

KMRO Camarillo CA

ISSUES / PROGRAMS

1st Quarter 2022

KMRO has identified the following list of issues as important to its coverage area primarily through listener contact and informational postings.

All times listed are Pacific Time.

The station has aired educational and religious programming responsive to the issues listed.

1. Marriage and Family Issues/At-Risk Youth
2. Drugs
3. Homelessness
4. Jobs / Finance
5. Mental Health and COVID

The following is an illustrative listing of programs aired in response to the issues listed.

1. Marriage and Family / At-Risk Youth

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

3/12/2022	Dr. Alicia Macias, Director of The Village Family Services a non-profit institution dedicated to recruiting foster parents for children who need foster care because of their home situation. What are the needs of these children? Can a single man or woman be a foster parent? Do foster parents receive government financial support to care for the foster children? These questions and more are addressed. Foster Families are needed all over the U.S. Please ask your local Child Services Department.
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Mi Casa Y Yo Me and My House, with hosts Pastors Jeff and Evelyn Tolle. Addressing topics of daily family life. Daily 11:00 – 11:12 a.m. and repeat at 3:40 a.m.

03/02/22	Pastor Jeff Tolle continues with: When the world is going crazy and looks at serious family situations - how do we respond with our families? Curiosity and your children - it is normal for our children to ask questions about why things are the way they are such as the war in Ukraine. Do not close the conversation. 1. Use details that are age appropriate. 2. Affirm their questions and concerns. 3. If you do not know the answer, tell them you don't know, but can look for the answer. 4. Ask your children for their opinions. Curiosity is good. Talk to them.
03/08/22	Pastor Jeff looks at: Stress in the family. When parents are under stress, the family is not strong. We need strong families led by strong families who, together, work through tough times. Happy parents, happy kids. Yes! Encourage a happy, quality home environment. But it takes work. And belief in the future. Do not let yourselves be robbed - encourage one another now. Remember that now is not all there is - the future is full of hope.
03/10/22	Pastor Jeff offers hope: Words of encouragement! Negative, sad parents are not going to be that great a help to their children. Do not be afraid - God says: I am with you. If your kids are suffering, if Covid, if economy, if your immigration, if your kids are out of control, if the boss is not happy, - these can bring fear of the future. God says, Don't be afraid, I am with you,

03/21/22	Practical tips for raising kids: Parenting Kids 101. Pastor Jeff goes over some basics with parents: Whether you kids are young or adolescent, Embrace your kids. Show them love. Touch them hug them with a physical touch. We love to hug babies but as they grow, we are not as apt to hug. Show them your love for them. They need it. Do not stop, even when they grow older and resist your hugs. Your kids, will learn from you, despite all your imperfections.
03/24/22	Pastor Jeff continues with the ABC's of parenting: Let your words encourage your kids. Be honest with your kids. When you encourage your kids, do not be dishonest - saying they are the best ever in the world if they are not. Be careful with your words not being rude or crude. Be truthful. If they are not good at math, they know it. Encourage them and help them know that they are people with purpose, and no one like them. Remember to not compare them to others. Restore and build them up.
03/25/22	Today, Pastor Jeff talks about the ABC's of parenting - have family time together. Make regular time around the table, play together, watch something together. And learn to say "yes." My son asked me to tell him a story about animals. So I said, Yes. The next day he wanted another, and I said, Yes. and the next day, I said Yes. When you say, No, it becomes a habit. With your Yes, you are establishing a relationship. And if you say No, they will stop asking, separate themselves from you and find someone who will say Yes.

2. Drugs

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

1/15/2022	Chaplain Fermin Hernandez, Oxnard Police Department, Pastor Lucila Hernandez - Community Christian Center, Oxnard, CA, Talks about Celebrating Recovery. We have destructive patterns that need change. Anger and lack of forgiveness are big problems. We wear a mask and say everything is fine. How people can get help or information: 805-407-6181 - leave a message. It is a support group for one another - a safe place with no shame. We can help any pastor who would like to be trained and bring the plan to your local church. We also have Parenting lessons: 'Loving Solutions' to meet needs of the strong-willed age child. Some kids are dealing with difficult home situations like domestic violence or alcoholism. Parents and grandparents need to understand how to deal with children and adolescents.
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1/29/2022	Chaplain Fermin Hernandez is a Community Service Officer for the Oxnard, CA Police Department. Fermin is a pastor, as well as a chaplain. Officer Fermin and his wife, also a pastor, run the addiction rehabilitation program known as "Celebrating Recovery." The program offers hope to those with addictions - and for their families. They have seen remarkable changes in hopeless people. The program is free. Help or information: 805-407-6181 - leave a message.
2/26/2022	Sandy Logan, Director, Los Angeles County Partnership w/ San Fernando Valley - Opioid drug abuse is responsible for many cases of suicide as well as accidental death. The overdose rate has increased, and some medicines have been over-prescribed. And some people believe that the drugs are actually not harmful especially if prescriptions from the home rather than from the street. The "National Opioid Information Line" is open 24 hours for those in need 1-800-662-4357 - English and Spanish.

3. Homelessness

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

1/1/2022	Pastor Luis Saenz, of Victory Outreach in Eaglerock, CA, talks today about how we are all affected by homelessness around the country - especially because of COVID. Men, women, and children - And the homeless suffered criminalization. Living on the streets and subject to the elements, it affects now and long-term. There is a lot of crime among them and against them. And a great lack of healthcare - physical and mental health. Living centers - rehabilitation centers are lifelines. Any church can do this. Victoryoutreach.org for help all over the country. Cities all around the country have help available. Look in libraries for locations. Ask for help from local authorities to run a center because many funds are available.
1/22/2022	Homelessness in California - Psychiatrist Dr. Jose Corena, Psychiatrist - California Dept of Public Health, elaborates on some of the most common factors contributing to the homelessness crisis. These can include housing costs, drug (opioid) addiction, mental health challenges, and policy changes. In some areas, homelessness has become too overwhelming of a problem for law enforcement to manage exclusively. Local Public Health departments have resources for those in need, especially women and children without homes or resources.

4. Jobs / Finance

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

2/19/2022	Victor Ortiz joins us today; he is Job Developer at The Arc of Ventura County - A nonprofit organization created to empower people with intellectual and developmental disabilities to get jobs and gain greater independence. There is great satisfaction in seeing the disabled gain independence and skills to live productive lives – paying their rent, even buying cars! Many employers support us. This is in cooperation with California Department of development and rehabilitation. Motto: That any person with a disability should have the right to be paid fairly for a job well done. Many states have projects and centers like ours for local people to take advantage of. You can be a volunteer at many sites, too.
3/5/2022	Alex Vega- Director, VCCDC- Ventura County Development Community is a non-profit corporation subsidized by the U. S. Department of Housing which provides educational classes, counseling programs, grants, and other resources to people of moderate means. In some cases, the person receiving financial aid will receive it in the form of a grant that does not need to be repaid. The cost of homes is out of reach for so many now. Many people do not know that there are programs and loans that can help. Our organization helps first-time buyers. And we help people from all social classes so that people can live close to their work. In our classes, we are not selling anything, we are educating people to take steps to help themselves.

5. Mental Health, Health and COVID-19

Al Día Up-to-Date, with Vania Consentino. Public Affairs program with special expert guests interviewed by Vania Consentino. Saturdays 12:00 – 12:15 p.m.

1/8/2022	Angeles Small, Director of Community Services, Mental Health Dept -Ventura County Mental Health, discusses exactly what Mental health is. We need to discuss with our doctors, our emotional health as well as our physical health. When people get into mental health care, they can discover that they are not alone and can overcome. There are different levels of mental health problems, from feeling sad, to crying, to not sleeping, to sleeping too much. Not wanting to socialize and not wanting to get up or not going to school or work and becoming aggressive. People need to know that therapy is nothing to be afraid of. at the national level. Help line: Samsa 1-800-985-5990.
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2/5/2022	<p>COVID and the heart - Dr. Jaime Hernandez-Monfort, cardiologist with Cleveland Clinic talks about the stress of COVID on the heart. We have never been through this before. Many are afraid and suffer stress because of getting Covid, job, finances, care and this can lead to high blood pressure, and this is dangerous to the heart. So those with cardiac issues need to be extra careful and use prevention measures: 1. good hygiene - mask. 2. Have time some quiet time. 3. control sugar and cholesterol. 4. Maintain ideal weight with good diet. 5. Exercise - 30-min./day for at least 5 days a week and walk fast. 6. Do not smoke. More information: with great teaching tools: clevelandclinic.org/loveyourheart - English and Spanish.</p>
2/12/2022	<p>Dra. Nina Berrocal - Medical Director, School of Retinopathy at University of Miami clarifies about eye disease treatments, especially people who suffer from diabetes that suffer from compromised vision. Hispanics have higher risk for diabetic eye problems with high blood pressure. We do not know why the difference with other populations, but eye problems follow diabetes and high blood pressure. And there is macular degeneration with older populations. Symptoms are floaters in the eye, bleeding in the eye, loss of vision in the vision center. Always have regular exams of your eye.</p>
3/19/2022	<p>Dr. Monica Yepes, Physician - Director, Infectious Diseases at Cleveland Clinic joins us to talk about the Hispanic Community and COVID - Dr. Yepes discusses the vaccination disparity among our Hispanic community and the importance of the COVID-19 vaccines. A significant percentage of Hispanics will not get the vaccine, but it will reduce the risk of death. Vaccination is especially important. Dr. Yepes encourages people to get the vaccination - do not listen to those who say otherwise - the vaccine is safe and effective. Even for those who are pregnant. www.ourshottosavelives.org and CDC.gov/vaccine. Today is the day to get vaccinated.</p>
3/26/2022	<p>Dr. Lucia Abascal- Physician-Director, State of California Department of Public Health joins us to talk about COVID Vaccine and Our Children. Parents and guardians: Will schools require minor children to be vaccinated against COVID-19? Is it true that children do not transmit the 'virus'? What is the best way to continue protecting our children in schools? Wear a mask. Wash your hands. Do not send your children to school when they are sick. Vaccinate them. The vaccine has no metal, no chip - it's safe and effective for children. Be careful of what you read on social media sites. Children can infect their grandmother or grandfather at significant risk.</p>

Mi Casa Y Yo *Me and My House*, with hosts Pastors Jeff and Evelyn Tolle. Addressing topics of daily family life. Daily 11:00 – 11:12 a.m. and repeat at 3:40 a.m.

03/01/22	<p>Pastor Jeff Tolle talks about the important theme of: When the world is going crazy! Responding when things seem out of control. We must love our neighbor always. When things seem to be going out of control like in the current war in Ukraine, we must pray for those who have been hurt and give to relief organizations to those suffering. We must always serve others when we see suffering and need. Remembering what is important - crises come and go - we must always be ready to help.</p>
03/03/22	<p>Pastor Jeff looks at how to deal with the constant barrage of the world coming apart at the seams. We are dealing with Covid, inflation, the war in Russia and Ukraine. It is all crazy - what should we do? These all happen one thing or another - Fear and anxiety - These can stop us from advancing - and freeze us in place. We ask - is this the End? - and we worry. We must live without fear. Do not be driven by fear and you will have a better life. We can be strong when things go wrong. Remember that people use fear to frighten and "sell" things to us. They want you fearful. Be strong.</p>
03/04/22	<p>There is so much change - and it all seems so crazy. This week there is less focus on Russia and Ukraine because people have found interest in other things and moved on. In the midst of all the craziness, it is important we understand and not get caught up in it all. We must remember to love one another. Keep your appointments, keep your job, keep caring for your family. Do not lose your focus. Yes, be informed, but do not lose focus on those things important. Do not be taken in by the newest thing. There will be something new tomorrow or next week.</p>