

## KVTT 1110 AM, MINERAL WELLS – TEXAS

### SIGNIFICANT ISSUES/PROGRAM LIST

JANUARY 1, 2020 – MARCH 31, 2020

Below is a list of some of the significant issues responded to by KVTT 1110 AM Mineral Wells, TX along with the most significant programming treatment of those issues for the period mentioned above. The list is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.

Description of Issue	Program Segment	Date	Time	Duration	Narration of Type and Description of Program/Segment
Mental Health Personality Disorders	Coffee AM	Jan 6th	9-11am	2 hours	Expert guest (psychiatrist) to talk about bipolar personality disorder
Healthy Lifestyle Choices	Bol Keh Lub Azad Hain Teray	Jan 7th	4-6pm	2 hours	Nutrition, exercise and lifestyle changes that are needed to live a healthy and balanced life
Forgiveness	Double Shot Espresso	Feb 5	9-11am	2 hours	The importance of forgiveness in our relationships
Instant Gratification	Zindagi Ke Rang	Feb 22	11am- 1pm	2 hours	Are we a society used to instant gratification? How do we change our ways
Addiction	Meri Awaaz Hi pehchaan Hai	Feb 23	1-2pm	1 hour	Talked about various forms of addiction..identifying them and providing solutions
Infertility	Reflections with Hiba	Feb 26th	11am – 1pm	2 hours	This show talked about the heartbreaking struggle with infertility
Mindfulness	Mind Over Music	Mar 24th	8-10pm	2 hours	How to be more mindful in every facet of your life
Coronavirus	Bol Keh Lub Azad Hain Teray	Mar 25 <sup>th</sup> , Mar 27 <sup>th</sup>	4-6 pm	4 hours	How to handle the crisis and keep ourselves motivated