

## 1st Quarter 2019

WQRC (7 a.m.) / WOCN (8 a.m.) / WFCC (6 a.m.) / WKPE (5 a.m.)

Segment times 17:30 unless otherwise indicated.

January 6 - Sunday Journal Program

**Program Title:** Cape and Islands District Attorney Michael O’Keefe

**Program description:** Cape and Islands District Attorney Michael O’Keefe was sworn in for his fifth, four-year term in office Wednesday during a ceremony at Monomoy Regional High School in Harwich. O’Keefe, a Republican, was re-elected to office in November, running unopposed. In addition to O’Keefe, First Assistant District Attorneys Michael Trudeau and Brian Glenny, Second Assistant District Attorney Sharon Thibeault and the office’s assistant district attorneys also took the oath of office. O’Keefe has served in the District Attorney’s office since 1982, working as an assistant district attorney and First Assistant before running for the top spot. O’Keefe joins the program to talk about the past several years and what he has planned for 2019 and beyond.

**Program Title:** Indivisible Cape Cod

**Program Description:** With new legislative sessions starting in Washington and Beacon Hill, Indivisible groups from across Cape Cod will host an interactive talk on Sunday, February 10<sup>th</sup>. Pam Wilmot, Executive Director of Common Cause Massachusetts will lead a compelling conversation about serious threats facing our elections and democracy—and what’s being done to fight back. The event will run from 3:00-4:30pm at the First Parish Brewster Unitarian Universalist. Presentation sponsors include Lower Cape Indivisible, Outer Cape Indivisible, and Cape Cod Women for Change. Wilmot joins the program to discuss her upcoming presentation.

**Program Title:** Cape Cod Art Museum

**Program Description:** The Cape Cod Museum of Art’s popular “Music & More!” Concert series, opens for the New Year with a spirited performance of classic Chicago blues by Jerry Portnoy’s blues quartet. Blues harp musician Jerry Portnoy grew up in the blues-rich atmosphere of Chicago. He was a member of the fabled Muddy Waters Blues Band, led the legendary Blues Band, and was a featured member of the Eric Clapton Band for four years. Acting Director Benton Jones will be in studio to talk about their upcoming programs.

January 13 - Sunday Journal Program

**Program Title:** Big Brothers Big Sisters

**Program Description:** After a successful start last year, Big Brothers Big Sisters of Cape Cod & the Islands is relaunching its “30 Guys in 30 Days” campaign. The agency is seeking to recruit more men on Cape Cod and Martha’s Vineyard to support the high demand for mentors. Big Brothers Big Sisters currently has 80 youth on a waitlist for mentors with 63 percent of them being boys. JR Mell, the organization’s regional director, said the commitment is simple. “We ask for volunteers to commit to a minimum of a year with a child in the community, meeting them two to three times each month for a few hours each time doing activities that you’d probably already be doing and enjoying,” Mell said. Mell said it is a misconception that being a mentor is a huge commitment. “All of the bigs that I have talked to who have come forward and joined find that it’s very, very manageable,” he said. The “30 Guys in 30 Days” campaign was started last year as the wait list for boys had really grown.

**Program Title:** MMA Sea Term

**Program Description:** Cadets at Massachusetts Maritime Academy are readying to embark on the 2019 Sea Term, where for about 52 days they’ll set off for the Caribbean Sea aboard the T.S. Kennedy. The T.S. Kennedy will depart Buzzards Bay on the morning of Saturday, January 12. While the cadets will be sailing through a tropical paradise, this trip is far from a pleasure cruise. Cadets will rotate through ships operations including deck and engine watches, classes and laboratory training at sea, and maintenance and emergency drills. Port visits offer the cadets a time to relax, though watch and maintenance responsibilities remain at this time. “This is a crucial part of the training program. The students will perform three of their four Sea Terms on Kennedy, and then in their junior year they’ll the opportunity to commercially ship on U.S. flagged vessels. The sea service takes the classroom and turns it into reality in a practical way,” MMA Senior Vice-President Brad Lima said. Lima joins the program.

January 20 – Sunday Journal Program

**Program Title:** Dancing for a Cure

**Program Description:** Hundreds of dance enthusiasts from across the Cape are expected to turn out at Mashpee High School on Saturday for an annual 5K Dance Marathon that raises funds for vital breast and ovarian cancer research. The ninth installment of Dancing for a Cure Cape Cod invites dance enthusiasts of all ages to dance or cheer for four hours to raise money for the Dana Farber Cancer Institute’s research. “This year’s event will be similar in some ways and different in other ways, we always try to make it a little better each year,” said Dancing for a Cure founder Susan Mendoza Friedman. “This year we’re hoping to get people of all ages to come in and dance or just cheer from the bleachers during those four hours. We have a dance battle that will be going on towards the end of the night.” The event will also feature guest appearances by Miss Massachusetts 2018 Gabrielle Tavares and the New England Patriots Cheerleaders, among other

notable names. The Kindness Rock Project will also be at the event. Honorary teams will dedicate dances to their ‘special someone’ throughout the night. During the 5K, runners will be able to take a break and paint rocks with inspirational words and phrases.

**Program Title:** Coast Guard Shutdown

**Program Description:** A new effort has been launched to collect essential items for Coast Guard service members and their families on Cape Cod affected by the ongoing federal government shutdown. Heroes In Transition (HIT), The Cooperative Bank of Cape Cod, Cape Cod Coffee and Marshland Restaurants have organized the Care 4 Our Coasties campaign. Cooperative Bank of Cape Cod Marketing Officer Christina Bologna said the bank is thrilled to join HIT in the campaign. “It was really a no-brainer for us, we jumped right on board. We are a drop off location at all of our branches,” Bologna said. “We have branches from Falmouth to Harwich and they’re all drop off locations for this campaign, which is really to be able to support our Coast Guard families during this government shutdown and provide them with essential items that they are not otherwise able to acquire for free.” The 10-day drive began on Tuesday and runs through Thursday, January 31. Organizers are asking the public to donate a variety of household goods that those in the Coast Guard need, but may not be able to afford to purchase or obtain at no cost elsewhere, as a result of the shutdown.

January 27 – Sunday Journal Program

**Program Title:** Winter Ticks

**Program Description:** People may think a stroll in woods during these cold winter days would be an activity without the hazard of ticks. You'd be mistaken. Barnstable County entomologist Larry Dapsis said the Black-Legged Tick, otherwise known as the Deer Tick, can be found searching for hosts during the winter. He adds that the Dog Tick and the Lone Star Tick present only a three-season threat. Dapsis said the Deer Ticks have been known to last in the frozen tundra of Wisconsin. He says that when he worked for Ocean Spray, he regularly traveled to Wisconsin, where the Deer Tick population thrived through weeks of -25 degree temperatures. “Ticks have evolved to survive this brutally cold weather as have a lot of other insects. In the case of the tick, they synthesize a chemical called glycerol,” Dapsis explained. “This is similar to the stuff that’s in your car to protect your radiator – ethylene glycol. So basically, the ticks, before we were making our first automobiles they were making anti-freeze.” Dapsis said that the ticks will not crawl up through the snow and bite a host, but can emerge from the snow and bite, even if snow is on the ground in other areas.

**Program Title:** Housing Institute

**Program Description:** Community Development Partnership has launched a new public education campaign designed to address misconceptions around the people who need affordable housing on Cape Cod. The “We Can’t Afford to Lose People Who Can’t Afford to Live Here” campaign will feature a series of ads that feature three Lower Cape residents and their struggles

to secure housing. CDP CEO Jay Coburn says the campaign is an important part of its efforts to support affordable housing initiatives. “It gives voters who are attending town meetings and making important local decisions as they relate to affordable housing a stronger sense of why it is we need affordable housing on the Cape, and in particular the Lower Cape,” Coburn said. Coburn said negative stereotypes about who lives in affordable housing gets spread around. Many of the people who seek affordable housing are employed in key service sectors that do not provide a salary necessary to be able to afford housing on Cape Cod, including teachers, first responders and nurses.

February 3 – Sunday Journal Program

**Program Title:** Rotary Homes

**Program Description:** The Rotary Clubs of Cape Cod have committed to raise \$100,000 for Habitat for Humanity of Cape Cod. The “Decent Place to Live” campaign will help with Habitat for Humanity’s work to construct affordable homes for local families. The campaign has kicked off with a \$15,000 gift from the Cape Cod 5 Foundation. Habitat for Humanity of Cape Cod Executive Director Vikki Goldsmith said the campaign is a huge community commitment. “It represents engagement and commitment by a number of clubs across the Cape and their membership,” Goldsmith said. Along with the donation from Cape Cod 5, Goldsmith says Habitat has also begun receiving donations from the various Rotary clubs and members. “The Rotaries do this kind of major campaign, as I understand, only from time to time – it’s such a big effort,” Goldsmith said. “And we were very honored when they began talking to Habitat for Humanity here on Cape Cod that they would like to do this to support the work we do.”

**Program Title:** Tom Brady Book

**Program Description:** Casey Sherman, award-winning New York Times Best Selling author and Hyannis native joins us for a repeat visit to talk about his recent book – all about the Tom Brady deflate-gate scandal! Sherman spent time interviewing Brady and other teammates about the scandal that rocked the legendary quarterback and the team that results in a four-game suspension for Brady. The Patriots will be in the Super Bowl this weekend, taking on the Los Angeles Rams.

**Program Title:** Cape Tech Update

**Program Description:** Construction is officially underway for the new Cape Cod Regional Technical High School following a groundbreaking ceremony Friday morning. Cape Tech officials joined representatives from the Massachusetts School Building Administration, State Education Commissioner Jeff Riley, and other notable politicians at 351 Pleasant Avenue in Harwich, the site of the proposed building, for the ceremony. “Today is about the driving philosophy of this school: What is in the best interest of students?” said Cape Tech Superintendent Robert Sanborn in his address preceding the groundbreaking. “For 45 years our district community has partnered with the Tech family to help provide the answer to this

question. As the hard hats go on and the shovels hit the ground in a few moments, a groundbreaking, a symbolic time honored in ceremony, will celebrate the students and staff who have studied and worked in this building over the last 45 years while simultaneously serving to break new ground for thousands of students over the next 50 years.” The new school will set a focus on the educational model known as STEAM: Science, Technology, Engineering, Arts, and Math. Hospitality, transportation, and construction academies will also be available at the new school.

February 10 - Sunday Journal

**Program Title:** Independence House 40th

**Program Description:** Cape Cod’s leading resource, counseling and advocacy center to address and prevent domestic and sexual violence is commemorating its 40<sup>th</sup> anniversary throughout 2019. A year-long series of events began earlier this month with an online survey for high school students about teen dating violence. Other events will bring together people from different generations and cultures throughout the year. Highlights include a collaboration with the NAACP to bring a soon to be announced nationally known speaker to Cape Cod, a White Ribbon Day event with the Yarmouth Police Department and Cape and Islands District Attorney’s Office, and a luncheon with advocate Patricia McLean, who has a new photographic and audio exhibit she will bring to the community. Executive Director Lysetta Hurge-Putnam said the organization has come a long way since it was founded by five women in a basement with a hotline, but that more progress is still needed. The organization quickly evolved to provide safe and secret places for women and children to flee from abusive situations. “To this day it is not necessarily a conversation that is easily had in general,” Hurge-Putnam said.

**Program Title:** Bob Prescott

**Program Description:** Longtime Sanctuary Director Bob Prescott is leaving Wellfleet Bay Wildlife Sanctuary this year. Prescott has served as Director of the Wellfleet Bay Wildlife Sanctuary since 1982 when he took over for the sanctuary's original leadership team, Wallace and Priscilla Bailey. Mass Audubon acquired the property in 1958. Prescott praised Sanctuary staff for the direction it was going in, highlighted his 37-year career, and delivered a final message of thanks to Mass Audubon and coworkers. "Now is the right time for new leadership. Not only have the sanctuary’s programs and facilities grown exponentially, Wellfleet Bay is also well positioned to continue to carry out its important mission," he said. "The highlights over the years have been numerous. And while we have green buildings, wonderful new exhibits, done lots of good science, and restored populations of rare species, this is a people business. We have developed an unbelievably dedicated group of volunteers that are engaged in so many roles."

February 17 - Sunday Journal Program

**Program Title – K-9 Relief Fund**

**Program Description** - An annual fundraiser that raises money to assist the veterinary bills of retired K-9 officers is entering its 15<sup>th</sup> year. The Cape Cod Police K-9 Relief Fund is hosting its annual reception at the Yarmouth House Restaurant next Sunday. The event will host a silent auction, raffle, and will be serving hors d'oeuvres. Donations from local businesses and individuals, combined with merchandise sales, help to keep the fund functioning throughout the year. The fund also receives commission from purchases made on its website. The fundraiser was started by its founder, Joe Ambrosini, 18 years ago. "Eighteen year ago I was a K-9 handler for the Sheriff's Department, and when the dogs retire the departments don't pay for them anymore, the burden is on the officer to pay for their medical bills. So, I tell this story over and over, but it was like 2:00 in the morning and I said, 'You know what? I think I'm going to try and get a foundation so when the dogs retire this foundation will pay for their medical bills.' Because a lot of the officers will get another dog and then the burden is on the officer for the medical bills," he explained.

**Program Title – STEM Journey VI**

**Program Description** - An annual event that showcases science, technology, engineering and math returns to Sandwich High School and STEM Academy Saturday. STEM Journey VI will run from 11 a.m. to 3 p.m. on March 2 and this year's theme is "The International Space Station and Beyond." The event features more than 40 hands-on activities, The Magic of Chemistry Stage Show, Opening reflections on "An Accidental Career in Science" followed by a Keynote Lecture by NASA on International Space Station Research & the Gateway Lunar Orbiting Platform. "The idea is to keep kids interested in the STEM fields, that science, technology engineering and math are skills that we use everyday," said Jennifer MaClachlan, who owns and operates PID Analyzers with her father and is the founder of STEM Journey. "And to develop that interest and keep that interest and encourage them into to STEM fields and STEM careers." The International Space Station will make two passes over Sandwich High School during the event.

February 24 - Sunday Journal Program

**Program Title: P.J. Richardson/Pleasant Bay Community Boating**

**Program Description** - Pleasant Bay Community Boating has announced the appointment of Patrick J. Richardson as its new Executive Director. Richardson was until recently Chief Development Officer for YMCA Cape Cod, and replaces Charles Sumner, who is retiring after three years as PBCB's first Executive Director. "We're tremendously enthusiastic about PJ," comments Ted Baylis, PBCB President. "He is the right person for PBCB at this point in our development, and we're excited about everything he will bring to our organization, including major fund-raising skills." At YMCA Cape Cod, Richardson increased annual campaign funds from \$38,000 to \$300,000, and charitable giving from three percent to 18 percent of revenue.

Additionally, he helped secure \$200,000 or more annually in grants, while coordinating a total brand transition to support public perception of the YMCA as a charity. One of Richardson's first and most important tasks at PBCB will be to helm the ongoing \$4.8 million capital campaign to support the 2014 acquisition of its direct waterfront property, in addition to funding new and existing affordable programs.

**Program Title:** Nantucket Hospital

**Program Description:** Doors opened to patients for the first time Wednesday at the new Nantucket Cottage Hospital. A ribbon cutting ceremony was held for the \$90 million dollar building, which replaces the old facility built in 1957. The hospital is the first in the state to get a total replacement in four decades. The 106,000-square-foot hospital will feature state-of-the-art equipment and expanded outpatient service, along with inpatient care and surgery, providing a central location for the community's health care needs, including primary care, emergency, specialty care and diagnostic testing. The hospital features 14 inpatient beds, 29 clinical exam rooms for primary care, expanded labor and delivery services, a new heliport landing, a trauma room, five infusion bays, and 12 emergency examination rooms. "Nantucket is small, but we can do big things," said Dr. Margot Hartmann, the hospital's president and CEO. Hartmann said seeing the first patients come in made it feel like it was the birth day of the hospital. "It's a goosebump feeling," she said.

March 3 – Sunday Journal

**Program Title:** St. Patrick's Day Parade

**Program Description:** This year's St. Patrick's Day Parade in Yarmouth will honor fallen Yarmouth Police Sergeant Sean Gannon, who was killed in the line of duty on April 12, 2018 while serving an arrest warrant. Organizers said the parade will feature participants from a cross-section of the community that has shown "a tremendous outpouring of support" for the commemorative parade. Parade Committee Chairman Desmond Keogh said he reached out to Gannon's family, and they gave approval for the committee to begin making preparations for this year's parade in honor of Sean and Nero, Sgt. Gannon's K-9 partner that was also injured in the incident. Keogh said the focus of this year's St. Patrick's Day Parade, "The Spirit of Community," is to "offer the community an opportunity to heal and feel Sgt. Gannon's spirit, and love for the parade that he marched in for many years." "We waited and waited months and months and months and eventually we reached out to the Gannon family and asked if it would be okay to have the parade in honor of Sergeant Gannon," Keogh explained.

**Program Title:** Buzzards Bay Hotel

**Program Description:** The new Hampton Inn by Hilton that is under construction in downtown Buzzards Bay is on schedule for a mid-summer opening. “To have a hotel on the Cape Cod Canal with the views in the summer time will hopefully make people want to flock to it, said owner David Darling, with Darling Hotels LLC. “It gives them an opportunity to go up and down the bike path and go to Plymouth for the day, Cape Cod, Hyannis, Provincetown, or maybe over to the islands.” The 100-room hotel on Perry Avenue will offer standard amenities including free hot breakfast, complimentary Wi-Fi, a 24-hour business center and fitness center. Guestrooms will also include HDTV and free in-room movie channels and a coffeemaker. Darling believes the lodging facility will be a catalyst for further development in Buzzards Bay. “Hopefully it will bring some more development within Buzzards Bay and hopefully it will bring some restaurants and some different stores and things like that,” he said.

March 10 – Sunday Journal

**Program Title:** Shape the Cape

**Program Description:** The 4th Annual Shape Your Cape Summit, organized by Cape Cod Young Professionals (CCYP), is set for next month Thursday. The event is a one-day conference for young professionals. The 2019 Summit will feature an interactive panel discussion and workshops aimed at personal and professional growth, community engagement, and public policy. Sessions are designed to facilitate conversation and action on issues that matter most to young and established workers alike. A total of three all-conference sessions and nine educational sessions will be offered throughout the day, including a workshop on “Critical Career Conversations,” a panel discussion on the state of entrepreneurship on Cape Cod, and a Housing Advocacy Training in partnership with local organizations, the Community Development Partnership (CDP), Housing Assistance Corporation, and Nexus Werx. The keynote speaker for the 2019 Shape Your Cape Summit is Roy Heffernan, owner and former Chief Operating “Optimist” (COO) of the iconic “Life is Good” brand.

**Program Title:** Red Cross Heroes

**Program Description:** The return of the annual Cape, Islands, and Southeastern Massachusetts Heroes Breakfast will take place this spring as more than two dozen men and women in the community will be honored. The 17<sup>th</sup> annual Heroes Breakfast, hosted and presented by the Red Cross, honors ‘heroes among heroes’ – professionals and ordinary citizens who go above and beyond the call of duty to do extraordinary things to help people. Slain Yarmouth Police Sergeant Sean Gannon, who was killed in April of 2018 while serving an arrest warrant, will posthumously be given the Community Impact Hero award. Red Cross CEO Hilary Greene joins the program to discuss the event.

**Program Title:** D-Y Security

**Program Description:** Dennis-Yarmouth Regional School officials recently announced the use of new software to enhance school safety. The district has signed a partnership with Boston-based In Force Technology to utilize its In Force911 product. The app, which opens a three-way connection between school staff, police dispatch and patrol units in both towns, will be installed on phones laptops and other devices. “This technology seems like the latest and greatest next step,” said Carol Woodbury, the district’s superintendent. Once activated, staff are able to post alerts through the app so that other staff and officers know what the situation is, where it may be happening and possible suspect descriptions in emergency situations including active shooters. Woodbury said the school district has never had technology like this that can immediately get in touch with first responders. “This will give us an opportunity to put technology in the hands of all of our teachers and we think that is paramount if something were to happen in a building of getting the police here quickly but also being able to pinpoint where things are happening to give them better intel,” Woodbury said.

March 17 – Sunday Journal

**Program Title:** Future Cape Cod

**Program Description:** Following the passage of the short-term rental tax last summer by state lawmakers, local environmental, business, property and housing advocacy organizations are joining forces to promote long-term community investments with generated revenues. The Association to Preserve Cape Cod, the Cape Cod Chamber of Commerce, Cape Cod & Islands Association of Realtors and Housing Assistance Corporation have formed the Future Cape Cod coalition to ask communities to adopt a model bylaw this spring to direct at least half of the local optional rooms excise tax to an Infrastructure and Community Investment Stabilization Fund. “There is an opportunity to take advantage of a chance to take some of this new revenue and set it aside for important capital needs that often aren’t able to be funded fully at the municipal level,” said Andrew Gottlieb, the executive director of the APCC. The fund would be used for projects related to wastewater management, housing production, transportation, broadband internet and tourism marketing.

**Program Title:** Clean Energy

**Program Description:** A major Eversource battery storage project has been proposed in Provincetown. The clean energy lithium-ion batteries would be able to provide 10 hours or more of electricity for the communities of Wellfleet, Truro and Provincetown in the event of an outage. Eversource Director of Clean Energy Development Charlotte Ancel said the batteries would serve around 11,000 customers. “Like our phone batteries, it charges relatively quickly,” Ancel said. “It pulls power off the grid and it is able to sit and hold a charge for an extended period of time until when it is needed.” Eversource customers on the Outer Cape, in the three communities, saw thousands of hours of outages due to intense winter storms last year.

Over the last five years, Ancel said those customers have seen 45,000 outage hours. “We know we are going to see more and more of [those storms] as climate change continues and intensifies in our region,” Ancel said. There is one main power line on the Outer Cape along Route 6 which serves all of those customers.

March 24 – Sunday Journal

**Program Title:** RUCK 4HIT

**Program Description:** A non-profit organization on Cape Cod that assists veterans and military families will hold its annual Ruck4HIT fundraiser in May and the deadline to register is quickly approaching. Heroes In Transition’s Ruck4HIT is a relay race in which teams of runners travel through each Cape Cod town over a 36 hour period while wearing a 20-30 pound rucksack on their back. Heroes In Transition Executive Director Nicole Spencer said the event raises awareness for the need to support our military. “It has gotten such great reviews as far as us getting out there to the public, being able to run all across all 15 towns on Cape Cod,” she said. This year’s race starts on Friday, May 3 and 1 a.m. at the Courtyard Restaurant & Pub in Bourne and will end around noon on Saturday, May 4 at Dino’s Sports Bar in Mashpee. This year’s event will feature two separate divisions: JETHRO and JONES. Jethro refers to the call sign of U.S. Marine Captain Eric A. Jones.

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