Prepared by: Russell Brooks Tuesday, June 27, 2023  Issue Category Date Range			ISSI		PROGRAMS FILE arter 2, 2023	WIZB, 94.3 - Abbeville, Alabama WPHH, 93.5 - Hope Hull, Alabama WTID, 101.7, Graceville, Florida
			Day Part Time Topic/Focus Group			Program Content
Transportation	4/4/2023	4/4/2023	The Morning Cruise	4 min	Peanut Butter is a liquid	Shared declaration by TSA that Peanut Butter is classified as a liquid when traveling.  Shared info on program that offers opportunity to learn
Education	4/5/2023	4/5/2023	Russ and Nancy	2 min	Summer Apprentice Program	about the different job opportunities available in local government
Education	4/5/2023	4/5/2023	Russ and Nancy	2 min	Teacher of the Year	Talked about the importance of good teachers in our lives and the impact they make and we as mention that one of the finalist for Alabama Teacher of The Year is from our listening area
Disaster Relief	4/5/2023	4/5/2023	Terris	2 min	Disaster Preparation	Mentioned resources for help in times of natural disaster, both for help and to be of help
Health/Nutrition/Fitness	4/6/2023	4/6/2023	Mark	2 min	Homeless	Talked about the need to help homeless ministries in our listening areas, and the specific shortages that folks can help with. Toiletries, snacks, detergent, etc.
Family Values	4/6/2023	4/6/2023	The Morning Cruise	7 min	American Cultural Values Shifting	Cultural values of Americans are shifting according to the results of a survey from the University of Chicago regarding patriotism, religion, family, community involvement and money.
Welfare/Safety	4/10/2023	4/10/2023	Russ and Nancy	5 min	Praying for Louisville Kentucky	Took time to honor and pray for those that lost their lives in the shooting as well as uplifting their community
Government	4/10/2023	4/10/2023	Russ and Nancy	2 min	National Public Safety Telecommunications Week	Took note that this was National Public Safety Telecommunications week and talked about the vital link between listener and first responders
Health/Nutrition/Fitness	4/11/2023	4/11/2023	Terris	1 min	Emotional Boundaries	Shared was to practice healthy emotional boundaries

Health/Nutrition/Fitness	4/11/2023	4/11/2023	Mark	2 min	Breakfast Upgrade	Discussed new ideas to freshen up the mundane breakfast routine One is to make breakfast tacos, consisting of a pancake folded in half, with banana pudding in the middle and almonds sprinkled on top. Also works as a dessert
Health/Nutrition/Fitness	4/11/2023	4/11/2023	Russ and Nancy	2 min	Olive Oil Risk	Talked about how that the new olive oil-infused coffee drinks were causing an urgent need to go to the restroom
Health/Welfare/Safety	4/11/2023	4/11/2023	The Morning Cruise	5 min	FBI Warning on public charging devices	Shared FBI's warning to public to not use public charging stations as information can be stolen from devices using those stations.
Health/Welfare/Safety	4/12/2023	4/12/2023	The Morning Cruise	9 min	Anxiety	Led discussion on anxiety and ways to curb in a healthy manner including walking for just 30 minutes a day.
Consumer	4/14/2023	4/14/2023	The Morning Cruise	3 min	FTC - click to cancel	Discussed proposal from Federal Trade Commission to provide a feasible way to cancel a subscription that is just as easy as it is to subscribe.
Family Values/Parenting/Children	4/18/2023	4/18/2023	Russ and Nancy	12 min	A new way to look at the Golden Rule	Shared a different perspective on how to live out the Golden Rule
Health/Nutrition/Fitness	4/19/2023	4/19/2023	Russ and Nancy	8 min	Stress Awareness Day	Offered encouragement and various way to de stress
Health/Nutrition/Fitness	4/24/2023	4/24/2023	Terris	2 min	Recall	Alerted community to a regional recall on food product
Environment	4/24/2023	4/24/2023	Mark	2 min	Lion Fish	Talked about the invasive Lionfish on the Gulf coast, and how fishermen are doing their part to help eradicate the harmful species. Surprisingly enough, they make for great eating! So that's a win/win.
Media	5/3/2023	5/3/2023	Russ and Nancy	3 min	The Hollywood Writers Strike	How will it impact us? Why do they need to strike? Reminder to pray for all involved.
Family Values/Parenting/Childre	5/3/2023	5/3/2023	Russ and Nancy	2 min	Girl Scout Gold Award	Shared about how a young lady in the listening area won the Girl Scouts highest award and her project
Family Values/Parenting/Childre	5/4/2023	5/4/2023	Terris	1 min	Nation Day of Prayer	Informed community where to participate in National Day of Prayer

Environment	5/4/2023	5/4/2023	Mark	2 min	Oil Spill	Informed our listening area of a massive intentional Oil spill covering 33 miles of roads. The culprit was arrested, but we wanted to let our listeners know to avoid the areas if possible.
Health/Nutrition/Fitness	5/5/2023	5/5/2023	Russ and Nancy	2 min	Baby Changing Stations	Shared info on wiping down the baby changing station before use because previous user more than likely did not wipe it down after use.
Consumer	5/5/2023	5/5/2023	The Morning Cruise	3 min	Rapid Security Update	Asked question about a rapid security update that appeared on iPhones that looked different than other update notifications. Heard from listeners with same question and learned that it was a legitimate security update.
Consumer	5/5/2023	5/5/2023	The Morning Cruise	5 min	Google Passkeys	Discussed new product offering from Google called Google Passkeys allowing for a more personalized security feature for Google product users
Welfare/Safety	5/8/2023	5/8/2023	Russ and Nancy		Hurricane Season	Discussed various ways to begin getting ready for Hurricane Season which begins June 1
Health/Nutrition/Fitness	5/12/2023	5/12/2023	Russ and Nancy	2 min	Ear Acupuncture	Shared info on study that suggests that ear acupuncture can help men lose weight. Russ was not amused.
Economy	5/12/2023	5/12/2023	The Morning Cruise	7 min	Job Satisfaction Survey	Discussed findings of a survey on job satisfaction that declared an increase in job satisfaction among the American workforce in 2022.
Consumer	5/15/2023	5/15/2023	Russ and Nancy	3 min	RECALL	Shared information on a recall issued on certain baby formula brand
Health/Nutrition/Fitness	5/16/2023	5/16/2023	Russ and Nancy	2 min	Chocolate milk ban in public schools	Discussed possible chocolate milk ban in schools by the USDA because of high sugar contend even thought there are options with less or no sugar added.
Consumer	5/16/2023	5/16/2023	The Morning Cruise	4 min	Travel Trends in 2023	Discussed current travel trends including travel to destinations featured heavily on TV show, news source or movie. An emphasis on food-focused travel, wellness or self care.
Family Values	5/16/2023	5/16/2023	The Morning Cruise	5 min	Religion Survey	Discussed survey results on religion in America as first reported by NPR. Original study was from Religion Research Institute. Percentage of Americans that identify as religious has declined.

			Russ and			Shared about how there are those who take advantage after a disaster such as a tornado and gave a couple of
Consumer	5/22/2023	5/22/2023	Nancy	2 min	Contractor Fraud	ways to avoid contractor fraud
Health/Nutrition/Fitness	5/26/2023	5/26/2023	Terris	2 min	Anxiety	Encouraged listener to practice intentional mindset, to relieve anxiety
Consumer	5/26/2023	5/26/2023	The Morning Cruise	4 min	America's Most Trusted Brand	Shared findings of a survey that highlighted the most trusted brand by Americans, Band-Aid, UPS, Amazon, Lysol and Kleenex.
Welfare/Safety	5/30/2023	5/30/2023	Terris	2 min	Pool Safety	Shared Advise from Public Safety Board about choosing proper colored, very visible swimwear for kids
Disaster Relief	5/31/2023	5/31/2023	The Morning Cruise	10 min	Hurricane Preparedness	Discussed lingering effects of Hurricane Ian still impacting Southwest Florida. As hurricane season begins on June 1st, shared ideas for hurricane preparedness plans and provided links to state and federal resources with information for residents in hurricane prone areas.
Health/Nutrition/Fitness	6/5/2023	6/5/2023	Terris	1 min	National Start Over Day	Encouraged listener to practice a renewal of thought, on "National Start Over" day
Consumer	6/6/2023	6/6/2023	The Morning Cruise	6 min	Highlights from Apple WWDC	Shared news of new product offerings from Apple.
Health/Welfare/Safety	6/8/2023	6/8/2023	The Morning Cruise	4 min	Canadian Wildfires	Discussed impact of Canadian wildfires on U.S. as smoke covers much of the northeast and as far south as Georgia.
Education	6/9/2023	6/9/2023	Russ and Nancy		Garden Build Day	Shared about upcoming opportunity tot learn how to set up a garden as the Montgomery County Activity Center Community is hosting Garden Build Day.
Family Values/Parenting/Children	6/12/2023	6/12/2023	Mark	2 min	Life Hack	Offered some practical advice to help make sure a restroom is available at home when needed If none are available, just turn off the Wi-Fi. Doors will be unlocked asap
Health/Nutrition/Fitness	6/12/2023	6/12/2034	Russ and Nancy	2 min	Vegetable	Discussed that there is a new favorite vegetable in America as corn edges out broccoli for the first time
Health/Welfare/Safety	6/12/2023	6/12/2023	The Morning Cruise	3 min	Exercise for aging adults	Shared findings of a study where adults aged 70-80 were tasked with taking a brisk walk 4x/week improves brain function.
Family Values/Parenting/Children	6/13/2023	6/13/2023	Russ and Nancy	8 min	Time with Children/Family	Shared various ways to make the time when spend with family quality over quantity

Consumer	6/15/2023	6/15/2023	The Morning Cruise	2 min	Don't Mail Checks	Shared news that bank officials are warning Americans to not mail checks as check fraud criminals are infiltrating USPS offices.
Consumer	6/15/2023	6/15/2023	The Morning Cruise	2 min	Instapot Bankruptcy	Company behind Instapot has declared bankruptcy as sales are down 22% after being a very popular product during the pandemic.
Family Values/Parenting/Children	6/16/2023	6/16/2023	Terris	2 min	Fathers	Mentioned a study about the importance of a father's involvement in the family dynamic
Welfare/Safety	6/19/2023	6/19/2023	Mark	2 min	Travel Safety	Informed listeners of a scam perpetrated after checking in at a hotel. A caller phones the front desk and asks for room 602 (or some random number). When the person answers, the caller tells them there's a problem with their card and asks them to repeat the info over the phone. We advised never giving the info over the phone, but returning to the front desk to clear up any questions.
Health/Welfare/Safety	6/21/2023	6/21/2023	The Morning Cruise	4 min	Naps and brain shrinkage	Shared study that found short naps of 15-20 minutes in length help to prevent brain shrinkage.
Consumer	6/22/2023	6/22/2023	The Morning Cruise	3 min	Lab Grown Chicken	Discussed the news that the FDA has approved lab grown chicken as safe for consumption by American consumers.