

**Quarterly Issues/Programs List and Report**  
**KNWI/KNWM 107.1/96.1 - Music**  
**KNWI 107.1 FM HD2 /K264CD-FM 100.7 FM – Talk**

January February March 2023

1. Children –Relationships, Self-worth, Anxiety
2. Healthy Lifestyles – Relationships, Family Planning, Human Trafficking
3. Mental Health – Anxiety, Grief
4. Finances- Elderly Parents, Transitions, Investments

**Afternoon Show –(AS)** Local. Four hour program with segments with Mariah Lewis throughout airs on M-F 3p – 7p Music

**Afternoons with Bill Arnold:** (AWB) Local. Two-hour program with host Bill Arnold aired on M-F 4p-6p Talk

**Breakpoint** (BP) - Updates both current events and issues relevant to culture, family, and the church. 7:26a M-F Talk

**Evening Show –(ES)** Local. Five hour program with segments with Kristy Heilman throughout airs Music 7p - mid

**Mid-Day Show –(MD)** Local. Five hour program with segments with Theresa Ross throughout airs on M-F 10a – 3p

**Morning Show –(MS)** Local. Five hour program with segments with Taylor & Jen throughout airs on M-F 5a – 10a Music

**Mornings with Carmen Leberge** (MCL) Local. Host Carmen LaBerge. Various guest hosts a two-hour program with local news and relevant community

ISSUES	PROGRAM	DATE	TIME	LENGTH	Music Talk	PROGRAM DESCRIPTION
ADDICTIVE BEHAVIOR	SLL	09-Mar	3 p	55 min.	Talk	Irene Rollins Many people aren't even aware that they live in an addiction cycle, unaware of how unmanageable their lives have become. But there is hope. Irene Rollins shared from her book, "Reframe Your Shame: Experience Freedom from What Holds You Back." Together,
BUSINESS	MCL	04-Jan	6:00 a	2 hours	Talk	Bill English - Bible and Business New year, new laws have gone into effect Bill's bible reading plans and practices?
BUSINESS	MCL	01-Feb	6:00 a	2 hours	Talk	Bill English - Bible and Business Investment Managers to Invest Under ESG Regulations, Republican States Sue Elder care and an opportunity for Christians and churches Inside the Controversial Sales Practices of the Nation's Biggest Title Lender:
Children/ Parenting	Morning Show	14-Feb	7:15a	2:20 min.	Music	Dr. Heidi discusses with Taylor and Jen the importance of teaching kids to love with limits.
Children/ Parenting	Morning Show	21-Feb	7:15am	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen why it is important to learn to ask for help.
Community/ Police	Faith and Life Today	04-Mar	6:00a	14 min.	Music	Bill Raine took a step of faith to help others get a ride. Job Rides now serves more than a hundred people in the Des Moines metro by giving them a ride to work. Bill Raine and Kathleen Till Stange join Jen to talk about the work Job Rides is doing and how they hope this ministry grows to help more people.
CULTURAL	MCL	20-Mar	6:00 a	2 hours	Talk	Adam Carrington - Hillsdale College NY employee fired for skipping LGBT training sessions and doing so on religious grounds. North Dakota Supreme Court ruling temporarily blocking abortion ban , How recent lawsuits could affect access to abortion pills The challenge 2024 GOP presidential hopefuls face, having to navigate taking a pro-life position in a post-Roe world What? Okla. Lawmaker says Bible endorses corporal punishment for disabled children?
CULTURAL	SLL	11-Jan	3 p	55 min.	Talk	Jeff Kinley Global powers make decisions every day that leave you scratching your head. What is becoming of this world? Jeff Kinley returns to the program to shared from his book, "Global Reset: Do Current Events Point to the Antichrist and His Worldwide Empire?"

CULTURAL	SLL	27-Jan	3 p	55 min.	Talk	Thann Bennett You want to be aware of the times, but also stay focused on the True and beautiful. Thann Bennett returned to the program to help you stay informed without being consumed by the news, and be equipped to make a difference
CULTURE	MCL	03-Jan	6:00 a	2 hours	Talk	Dr Jeff Barrows - Christian Medical & Dental Association -HHS proposes new provider conscience rule New Year's Resolutions: What's the Best Way to Make — and Keep — Them?
CULTURE	MCL	05-Jan	6:00 a	2 hours	Talk	Ben Johnson - The Rights Writer / Senior Reporter/Editor - The Washington Stand laws have gone into effect Bill's bible reading plans and practices? TX Supremes Condemn Boy to Trans-treatment in CA: COVID Monies used to fund Planned Parenthood: FDA to allow retail pharmacies to dispense Abortifacients, including via mail.
CULTURE	MCL	25-Jan	6:00 a	2 hours	Talk	Jeff Bilbro - Grove City College / Front Porch Republic We are always learners, right? Allowing ourselves to be taught...never outgrowing discipleship...Centering Humanity in the age of ChatGPT Aretha Franklin's song "Natural Woman" in the cross hairs of trans activism Nancy Pelosi had priests perform an exorcism in the house after her husband Paul was attacked M&M's spokescandies controversy
CULTURE	MCL	14-Mar	6:00 a	2 hours	Talk	Dr. Jeff Barrows - Christian Medical & Dental Association VA judge rules embryos are property using chattel slavery law: Tirzepatide – a "miracle" weigh loss drug?? Endurance Exercise Tied to More Coronary Atherosclerosis- Walgreens Faces Blowback for Not Offering Abortion Pill in 21 States
ENVIRONMENT/SCIENCE	MCL	08-Feb	6:00 a	2 hours	Talk	Heather Zeiger - science writer / editor, BioEthic.com Scientists plot the resurrection of a bird that's been extinct since the 17th century; Dodo Do we want to discuss earthquakes, considering the earthquake that happened in Syria and Turkey? Also, the AP had this list of the deadliest earthquakes in the last 25 years:
FAMILY / CHILDREN	SLL	22-Mar	3 p	55 min.	Talk	Jedd Medfind Jesus called us to care for the orphans, but what does that look like? President of the Christian Alliance for Orphans, Jedd Medfind joined guest host Thann Bennett and offered an invitation to orphan care. In the big and the small of life, you can serve orphans in your community and globally
Finances/ Family Finance	Evening/ Weekend	Jan	7-11p(E) 8-6am(W) (in rotation)	1 min.	Music	Our friends at Compass Financial share practical ways to help you take care of your finances: Alan: Honoring God with your finances Justin: Being financially fit by tracking your spending
Finances/ Faith/hardships	Evening/ Weekend	Feb	7-11p(E) 8-6am(W) (in rotation)	1 min.	Music	Our friends at Compass Financial share practical ways to help you take care of your finances: Caleb: Focusing on what you can control in your finances to eliminate stress from market volatility. Michele: Financial Planning in a time with interest rate hikes, inflation and stock market volatility.
Finances/Invest/Lifestyle	Evening/ Weekend	March	7-11p(E) 8-6am(W)	1 min.	Music	Our friends at Compass Financial share practical ways to help you take care of your finances: Justin: Financial tips to enjoy a stress-free vacation

FINANCIAL	MCL	15-Mar	6:00 a	2 hours	Talk	Bill English - Bible and Business Another Banking Crisis? / Woes? (Silicon Valley Bank / Signature Bank / Silvergate Bank) the debt issue is devaluing all dollars, no matter how "sound" the banks are financially, no bank can handle a major run on its deposits. the Fed, treasury and FDIC have come together to ensure all deposits are covered at this bank with money going into treasury bills, the US govt may see a bump in available cash, but their commitment to pay 5% or more only increases the amount borrowed.
HEALTH	MCL	03-Jan	6:00 a	2 hours	Talk	Dr. Jeff Barrows - Christian Medical & Dental Association Walgreens Faces Blowback for Not Offering Abortion Pill in 21 States – Road Noise and Blood Pressure –Memory Decline Tied to Lifestyle Factors – Supervised Exercise Keeps Diabetes at Bay a Decade Later – Does Erythritol raise heart attack risk?
HEALTH	MCL	07-Mar	6:00 a	2 hours	Talk	Tim Maurer - Mediterranean Harvest What we eat has great impact on our health – virtually all chronic illnesses – are affected Specifically on the healthcare front you answered with Mediterranean Harvest. So what is that exactly?
HEALTH	MCL	28-Feb	6:00 a	2 hours	Talk	Dr. Bret Nicks - Christian Medical & Dental Association A “Revival of Measles??” Kentucky sees a spike in cases in and round Asbury U: The Booming market for backdoor Ozempic for weight loss: Vaping and DNA damage Random Acts of Kindness...it does the body and soul good!
HEALTH	SLL	12-Jan 23-Feb 16-Mar	3 p	55 min.	Talk	Troy Spurrill offered hope and new perspective to common health issues
HEALTH – MENTAL	MCL	01-Jan	6:00 a	2 hours	Talk	Dr. Linda Mintle -Looking back – The Power of Reflection Looking Forward - Resolutions
Healthy Lifestyles/ Relationships	Morning Show	10-Jan	7:15a	2:24 min.	Music	Dr. Heidi discusses with Taylor and Jen how to help teens find a sense of identity outside of what they do.
Healthy Lifestyles/ Boundaries	Morning Show	7-Feb	7:15a	2:19 min.	Music	Dr. Heidi discusses with Taylor and Jen how to deal with grief in February.
Healthy Lifestyles/ Cancer	Faith and Life Today	04-Feb	6:00a	14 min.	Music	As we get older, so do our parents. Many of us will be in the position of helping to care for those who once did the same for us. How can we help them make the transition from independence to assistance in a gracious way? What are the questions we should be asking now to help make our parents’ golden years less stressful?
Healthy Lifestyles/ Family	Faith and Life Today	14-Jan	6:00a	14 min	Music	What would make a woman walk into a jail, and start a Bible study with inmates? How could you know it would become a full blown, Christ centered, restoration ministry for women dealing with addiction? Kim Crawford of Circle of Freedom Ministries says it’s because they needed someone to do it.

Healthy Lifestyles/ Family	Faith and Life Today	11- Mar	6:00a	14 min.	Music	Caring Hands has been serving the community since 1995, but its outreach has grown since then. Phil Simmons joins Jen to talk about the food pantries, the new garden, and their UpLift Program and how this network of churches and community partners is spreading compassion in eastern Polk County.
Healthy Lifestyles/ Family	Faith and Life Today	18- Mar	6:00a	14 min.	Music	Many refugee families now call Iowa home. Who's welcoming them and helping them find their way in Des Moines and Central Iowa? Northpoint Church is helping meet the need through their Welcome DSM ministry. Barry Brown and Sarah Amerson join Jen this week to talk about all that's going into helping refugee families in our area.
Healthy Lifestyles/ Friendships	Morning Show	14-Mar	7:15a	2:25 min	Music	Dr. Heidi talks with Taylor and Jen about the lies we believe and how to escape them.
Healthy Lifestyles/ Human Trafficking	Faith and Life Today	18-Feb	6:00a	14 min.	Music	Lynne Hoeksma's new book Cultivating Compassion is a practical guide to help you help your friend or family member who is going through grief. In this second interview with Lynne, she reminds us the things to say and do, the things NOT to say and do, and how writing this book helped, but didn't take away, the grief of losing her husband almost two years ago.
Healthy Lifestyles/ Mental Health	Faith and Life Today	28-Jan	6:00a	14 min.	Music	It's been a long winter, hasn't it? If you or someone you love deals with the winter blues, or even seasonal affective disorder (SAD), Dr. Heidi Vermeer-Quist will help you look at why you feel this way during this tough season and how you can turn it around into something positive!
Healthy Lifestyles/ Mental Health	Faith and Life Today	11-Feb	6:00a	14 min.	Music	She turned the "craving adult interaction" stage of being a stay-at-home-mom into a successful writing career. Author Kimberly Stuart tells us the story of writing her first book and having it published—and gives you tips if you have ever dreamed of being a writer.
Healthy Lifestyles/ Relationships	Faith and Life Today	25-Feb	6:00a	14 min.	Music	Jan and Mike Rozga lived a parent's worst nightmare after losing their son. But they channeled their grief into becoming advocates for drug policy, facilitators of Grief Share, and even writing a book. But first they had to survive the impact that their loss had on their family.

Healthy Lifestyles/Children	Morning Show	21-Mar	7:15a	2:14min	Music	Dr. Heidi discusses with Taylor and Jen how confession helps us heal.
Healthy Lifestyles/Mental Health	Morning Show	17-Jan	7:15a	2:30 min.	Music	Dr. Heidi discusses with Taylor and Jen what to do when you make decisions that get pushback, whether at home or in the office.
Healthy Lifestyles/Relationships	Faith and Life Today	21-Jan	6:00a	14 min	Music	What began as a prompting from God to pray with women in prison has grown beyond what Kim Crawford could have imagined. Kim returns to talk about the newest branch of Circle of Freedom Ministries: The Women's Residential Home that will be opening soon!
MENTAL HEALTH	SLL	11-Jan	3 p	55 min.	Talk	Brant Hansen shared from his newly revised and updated book, "Unoffendable: How Just One Change Can Make All of Life Better." Together, we'll discover practical ways to live life with less stress and more humility and gratitude.
Mental Health/ Self-care	Morning Show	24-Jan	7:15a	2:17 min.	Music	Dr. Heidi discusses with Taylor and Jen what it means to be the aroma of Christ in our relationships.
Mental Health/ Self-care	Morning Show	31-Jan	7:15a	2:34 min.	Music	Dr. Heidi discusses with Taylor and Jen the power of "yes" in relationships.
Mental Health/ Self-care	Morning Show	28-Feb	7:15a	2:23 min	Music	Dr. Heidi discusses with Taylor and Jen how to steward your limits.
Mental Health/ Worry	Morning Show	7-Mar	7:15a	2:31 min	Music	Dr. Heidi discusses with Taylor and Jen the importance of inviting friends into your limits.
MENTAL HEALTH/SPIRITUAL	SLL	09-Jan	3 p	55 min.	Talk	Alan Fadlin author and speaker book "A Year of Slowing Down: Daily Devotions for Unhurried Living." slowing down
POLITICAL	MCL	24-Jan	6:00 a	2 hours	Talk	Mark Caleb Smith - Cedarville University Biden's Document Troubles: SCOTUS Leak: How has America changed and how do you forecast America will change as fewer Americans identify as Christians
POLITICAL	MCL	21-Mar	6:00 a	2 hours	Talk	Mark Caleb Smith - Cedarville University The potential of a Presidential arrest...Drag Queen Story Hour:
POLITICAL	MCL	10-Jan	6:00 a	2 hours	Talk	Mark Caleb Smith - Cedarville University NY Congressman George Santos and the normalization of lying in a culture of self-declaration/expression Faith on the Hill 2023: the religious composition of the 118th Congress David French: Why I'm getting more libertarian every day

POLITICAL	MCL	07-Feb	6:00 a	2 hours	Talk	Mark Caleb Smith - Cedarville University DNC Changes Primary Calendar Abandoning Iowa, New Hampshire George Santos suggested all people are Jewish 'because Jesus Christ is Jewish' Life in a violent country can be years shorter and much less predictable – even for those not involved in conflict Political foes agree on how to amend the Constitution: Some GOP Congressmen are pitching an amendment to impose term limits. Good idea or bad idea?
POLITICAL	MCL	21-Feb	6:00 a	2 hours	Talk	Mark Caleb Smith - Cedarville University Biden Visits Ukraine Fox News hosts knew claims against Dominion Voting Systems were false: NYT protested for reporting stories that questioned the helpfulness of youth transitioning: Making Journalism less objective to make it more Trustworthy??? While understanding that all people and organizations have an “editorial/worldview perspective:”
POLITICAL	MCL	06-Mar	6:00 a	2 hours	Talk	Adam Carrington - Hillsdale College Would the Founders Approve of our Class Divisions: SCOTUS hears arguments around Biden’s Student Loan Forgiveness effort: SCOTUS, the Internet and Section 230 Senator Tim Scott commenting on Deion Sanders, coach of the Univ of Colorado Buffaloes... Mayor Eric Adam’s public embrace of his faith is both constitutional and good
RECREATION	MCL	17-Mar	6:00 a	2 hours	Talk	Paul Asay - Plugged In Reviews: Rainn Wilson calls out ‘anti-Christian bias’s TikTok Glamour Filter isn’t so pretty
RECREATION	MCL	24-Mar	6:00 a	2 hours	Talk	Adam Holz - Plugged In When you’re invited to speak “on air,” be ready to define the terms you use Can we still say “worship leader” or is that trademarked too? Book readings stormed by drag queens and activists... Reviews:
RECREATION	MCL	27-Jan	6:00 a	2 hours	Talk	Paul Asay - Plugged In Oscar Nominees announced: did the Razzie nominations cross the line: The Chosen gets a “Movie Guide Award” Nomination (yeah, I know they’re a “competitor” of PluggedIn) Justin Beiber sells his music rights to Hipgnosis: TikTok’s algorithm keeps teens addicted:
RECREATION	MCL	10-Feb	6:00 a	2 hours	Talk	Adam Holz - Plugged In Sneak Peak at Superbowl Ads Reviews: Grammy’s SATANIC “worship”? Shout out to The Chosen... AMC is planning to charge different prices for different seats in theater Why would Roger Waters from Pink Floyd speak at the UN on behalf of Russia? What?
RECREATION	MCL	17-Feb	6:00 a	2 hours	Talk	Paul Asay - Plugged In Streaming viewing surpassing traditional TV Lana Del Rey’s new song: horrifying, vulgar, and illuminating. Movies that Illustrate different types of love:
RELIGION	MCL	03-Mar	6:00 a	2 hours	Talk	Daniel DeWitt - Theolatte blog / Sen Fellow, Southwest Baptist University CS Lewis’ “Abolition of Man” .... a prophetic warning for an Relativistic Age: A God You Can Shoot: Christianity: Both wider and narrower than you think: Atheist challenging the Lula mayor over prayer:
RELIGION/CULTURE	MCL	28-Feb	6:00 a	2 hours	Talk	Nick Pitts - fellow, Institute for Global Engagement How do the members of the 118th Congress identify in terms of faith? How does that compare to the past and why does it matter? The importance of the generational transfer of faith: The Energy Department and the origin of the Covid-19 virus...most likely a lab leak...
RELIGION/SPORTS	MCL	09-Jan	6:00 a	2 hours	Talk	Jason Romano - Sports Spectrum Orlovsky prays live on ESPN for Damar: Coaches for both Buffalo and Cincinnati who are believers and very public about their faith Significance of Dan Orlovsky's (also former player & one who's been on SS podcast with Jason multiple times) prayer live on NFL Live Tuesday

SANCTITY OF LIFE	MCL	24-Jan	6:00 a	2 hours	Talk	Chelsea Sobolik - Sr Dr. of Policy & Advocacy, Lifeline Children's Services Whole-Life Pro-Life Conversations: Making the medical care for childbirth free to reduce abortions? Pluses & Minuses:
SCIENCE	MCL	22-Feb	6:00 a	2 hours	Talk	Heather Zeiger - science writer The controlled burn of chemicals from the train derailment. Woman with Paralysis can use her hand thanks to a spinal implant: NASA saw something come OUT of a Black Hole: Mind Matters on the Chinese Spy Balloon and am working on a second article
SCIENCE / HEALTH	MCL	17-Jan	6:00 a	2 hours	Talk	Dr. Bret Nicks - Christian Medical & Dental Association Public Comment period for rescinding of HHS Conscience Rights protections Long COVID should ease within year: Starting Today (Tue, 1/17): All US Vets can get Free Suicide Crisis Care at any Health Facility: Break Through Obesity Drug:
SCIENCE/ IT	MCL	11-Jan	6:00 a	2 hours	Talk	Heather Zeiger - science writer MIT Technology Review Posted their Top 10 Breakthrough Technologies here: Would you zap yourself with electricity to get into shape: What do you make of "atmospheric rivers"? New York Oks human composting law; 6th state in US to do so How sleep shapes what we remember and forget

If the relevancy of other issues becomes evident as the quarter progresses, those issues would be added.

CHARITIES	local charitable organizations helping people in the community with various issues
DISABILITIES	how to cope; how to help; care giving, special needs children; life-altering injuries, etc.
ECONOMICS	handling of ; misuse of; getting out of debt; etc.
EDUCATION	Bringing aware to the issues of education in the community, etc.
EMERGENCY ISSUES	relief for victims of natural disasters; local disaster relief, etc.
ENVIRONMENT	how to save energy, use fewer resources
FAMILY & CHILDREN ISSUES	help for disadvantaged families and children
HEALTH LIFESTYLES	eating behaviors/disorders, obesity, addictions; prevention of disease; etc.
IMMIGRATION	helping immigrants; illegal immigrant issues; etc.
JUVENILE DELINQUENCY	case stories, how to prevent; teaching teens; etc.
MARRIAGE/DIVORCE	building healthy marriages, preventing divorce/affairs/ how to handle/ impact on; etc.
MONEY	handling of ; misuse of; getting out of debt; etc.
POVERTY	where to find help, how to help those in need
PUBLIC HEALTH SAFETY	bringing awareness to the of issues that affect the health and safety of the community
RACE	racial retaliation; hate crimes; discrimination; etc.
RECREATION	bringing awareness to the public of recreation events happening in the community
RELIGION	Information regarding religious and spiritual issues, etc.
SENIOR CITIZENS	information regarding the aging; retirement, health etc.
UNEMPLOYMENT/EMPLOYMENT	Coping, finding assistance, help re-entering work force
WOMEN'S ISSUES	discrimination; workplace issues; etc.



A list of programs that have provided the station's most significant treatment of community issues. The list shall include a brief narrative describing what issues were given significant treatment and the programming that provided this treatment.