

# **WZGL**

**WZGL – 88.1FM – Charleston, IL**

Quarterly Issues & Programs List

1<sup>st</sup> Quarter 2022

January 1 – March 31, 2022

**WZGL**  
**Quarterly Issues/Programs List**  
**Programming to Address Community Issues**

Below is a list of programs that have provided the station's most significant treatment of community issues during the preceding three-month period.

<b>ISSUE ADDRESSED</b>	<b>PROGRAM/TITLE/ ORGANIZATION</b>	<b>DESCRIPTION (Guest if applicable)</b>	<b>DATE/TIME</b>	<b>DURATION</b>
Special Needs	Focus on the Family	Sandra Peoples shares her personal stories of a sister born with Down Syndrome and a son with Autism, providing hope for families and encouragement for the church.	01/18/22 at 05:00am	00:28:00
Senior Care	Community Matters	Founder and CEO of Retirement Genius, Chris Orestis shares about preparing for long-term care for parents and grandparents and provides advice on how to navigate through these important decisions as a family and help our parents or grandparents have the best long-term care possible.	01/22/22 at 05:45am	00:15:00
International Matters	Community Matters	Sara Foretz, the Lead Reporter and National Spokesperson for Convoy of Hope shares about the Ukrainian refugee crisis and how Convoy of Hope along with local partners and churches are stepping up to help men, women and children who are fleeing their country for safety and security.	03/2/22 at 05:45am	00:15:00
Mental Health	Focus on the Family	Counselor Debra Fileta answers some general questions on mental and emotional health – from codependency to anxiety and depression and getting professional help, encouraging individuals to focus on their family's mental health.	03/24/22 at 05:00am	00:28:00
Personal Growth	Community Matters	Judson Brewer, M.D. Ph.D. is a renowned addiction psychiatrist and neuroscientist, who talks about anxiety and panic and shares from his book, "Unwinding Anxiety – New Science Shows How to Break the Cycles of Worry and Fear to Heal Your Mind".	01/09/22 at 05:45am	00:15:00
Parenting	Focus on the Family	Dr. Gary Chapman helps you better understand how to speak your child's love language, to strengthen your relationship with your children.	02/03/22 & 02/04/22 at 05:00am	00:28:00