

WZGL

WZGL – 88.1FM – Charleston, IL

Quarterly Issues & Programs List

3rd Quarter 2022

July 1 – September 30, 2022

WZGL
Quarterly Issues/Programs List
Programming to Address Community Issues

Below is a list of programs that have provided the station's most significant treatment of community issues during the preceding three-month period.

| ISSUE ADDRESSED | PROGRAM/TITLE/ ORGANIZATION | DESCRIPTION (Guest if applicable) | DATE/TIME | DURATION |
|--------------------------|------------------------------------|---|--------------------------------|-----------------|
| Drug & Substance Abuse | Community Matters | Peer Recovery Specialist and NARCAN instructor with Take Action Today, Paul Tart discusses the programs offered and how they serve people fighting addictions. | 07/10/22 at 05:45am | 00:15:00 |
| Healthy Living | Community Matters | Marisa Moon is a board-certified health and intermittent fasting coach who shares how intermittent fasting can be done and how it can benefit our health and simplify our lifestyles. | 07/17/22 at 05:45am | 00:15:00 |
| Financial Planning | Focus on the Family | A couple who paid off more than \$127,000 in consumer debt shares their story and how they did it through hard work, determination and making better choices to live a life of financial freedom. | 08/04/22 & 08/05/22 at 05:00am | 00:28:00 |
| Mental Health & Suicide | Focus on the Family | Dr. Gregory Jantz describes how friends play an important role in helping someone struggling with depression, who may be thinking about suicide. | 09/15/22 at 05:00am | 00:28:00 |
| Marriage & Relationships | Focus on the Family | Dr. Randy Schroeder offers practical tips for a marriage tune-up and helps you strengthen your relationship with your spouse. | 09/22/22 & 09/23/22 at 05:00am | 00:28:00 |
| Depression | Community Matters | Paul Asay, the Editor of Plugged In talks about his personal struggle with depression and his book, "Beauty in the Browns – Walking with Christ in the Darkness of Depression", which he wrote to encourage his son who also deals with depression. | 09/25/22 at 05:45am | 00:15:00 |