WRMU Issues/Programs List

Alliance, Ohio 44601 April 1, 2024

Issue: Public Affairs Issues

Discussion of the Issue:

Many area residents do not have a radio outlet for national and international events and issues. WRMU provides programming for people who may be interested in these issues. WRMU believes the community should be aware of world issues that are not covered in the local media.

Programming:

- A. Music and the Spoken Word Sundays at 8:30am 30-minute weekly program the offers music and religious commentary.
- **B.** Academic Minute-Tuesdays at 12:30pm and Thursdays at 830am-2:30 segment. Discusses the latest in academic research from colleges and universities around the world (See program and issues list below)
- C. Climate Connections-Mondays and Fridays at 12:30pm 1 minute segment highlights the importance of water stewardship and sustainability in the Great Lakes and surrounding watersheds. (See program and issues list below)
- D. Reel Discovery-Airs Tuesdays and Fridays at 830 a.m.- 3:00 weekly feature, dedicated to helping busy movie lovers wade through the flood of new releases to find films that are worthy of their precious time and money.
- E. Shelf Discovery- Mondays at 830am and Wednesdays at 12:30pm- 3:00 weekly feature, dedicated to helping busy readers wade through the shelves and shelves of options to discover books that are worth their often-limited reading time.
- F. Loh Down on Science- Wednesdays at 830am and Thursdays at 12:30pm- 90 second feature about the world of science, with a dash of humor.
- G. With Good Reason- Thursdays at 5:30 pm- 30-minute which brings together higher education institutions and Virginia Humanities to make scholarly research accessible to all.

Issue: Various issues of Public Concern

Discussion of the Issue:

There are many issues effecting society and through public service announcements WRMU can inform the public about these issues. WRMU provides an outlet for these local announcements that benefit the community.

Programming:

WRMU airs two pre-recorded PSAs per hour on relevant issues to the public. For example: diabetes, Habitat for Humanity, high school dropout rates, energy efficiency, safe driving. (See list of recorded PSAs below)

Title	Artist(s)	Run Time
Rising Ashes-Fire Pit	Wildfire Prevention	01:00
Totally	Adoption From Foster Care	01:00
Normal Day	Safe Gun Storage	01:00
Missed Opportunity	Pathways to Employment	01:00

Where We Operate	Doctors Without Boarders	01:01
Carissa	High School Equivalency	01:00
A Caregiver's Story	Coalition to Salute America's Heroes	01:01
Remote Control	Type 2 Diabetes Prevention	01:00
Unused Opioids	FDA	01:00
Healthy Snacks for Self Care	WRMU	01:03
I Come Correct	Child Car Seat Safety	01:00
Bucke Up (Teen Girl) (1 Minuite)	Seatbelt Safety	01:00
Healthy Steams = Healthy Communities	Izaak Walton League of America	01:00
'Better than Ed' - Population Growth	Center for Biological Diversity	01:00
Probably	Buzzed Driving Prevention	00:59
Positive Thinking for Self Care	WRMU	01:07
Lyndsey's Story – Alcohol and Date Rape	Youth 2 Youth International	01:00
Online Bullying	CAP	01:00
Shingles - Adult Vaccination	NFID	01:00
Durrell	Fatherhood Involvement	01:00
Alcohol Poisoning (UMU)	UMU ADWE	00:54
Flu FOMO	Flu Vaccination	01:01
Mindfullness for Self Care	WRMU	01:13
Danica Patrick	Hunger Prevention	01:00
All-Nighter Rx Abuse (UMU)	UMU ADWE	00:56
Roxanne	Caregiver Assistance	01:00
Opioid Addiction Prevention	CDC	01:25
All Kinds of Thing	Saving For Retirement	01:00
Soil: The Final Frontier	USDA	01:00
Whatever Gets You Talking	Suicide Prevention	01:00
Social Security Online	Social Security Administration	01:00
Benefits	Discovering Nature	01:00
How We Do It	Job Training & Employment	01:00
Zzzapper – Alcohol Industry targeting teens	Youth 2 Youth International	01:00
Moments	Fatherhood Involvement	01:00
Full Circle	Caregiver Assistance	01:00
E-Cigs (UMU)	UMU ADWE	00:45
Chance Pathways to Employment	Pathways to Employment	01:00
STEM: Moment of Discovery	STEM	01:01
Easiest Thing	Saving For Retirement	01:01
Pot on Campus (UMU)	UMU ADWE	00:55
Dad Jokes	U.S. Department of Health and Human Servi	01:01
Facts Matter	Vote Smart	01:00
Coming Together	Love Has No Labels	01:00
Texting and Whatever	Texting and Driving Prevention	01:01
Chris's Story - Organ Donation	organdonor.gov	01:01
Drunk Driving (UMU)	UMU ADWE	00:42
Exercise as Self Care	WRMU	01:10
The Question	Veterans Crisis Prevention	01:00
LGBT Acceptance	AD Council	01:00
Alcohol-Free Party (UMU)	UMU ADWE	00:43
Sarcoma Awareness	SFA	01:00
Sound of Dinner	Hunger Prevention	01:00
Virtues	Adoption From Foster Care	01:00
Buzzkill	UMU ADWE	01:00
Expensive Night	Buzzed Driving Prevention	01:00
Animal Sounds	Child Car Seat Safety	01:00
Adult Immunization	NFID	01:00
The Best Planner	Emergency Preparedness	01:00
Smokey 75 - Jeff Foxworthy	US Forest Service	01:00
2 Sides	Learning Attention	01:00
Tom	Alzheimer's Awareness	01:00
Emergency Prep (1 Minute)	Emergency Preparedness	01:00
Anchor It!	CPSC	01:00
Family	Supporting Pets in Your Community	01:01

Sense of Adventure	Forest Discovery	01:01
Early Detection-Ryan Blaney	Alzheimer's Awareness	01:01
The Best Planner	Disaster Prevention	01:00
Power Suit	Job Training & Employment	01:00
Shoes - Childhood Obesity	earthshare.org	01:00
Orphan Diaries - 143 Million	Food for Orphans	01:00
Signs of Depression	WRMU	01:20
Ruth's Stroke Story - Stroke Prevention	NIH.gov	01:00
Goat	Adoption From Foster Care	00:29
Service Never Stops: Chris B	Safe Gun Storage	00:30
Did I Get Lost In the Music	Drug Impaired Driving Prevention	00:32
Forest Trail	Forest Discovery	00:30
Saving For Retirement - Husband	AARP	00:30
Sound It Out	Ad Council	00:30
Belonging	Belonging	00:30
Alzheimer's - Cynthia	Alzheimer's Association	00:32
Game Over - Playing Online	APWG/NCSA/DHS	00:30
Protect Your Animals During Fireworks	PETA	00:30
Let's Take a Break	Texting and Driving Prevention	00:30
Caitlin's Story - Organ Donation	organdonor.gov	00:30
Flu Vaccine	NFID	00:30
Smoky Is Within-Avoid Sparks	Wildfire Prevention	00:32
Curiosity	Safe Gun Storage	00:32
Tax Payment Options	IRS	00:30
Night	Child Car Seat Safety	00:30
Shift	Clinic Car Scat Safety	00.52
Shelter Pet Adoption - Olivia Munn	Maddie's Fund	00:30
Lung Cancer: Next Step	Lung Cancer	00:30
Suicide Prevention: Amine	Suicide Prevention	00:30
Sound It Out	Middle School Mental Health	00:30
Father and Daughter	Middle School Mental Health	00:30
Suicide Prevention - Lindsey Stirling	AFSP	00:32
Mom Visit	NFID	00:32
Social Security Phone Scam	Social Security Administration	00:32
HBP Loving Reminder	High Blood Pressure Control	00:30
Baby Decisions	CDC	00:32
Suicide Prevention - Hayley Kiyoko	AFSP	00:32
What's Inside	Youth Vaping Prevention	00:30
Melissa	Hunger Prevention	00:29
Suicide Prevention (UMU)	UMU ADWE	00:40
JJ Harrison - 811	Pipeline Operators for AG Safety	00:30
Tune Out	Seatbelt Safety	00:30
Maddy	Diversity and Inclusion	00:30
Suicide Prevention: Lindsay	Suicide Prevention	00:30
At Your Doorstep	Disaster Prevention	00:32
Teen Drama	Youth Vaping Prevention	00:30
Building Recovery	SAMHSA	00:30
Online Identity Theft	APWG/NCSA/DHS	00:30
Retirement Online	Social Security Administration	00:32
Warning App	Type 2 Diabetes Prevention	00:29
UMU - Tailored Experience	Mount Union	00:30
New Hobbies	Alzheimer's Association	00:32
TCO: Talk To Your Doctor	Take Charge Ohio	00:32
Caring For Elders - Hero	AARP	00:30
Tax Filing Extension	IRS	00:32
I Love My Kid	NHTSA	00:32
Pulmonary Health Education and Research	Will Rogers Institute	00:30
Prediabetes - People You Know	Type 2 Diabetes Prevention	00:32
STEM: Anthem	STEM	00:30
If I Could Be You	Belonging	00:32
Asthma - Know Your Count	AAFA	00:32
Those Four Count		50.50

Dr. Alexand (IDAII)		00.20
Rx Abuse (UMU) Steve	UMU ADWE	00:30 00:30
Tuba Practice	Disaster Prevention NHTSA	00:30
	USDA	00:32
Play Ball Car Shopping		00:32
Never Completely Ready	Saving For Retirement	00:30
	Adoption From Foster Care PETA	00:30
Cold Dog TCO: Managing Pain Properly		00:30
Rockstar	Take Charge Ohio National Responsible Fatherhood Clearingho	00:32
AMVETS VAVS	AMVETS	00:30
Drunk Love	NHTSA	00:32
Tax Transcripts	IRS	00:30
Home From Work	NFID	00:32
You Can Run	Drug Impaired Driving Prevention	00:32
Marvin	Fatherhood Involvement	00:30
Multitasker	Distracted Driving Prevention	00:30
TCO: Safe Storage & Disposal Tips	Take Charge Ohio	00:30
Post Your Recovery	SAMHSA	00:32
Smoky Is Within-Campfire	Wildfire Prevention	00:30
Chameleon	Distracted Driving Prevention	00:30
Show and Tell	Forest Discovery	00:30
All of Us Research Program	National Institutes of Health	00:32
Courage	Adoption From Foster Care	00:30
Join Us	Saving For Retirement	00:32
	PETA	00:32
Aislinn Derbez: Always Spay or Neuter COPD - Pulmonary Rehab		00:30
Pest Allergies	American Thoracic Society PestWorld.org	00:30
Protect Your Baby	CDC	00:30
Jelly	Adoption From Foster Care	00:32
Play By Play	Buzzed Driving Prevention	00:29
STEM: Recycling	STEM	00:30
Kelsey Grammer - Wounded Warrior	Wounded Warrior Project	00:32
Emmylou Harris: Spay or Neuter	PETA	00:30
Harold	Fatherhood Involvement	00:30
Red Cross Blood Donation Alert	American Red Cross	00:30
Real Deal-2 Milligrams	Youth Fentanyl Awareness	00:30
Telegraph	Texting and Driving Prevention	00:30
Karen	Disaster Prevention	00:30
Justin Employers	Transforming Hiring and Diversifying Talent	00:30
It Was The HAMs	ARRL	00:30
Eve: Unchain Your Friends	PETA	00:32
TCO: Mission	Take Charge Ohio	00:30
Smokey 75 - Betty White	Wildfire Prevention	00:32
Barbara	Diversity and Inclusion	00:30
Imagine	LGBT Acceptance	00:32
Driving Means	Texting and Driving Prevention	00:30
Saving For Retirement - Girlfriend	AARP	00:30
Treat Your Phone Like A Computer	Stop Think Connect	00:32
Game Over - Sharing Online	APWG/NCSA/DHS	00:30
ASTHMA – BRYAN CRANSTON	Will Rogers Institute	00:30
LoveFest	Buzzed Driving Prevention	00:30
Suicide Prevention - Amine	AFSP	00:22
Joe Wash - ARRL	ARRL	00:30
Child Healthcare	CHIP	00:30
Our Roads, Our Safety Campaign- "Meet Ingrid"	U.S. Department of Transportation	00:30
Lung Cancer: Save Your Life	Lung Cancer	00:30
Do You Binge Drink? (UMU)	UMU ADWE	00:33
Grant Aleksander: Dogs in Hot Cars	PETA	00:30
Testimonial	Saving For Retirement	00:30
Kiddie Car Seat Song	NHTSA	00:32
SS Phone Scam	Social Security Administration	00:32
	beening rammanuton	00.02

HIGH BLOOD PRESSURE – BETTY WHITE	Will Rogers Institute	00:30
Driving Blind	Texting and Driving Prevention	00:30
Our Roads, Our Safety Campaign- "Meet Keith"	U.S. Department of Transportation	00:30
AMVETS Service Officers 2	AMVETS	00:30
Common Tax Errors	IRS	00:32
Goo Goo Dolls	Hunger Prevention	00:30
She-ro	Saving For Retirement	00:32
Just Don't	Distracted Driving Prevention	00:30
Skills From HAM	ARRL	00:34

Issue: Religious/Community Issues

Discussion of the Issue:

There are many residents who do not have the opportunity to hear local programming. In this case it is a local church program. Shut-ins also cannot make it to church. Community members hear about local events going on in the announcements part of the service and local issues through the sermons.

Programming:

Sundays @ 8:00 am - Sebring Presbyterian Church program. This program is pre-recorded from the Sebring church, providing local information about Sebring.

Issue: Religious/Community Issues

Discussion of the Issue:

There are many residents who do not have the opportunity to hear local programming. In this case it is a local gospel music program. Shut-ins also cannot make it to church sometimes. There are not many outlets for programs in the local African American community. This weekly program provides that outlet.

Programming:

A. Alex Smith's Gospel Show Every Sunday 9:00am to 11:00pm

This two-hour gospel music program provides local information about residents in the community. Prayers, readings and music are broadcast as part of the program. Community events and issues are announced weekly.

Issue: Religious Issues/Community Issues

Discussion of the Issue:

Alliance is located near a major retirement and nursing home center in Sebring, Ohio. Many of these people cannot make it to church. WRMU provides religious programming for shut-ins and those who cannot make it to church. Local announcements and activities for the community are provided each week. Listeners also learn about local issues for the Alliance community and church in the sermons each week.

Programming:

A. Union Ave. Methodist Church Service Every Sunday at 11:00am to 12:00pm Live broadcast of local church service.

Issue: Religious Issues/Community Issues

Discussion of the Issue:

There are many residents who do not have the opportunity to hear local programming. In this case, it is a family-centered program with religious principles.

Programming:

A. Family Matters Program from Spirit of Faith Christian Center. Every Sunday at 7:30am and Noon 15–25-minute program focusing on family issues backed by religious principles

Issue: Public Affairs Issues

Discussion of the Issue:

In an effort to keep the community aware of events in the area WRMU provides hourly newscasts

Programming:

Hourly newscasts weekdays, 8a-12p (during academic year)

Issue: Public Affairs Issues: The Academic Minute Program List

Week of 1-1-24 Ahyeon Koh, associate professor in the Thomas J. Watson College of Engineering and Applied Science at Binghamton University, collects perspiration to track our health.

Week of 1-8-24 Emily Hemendinger, assistant professor with the department of psychiatry at the University of Colorado Anschutz Medical Campus, says you don't like the way you look on your next Zoom call, you're not alone.

Week of 1-15-24 Christian Kiewitz, professor of management at the University of Dayton, wonders who your coworkers are.

Week of 1-22-24 Tan Boston, assistant professor at the Salmon P. Chase College of Law, discusses the NIL glass ceiling.

Week of 1-29-24 Robert Romano, assistant professor in the division of sports management at St. John's University, details the importance of looking after the mental health of student-athletes.

Week of 2-5-24 Jeremy Blackburn, associate professor of computer science at Binghamton University, explores the perils of the ease of today's dissemination of knowledge.

Week of 2-12-24 Rebecca Krause-Galoni, assistant professor of marketing at the University of Iowa, says fiction can play a role in helping us tap into our dark side.

Week of 2-19-24 Ilan Kelman, professor of disasters and health at University College London, examines preventing disasters.

Week of 2-26-24 Lee Ann Rawlins Williams, clinical assistant professor in the education, health, and behavior studies department at the University of North Dakota, takes a look at the mental health of teachers.

Week of 3-4-24 Samantha Goldman, associate professor of special education and chair of the education department, explains how COVID-19 hit special educators especially hard.

Week of 3-11-24 Cynthia Standley, professor in the department of bioethics and medical humanism at the University of Arizona College of Medicine – Phoenix, explores why researchers and artists coming together could have real benefits for society.

Week of 3-18-24 Dorian Rhea Debussy, lecturer of women's, gender, and sexuality studies at The Ohio State University, says LGBTQ+ workers want more than companies appearing to support causes at work.

Week of 3-25-24 Ayse Zarakol, professor of international relations at the University of Cambridge, examines how looking back in history can help us solve the problems of today.

Issue: Public Affairs Issues: Climate Connection Program List

Week of 1-1-24 The 'Climate Action Handbook' is a guide to protecting the climate. This new book can help you improve your habits at home and champion climate solutions in your community

Week of 1-8-24

Climate change could cost Montana's economy millions Warmer temperatures could hurt fishing, skiing, and other outdoor pastimes

Week of 1-15-24

Could your community do this? Workshop participants trade tips on saving energy A Minneapolis-based nonprofit hosts workshops where participants learn from each other about how to stay warm in winter and keep the heating bill down.

Week of 1-22-24

Musical trio including Yo-Yo Ma records an anthem of hope Indigenous singer-songwriter Quinn Christopherson and drag queen Pattie Gonia teamed up with Yo-Yo Ma to record a song about protecting the Earth.

Week of 1-29-24

Heat from treated wastewater can warm homes A Duluth collaboration aims to repurpose warm water discharged from a wastewater plant to heat homes in a lowincome neighborhood.

Week of 2-5-24

A four-day workweek could be better for health and the climate, companies find Close to 200 companies have completed six-month trials of the four-day workweek.

Week of 2-12-24

His roof wasn't suitable for solar panels. Here's what he did instead John Smillie found a different way to help the climate and his community.

Week of 2-19-24

Company manufactures skis from algae oil They're an alternative to skis made from fossil-fuel-based plastic.

Week of 2-26-24

High schoolers helped develop Tuscon's climate action plan They may not be able to vote yet, but they're already having an influence.

Week of 3-4-24

Heat pumps are keeping homes warm in Maine Even in below-zero temperatures, electric heat pumps can be an effective and cost-effective heating option.

Week of 3-11-24

Archaeological sites in North Carolina under threat from sea level rise and storms The state's Hammocks Beach State Park includes areas that have been used by humans for more than 2,000 years

Week of 3-18-24

Do wind farms hurt home values? When they do, it's usually temporary After a wind farm's construction, home values typically bounced back within about four years, a recent study found.

Week of 3-25-24 After a hurricane or wildfire, communities can be overwhelmed by debris And some of it's hazardous.

Issue: Public Affairs Issues: Reel Discovery Program List

Week of 1-1-24 On the latest Reel Discovery, Kristin follows a rugby team's fight to survive the elements after surviving a plane crash in the Andes Mountains in Society of the Snow.

Week of 1-8-24 On the latest Reel Discovery, Kristin travels the country with a couple of desperate men in the true crime thriller He Went That Way.

Week of 1-15-24 On the latest Reel Discovery, Kristin joins the battle for school supremacy with the musical adaptation of Mean Girls.

Week of 1-22-24 On the latest Reel Discovery, Kristin follows a journalist's journey to explore racism and caste throughout history in Origin.

Week of 1-29-24 On the latest Reel Discovery, Kristin shows up for class with a teacher and student whose relationship takes a dangerous turn in Miller's Girl.

Week of 2-5-24 On the latest Reel Discovery, Kristin follows a poor soldier on a quest to work the land in exchange for wealth and a noble title in the Danish drama The Promised Land.

Week of 2-12-24 On the latest Reel Discovery, Kristin follows the chaos that breaks out at a school because of a well-meaning teacher in the Oscar-nominated German drama The Teachers' Lounge

Week of 2-19-24 On the latest Reel Discovery, Kristin follows a woman's ill-advised move into an old house with a tech problem in Cellphone.

Week of 2-26-24 On the latest Reel Discovery, Kristin follows a couple of young men on their journey to a new life in the Oscar-nominated drama Io Capitano.

Week of 3-4-24 On the latest Reel Discovery, Kristin follows Paul Atreides on his continuing quest to avenge his father in Dune: Part Two.

Week of 3-11-24 On the latest Reel Discovery, Kristin joins a hopeless dreamer's quest to make his dreams come true in American Dreamer.

Week of 3-18-24 On the latest Reel Discovery, Kristin follows a group of normal people as they accomplish the extraordinary in One Life.

Week of 3-25-24 On the latest Reel Discovery, Kristin follows an anxious young soldier and pet fox through WWII in The Fox (Der Fuchs).

Issue: Public Affairs Issues: Shelf Discovery Program List

Week of 1-1-24 On this week's Shelf Discovery, Kristin follows a teen podcaster on her search for answers to a woman's decades-old disappearance in Missing by Savannah Brown

Week of 1-8-24 On this week's Shelf Discovery, Kristin joins a group of code-busting kids on an amusement park adventure in A Disappearance in Magicland, the seventh Code Busters book by Penny Warner.

Week of 1-15-24 On this week's Shelf Discovery, Kristin examines New York City's toughest cases with a mysterious trio of private investigators in Holmes, Marple & Poe by James Patterson and Brian Sitts.

Week of 1-22-24 On this week's Shelf Discovery, Kristin joins the search for two missing young woman in Araminta Hall's One of the Good Guys.

Week of 1-29-24 On this week's Shelf Discovery, Kristin checks into rehab to search for answers with a grieving sister in The Clinic by Cate Quinn.

Week of 2-5-24 On this week's Shelf Discovery, Kristin follows an aging actor on a mission to save his daughter from kidnappers in Hollywood Hustle by Jon Lindstrom.

Week of 2-12-24 On this week's Shelf Discovery, Kristin follows a young woman's struggle to fit in with her ultrarich friends in The Fortune Seller by Rachel Kapelke-Dale

Week of 2-19-24 On this week's Shelf Discovery, Kristin joins a writer on a ski trip with his estranged family in the audio edition of Everyone in My Family Has Killed Someone by Benjamin Stevenson

Week of 2-26-24 On this week's Shelf Discovery, Kristin joins a pub owner's quest to find his missing wife in This Disaster Loves You by Richard Roper

Week of 3-4-24 On this week's Shelf Discovery, Kristin follows a teenage girl as she struggles to find a place to call home in Chasing Endless Summer, the second Sutherland novel by V. C. Andrews.

Week of 3-11-24 On this week's Shelf Discovery, Kristin follows three different women as they find safety in books in The Underground Library by Jennifer Ryan.

Week of 3-18-24 On this week's Shelf Discovery, Kristin follows a young woman as she comes face-to-face with her family's worst enemy in Every Single Secret by Christina Dodd.

Week of 3-25-24 On this week's Shelf Discovery, Kristin boards the train with a struggling mystery writer in the audio edition of Everyone on This Train Is a Suspect by Benjamin Stevenson.

Issue: Public Affairs Issues: Loh Down on Science Program List

Week of 1-1-24 Freshman Fifteen Hey, freshmen - is college WEIGHING on you - literally?

Week of 1-8-24 Fossil Fishing One fish, two fish, red fish,...male fish?

Week of 1-15-24 For Your Eyes Only Whispers, intrigue, secret love letters - oh my!

Week of 1-22-24 A Tale of Two..TAILS? Regeneration - it's a TAIL as old as time!

Week of 1-29-24 Super Pack It's election season! Time to get out the... SNEEZE?!

Week of 2-5-24 Going Gray Is mental health a way to keep you from going gray?

Week of 2-12-24 Guilty Pleasures Go ahead, indulge yourself - just not right now

Week of 2-19-24 Smells Like Lemur Spirit It's not only horror film creatures that can smell your weakness!

Week of 2-26-24 Seeing Eye to Eye How animals view each other's worlds.

Week of 3-4-24 Astro Glassblowing Deserts covered in GLASS? Sounds like the latest sci-fi film universe!

Week of 3-11-24 A-I Shopping Buddy Hey Siri - want to go shopping?

Week of 3-18-24 Caveman Decor Is it a Picasso, a Pollock, or... a Neanderthal?

Week of 3-25-24 Feather Weather Flying off to a beach vacation? Pack sunscreen, bathing suits, and...feathers?!

Issue: Public Affairs Issues: With Good Reason Program List

Week of 1-1-24 In the earlier stages of the pandemic, when many people were still staying as close to home as possible, nearly 1 in 5 American households adopted a pet.

Week of 1-8-24 When we dig deep underground, we get a chance to dig deeper into history.

Week of 1-15-24 What will the next pandemic be?

Week of 1-22-24 In 2011, Japan was rocked by a magnitude 9.1 earthquake. It triggered a tsunami that measured 130 feet high - killing around 18,000 people and causing untold damage.

Week of 1-29-24 Cauline Yates was at a family reunion the first time she heard she was a descendant of Thomas Jefferson.

Week of 2-5-24 Cauline Yates was at a family reunion the first time she heard she was a descendant of Thomas Jefferson.

Week of 2-12-24 Valentine's Day today means candy hearts and stuffed bears. But Kat Tracy says the origins of the holiday are far from cute and fuzzy-and they don't have a whole lot to do with St. Valentine

Week of 2-19-24 How do actors remain themselves while pretending to be other people? And what's the line between selfish and self care?

Week of 2-26-24 Motherhood is a life without boundaries.

Week of 3-4-24 Living with a disability can be hard. But it doesn't have to lead to a life less lived.

Week of 3-11-24 Enya Cid moved from Mexico to the U.S. as a three year old. She says this country is her home, but her right to stay here never feels certain.

Week of 3-18-24 About 80% of Americans have visited Disney World in Florida.

Week of 3-25-24 When Latorial Faison meets somebody, she can almost immediately tell if they attended a Black school during segregation. She says they carry themselves with a special sense of pride.