



WMAN AM & FM
QUARTERLY REPORT
JANUARY-MARCH 2016

Program # 2016-1

Airdate: **Sunday, Jan. 3** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – End of Life	16:00

Summary: Our guest discusses her book about the importance of discussing and planning for grief, death and dying.

Guest: Yvonne Heath is a nurse with over 25 years of experience in health care. Her mission is to bring death out of the darkness. She is the author of "Love Your Life to Death".
www.loveyourlifetodeath.com

Issues Covered: living wills, financial planning, death phobia

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Travel	7:00

Summary: Our guest discusses his award winning business and website devoted to South American travel. Part 2

Guest: Juergen Keller is the founder of SouthAmerica.travel a website and business that is devoted exclusively various travel opportunities to that continent. He is a trained economist.
www.southamerica.travel

Issues Covered: climate, safety, nature tours

29:00	Conclusion of Program	:30
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Program # 2016-2

Airdate: **Sunday, Jan. 10** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60

1:00	SPOT BREAK #1	2:00
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3:00	Segment #1 – Psychology	16:00
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Summary: Our guest discusses the power of intuition and how to develop and use more effectively.

Guest: Dr LeslieBeth Wish is a nationally recognized psychologist and licensed clinical social worker. She's written several best-sellers including "Smart Relationships".
www.lovevictory.com

Issues Covered: cues and clues, mindfulness, tool

19:00	SPOT BREAK #2	3:00
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22:00	Segment #2- Families	7:00
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Summary: Our guest discusses his television series that reunites lost family members and what do if you are trying to find a loved one.

Guest: Troy Dunn is a missing persons and relationship expert, best selling author and tv host. His new series is "Last Hope with Troy Dunn" on UP Television Network
www.uptv.com

Issues Covered: rebuilding relationships, rejection, expectations

29:00	Conclusion of Program	:30
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Program # 2016-3

Airdate: **Sunday, Jan. 17** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Social Issues	16:00

Summary: Our guest discusses how he uses important social issues including human trafficking and race in his books.

Guest: Wix Simon worked for the Environmental Protection Agency and is now a toxicology consultant and author. His latest book is "The Lost Gun".
www.wixsimon.com

Issues Covered: practical science, arts, perseverance

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Media	7:00

Summary: Our guest discusses his television series that deals with ageism and the arts.

Guest: Malcolm McDowell is an award winning actor with a career that covers 5 decades including film, television and theater. He stars in the Amazon series "Mozart in the Jungle"
www.amazon.com

Issues Covered: new media, binge viewing, funding

29:00	Conclusion of Program	:30
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Program # 2016-4

Airdate: **Sunday, Jan. 24** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Medical	16:00

Summary: Our guest discusses his years of practice of oncology and his book on dealing with the cancer experience. Part 1

Guest: Dr Kevin Ryan is board certified in internal medicine and hematology/oncology. He's author of "When Tumor Is The Rumor And Cancer Is The Answer".

www.whentumoristherumorandcanceristheanswer.com

Issues Covered: diagnosis, treatment options, role caretakers

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Animal Care	7:00

Summary: Our guest discusses his Denver based veterinary clinic devoted to offering low cost animal care.

Guest: Dr Jeff Young is a veterinarian and owner of Planned Pet Plus Veterinary Clinic and mobile clinics that travel across America. He is featured in the tv series "Dr Jeff: Rocky Mountain Vet" on Animal Planet. www.animalplanet.com

Issues Covered: spaying/neutering, affordable care, ownership

29:00	Conclusion of Program	:30
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Program # 2016-5

Airdate: **Sunday, Jan. 31** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Medical	16:00

Summary: Our guest discusses his years of practice of oncology and his book on dealing with the cancer experience. Part 2

Guest: Dr Kevin Ryan is board certified in internal medicine and hematology/oncology. He's author of "When Tumor Is The Rumor And Cancer Is The Answer".

www.whentumoristherumorandcanceristheanswer.com

Issues Covered: diagnosis, treatment options, role caretakers

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Diet	7:00

Summary: Our guest discusses her new book featuring a flexible diet that eliminates deprivation and hunger while dropping weight.

Guest: Liz Vaccariello is a best selling author as well as editor-in-chief and chief content officer at Readers Digest. She's the author of "Stop And Drop Diet".

www.stopanddropdiet.com

Issues Covered: fat bombs, substitutes, eating plan

29:00	Conclusion of Program	:30
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Program # 2016-6

Airdate: **Sunday, Feb. 7** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Medical	16:00

Summary: Our guests discuss their roles as caregivers of cancer patients. Part 3 of our series on dealing with cancer.

Guest: Marie Sampieri and Tom Bruchalski both served as care providers for loved ones who suffered from cancer. They share their stories.

www.whentumoristherumorandcanceristheanswer.com

Issues Covered: diagnosis, treatment options, role caretakers

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Medical	7:00

Summary: Continuation of Segment #1

Guest: Same as Segment #1

Issues Covered: dealing with doctors, anxiety/fear, mental health

29:00	Conclusion of Program	:30
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Program # 2016-7

Airdate: **Sunday, Feb. 14** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Health Care	16:00

Summary: Our guest discusses the real world of emergency medicine from the vantage point of a practicing ER physician.
Part 2

Guest: Dr Steven Bentley spent 33 years as an emergency room physician in North Carolina. He's the author of "A License To Heal: Random Memories of an ER Doctor".
www.alicensetoheal.wordpress.com

Issues Covered: Veteran's care, costs, insurance, drugs

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Media/Youth	7:00

Summary: Our guest discusses her role in a new children's tv series that is designed to teach as well as entertain.

Guest: Dee Wallace is a veteran tv, film and theatre actress. Also a teacher, life coach and toy creator. She stars in the Amazon Prime Video series "Just Add Magic".
www.amazon.com

Issues Covered: friendship, honesty, role models

29:00	Conclusion of Program	:30
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Program # 2016-8

Airdate: **Sunday, Feb. 21** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Youth Issues	16:00
	Summary: Our guest discusses her book series that deals with issues of growing up.	
	Guest: Medha Upadhyay is an 8 th grade student and author of The Ring Series. Her books focus on dealing with pressures of being a young adult. www.theringseries.com	
	Issues Covered: truth, courage, reading, imagination	
19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Relationships	7:00
	Summary: Our guest discusses his work in broken relationships and their impact on women, children and family.	
	Guest: Dr Ish Major is an author, and expert in dating, mating and relationship issues. He is featured on “Ex-Isle” on WEtv. www.wetv.com	
	Issues Covered: rebound, letting go, guilt, closure	
29:00	Conclusion of Program	:30

Program # 2016-9

Airdate: **Sunday, Feb. 28** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – End of Life	16:00

Summary: Our guest discusses her book about the importance of discussing and planning for grief, death and dying. Part 2

Guest: Yvonne Heath is a nurse with over 25 years of experience in health care. Her mission is to bring death out of the darkness. She is the author of "Love Your Life to Death".
www.loveyourlifetodeath.com

Issues Covered: living wills, financial planning, death phobia

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Parenting	7:00

Summary: Our guest discusses parenting and family behavior issues.

Guest: Jo Frost is a global parenting and family expert called "America's favorite nanny". She is a best selling author and tv personality currently host of "Jo Frost: Nanny on Tour" on UP TV
www.uptv.com

Issues Covered: sleep deprivation, trust, communication

29:00	Conclusion of Program	:30
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Program # 2016-10

Airdate: **Sunday, March 6** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Military/Veterans	16:00

Summary: Our guest discusses his investigation into the health damages done by how the military incinerates trash in Iraq and Afghanistan.

Guest: Joseph Hickman is a former military officer who served in a number of sensitive operations. He's the author of "The Burn Pits: The Poisoning of America's Soldiers".
www.skyhorsepublishing.com

Issues Covered: toxic trash, carcinogens, responsibility

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- World Issues/Future	7:00

Summary: Our guests discuss their roles on the thought provoking tv series that deals with occupation and divided ideologies.

Guests: Josh Holloway and Sarah Wayne Callies are acclaimed actors who star in the USA Network series "Colony" as husband and wife in a dystopian Los Angeles.
www.usanetwork.com

Issues Covered: loyalties, strong females, resistance

29:00	Conclusion of Program	:30
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Program # 2016-11

Airdate: **Sunday, March 13** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Health	16:00

Summary: Our guest discusses inexpensive treatments for life threatening diseases. Also how to research and discuss with your doctor.

Guest: Julia Schopick is a best selling author of “Honest Medicine” and creator of the award winning health blog www.honestmedicine.com
www.honestmedicine.com

Issues Covered: autoimmune disease, research, costs

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Parenting	7:00

Summary: Our guest discusses essential learning tips for parents with toddlers.

Guest: Dr Donald Roberts is a world renowned childhood development specialist and co-creator of Baby Genius Learn and Grow.
www.babygenius.com

Issues Covered: interaction, development progression, play

29:00	Conclusion of Program	:30
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Program # 2016-12

Airdate: **Sunday, March 20** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Self-Help	16:00

Summary: Our guest discusses how to live a happy, abundant life filled with independence and purpose.

Guest: Alena Chapman is an international best selling author, mentor and speaker. Her newest book is “You Can’t Escape from a Prison If You Don’t Know You’re in One”.

www.alenachapmanlife.com

Issues Covered: gratitude, forgiveness, antidepressants

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Health	7:00

Summary: Our guest discusses eating more while cutting calories and staying in optimal shape.

Guest: Jorge Cruise has been called “America’s favorite diet and fitness expert. His latest book is “Tiny and Fit”. He is the author of 20 best selling books and a frequent media go-to expert.

Issues Covered: calorie swaps, crucial nutrients, exercise

29:00	Conclusion of Program	:30
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Program # 2016-13

Airdate: **Sunday, March 27** Time of Broadcast **7:30am**

Producer: Sean Bratton Host: Ric Bratton (www.thisweekinamerica.us)

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Terrorism	16:00

Summary: Our guest discusses the origins of ISIS, their ideology, spread of violent propaganda and how to defeat them.

Guest: Malcolm Nance is one of the world's foremost authorities in counterterrorism. He is the author of "Defeating Isis: Who They Are, How They Fight, What They Believe".

Issues Covered: Middle East, Radical Islam, Recruiting

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Terrorism	7:00

Summary: Continuation of Segment #1

Guest: Same as Segment #1

Issues Covered: Military action, torture, intelligence

29:00	Conclusion of Program	:30
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