

**KGOH
DIVINE MERCY RADIO, INC.
ISSUES AND PROGRAMS FIRST QUARTER 2024**

ISSUE Health

01 11 2024 at 1200 The Doctor Is In 60 minutes The Doctor Is In is hosted by Dr. Ray Guarendi, who brings to the program a wealth of academic credentials and personal life experience. He deals with personal problems, family issues, and professional questions. On this episode, Dr. Ray focuses on becoming who we should be as followers of Christ rather than saying, that is not who I am. The first caller, a caller from Ohio, explained that his son graduated recently with a psychology degree, but now works in construction and lives at home. The caller wants to start charging his son rent, but is afraid of challenging him to do something that he believes is for the good of his son. Dr. Ray observed that the caller's son is being manipulative and suggested that the dad there is no good time or way to have a difficult conversation with his son. The dad will need to have the conversation with his son and be of the same mind as his wife. Dr. Ray continued to take calls from other listeners for the remainder of the hour.

01 18 2024 at 1200 The Doctor Is In 60 minutes The Doctor Is In is hosted by Dr. Ray Guarendi, who brings to the program a wealth of academic credentials and personal life experience. He deals with personal problems, family issues, and professional questions. On this episode, Dr. Ray talks about the dangers of screen time in people of all ages, but especially for children. The first caller, Joe, feels called to help a man whom he previously helped by giving a ride to an apartment, but Joe does not know how far he can go without knowing any history about the man. Dr. Ray cautioned Joe to be wary not knowing much of the man's history, but suggested that Joe can take him to breakfast and get to know more of his history and letting the man know someone cares for his well being. Dr. Ray continued to take calls from other listeners for the remainder of the hour.

01 25 2024 at 1200 The Doctor Is In 60 minutes The Doctor Is In is hosted by Dr. Ray Guarendi, who brings to the program a wealth of academic credentials and personal life experience. He deals with personal problems, family issues, and professional questions. On this episode, Dr. Ray talks about forming habits good and bad. He addresses gambling and positive reinforcement. The first writer says that his father has become very radical in his faith to the point of turning family members away from the church. Dr. Ray first said that your faith must be yours and should not be influenced by others around you. Dr. Ray then gave some helpful insight into how the writer should approach his dad in order to help him get his message across. Dr. Ray then continued to answer writers and callers.

02 01 2024 at 1200 The Doctor Is In 60 minutes The Doctor Is In is hosted by Dr. Ray Guarendi, who brings to the program a wealth of academic credentials and personal life experience. He deals with personal problems, family issues, and professional questions. Dr. Ray talks about how to handle your spouse's feelings and how not to. He gives practical advice before taking calls for the rest of the hour.

02 08 2024 at 1200 The Doctor Is In 60 minutes The Doctor Is In is hosted by Dr. Ray Guarendi, who brings to the program a wealth of academic credentials and personal life experience. He deals with personal problems, family issues, and professional questions. In this episode he answers questions about parenting, family, discipline and Faith. The first caller says that she feels disrespected by her husband because he shuts her down and does not listen to her. Dr. Ray told her to stay strong and to stick up for herself. He told her to not allow her husband to play mind games. The rest of the show Dr. Ray continued to answer questions.

02 15 2024 at 1200 The Doctor Is In 60 minutes The Doctor Is In is hosted by Dr. Ray Guarendi, who brings to the program a wealth of academic credentials and personal life experience. He deals with personal problems, family issues, and professional questions. Dr. Ray asks if a teenager following your advice 90 percent of the time is good enough. He points out that if the teen only follows because the teen agrees then the teen is the one who is really in charge. The teen is not truly listening to the parent and being obedient because the teen does not listen fully. Dr. Ray then says the same is true about those who do not follow all of the teachings of the Church but follow 90 percent. You are not obedient and are rebellious. Lee from Oklahoma calls in to ask about the difference

between being transgender and transvestite. The difference Dr. Ray says is that transgender says that they are the opposite gender, but transvestite simply dress up as the other.

02 22 2024 at 1200 The Doctor Is In 60 minutes The Doctor Is In is hosted by Dr. Ray Guarendi, who brings to the program a wealth of academic credentials and personal life experience. He deals with personal problems, family issues, and professional questions. Today Dr. Ray talks about parenting issues from diaper dilemmas to teenage traumas and even college move out days. Lisa from Norfolk, Nebraska is the first caller and is dealing with hurt, anger and more due to a cousin who got the grandmother to cut everyone out of the will. He advised her to go directly to the grandmother and ask what is going on and why. She might not like the answer she is given, but she needs to go directly to the grandma. Dr. Ray then continued to answer calls.

02 29 2024 at 1200 The Doctor Is In 60 minutes The Doctor Is In is hosted by Dr. Ray Guarendi, who brings to the program a wealth of academic credentials and personal life experience. He deals with personal problems, family issues, and professional questions. Steve from Texas is his first caller. His sons ex girlfriend is relying on him to make her help her and get through a death in her family. Dr. Ray asks about the issue and the man reveals more. The son is trying to be friends and help her, but she wants more. Dr. Ray said that the son needs to be careful and set boundaries so that the girl knows that they are not getting back together.

03 07 2024 at 1200 The Doctor Is In 60 minutes The Doctor Is In is hosted by Dr. Ray Guarendi, who brings to the program a wealth of academic credentials and personal life experience. He deals with personal problems, family issues, and professional questions. On this episode Dr. Ray talks about how middle children struggle and how parents can avoid it. He makes the case that temperament is more important than age order and of course the parent and how they treat their child has more impact than birth order. The first caller is named Jessica and she is from North Carolina. Her daughter will be born at the end of summer. Dr. Ray advises her to amp her 6 year old to be excited for a sibling. Dr. Ray recommends that she tell her son now instead of waiting until her belly is showing. He encourages her to be encouraging to her son when the siblings come. Dr. Ray continued to take calls the rest of the hour.

03 28 2024 at 1200 The Doctor Is In 60 minutes The Doctor Is In is hosted by Dr. Ray Guarendi, who brings to the program a wealth of academic credentials and personal life experience. He deals with personal problems, family issues, and professional questions. Dr. Ray talks about how the apostles must have struggled with the death of Jesus before the Resurrection. The darkness that they lived in for 3 days must have been very great indeed. The first caller he takes is from Pennsylvania and her name is Donna. Her mother is 95 years old and struggles with memory at times. She got into an argument with her mother and her mother perceived the children to be raising her voice at her. Donna claims that they did not, but Dr. Ray says that her mother is probably starting to lose it a little bit and that is the reason that she is perceiving things differently.

Certified by **Nathan Lang** March 31, 2024