April 7, 2019: Kelly Clutter-Brown (Assistant Dir. for Wheeling Health Right) talking about what WHR does for the community, and a big fundraiser they had coming up at the time, and Kathy Jo Pollack (Life Coach) providing some spring cleaning for your life.

April 14, 2019: Jeannie Pierce Waychoff (Heaven Bound Mimistries) and Bob Wolfe discussing *He's Alive 2019*, an Easter theatre show held at the Capitol Theatre. Bob stuck around to discuss some events coming up for the Ron Retzer Trio

April 21, 2019: Angela Hatfield (Exec. Dir. of the Belmont County Humane Society) discussing a fundraiser for the society, and Bob Bailey w/ Lori Jones (Bob is the director of a fashion show that benefit's YWCA's Domestic Voilence Education Program, so they were on the show to talk about the fashion show)

April 28, 2019: Sean Douglass (Pharmacist at Kroger in Moundsville) discussing allergy season. re-played an interview Kathy Ja Pollack (Life Coach) providing some Spring cleaning

May 5, 2019: Peggy Dolan (Committee Member for Ohio County Relay for Life) discussing what Relay for Life is all about, and their charity basketball game they put on every year in May. Plus, Jeremy Harrison w/ Holden Smith (both men are from Helping Heroes Inc., which helps homeless veterans in the Northen Panhandle)

May 12, 2019: Joe Lovell (Race Director for the Ogden Wellness Weekend) discussing the Ogden Half Marathon Run/Walk and the Tough as Nails Urban Challenge.

May 12, 2019: Sean Douglass (Pharmacist at Kroger in Moundsville) discussing allergy season.

May 19, 2019: Sean Douglass (Pharmacist at Kroger in Moundsville) discussing Lyme Disease. Perfect topic, since we were in the middle of Lyme Disease Awareness Month.

May 26, 2019: iHeartMedia Production: National Prescription Drug Take Back Day Special (longform PSA from iHeartMedia)

June 2, 2019: Jennifer Woollard (Exec. Dir. for the Belmont County Animal Rescue League) discussing what the league does, and about their big fundraiser coming up at the time

June 9, 2019: Derek Spencer (Exec. Dir. with Government Affairs for Gillead Sciences) discussing their new initiative to help combat Hepatitis C in WV, Kathy Jo Pollack (Life Coach) explaining why embracing uncomfortable situations in life can sometimes benefit your life, and Paul Morgan (just me checking in with the former Weekend Focus host).

June 16 2019: Derek Spencer (Exec. Dir. with Government Affairs for Gillead Sciences) discussing their new initiative to help combat Hepatitis C in WV, Kathy Jo Pollack (Life Coach) explaining why embracing uncomfortable situations in life can sometimes benefit your life, and Paul Morgan (just me checking in with the former Weekend Focus host). This episode was re-played for June 16th.

June 23rd, 2019: Nadine Wilson w/ Rachel Sterling (these two are with the National Youth Advocate Program's Wheeling office). They discussed the foster situation in the Ohio Valley, and how people can become foster parents. Melissa Coble and Mary Hall were on this episode as well, discussing Fringe at the River (community event in Hancock County)

June 30, 2019: Phyllis Riccadonna w/Howard Karnell discussing the Wheeling Nailers Blood Drive that was upcoming at the time. Phyllis also talked about the American Red Cross's need for blood donations in the summer months. Bob Wolfe from the Ron Retzer Trio was also on this episode, talking about some future shows for him and the trio.