

Quarterly Issues/Programs List and Report
KNWI/KNWM 107.1/96.1 - Music
KNWI 107.1 FM HD2 /K264CD-FM 100.7 FM – Talk

July August September 2023

1. Children – Finances, Phone Time
2. Healthy Lifestyles – Relationships, Self-Care, Emotions, Busyness
3. Mental Health – Dysfunctions, Triggers, Bitterness
4. Finances- Insurance, Interest Rates, Generosity, Saving
5. Environment – Air Pollution

Afternoon Show –(AS) Local. Four hour program with segments with Mariah Lewis throughout airs on M-F 3p – 7p Music

Afternoons with Bill Arnold: (AWB) Local. Two-hour program with host Bill Arnold aired on M-F 4p-6p Talk

Breakpoint (BP) - Updates both current events and issues relevant to culture, family, and the church. 7:26a M-F Talk

Evening Show –(ES) Local. Five hour program with segments with Kristy Heilman throughout airs Music 7p - mid

Mid-Day Show –(MD) Local. Five hour program with segments with Theresa Ross throughout airs on M-F 10a – 3p

Morning Show –(MS) Local. Five hour program with segments with Taylor & Jen throughout airs on M-F 5a – 10a Music

Mornings with Carmen Leberge (MCL) Local. Host Carmen LaBerge. Various guest hosts a two-hour program with local news and relevant community

ISSUES	PROGRAM	DATE	TIME	LENGTH	Music Talk	PROGRAM DESCRIPTION
Children/ Parenting	Morning Show	Aug 1	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen better strategies to get children to spend less time on their phones.
Children/ Parenting	Morning Show	Aug 16	7:15a	2:23 min	Music	Dr. Heidi discusses with Taylor and Jen how to help your child face a challenging school year.
Children/ Parenting	Morning Show	Aug 23	7:15a	2:23 min	Music	Dr. Heidi discusses with Taylor and Jen the difference between practicing with parenting through practice or training.
Finance/Insurance	Morning Show	July 13	7:15a	2:30 min.	Music	Our friends at Compass Financial share practical ways to think about insurance.
Finance/Interest Rates	Morning Show	Aug 3	7:15a	2:20 min.	Music	Our friends at Compass Financial how to think about interest rates.
Finances/ Faith/hardships	Evening/ Weekend	July	7-11p(E) 8- 6am(W) (in rotation)	1 min.	Music	Our friends at Compass Financial share practical ways to help you take care of your finances: Alan: Intentional Spending Justin: Teaching your kids about finances
Finances/Invest/Life style	Evening/ Weekend	Sept	7-11p(E) 8- 6am(W)	1 min.	Music	Our friends at Compass Financial share practical ways to help you take care of your finances: Alan: Looking out for phantom costs Justin: Being generous with your finances, your talents and your time.
Financial/Children and Money	Morning Show	Sept 14	7:15a	2:14min	Music	Our friends at Compass Financial talk how to teach your children about money.
Financial/Generosity	Morning Show	Aug 31	7:15a	2:25 min	Music	Our friends at Compass Financial talk about why it's still worthwhile to be generous if you're not getting as big of a tax break.

Financial/Retirement	Morning Show	Sept 7	7:15a	2:25 min	Music	Our friends at Compass Financial talk about how it's never too late to start saving for retirement.
Financial/Saving	Morning Show	Sept 21	7:15a	2:14min	Music	Our friends at Compass Financial talk the value of "paying yourself first."
Financial/Unexpected	Morning Show	Aug 10	7:15a	2:23 min	Music	Our friends at Compass Financial how to prepare for and respond to the unexpected with your money.
Generosity and Marriage	SLL	8/8/23	3:04 pm CT	50 minutes	Talk	Susie and Kevin Larson talk about the financial struggles they've dealt with in their marriage and the steps they took to financial stability
Healthy Lifestyles/Relationships	Morning Show	July 11	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen how to make and keep friends when life is busy.
Healthy Lifestyles/Busyness	Morning Show	Sept 19	7:15a	2:14min	Music	Dr. Heidi discusses with Taylor and Jen coping with an overwhelming schedule.
Healthy Lifestyles/Community/Athletics	Faith and Life Today	July 29	6:00a	14 min	Music	RJ Sumrall, Director of Mid-Iowa FCA, joins Jen to talk about how FCA builds relationships with athletes and coaches alike—loving them, encouraging them, and leading them to the feet of Jesus.
Healthy Lifestyles/Community/Charities/Clothing Needs	Faith and Life Today	July 8	6:00a	14 min	Music	The clothes you wear may impact the opportunities you receive. Thankfully, Dress for Success is here to help women dress in a way that helps them achieve their dreams!
Healthy Lifestyles/Community/Charities/Hunger	Faith and Life Today	Aug 5	6:00a	14 min	Music	What do bicycles and burritos have in common? They're both being used by the Urban Bicycle Food Ministry every Thursday to help the homeless and food insufficient in Des Moines get some of the essentials they need.
Healthy Lifestyles/Community/Charities/New Families	Faith and Life Today	Aug 12	6:00a	14 min	Music	Where does a new mom or dad go for help when they need to basic necessities for their new baby? Mary's Helping Hands is helping put things in the hands of those parents - that have been generously donated by the community. They're seeing a big need - and have an opportunity for you to lend a hand.
Healthy Lifestyles/Community/Charities/New Families	Evening/Weekend	Aug	7-11p(E) 8-6am(W) (in rotation)	1 min.	Music	Where does a new mom or dad go for help when they need to basic necessities for their new baby? Mary's Helping Hands is helping put things in the hands of those parents - that have been generously donated by the community. They're seeing a big need - and have an opportunity for you to lend a hand.
Healthy Lifestyles/Community/Charities/Poverty	Faith and Life Today	Aug 19	6:00a	14 min.	Music	Freedom for Youth serves kids throughout Central Iowa from Kindergarten through High School in after school programs, and they've expanded to help young adults learn skills to help

						them succeed in the future. Brian Patterson and Nate Evans join Jen to share about the work God's doing through Freedom Construction Services.
Healthy Lifestyles/Community/Pregnancy	Faith and Life Today	July 1	6:00a	14 min	Music	The work happening at Agape Pregnancy Resource Center is changing lives, but not just for one mom and her child - it's changing generations
Healthy Lifestyles/Community/Second Chances	Faith and Life Today	Aug 26	6:00a	14 min.	Music	Grief is difficult for all of us, but it can be especially difficult to know how to help our kids grieve well. Sasha Mudlaff is the co-owner and current Vice President of Hamilton's Funeral Home and specializes in working with grieving children. Sasha joins Jen to talk about the books she's written to help families, and how Hamilton's has become a source for grief care in Des Moines and Central Iowa.
Healthy Lifestyles/Community/Second Chances	Faith and Life Today	Sept 2	6:00a	14 min.	Music	There's power in second chances. Joseph and Bradford Johnson of Change Course have seen their career development program drastically change the lives of people in our community. Their first class has graduated and they join Jen to share about what God's doing through Change Course.
Healthy Lifestyles/Community/Second Chances	Faith and Life Today	Sept 16	6:00a	14 min	Music	Is your child interested in a career in the trades? Derek Ingle from the Des Moines Electrical Apprenticeship shares about a local program that can help students enter an in-demand field of work.
Healthy Lifestyles/Emotions	Morning Show	Sept 12	7:15a	2:14min	Music	Dr. Heidi discusses with Taylor and Jen the unexpected dangers of venting your frustration and what to do instead.
Human Trafficking	SLL	8/4/23	3:04 pm CT	50 minutes	Talk	Charles Martin shares how his own experience in witnessing human trafficking inspired by his novel "The Record Keeper"
Marriage/Divorce	AWB	9/5/23	5:04 pm CT	50 minutes	Talk	How the church can help by getting involved in people's marriage problems. Dr. Bob Moeller from For Keeps Ministries talks about accountability. What it means to be a friend and love at all times, even when it's hard.
Mental Health/Abuse	Morning Show	Aug 8	7:15am	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen discusses how to recognize abuse in a relationship.
Mental Health/Anxiety	Morning Show	July 5	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen how to deal with anxiety.
Mental Health/Bitterness	Morning Show	Aug 29	7:15a	2:31 min	Music	Dr. Heidi discusses with Taylor and Jen how to let go of bitterness.
Mental Health/Dysfunction	Morning Show	July 18	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen how to tackle your dysfunction by understanding how it's helping you.

Mental Health/Habits	Morning Show	Sept 5	7:15a	2:25 min	Music	Dr. Heidi discusses with Taylor and Jen what your bad habits are really telling you.
Mental Health/Triggers	Morning Show	July 25	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen the opposite of triggers – “glimmers” and how they can help.
Pollution and Anti-biotic Resistance	MCL	8/15/23	7:10 am CT	12 minutes	Talk	Dr. Nicks outlined the connection between air pollution and how there may be a link to anti-biotic resistance. Also discussed the latest Covid strain
Sanctity of Life	AWB	9/13/23	5:04 pm CT	50 minutes	Talk	Melissa Ohden, of the Abortion Survivors Network, shares what it’s been like to survive an abortion. She talks about inspiring survivors in their pursuit of finding their birth mothers.
Training upcoming blue collar workers in character as a matter of National Security	MCL	8/10/23	6:35 am CT	15 minutes	Talk	David Hataj talks about the need for training blue collar workers in ethics and character. This especially in light of the need for more trade workers to support military infrastructure where National Security is important

If the relevancy of other issues becomes evident as the quarter progresses, those issues would be added.

CHARITIES	local charitable organizations helping people in the community with various issues
DISABILITIES	how to cope; how to help; care giving, special needs children; life-altering injuries, etc.
ECONOMICS	handling of ; misuse of; getting out of debt; etc.
EDUCATION	Bringing aware to the issues of education in the community, etc.
EMERGENCY ISSUES	relief for victims of natural disasters; local disaster relief, etc.
ENVIRONMENT	how to save energy, use fewer resources
FAMILY & CHILDREN ISSUES	help for disadvantaged families and children
HEALTH LIFESTYLES	eating behaviors/disorders, obesity, addictions; prevention of disease; etc.
IMMIGRATION	helping immigrants; illegal immigrant issues; etc.
JUVENILE DELINQUENCY	case stories, how to prevent; teaching teens; etc.
MARRIAGE/DIVORCE	building healthy marriages, preventing divorce/affairs/ how to handle/ impact on; etc.
MONEY	handling of ; misuse of; getting out of debt; etc.
POVERTY	where to find help, how to help those in need
PUBLIC HEALTH SAFETY	bringing awareness to the of issues that affect the health and safety of the community
RACE	racial retaliation; hate crimes; discrimination; etc.
RECREATION	bringing awareness to the public of recreation events happening in the community
RELIGION	Information regarding religious and spiritual issues, etc.
SENIOR CITIZENS	information regarding the aging; retirement, health etc.
UNEMPLOYMENT/EMPLOYMENT	Coping, finding assistance, help re-entering work force
WOMEN’S ISSUES	discrimination; workplace issues; etc.
A list of programs that have provided the station’s most significant treatment of community issues. The list shall include a brief narrative describing what issues were given significant treatment and the programming that provided this treatment.	