

WMAN AM & FM

QUARTERLY REPORT  
JANUARY-MARCH 2013

Program # 2013-1

Airdate: JAN 5

Time of Broadcast 7:30Am

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u> <u>Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 -Disaster Threats	16:00

Summary. Our guest explains that there are real threats facing humanity. The good news is that there are things we can do to prevent.

Guest: David Stevens in a former navy commander and F-18 pilot with degrees in engineering and astrophysics. He is the author of "Resurrect". [www.resurrectionology.com](http://www.resurrectionology.com)

**Issues Covered:** weather changes, asteroids, nuclear threat

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Exercise	7:00

Summary: Our guest has developed a program that promotes health and wellness one minute as a time.

Guest: Aaron Wright, creator of the Minute Movement which is based on a daily routine he used to lose over 80 pounds. [www.minutemovement.com](http://www.minutemovement.com)

**Issues Covered:** productivity, intentions, fitness

29:00	Conclusion of Program	:30
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Program # 2013-2

Airdate: JAN 12

Time of Broadcast 7:30Am

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Family Issues	16:00

**Summary.** Our guest shares the challenges of growing up in the shadow of his famous father which turned into a troubled relationship

**Guest:** John Peale is the son of noted preacher and author Norman Vincent Peale. His new book is "Just How Far From The Apple Tree". [www.iuniverse.com](http://www.iuniverse.com)

**Issues Covered:** alcoholism, depression, self-worth

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- At Risk Teens	7:00

**Summary:** Our guest has practical, proven advice for troubled families desperate to save their out of control teens.

**Guest:** Josh Shipp is a teen behavior specialist and host of the unscripted series on Lifetime TV "Teen Trouble". [www.joshshipp.com](http://www.joshshipp.com)

**Issues Covered:** destructive behavior, consequences, intervention

29:00	Conclusion of Program	:30
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**Program # 2013-3**

Airdate: JAN 19 Time of Broadcast 7:30am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Relationships	16:00

**Summary.** Our guest explains why you instantly dislike someone and do not know why.

**Guest:** Dr Elide Beltram is a psychoanalyst and author of "You Are

Who You Hate" and host of radio show, teleseminars and a blog.  
[www.calltheshrink.com](http://www.calltheshrink.com)

**Issues Covered:** Shadow-self, mind-body connections, music therapy

19:00 SPOT BREAK #2 3:00  
22:00 Segment #2- Home Based Business 7:00

**Summary:** Many people are looking to generate extra revenue whether full or part time. Our guests offer advice on how to find the right opportunity.

**Guests:** Kemp Satchell is a lifecoach, educator, motivational speaker. Donald Bernardin is a home business consultant.  
[www.pmcpowerteam.com](http://www.pmcpowerteam.com)

**Issues Covered:** startup costs, residuals, marketing

29:00 Conclusion of Program :30

**Program # 2013-4**

Airdate: Jan 26 Time of Broadcast 7:30A

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u> <u>Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 - Finding Happiness	16:00

**Summary.** A recent survey found that 70% of adults under 60 are not happy. Our guest has tips on how to take control of your happiness.

**Guest:** Jenn Flaa is a NASA Engineer, entrepreneur and author of "The Happiness Handbook".  
[www.happiness-handbook.com](http://www.happiness-handbook.com)

**Issues Covered:** divorce, power of mind, communication

19:00 SPOT BREAK #2 3:00  
22:00 Segment #2- Healthy Cooking 7:00

**Summary:** Our guest says despite what many people think, Italian cuisine can be quite healthy.

**Guests:** Marcello Russodovito is the owner of two award winning restaurants in the metro New York area and author of "The Story of My 25 Years as Chef-Owner".  
[www.marcellosgroup.com](http://www.marcellosgroup.com)

**Issues Covered:** startup costs, residuals, marketing

29:00 Conclusion of Program :30

TOTAL TIME: 29:30

**Program # 2013-5**

Airdate: Feb 2 Time of Broadcast 7:30am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u> <u>Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Job Search	16:00

**Summary:** Our guest says it takes more than resume writing and mock interviews to find a job. He explains the rules of job success.

**Guest:** Dr SeanTerry, college professor at Drury University, is the author of "How To Use the Unwritten Rules of Success to Build Your Dream Career."

**Issues Covered:** 1<sup>st</sup> impressions, human network, references

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Healthy Cooking 7:00

**Summary:** Our guest says despite what many people think, Italian cuisine can be quite healthy. Part 2 of our interview.

**Guests:** Marcello Russodovito is the owner of two award winning restaurants in the metro New York area and author of "The Story of My 25 Years as Chef-Owner".  
[www.marcellosgroup.com](http://www.marcellosgroup.com)

**Issues Covered:** startup costs, residuals, marketing

29:00 Conclusion of Program :30

Program # 2013-6

Airdate: Feb 9

Time of Broadcast 7:30am

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u> <u>Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 -Drug Reactions	16:00

**Summary:** Millions take prescription drugs for ailments & disease but they come with their own risk of illness, even death.

**Guest:** Dr Richard Ruhling is a cardiologist, Health Science teacher and author of "Why You Shouldn't Ask Your Doctor".  
[www.richardruhling.com](http://www.richardruhling.com)

**Issues Covered:** proper diet, drug free, health care

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Animal Cruelty	7:00

**Summary:** Our travels the country to help relieve the suffering and abuse of pit bulls.

**Guest:** Shorty Rossi is the star of "Pit Boss" on Animal Planet and the founder of Shorty's Rescue, a haven for abused pit bulls.

**Issues Covered:** education, adoption, misunderstandings

29:00	Conclusion of Program	:30
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TOTAL TIME: 29:30

Program # 2013-7

Airdate: Feb 16

Time of Broadcast 7:30AM

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u> <u>Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00

3:00 Segment #1 –Air Safety 16:00

**Summary:** Our guest says there is a growing problem of pilot fatigue and the safety issues it creates.

**Guest:** Ace Abbott has had a 36 year career in aviation including time as a Boeing 727 captain. He's the author of "Dead Tired".  
[www.therogueaviator.com](http://www.therogueaviator.com)

**Issues Covered:** pilot error, aging planes, charter safety

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Effective Dieting 7:00

**Summary:** Our guest says skip gimmicks, don't deny yourself what you want to eat. She presents a real food diet.

**Guest:** Liz Vaccariello is Editor in Chief of Readers Digest and author of "The Digest Diet Cookbook".  
[www.digestdiet.com](http://www.digestdiet.com)

**Issues Covered:** organic foods, weight loss, shopping lists

29:00 Conclusion of Program :30

**Program # 2013-8**

Airdate: Feb 23 Time of Broadcast 7:30 AM

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment</u>
<u>Length</u>		
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Families	16:00

**Summary:** Our guest discusses the changing role of grandparents in the new world of technology and nuclear families..

**Guest:** DrTrevor Campbell has studied the role of grandparents for decades. He is the co-author of "The Grandparents Handbook".

**Issues Covered:** social media, 1 parent homes, communication

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Outsourcing

7:00

**Summary** Many small businesses rely on hiring experts so they can concentrate on growing their business.

**Guest:** Greg Sanders is the founder and CEO of AccountingOutsource.org, a national online network.  
[www.accountingoutsource.org](http://www.accountingoutsource.org)

**Issues Covered:** taxes, business loans, regulatory issues

29:00 Conclusion of Program

:30

**Program # 2013-9**

Airdate: Mar 2

Time of Broadcast 7:30a

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 -Weight Loss	16:00

**Summary:** Our guest discusses a safe and non-surgical alternative to gastro bypass surgery.

**Guest:** Ryan Camana is a professional hypnotherapist with over 20 years experience and creator of the Gastric Hypno Balloon Program.  
[www.gastrichypnoballoon.com](http://www.gastrichypnoballoon.com)

**Issues Covered:** surgery, side effects, weight control

19:00 SPOT BREAK #2

3:00

22:00 Segment #2- Childhood Obesity

7:00

**Summary** Our guest looks at the causes of overweight children and how to avoid them.

**Guest:** Dr John Mayer is a researcher and scientist. He is the author of "Family Fit: Find Your Balance".  
[www.drjohnmayer.com](http://www.drjohnmayer.com)

**Issues Covered:** emotional toll, family cycle, addictions

29:00 Conclusion of Program

:30

**Program # 2013-10**

Airdate: Mar 9

Time of Broadcast 7:30 AM

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 -Relationships	16:00

**Summary:** Our guests say the key to successful relationships is being able to understand non-verbal communication.

**Guests:** Jared Sais, received his degree in Non-Verbal Communications & Erika Nitz host of "Passport To Love". They are authors of "The Non-Verbal Game of Farting".  
[www.thenonverbalgame.com](http://www.thenonverbalgame.com)

**Issues Covered:** detect lying, confidence, body language

19:00	SPOT BREAK #2	3:00
22:00	Segment #2- Childhood Obesity	7:00

**Summary** Our guest looks at the causes of overweight children and how to avoid them. Part 2 of our interview.

**Guest:** Dr John Mayer is a researcher and scientist. He is the author of "Family Fit: Find Your Balance".  
[www.drjohnmayer.com](http://www.drjohnmayer.com)

**Issues Covered:** emotional toll, family cycle, addictions

29:00	Conclusion of Program	:30
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**Program # 2013-11**

Airdate: Mar 16

Time of Broadcast 7:30 AM

Producer: Sean Bratton

Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00



3:00 Segment #1 –Finances 16:00

**Summary:** Our guest says finances are the # 1 cause of stress. She says changing your mindset can change your life.

**Guest:** Ana Weber Haber is a life and business coach and author of "The Money Flow: How To Make Money Your Friend and Ally, Have A Great Life, And Improve The World".  
[www.moneyflowmastery.com](http://www.moneyflowmastery.com)

**Issues Covered:** rejection, lifestyle, passion

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Childhood Obesity 7:00

**Summary** Our guest looks at the causes of overweight children and how to avoid them. Part 3 of our interview.

**Guest:** Dr John Mayer is a researcher and scientist. He is the author of "Family Fit: Find Your Balance".  
[www.drjohnmayer.com](http://www.drjohnmayer.com)

**Issues Covered:** emotional toll, family cycle, addictions

29:00 Conclusion of Program :30

**Program # 2013-12**

Airdate: March 23 Time of Broadcast 7:30 AM

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u>	<u>Segment</u>	<u>Segment</u>
<u>Length</u>		
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 –Human Trafficking	16:00

**Summary:** Commercial sexual exploitation of children is the fastest growing organized crime worldwide.

**Guest:** Cheryl DeLoe-Johnson is Executive Director of Street Grace Inc, an organization dedicated to prevention of sexual exploitation of children.  
[www.streetgrace.org](http://www.streetgrace.org)

**Issues Covered:** Warning signs, reporting, restoration

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Hollywood Legends 7:00

Summary Our guest discusses little known stories of Hollywood icons..

Guest: Stephen Schochet is a veteran tour guide and author of "Hollywood Stories: Short, Entertaining Anecdotes About the Stars and Legends of the Movies".  
[www.hollywoodstories.com](http://www.hollywoodstories.com)

**Issues Covered:** Disney impact, scholarships, history

29:00 Conclusion of Program :30

**Program # 2013-13**

Airdate: Mar 30 Time of Broadcast 7:30Am

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u> <u>Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 -Self Help	16:00

Summary: Our guests explains that in a world that is rapidly changing why we have to think in a new way about everything from politics to business

Guest: Dianne Collins is the creator of the "QuantumThink" system of thinking and author of "Do You Quantum Think" winner of the 2012 Global E Book Award.  
[www.diannecollins.com](http://www.diannecollins.com)

**Issues Covered:** myth of choice, either/or limits, media

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Hollywood Legends 7:00

Summary Our guest discusses little known stories of Hollywood icons..

Guest: Stephen Schochet is a veteran tour guide and author of "Hollywood Stories: Short, Entertaining Anecdotes About the Stars and Legends of the Movies". Part two of our series.  
[www.hollywoodstories.com](http://www.hollywoodstories.com)

**Issues Covered: Disney impact, scholarships, history**

29:00 Conclusion of Program :30

**Program # 2013-14**

Airdate: April 6 Time of Broadcast 7:30 AM

Producer: Sean Bratton Host: Ric Bratton ([www.thisweekinamerica.us](http://www.thisweekinamerica.us))

<u>Time</u> <u>Length</u>	<u>Segment</u>	<u>Segment</u>
:00	Intro	:60
1:00	SPOT BREAK #1	2:00
3:00	Segment #1 -Relationships	16:00

**Summary:** Our guests offer tips on how to create harmony & happiness in relationships whether single, or divorced.

**Guest:** Shya and Ariel Kane, award winning authors and world renowned relationship coaches. Authors of "How To Have A Match Made in Heaven".  
[www.transformationmadeeasy.com](http://www.transformationmadeeasy.com)

**Issues Covered: myth of choice, either/or limits, media**

19:00 SPOT BREAK #2 3:00

22:00 Segment #2- Hollywood Legends 7:00

**Summary** Our guest discusses little known stories of Hollywood icons..

**Guest:** Stephen Schochet is a veteran tour guide and author of "Hollywood Stories: Short, Entertaining Anecdotes About the Stars and Legends of the Movies". Part 3 of our series.  
[www.hollywoodstories.com](http://www.hollywoodstories.com)

**Issues Covered: Disney impact, scholarships, history**

29:00 Conclusion of Program :30