



WMAN AM+FM

**QUARTERLY REPORT  
JULY-SEPTEMBER 2012**

**Program # 2012-27**

Airdate: July 7

Time of Broadcast 7:30am

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Cloud Computing	16:00

Summary: Our guest discusses what cloud computing is and how it can change and simplify users digital lives.

Guest: Sunne Justice is co-founder and president of iSpaces, a cloud computing company.  
[www.ispaces.com](http://www.ispaces.com)

**Issues Covered: security, accessibility, storage**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Mystery Movies to TV	7:00

Summary: "Longmire" is a new crime drama series of A&E Network based on the best-selling Walt Longmire mystery novels by Craig Johnson.

Guest: Lou Diamond Phillips is a director, writer, producer and award winning actor. He is starring in "Longmire".  
[www.aetv.com/longmire](http://www.aetv.com/longmire)

**Issues Covered: transition to tv, justice, theatre**

29:00	Conclusion of Program	:30
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**Program # 2012-28**

Airdate: July 14 Time of Broadcast 7:30 AM

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Discover Your Inner Self	16:00

Summary: Our guest as a teenager led a revolution in India against an oppressive regime as she stood up to force and uncertainty.

Guest: Kathleen Suneja, philosopher, activist and author of "I Am The Change I Seek: A Primer in Self-Realization".  
[www.iamthechangeiseek.com](http://www.iamthechangeiseek.com)

**Issues Covered: Arab spring, self doubt, release from anger**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Travel Tips	7:00

Summary: Our guest offers ideas on how to save travel expenses from transportation to attractions.

Guest: Lisa Crutcher, USMC (Ret), MBA, Home Business consultant, entrepreneur and business coach  
[www.makesuccesscontagious.com](http://www.makesuccesscontagious.com)

**Issues Covered: sales incentives, packages, fundraisers**

29:00	Conclusion of Program	:30
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**Program # 2012-29**

Airdate: July 21 Time of Broadcast 7:30 AM

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Defining Moments	16:00

Summary: Our guest says we need to examine our life and choose when it's time to move under our own terms.

Guest: Nad Phillips, consultant & coach has worked with multinational corporations and now coaches Olympic and World Champions in career transitions.

[www.coachnad.com](http://www.coachnad.com)

**Issues Covered: Transitions, discovering self, mindfulness**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Pushing Your Limits	7:00

Summary: "The Great Escape is a tv show that challenges ordinary people using strength, intellect and agility to avoid capture..

Guest: Rich Eisen is the face of the NFL Network. He is the host of TNT's 1<sup>st</sup> unscripted competition series "The Great Escape".  
[www.tntnewsroom.com/show/the-great-escape](http://www.tntnewsroom.com/show/the-great-escape)

**Issues Covered: strategy, facing challenges, teamwork**

29:00	Conclusion of Program	:30
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**Program # 2012-30**

Airdate: July 28 Time of Broadcast 7:30 AM

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Consumer Rights	16:00

Summary: Our guest says consumers do have protection from aggressive debt collectors including the right to sue.

Guest: Marshall Meyers, Managing Partner, Weisberg and Meyers, Attorneys for Consumers.

[www.attorneysforconsumers.com](http://www.attorneysforconsumers.com)

**Issues Covered: Statue of Limitations, FDCPA, Violations**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Cut Drug Costs	7:00



Summary: Our guest discusses a free prescription drug card that can reduce your cost even if you have insurance.

Guest: Gerard Ferro. CEO and Founder of Free For All Incorporated.  
[www.rxcut.com/twa](http://www.rxcut.com/twa)

**Issues Covered: lab/imaging costs, price search, generics**

29:00 Conclusion of Program :30

**Program # 2012-31**

Airdate: Aug 4 Time of Broadcast 7:30 Am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Proper Diet	16:00

Summary: 95% of people on diets regain their lost weight. Our guest tells us how our intuition helps us lose weight and keep it off.

Guest: Jane Bernard, intuition expert and author of "Am I Really Hungry? 6<sup>th</sup> Sense Diet: Intuitive Eating".  
[www.amireallyhungry.com](http://www.amireallyhungry.com)

**Issues Covered: stress, foresight, emotional eating**

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Pet Care 7:00

Summary: Our guest says many common pet conditions can be treated at home with products found in supermarkets and drug stores.

Guest: Veterinarian Doctor Robert Ridgway with Orange County, Florida Animal Services and author of "How To Treat Your Cats and Dogs with Over The Counter Drugs".  
[www.authorriddgway.com](http://www.authorriddgway.com)

**Issues Covered: when to see a vet, obesity, seasonal care**

29:00 Conclusion of Program :30

**Program # 2012-32**

Airdate: Aug 11

Time of Broadcast 7:30AM

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Job Search	16:00

Summary: There are over 3 million unfilled job vacancies and millions more opportunities than are ever posted.

Guest: Career Management Expert Ginny Clarke author of "Career Mapping: Charting The Course In The New World of Work".  
[www.mycareermapping.com](http://www.mycareermapping.com)

**Issues Covered: networking, resumes, where to look**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Success in Down Economy	7:00

Summary: Our guest shares street smart skills he describes as long-term anti-bailout solutions for young adults.

Guest: Best selling author/entrepreneur/speaker Jeff Wilson author of "Life's Cheat Sheet: Crucial Success Habits School Never Taught Me."  
[www.lifescheatsheets.com](http://www.lifescheatsheets.com)

**Issues Covered: passive income, social media, student debt**

29:00	Conclusion of Program	:30
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**Program # 2012-33**

Airdate: Aug 18

Time of Broadcast 7:30AM

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment Length</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Overcoming Self-Doubt	16:00



Summary: Our guest took flying lessons to conquer her own self-doubt. She uses the lessons as a metaphor for facing life's challenges.

Guest: Pamela Hale, life coach, fundraiser, counselor and author of "Flying Lessons".  
[www.throughadifferentlens.com](http://www.throughadifferentlens.com)

**Issues Covered: taking responsibility, trusting yourself, fear**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Success in Down Economy	7:00

Summary: Our guest shares street smart skills he describes as long-term anti-bailout solutions for young adults. Part 2 of our interview.

Guest: Best selling author/entrepreneur/speaker Jeff Wilson author of "Life's Cheat Sheet: Crucial Success Habits School Never Taught Me."  
[www.lifescheatsheets.com](http://www.lifescheatsheets.com)

**Issues Covered: passive income, social media, student debt**

29:00	Conclusion of Program	:30
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**Program # 2012-34**

Airdate: Aug 25 Time of Broadcast 7:30am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 -Manson Murders	16:00

Summary: Our guest has written a book telling the story of the murder Of Sharon Tate and others from the perspective of her family and their Search for justice.

Guest: Alison Statman, a long-time Tate family friend and co-author of "Restless Souls" The Sharon Tate Family's Account of Sharon, the Manson Murders And A Crusade for Justice".  
[www.amazon.com/Restless-Souls-Familys-Account](http://www.amazon.com/Restless-Souls-Familys-Account)

**Issues Covered: victims rights,parole hearings, prison overcrowding**

19:00	SPOT BREAK #2	3:00
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22:00 Segment #2- Success in Down Economy 7:00

Summary: Our guest shares street smart skills he describes as long-term anti-bailout solutions for young adults. Part 3 of our interview.

Guest: Best selling author/entrepreneur/speaker Jeff Wilson author of "Life's Cheat Sheet: Crucial Success Habits School Never Taught Me." [www.lifescheatsheets.com](http://www.lifescheatsheets.com)

**Issues Covered: passive income, social media, student debt**

29:00 Conclusion of Program :30

**Program # 2012-35**

Airdate: Sept 1 Time of Broadcast 7:30AM

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Cancer Clinical Trials	16:00

Summary: Our guest is leading a clinical study to see if immune augmentation therapy, successful in mice, could cure human cancer.

Guest: Dr Nipnarine Maharaj, Director of the South Florida Bone Marrow And Stem Cell Transplant Institute. He is an oncologist and Hematologist.

[www.zapcancer.org](http://www.zapcancer.org)

**Issues Covered: immune system, funding, new protocol**

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Pet Care 7:00

Summary: Our guest says many common pet conditions can be treated at home with products found in supermarkets and drug stores. Part 2 of our interview.

Guest: Veterinarian Doctor Robert Ridgway with Orange County, Florida Animal Services and author of "How To Treat Your Cats and Dogs with Over The Counter Drugs".

[www.authorridgway.com](http://www.authorridgway.com)



**Issues Covered: when to see a vet, obesity, seasonal care**

29:00 Conclusion of Program :30

**Program # 2012-36**

Airdate: Sept 8 Time of Broadcast 7:30 Am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Common Core State Standards	16:00

Summary: Our guest explains a new state led initiative designed to better prepare students for college and careers.

Guest: Melonie Dizon, a Florida certified teacher who has spent 29 years in the classroom. Currently a site based literacy coach.  
[www.commoncorestandard.com](http://www.commoncorestandard.com)

**Issues Covered: Testing, student based learning, expectations**

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Health Savings Programs	7:00

Summary: Our guest says an affordable option for those uninsured or under insured is a health savings plan offering medical & dental coverage.

Guest: Kellie Blackwell is National Sales Manager for Ameriplan.  
[www.cutmymedicalcosts.com](http://www.cutmymedicalcosts.com)

**Issues Covered: waiting period, coverage, exams**

29:00 Conclusion of Program :30

**Program # 2012-37**

Airdate: Sept 15 Time of Broadcast 7:30 Am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60



1:00 SPOT BREAK #1 2:00

3:00 Segment #1 – Effective Communication 16:00

Summary: 75% of all people have some form of anxiety when public speaking. Our guest offers tips for better communication.

Guest: Christy Demetrakis, President of The Empowered Speaker, a communications skills training company and author of "Faith To Conquer Fear".

[www.empoweredspeaker.com](http://www.empoweredspeaker.com)

**Issues Covered: inspiration, visualization, rehearsal**

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Running Shouldn't Hurt 7:00

Summary: Our guest says most of us walk, job and run incorrectly which results in unnecessary injury and pain.

Guest: Jack Nirenstein is a certified track and field coach and author of "Nirenstein's First Law of Running".

[www.nirensteinsfirstlawofrunning.info](http://www.nirensteinsfirstlawofrunning.info)

**Issues Covered: gravity, injuries, posture, stretching**

29:00 Conclusion of Program :30

**Program # 2012-38**

Airdate: Sept 22 Time of Broadcast 7:30 Am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60

1:00 SPOT BREAK #1 2:00

3:00 Segment #1 – Entrepreneurship 16:00

Summary: Our guest feels entrepreneurs are America's last hope. They hold the key to pulling the nation out of a down economy.

Guest: Bob Bare is founder and chairman of SEGR Enterprises, author of "Launch" and founder of More Power University an online university.

[www.bobbare.com](http://www.bobbare.com)

**Issues Covered: Mentors, capital, social and moral purpose**

19:00 SPOT BREAK #2 3:00  
 22:00 Segment #2- Health and Wellness 7:00

Summary: Our guest discusses the development and benefits of herbal supplements.

Guest: Tim Dern has over 20 years in the health and wellness business. His company has developed some of the top selling herbal products in the U.S.

**Issues Covered: research, testing, ingredients**

29:00 Conclusion of Program :30

**Program # 2012-39**

Airdate: Sept 29 Time of Broadcast 7:30am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

Time	Segment	Segment Length
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 – Create The Life You Deserve	16:00

Summary: Our guests say most of us are held back from having the life we want because of past emotional baggage and negative attitudes.

Guests: Jon Satin and Chris Pattay are the Possibility Coaches, positive change experts and authors of "Living an Inspired, Empowered and Joy Filled Life".

[www.possibilitycoaches.com](http://www.possibilitycoaches.com)

**Issues Covered: forgiveness, vulnerability, perfectionism**

19:00 SPOT BREAK #2 3:00  
 22:00 Segment #2- Running Shouldn't Hurt 7:00

Summary: Our guest says most of us walk, job and run incorrectly which results in unnecessary injury and pain. Part 2 of our interview.

Guest: Jack Nirenstein is a certified track and field coach and author of "Nirenstein's First Law of Running".

[www.nirensteinsfirstlawofrunning.info](http://www.nirensteinsfirstlawofrunning.info)

**Issues Covered: gravity, injuries, posture, stretching**

29:00

Conclusion of Program

:30