



**Topics:**

- (A) Health Issues**
- (B) Environment/Ecology**
- (C) Education**
- (D) Diversity/Minorities**
- (E) Government Issues**

**(A) Health Issues**

April 1, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Saving Lives: Stopping Anaphylaxis - An Allergic E"

Explore the science of allergies and anaphylaxis and see how to recognize an anaphylactic reaction.

April 1, 07:30-08:00 a.m.

SIT AND BE FIT "Static Balance"

Weights are incorporated into the standing exercises to challenge static balance.

April 2, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Treating Precocious Puberty"

Effective therapies that can stop the progression of early onset puberty are examined.

April 2, 07:30-08:00 a.m.

SIT AND BE FIT "Pelvic & Ribcage Mobility"

Pelvic and ribcage mobility exercises take center stage in this fun full-body workout.

April 2, 11:30 p.m.-12:30 a.m.

EASY YOGA: THE SECRET TO STRENGTH AND BALANCE WITH PEGGY CAPPY

Peggy Cappy shows how yoga can aid people who want to increase strength and mobility at any age.

April 3, 12:30-02:30 a.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

April 3, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "The Mysteries of Myelofibrosis"

Myelofibrosis is a type of chronic leukemia where bone marrow is slowly replaced with scar tissue.

April 3, 02:30-04:00 a.m.

DROP 7 FOODS; FEEL BETTER FAST WITH JJ VIRGIN

A nutrition expert explains how food intolerance can be the root cause of inability to lose weight.

April 4, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Human & Animal Health"

Vector-borne diseases are illnesses that are transmitted to pets and humans through ticks and fleas.

April 4, 07:30-08:00 a.m.

SIT AND BE FIT "New Challenges"



A new abdominal exercise called the "Ski Jump" and a balance challenge are highlighted.

April 5, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Lifesaving Options for Abdominal Aortic & Thoracic"

New surgical techniques are making repairing an aneurysm a much less invasive process.

April 7, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Controlling Irritable Bowel Syndrome"

Discover how patients are learning to better control the effects of this very challenging condition.

April 7, 07:30-08:00 a.m.

SIT AND BE FIT "Neuromuscular Coordination"

Heel tapping, patting, clapping and changing of rhythm patterns are used to improve coordination.

April 8, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Gist: Learning About Gist: A Mysterious Rare Cancer"

Learn how clinical trials are helping scientists better understand Gastrointestinal Stromal Tumors.

April 8, 07:30-08:00 a.m.

SIT AND BE FIT "Release Tension Through Exercise"

This fast-paced workout ends with a peaceful relaxation, leading to a place of complete tranquility.

April 9, 12:00-01:50 a.m.

30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY

Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

April 9, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Preventing Deep Vein Thrombosis & Pulmonary Emboli"

Scientists are finding ways to help lower the risks of deep vein thrombosis and pulmonary embolism.

April 9, 02:00-04:00 a.m.

3 STEPS TO INCREDIBLE HEALTH! WITH JOEL FUHRMAN, MD

Joel Fuhrman offers a healthy, effective and scientifically proven plan for shedding weight quickly.

April 9, 07:30-08:00 a.m.

SIT AND BE FIT "Strengthening Muscles & Joints"

This program is devoted to strengthening muscles to stabilize our joints and preserve muscle mass.

April 9, 10:00-11:00 p.m.

YOUR INNER FISH "Your Inner Fish"

The genetic legacy of a fish that lurched onto land 375 million years ago is seen today in our DNA.

April 10, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "New Ways to Manage Mds"

The latest treatments that can help many patients with Myelodysplastic Syndrome are examined.

April 10, 02:00-03:00 a.m.



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April 10, 07:30-08:00 a.m.

**SIT AND BE FIT "A Healthy Back"**

Mary Ann focuses on exercises that involve back flexibility, strengthening and stretching.

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**HEALTHY BODY HEALTHY MIND "The Truth About Hepatitis C"**

Recent breakthroughs that are changing how the Hepatitis C virus is treated are explored.

April 11, 07:30-08:00 a.m.

**SIT AND BE FIT "Coordination and Reaction Time"**

This episode focuses on being aware of your body's movements and how it contributes to coordination.

April 12, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "ITP - The Lifesaving Work of Blood Platelets"**

The fairly common blood disorder Idiopathic Thrombocytopenia Purpura is highlighted.

April 12, 01:00-02:30 p.m.

**HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN**

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

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**EASY YOGA FOR ARTHRITIS WITH PEGGY CAPPY**

The "Yoga for All of Us" author effectively addresses arthritis relief through the practice of yoga.

April 12, 10:00-11:30 p.m.

**BRAINCHANGE WITH DAVID PERLMUTTER, MD**

The truth about the effects of wheat, sugar and carbohydrates on the human brain is revealed.

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DR. WAYNE DYER: I CAN SEE CLEARLY NOW

Dr. Wayne Dyer explains how each of our lives is a tapestry composed of our past and future choices.

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BLOOD SUGAR SOLUTION 10-DAY DETOX DIET

Dr. Mark Hyman provides a step-by-step process for ending food addiction and reversing diabetes.

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HEALTHY BODY HEALTHY MIND "Understanding Hemophilia and Hemophilia B"

Visit a hemophilia treatment center and learn ways patients can bring this disease under control.

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BRAINCHANGE WITH DAVID PERLMUTTER, MD

The truth about the effects of wheat, sugar and carbohydrates on the human brain is revealed.

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DROP 7 FOODS; FEEL BETTER FAST WITH JJ VIRGIN

A nutrition expert explains how food intolerance can be the root cause of inability to lose weight.

April 17, 02:00-03:00 a.m.

YOUR INNER FISH "Your Inner Fish"

The genetic legacy of a fish that lurched onto land 375 million years ago is seen today in our DNA.

April 26, 06:30-08:30 a.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

April 14, 07:30-08:00 a.m.

SIT AND BE FIT "Better Balance"

Good balance begins with proper spinal alignment and strong core muscles.

April 15, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Understanding The Mysteries of Gist: A Rare Cancer"

Medical science has discovered new ways to alter the progression of Gastrointestinal Stomal Tumors.

April 15, 07:30-08:00 a.m.

SIT AND BE FIT "Lighthearted Exercises"

Mary Ann introduces a variety of new exercises for fingers, gait and back strengthening.



April 16, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Neutropenia - The Importance of Healthy White BI"

Patients and physicians discuss medical options used to help stimulate neutrophil production.

April 16, 07:30-08:00 a.m.

SIT AND BE FIT "Back and Abdominal Strengthening"

The focus is on stretching and strengthening the abdominal and back muscles to protect the spine.

April 17, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "The Science of Inflammatory Bowel Disease"

Causes and effective treatments of inflammatory bowel diseases like Crohn's Disease are discussed.

April 17, 07:30-08:00 a.m.

SIT AND BE FIT "Exercising with Accessories"

These exercises incorporate a large ball and a small ball for finger flexibility and strengthening.

April 18, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Living with Advanced Prostate Cancer"

Experts discuss what can be done to prevent and treat severe oral mucositis severe mouth sores.

April 18, 07:30-08:00 a.m.

SIT AND BE FIT "Lymphatic System"

Mary Ann uses soothing music and slow gentle movements to stimulate the lymphatic system.

April 19, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Surviving Cancer and Cancer Toxicity"

Side effects of chemotherapy treatments and the topic of cancer toxicity are explored.

April 21, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Knee Replacements: New Procedures Work!"

World-renown experts on knee replacement surgery share information on new procedures.

April 21, 07:30-08:00 a.m.

SIT AND BE FIT "Somatosensory Work"

Mary Ann focuses on the somatosensory system for good balance and everyday functioning.

April 22, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Fertility & Pregnancy In Women with Crohn's Diseases"

Experts explore the connection between Crohn's Disease and fertility and pregnancy.

April 22, 07:30-08:00 a.m.

SIT AND BE FIT "Releasing Muscle Tightness"

A small ball, a towel and large ball help release restrictions that build up in connective tissue.

April 23, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Fertility & Pregnancy In Women with Rheumatoid Art"



Experts examine the concerns regarding women with Rheumatoid Arthritis and pregnancy.

April 23, 07:30-08:00 a.m.

SIT AND BE FIT "Myofacial Relief & Gait"

Mary Ann uses the large ball in this workout to loosen up the fascia around the scapula.

April 24, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Cochlear Implants: Bringing Back The Joy of Sound"

Meet children born without hearing and elderly patients who now hear thanks to cochlear implants.

April 24, 07:30-08:00 a.m.

SIT AND BE FIT "Keep The Fun In Functional Fitness"

Mary Ann focuses on the fun side of exercise with novelty music and imaginative choreography.

April 25, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Progress Made In Managing Glaucoma"

Doctors who have been on the front lines for decades in the battle against MS discuss treatment.

April 25, 07:30-08:00 a.m.

SIT AND BE FIT "Mobility and Balance"

This episode highlights a variety of exercises to improve balance and concludes with stroking.

April 26, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Learning About Tuberous Sclerosis"

Tuberous Sclerosis is a disease that causes lesions or tumors that can invade major organs.

April 26, 10:00-11:00 a.m.

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The "Yoga for All of Us" author effectively addresses arthritis relief through the practice of yoga.

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Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

April 26, 03:00-04:30 p.m.

BRAINCHANGE WITH DAVID PERLMUTTER, MD

The truth about the effects of wheat, sugar and carbohydrates on the human brain is revealed.

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Dr. Mark Hyman provides a step-by-step process for ending food addiction and reversing diabetes.

April 27, 02:30-04:00 a.m.

**HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN**

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

April 27, 06:30-08:30 a.m.

**3 STEPS TO INCREDIBLE HEALTH! WITH JOEL FUHRMAN, MD**

Joel Fuhrman offers a healthy, effective and scientifically proven plan for shedding weight quickly.

April 27, 08:30-10:30 a.m.

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April 28, 12:30-02:00 a.m.

**DROP 7 FOODS, FEEL BETTER FAST WITH JJ VIRGIN**

A nutrition expert explains how food intolerance can be the root cause of inability to lose weight.

April 28, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Restless Leg Syndrome: An Uncontrollable Urge to M"**

Restless Leg Syndrome, a neurological condition that creates a deep urge in the legs, is examined.

April 28, 07:30-08:00 a.m.

**SIT AND BE FIT "Variety, The Spice of Life"**

Exercises that improve function are shared. The fingers and breath help control abdominal muscles.

April 29, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Healing Vertebral Compression Fractures"**

Experts will explain what puts people at risk for vertebral compression fractures.

April 29, 07:30-08:00 a.m.

**SIT AND BE FIT "Finger Dexterity"**

This episode combines fun music of the Charleston and Cha-cha to demonstrate finger exercises.

April 30, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Saving Lives: Stopping Anaphylaxis - An Allergic E"**

Explore the science of allergies and anaphylaxis and see how to recognize an anaphylactic reaction.

April 30, 07:30-08:00 a.m.

**SIT AND BE FIT "Happy Feet, Healthy Body"**

Mary Ann stresses the importance of foot health and uses a small ball to share foot exercises

May 1, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Coping with Chronic Pain"**

Millions of Americans suffer every day from chronic pain, ranging from mild to severe. These symptoms can interfere with the quality of their everyday lives. In this episode we will empower patients by educating them



about the fundamental obstacles associated with treating chronic pain, as well as some of latest and most effective treatment options available. We will also talk about clinical trials and the continued ongoing research into safer and more effective treatments. Our goal with this program is to educate patients about the importance of being proactive and a partner in their own health-care. We believe by working together with their providers patients may help to improve the outcome of their condition.

May 2, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Severe Oral Mucositis: Cancer's Common Side Effect"

Discover how doctors, radiologists, radiation oncologists and others fight prostate cancer.

May 2, 06:00-06:30 a.m.

CLASSICAL STRETCH: THE ESMONDE TECHNIQUE "Bone Strengthening Workout"

An all-barre workout designed to strengthen your bones and prevent Osteoporosis is showcased.

May 2, 07:30-08:00 a.m.

SIT AND BE FIT "Your Feet, Your Foundation"

Exercising barefoot, Mary Ann emphasizes somatosensory awareness in the feet throughout the workout.

May 3, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Hope for the Alcoholic: Scientific Breakthroughs"

Explore research on the differences between the brains of alcoholics and those of social drinkers.

May 3, 06:30-07:25 a.m.

HEALTHY HORMONES: BRAIN BODY FITNESS

Experts discuss the impact of hormones on health, and natural ways to balance hormones, lose weight and reduce inflammation.

May 3, 03:30-06:30 p.m.

DR. WAYNE DYER: I CAN SEE CLEARLY NOW

Dr. Wayne Dyer explains how each of our lives is a tapestry composed of our past and future choices.

May 3, 11:30 p.m.-01:30 a.m.

3 STEPS TO INCREDIBLE HEALTH! WITH JOEL FUHRMAN, MD

Joel Fuhrman offers a healthy, effective and scientifically proven plan for shedding weight quickly.

May 4, 01:30-03:00 a.m.

BRAINCHANGE WITH DAVID PERLMUTTER, MD

The truth about the effects of wheat, sugar and carbohydrates on the human brain is revealed.

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May 4, 09:30-11:00 a.m.

DEEPAK CHOPRA: WHAT ARE YOU HUNGRY FOR?

Deepak Chopra lectures on the behavioral and medical basis of hunger and healthy ways to fulfill it.

May 4, 06:00-07:50 p.m.

30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY

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May 5, 12:30-02:00 a.m.

PROTECT YOUR MEMORY WITH DR. NEAL BARNARD

Dr. Neal Barnard details the groundbreaking research that can help protect your brain and memory!

May 5, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Innovations in Liver Transplantation"

Anti-rejection therapies, surgical treatments and the living donor liver transplant are examined.

May 5, 02:00-03:50 a.m.

30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY

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May 5, 06:00-06:30 a.m.

CLASSICAL STRETCH: THE ESMONDE TECHNIQUE "Spine Stretch for Posture Workout"

Stretches that will increase flexibility in your back and improve your posture are demonstrated.

May 6, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Dyslipidemia: Getting Your Cholesterol Under Control"

A look at lifestyle changes that can help manage cholesterol and available treatment options.

May 7, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "The Science of Treating Atrial Fibrillation"

Stories from patients and expert interviews shed light on the most common heart rhythm disorder.

May 7, 06:00-06:30 a.m.

CLASSICAL STRETCH: THE ESMONDE TECHNIQUE "Improve Your Posture"

Miranda demonstrates an all-barre workout that focuses on maintaining and improving posture.

May 8, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Anaphylaxis: Allergies That Can Kill"

Ways to prevent this severe allergic reaction and life-saving emergency treatments are highlighted.

May 8, 06:00-06:30 a.m.

CLASSICAL STRETCH: THE ESMONDE TECHNIQUE "Anti-Aging Workout"



This zero impact cardio workout will help you burn calories while strengthening your full body.

May 9, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "New Hope for Living with Multiple Sclerosis"

Glaucoma is a term used to describe conditions that can cause damage to the optic nerve of the eye.

May 10, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Cochlear Implants: Bringing Back The Joy of Sound"

Meet children born without hearing and elderly patients who now hear thanks to cochlear implants.

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Tuberous Sclerosis is a disease that causes lesions or tumors that can invade major organs.

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Restless Leg Syndrome, a neurological condition that creates a deep urge in the legs, is examined.

May 13, 06:00-06:30 a.m.

CLASSICAL STRETCH: THE ESMONDE TECHNIQUE "Stress Release Workout"

This gentle, all-floor stress relief workout is sure to release tensions in your body.

May 14, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Healing Vertebral Compression Fractures"

Experts will explain what puts people at risk for vertebral compression fractures.

May 14, 06:00-06:30 a.m.

CLASSICAL STRETCH: THE ESMONDE TECHNIQUE "Zero Impact Cardio"

This zero impact cardio workout will get your blood flowing without stressing your joints.

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Explore the science of allergies and anaphylaxis and see how to recognize an anaphylactic reaction.

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Miranda demonstrates an all-barre routine designed to help prevent hand and finger Arthritis.

May 16, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "The Truth About Hepatitis C"

Recent breakthroughs that are changing how the Hepatitis C virus is treated are explored.

May 16, 06:00-06:30 a.m.

CLASSICAL STRETCH: THE ESMONDE TECHNIQUE "Quad Slenderizing"

This all-floor workout will slenderize and strengthen your quads while increasing spine mobility.

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SIT AND BE FIT "The Power of Small Movements"

This episode demonstrates what can be achieved with small gentle movements.

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Effective therapies that can stop the progression of early onset puberty are examined.

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DR. WAYNE DYER - WISHES FULFILLED

Dyer applies philosophies of metaphysicist Neville Goddard to ways to manifest that which is most important to you.

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HEALTHY BODY HEALTHY MIND "Lifesaving Options for Abdominal Aortic & Thoracic"

New surgical techniques are making repairing an aneurysm a much less invasive process.

May 21, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Controlling Irritable Bowel Syndrome"

Discover how patients are learning to better control the effects of this very challenging condition.

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SIT AND BE FIT "Healthy Aging"

A variety of unique exercises are introduced which are all designed to promote healthy aging.

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Learn how clinical trials are helping scientists better understand Gastrointestinal Stromal Tumors.

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HEALTHY BODY HEALTHY MIND "Living with Advanced Prostate Cancer"

Experts discuss what can be done to prevent and treat severe oral mucositis severe mouth sores.

May 23, 07:30-08:00 a.m.

SIT AND BE FIT "Flexibility and Range of Motion"

All the exercises in this program highlight range of motion throughout the shoulders and back.

May 24, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Preventing Deep Vein Thrombosis & Pulmonary Emboli"

Scientists are finding ways to help lower the risks of deep vein thrombosis and pulmonary embolism.

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This episode features a potpourri of movements to enhance strength and coordination.

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The fairly common blood disorder Idiopathic Thrombocytopenia Purpura is highlighted.

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SIT AND BE FIT "Reaction Time"

Mary Ann shows how to use a ball to test your reaction time.

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HEALTHY BODY HEALTHY MIND "Understanding Hemophilia and Hemophilia B"

Visit a hemophilia treatment center and learn ways patients can bring this disease under control.

May 28, 07:30-08:00 a.m.

SIT AND BE FIT "Balance"

Improving balance through weight training, stretching and leg strengthening is demonstrated.

May 29, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Understanding The Mysteries of Gist: A Rare Cancer"

Medical science has discovered new ways to alter the progression of Gastrointestinal Stomal Tumors.

May 29, 10:30-11:30 p.m.

EASY YOGA: THE SECRET TO STRENGTH AND BALANCE WITH

Peggy Cappy shows how yoga can aid people who want to increase strength and mobility at any age.

May 30, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Progress Made In Managing Glaucoma"

Doctors who have been on the front lines for decades in the battle against MS discuss treatment.

May 30, 02:00-04:00 a.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

May 30, 07:30-08:00 a.m.

SIT AND BE FIT "All Systems Go!"

Exercises for the brain and several body systems including vestibular and lymphatic are shown.

May 31, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Neutropenia - The Importance of Healthy White BI"

Patients and physicians discuss medical options used to help stimulate neutrophil production.

May 31, 06:30-08:30 a.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.



May 31, 10:00-11:30 a.m.

JOY BAUER'S FOOD REMEDIES

Nutritionist Joy Bauer helps viewers learn the proper foods to eat to lose weight and gain health.

May 31, 11:30 a.m.-01:00 p.m.

BRAINCHANGE WITH DAVID PERLMUTTER, MD

The truth about the effects of wheat, sugar and carbohydrates on the human brain is revealed.

May 31, 01:00-02:30 p.m.

30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY

Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

June 1, 02:00-04:00 a.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 1, 06:30-09:30 a.m.

DR. WAYNE DYER - WISHES FULFILLED

Dyer applies philosophies of metaphysicist Neville Goddard to ways to manifest that which is most important to you.

June 1, 11:30 a.m.-12:30 p.m.

EASY YOGA: THE SECRET TO STRENGTH AND BALANCE WITH

Peggy Cappy shows how yoga can aid people who want to increase strength and mobility at any age.

June 1, 10:45-11:45 p.m.

EASY YOGA: THE SECRET TO STRENGTH AND BALANCE WITH

Peggy Cappy shows how yoga can aid people who want to increase strength and mobility at any age.

June 2, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Neutropenia - The Importance of Healthy White BI"

Patients and physicians discuss medical options used to help stimulate neutrophil production.

June 2, 01:45-03:35 a.m.

30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY

Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

June 2, 07:30-08:00 a.m.

SIT AND BE FIT "Pelvic Floor"

This workout shows some easy movements to keep the important muscles of pelvic floor strong.

June 2, 04:30-06:00 p.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 3, 12:00-01:00 a.m.



**EASY YOGA: THE SECRET TO STRENGTH AND BALANCE WITH**

Peggy Cappy shows how yoga can aid people who want to increase strength and mobility at any age.

June 3, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "The Science of Inflammatory Bowel Disease"**

Causes and effective treatments of inflammatory bowel diseases like Crohn's Disease are discussed.

June 3, 01:00-02:30 a.m.

**JOY BAUER'S FOOD REMEDIES**

Nutritionist Joy Bauer helps viewers learn the proper foods to eat to lose weight and gain health.

June 3, 02:30-04:00 a.m.

**BRAINCHANGE WITH DAVID PERLMUTTER, MD**

The truth about the effects of wheat, sugar and carbohydrates on the human brain is revealed.

June 3, 07:30-08:00 a.m.

**SIT AND BE FIT "Posture and Breathing"**

Mary Ann demonstrates how to maintain good posture while exercising.

June 3, 04:30-06:00 p.m.

**JOY BAUER'S FOOD REMEDIES**

Nutritionist Joy Bauer helps viewers learn the proper foods to eat to lose weight and gain health.

June 3, 10:00-11:50 p.m.

**30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY**

Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

June 4, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Surviving Cancer and Cancer Toxicity"**

Side effects of chemotherapy treatments and the topic of cancer toxicity are explored.

June 4, 02:00-04:00 a.m.

**HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN**

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 4, 07:30-08:00 a.m.

**SIT AND BE FIT "Facial Exercises"**

Facial exercises increase sensory awareness in mouth and encourage facial expression.

June 4, 04:30-06:00 p.m.

**30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY**

Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

June 5, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Knee Replacements: New Procedures Work!"**

World-renown experts on knee replacement surgery share information on new procedures.



June 5, 01:00-02:30 a.m.

BLOOD SUGAR SOLUTION 10-DAY DETOX DIET

Dr. Mark Hyman provides a step-by-step process for ending food addiction and reversing diabetes.

June 5, 02:30-04:00 a.m.

HAPPINESS ADVANTAGE WITH SHAWN ACHOR

The positive psychology expert shows how to use scientific research on happiness to find success.

June 5, 04:30-06:00 p.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 6, 12:00-01:50 a.m.

30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY

Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

June 6, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Severe Oral Mucositis: Cancer's Common Side Effect"

Discover how doctors, radiologists, radiation oncologists and others fight prostate cancer.

June 6, 07:30-08:00 a.m.

SIT AND BE FIT "Fit from Head to Toe"

A variety of exercises ranging from vestibular system to feet and gait are demonstrated.

June 6, 04:30-06:00 p.m.

BLOOD SUGAR SOLUTION 10-DAY DETOX DIET

Dr. Mark Hyman provides a step-by-step process for ending food addiction and reversing diabetes.

June 7, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Fertility & Pregnancy in Women with Crohn's Disease"

Experts explore the connection between Crohn's Disease and fertility and pregnancy.

June 7, 02:00-04:00 a.m.

3 STEPS TO INCREDIBLE HEALTH! WITH JOEL FUHRMAN, MD

Joel Fuhrman offers a healthy, effective and scientifically proven plan for shedding weight quickly.

June 7, 06:30-07:25 a.m.

HEALTHY HORMONES: BRAIN BODY FITNESS

Experts discuss the impact of hormones on health, and natural ways to balance hormones, lose weight and reduce inflammation.

June 7, 07:30-09:00 a.m.

3 STEPS TO INCREDIBLE HEALTH! WITH JOEL FUHRMAN, MD

Joel Fuhrman offers a healthy, effective and scientifically proven plan for shedding weight quickly.

June 7, 01:00-02:30 p.m.

JOY BAUER'S FOOD REMEDIES



Nutritionist Joy Bauer helps viewers learn the proper foods to eat to lose weight and gain health.

June 7, 02:30-04:30 p.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 8, 12:30-02:00 a.m.

3 STEPS TO INCREDIBLE HEALTH! WITH JOEL FUHRMAN, MD

Joel Fuhrman offers a healthy, effective and scientifically proven plan for shedding weight quickly.

June 8, 06:30-08:00 a.m.

BLOOD SUGAR SOLUTION 10-DAY DETOX DIET

Dr. Mark Hyman provides a step-by-step process for ending food addiction and reversing diabetes.

June 8, 08:00-10:00 a.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 8, 11:30 a.m.-01:00 p.m.

DEEPAK CHOPRA: WHAT ARE YOU HUNGRY FOR?

Deepak Chopra lectures on the behavioral and medical basis of hunger and healthy ways to fulfill it.

June 9, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Fertility & Pregnancy In Women with Rheumatoid Art"

Experts examine the concerns regarding women with Rheumatoid Arthritis and pregnancy.

June 9, 12:45-02:15 a.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 9, 02:15-03:45 a.m.

BLOOD SUGAR SOLUTION 10-DAY DETOX DIET

Dr. Mark Hyman provides a step-by-step process for ending food addiction and reversing diabetes.

June 9, 07:30-08:00 a.m.

SIT AND BE FIT "Don't Forget Your Fingers"

Paying special attention to the finger joints is important to keeping our hands functioning well.

June 10, 12:00-01:30 a.m.

JOY BAUER'S FOOD REMEDIES

Nutritionist Joy Bauer helps viewers learn the proper foods to eat to lose weight and gain health.

June 10, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Living with Hereditary Angioedema"

Meet patients who are learning how they can control the swelling attacks of hereditary angioedema.

June 10, 01:30-03:00 a.m.



**DROP 7 FOODS, FEEL BETTER FAST WITH JJ VIRGIN**

A nutrition expert explains how food intolerance can be the root cause of inability to lose weight.

June 10, 03:00-03:55 a.m.

**HEALTHY HORMONES: BRAIN BODY FITNESS**

Experts discuss the impact of hormones on health, and natural ways to balance hormones, lose weight and reduce inflammation.

June 11, 12:00-02:00 a.m.

**3 STEPS TO INCREDIBLE HEALTH! WITH JOEL FUHRMAN, MD**

Joel Fuhrman offers a healthy, effective and scientifically proven plan for shedding weight quickly.

June 11, 12:30-01:00 a.m. **HEALTHY BODY HEALTHY MIND**

**"Narcolepsy: A Mysterious Sleep Disorder"**

Patients and experts discuss managing the symptoms of this disorder of the central nervous system.

June 11, 02:00-04:00 a.m.

**HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN**

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 11, 07:30-08:00 a.m.

**SIT AND BE FIT "Breathing"**

Learn how to get the most out of each breath by toning and stretching muscles around the ribcage.

June 11, 11:00 p.m.-01:00 a.m.

**HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN**

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 12, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Conquering Obesity Through Weight Loss Surgery"**

The different types of weight loss surgeries for people with obesity-related diseases are explored.

June 12, 01:00-02:30 a.m.

**PROTECT YOUR MEMORY WITH DR. NEAL BARNARD**

Dr. Neal Barnard details the groundbreaking research that can help protect your brain and memory!

June 12, 02:30-04:00 a.m.

**JOY BAUER'S FOOD REMEDIES**

Nutritionist Joy Bauer helps viewers learn the proper foods to eat to lose weight and gain health.

June 13, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "New Hope for Living with Multiple Sclerosis"**

Glaucoma is a term used to describe conditions that can cause damage to the optic nerve of the eye.

June 13, 07:30-08:00 a.m.

**SIT AND BE FIT "Sensory Awareness and Breathing"**

Mary Ann uses fun music to demonstrate breathing techniques and sensory awareness.



June 14, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Type 2 Diabetic Neuropathy: A Better Understanding"

New research and treatment breakthroughs have created a greater understanding of Neuropathy pain.

June 14, 12:45-02:15 a.m.

30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY

Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

June 14, 02:15-03:45 a.m.

DROP 7 FOODS; FEEL BETTER FAST WITH JJ VIRGIN

A nutrition expert explains how food intolerance can be the root cause of inability to lose weight.

June 14, 08:00-09:30 a.m.

JOY BAUER'S FOOD REMEDIES

Nutritionist Joy Bauer helps viewers learn the proper foods to eat to lose weight and gain health.

June 14, 11:30 a.m.-01:20 p.m.

30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY

Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

June 14, 03:30-04:30 p.m.

ADD AND LOVING IT?!

Patrick McKenna talks to with researchers and ordinary people dealing Attention Deficit Disorder.

June 14, 11:30 p.m.-01:30 a.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 15, 01:30-03:00 a.m.

ADD AND LOVING IT?!

Patrick McKenna talks to with researchers and ordinary people dealing Attention Deficit Disorder.

June 15, 03:00-03:55 a.m.

HEALTHY HORMONES: BRAIN BODY FITNESS

Experts discuss the impact of hormones on health, and natural ways to balance hormones, lose weight and reduce inflammation.

June 15, 06:30-08:00 a.m.

ADD AND LOVING IT?!

Patrick McKenna talks to with researchers and ordinary people dealing Attention Deficit Disorder.

June 16, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Human & Animal Health"

Vector-borne diseases are illnesses that are transmitted to pets and humans through ticks and fleas.

June 16, 12:45-02:15 a.m.



**DROP 7 FOODS; FEEL BETTER FAST WITH JJ VIRGIN**

A nutrition expert explains how food intolerance can be the root cause of inability to lose weight.

June 16, 02:15-03:45 a.m.

**HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN**

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 16, 07:30-08:00 a.m.

**SIT AND BE FIT "Relaxation"**

Mary Ann explores the healing touch of massage and demonstrates effective ways to release tension.

June 17, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Alpha One Antitrypsin Deficiency - Unmasking A Killer"**

Alpha-1 is a genetic disorder that increases a person's chances of developing emphysema and COPD.

June 17, 07:30-08:00 a.m.

**SIT AND BE FIT "Maintain Independence"**

Functional movements to help improve performance of the activities of daily life are demonstrated.

June 18, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Understanding Chronic Constipation"**

Treatments available for chronic constipation, a potentially devastating disorder, are highlighted.

June 19, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Alpha-1 Antitrypsin Deficiency: A Deadly Masquerade"**

Take a closer look at Alpha-1 and explore the history of the condition as well as treatments.

June 20, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "The Truth About Hepatitis C"**

Recent breakthroughs that are changing how the Hepatitis C virus is treated are explored.

June 20, 11:00 p.m.-12:30 a.m.

**ADD AND LOVING IT?!**

Patrick McKenna talks to with researchers and ordinary people dealing Attention Deficit Disorder.

June 21, 12:30-01:00 a.m.

**HEALTHY BODY HEALTHY MIND "Advances In Treating Colon Cancer with Surgery"**

A look at treating colon cancer and a surgical advance that may be helping patients recover faster.

June 21, 02:30-04:00 a.m.

**BRAINCHANGE WITH DAVID PERLMUTTER, MD**

The truth about the effects of wheat, sugar and carbohydrates on the human brain is revealed.

June 21, 06:30-09:30 a.m.

**DR. WAYNE DYER: I CAN SEE CLEARLY NOW**

Dr. Wayne Dyer explains how each of our lives is a tapestry composed of our past and future choices.



June 21, 09:30-11:30 a.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 21, 01:00-02:30 p.m.

JOY BAUER'S FOOD REMEDIES

Nutritionist Joy Bauer helps viewers learn the proper foods to eat to lose weight and gain health.

June 21, 02:30-04:00 p.m.

30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY

Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

June 21, 04:00-05:30 p.m.

ADD AND LOVING IT?!

Patrick McKenna talks to with researchers and ordinary people dealing Attention Deficit Disorder.

June 21, 11:00-11:55 p.m.

HEALTHY HORMONES: BRAIN BODY FITNESS

Experts discuss the impact of hormones on health, and natural ways to balance hormones, lose weight and reduce inflammation.

June 22, 01:00-02:30 a.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 22, 02:30-04:00 a.m.

JOY BAUER'S FOOD REMEDIES

Nutritionist Joy Bauer helps viewers learn the proper foods to eat to lose weight and gain health.

June 22, 07:00-08:30 a.m.

BRAINCHANGE WITH DAVID PERLMUTTER, MD

The truth about the effects of wheat, sugar and carbohydrates on the human brain is revealed.

June 22, 10:30 a.m.-12:00 p.m.

HEALING ADD WITH DR. DANIEL AMEN, MD AND TANA AMEN

The myths and misconceptions of Attention Deficit Disorder and the hallmark symptoms are discussed.

June 22, 10:30 p.m.-12:20 a.m.

30 DAYS TO A YOUNGER HEART WITH DR. STEVEN MASLEY

Steven Masley, MD shares three simple steps that will help reverse the onset of aging and disease.

June 23, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Epilepsy: Solving The Mystery"

Experts explore how patients can work with their medical teams to manage this mysterious disorder.

June 23, 02:30-04:00 a.m.

ADD AND LOVING IT?!



Patrick McKenna talks to with researchers and ordinary people dealing Attention Deficit Disorder.

June 23, 06:00-06:30 a.m.

CLASSICAL STRETCH: THE ESMONDE TECHNIQUE "Balance & Feet"

Work on your balance and strengthen your feet with these stretches.

June 24, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Treating Non-Hodgkin's Lymphoma"

The medical practices of researchers and clinicians who are fighting these diseases are showcased.

June 24, 06:00-06:30 a.m.

CLASSICAL STRETCH: THE ESMONDE TECHNIQUE "Shoulder & Stress Relief"

These moves will provide frozen shoulder and stress relief.

June 24, 07:30-08:00 a.m.

SIT AND BE FIT "Kinesthetic Awareness"

A focus on the importance of kinesthetic awareness and weight shifting as they relate to balance.

June 25, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Conquering Advanced Prostate Cancer"

The latest treatments for advanced prostate cancer and the guidelines for screenings are explored.

June 25, 07:30-08:00 a.m.

SIT AND BE FIT "Static Balance"

Weights are incorporated into the standing exercises to challenge static balance.

June 26, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Cochlear Implants: Bringing Back The Joy of Sound"

Meet children born without hearing and elderly patients who now hear thanks to cochlear implants.

June 26, 07:30-08:00 a.m.

SIT AND BE FIT "Pelvic & Ribcage Mobility"

Pelvic and ribcage mobility exercises take center stage in this fun full-body workout.

June 27, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Living with Advanced Prostate Cancer"

Experts discuss what can be done to prevent and treat severe oral mucositis-severe mouth sores.

June 28, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Learning About Tuberous Sclerosis"

Tuberous Sclerosis is a disease that causes lesions or tumors that can invade major organs.

June 30, 12:30-01:00 a.m.

HEALTHY BODY HEALTHY MIND "Restless Leg Syndrome: An Uncontrollable Urge to M"

Restless Leg Syndrome, a neurological condition that creates a deep urge in the legs, is examined.

**(B) Environment/Ecology**



April 3, 04:00-05:00 a.m.

NOVA "Wild Predator Invasion"

Scientists return apex predators to their environments to restore the balance of their ecosystems.

April 3, 08:00-09:00 p.m.

NOVA "Wild Predator Invasion"

Scientists return apex predators to their environments to restore the balance of their ecosystems.

April 4, 09:00-10:00 p.m.

BATTLE FOR THE ELEPHANTS

An examination of the slaughter of elephants follows five people waging a battle for the elephant.

April 9, 09:00-10:00 p.m.

NOVA "Inside Animal Minds: Bird Genius"

Researchers use the science of animal cognition to learn how birds understand the world around them.

April 10, 01:00-02:00 a.m.

NOVA "Inside Animal Minds: Bird Genius"

Researchers use the science of animal cognition to learn how birds understand the world around them.

April 10, 03:00-04:00 a.m.

NOVA "Inside Animal Minds: Bird Genius"

Researchers use the science of animal cognition to learn how birds understand the world around them.

April 10, 05:00-06:00 a.m.

NOVA "Inside Animal Minds: Bird Genius"

Researchers use the science of animal cognition to learn how birds understand the world around them.

April 10, 08:00-09:00 p.m.

NOVA "Inside Animal Minds: Bird Genius"

Researchers use the science of animal cognition to learn how birds understand the world around them.

April 15, 08:00-09:30 p.m.

GLACIER PARK'S NIGHT OF THE GRIZZLIES

Survivors and witnesses recount the events of a deadly grizzly bear attack on campers in 1967.

April 16, 09:00-10:00 p.m.

NOVA "Inside Animal Minds: Dogs & Super Senses"

Researchers use the science of animal cognition to learn how dogs understand the world around them.

April 17, 01:00-02:00 a.m.

NOVA "Inside Animal Minds: Dogs & Super Senses"

Researchers use the science of animal cognition to learn how dogs understand the world around them.

April 17, 08:00-09:00 p.m.

NOVA "Inside Animal Minds: Dogs & Super Senses"



Researchers use the science of animal cognition to learn how dogs understand the world around them.

April 18, 01:30-02:00 p.m.

GROWING A GREENER WORLD "Echo - Helping Underdeveloped Countries Grow"

ECHO provides students and overseas development workers with agricultural skills and resources.

April 20, 11:00 p.m.-12:00 a.m.

WHO KILLED CRASSOSTREA VIRGINICA? "The Fall & Rise of Chesapeake Bay Oysters"

Examines conflicting claims about calamities that struck down some of the world's richest oyster grounds.

April 23, 09:00-10:00 p.m.

NOVA "Inside Animal Minds: Who's The Smartest?"

Scientists try to unlock the secrets of animal communication by tracking dolphins in the Caribbean.

April 24, 01:00-02:00 a.m.

NOVA "Inside Animal Minds: Who's The Smartest?"

Scientists try to unlock the secrets of animal communication by tracking dolphins in the Caribbean.

April 24, 04:00-05:00 a.m.

NOVA "Inside Animal Minds: Who's The Smartest?"

Scientists try to unlock the secrets of animal communication by tracking dolphins in the Caribbean.

April 24, 08:00-09:00 p.m.

NOVA "Inside Animal Minds: Who's The Smartest?"

Scientists try to unlock the secrets of animal communication by tracking dolphins in the Caribbean.

April 25, 10:00-10:30 p.m.

MENHADEN: THE MOST IMPORTANT FISH IN THE BAY

Discover the importance and sustainability of this vulnerable fish, which some consider stinky & oily and others treasure.

April 29, 01:30-02:00 p.m.

GROWING A GREENER WORLD "The Edible Schoolyard - Using The Garden As The CI"

Students learn about the full garden cycle and cook with what they grow in an edible schoolyard.

April 30, 09:00-10:00 p.m.

NOVA "The Incredible Journey of the Butterflies"

Journey into the fascinating world of the Monarch butterfly and explore its migratory odyssey.

May 1, 01:00-02:00 a.m.

NOVA "The Incredible Journey of the Butterflies"

Journey into the fascinating world of the Monarch butterfly and explore its migratory odyssey.

May 1, 04:00-05:00 a.m.

NOVA "The Incredible Journey of the Butterflies"

Journey into the fascinating world of the Monarch butterfly and explore its migratory odyssey.



May 1, 08:00-09:00 p.m.

NOVA "The Incredible Journey of the Butterflies"

Journey into the fascinating world of the Monarch butterfly and explore its migratory odyssey.

May 7, 09:00-10:00 p.m.

NOVA "Why Sharks Attack"

Leading shark experts research the science behind the great white's hunting instincts.

May 8, 01:00-02:00 a.m.

NOVA "Why Sharks Attack"

Leading shark experts research the science behind the great white's hunting instincts.

May 8, 04:00-05:00 a.m.

NOVA "Why Sharks Attack"

Leading shark experts research the science behind the great white's hunting instincts.

May 9, 09:00-10:00 p.m.

NOVA "Why Sharks Attack"

Leading shark experts research the science behind the great white's hunting instincts.

June 3, 09:00-09:50 p.m.

CONGO "The River That Swallows All Rivers"

The Congo is a land the 20th Century forgot, shunned for its awful secrets, famines and brutal wars.

June 4, 09:00-10:00 p.m.

INSIDE NATURE'S GIANTS "Sperm Whale"

Experts dissect a 45-foot whale's enormous organs to reveal the secrets of the deep-sea giant.

June 5, 08:00-09:55 p.m.

NOVA "Earth from Space"

NOVA takes data from earth-observing satellites and transforms it into dazzling visual sequences.

June 18, 09:00-10:00 p.m.

NOVA "At The Edge of Space"

The shimmering aurora, meteors and more phenomena are explored in the earth-space boundary zone.

June 18, 10:00 p.m.-12:00 a.m.

NOVA "Earth from Space"

NOVA takes data from earth-observing satellites and transforms it into dazzling visual sequences.

June 19, 03:00-04:00 a.m.

NOVA "At The Edge of Space"

The shimmering aurora, meteors and more phenomena are explored in the earth-space boundary zone.

June 25, 08:00-09:00 p.m.

NOVA "At The Edge of Space"

The shimmering aurora, meteors and more phenomena are explored in the earth-space boundary zone.



June 25, 09:00-09:50 p.m.

WILD AFRICA "Mountains"

The Ethiopian highlands, the Great Rift Valley, the top of Kilimanjaro and more are highlighted.

June 25, 09:00-10:00 p.m.

NOVA "Deadliest Earthquakes"

Follow a team of US geologists as they first enter Haiti in the immediate aftermath of the tragedy.

June 25, 10:00-11:00 p.m.

SURVIVING THE TSUNAMI: A NOVA SPECIAL PRESENTATION

Video footage and the stories of survivors reveal the destruction of the 2011 tsunami in Japan.

June 26, 12:00-01:00 a.m.

NOVA "Deadliest Earthquakes"

A team of US geologists study quakes in efforts to predict when one might happen.

June 26, 02:00-03:00 a.m.

SURVIVING THE TSUNAMI: A NOVA SPECIAL PRESENTATION

Video footage and the stories of survivors reveal the destruction of the 2011 tsunami in Japan.

June 26, 03:00-04:00 a.m.

NOVA "Deadliest Earthquakes"

A team of US geologists study quakes in efforts to predict when one might happen.

June 26, 05:00-06:00 a.m.

SURVIVING THE TSUNAMI: A NOVA SPECIAL PRESENTATION

Video footage and the stories of survivors reveal the destruction of the 2011 tsunami in Japan.

June 27, 08:00-09:00 p.m.

SURVIVING THE TSUNAMI: A NOVA SPECIAL PRESENTATION

Video footage and the stories of survivors reveal the destruction of the 2011 tsunami in Japan.

June 29, 04:00-04:50 p.m.

WILD AFRICA "Deserts"

The tenacity and ingenuity of life in the deserts that dominate Africa's landscape are celebrated.

### **(C) Education**

April 29, 01:30-02:00 p.m.

GROWING A GREENER WORLD "The Edible Schoolyard - Using The Garden As The CI"

Students learn about the full garden cycle and cook with what they grow in an edible schoolyard.

May 5, 02:00-02:30 a.m.

WELL READ "Tim Egan, Short Nights of the Shadow Catcher"

Host Terry Tazioli explores the literary themes of the latest books and talks with noted authors.



May 5, 02:30-03:00 a.m.

WELL READ "Blaine Harden, Escape from Camp 14"

The life and remarkable prison camp escape of North Korean Shin Dong-hyuk are chronicled.

May 5, 03:00-03:30 a.m.

WELL READ "Louise Erdrich, The Round House"

The life of a boy on a Ojibwe reservation is turned upside down by a mysterious crime in this book.

May 5, 03:30-04:00 a.m.

WELL READ "Paul De Barros, Shall We Play That One Together?"

Paul de Barros chronicles the fascinating life and beautiful music of Jazz great Marian McPartland.

May 5, 04:00-04:30 a.m.

WELL READ "Mark Bowden, The Finish: The Killing of Osama Bin"

Bowden traces the US war on terror from 9/11 to the Navy Seals' elimination of Osama Bin Laden.

May 5, 04:30-05:00 a.m.

WELL READ "Jasper Fforde, The Woman Who Died A Lot"

Bookworld enforcement officer Thursday Next deals with an assassination attempt in this novel.

May 12, 02:00-02:30 a.m.

WELL READ "David Blatner, Spectrums"

Blatner explores the bizarre, beautiful wonders of our universe in language we all can understand.

May 12, 02:30-03:00 a.m.

WELL READ "G. Willow Wilson, Alif The Unseen"

Hackers, geeks, the Arab Spring, a parallel universe and genies are all part of this debut novel.

May 12, 03:00-03:30 a.m.

WELL READ "Domingo Martinez, The Boy Kings of Texas: A Memoir"

This compelling memoir is about growing up in the border town of Brownsville, Texas.

May 12, 03:30-04:00 a.m.

WELL READ "Karl Marlantes, What It Is Like to Go to War"

The Vietnam veteran, author and PTSD survivor discusses the mindset of the modern soldier.

May 12, 04:00-04:30 a.m.

WELL READ "Chris Cleave, Gold"

Two Olympic speed cyclists must decide whether winning means more than friendship in Cleave's book.

May 12, 04:30-05:00 a.m.

WELL READ "Lesley Hazleton, The First Muslim: The Story of Muhammad"

Lesley Hazleton traces the story of Muhammad.

May 18, 05:00-06:00 p.m.

FACING FORWARD: A STUDENT'S STORY

Teachers in inner-city Cleveland strive to transform at-risk youth into productive individuals.



May 19, 02:00-02:30 a.m.

WELL READ "Jared Diamond, The World Until Yesterday"

The American scientist and author explores what modern can society learn from "primitive" cultures.

May 19, 02:30-03:00 a.m.

WELL READ "Ian Rankin, Standing In Another Man's Grave"

Former detective John Rebus investigates the disappearance of three women in Ian Rankin's thriller.

May 19, 03:00-03:30 a.m.

WELL READ "Sam Kean, The Violinist's Thumb"

Sam Kean explores the fascinating world of DNA and human genetics.

May 19, 03:30-04:00 a.m.

WELL READ "Richelle Mead, The Indigo Spell"

The latest in Richelle Mead's "Bloodline" series features a teen hiding the existence of vampires.

May 19, 04:00-04:30 a.m.

WELL READ "Frederick Hoxie, This Indian Country"

Prominent historian Frederick Hoxie traces the history and heroes of Indian political activism.

May 19, 04:30-05:00 a.m.

WELL READ "Ayana Mathis, The Twelve Tribes of Hattie"

Ayana Mathis' novel follows the lives of Hattie Shepherd and her 12 children.

May 26, 02:00-02:30 a.m.

WELL READ "Michael Moss, Salt Sugar Fat"

Michael Moss looks at the armies of chemists who invent foods that target the public's bliss point.

May 26, 02:30-03:00 a.m.

WELL READ "Jess Walter, Beautiful Ruin"

In Jess Walter's acclaimed novel, the lives of his protagonists match the title of the book.

May 26, 03:00-03:30 a.m.

WELL READ "Jayne Ann Krentz, Amanda Quick: The Mystery Woman"

Detective Beatrice Lockwood encounters a mad scientist in Jayne Ann Krentz' paranormal romance.

May 26, 03:30-04:00 a.m.

WELL READ "Gretel Ehrlich, Facing The Wave: A Journey in the"

Gretel Ehrlich chronicles stories of devastation, heartbreak and resilience in Japan's 2011 tsunami.

May 26, 04:00-04:30 a.m.

WELL READ "Ivan Doig, The Bartender's Tale"

Ivan Doig's latest novel focuses on a young boy growing up in rural Montana.

May 26, 04:30-05:00 a.m.

WELL READ "Julie Otsuka, The Buddha in the Attic"



Julie Otsuka tells the story of young women brought from Japan to San Francisco as "picture brides."

June 2, 02:00-02:30 a.m.

WELL READ "Jonathan Evison, The Revised Fundamentals of Caregiving"

This poignant novel follows Ben, a caregiver to a petulant teen struggling with muscular dystrophy.

June 2, 02:30-03:00 a.m.

WELL READ "Manil Suri, The City of Devil"

This love story is set in Mumbai as the city is emptied by the threat of nuclear annihilation.

June 2, 03:00-03:30 a.m.

WELL READ "Khaled Hosseini and the Mountains Echoed"

The bestselling author's new novel is about how we love and how we take care of one another.

June 2, 03:30-04:00 a.m.

WELL READ "Temple Grandin, The Autistic Brain"

The author discusses the science of autism and gives advice for parents raising autistic kids.

June 2, 04:00-04:30 a.m.

WELL READ "Susan Orlean, Rin Tin Tin"

Orlean's look at TV's Rin Tin Tin provides an exploration of the bond between humans and animals.

June 2, 04:30-05:00 a.m.

WELL READ "Nathaniel Philbrick, Bunker Hill"

Author Nathaniel Philbrick discusses the first major battle of the Revolutionary War in 1775.

June 4, 01:30-02:00 p.m.

GROWING A GREENER WORLD "Young Farmers"

The GGW crew enrolls in a true Organic Farm School. Learn how to grow food sustainably and apply some of the best farming techniques to our own backyards.

June 6, 07:00-07:30 a.m.

HEALING QUEST "School Junk Food; Family Meals"

Moms battle school junk food, the facts about family meals and Deepak on the power of ancestors.

June 9, 02:00-02:30 a.m.

WELL READ "Elizabeth Strout, The Burgess Boys"

The novelist discusses her deeply illuminating story about the ties that bind us to family.

June 9, 02:30-03:00 a.m.

WELL READ "Greg Bear, Hull Zero Three"

The sci-fi luminary's latest book focuses on themes of interstellar travel and starship design.

June 9, 03:00-03:30 a.m.

WELL READ "Greg Martin, Stories for Boys"

Greg Martin's father tried to kill himself to hide a secret he'd hidden from his family for decades.



June 9, 03:30-04:00 a.m.

WELL READ "Guy Gavriel Kay, River of Stars"

The fantasy fiction writer discusses his epic of prideful emperors and nomadic invasions.

June 9, 04:00-04:30 a.m.

WELL READ "Christa Parravani, Her"

A heart-wrenching memoir of the author's struggle after losing her identical twin sister to suicide.

June 9, 04:30-05:00 a.m.

WELL READ "Niel James Brown, The Boys in the Boat"

A ragtag group of young Americans rowed to gold at the 1936 Olympics, right in the face of Hitler.

June 16, 02:00-02:30 a.m.

WELL READ "Lee Child, Never Go Back"

In Child's latest thriller, Jack Reacher lands in Virginia to find his old headquarters in an uproar.

June 16, 02:30-03:00 a.m.

WELL READ "Jeff Guinn, Manson"

Guinn offers new insights into the horrific murders committed by Charles Manson and his "family."

June 16, 03:00-03:30 a.m.

WELL READ "Ivan Doig, Sweet Thunder"

In Doig's latest novel, journalist Morrie Morgan takes on the Anaconda Copper Mining Company.

June 16, 03:30-04:00 a.m.

WELL READ "David Laskin, The Family"

The founding of Israel, the Holocaust and Maidenform feature into the genealogy of Laskin's family.

June 16, 04:00-04:30 a.m.

WELL READ "Rebecca Eaton, Making Masterpiece"

The Emmy-winning producer of PBS's "Masterpiece" discusses "Downton Abbey" and "Sherlock."

June 16, 04:30-05:00 a.m.

WELL READ "Laurie King, The Bones of Paris"

Real bones and real chills highlight King's latest thriller featuring Inspector Harris Stuyvesant.

June 17, 01:30-02:00 p.m.

GROWING A GREENER WORLD "Back to School; Learning to Be An Organic Farmer"

We explore the new trend of living walls, both indoors and out.

June 23, 02:00-02:30 a.m.

WELL READ "Bob Shacochis, The Woman Who Lost Her Soul"

The spy thriller with twists and turns, where nobody is quite who they seem to be, is discussed.

June 23, 02:30-03:00 a.m.

WELL READ "Paul Harding, Enon"

A grieving father struggles to come to grips with his teenage daughters' death in Harding's book.



June 23, 03:00-03:30 a.m.

WELL READ "Elizabeth George, Just One Evil Act"

Inspector Thomas Lynley pursues a case of child abduction and murder from England to Italy and back.

June 23, 03:30-04:00 a.m.

WELL READ "Langdon Cook, The Mushroom Hunters"

Landon Cook takes readers inside the "Wild West" subculture of mushroom hunters.

June 23, 04:00-04:30 a.m.

WELL READ "Mark Helprin, In Sunlight and In Shadow"

A powerful love story and battle against the mafia is played out during post-WWII New York City.

June 23, 04:30-05:00 a.m.

WELL READ "Debbie Macomber, Starry Night"

Society columnist Carrie Slayton journeys to the Alaskan wilderness for the story of a lifetime.

June 30, 02:00-02:30 a.m.

WELL READ "Jonathan Lethem, Dissident Gardens"

An American communist and an activist, mother and daughter, are featured in Lethem's novel.

June 30, 02:30-03:00 a.m.

WELL READ "Elizabeth Gilbert, The Sig. of All Things"

Gilbert's novel follows brilliant botanist Alma Whittaker on a voyage of science and desire.

June 30, 03:00-03:30 a.m.

WELL READ "Garrison Keillor, O What A Luxury: Verses Lyrica"

The celebrated radio host of "A Prairie Home Companion" has written his first poetry collection.

June 30, 03:30-04:00 a.m.

WELL READ "Amy Tan, The Valley of Amazement"

Another stirring novel about mother-daughter relationships from the author of "The Joy Luck Club."

June 30, 04:00-04:30 a.m.

WELL READ "Ruth Ozeki, A Tale for the Time Being"

A despairing Japanese teen's journal washes up on a Canadian beach, uniting its writer and reader.

June 30, 04:30-05:00 a.m.

WELL READ "Armistead Maupin, The Days of Anna Madrigal"

The last book in Maupin's "Tales of the City" series takes on the woman at the heart of the tales.

#### **(D) Diversity/Minorities**

April 1, 09:30-10:00 a.m.

CLOSER TO TRUTH "Will The Universe Ever End?"

In the far, far future, what happens to planets, stars, galaxies and black holes?



April 2, 09:30-10:00 a.m.

CLOSER TO TRUTH "Are Brains and Mind The Same Thing?"

If the mind and the brain are not the same thing, could reality go beyond the physical?

April 4, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Science and Religion Think Differently"

Science and religion each pursues Big Truth and offers total solutions.

April 5, 11:00-11:30 a.m.

RICK STEVES' EUROPE "Dublin and Mystical Sidetrips"

Explore the town's foreboding castle, patriotic jail, Trinity College and the Wicklow Mountains.

April 5, 12:00 p.m.-12:30 p.m.

SMART TRAVELS - PACIFIC RIM WITH RUDY MAXA "Vancouver & Victoria, British Columbia"

As Canada's door to the Pacific Rim, Vancouver is a vibrant mix of European heritage and Asian cultures. A spectacular ferry ride to Victoria brings Rudy to a bastion of British heritage.

April 7, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Are Dreams About?"

Throughout history, dreams have fascinated and mystified. Much about dreams is myth. What's real?

April 8, 09:30-10:00 a.m.

CLOSER TO TRUTH "Can The Divine Be A Person?"

What if God were a 'person'? A person has sense, knowledge, will, intent, feelings.

April 9, 09:30-10:00 a.m.

CLOSER TO TRUTH "How Belief Systems Work"

We often believe because of our "belief systems" may be more important than "what we believe."

April 10, 09:30-10:00 a.m.

CLOSER TO TRUTH "Do Religions Complement Or Contradict?"

Religions clash and compete, and that's a problem for those who believe or want to believe.

April 11, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Is Free Will A Mystery?"

Free will versus determinism is a big question affecting morality, responsibility and consciousness.

April 11, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Artisan Mescal"

Rick explores how a small Oaxacan distiller handcrafts Mescal and enjoys hand-pressed Memelas.

April 12, 12:00 p.m.-12:30 p.m.

SMART TRAVELS - PACIFIC RIM WITH RUDY MAXA "Shanghai"

From traditional Tai Chi in the parks and teahouses to market madness and tumbling acrobats, Rudy explores tradition and modernity in this burgeoning city.



April 12, 07:00-08:00 p.m.

STORY OF INDIA "Beginnings"

Archaeological discoveries, DNA, climate science and oral tales cast light on India's deep past.

April 13, 02:30-03:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Puerto Escondido: Living The Dream"

Rick enjoys spearfishing off Roca Blanca Playa and creates an Aguachile and pan-seared Robalo.

April 14, 09:30-10:00 a.m.

CLOSER TO TRUTH "Does The Brain Abolish Free Will?"

Who's the boss, me or my brain? Data from the brain, by itself, does not favor free will.

April 15, 09:30-10:00 a.m.

CLOSER TO TRUTH "Is Death Final?"

Death is the ultimate defeat. But some claim that death is not final. Can the defeat be defeated?

April 16, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Is Time?"

Does Time differ from our common perceptions of it? Is Time fixed or flexible?

April 17, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Believe In God?"

Is belief a circular path of self-deception? Or the shortest route to bedrock reality?

April 18, 09:30-10:00 a.m.

CLOSER TO TRUTH "Alternative Concepts of God"

Philosophers explore novel ideas of what God may be like. They challenge classical theism.

April 18, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Oaxaca, The Land of Seven Moles"

Black Mole, Green Mole, Coloradito Mole and Yellow Mole with Grilled fish are served up.

April 19, 11:00-11:30 a.m.

RICK STEVES' EUROPE "South Ireland: Waterford to the Ring of Kerry"

Scenic charms include Waterford's crystal factory and Kinsale's star-shaped fortresses.

April 19, 12:00 p.m.-12:30 p.m.

SMART TRAVELS - PACIFIC RIM WITH RUDY MAXA "Hong Kong"

Energetic, ever-changing Hong Kong offers majestic skylines, monasteries, shopping and more.

April 19, 07:00-08:00 p.m.

STORY OF INDIA "The Power of Ideas"

Explore the revolutionary years after 500 BC, the Age of Buddha, using archaeology and legend.

April 20, 02:30-03:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Chocolate & Coffee from Bean to Cup"

Rick explores Organic Altura Coffee and creates a Tres Leches cake with Coffee and Chocolate.



April 20, 04:00-05:00 p.m.

PETER AND PAUL AND THE CHRISTIAN REVOLUTION "The Rock and the River"

With their Messiah crucified, Jesus' followers faced a bleak future. After the resurrection, they turned defeat to victory and the movement spread.

April 20, 05:00-06:00 p.m.

PETER AND PAUL AND THE CHRISTIAN REVOLUTION "The Empire and the Kingdom"

Spread outside Judea by missionaries the Jesus movement caught on quickly around the Roman Empire.

April 21, 09:30-10:00 a.m.

CLOSER TO TRUTH "Pantheism: Is The World God?"

Is our search for God too narrow? Why do some philosophers espouse Pantheism?

April 22, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Causes Religious Belief?"

Why are religions so pervasive, across human cultures? If God exists, would God have made it so?

April 22, 09:00-10:00 p.m.

IN SEARCH OF MYTHS AND HEROES "Arthur: The Once & Future King"

Michael Wood explores the Celtic world to find the truth behind the Round Table, Excalibur and the Holy Grail.

April 23, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Would An Infinite Cosmos Mean?"

Do stars and spaces go on forever? Do the numbers of galaxies, and even of universes, have no end?

April 24, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Is God's Eternity?"

Does God exist in time, experiencing time's flow? Or is God eternal, existing outside of time?

April 25, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Is Free Will A Big Question?"

Free will seems obvious and simple but it's profound and probes the deep nature of human existence.

April 25, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Delicious Eco-Tourism"

Artisanal coffee production and organic gardens are explored in the mountains to Finca Las Nieves.

April 25, 10:30-11:30 p.m.

BLACK CAPTAINS OF THE CHESAPEAKE

African Americans who have captained on the Chesapeake and their life on the Bay throughout the past century.

April 26, 01:00-02:00 a.m.

BLACK CAPTAINS OF THE CHESAPEAKE

African Americans who have captained on the Chesapeake and their life on the Bay throughout the past century.



April 26, 12:00 p.m.-12:30 p.m.

SMART TRAVELS - PACIFIC RIM WITH RUDY MAXA "Sydney"

Australia's stunning metropolis seduces with its glorious harbor, carefree attitude and beaches.

April 26, 07:00-08:00 p.m.

STORY OF INDIA "Spice Routes & Silk Roads"

Discover the Roman Empire's greatest trading port in India and the forgotten empire of the Kushans.

April 27, 02:30-03:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Bringing Oaxaca Home"

Shrimp, crab and Manchamanteles, a red mole with fresh pineapple, pork and chicken, are served.

April 27, 04:00-05:25 p.m.

SOAP MYTH

A Holocaust survivor's memory is pitted against the historical record in Jeff Cohen's play.

April 28, 09:30-10:00 a.m.

CLOSER TO TRUTH "Is Free Will An Illusion?"

Some philosophers say that because every event is determined by prior events free will is not real.

April 29, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Things Are Real?"

Is the physical world real? Or an expression of consciousness. Is consciousness real or an illusion?

April 29, 09:00-10:00 p.m.

RUBEN SALAZAR: MAN IN THE MIDDLE - A VOCES SPECIAL

The life and death of Ruben Salazar, a prominent Civil Rights era journalist, is investigated.

April 30, 01:00-02:00 a.m.

RUBEN SALAZAR: MAN IN THE MIDDLE - A VOCES SPECIAL

The life and death of Ruben Salazar, a prominent Civil Rights era journalist, is investigated.

April 30, 04:30-05:30 a.m.

RUBEN SALAZAR: MAN IN THE MIDDLE - A VOCES SPECIAL

The life and death of Ruben Salazar, a prominent Civil Rights era journalist, is investigated.

April 30, 09:30-10:00 a.m.

CLOSER TO TRUTH "Does Hell Reveal God?"

Does the truth of Christianity, Judaism and Islam depend on the reality of Hell?

April 30, 10:00-10:30 a.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Naples and the Amalfi Coast"

Deep in the heart of Italy, Naples is the ideal launching point for exploring some of the country's great historic treasures.

April 30, 09:30-10:30 p.m.



**RUBEN SALAZAR: MAN IN THE MIDDLE - A VOCES SPECIAL**

The life and death of Ruben Salazar, a prominent Civil Rights era journalist, is investigated.

May 1, 09:30-10:00 a.m.

**CLOSER TO TRUTH "Confronting Consciousness"**

Consciousness is what mental activity feels like inside, an inner experience like nothing else.

May 2, 03:30-04:00 a.m.

**DESTINOS: AN INTRODUCTION TO SPANISH "Reunidos"**

In Mexico, Raquel and Angela come to the aid of someone with a surprising connection to don Fernando. In the meantime, the Castillo family deals with a number of problems, including the hospitalization of don Fernando. Arturo arrives from Argentina and meets some members of the Castillo family.

May 2, 04:00-04:30 a.m.

**DESTINOS: AN INTRODUCTION TO SPANISH "Que Estaran Haciendo?"**

In Mexico, Raquel and Angela come to the aid of someone with a surprising connection to don Fernando. In the meantime, the Castillo family deals with a number of problems, including the hospitalization of don Fernando. Arturo arrives from Argentina and meets some members of the Castillo family.

May 2, 04:30-05:00 a.m.

**DESTINOS: AN INTRODUCTION TO SPANISH "Llevando Cuentas"**

As serious problems in the Castillo family reach a crescendo, don Fernando's health worsens, and he is taken to Guadalajara to see a specialist. In the meantime, Raquel finds herself in an unexpected situation, one that involves a difficult decision. In these final episodes, viewers learn what is to become of don Fernando and how Raquel's investigation changes her life and the lives of everyone around her forever.

May 2, 09:30-10:00 a.m.

**CLOSER TO TRUTH "Did The Universe Have A Beginning?"**

Some scientists claim the world didn't have a beginning. Some theologians think it didn't need one.

May 2, 10:00-10:30 a.m.

**SMART TRAVELS - EUROPE WITH RUDY MAXA "Venice"**

Join Rudy as he surrenders himself to the charms of magical Venice.

May 2, 03:30-04:00 p.m.

**MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "The Kernel of Deliciousness"**

Rick explores the many variety of Corn available in Oaxaca and makes his own fresh Empanadas.

May 3, 12:00 p.m.-12:30 p.m.

**SMART TRAVELS - PACIFIC RIM WITH RUDY MAXA "Queensland, Australia"**

Visit sun-washed beaches, chic beachside towns, cliffs and rainforests and the Great Barrier Reef.

May 3, 07:00-08:00 p.m.

**STORY OF INDIA "Ages of Gold"**

In the Middle Ages, India experienced great flowerings of culture, including astronomy and wrought iron.

May 4, 02:30-03:00 p.m.



MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Oaxaca's Top Chefs"

Rick visits four top chefs in Oaxaca City, tours their restaurants and cooks in their kitchens.

May 5, 09:30-10:00 a.m.

CLOSER TO TRUTH "How Do Humans Differ from Other Animals?"

Mentally, humans seem very superior to animals. What's so special about human nature?

May 5, 10:00-10:30 a.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Venice"

Join Rudy as he surrenders himself to the charms of magical Venice.

May 6, 09:30-10:00 a.m.

CLOSER TO TRUTH "Free Will for Moral Responsibility?"

Philosophers and brain scientists argue that our 'will' is less 'free' than we think.

May 6, 10:00-10:30 a.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Genoa and the Italian Riviera"

Off to the Italian Riviera seeking la dolce vita in one of the world's most romantic places.

May 6, 09:00-10:00 p.m.

PROMISE TO MY FATHER

Holocaust survivor Israel Arbeiter returns to Europe to tour concentration camps and memorials.

May 7, 09:30-10:00 a.m.

CLOSER TO TRUTH "What's The New Atheism?"

I hope God exists and I listen to atheists. If hope trumps reason I may be entombed in false belief.

May 7, 10:00-10:30 a.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Florence"

Uffizi, Bargello, and Accademia museums; landmarks of the Renaissance; da Vinci museum.

May 7, 09:00-09:55 p.m.

SOVIET STORY

The full story of Europe's most murderous regime, which helped the Nazis fight Jews in the 1940s.

May 8, 09:30-10:00 a.m.

CLOSER TO TRUTH "How Does Personal Identity Persist Through Time?"

Decades roll by and every molecule of my body changes many times over. Yet I sense myself the same.

May 8, 10:00-10:30 a.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Hill Towns of Tuscany and Umbria"

Visit Italian hill towns; Siena, San Gimignano, Pienza, Pitigliano and Sovana, Umbria, Assisi, Gubbio; Tips on driving.

May 9, 02:00-02:30 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "Ocultando La Verdad"

This episode, "Ocultando la Verdad," covers more terms used in financial matters. Raquel's mother does not



approve of Raquel spending so much time with Arturo. The Castillo family suspects Carlos, one of Fernando's sons, of misappropriating funds from the family business. The Castillos remain optimistic that Juan and Pati will work out their problems.

May 9, 02:30-03:00 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "La Misma Sonrisa"

This episode, "La Misma Sonrisa," features a look at the folk ballet of Mexico. After Carlos tells his wife Gloria that he has hidden the truth from his family, she disappears. As a result, Carlos also disappears, presumably in an attempt to find Gloria. Roberto rapidly recovers in the hospital and meets with Raquel and Arturo.

May 9, 03:00-03:30 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "Entre La Espada Y La Pared"

This episode, "Entre La Espada y La Pared," introduces some phrases one might use as a tourist. In New York, Pati is told she must change some of the controversial themes in her play or the University will not allow it to be shown. Fernando is transferred to a hospital in Guadalajara where he will see a specialist.

May 9, 03:30-04:00 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "Algo Inesperado"

This episode, "Algo Inesperado," features some facts about Guadalajara. Carlos reveals to his family that Gloria has a gambling habit and he needed to withdraw money from the family business to cover her debt. Carlos suspects Gloria ran off to Las Vegas and will return within a few days. Roberto tells Angela he does not want her to sell the apartment in Puerto Rico because he knows she will give some of the money from the sale to her boyfriend Jorge.

May 9, 04:00-04:30 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "Yo Invito"

Learn phrases used when ordering food in a restaurant.

May 9, 04:30-05:00 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "Seremos Cuatro"

This episode, "Seremos Cuatro," covers phrases used when making travel arrangements. Juan talks to Pati about their marriage and its future. Angela calls Jorge in Puerto Rico and a woman answers the phone.

May 9, 09:30-10:00 a.m.

CLOSER TO TRUTH "Can Philosophy of Religion Find God?"

Philosophy enables analysis and provokes insight in order to examine questions about God.

May 9, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Mercado Madness"

Rick uncovers the incredibly rich culture of the 21 de Noviembre market in downtown Oaxaca.

May 10, 11:00-11:30 a.m.

RICK STEVES' EUROPE "The Best of West Ireland: Dingle, Galway, and the"

Explore the rugged Aran Islands, a castle at a medieval folk banquet and the Dingle Peninsula.

May 10, 12:00 p.m.-12:30 p.m.

SMART TRAVELS - PACIFIC RIM WITH RUDY MAXA "New Zealand's South Island"



Visit the vast vineyards, white water rapids & breathtaking cities of this scenic island splendor.

May 10, 07:00-08:00 p.m.

STORY OF INDIA "The Meeting of Two Oceans"

The epic story the coming of Islam to the Indian subcontinent and the Moghul Empire are explored.

May 11, 02:30-03:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Mediterranean Baja"

Explore octopus at Tres Virgenes in La Paz and enjoy mesquite-grilled lamb with 9-chile mole sauce.

May 12, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Do We Sleep?"

A look at what sleeping and dreaming reveals about consciousness is highlighted.

May 13, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Can We Learn from Alternative Gods?"

Novel concepts of God challenge theism-rejecting the God of Judaism, Christianity and Islam.

May 14, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Obsess About Free Will?"

Free will probes consciousness, but some say that 'free will' is just a trick of the brain.

May 15, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Seek An Alternative God?"

Is God an all-powerful Supreme Being? Some offer radically different concepts of "God".

May 16, 02:00-02:30 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "Una Promesa Y Una Sonrisa"

This episode, "Una Promesa y Una Sonrisa," features words for popular sports, Aztec and Mayan artifacts in Mexico's National Museum of Anthropology, and paintings by Mexican artists Diego Rivera, Jose Clemente Orozco, and David Alfaro Siqueiros. Luis surprises Raquel with a vacation for two at a beach resort in Mexico, but Raquel thinks that it is inconsiderate of Luis to buy these tickets before consulting with her. Coincidentally, Arturo asks Raquel if she would like to take a similar trip and offers to take her parents along as well, which Raquel finds to be very considerate of him.

May 16, 02:30-03:00 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "Estoy Harta!"

In this episode, "Estoy Harta," Raquel's parents arrive in Mexico and Raquel confronts her mother about not letting her know of Luis's surprise arrival. Relations are strained since Arturo and Luis do not get along, Raquel's mother does not like Arturo, and Raquel becomes increasingly annoyed with her mother and Luis. Fernando's doctor's realize there is nothing more they can do for him and decide to let him go home to be with his family. Also, Gloria finally returns.

May 16, 03:00-03:30 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "Las Empanadas"

This episode, "Las Empanadas," features Roberto discussing again with Angela the sale of her apartment in Puerto Rico and whether she is planning to give some of the money to Jorge, a meeting between Arturo and



Raquel's father, Pancho, Raquel talking with her mother about Arturo, Luis returning to Los Angeles, and Raquel taking a stroll through Chapultepec Park with Arturo and her parents.

May 16, 03:30-04:00 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "Tengo Dudas"

In this episode, "Tengo Dudas," Arturo asks Raquel if she would be willing to move to Buenos Aires. Raquel says she could not and Arturo says that, being without family in Argentina, he would be willing to move to Los Angeles. Carlos speaks to Arturo, who is psychiatrist, about Gloria's gambling problem. Fernando finally meets Arturo, Angela and Roberto, but after thinking about the meeting reveals he has doubts that Angela and Roberto are really his grandchildren.

May 16, 04:00-04:30 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "Así Fue: I"

This episode, "Así Fue: I," begins a four part review of the entire series. Fernando unexpectedly joins his family, Raquel, Arturo, Angela, and Roberto at dinner and announces that he has doubts that Angela and Roberto are his grandchildren. He asks Raquel to explain the details of her investigation and this serves as the vehicle to review the series. This review covers the time Raquel spent in Sevilla and Madrid.

May 16, 04:30-05:00 a.m.

DESTINOS: AN INTRODUCTION TO SPANISH "La Misma Sonrisa"

This episode, "La Misma Sonrisa," features a look at the folk ballet of Mexico. After Carlos tells his wife Gloria that he has hidden the truth from his family, she disappears. As a result, Carlos also disappears, presumably in an attempt to find Gloria. Roberto rapidly recovers in the hospital and meets with Raquel and Arturo.

May 16, 09:30-10:00 a.m.

CLOSER TO TRUTH "Panentheism: Is The World In God?"

The search for God leads to strange ideas. Pantheism and Panentheism are discussed and compared.

May 16, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Oaxacan Cheese Primer"

Rick explores cheese making in the village of Rojas and makes a dinner featuring just-made cheeses.

May 17, 03:00-03:30 a.m.

CONNECTING WITH THE ARTS: A TEACHING PRAC {ANNEN} "Finding Your Voice"

Drawing on themes of conflict and genocide that eighth graders are studying in their World Cultures class, four arts teachers organize an interdisciplinary unit that encourages students to use their artwork as a form of protest.

May 17, 12:00 a.m.-12:30 p.m.

SMART TRAVELS - PACIFIC RIM WITH RUDY MAXA "New Zealand's North Island"

Kayak along the coastline, bike ride through fruit and olive groves and visit art deco buildings.

May 17, 07:00-08:00 p.m.

STORY OF INDIA "Freedom"

Britain's occupation of India; the Freedom Movement and independence in 1947; achievements.

May 18, 02:30-03:00 p.m.



MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Tijuana Taco Crawl"

Rick tries arrachera (skirt steak) tacos, sautéed and fried shrimp tacos and smoked salmon tacos.

May 19, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Is Nothing?"

Some scientists claim that the universe came from nothing. But what's the nature of nothing?

May 20, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why God, Not Nothing?"

To solve the great mystery 'Why does Anything At All Exist?', many invoke 'God'.

May 21, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Anything at All?"

Why is there a world, a cosmos, something-instead of absolutely nothing at all?

May 22, 09:30-10:00 a.m.

CLOSER TO TRUTH "Is The Universe Religiously Ambiguous?"

Does God exist or not exist? How can so many people be so absolutely sure-either way?

May 23, 09:30-10:00 a.m.

CLOSER TO TRUTH "Is Consciousness An Illusion?"

Is consciousness something special in the universe, or is it a mere artifact of the brain?

May 23, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Puerto Escondido: Living The Dream"

Rick enjoys spearfishing off Roca Blanca Playa and creates an Aguachile and pan-seared Robalo.

May 24, 12:00 p.m.-12:30 p.m.

SMART TRAVELS - PACIFIC RIM WITH RUDY MAXA "Guadalajara & Puerto Vallarta"

Explore the rich history, culture, music, colonial architecture and passionate art of these cities.

May 25, 02:30-03:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Cooking on the Sea of Cortez"

Rick kayaks on the Sea of Cortez, grills Fish and makes a stunning Papaya Salsa on the beach.

May 26, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Is God?"

How can we assess whether God exists without exploring what kind of God is supposed to exist?

May 27, 09:30-10:00 a.m.

CLOSER TO TRUTH "Does God's Knowledge Ruin Free Will?"

If we cannot do other than what God knew prior, how then free will?

May 28, 09:30-10:00 a.m.

CLOSER TO TRUTH "Do General Principles Govern All Science?"

Are there "general principles" that encompass all sciences that explain even beyond the sciences?



May 28, 10:00-10:30 a.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Berlin"

Feel the past and see the future in the city from new architecture, shopping & museum treasures.

May 29, 09:30-10:00 a.m.

CLOSER TO TRUTH "Are Brains and Mind The Same Thing?"

If the mind and the brain are not the same thing, could reality go beyond the physical?

May 30, 09:30-10:00 a.m.

CLOSER TO TRUTH "Diverse Arguments for God"

I like arguments about God, whether based on science, philosophy or personal experience.

May 30, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Chocolate & Coffee from Bean to Cup"

Rick explores Organic Altura Coffee and creates a Tres Leches cake with Coffee and Chocolate.

May 30, 07:30-08:00 p.m.

RICK STEVES' EUROPE "The Best of Sicily"

Sail from Naples to Palermo; Capuchin crypt, mosaics of Monreale, ruins of Siracusa, fiery rim of Mt. Etna.

May 31, 12:00 p.m.-12:30 p.m.

SMART TRAVELS - PACIFIC RIM WITH RUDY MAXA "Mexico City and Ixtapa"

The world's largest metropolis is modern, crowded, cosmopolitan and steeped in tradition.

June 1, 02:30-03:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Presenting: World-Class Wines of Baja"

Rick tours La Escuelita, a nonprofit winemaking school, and makes Tuffed Chiles with Red Wine.

June 2, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Science and Religion Think Differently"

Science and religion each pursues Big Truth and offers total solutions.

June 2, 07:30-08:00 p.m.

RICK STEVES' EUROPE "Venice Sidetrips"

Speedboat tour of Venice lagoon; Padua's once-illegal anatomy theater, Giotto's Scrovegni Chapel; Vicenza's Palladian-style villas; Verona's Roman colosseum; Ravenna's 1500-yr.-old mosaics.

June 3, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Limits God's Freedom?"

If God is God, it seems impossible to limit God's freedom. But can God create a round square?

June 3, 07:30-08:00 p.m.

RICK STEVES' EUROPE "Siena and Assisi: Italy's Grand Hill Towns"

Red-bricked Siena's medieval hospital, lavish cathedral, bakery. Chianti region, homegrown dinner. In Assisi, follow footsteps of St. Francis.

June 4, 09:30-10:00 a.m.



CLOSER TO TRUTH "What Are Dreams About?"

Throughout history, dreams have fascinated and mystified. Much about dreams is myth. What's real?

June 5, 09:30-10:00 a.m.

CLOSER TO TRUTH "Can God Face Up Evil?"

If there is a God, evil is God's hardest problem. If there is no God, evil is the easiest evidence.

June 5, 08:00-09:00 p.m.

LENT AT EPHEBUS

A monastic order of Nuns located in rural Missouri perform traditional and original chants.

June 6, 09:30-10:00 a.m.

CLOSER TO TRUTH "How Belief Systems Work"

We often believe because of our "belief systems" may be more important than "what we believe."

June 6, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Bringing Oaxaca Home"

Shrimp, crab and Manchamanteles, a red mole with fresh pineapple, pork and chicken, are served.

June 6, 07:30-08:00 p.m.

RICK STEVES' EUROPE "Dublin and Mystical Sidetrips"

Explore the town's foreboding castle, patriotic jail, Trinity College and the Wicklow Mountains.

June 7, 12:00 p.m.-12:30 p.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Naples and the Amalfi Coast"

Deep in the heart of Italy, Naples is the ideal launching point for exploring some of the country's great historic treasures.

June 8, 02:30-03:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Eat Like A Local In Los Cabos"

Rick samples amazing Carnitas, stuffed Guero Chiles and Bacon-wrapped Shrimp and Guava Tamales.

June 9, 09:30-10:00 a.m.

CLOSER TO TRUTH "Do Religions Complement Or Contradict?"

Religions clash and compete, and that's a problem for those who believe or want to believe.

June 9, 07:30-08:00 p.m.

RICK STEVES' EUROPE "South Ireland: Waterford to the Ring of Kerry"

Scenic charms include Waterford's crystal factory and Kinsale's star-shaped fortresses.

June 10, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Is Ultimate Reality?"

What's fundamental? Only the physical world or anything nonphysical?

June 10, 10:00-10:30 a.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Ireland's West Coast"

Shopping in Galway, Europe's fastest growing city; boat trip to fabled Aran Islands; eerie landscape of the



Burren; medieval banquet at Bunratty Castle; lush forests of Killarney; stunning Dingle Peninsula.

June 10, 07:30-08:00 p.m.

RICK STEVES' EUROPE "The Best of West Ireland: Dingle, Galway, and the"

Explore the rugged Aran Islands, a castle at a medieval folk banquet and the Dingle Peninsula.

June 11, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Is Free Will A Mystery?"

Free will versus determinism is a big question affecting morality, responsibility and consciousness.

June 11, 10:00-10:30 a.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Dublin and Beyond"

Explore Dublin, Ireland's urban core: Trinity College, Book of Kells, Guinness Brewery, Kilmainham jail, pub life. Beyond Dublin: Glendalough monastery, Hill of Tara, Northern Ireland's best folk park.

June 12, 09:30-10:00 a.m.

CLOSER TO TRUTH "Does The Brain Abolish Free Will?"

Who's the boss, me or my brain? Data from the brain, by itself, does not favor free will.

June 13, 09:30-10:00 a.m.

CLOSER TO TRUTH "Time at Sea"

Some physicists and philosophers say time is an illusion, time is not real. How can that be?

June 13, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Oaxaca's Top Chefs"

Rick visits four top chefs in Oaxaca City, tours their restaurants and cooks in their kitchens.

June 15, 01:00-01:55 p.m.

STORY OF THE JEWS WITH SIMON SCHAMA "The Beginning"

The story of the Jewish experience highlights ancient Jews, explorers and historical characters.

June 15, 02:30-03:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "From Lobster to Chocolate Clams: A Delicious Feast"

Rick ventures out on a skiff to learn about sustainable fishing on Magdalena Bay.

June 16, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Is Time?"

Does Time differ from our common perceptions of it? Is Time fixed or flexible?

June 17, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Is Consciousness?"

Consciousness is what we know best and explain least. Consciousness is baffling.

June 17, 09:00-11:00 p.m.

FREEDOM RIDERS: AMERICAN EXPERIENCE

Chronicles the journey of the courageous band of civil-rights activists in the Deep South in 1961.



June 18, 12:00-02:00 a.m.

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June 18, 03:00-05:00 a.m.

FREEDOM RIDERS: AMERICAN EXPERIENCE

Chronicles the journey of the courageous band of civil-rights activists in the Deep South in 1961.

June 18, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Believe In God?"

Is belief a circular path of self-deception? Or the shortest route to bedrock reality?

June 19, 09:30-10:00 a.m.

CLOSER TO TRUTH "Alternative Concepts of God"

Philosophers explore novel ideas of what God may be like. They challenge classical theism.

June 19, 08:00-10:00 p.m.

FREEDOM RIDERS: AMERICAN EXPERIENCE

Chronicles the journey of the courageous band of civil-rights activists in the Deep South in 1961.

June 20, 09:30-10:00 a.m.

CLOSER TO TRUTH "Panthemism: Is The World God?"

Is our search for God too narrow? Why do some philosophers espouse Pantheism?

June 20, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Mediterranean Baja"

Explore octopus at Tres Virgenes in La Paz and enjoy mesquite-grilled lamb with 9-chile mole sauce.

June 21, 01:00-02:00 a.m.

HISTORY DETECTIVES "Survivor Camera/Alcoholics Anonymous Letter/Tallah"

Camera from Holocaust survivor; Marylander's letter signed by AA's Bill Wilson; glass-like cross at 17th-century mission.

June 21, 12:00 a.m.-12:30 p.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Venice"

Join Rudy as he surrenders himself to the charms of magical Venice.

June 22, 12:00 a.m.-01:00 p.m.

LENT AT EPHEBUS

A monastic order of Nuns located in rural Missouri perform traditional and original chants.

June 22, 02:30-03:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Cooking In Wine Country"

Local leg of Lamb with a Pasilla Olive Sauce and Mixed Greens with fresh Mussels and Fava Beans.

June 23, 09:30-10:00 a.m.

CLOSER TO TRUTH "How Do Brains Work?"



Are brains our "window to reality," seeing what truly exists? Or are we bound by brains.

June 24, 09:30-10:00 a.m.

CLOSER TO TRUTH "Is This God?"

Can humans probe God? Can we inquire into God's essence? Let's be bold in questioning God.

June 25, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Would An Infinite Cosmos Mean?"

Do stars and spaces go on forever? Do the numbers of galaxies, and even of universes, have no end?

June 26, 09:30-10:00 a.m.

CLOSER TO TRUTH "What Is God's Eternity?"

Does God exist in time, experiencing time's flow? Or is God eternal, existing outside of time?

June 27, 09:30-10:00 a.m.

CLOSER TO TRUTH "Why Is Free Will A Big Question?"

Free will seems obvious and simple but it's profound and probes the deep nature of human existence.

June 27, 03:30-04:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Tijuana Taco Crawl"

Rick tries arrachera (skirt steak) tacos, sauteed and fried shrimp tacos and smoked salmon tacos.

June 28, 12:00 p.m.-12:30 p.m.

SMART TRAVELS - EUROPE WITH RUDY MAXA "Genoa and the Italian Riviera"

Off to the Italian Riviera seeking la dolce vita in one of the world's most romantic places.

June 29, 02:30-03:00 p.m.

MEXICO -- ONE PLATE AT A TIME WITH RICK BAYLESS "Tijuana Round Table"

Chef Javier Plascencia layers local Tuna with Nopales, Chicharron and Avocado Meringue.

June 30, 09:30-10:00 a.m.

CLOSER TO TRUTH "Is Free Will An Illusion?"

Some philosophers say that because every event is determined by prior events free will is not real.

### **(E) Government Issues**

April 6, 08:00-08:30 a.m.

STATE CIRCLE

Maryland pulls the plug on its health insurance web site. Lawmakers vote to ban super-strength alcohol. And, the ten-ten minimum wage picks up support.

April 4, 07:30-08:00 p.m.

STATE CIRCLE

Maryland pulls the plug on its health insurance web site. Lawmakers vote to ban super-strength alcohol. And, the ten-ten minimum wage picks up support.

April 11, 07:30-08:00 p.m.



STATE CIRCLE

The Governor, Senate President, Speaker of the House and the Republican leadership weigh in on the just completed 2014 legislative session.

April 18, 07:30-08:00 p.m.

STATE CIRCLE

The campaign for governor begins to heat up, and is there a tradeoff between new jobs on the Eastern Shore and preserving current jobs in Southern Maryland. Plus, how Jake's Law became a State Law.

April 20, 08:00-08:30 a.m.

STATE CIRCLE

The campaign for governor begins to heat up, and is there a tradeoff between new jobs on the Eastern Shore and preserving current jobs in Southern Maryland. Plus, how Jake's Law became a State Law.

April 25, 07:30-08:00 p.m.

STATE CIRCLE

The State's approach to cleaning up the bay, and new poll numbers in the race for Governor; the General Assembly acts to reverse a controversial court ruling on pit bulls and change the way dog bite cases are handled in court.

April 27, 08:00-08:30 a.m.

STATE CIRCLE

The State's approach to cleaning up the bay, and new poll numbers in the race for Governor; the General Assembly acts to reverse a controversial court ruling on pit bulls and change the way dog bite cases are handled in court.

May 2, 07:30-08:00 p.m.

STATE CIRCLE

Big changes coming to a college near you, and we begin a new series of interviews with the candidates running for Governor this year.

May 4, 08:00-08:30 a.m.

STATE CIRCLE

Big changes coming to a college near you, and we begin a new series of interviews with the candidates running for Governor this year.

May 7, 07:00-08:00 p.m.

MARYLAND GUBERNATORIAL DEBATE 2014 "Democratic Candidates"

MPT presents a simulcast of NBC4's live coverage of the Maryland Democratic Gubernatorial Debate.

May 9, 07:30-08:00 p.m.

STATE CIRCLE

Breaking down the Maryland Democratic Governor debate. Also, Wes Moore previews his new PBS program on returning veterans, and a look at plans for the bicentennial of the Battle of Baltimore.

May 11, 08:00-08:30 a.m.

STATE CIRCLE



Breaking down the Maryland Democratic Governor debate. Also, Wes Moore previews his new PBS program on returning veterans, and a look at plans for the bicentennial of the Battle of Baltimore.

May 16, 07:30-08:00 p.m.

STATE CIRCLE

The latest on the governor's race and why one minister told candidates they were making a booty call, and are the clouds lifting from the future of the Maryland racing industry.

May 18, 08:00-08:30 a.m.

STATE CIRCLE

The latest on the governor's race and why one minister told candidates they were making a booty call, and are the clouds lifting from the future of the Maryland racing industry.

May 21, 08:00-08:55 p.m.

CIVILIAN-MILITARY DIVIDE: BRIDGING THE GAP

Explores the gap of misunderstanding between those who serve in the military and the larger public.

May 23, 07:30-08:00 p.m.

STATE CIRCLE

He started as an assistant mathematics professor in 1964. He may have been good at math but he was especially good at politics and leadership, and that took Brit Kirwin to the Presidency of the University of Maryland and then to the Chancellorship of the University System of Maryland.

May 25, 08:00-08:30 a.m.

STATE CIRCLE

He started as an assistant mathematics professor in 1964. He may have been good at math but he was especially good at politics and leadership, and that took Brit Kirwin to the Presidency of the University of Maryland and then to the Chancellorship of the University System of Maryland.

May 30, 07:30-08:00 p.m.

STATE CIRCLE

When will Doctors be able to prescribe Medical Marijuana; a visit to one of the largest collections of historic firefighting equipment in the country; the race for Maryland governor.

June 1, 02:30-03:30 p.m.

MARYLAND GUBERNATORIAL DEBATE 2014 "Republican Candidates"

Maryland's Republican gubernatorial candidates meet to debate the issues.

June 1, 08:00-08:30 a.m.

STATE CIRCLE

When will Doctors be able to prescribe Medical Marijuana; a visit to one of the largest collections of historic firefighting equipment in the country; the race for Maryland governor.

June 2, 07:00-08:00 p.m.

MARYLAND GUBERNATORIAL DEBATE 2014 "Democratic Candidates"

Maryland's Democratic gubernatorial candidates meet to debate the issues.



June 6, 07:00-08:00 p.m.  
MARYLAND GUBERNATORIAL DEBATE 2014 "Republican Candidates"  
Maryland's Republican gubernatorial candidates meet to debate the issues.

June 8, 08:00-08:30 a.m.  
STATE CIRCLE  
When will Doctors be able to prescribe Medical Marijuana; a visit to one of the largest collections of historic firefighting equipment in the country; the race for Maryland governor.

June 13, 07:30-08:00 p.m.  
STATE CIRCLE  
Candidates for Maryland governor Heather Mizeur and David Craig appear in studio as primary election draws near.

June 15, 08:00-08:30 a.m.  
STATE CIRCLE  
Candidates for Maryland governor Heather Mizeur and David Craig appear in studio as primary election draws near.

June 20, 07:30-08:00 p.m.  
STATE CIRCLE  
Final interviews with the candidates for governor before election day next Tuesday. First, tonight we are joined by Attorney General Doug Gansler, later Charles Lollar.

June 22, 08:00-08:30 a.m.  
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Final interviews with the candidates for governor before election day next Tuesday. First, tonight we are joined by Attorney General Doug Gansler, later Charles Lollar.

June 27, 07:30-08:00 p.m.  
STATE CIRCLE  
Political experts analyze and discuss the results of the gubernatorial primary. Maryland's Health Connection – What's the latest with the troubled Maryland Health Benefit Exchange?

June 29, 08:00-08:30 a.m.  
STATE CIRCLE  
Political experts analyze and discuss the results of the gubernatorial primary. Maryland's Health Connection – What's the latest with the troubled Maryland Health Benefit Exchange?