

WMEU-CA Channel 48 Programming
For the Quarter: January 1 – March 31, 2009
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REGULAR SHOWS

Monday – Friday

“Shepherd’s Chapel”, 5 – 6AM, 6 – 7AM

“Green Screen Adventures”, 7:30 – 8AM (children’s show that is explained in the FCC #398)

“Saved By The Bell”, 9 – 9:30AM (children’s show that is explained in the FCC #398)

“Shepherd’s Chapel”, Monday – Thursday & Sunday, 3 – 4AM, 4 – 5AM

NOW.CHICAGO is a public affairs television program designed to address, discuss and disseminate information about concerns and issues that are relevant to Chicago and its communities with a distinct focus on highlighting the unique history and character of Chicago's historic neighborhoods.

NOW.CHICAGO runs: **Friday’s**, 8:30 – 9AM; **Saturday’s**, 7:30 – 8AM; and, **Sunday’s**, 6:30 – 7AM.

1/2/09, 1/3/09 and 1/4/09

“Lakeview” – George Blaise sits down in the studio with Diann Marsalek, President of the Lakeview Citizen’s Council and gets caught up on the happenings and issues in the community. Modesto Valle, Exec. Dir. of the Center on Halsted talks about the wide range of activities that go in the center. For the community segment, we traveled to the Center on Halsted and spoke with the director of the youth program to learn how young people are being included in the community.

1/9/09, 1/10/09 and 1/11/09

“Uptown” – The Historic Uptown Theater is the core of this episode of Now.Chicago. Jerry Mickelson of Jam Productions talks about their purchase of this renowned venue and how they plan to restore it. Andy Pierce and Ric Abby talk about what the theater means to the Uptown community and filmmaker John Pappas talks about his documentary.

1/16/09, 1/17/09 and 1/18/09

“South Lawndale/Little Village” – Jesus Garcia, CEO of Enlace Chicago talks about the history of the Little Village community as well as current challenges facing residents. Rachel McDonald of SER talks about their outreach efforts and initiatives to bring residents up to par with job acquiring skills. Juan Rangul, CEO of UNO talks about the charter schools they’ve started in various Chicago neighborhoods, including Little Village.

1/23/09, 1/24/09 and 1/25/09

“Pullman” – Pullman, the world’s firsts planned industrial town. Host George Blaise talks with Michael Shymanski of the Historic Pullman Foundation about the town’s history. Mike McGraw, owner of DigiT Pullman talks about his experience as a Pullman car porter and resident.

1/30/09, 1/31/09 and 2/1/09

“Logan Square” – Lewis Coulson of Logan Square Preservation talks fondly with host, George Blaise about the history of the Logan Square community. Lissette Castaneda, with the Logan Square Neighborhood Association, talks about what’s currently going on in the neighborhood. And Billy Burdett of the Dill Pickle Food Co-op, talks about the organizations efforts to create a full functioning healthy food co-op in the community.

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2/6/09, 2/7/09, 2/8/09

“Edgewater/Andersonville” – LeRoy Blommaert of the Edgewater Historical Society shares historical facts and significance about the Edgewater community area. Ellen Shepard of the Andersonville Chamber of Commerce talks about the business-side of the Andersonville community and how the Chamber works to sustain a healthy and productive business environment. Sara Dinges of the Andersonville Development Corporation details some of the efforts and initiatives they are implementing to enhance the business atmosphere.

2/13/09, 2/14/09, 2/15/09

“South Chicago” – Dinah Ramirez, Coalition Coordinator of Healthy South Chicago comes in to the studio to talk about the lack of resources available to South Chicago residents and how the efforts of the organization are pressing hard to make change. Sarah Ward, Executive Director, of the South Chicago Art Center and Ilyris Ortiz, an intern at the center both talk about the work they do for the young people of the community.

2/20/09, 2/21/09, 2/22/09

“Austin” – Pastor Robbie Wilkerson of New Birth Christian Center joins host George Blaise to talk about the role of NBCC in the Austin Community. As a lifelong resident, Pastor Wilkerson shares how he has committed himself to making positive change in the neighborhood. Ayesha Jaco and Charley Smith of Youth Outreach Services both talk about how their organization strives to enhance the life of young people through strategic programming. For our community segment we visited Terry Dean of the Austin Weekly Newspaper to talk about how they cover the community.

2/27/09, 2/28/09, 3/1/09

“Englewood” – Poised as one of the leading neighborhoods for lead poisoning among residents, Englewood is struggling to secure proper funding to restore the livelihood of this south side neighborhood. Jean Carter-hill of Imagine Englewood If...and Tajudeena Jones of Totally Positive Productions talk with George Blaise about their efforts to engage the youth of the community in hopes of deterring violence and idleness in the neighborhood.

3/6/09, 3/7/09, 3/8/09

“Rogers Park” – Host George Blaise talks with historian Bill Savage about the history of the Rogers Park community. Elizabeth Vitell of the Rogers Park Community Council talks about what’s current in the neighborhood and Jamiko Rose of ONE, expounds on neighborhood programs and initiatives.

3/13/09, 3/14/09, 3/15/09

“Archer Heights” (Repeat of show that aired 12/19/08, 12/20/08, 12/21/08) – Stan Lihosit, President of the Archer Heights Civic Association, talks about the history of the community and changes that have taken place in Archer Heights over many years. Bob Dolgan, of the Greater Chicago Food Depository talks in depth about the hunger fighting efforts made everyday by the GCFD, located in the Archer Heights neighborhood.

3/20/09, 3/21/09, 3/22/09

“Bronzeville” – Host George Blaise sits down and discusses the historical significance of one of Chicago’s most talked about African American neighborhoods, Bronzeville. Bronzeville Historian Timuel Black gives a history lesson on the community and Harold Lucas of the Bronzeville Visited Information Center shares thoughts and information about the present condition and future aspirations of the area. Also, we visited the Little Black Pearl and talked to the Executive Director about programs and classes.

3/27/09 – 3/28/09, 3/29/09

“Rogers Park” – Repeat of show that aired 3/6/09, 3/7/09, 3/8/09

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Sports Specials

1/10/09

Big East Basketball – 11:00am – 1:00pm
(West Virginia @ Marquette)

1/11/09

Big East Basketball – 11:00am – 1:00pm
(St. John's @ Pittsburgh)

1/17/09

Big East Basketball – 11:00am – 1:00pm
(South Florida @ West Virginia)

1/24/09

Big East Basketball – 11:00am – 1:00pm
(Villanova @ South Florida)

1/25/09

Big East Basketball – 11:00am – 1:00pm
(Louisville @ Syracuse)

1/31/09

Big East Basketball – 11:00am – 1:00pm
(West Virginia @ Louisville)

2/1/09

Big East Basketball – 11:00am – 1:00pm
(Cincinnati @ Villanova)

2/7/09

Big East Basketball – 11:00am – 1:00pm
(Cincinnati @ Georgetown)

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Sports Specials continued

2/14/09

Big East Basketball – 11:00am – 1:00pm
(Connecticut @ Seton Hall)

2/21/09

Big East Basketball – 11:00am – 1:00pm
(Notre Dame @ Providence)

3/7/09

Big East Basketball – 11:00am – 1:00pm
(Syracuse @Marquette)

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COMMUNITY CALENDAR, 30 second public service announcements for upcoming events in Chicago and the suburbs.

CRIME, THE LAW & LAW ENFORCEMENT

BUSINESS & EMPLOYMENT

1/1 - 2:15PM, 10:58PM, 11:16PM, 11:27PM; 1/2 - 2:43AM; 1/3 - 2:27AM, 3:16AM; 1/4 - 7:58PM, 10:47PM

You can dress for success – Bottomless Closet helps women in need with work wardrobes. Start with two interview geared outfits and go from there.

1/5 – 11:26AM, 1:20PM, 11:28PM, 11:50PM; 1/6 – 1:57PM, 3:23PM, 9:12PM, 10:04PM; 1/7 – 1:58PM, 4:38PM; 1/9 – 12:40PM, 4:26PM, 9:27PM, 3:05AM, 4:54AM; 1/10 – 4:16AM; 1/11 – 1:50AM

The Youth Job Center of Evanston provides job training and placement services throughout Chicagoland. When you invest in young lives, everyone in the community benefits.

Chicagojobs.org provides local job and career resources, networking opportunities, and feedback from area experts. Go online to learn more.

1/12 – 11:08AM, 2:05PM, 4:57PM, 8:55PM, 10:58PM; 1/13 – 11:42AM, 12:56PM, 2:54PM, 3:46PM, 5:01PM, 5:44PM, 6:43PM, 6:58PM, 9:41PM, 10:58PM, 11:26PM; 1/14 – 11:22AM, 1:01PM, 4:48PM, 6:13PM, 10:58PM; 1/15 – 1:21PM, 4:17PM, 6:30PM, 9:56PM; 1/16 – 11:21AM, 3:01PM, 4:41PM, 10:17PM, 11:47PM, 3:03AM, 4:32AM; 1/17 – 9:04AM, 10:28AM, 2:46PM, 5:16PM;

The Chicago West Career Fair is coming to the Marriott of Oak Brook on January 23rd. Bring at least 15 resumes.

1/19 – 12:33PM, 2:26PM, 4:15PM, 5:58PM, 11:58PM; 1/20 – 1:10PM, 4:14PM, 9:14PM, 11:32PM; 1/21 – 11:23AM, 12:29PM, 2:38PM, 3:36PM, 4:30PM, 6:56PM, 11:42PM; 1/22 – 9:27AM, 3:57PM, 6:27PM, 10:26PM; 1/23 – 1:09PM, 9:57PM, 11:44PM; 1/25 – 1:31AM

Help the WITS Workplace Mentoring Program reach out to youth. For many it's a chance to explore beyond their walls and into the world of local businesses.

The CARA Program offers job placement of the homeless. Volunteer your professional business or HR knowledge. Be a mock interviewer. Give them a call.

2/9 – 1:57PM, 10:39PM; 2/10 – 4:37PM, 10:06PM; 2/13 – 3:32PM, 4:54AM; 2/15 – 3:46PM, 5:27PM, 4:26AM

Get ready for the Project Awareness Minority and Women Business Conference. Public and private sector groups, and several financial institutions will be there to discuss future opportunities.

2/16 – 12:38AM, 1:50AM; 2/17 – 12:18AM, 12:55AM; 2/18 – 1:19AM, 2:32AM; 2/19 – 1:47AM, 2:46AM; 2/20 – 2:14AM, 3:16AM; 2/21 – 11:35PM, 12:58AM

Educators looking for work, head to the special education job fair. If you meet required state certification, you can apply for positions ranging from classroom teacher to paraprofessional.

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BUSINESS & EMPLOYMENT, continued

2/23 – 10:14PM, 11:26PM; 2/24 – 10:16PM; 2/25 – 3:38PM, 9:31PM, 10:16PM; 2/26 – 6:57PM, 9:54PM; 2/27 – 5:13PM, 6:44PM; 2/28 – 11:01PM, 12:02AM; 3/1 – 4:28PM, 5:33PM

Worknet Chicago aids with referrals for job training and dislocated workers requiring further education. Go online to see a list of certified training programs in Illinois.

3/9 – 11:17PM, 12:12AM; 3/10 – 1:31AM; 3/12 – 12:16AM, 1:16AM; 3/13 – 6:58PM, 9:52PM; 3/14 – 12:21AM, 1:49AM; 3/15 – 4:45PM, 5:57PM

Launchpad is a free women's business seminar for women who would like to gain from successful entrepreneurs. Come get the answers you need.

3/23 – 12:29PM, 12:55AM; 3/24 – 10:01AM, 6:38PM, 11:28PM; 3/25 – 9:27PM, 10:25PM; 3/26 – 9:14PM, 9:57PM; 3/27 – 4:58PM, 6:31PM; 3/28 – 12:05AM, 1:05AM; 3/29 – 5:13PM, 6:47PM

Stay informed during these hard economic times. The Chicago Public Library's "Money Smart" series offers attendees information on financial literacy at a local branch near you.

Ladies, clean out your closets and donate business attire! The Bottomless Closet assists women in the Chicago area by helping them get off welfare through job training and appropriate clothing for work. Call to see how you can help.

GOVERNMENT & LEADERSHIP

1/1 - 2:15PM, 10:58PM, 11:16PM, 11:27PM; 1/2 - 2:43AM; 1/3 – 2:27AM, 3:16AM; 1/4 - 7:58PM, 10:47PM

The Center for Economic Progress needs volunteers to prepare taxes for low-income families. Free training is available so experience is not required.

LOCAL SERVICES, RELIGION, UTILITIES

1/1 - 2:15PM, 10:58PM, 11:16PM, 11:27PM; 1/2 - 2:43AM; 1/3 – 2:27AM, 3:16AM; 1/4 - 7:58PM, 10:47PM

Send an event or opportunity our way. Email us details, location, date, time and contact information to communitycalendars@wciu.com.

The Glen Ellyn Wheaton Chorale is auditioning male voices on January 6th. Rehearsals are every Tuesday evening. Call for an audition time.

1/5 – 11:26AM, 1:20PM, 11:28PM, 11:50PM; 1/6 – 1:57PM, 3:23PM, 9:12PM, 10:04PM; 1/7 – 1:58PM, 4:38PM; 1/9 – 12:40PM, 4:26PM, 9:27PM, 3:05AM, 4:54AM; 1/10 – 4:16AM; 1/11 – 1:50AM

'I Save RX' is a state backed pharmaceutical cost program that can help you save up to 80% off your medications. Go online or call to calculate your savings.

Take \$20 off your phone bill every month! Learn how from the Citizens Utility Board. Check out the Citizen's Utilities Board Phone Savings Center online now.

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LOCAL SERVICES, RELIGION, UTILITIES continued

1/12 – 11:08AM, 2:05PM, 4:57PM, 8:55PM, 10:58PM; 1/13 – 11:42AM, 12:56PM, 2:54PM, 3:46PM, 5:01PM, 5:44PM, 6:43PM, 6:58PM, 9:41PM, 10:58PM, 11:26PM; 1/14 – 11:22AM, 1:01PM, 4:48PM, 6:13PM, 10:58PM; 1/15 – 1:21PM, 4:17PM, 6:30PM, 9:56PM; 1/16 – 11:21AM, 3:01PM, 4:41PM, 10:17PM, 11:47PM, 3:03AM, 4:32AM; 1/17 – 9:04AM, 10:28AM, 2:46PM, 5:16PM;

If lead poisoning is suspect in your child's health, call the Chicago Department of Public Health's Lead Poisoning Program.

A warming center is a heated place where you can find refuge from the extreme cold. If you're in need, the Garfield Human Services Center is open 24 hours a day.

1/19 – 12:33PM, 2:26PM, 4:15PM, 5:58PM, 11:58PM; 1/20 – 1:10PM, 4:14PM, 9:14PM, 11:32PM; 1/21 – 11:23AM, 12:29PM, 2:38PM, 3:36PM, 4:30PM, 6:56PM, 11:42PM; 1/22 – 9:27AM, 3:57PM, 6:27PM, 10:26PM; 1/23 – 1:09PM, 9:57PM, 11:44PM; 1/25 – 1:31AM

The NHS of Chicago is holding free foreclosure prevention workshops. Two hours can empower you to create an action plan and identify and avoid scams.

It's your chance to tell us about an event! For consideration, please email us details, location, date, time and contact information to communitycalendars@wciu.com.

1/26 – 11:54AM, 4:13PM, 9:26PM, 10:58PM; 1/27 – 12:26PM, 3:42PM, 5:55PM, 6:34PM; 1/28 – 12:56PM, 2:47PM, 6:42PM, 11:43PM, 1:18AM

Get with the New Horizons Program! Be a volunteer leader – organize trips to places of interest and learning for the 'off the street' kids. Their worlds and horizons are expanded with each experience.

The Heroes Breakfast honors local people for acts of great bravery, dedication and service. Do you know a hero? Make a nomination by February 6th – go online to learn more.

2/23 – 10:14PM, 11:26PM; 2/24 – 10:16PM; 2/25 – 3:38PM, 9:31PM, 10:16PM; 2/26 – 6:57PM, 9:54PM; 2/27 – 5:13PM, 6:44PM; 2/28 – 11:01PM, 12:02AM; 3/1 – 4:28PM, 5:33PM

Gather every Tuesday to eat delicious, healthy soup and talk about many of the urgent social, economic, and environmental food issues of our time at the Hull House!

Human Rights watch has reported on the Democratic Republic of Congo for over a decade. Join a discussion group and talk with an expert about hope for people of the Congo.

3/9 – 11:17PM, 12:12AM; 3/10 – 1:31AM; 3/12 – 12:16AM, 1:16AM; 3/13 – 6:58PM, 9:52PM; 3/14 – 12:21AM, 1:49AM; 3/15 – 4:45PM, 5:57PM

Just in case you forgot about the many services of 311, abandoned cars under piles of snow can be reported to the city of Chicago.

Chicago's senior center have a variety of social, educational and recreational activities just for you! Call (312) 744-4016 to learn more.

Creatives at Work will show how social networking expands the reach and quality of arts organizations. Go online to find out more!

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LOCAL SERVICES, RELIGION, UTILITIES continued

The Christopher House provides a web of support to strengthen families and communities and you can help too. From tutoring to fundraising, volunteer some time to a good cause.

3/16 – 1:26AM; 3/17 – 12:57AM; 3/18 – 11:27PM, 12:36AM; 3/19 – 11:13PM, 11:56PM; 3/20 – 9:43PM; 3/21 – 11:46PM, 1:02AM; 3/22 – 4:30PM

Julie Siegel will give a free lecture about sustainable strategies for greener gardens as part of their workshops and events about nature and the great outdoors

EDUCATION

1/26 – 11:54AM, 4:13PM, 9:26PM, 10:58PM; 1/27 – 12:26PM, 3:42PM, 5:55PM, 6:34PM; 1/28 – 12:56PM, 2:47PM, 6:42PM, 11:43PM, 1:18AM

The Boys & Girls Clubs of Chicago support deserving high school graduates with scholarships. Awards are based on academic achievement, financial need and more.

2/9 – 1:57PM, 10:39PM; 2/10 – 4:37PM, 10:06PM; 2/13 – 3:32PM, 4:54AM; 2/15 – 3:46PM, 5:27PM, 4:26AM

The Carol Robertson Center for Adult Learning offers basic adult literacy, GED, ESL classes, financial, health, legal seminars and more.

2/23 – 10:14PM, 11:26PM; 2/24 – 10:16PM; 2/25 – 3:38PM, 9:31PM, 10:16PM; 2/26 – 6:57PM, 9:54PM; 2/27 – 5:13PM, 6:44PM; 2/28 – 11:01PM, 12:02AM; 3/1 – 4:28PM, 5:33PM

Hug-a-Book workshops help parents with actively engaging their children in books and reading. Take part in 'Story Sharers' and get involved in your child's reading life.

3/3 – 6:45PM, 9:31PM; 3/4 - 9:41PM, 10:26PM; 3/6 – 6:45PM, 8:46PM; 3/7 – 11:46PM, 1:04AM; 3/8 – 1:12PM, 1:59PM

Musicians who would like more exposure, head over to the cultural center on March 9th where a panel of experts will advise you on how to operate your own blog and podcast.

Learn basic cooking techniques and specialized professional secrets in classes offered by instructors and guest chefs at the world kitchen. Classes are located in the gallery 37 center for the arts.

3/9 – 11:17PM, 12:12AM; 3/10 – 1:31AM; 3/12 – 12:16AM, 1:16AM; 3/13 – 6:58PM, 9:52PM; 3/14 – 12:21AM, 1:49AM; 3/15 – 4:45PM, 5:57PM

Jeffery Manor Library's free cyber-navigator class will teach you basic computer skills like setting up and using email accounts and also researching on the internet.

3/16 – 1:26AM; 3/17 – 12:57AM; 3/18 – 11:27PM, 12:36AM; 3/19 – 11:13PM, 11:56PM; 3/20 – 9:43PM; 3/21 – 11:46PM, 1:02AM; 3/22 – 4:30PM

The Art Institute of Chicago is hosting a free workshop to educate teachers on how they can bring the museum to their classrooms by using available online resources.

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HOUSING & THE HOMELESS

2/3 – 4:18PM, 11:31PM; 2/4 – 10:42AM, 3:57AM, 4:30PM, 6:56PM, 9:21PM, 9:41PM, 10:07PM, 11:17PM; 2/5 – 12:44PM, 3:29PM, 9:27PM, 11:16PM; 2/6 – 4:58AM, 3:24AM; 2/8 – 12:05AM

The Matthew House provides food, shelter, housing, and support to needy men, women and children who are homeless. Can you volunteer, donate time or even money?

2/9 – 1:57PM, 10:39PM; 2/10 – 4:37PM, 10:06PM; 2/13 – 3:32PM, 4:54AM; 2/15 – 3:46PM, 5:27PM, 4:26AM

'Love your Pet' is raising money for building repairs, electrical updates, and roof leaks. Help support a unique shelter designed to give homeless animals all the comforts of home.

2/16 – 12:38AM, 1:50AM; 2/17 – 12:18AM, 12:55AM; 2/18 – 1:19AM, 2:32AM; 2/19 – 1:47AM, 2:46AM; 2/20 – 2:14AM, 3:16AM; 2/21 – 11:35PM, 12:58AM

Hop aboard a coach bus and take a trip to the hybrid house and the center for green technology. Learn how one couple turned their green mission into a chic, sustainable home on the south side.

3/3 – 6:45PM, 9:31PM; 3/4 - 9:41PM, 10:26PM; 3/6 – 6:45PM, 8:46PM; 3/7 – 11:46PM, 1:04AM; 3/8 – 1:12PM, 1:59PM

Bowl for homeless pets on Saturday, March 4th at the Lincoln Square Lanes. The benefit includes bowling, shoe rental, pizza, and dessert. Make your reservation today.

3/16 – 1:26AM; 3/17 – 12:57AM; 3/18 – 11:27PM, 12:36AM; 3/19 – 11:13PM, 11:56PM; 3/20 – 9:43PM; 3/21 – 11:46PM, 1:02AM; 3/22 – 4:30PM

The Neighborhood Housing Services of Chicago are advising ways to prevent foreclosure. Call (773) 329-4185 or visit www.nhschicago.org for more information.

3/23 – 12:29PM, 12:55AM; 3/24 – 10:01AM, 6:38PM, 11:28PM; 3/25 – 9:27PM, 10:25PM; 3/26 – 9:14PM, 9:57PM; 3/27 – 4:58PM, 6:31PM; 3/28 – 12:05AM, 1:05AM; 3/29 – 5:13PM, 6:47PM

Join the fight to end homelessness. The Chicago Coalition for the Homeless offers emergency shelters, transitional housing and street programs reaching more than 3,500 people a year.

HEALTH, THE ELDERLY & POVERTY

1/1 - 2:15PM, 10:58PM, 11:16PM, 11:27PM; 1/2 - 2:43AM; 1/3 – 2:27AM, 3:16AM; 1/4 - 7:58PM, 10:47PM

It's time to shed the holiday pounds. Park Ridge's nutritionist will help you discover the secret of weight control through mindful eating. And it's free!

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HEALTH, THE ELDERLY & POVERTY, continued

1/12 – 11:08AM, 2:05PM, 4:57PM, 8:55PM, 10:58PM; 1/13 – 11:42AM, 12:56PM, 2:54PM, 3:46PM, 5:01PM, 5:44PM, 6:43PM, 6:58PM, 9:41PM, 10:58PM, 11:26PM; 1/14 – 11:22AM, 1:01PM, 4:48PM, 6:13PM, 10:58PM; 1/15 – 1:21PM, 4:17PM, 6:30PM, 9:56PM; 1/16 – 11:21AM, 3:01PM, 4:41PM, 10:17PM, 11:47PM, 3:03AM, 4:32AM; 1/17 – 9:04AM, 10:28AM, 2:46PM, 5:16PM;

Women with children often are denied residential substance abuse treatment due to an absence of childcare. The Women's Treatment Center can help.

The Lower West Health Center gives low-income school-age children access to dental care. Call to find out how.

1/26 – 11:54AM, 4:13PM, 9:26PM, 10:58PM; 1/27 – 12:26PM, 3:42PM, 5:55PM, 6:34PM; 1/28 – 12:56PM, 2:47PM, 6:42PM, 11:43PM, 1:18AM

The Lupus Foundation of America is holding a free educational seminar on February 7th. Speakers will present helpful information and management tools.

The Jane Addams Hull House is giving coats away to those in need. Stop by between February 2nd through the 6th and bring your own box or bag.

2/16 – 12:38AM, 1:50AM; 2/17 – 12:18AM, 12:55AM; 2/18 – 1:19AM, 2:32AM; 2/19 – 1:47AM, 2:46AM; 2/20 – 2:14AM, 3:16AM; 2/21 – 11:35PM, 12:58AM

The mobile dentistry program provides dental services to under deserved individuals in the Chicago area. Health and dental services are low to no cost but you do need a referral.

On March 1st, climb the stairs of the towering AT & T building to raise money to benefit the 20,000 people currently living with MS in Illinois. Climb anywhere from 36 to 60 floors. All to create a world free of MS.

2/23 – 10:14PM, 11:26PM; 2/24 – 10:16PM; 2/25 – 3:38PM, 9:31PM, 10:16PM; 2/26 – 6:57PM, 9:54PM; 2/27 – 5:13PM, 6:44PM; 2/28 – 11:01PM, 12:02AM; 3/1 – 4:28PM, 5:33PM

Protect yourself from hepatitis. If you don't have health coverage or a healthcare provider, you might qualify for vaccination services through the fast track immunization clinic.

3/3 – 6:45PM, 9:31PM; 3/4 - 9:41PM, 10:26PM; 3/6 – 6:45PM, 8:46PM; 3/7 – 11:46PM, 1:04AM; 3/8 – 1:12PM, 1:59PM

Rush University is offering a free community event offering information on heart and vascular disease. Learn about the future of medicine and how you may benefit from the latest treatment.

Help raise lupus awareness! Join the Lupus Foundation of America as they advocate for research and education funds in Illinois.

3/23 – 12:29PM, 12:55AM; 3/24 – 10:01AM, 6:38PM, 11:28PM; 3/25 – 9:27PM, 10:25PM; 3/26 – 9:14PM, 9:57PM; 3/27 – 4:58PM, 6:31PM; 3/28 – 12:05AM, 1:05AM; 3/29 – 5:13PM, 6:47PM

Give the gift of life by donating blood. Lifesource has 22 donor centers and several mobile blood drives that travel throughout your community daily. Call or log on to find a donor center near you.

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HEALTH, THE ELDERLY & POVERTY, continued

3/30 – 9:26PM, 10:07PM; 3/31 – 9:58PM, 11:14PM

Gilda's Club provides a warm and welcoming meeting place where those who have been diagnosed with cancer join with others to build social, emotional and informational support. Call or log on for more information.

Help raise awareness for those affected with epilepsy. The Epilepsy Foundation of Greater Chicago offers services to people with epilepsy, their families and the communities in which they live. Call to learn more.

RECREATION, ENTERTAINMENT & SPORTS

1/5 – 11:26AM, 1:20PM, 11:28PM, 11:50PM; 1/6 – 1:57PM, 3:23PM, 9:12PM, 10:04PM; 1/7 – 1:58PM, 4:38PM; 1/9 – 12:40PM, 4:26PM, 9:27PM, 3:05AM, 4:54AM; 1/10 – 4:16AM; 1/11 – 1:50AM

"I Still Love H.E.R. (a tribute to hiphop)" is a modern musical about hiphop's roots in the major social issues through the eyes of a radio personality. Call for tickets.

1/19 – 12:33PM, 2:26PM, 4:15PM, 5:58PM, 11:58PM; 1/20 – 1:10PM, 4:14PM, 9:14PM, 11:32PM; 1/21 – 11:23AM, 12:29PM, 2:38PM, 3:36PM, 4:30PM, 6:56PM, 11:42PM; 1/22 – 9:27AM, 3:57PM, 6:27PM, 10:26PM; 1/23 – 1:09PM, 9:57PM, 11:44PM; 1/25 – 1:31AM

The Freeman's are a middle class black family faced with selling their home in order to send their children to college. Find out what happens in the play, "Living Green".

1/26 – 11:54AM, 4:13PM, 9:26PM, 10:58PM; 1/27 – 12:26PM, 3:42PM, 5:55PM, 6:34PM; 1/28 – 12:56PM, 2:47PM, 6:42PM, 11:43PM, 1:18AM

The Dance Center of Columbia College Chicago presents Japan Dance Now. Watch three emerging Japanese dance companies. Call (312) 369-6600.

2/3 – 4:18PM, 11:31PM; 2/4 – 10:42AM, 3:57AM, 4:30PM, 6:56PM, 9:21PM, 9:41PM, 10:07PM, 11:17PM; 2/5 – 12:44PM, 3:29PM, 9:27PM, 11:16PM; 2/6 – 4:58AM, 3:24AM; 2/8 – 12:05AM

This Valentine's Day get dressed up and take your family to Seward park's Daddy Daughter Dance. Bring Mom and brother too, but don't forget to call or go online to get registered!

Take your 'valentine' to the Garfield Conservatory's 1st annual Sweet Saturdays. Sample sweets, flavors, and the fun of designing a 'scratch and sniff' necklace with cinnamon.

Throughout history, jewelry has been worn for adornment, remembrance as a status symbol or to ward off evil. Come discover antiquity through exquisite objects at the Field Museum.

2/9 – 1:57PM, 10:39PM; 2/10 – 4:37PM, 10:06PM; 2/13 – 3:32PM, 4:54AM; 2/15 – 3:46PM, 5:27PM, 4:26AM

Andrew High School's music program is having its 23rd annual spring craft show. Over 100 crafters work will be on display so come out, have fun and support music.

Honor the 200th anniversary of Lincoln's birthday and listen to the legendary James Earl Jones narrate the Lincoln portrait with the Chicago Symphony Orchestra.

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RECREATION, ENTERTAINMENT & SPORTS, continued

2/16 – 12:38AM, 1:50AM; 2/17 – 12:18AM, 12:55AM; 2/18 – 1:19AM, 2:32AM; 2/19 – 1:47AM, 2:46AM; 2/20 – 2:14AM, 3:16AM; 2/21 – 11:35PM, 12:58AM

The poetic dialogue project is showing 31 works of art from across the U.S. The free exhibit features paintings, photographs, sculptures, artist-made books and various other mixed media.

Sign up for the urban art retreats' art studio and practice drawing, watercolors, acrylic painting and hand building with clay. All for free!

2/23 – 10:14PM, 11:26PM; 2/24 – 10:16PM; 2/25 – 3:38PM, 9:31PM, 10:16PM; 2/26 – 6:57PM, 9:54PM; 2/27 – 5:13PM, 6:44PM; 2/28 – 11:01PM, 12:02AM; 3/1 – 4:28PM, 5:33PM

Celebrate the city's 172nd birthday party at the Chicago History Museum with music, crafts, and birthday cake from 10am-1pm. General admission is free!

3/3 – 6:45PM, 9:31PM; 3/4 - 9:41PM, 10:26PM; 3/6 – 6:45PM, 8:46PM; 3/7 – 11:46PM, 1:04AM; 3/8 – 1:12PM, 1:59PM

Sherlock Holmes enthusiasts join the Sherlock Holmes Scion Society on March 7th as they hold their regular dinner and Olympics program. Call for tickets and more information.

3/16 – 1:26AM; 3/17 – 12:57AM; 3/18 – 11:27PM, 12:36AM; 3/19 – 11:13PM, 11:56PM; 3/20 – 9:43PM; 3/21 – 11:46PM, 1:02AM; 3/22 – 4:30PM

Homan Square Park is hosting their neighborhood sports fest for community and families to come together and participate in exciting sporting events and tournaments.

3/23 – 12:29PM, 12:55AM; 3/24 – 10:01AM, 6:38PM, 11:28PM; 3/25 – 9:27PM, 10:25PM; 3/26 – 9:14PM, 9:57PM; 3/27 – 4:58PM, 6:31PM; 3/28 – 12:05AM, 1:05AM; 3/29 – 5:13PM, 6:47PM

Chicago is a bloomin' kind of town with free admission to Spring flower shows both the Lincoln Park Conservatory and the Garfield Park Conservatory. Log on for details.

Grab your bicycle and helmet and come out to Daley Plaza the last Friday of each month for Critical Mass, a fun-filled bike ride through the streets of Chicago.

3/30 – 9:26PM, 10:07PM; 3/31 – 9:58PM, 11:14PM

The Magnificent Mile comes alive with color as hundreds of thousands of vibrant tulips bloom on one of the great avenues of the world with the annual event, Tulips on the Magnificent Mile. Log on for more info.

Your family is invited to Sheil Park's Eggstravaganza. Join the fun with colored egg hunts, balloon artistry, face painting and more! It's all free! Call for more details!

The Hyde Park Art Center is hosting, "Bits and pieces", an exhibition of video art by various artists. Curator Catherine Forster, will host a screening and a discussion of the work. Call or log on for more details.

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YOUTH, FAMILY RELATIONS & RELATIONSHIPS

1/1 - 2:15PM, 10:58PM, 11:16PM, 11:27PM; 1/2 - 2:43AM; 1/3 - 2:27AM, 3:16AM; 1/4 - 7:58PM, 10:47PM

Childserv helps adults who are raising their grandchildren through the Grand Family Homes Project. Call and speak with a grandparent advocate.

1/5 - 11:26AM, 1:20PM, 11:28PM, 11:50PM; 1/6 - 1:57PM, 3:23PM, 9:12PM, 10:04PM; 1/7 - 1:58PM, 4:38PM; 1/9 - 12:40PM, 4:26PM, 9:27PM, 3:05AM, 4:54AM; 1/10 - 4:16AM; 1/11 - 1:50AM

Information, counseling, legal and shelter services are available through the 24-hour domestic violence help line. Your call is confidential and the number is toll free.

1/19 - 12:33PM, 2:26PM, 4:15PM, 5:58PM, 11:58PM; 1/20 - 1:10PM, 4:14PM, 9:14PM, 11:32PM; 1/21 - 11:23AM, 12:29PM, 2:38PM, 3:36PM, 4:30PM, 6:56PM, 11:42PM; 1/22 - 9:27AM, 3:57PM, 6:27PM, 10:26PM; 1/23 - 1:09PM, 9:57PM, 11:44PM; 1/25 - 1:31AM

Socialize your baby and exchange advice and anecdotes with other parents. Make some time this week to stop by Be-By Baby's free playground.

2/3 - 4:18PM, 11:31PM; 2/4 - 10:42AM, 3:57AM, 4:30PM, 6:56PM, 9:21PM, 9:41PM, 10:07PM, 11:17PM; 2/5 - 12:44PM, 3:29PM, 9:27PM, 11:16PM; 2/6 - 4:58AM, 3:24AM; 2/8 - 12:05AM

Ways to Work helps low-income parents find affordable car loans and the opportunity to restore or build their credit. If you need help, they're there for you.

Between Friends works with individuals and communities to create awareness about domestic violence. Volunteer your time and help to reduce its prevalence and impact as an issue.

2/9 - 1:57PM, 10:39PM; 2/10 - 4:37PM, 10:06PM; 2/13 - 3:32PM, 4:54AM; 2/15 - 3:46PM, 5:27PM, 4:26AM

The YMCA's street intervention program mediates gang disputes and promotes non-violent solutions. Workers meet youth at school during the day and on street corners at night. Call for more information.

3/16 - 1:26AM; 3/17 - 12:57AM; 3/18 - 11:27PM, 12:36AM; 3/19 - 11:13PM, 11:56PM; 3/20 - 9:43PM; 3/21 - 11:46PM, 1:02AM; 3/22 - 4:30PM

Teen will bring media clips that portray violence and aggression to provide a platform to talk about more positive alternatives and how they will discuss ways they can make more positive choices.

3/30 - 9:26PM, 10:07PM; 3/31 - 9:58PM, 11:14PM

Family Focus Englewood provides programs and activities to support the mental health and parenting skills of teens in the Englewood community who are pregnant or are parenting infants. If you need some help, give them a call.

RACE & CULTURAL DIVERSITIES/RELATIONS

1/12 - 11:08AM, 2:05PM, 4:57PM, 8:55PM, 10:58PM; 1/13 - 11:42AM, 12:56PM, 2:54PM, 3:46PM, 5:01PM, 5:44PM, 6:43PM, 6:58PM, 9:41PM, 10:58PM, 11:26PM; 1/14 - 11:22AM, 1:01PM, 4:48PM, 6:13PM, 10:58PM; 1/15 - 1:21PM, 4:17PM, 6:30PM, 9:56PM; 1/16 - 11:21AM, 3:01PM, 4:41PM, 10:17PM, 11:47PM, 3:03AM, 4:32AM; 1/17 - 9:04AM, 10:28AM, 2:46PM, 5:16PM;

Commemorate the life and legacy of Dr. Martin Luther King, Jr. with dramatic readings and gospel performances and admission is free.