pets at home when you visit the pet food shelf.