## **Quarterly Issues 2023 First Quarter**

# January-March

Money and Finances, Eating Disorders, Overcoming Betrayal and Adultery, Forgiveness, Black History Month, Human Trafficking, Alzheimer's, Blended Families, Grief and Death, Dealing with Regret, Restoring Brokeness,

## **First Quarter**

#### **Issue: Finances**

January 10 at 6:00 for 30 minutes we broadcast a phone in roundtable with financial experts our listeners could ask questions about personal financial concerns.

## **Issue: Eating Disorders**

January 30, for 25 minutes, we had an interview with Clinical Psychiatrist Dr. Margaret Nagib, to discuss this devastating epidemic of eating disorders. Dr. Nagib identified the widespread impact of diseases such as bulimia and anorexia, and how those struggling can find healing and restoration.

## Issue: Overcoming adultery in a marriage

February 1 at 8:00 for 25 minutes we carried a discussion with husband and wife, Rick and Tiffany Bulman. They discussed the action they took to heal their marriage after she had an affair. He is now a senior Pastor and author as they lead an organization to re-build marriages.

## **Issue: Forgiveness**

February 2 at 8:30 for 25 minutes, we aired an interview with author Roland C. Warren about anger and unforgiveness, and steps to take to forgive.

## **Issue: Black History Month**

February 9 at 9:30, for 25 minutes, we broadcast a speech by Alveda King, niece of Dr Martin Luther King Jr, about their family and how they changed the nation.

## **Issue: Human Trafficking**

March 3 at 9:30, for 25 minutes, we carried an interview with Jessa Crisp who had been the victim of human trafficking. She discussed how she was able to get to a safe house and how the recovery and healing have taken place in her life, as well as steps we can take to protect our children.

#### **Issue: Alzheimers**

At 8:00 for 25 minutes on March 3, we shared a lecture by University President and author, Dr. Robertson McQuilkin about what he learned about caring for a loved one with Alzheimer's disease.

## **Issue: Blended Families**

March 9 at 8:30 for 25 minutes we carried an interview with Ron Deal about the challenges of a blended family and research to assist families with a new marriage.

## Issue: Death and Grief

March 20, 2023 At 9:30 am for 25 minutes, we aired a discussion with Dee Breston about the loss of here husband, dealing with the grief and loneliness, and how to move forward in life.

## **Issue: Dealing with Regret**

March 27, we broadcast a discussion with Scott Sauls about facing regret, fear, and shame and getting a new start. 8:30 for 25 minutes.

## **Issue: Restoring brokenness**

March 29 at 8:00 for 25 minutes, we carried an interview with author Elisa Morgan about ways to get back up and piece life back together after hardship and tragedy.