

October 7, 2018: D.W. Cummings (charity basketball game benefitting the Bethlehem Apostolic Temple's Thanksgiving Food Drive) and Gregg Fornario (West Virginia Roughriders Owner and General Manager) discussing the arena football team's move from Richmond, VA to Wheeling (30 minutes 16 seconds)

October 14, 2018: Julie Gomez (Dir. of Operations at NAMI Greater Wheeling) talking mental health and NAMI's Walk for Awareness. (29:15)

October 21, 2018: Alicia Freeman (Exec. Dir. of A Special Wish Foundation) talking about the foundation and the Lip Sync Challenge they had coming up at the time. (29:26)

October 28, 2018: Ryan Moore (Police Officer for Wheeling PD) talking trick-or-treat safety, Joe Greathouse (Zoo Director for Oglebay Park) discussing Boo at the Zoo, and Kathy Jo Pollack (Life Coach) discussing the power of the choices we make (30 minutes 6 seconds)

November 4, 2018: If my memory serves me right, this was the weekend I aired an iHeartMedia production. It was a longform PSA for Diabetes Awareness Month (:28:55)

November 11, 2018: Michael Potts (Dir. of facilities and Recreation for Oglebay Park) talking Festival of Lights, Ron Retzer Trio w/ Paula Calvert (Paula is with Family Services of the Upper Ohio Valley) talking about an upcoming Christmas concert at the Capitol Theatre, and D.W. Cummings (Bethlehem Apostolic Temple Thanksgiving Food Drive) (29 minutes 33 seconds)

November 18, 2018: Sean Douglass (Pharmacist at Kroger in Moundsville) discussing cold and flu season, and Kathy Jo Pollack (Life Coach) sharing some holiday shopping tips (29 minutes 38 seconds)

November 25, 2018: Re-airing of November 18 episode (:29:38)

December 2, 2018: Angela Hatfield (Exec. Dir. of the Belmont County Humane Society) discussing what the society does for animals in the community, and an adoption event they had coming up at the time (28 minutes 13 seconds)

December 9, 2018: Paula Calvert w/ Bob Wolfe previewing Ron Retzer Trio's upcoming Christmas show at the Capitol Theatre, and discussing what Family Services of the Upper Ohio Valley does for the community. Plus, Mike Linger (Exec. Dir. of The House of the Carpenter) discussing what they do for the community (29 minutes 42 seconds)

December 16, 2018: B.C. Taylor (preview the B.E. Taylor tribute show at the Capitol Theatre) and Heather Gibbons (Nurse Practitioner from MedExpress Urgent Care) talking winter safety tips (29 minutes 3 seconds)

December 23, 2018: Re-airing of December 16 show (:29:03)

December 30, 2018: John Perdue (State Treasurer of West Virginia) discussing Smart529's Gift of College program for college savings, Kathy Jo Pollack (Life Coach) discussing how to get the most out of your New Years resolutions, and Paul Morgan (former Weekend Focus host) who was in the area for the holidays, so he came on to tell us how life has been in Louisiana (31 minutes 46 seconds)

2019 Q1

January 6, 2019: Re-airing of December 30, 2018 show (:31:46)

January 13, 2019: Phyllis Riccadonna (Account Manager for the Red Cross's Greater Alleghenies Region) discussing the upcoming Media Day Blood Drive and Matt Collins (Not Alone founder) discussing the organization and an art show they had coming up (29 minutes 19 seconds)

January 20, 2019: Bob Wolfe (member of the Ron Retzer Trio) discussing the band's visit to the White

House around Christmas time.

(:29:12)

January 27, 2019: Alishah Hardway (Marketing Dir. of Country Club Rehabilitation Campus) discussing health and wellness issues facing senior citizens (29 minutes 54 seconds)

February 3, 2019: Re-air of January 27 episode (:29:54)

February 10, 2019: Rob Ayer (President of the West Virginia Organization of Homeowners Association) talking about the organization and how they serve the state, and Chris Villamagna w/ Ron Scott (Ron is the YWCA's Cultural Diversity & Community Director, and Chris is the Program Director for Wheeling Heritage). They discussed an art exhibit that was going on at the time (28 minutes 55 seconds)

February 17, 2018: Kathy Jo Pollack (Life Coach) with advice for those unlucky with finding love, and Ty Schambach (Bridgeport High School student highly invested in theatre and the arts) (30 minutes 13 seconds)

February 24, 2019: Jeffrey Crook (Interim Superintendent of Brooke County Schools) discussing his time on the job so far, and an important levy vote for the schools that was upcoming at the time, and Sue Peschin (President and CEO of the the Alliance of Aging Research) discussing heart valve disease, which needs more attention in WV (29 minutes 25 seconds)

March 3, 2019: Gregg Fornario (West Virginia Roughriders Owner and General Manager) discussing the arena football team's integration into Wheeling, and their preparations for the upcoming season

(:28:31)

March 10, 2019: Travis Braden (stock car racer from Wheeling discussing his life and career thus far, and his hopes for the future career wise) (29 minutes 10 seconds)

March 24, 2019: Samantha Alkire (Development Specialist for March of Dimes) talking about a march coming up at the time, and a re-airing of the Ty Schambach interview from the February 17th show (28 minutes 44 seconds)

Q3 Addendum

August 18, 2019: Life coach Kathy Jo Pollack discussing financial stress and credit score health. (28 minutes 54 seconds)

August 25, 2019: Sean Douglass (Pharmacist at Kroger in Moundsville) on prescription safety. (30 minute 39 seconds)

September 1, 2019: Re-air of August 25th episode. (:30:39)

September 8, 2019: We aired a longform PSA from iHeartMedia called "9/11: Honoring Heroes". The show talked about remembering the September 11th terrorist attacks, and the continued impact the attacks have had on first responders. We were required to run this program on a cart number provided by iHeartMedia (27 minutes 26 seconds)

September 15, 2019: Heidi Porter (Advocate for the American Foundation for Suicide Prevention) discussing the Out of the Darkness Community Walk coming up on October 5th, and Sean Snyder (Assistant Coordinator for the Northern Regional Highway Safety Program) discussing car seat safety for kids and an car seat check event coming up in Wheeling. (28 minutes 17 seconds)

September 22, 2019: Tate Blanchard (Director of Marketing and Community Outreach for I-Care in Wheeling) discussing the Walk to End Alzheimer's, John Rataiczak talking about this year's Barnesville Pumpkin Festival, and a revisit of the credit score conversation with life coach Kathy Jo Pollack from the August 18th show. (28 minutes 55 seconds)

September 29, 2019: Re-airing of the Heidi Porter interview, and Alicia Freeman (Exec. Dir. of A Special Wish Foundation) talking about the foundation and the Lip Sync Challenge they have coming up in October. (28 minutes 33 seconds)
