

# PUBLIC FILE 1

KSFM-FM Sun 6am-6:15am

July 1 - September 30, 2023

Date	Time	Show #	Topic/Guest
7/2/2023	15:00	#701	<b>Great American Triathlon:</b> The Nor Cal Summer Triathlon tradition of Running, Cycling, and Paddling on the American River Parkway continues in the event previously known as, "Eppie's Great Race." The challenging course is set up along one of the most beautiful urban landscapes in America. This no-swim triathlon is a 24.42-mile run, ride, and paddle event unlike any other. <b>Guest:</b> Ken McGuire
7/9/2023	15:00	#702	<b>Great American Triathlon:</b> (Repeat)
7/16/2023	15:00	#703	<b>Food Literacy Center:</b> Our food system is linked to a host of problems: obesity, climate change, unhealthy diets, lack of food access, food safety concerns, workers' rights, and more. The problems can feel overwhelming, while the burden of finding reliable information often falls to the consumer. Obesity is the number one cause of preventable death. 40% of Sacramento kids suffer from childhood obesity. One in three has type 2 diabetes. The mission is to inspire kids to eat their vegetables. <b>Guest: Amber Stott</b>
7/23/2023	15:00	#704	<b>Big Brothers Big Sisters:</b> When children and teens have the influence of a caring adult, they are more likely to avoid risky behaviors and to focus on academics. Today's youth face a variety of challenges and being matched with a Big Brother or Big Sister can help them navigate these challenges and reach their potential. <b>Guest:</b> Brenda Fraser
7/30/2023	15:00	#705	<b>Del Oro Caregiver Resource Center:</b> An independent, private, non-profit program funded by the Department of Health Care Services, Area 4 Agency on Aging, grants, and private donations. The mission is to improve the well-being of family caregivers and provide support throughout the care giving process. Del Oro provides a variety of services to help support caregivers. <b>Guests:</b> Michelle Nevins

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Date	Time	Show#	Topic/Guest
8/6/2023	15:00	#801	<b>Me One - Vinyl Record Fair:</b> The 2023 Summer Vinyl Record Fair was an escape for music lovers. The event featured 1,000's of vinyl LP's, records, CD's, cassettes, and vintage audio from dozens of vendors. A portion of the proceeds went to the Me One Foundation where they offer a cost free weekend getaway for adult cancer patients and their families. <b>Guests:</b> Erica Pope and Eddie Beasom
8/13/2023	15:00	#802	<b>Jake's Journey Home:</b> Jake Shuman, a Seabee Veteran, and small business owner passed away unexpectedly, leaving behind a legacy of empathy, generosity, and humility. Jake's larger-than-life personality, entrepreneurial spirit, and aggressive work ethic imparted a sense of "you are important to me." Always willing to share time, resources, and opportunities; respect was at the very heart and essence of Jake. Jake's Journey Home will continue the legacy of doing what you can to help someone's tomorrow be better than today. <b>Guests:</b> Jean Shuman, and Jake's twin sister, Nicole
8/20/2023	15:00	#803	<b>Out Of The Darkness Walk:</b> American Foundation for Suicide Prevention, Sacramento Chapter, held their annual walk September 9 <sup>th</sup> at Sutter Health Park. The chapter is active throughout the year with educational outreach activities as well as the 7 Out of the Darkness Community & Campus Walks each fall & 5 Survivor Day sites each November. The grassroots work they do focuses on eliminating the loss of life from suicide. <b>Guest:</b> Erica Brown and Jolene Prosser
8/27/2023	15:00	#804	<b>Chalk It Up:</b> A celebration of chalk art, music, and community. Empowering and supporting the next generation of artists through targeted art grants for young artists and programs that inspire them. The annual event brightens up sidewalks, parking lots, and driveways, in and around Sacramento all Labor Day weekend. <b>Guest:</b> Christy Jourdan

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9/3/2023	15:00	#901	<b>Run To Feed The Hungry:</b> The inaugural event was held Thanksgiving morning in 1994 and featured 796 people. This Sacramento tradition is now the largest run in Sacramento and also the largest Thanksgiving Day fun run in the country. Run to Feed the Hungry is run by Sacramento Food Bank & Family Services. All profits directly benefit the organization. <b>Guest:</b> Blake Young
9/10/2023	15:00	#902	<b>Sac Heart &amp; Stroke Walk:</b> Funding lifesaving science that can create an artificial heart valve prevent a stroke, put scientific advances into doctors' hands and correct heart defects in newborn babies. And maybe someday, find a cure for high blood pressure. Science that can teach us all how to live longer and healthier. The American Heart Association's Sacramento Heart and Stroke Walk was held Saturday, Sept. 23, at William Land Park. <b>Guest:</b> Dr. Tasnim Khan
9/17/2023	15:00	#903	<b>Visit Sacramento:</b> The Downtown Sacramento Partnership is excited to see people dining in restaurants, exploring attractions, and enjoying a day of fun after COVID. Visit Sacramento helped turn the lights back on in the region. A few recent highlights include remodeling the convention center, and booking several national events. One of the marquee events is the NCAA Men's College Basketball Tournament. <b>Guest:</b> Mike Testa
9/24/2023	15:00	#904	<b>Light The Night LLS:</b> When you or someone you love hears the words "you have cancer"... it's one of the darkest moments of your life. For patients and their loved ones, The Leukemia & Lymphoma Society's Light The Night offers hope instead of helplessness, connection instead of loneliness, and life-saving research and support at every step. When we come together as a community, we bring more people out of the dark. <b>Guest:</b> Jenaye Shepherd

\*9/20/2023\* I'm Listening: Audacy presented the annual "I'm Listening" event, a live national program that brings together artists, athletes, and medical specialists to raise awareness and end the stigma of talking about mental health.

## PUBLIC FILE 2

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Date	Time	Show#	Topic/Guest
7/2/2023	15:00	#701	<b>Regional Water Authority:</b> Representing the regional water supply interests and assisting in protecting and enhancing the reliability, affordability, and quality of water resources. Collaboration improves the abilities to manage water resources to provide high quality water supplies to the public at a reasonable cost, to promote a sustainable environment, and to support a vibrant economy. <b>Guest:</b> Amy Talbot
7/9/2023	15:00	#702	<b>Stanford Sierra Youth and Families:</b> Stanford Youth Solutions and Sierra Forever Families officially merged in July 2019. Both organizations had complementary missions and operations, and had extensive history of collaborating to provide services and support to youth and families. Now, Stanford Sierra Youth & Families, is a well-established nonprofit agency that has proudly served our community for a combined total of 150 years. <b>Guests:</b> Beatrice Lodia and Carla Zaragoza
7/16/2023	15:00	#703	<b>UC Davis Children's Hospital:</b> The fundraiser was billed as a tribute to the US Festival. It was held at the Boardwalk in Orangevale. New owners, Derek, and Sara, have made it their mission to give back to local charities. Six tribute bands came together to benefit the kids at UC Davis Children's hospital. <b>Guests:</b> Teri Allison and Thomas Murphy
7/23/2023	15:00	#704	<b>Vitalant:</b> When you give blood with Vitalant, you have the potential to help hospital patients within your community and nationwide. Their experienced team works to quickly deliver blood where it's needed most. The benefits of their larger footprint include leveraging the coast-to-coast network of donation centers, so every donation has the potential to impact more lives. Patients require a constant and ready blood supply. It's the blood already on hospital shelves that saves lives. <b>Guest:</b> Vicki Wolfe
7/30/2023	15:00	#705	<b>Vitalant: (Repeat)</b>

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8/6/2023	15:00	#801	<b>Del Oro Caregiver Resource Center:</b> Part of a statewide system of resource centers serving family caregivers. An independent, private, non-profit program funded by the Department of Health Care Services, Area 4 Agency on Aging, grants and private donations. The mission is to improve the well-being of family caregivers and provide support throughout the care giving process. Del Oro provides a variety of services to help support caregivers. <b>Guest:</b> Michelle Nevins
8/13/2023	15:00	#802	<b>Big 5 Give Back:</b> Robert Craig Films was founded in 2019 in Meadow Vista, California with the goal of producing inspirational family films. Founder, Robert Craig, enjoys producing full length feature films that all families can enjoy. Robert Craig Films is Giving 50% of Net Proceeds to Nonprofit Organizations. The new film, "No Address", is about a group of people experiencing homelessness. <b>Guest:</b> Jennifer Stolo
8/20/2023	15:00	#803	<b>Capital Cup:</b> Local executives get together at various are golf courses to raise money for local charities in the annual Capital Cap tournament. The tournament was modeled after the Ryder-Cup. The average charity golf tournament in the U.S raises about \$20,000. Their fundraising goal is \$2,000,000. <b>Guests:</b> Co-Captains Curt Kaufman and Eric Johnson
8/27/2023	15:00	#804	<b>Me One - Vinyl Record Fair:</b> The 2023 Fall Vinyl Record Fair is an escape for music lovers. The event featured 1,000's of vinyl LP's, records, CD's, cassettes, and vintage audio from dozens of vendors. A portion of the proceeds went to the Me One Foundation this year where they offer a cost free weekend getaway for adult cancer patients and their families. <b>Guests:</b> Erica Pope and Eddie Beasom

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9/10/2023	15:00	#902	<b>Boardwalk Maui Fundraiser:</b> In partnership with several local companies and individuals, The Boardwalk is coordinating an effort to commission 100 tiny homes out of Texas, at a cost of 2.5 million dollars to fund the project. The Operation Help Maui event featured 5 local bands, donating their time for the cause. <b>Guest:</b> Derek Clark
9/17/2023	15:00	#903	<b>Mariachi Bonitas:</b> Established in 2020, Mariachi Bonitas de Dinorah Klingler is an all-female Mariachi that was created to share the captivating art of Mariachi music in Northern California. Under the direction of award winning singer, songwriter and musician, Dinorah Klingler, Mariachi Bonitas has created a space for female Mariachi musicians to voice their love for Mariachi. <b>Guest:</b> Dinorah Klingler
9/24/2023	15:00	#904	<b>Fallen Heroes:</b> Bringing a unique healing experience to aid the Veteran and First Responder in their emotional trauma – a trauma that effects the body, mind, spirit & soul. The Emotional body has become disturbed and has associated with the flow of the whole self. When a person loses connection to their self, they become trapped and frozen within themselves. Military training teaches a person how to disassociate with the emotions; at FSP, they help bring you back. <b>Guest:</b> Jeremy Duckham

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