

KOTK AM 1420 Omaha Nebraska Quarterly Issues / Programs list - filed: 10/1/2016

Description of Issue	Program	Date	Time	Duration	Description of Program or Segment
(1) Careers	"ReEthink Everything"	7/16/2016	9:06am	42 minutes	Mark Wehner and Joe Hurley talk about the world of careers and about the option of becoming your own boss as an entrepreneur.
(2) Computer Security	"Technically Speaking"	7/30/2016	10:06am	42 minutes	Bryan from Affordable Computer Repair talks about computer viruses and how to save your data.
(3) Eating Too Much Sugar	"Best Life Now"	8/20/2016	8:06am	42 minutes	Dr. Niki Perry discusses the sugar content of certain foods and the impact of a high sugar diet on the body.
(4) Exercise	"Best Life Now"	9/3/2016	8:06am	42 minutes	Dr. Nike Perry and Dr. Fred Roberto talk about the importance of getting exercise and not leading a sedentary lifestyle.
(5) Child Care	"The Michael Medved Show"	9/14/2016	2:06pm	53 minutes	Michael Medved talks about the issue of child care and about Trump's child care plan.
(6) Drug Use	"The Michael Medved Show"	9/7/2016	3:06pm	53 minutes	Michael Medved talks about drug use in our country and about a new study that says more American's are using marijuana than ever.