Issues and Programs
 KRBG 88.7 FM

 4th Quarter
 Amarillo, TX

 Oct/Nov Dec
 2022
 Facility ID: 93643

Oct/Nov Dec 2022 Facility ID: 93643 Section I. Issues									
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		Mental Health							
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Section II. Responsive Programs									
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Date	Issues	Program	Time	n OF min	Notes				
10/1/2022	Lying/Trust	Parenting Today's Teens	11:00am Central	25 min	When your teen has lied and deceived you more times than you count, it's hard to believe a single word he or she says. And you might wonde if there is any hope of ever rebuilding the trust in your relationship. Today on Parenting Today's Teens, Mark Gregston teaches parents what to do when they can't trust their teen.				
10/8/2022	Middle School	Parenting Today's Teens	11:00am Central	25 min	Middle school can be a jarring transition from the innocence of childhood to the harsh realities of adolescence. So, how can parents learn to prep their kids for the coming change? This weekend on Parenting Today's Teens, Mark Gregston coaches parents on what to expect during those turbulent middle school years.				
10/15/2022	Anger Managment	Parenting Today's Teens	11:00am Central	25 min	Parents, is there an active volcano in your home? Are you apprehensive around your teen, knowing that any disruption or irritation could cause your teen to erupt in anger? This weekend on Parenting Today's Teens, Mark Gregston explains how to read between the lines of the resentment or anger that boils up in your child—and what to do about it.				
10/22/2022	Engaged Parenting	Parenting Today's Teens	11:00am Central	25 min	If you've ever driven a manual car, then you've likely coasted down your fair share of hills. But coasting won't work when it comes to parenting! In fact, it has some serious consequences. This weekend or Parenting Today's Teens, Mark Gregston identifies the dangers of letting off the gas when fueling your relationship with your teen.				
10/29/2022	Teen Isolation	Parenting Today's Teens	11:00am Central	25 min	Does your teen prefer to hide out in his room with a big "stay out" sign hung on his door? Maybe you struggle with convincing your teen to participate in family activities. This weekend on Parenting Today's Teens, Mark Gregston explains why teens self-isolate and what parents can do to break through the barrier.				
11/5/2022	Parenting Adopted Teens	Parenting Today's Teens	11:00am Central	25 min	The teen years can be bumpy for any child. But sometimes, adopted teens need a little extra dose of love and patience. This weekend on Parenting Today's Teens, Mark Gregston shares the four essential tools in every adoptive parent's toolbox and offers practical help for navigating the adolescent years.				
11/12/11	Respect/Rebellion	Parenting Today's Teens	11:00am Central	25 min	One day, your teen is a kind, engaged member of the family. The next, they're disrespectful and rebellious. What happened? And, more importantly, how should you respond? This weekend on Parenting Today's Teens, Mark Gregston shares what parents should do if their teen is turning into someone they don't like.				
11/19/22	Common Parenting Mistakes	Parenting Today's Teens	11:00am Central	25 min	Do you keep your teen on a tight leash? Do you tend to talk more than you listen? These mistakes may be easy to make, but their consequences are hard to undo. This weekend on Parenting Today's Teens, Mark Gregston identifies three of the most common parenting mistakes—and how to correct them.				
11/26/2022	Substance Abuse	Parenting Today's Teens	11:00am Central	25 min	Some teens drink and do drugs in an effort to fit in with the cool kids. But others do so for a far more alarming reason. This weekend on Parenting Today's Teens, Mark Gregston talks about kids who use drugs and alcohol as a way to self-medicate and dull their painful emotions.				
12/3/22	Substance Abuse/Recovery	Parenting Today's Teens	11:00am Central	25 min	We're wrapping up another year of ministry at Parenting Today's Teens! This weekend, Mark Gregston takes a moment to reflect on 2022 and the impact it made in the lives of teens and their families. He II also share the story of one teen who transitioned from leading kids into drugs—to following God!				
12/10/2022	Developing Relationships	Parenting Today's Teens	11:00am Central	25 min	Parenting is about a number of important things, like preparing childrer for the hardships of life. But more than anything else, parenting is about developing relationships! This weekend on Parenting Today's Teens, Mark Gregston shares five reasons why your relationship with your teen is so important.				
12/17/2022	Developing Relationships	Parenting Today's Teens	11:00am Central	25 min	From marriage to work to everyday friendships, relationships take deliberate effort and constant maintenance. And the relationship with your teen is no exception! This weekend on Parenting Today's Teens, Mark Gregston suggests practical ways that parents can build the relationship with their teen—regardless of what it looks like today.				

12/24/2022	Teens & the Holidays	Parenting Today's Teens	11:00am Central	25 min	With Jesus, we can experience supernatural joy and peace. But when we're struggling at home with our teens, it's easy to lose sight of God's blessings. This weekend on Parenting Today's Teens, Mark Gregston helps parents create an atmosphere of peace and joy in their home this
12/31/2022	Fostering Open Communication	Parenting Today's Teens	11:00am Central	25 min	Christmas.  Teens are constantly processing the experiences and information they come across each day. Yet many parents rarely get to hear the thoughts going on in their teen's head! This weekend on Parenting Today's Teens, Mark Gregston shares how parents can build a relationship that fosters openness and communication.