# Quarterly Issues Programs List for the 1st Quarter of 2022

# KVPM(FM)

# Arvin, California

# January 1, 2022 - March 31, 2022

The Following is a list of some of the significant issues responded to by the station along with the most significant programming treatment of those issues for the quarter. The listing is by no means exhaustive. The order in which issues appear does not reflect a priority or significance.

#### **INCARCERATION**

Air Date: 1/2/2022

# **SEGMENT 2: FINDING EMPLOYMENT AFTER INCARCERATION**

**DURATION 11:11** 

Synopsis: In the U.S., there are roughly 19 million people with felony convictions. For this population, finding stable work can be a tumultuous and draining process. Without a job, it can be all too easy to slide back into a past life and end up behind bars once again. This week – we explore the role of work in prison, the lack of skills gained and the importance of employers opening their doors to second-chance hiring.

Host: Gary Price. Guests: Beth Schwartzapfel, staff writer, *The Marshall Project;* Jeffrey Korzenik, economic researcher, author, *Untapped Talent: How Second Chance Hiring Works for Your Business and the Community.* 

Links for more info: <a href="https://www.shrm.org/resourcesandtools/hr-topics/talent-acquisition/pages/putting-humanity-into-hr-compliance-try-second-chance-employment.aspx">https://www.shrm.org/resourcesandtools/hr-topics/talent-acquisition/pages/putting-humanity-into-hr-compliance-try-second-chance-employment.aspx</a>

https://www.ed.gov/news/press-releases/us-department-education-announces-it-will-expand-second-chance-pell-experiment-2022-2023-award-year

https://www.gettingtalentbacktowork.org/

https://www.daveskillerbread.com/secondchances https://dkbfoundation.org/

https://www.barnesandnoble.com/w/untapped-talent-jeffrey-d-korzenik/1137257415

Compliancy Issues Covered: Incarceration, Poverty, Recidivism, Inequality, Employment, Human Resources, Business, Education, Criminal Justice

# **SUPPLY CHAIN**

Air Date: 1/9/2022

# SEGMENT 1: OUR RESILIENT FOOD SYSTEM

DURATION: 9:09

Synopsis: 20 million people work within the food production industry in the U.S. The pandemic has altered this sector and resulted in many pressures placed on this population. This week – we highlight the people behind these various roles and the changing landscape of this 24/7 food supply chain.

Host: Gary Price. Guests: Dr. Robyn Metcalfe, lecturer, College of Natural Sciences, University of Texas at Austin, author, *Humans in Our Food.* 

Links for more info: <a href="https://cns.utexas.edu/directory/item/2120-metcalfe-robyn?ltemid=349">https://cns.utexas.edu/directory/item/2120-metcalfe-robyn?ltemid=349</a>

https://robynsmetcalfe.com/store/humansinourfood/

https://nypost.com/2021/12/27/food-prices-are-reportedly-expected-to-rise-again-in-january/

https://www.usda.gov/coronavirus/food-supply-chain

https://www.eater.com/22675736/restaurant-labor-shortage-2021-materials-food-sourcing-delivery

Compliancy Issues Covered: Supply Chain, Food Production, Agriculture, Career, Food Shortages, Personal Finance

## PERSONAL FINANCE

Air Date: 01/16/2022

# **SEGMENT 1: GETTING YOUR \$\$\$ IN ORDER**

DURATION: 10:35

Synopsis: If an unexpected \$400 charge came up, it's estimated that 40 percent of Americans would struggle to pay this amount, according to data published in 2019 by the Federal Reserve. Life happens. Circumstances change. And that's why it so important to be financially secure with savings, an emergency fund, investments and more. We speak with financial expert, Emily Guy Birken this week about how to start budgeting and saving.

Host: Gary Price. Guests: Emily Guy Birken, financial expert, *Stacked: Your Super Serious Guide to Money Management.* 

Links for more info:

https://twitter.com/EmilyGuyBirken?ref\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthorhttps://www.emilyguybirken.com/

https://gubemoney.com/

https://www.nerdwallet.com/article/finance/how-to-budget

Compliancy Issues Covered: Personal Finance, Money Management, Financial Technology, Economy, Labor

# **CLIMATE**

Air Date: 1/16/2022

# **SEGMENT 1: WEATHER DISASTER CLEANUP**

DURATION: 12:05

Synopsis: Severe life-threatening weather, such as the rare December tornadoes that tore through Kentucky and other states in December, 2021, will likely become more frequent with climate change. Experts discuss the difficulties in cleaning up large scale disasters and how planning could improve the results cheaply.

Host & Producer: Reed Pence. Guests: Dr. Sybil Derrible, Prof. of Urban Engineering, Univ. of Illinois at Chicago; Dr. Nazli Yesiller, Director, Global Waste Research Institute, California Polytechnic State Univ.

Compliancy issues covered: natural disasters; climate change; waste disposal and landfills; recycling; local and state government; pollution and environment; hazardous materials

Links for more information: https://derrible.people.uic.edu/; https://gwri.calpoly.edu/director

# HEALTH

Air Date: 1/16/2022

# **SEGMENT 2: THE LINK BETWEEN OBESITY AND CANCER**

DURATION: 7:26

Synopsis: Studies are finding that obesity significantly increases a person's risk for a variety of cancers. However, not all forms of fat carry equal risk. An expert discusses who is more at risk and why.

Host: Nancy Benson. Guest: Dr. Anthony Perre, Chief, Dept. of Outpatient Medicine, Cancer Treatment Centers of America

Compliancy issues covered: health care; public health; consumerism

Links for more information: https://www.cancercenter.com/physician-directory/anthony-perre

# AGING

Air Date: 01/23/2022

# **SEGMENT 2: ADVANCEMENTS IN ANTI-AGING**

**DURATION: 10:24** 

Synopsis: By 2030, 74 million Baby Boomers in the U.S. will be 65 or older. As people age, this means bigger burdens on the healthcare system, senior housing and care. But, what if one day, we could slow down this process of biological aging? Two researchers from Northwestern University join us this week to share some of the latest innovations in the anti-aging field.

Host: Gary Price. Guests: Dr. Douglas Vaughan, chair, Department of Medicine, Northwestern University Feinberg School of Medicine, inaugural director, Potocsnak Longevity Institute, Northwestern University Feinberg School of Medicine; Dr. Frank Palella, associate director, Potocsnak Longevity Institute, Northwestern University Feinberg School of Medicine, director, HIV & Aging Center, Potocsnak Longevity Institute.

Links for more info: https://www.feinberg.northwestern.edu/sites/longevity/

https://www.feinberg.northwestern.edu/facultv-profiles/az/profile.html?xid=17998

https://www.feinberg.northwestern.edu/faculty-profiles/az/profile.html?xid=15420

https://www.hhs.gov/aging/state-resources/index.html

https://news.northwestern.edu/stories/2017/november/amish-live-longer-healthier-internal-fountain-of-youth/

https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7990352/

Compliancy Issues Covered: Health, Aging, Retirement, Disease, Technology, Science, Medicine

## MENTAL HEALTH

Air Date: 1/30/2022

# **SECTION 1: LIVING LIFE IN A 24/7 SOCIETY**

DURATION: 09:08

Synopsis: We play many roles in life: coworker, manager, partner, parent, caregiver. The list is seemingly endless. It can be all too easy to get wrapped in these many roles and forget all together about spending time on yourself as an individual. We speak with acclaimed writer and author, Eve Rodsky about the mental toll of our daily lives and how to get back to finding a balance.

Host: Gary Price. Guest: Eve Rodsky, writer, author, Find Your Unicorn Space: Reclaim Your Creative Life in a Too Busy World.

Links for more info:

https://twitter.com/eve\_rodsky?ref\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor

https://www.amazon.com/Find-Your-Unicorn-Space-Creative/dp/0593328019

https://www.apa.org/pubs/reports/work-well-being/compounding-pressure-2021

Compliancy Issues Covered: Mental Health, Psychology, Self-Identity, Parenting, Education, Literature

#### ART

Air Date: 01/30/2022

# **SEGMENT 2: A COMPREHENSIVE GUIDE TO FANDOM**

**DURATION: 9:27** 

Synopsis: What was your favorite comic book series, video game or card game growing up? Depending on your age, it could have been Magic: The Gathering, Batman or Minecraft. In fact, you still could be a fan of these no matter what your age is. This week – we discuss the vast world of fandom and just what it means to be a part of this community.

Host: Marty Peterson. Guests: Amy Ratcliffe, managing editor, *Nerdist*, author, *A Kids Guide to Fandom: Exploring Fan-Fic, Cosplay, Gaming, Podcasting and More in the Geek World!*; Liana, high school senior, Chicago.

Links for more info: https://twitter.com/amy\_geek

https://www.amazon.com/Kids-Guide-Fandom-Exploring-Podcasting/dp/0762498757

https://www.fandom.com/

Compliancy Issues Covered: Comics, Art, Entertainment, Technology, Parenting, Hobby, Personal Interests, Community

# **CHILDREN AND COVID**

Air Date: 1/30/2022

# **SEGMENT 1: KIDS WHO HAVE LOST PARENTS TO COVID**

DURATION: 11:23

Synopsis: New estimates show that more than 167,000 children under 18 (a number growing rapidly) have lost a parent or major caregiver to Covid-19. Psychologists say deaths under such circumstances are also much more difficult for survivors to adjust to and will have a major impact on the US. Experts discuss how these "forgotten grievers" are coping and what actions might help ease the impact on them and to the nation.

Host and Producer: Reed Pence. Guests: John Bridgeland, co-founder and CEO, Covid Collaborative; Dr. Dan Treglia, Assoc. Prof. of Practice, Univ. of Pennsylvania School of Social Policy and Practice

Compliancy issues covered: children and youth at risk; health care; family and parenting issues; education; charitable organizations; Federal government and policy; economics; diversity issues

Links for information: https://www.sp2.upenn.edu/people/view/dan-treglia/; https://www.civicllc.com/our-staff

# **HEALTH CARE**

Air Date: 1/30/2022

#### **SEGMENT 2: HOW WARFARE DESTROYS HEALTHCARE**

DURATION: 8:12

Synopsis: According to the Geneva Convention and other agreements, health facilities and workers are supposed to be protected from the violence of war. However, they're targeted much more often than most people know. A noted expert in the field discusses how this violence happens, its consequences, and how international organizations may be able to turn this trend around.

Host: Nancy Benson. Producer: Reed Pence. Guest: Leonard Rubenstein, Prof. of the Practice, Johns Hopkins Bloomberg School of Public Health and author, *Perilous Medicine: The Struggle to Protect Health Care From the Violence of War* 

Compliancy issues covered: health care; military and warfare; charitable organizations

Links for more information: <a href="https://www.perilousmedicine.com">https://www.perilousmedicine.com</a>; <a href="https://bioethics.jhu.edu/people/profile/leonard-rubenstein/">https://bioethics.jhu.edu/people/profile/leonard-rubenstein/</a>

# COVID-19

Air Date: 2/06/2022

# **SEGMENT 1: PUNISHIG COVID-LYING DOCTORS**

DURATION: 13:17

Synopsis: There's a growing number of complaints to state medical boards regarding doctors lying about Covid-19 and vaccines. The doctors spreading misinformation are not always reprimanded by state medical boards and are allowed to continue voicing the misinformation. They cite freedom of speech as a defense, but other doctors say licensed professionals have an obligation to the truth. Experts explain the controversy.

Host and Producer: Reed Pence. Guests: Dr. Brian Castrucci, President and CEO, De Beaumont Foundation; Dr. Humayun Chaudhry, President and CEO, Federation of State Medical Boards

Compliancy issues covered: children and youth at risk; health care; free speech; education; Federal government and policy; public health, charitable organizations

Links for information: <a href="https://debeaumont.org/team-member/brian-c-castrucci/">https://debeaumont.org/team-member/brian-c-castrucci/</a> <a href="https://learningcenter.aamse.org/speaker/humayun-chaudhry-506473">https://learningcenter.aamse.org/speaker/humayun-chaudhry-506473</a>

# HEALTH

Air Date: 2/06/2022

#### **SEGMENT 2: NEEDLE PHOBIA**

**DURATION: 6:47** 

Synopsis: Some people who have not yet gotten the Covid vaccine are simply afraid of the needle. Bad childhood experience can keep people from receiving necessary medical treatments. A needle-phobic and a physician explain how parents should discuss injections with their children from a young age.

Host: Nancy Benson. Producer: Reed Pence. Guests: Dr. Gary Leroy, family physician and former president of the American Academy of Family Physicians; Laura Munoz, needle phobic

Compliancy issues covered: health care; family and parenting issues; mental health; public health; children and youth at risk; consumerism

Links for more information: <a href="https://communityhealthdayton.org/DrLeRoy.php">https://communityhealthdayton.org/DrLeRoy.php</a>

#### ADDICTION

Air Date: 02/13/2022

SEGMENT 1: ADDICTION DURATION: 9:36

Synopsis: More than 101,000 Americans died from a drug overdose between April 2020 and April 2021, according to the Centers for Disease Control and Prevention. Substance abuse, or addiction, is a national crisis that's only continuing to worsen as new drugs enter the market and treatment has been disrupted due to the pandemic. Recovering addict Dr. Carl Erik Fisher joins us this week to share his own story with addiction and what can be done to improve treatment for people suffering from substance abuse issues.

Host: Gary Price. Guest: Dr. Carl Erik Fisher, psychiatrist, assistant professor, Columbia University, author, *The Urge: Our History of Addiction* 

Links for more info: https://www.amazon.com/Urge-Our-History-Addiction/dp/0525561447 https://twitter.com/DrCarlErik?ref\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor https://www.columbiapsychiatry.org/profile/carl-e-fisher-md https://findtreatment.gov/ https://www.samhsa.gov/find-help/national-helpline

Compliancy Issues Covered: Addiction, Substance Abuse, Mental Health, Medicine, Healthcare, History.

#### TRANSPORTATION

Air Date: 02/13/2022

#### **SEGMENT 2: THE MANY MODES OF TRANSPORTATION**

**DURATION: 9:59** 

Synopsis: You can love biking, but if your city or town isn't bike friendly, it can be difficult to get around safely. Dr. Susan Shaheen, a professor of civil and environmental engineering at the University of California-Berkeley, joins us this week to highlight the country's current infrastructure and what more needs to be done to promote greater citizen mobility with bikes, scooters and other non-motor modes of transportation.

Host: Marty Peterson. Guest: Dr. Susan Shaheen, professor, civil and environmental engineering, University of California-Berkeley, co-director, Transportation Sustainability Research Center, University of California-Berkeley

Links for more info: <a href="https://ce.berkeley.edu/people/faculty/shaheen">https://ce.berkeley.edu/people/faculty/shaheen</a>
<a href="https://www.nytimes.com/2021/06/24/realestate/the-best-cities-for-cyclists.html">https://www.nytimes.com/2021/06/24/realestate/the-best-cities-for-cyclists.html</a>
<a href="https://twitter.com/SusanShaheen1?ref\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor">https://twitter.com/SusanShaheen1?ref\_src=twsrc%5Egoogle%7Ctwcamp%5Eserp%7Ctwgr%5Eauthor</a>
<a href="https://complement.ncbi.nlm.nc

# Children's Health

Air Date: 02-20-2022

# SEGMENT 1: CHILD DEVELOPMENT IN PANDEMIC

DURATION: 12:07

Synopsis: New research suggests the pandemic negatively affects child development. Many children born after the start of the pandemic score lower in child development than children born before. Researchers explain possible theories for these children's slower development scores.

Host: Reed Pence. Producer: Kristen Farrah. Guests: Dr. Rebecca Jackson, Vice President of Programs and Outcomes for Brain Balance, Board Certified Cognitive Specialist; Dr. Morgan Firestein, Postdoctoral Research Fellow, Department of Psychology at Colombia University Medical Center; Kasey Baiter, mother

Compliancy issues covered: children and youth at risk; health care; education; public health, charitable organizations; pregnancy and expecting mothers; family and parenting issues; child development

Links for information: <a href="https://psychology.columbia.edu/content/morgan-firestein-https://www.brainbalancecenters.com/dr-rebecca-">https://www.brainbalancecenters.com/dr-rebecca-</a>

jackson#:~:text=Rebecca%20Jackson%20is%20an%20industry.programs%2C%20and%20research%20on%20outcomes

# **Mental Health**

Air Date: 2-20-2022

#### **SEGMENT 2: SEASONAL AFFECTIVE DISORDER**

DURATION: 8:06

Synopsis: Seasonal Affective Disorder can occur any time of year but is most prevalent during the winter months. SAD can develop into non-seasonal major depression if left untreated. An expert gives advice on how to combat SAD and reduce the risk of getting it next year.

Host: Nancy Benson. Producer: Kristen Farrah. Guests: Dr. Elias Shaya, Regional Medical Director for Behavioral Health Services, MedStar Health; Kaelyn Adams, suffers with SAD, Owner, Barre Evolution Fitness

Compliancy issues covered: health care; mental health; public health; children and youth at risk; consumerism; fitness; physical health; depression

Links for more information: <a href="https://bmcpsychiatry.biomedcentral.com/articles/10.1186/s12888-018-1951-0">https://bmcpsychiatry.biomedcentral.com/articles/10.1186/s12888-018-1951-0</a>
<a href="https://www.medstarhealth.org/doctors/elias-k-shaya-md">https://www.medstarhealth.org/doctors/elias-k-shaya-md</a>
<a href="https://www.barreevolutionfitness.com/">https://www.barreevolutionfitness.com/</a>

# HEALTH

Air Date: 03-13-2022

# SEGMENT 1: HOW FITNESS APPS CONTRIBUTE TO EATING DISORDERS

**DURATION 12:12** 

Synopsis: Fitness apps can be helpful, but for some people, obsessive meal tracking helped them develop an eating disorder. Experts talk about the slippery slope of the fitness industry and discuss proper recovery methods.

Host: Reed Pence. Producer: Kristen Farrah. Guests: Dr. Kimberly O'Brien, Licensed Independent Clinical Social Worker, Boston Children's Hospital Female Athlete Program, Assistant Professor, Harvard Medical School; Dr. Miriam Rowan, Clinical Psychologist, Boston Children's Hospital Female Athlete Program, Instructor in Psychology. Harvard Medical School: Julia Maple. Fitness Influencer

Compliancy issues covered: public health; consumerism; patient safety; eating disorder; mental health; fitness apps; fitness industry; diet and nutrition; rehabilitation; social media; technology; sports and safety Links for information: <a href="https://www.childrenshospital.org/research/researchers/o/kimberly-obrien">https://www.childrenshospital.org/research/researchers/o/kimberly-obrien</a>
<a href="https://www.miriamrowan.com/about-dr-rowan">https://www.miriamrowan.com/about-dr-rowan</a>
<a href="https://www.instagram.com/drmiriamrowan/https://www.instagram.com/guliam\_fit">https://www.instagram.com/guliam\_fit</a>
<a href="https://www.instagram.com/juliam\_fit/">https://www.instagram.com/juliam\_fit/</a>

#### MENTAL HEALTH

Air Date: 03/13/2022

#### **SEGMENT 1: A MORE SUPPORTIVE MENTAL HEALTH SYSTEM**

**DURATION: 9:34** 

Synopsis: In President Biden's State of the Union speech earlier this month, he addressed the many pitfalls of the current mental health care system. Millions of Americans are falling through the cracks and failing to get the consistent and comprehensive help they need. More so, the isolation of the pandemic has taken a big toll on young people as rates of depression, anxiety and other mental disorders have sharply risen in children and adolescents. What are the key areas that need to be fixed? Why is mental health just as important as physical health? We answer these questions and more this week on Viewpoints.

Host: Gary Price. Guests: Dr. Thomas Insel, psychiatrist, neuroscientist, former head, National Institute of Mental Health, author, *Healing: Our Path From Mental Illness to Mental Health*; Dr. Vaile Wright, psychologist, senior director, Health Care Innovation, American Psychological Association.

Links for more info: https://www.nami.org/About-Mental-Illness

https://www.samhsa.gov/find-help/national-helpline https://www.betterhelp.com/

https://www.theatlantic.com/ideas/archive/2022/02/american-mental-health-crisis-healing/622052/

https://www.amazon.com/Healing-Path-Mental-Illness-Health/dp/0593298047

Compliancy Issues Covered: Mental Health, Psychology, Public Health, Health Insurance, Health Policy,

Technology, Innovation, Science

# **ECONOMICS**

Air Date: 3/13/2022

# **SEGMENT 2: THE ECONOMIC SQUEEZE OF INFLATION**

Synopsis: Inflation just seems to keep on rising month after month. Between January 2021 and January 2022, prices across the board went up by 7.5 percent. What's next? Economics professor Dr. Christian Vom Lehn joins us to breakdown what's fueling these continued price hikes and how the invasion of Ukraine by Russia may make certain goods and services pricier. Suburban wife and mom Carrie Leonard also joins us this week to share how her family is dealing with inflation and saving money where they can.

DURATION: 9:56

Host: Marty Peterson. Guest: Dr. Christian Vom Lehn, assistant professor, economics, Brigham Young University; Carrie Leonard, suburban Chicago resident.

Links for more info: <a href="https://economics.byu.edu/directory/christian-vom-lehn">https://economics.byu.edu/directory/christian-vom-lehn</a>
<a href="https://eww.bls.gov/opub/ted/2022/consumer-prices-up-7-5-percent-over-year-ended-january-2022.htm">https://economics.byu.edu/directory/christian-vom-lehn</a>
<a href="https://eww.bls.gov/opub/ted/2022/consumer-prices-up-7-5-percent-over-year-ended-january-2022.htm">https://eww.bls.gov/opub/ted/2022/consumer-prices-up-7-5-percent-over-year-ended-january-2022.htm</a>
<a href="https://eww.nytimes.com/2022/03/03/business/economy/federal-reserve-powell-inflation.html">https://eww.nytimes.com/2022/03/03/business/economy/federal-reserve-powell-inflation.html</a>

Compliancy Issues Covered: Personal Finance, Consumerism, Economy, Manufacturing, Labor Issues

# **Mental Health**

Air Date: 03/20/2022

# SEGMENT 2: WHY ASPD IS STILL A MYSTERY: THE DISORDER FORMERLY KNOWN AS SOCIOPATHY DURATION: 9:16

Synopsis: ASPD is a disorder where those affected don't feel empathy. Many serial killers and rapists have ASPD, so why haven't we been looking for a cure? An expert talks about the challenges facing ASPD research.

Host: Nancy Benson. Producer: Kristen Farrah. Guest: Dr. Donald W. Black, Associate Chief of Staff for Mental Health, Iowa City Veterans Hospital, Professor Emeritus of Psychiatry, University of Iowa, author; Sarah Morris, Director of Adult Psychopathology and Psychosocial Treatment Development Research, NIMH Compliancy issues covered: mental health; mental illness; public health; clinical research; research funding; youth at risk; public safety

Links for more information: <a href="https://www.globalacademycme.com/conferences/aacp-encore/donald-w-black-md">https://www.globalacademycme.com/conferences/aacp-encore/donald-w-black-md</a> <a href="https://www.amazon.com/Donald-W.-Black/e/B001HMNDVI%3Fref=dbs\_a\_mng\_rwt\_scns\_share-https://en.wikipedia.org/wiki/Donald\_W.\_Black\_https://www.nimh.nih.gov/about/organization/dtr/adult-psychopathology-and-psychosocial-interventions-research-branch\_https://www.nimh.nih.gov/about/organization/dtr/adult-psychopathology-and-psychosocial-interventions-research-branch\_https://www.nimh.nih.gov/about/organization/dtr/adult-psychopathology-and-psychosocial-interventions-research-branch\_https://www.nimh.nih.gov/about/organization/dtr/adult-psychopathology-and-psychosocial-interventions-research-branch\_https://www.nimh.nih.gov/about/organization/dtr/adult-psychopathology-and-psychosocial-interventions-research-branch\_https://www.nimh.nih.gov/about/organization/dtr/adult-psychopathology-and-psychosocial-interventions-research-branch\_https://www.nimh.nih.gov/about/organization/dtr/adult-psychopathology-and-psychosocial-interventions-research-branch\_https://www.nimh.nih.gov/about/organization/dtr/adult-psychopathology-and-psychosocial-interventions-research-branch\_https://www.nimh.nih.gov/about/organization/dtr/adult-psychopathology-and-psycho