WCIF FM, Melbourne Florida

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Section I: Issues

WCIF FM has identified the following topics as significant issues facing our community in this quarter:

- 1. Money Management:
- 2. Marriage Issues:
- 3. Unemployed/employment:
- 4. Retirement Issues:
- 5. Elderly Care:
- 6. The family:
- 7. Abortion and traditional marriage:
- 8. The disabled:
- 9. Health Care:
- 10. Crime and Area drug abuse:

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Period: April 1 - June 30, 2019

Section II: Responsive Programs

WCIF FM broadcast programming dealing with the various issues outlined in Section I of this list. The programming was aired on the dates and times as follows:

1. Money Management:

Money Wise

Broadcast on 04-01-2019 at 3:30PM; Duration: 25:00. discussion on retirement and how much money you will need to maintain your current lifestyle - try to budget for at least 70% of your pre-retirement income - importance of saving and planning ahead

Money Wise

Broadcast on 04-04-2019 at 3:30PM; Duration: 25:00. discussion on financial issues centering around retirement - the importance of saving for retirement early and often - also stressing the fact that you are able to maintain a traditional or Roth IRA at the same time you are maintaining an employer sponsored 401K or 403B - in general terms contribute to your employer plans up to the amount of their match and put the rest in an IRA

My Money Life

Broadcast on 04-05-2019 at 12:30PM; Duration: 2:00. guest Larry Burkett discussion on money issues in the context of marriage - the importance of keeping one set of books for the marriage, not individual accounts - allow the stronger financial partner to handle the books, investments, bank accounts, etc.

Community Bulletin Board

Broadcast on 04-10-2019 at 1:25PM; Duration: 5:00. public service announcement for Housing and Financial Education Workshop by the City of Melbourne - April 16 from 5:30 p.m. to 7:30 p.m. at the Dock Teen Center

Community Bulletin Board

Broadcast on 04-15-2019 at 1:25PM; Duration: 5:00. public service announcement on Housing and Financial Education Workshop hosted by the City of Melbourne intended to teach basic principles of money management especially as it is related to home ownership and investments for the future

Money Wise

Broadcast on 04-17-2019 at 3:30PM; Duration: 25:00. discussion on money and marriage - how to assign the financial management duties to the spouse that is gifted in that regard - have a money date at least once a month to discuss the family finances

Money Wise

Broadcast on 04-25-2019 at 3:30PM; Duration: 25:00. discussion on whether to use a Roth IRA or a traditional IRA in planning for your retirement - the pros and cons of each but generally Roth IRA's are better in the long run especially regarding tax implications

Community Bulletin Board

Broadcast on 05-20-2019 at 1:25PM; Duration: 5:00. public service announcement for City of Melbourne free financial education workshop through the Community Housing Initiatives organization - a variety of topics relating to homes and home ownership will be covered

Money Wise

Broadcast on 05-16-2019 at 3:30PM; Duration: 25:00. discussion on credit card management and the importance of paying your balance in full every month - keep minimal credit card accounts and use them only for budgeted items in lieu of cash

Money Wise

Broadcast on 05-28-2019 at 3:30PM; Duration: 25:00. discussion on credit card management - only use your credit cards for budgeted items and be sure to pay off your balance in full every month - don't have more than two open credit card accounts - too many are adverse to your credit

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Period: April 1 - June 30, 2019

Section II: Responsive Programs (Continued)

1. Money Management (Continued):

Money Wise

Broadcast on 06-11-2019 at 3:30PM; Duration: 25:00. discussion on credit card management - importance of maintaining just one or two accounts and paying them off in full every month - use credit cards as a convenience for budgeted items only

My Money Life

Broadcast on 06-26-2019 at 12:30PM; Duration; 2:00. discussion on how sometimes spouses can cheat on each other regarding finances - like hiding spending from one's spouse

Money Wise

Broadcast on 06-28-2019 at 3:30PM; Duration; 25:00, discussion on several financial situations that can, if not checked, sabotage an otherwise healthy marriage, primarily keeping financial secrets from one another - finances should be shared equally and in the open

Focus On The Family

Broadcast on 04-15-2019 at 1:30PM; Duration: 29:00. discussion on surviving financial ruin and how to build up your finances with practical tips on money management and avoiding debt

2. Marriage Issues:

My Money Life

Broadcast on 04-05-2019 at 12:30PM; Duration: 2:00. guest Larry Burkett discussion on money issues in the context of marriage - the importance of keeping one set of books for the marriage, not individual accounts - allow the stronger financial partner to handle the books, investments, bank accounts, etc.

Money Wise

Broadcast on 04-17-2019 at 3;30PM; Duration: 25:00. discussion on money and marriage - how to assign the financial management duties to the spouse that is gifted in that regard - have a money date at least once a month to discuss the family finances

Money Wise

Broadcast on 06-14-2019 at 3:30PM; Duration: 25:00. discussion about money management within the marriage relationship - selecting either the husband or wife depending on their gifts and abilities to manage the family finances - remember that the two shall become one and husbands and wives should not keep separate finances

Focus On The Family

Broadcast on 06-03-2019 at 1:30PM; Duration: 29:00. guest marriage counselor Debra Fileta discussion on how marriage requires unconditional love and sacrifice through humorous anecdotes

Focus On The Family

Broadcast on 06-12-2019 at 1:30PM: Duration: 29:00. guests Al and Lisa Robertson discussion on the importance of true forgiveness in the marriage relationship and how their marriage survived an affair on Lisa's part - hope and healing is indeed possible in all circumstances

Focus On The Family

Broadcast on 06-21-2019 at 1:30PM; Duration: 29:00. guest Kathi Lipp discussion on ways to spice up your marriage using creativity and imagination - how simple things can positively impact your marriage

Focus On The Family

Broadcast on 06-25-2019 at 1:30PM; Duration: 29:00. guest Gary Chapman discussion on infatuation and how it can lead to infidelity if not dealt with quickly and properly - how to combat out of marriage attractions and stay faithful to your spouse

My Money Life

Broadcast on 06-20-2019 at 12:30PM; Duration: 2:00. discussion on how a wife can often stop her husband from making wasteful spending decisions

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Section II: Responsive Programs (Continued)

2. Marriage Issues (Continued):

My Money Life

Broadcast on 06-26-2019 at 12:30PM; Duration: 2:00. discussion on how sometimes spouses can cheat on each other regarding finances - like hiding spending from one's spouse

Money Wise

Broadcast on 06-28-2019 at 3:30PM; Duration: 25:00. discussion on several financial situations that can, if not checked, sabotage an otherwise healthy marriage, primarily keeping financial secrets from one another - finances should be shared equally and in the open

Focus On The Family

Broadcast on 04-03-2019 at 1:30PM; Duration: 29:00. discussion on helping your daughter understand romantic relationships and how to know she has selected the one she will eventually like to marry

Focus On The Family

Broadcast on 04-05-2019 at 1:30PM; Duration: 29:00. discussion on how to create a loving, healthy marriage and how a couople who had been separated for eleven years got together and remarried

Focus On The Family

Broadcast on 04-11-2019 at 1:30PM; Duration: 29:00. discussion on sprituality within the marriage relationship and how it can positively impact your marriage with practical tips on connecting with your spouse

Focus On The Family

Broadcast on 05-15-2019 at 1:30PM; Duration: 29:00. guests LeRoy and Kimberly Wagner discussion on harnessing your strengths to transform your marriage - sharing their expectations, faults and misgivings and how their positive strengths restored an otherwise unhealthy marriage

Focus On The Family

Broadcast on 05-23-2019 at 1;30PM; Duration: 29:00. discussion on practical advice for those soon to be married or in the newlywed years - tips for achieving a vibrant and healthy marriage that will last a lifetime

3. Unemployed/employment:

Money Wise

Broadcast on 04-03-2019 at 3:30PM; Duration: 25:00. discussion on your employment and job satisfaction - tips on how to tactfully ask for a raise or increase in benefits as appropriate depending on your current situation - stress how much you have done for the company

Money Wise

Broadcast on 04-04-2019 at 3:30PM; Duration: 25:00. discussion on financial issues centering around retirement - the importance of saving for retirement early and often - also stressing the fact that you are able to maintain a traditional or Roth IRA at the same time you are maintaining an employer sponsored 401K or 403B - in general terms contribute to your employer plans up to the amount of their match and put the rest in an IRA

Money Wise

Broadcast on 04-09-2019 at 3:30PM; Duration: 25:00. discussion on how to enhance your employability through the ability to speak a second language - many employers are seeking those who are bilingual and may be in high demand - be sure to include that fact highlighted in your resume

My Money Life

Broadcast on 04-15-2019 at 12:30PM; Duration: 2:00. discussion on the importance of showing integrity and honesty on the job - how this may lead to advancement and higher salary at your place of employment

My Money Life

Broadcast on 04-17-2019 at 12:30PM; Duration: 2:00. discussion on your employer and the importance of giving your best efforts every day at work

My Money Life

Broadcast on 04-19-2019 at 12:30PM; Duration: 2:00. discussion on the importance of enjoying your job, makes working easier and enhances job satisfaction

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Period: April 1 - June 30, 2019

Section II: Responsive Programs (Continued)

3. Unemployed/employment (Continued):

Placed in the Public File July 3, 2019

Community Bulletin Board

Broadcast on 04-22-2019 at 1:25PM; Duration: 5:00. public service announcement for City of Palm Bay Junior to Jobs program - building a pipeline of Palm Bay citizens that are qualified for Palm Bay businesses - program for high school juniors to age 19 - job training and placement provided for qualified applicants

Money Wise

Broadcast on 04-30-2019 at 3;30PM; Duration; 25:00, discussion on self employment with an emphasis on preparing your self employment taxes - making sure you take all legal deductions and make sure you don't overstate or falsify your expenses and deductions

Money Wise

Broadcast on 05-23-2019 at 3;30PM; Duration: 25:00. discussion on the importance of saving three to six months living expenses just in case you experience a loyoff or job termination - treat your search for employment as a full time job

Money Wise

Broadcast on 06-17-2019 at 3:30PM; Duration; 25:00. discussion on returning your investment in college costs make sure that your career field will allow you to recoup your college investment and allow you to pay off any student loans in a timely manner

4. Retirement Issues:

Community Bulletin Board

Broadcast on 04-03-2019 at 1:25PM; Duration: 5:00. public service announcement for Secrets to Successful Aging seminar from Center for Family Caregivers held on Thursday April 11 led by Dr. Visa, Medical Director, Health First Aging Services

Community Bulletin Board

Broadcast on 04-03-2019 at 1:25PM; Duration: 5:00. public service announcement for Learn about Aging Matters in Brevard and Programs and Services for Seniors and Caregivers seminar by this non-profit organization meeting the needs of seniors led by Josh Jensen on April 17 hosted by the Center for Family Caregivers

Community Bulletin Board

Broadcast on 04-03-2019 at 1:25PM; Duration: 5:00. public service announcement for Center for Family Caregivers seminar Living Healthy six-week workshop for the elderly and their families led by Pat DeAngelis focus on nutrition and healthy living

Money Wise

Broadcast on 04-01-2019 at 3:30PM; Duration: 25:00. discussion on retirement and how much money you will need to maintain your current lifestyle - try to budget for at least 70% of your pre-retirement income - importance of saving and planning ahead

Money Wise

Broadcast on 04-04-2019 at 3:30PM; Duration: 25:00. discussion on financial issues centering around retirement the importance of saving for retirement early and often - also stressing the fact that you are able to maintain a traditional or Roth IRA at the same time you are maintaining an employer sponsored 401K or 403B - in general terms contribute to your employer plans up to the amount of their match and put the rest in an IRA

Money Wise

Broadcast on 04-11-2019 at 3:30PM; Duration; 25:00. discussion on retirement and how much income from investments and retirement plans you will need in order to live comfortably - consider long term care insurance as life expectancy is constantly rising

My Money Life

Broadcast on 04-24-2019 at 12:30PM; Duration: 2:00. discussion on retirement issues - the importance of having sufficent savings to live comfortably - you must not rely on credit cards to make ends meet in retirement - the importance of being out of debt in retirement, even including mortgage debt

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Period: April 1 - June 30, 2019

Section II: Responsive Programs (Continued)

4. Retirement Issues (Continued):

Money Wise

Broadcast on 04-25-2019 at 3:30PM; Duration: 25:00. discussion on whether to use a Roth IRA or a traditional IRA in planning for your retirement - the pros and cons of each but generally Roth IRA's are better in the long run especially regarding tax implications

Community Bulletin Board

Broadcast on 05-01-2019 at 1:25PM; Duration: 5:00. public service announcement for Secrets of Successful Aging seminar and Caregiver Support Group May 9 at the Center for Family Caregivers

Money Wise

Broadcast on 05-03-2019 at 3:30PM; Duration: 25:00. discussion on sound financial principles of planning for retirement - how much income you will need to maintain your current lifestyle - starting to save early is the best option for planning for retirement

Money Wise

Broadcast on 05-14-2019 at 3:30PM; Duration: 25:00. discussion on retirement and how much income from investments and retirement accounts with augmentation from social security you will need to maintain your current lifestyle - ascertain whether or not you envision long term care issues and if you can afford long term care insurance

My Money Life

Broadcast on 06-03-2019 at 12:30PM; Duration: 2:00. discussion on financial issues related to retirement - most retirees do not have sufficient savings to maintain their pre-retirement lifestyle - many suffer because they are continuing to support or assist financially their adult children

Money Wise

Broadcast on 06-04-2019 at 3:30PM; Duration: 25:00. discussion on which retirement funds are best for you - Roth versus traditional IRA's - is there ever a good reason to move your funds from a 401K account to an IRA - reasons to and not to do so

Money Wise

Broadcast on 06-07-2019 at 3:30PM; Duration: 25:00. discussion on reverse mortgages - are these appropriate for those in their retirement years - in most cases no due to excessive hidden costs and restrictions - best to leave your house to your children rather than a mortgage company and lose the equity in your home

My Money Life

Broadcast on 06-14-2019 at 12:30PM; Duration: 2:00. discussion on retirement and how much income you will need to maintain your current lifestyle - start saving for retirement early and often - up to 15% of your salary each paycheck if able in IRA's or other retirement vehicles

5. Elderly Care:

Community Bulletin Board

Broadcast on 04-03-2019 at 1:25PM; Duration: 5:00. public service announcement for Secrets to Successful Aging seminar from Center for Family Caregivers held on Thursday April 11 led by Dr. Visa, Medical Director, Health First Aging Services

Community Bulletin Board

Broadcast on 04-03-2019 at 1:25PM; Duration: 5:00. public service announcement for Learn about Aging Matters in Brevard and Programs and Services for Seniors and Caregivers seminar by this non-profit organization meeting the needs of seniors led by Josh Jensen on April 17 hosted by the Center for Family Caregivers

Community Bulletin Board

Broadcast on 04-03-2019 at 1:25PM; Duration: 5:00. public service announcement for Center for Family Caregivers seminar Living Healthy six-week workshop for the elderly and their families led by Pat DeAngelis focus on nutrition and healthy living

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Period: April 1 - June 30, 2019

Section II: Responsive Programs (Continued)

5. Elderly Care (Continued):

Placed in the Public File July 3, 2019

Community Bulletin Board

Broadcast on 04-17-2019 at 1:25PM; Duration: 5:00. public service announcement for Center for Family Caregivers Caregiving Essentials seminar scheduled for May 17, 2019 - emphasis on enhancing your caregiving skills and confidence in the midst of caring for those with dementia or related illnesses associated with age

Community Bulletin Board

Broadcast on 05-01-2019 at 1:25PM: Duration: 5:00. public service announcement for Bone Builders strength training for the elderly offered through Aging Matters in Brevard County's Retired and Senior Volunteer Program, emphasis on bone health and nutrition

Community Bulletin Board

Broadcast on 05-01-2019 at 1:25PM; Duration: 5:00. public service announcement for Canter for Family Caregivers Stroke and Aneurysm Support Group Monday May 6 at Health First Medical Center Auditorium

Community Bulletin Board

Broadcast on 05-01-2019 at 1:25PM; Duration: 5:00. public service announcement for Secrets of Successful Aging seminar and Caregiver Support Group May 9 at the Center for Family Caregivers

Money Wise

Broadcast on 05-14-2019 at 3:30PM; Duration; 25:00. discussion on retirement and how much income from investments and retirement accounts with augmentation from social security you will need to maintain your current lifestyle - ascertain whether or not you envision long term care issues and if you can afford long term care insurance

Community Bulletin Board

Broadcast on 05-29-2019 at 1:25PM; Duration: 5:00. public service announcement for World Elder Abuse Awareness Day special event at the Melbourne Auditorium on June 14, 2019 focusing on the nature of criminal elder abuse and the many criminal scams that are targeted at senior citizens

Community Bulletin Board

Broadcast on 05-31-2019 at 1:25PM; Duration: 5:00. public service announcement for Center for Family Caregivers stroke and aneurysm support group held on the first Monday of each month at Holmes Regional Medical Center Auditorium in Melbourne

Community Bulletin Board

Broadcast on 06-14-2019 at 1:25PM; Duration: 5:00. public service announcement on Teens Linking Lives program to train teens in volunteerism in elderly care, health care, the disabled and hospice care - how families can reinforce teen volunteerism - teen volunteer training to be held on July 18 at Viera Health First Hospital

6. The family:

Community Bulletin Board

Broadcast on 06-14-2019 at 1:25PM; Duration; 5:00, public service announcement on family activity on education about recycling meeting entitled Where Does Your Garbage Go hosted by a waste management official at the Eau Gallie Public Library June 18 2-3 p.m.

Community Bulletin Board

Broadcast on 06-14-2019 at 1:25PM; Duration: 5:00. public service announcement on Teens Linking Lives program to train teens in volunteerism in elderly care, health care, the disabled and hospice care - how families can reinforce teen volunteerism - teen volunteer training to be held on July 18 at Viera Health First Hospital

Focus On The Family

Broadcast on 06-05-2019 at 1:30PM; Duration: 29:00. guest Eryn Lynum discussion on the importance of cherishing every day with your children - how a mom dropped one penny per day in a jar for each of her children and how it conveyed how much they meant to her throughout their childhood years

Focus On The Family

Broadcast on 06-14-2019 at 1:30PM; Duration: 29:00. more than a dozen testimonies of how a father impacted their lives - special focus for Father's Day season

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Section II: Responsive Programs (Continued)

6. The family (Continued):

Focus On The Family

Broadcast on 06-17-2019 at 1:30PM; Duration: 29:00. discussion on how to both learn and teach manhood by instilling positive values in your sons and being a good example as a father - how to combat toxic masculinity

Focus On The Family

Broadcast on 06-19-2019 at 1:30PM; Duration: 29:00, guest Jim Burns discussion on navigating the challenges that teenagers face especially as it relates to the often difficult transition from adolescence to adulthood - examining the need for parents to understand teen culture

Focus On The Family

Broadcast on 06-27-2019 at 1:30PM; Duration: 29:00. guest Dr. Meg Meeker discussion on the importance of raising boys to become good young men especially as it relates to the relationship between mothers and sons - dealing with the distance that often naturally occurs between parents and their children

Focus On The Family

Broadcast on 04-03-2019 at 1:30PM; Duration: 29:00. discussion on helping your daughter understand romantic relationships and how to know she has selected the one she will eventually like to marry

Focus On The Family

Broadcast on 04-08-2019 at 1:30PM; Duration: 29:00. discussion on how to train your boys to be confident, capable men who take pride in everything they do, emphasis on the life skills young men need the most

Focus On The Family

Broadcast on 04-22-2019 at 1:30PM; Duration: 29:00. discussion on motherhood and how mothers seek perfection and unrealistic expectations regarding their relationship with their children - how it is okay to fail from time to time

Focus On The Family

Broadcast on 05-09-2019 at 1:30PM; Duration: 29:00. guest Meg Meeker discussion on how you can be a happier mother - tips for having a positive healthy relationship with your husband and children

Focus On The Family

Broadcast on 05-13-2019 at 1:30PM; Duration: 29:00. guests Henry Cloud and John Townsend discussion on setting healthy boundaries for your children when you feel you are being manipulated by them - how to establish rules that are firm and must be obeyed

Focus On The Family

Broadcast on 05-22-2019 at 1:30PM; Duration: 29:00. discussion with a foster mother and how she adopted five at risk children and how her love and attention transformed the troubled lives of her children

Focus On The Family

Broadcast on 05-31-2019 at 1:30PM; Duration: 29:00. guest Josh McDowell discussion on how to help your children navigate life's challenges and opportunities and the difference between being responsible for your children and being responsible to them

7. Abortion and traditional marriage:

Focus On The Family

Broadcast on 04-02-2019 at 1:30PM; Duration: 29:00. discussion on how a pro-life couple confronted a problem pregnancy and decided against terminating the pregnancy through abortion and how their child was delivered healthy and defect free

Focus On The Family

Broadcast on 04-09-2019 at 1:30PM; Duration: 29:00. discussion featuring survivors of abortion and how this has impacted their lives and their pro-life convictions

Focus On The Family

Broadcast on 04-16-2019 at 1:30PM; Duration: 29:00. discussion on how abortion is impacting the African American community disproportionate with other sectors of the society and how to minister to those seeking abortion and abortion alternatives

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Section II: Responsive Programs (Continued)

7. Abortion and traditional marriage (Continued):

Focus On The Family

Broadcast on 04-29-2019 at 1:30PM; Duration: 29:00. discussion on abortion and how it affects men - guest Stephen Arterberg explains how he experienced severe depression after encouraging his college girlfriend to have an abortion

Focus On The Family

Broadcast on 05-03-2019 at 1:30PM; Duration: 29:00. guest Laura Hughes discussion on how she experienced an unplanned preganancy and how she rejected numerous advisors to have an abortion - although she experienced struggles she rejoices in the fact that she brought her child into the world

Focus On The Family

Broadcast on 05-29-2019 at 1:30PM; Duration: 29:00. guest Pat Layton who describes how she found healing and hope after having an abortion - how she kept it secret for many years but found hope and healing after discussing it openly

8. The disabled:

Money Wise

Broadcast on 05-07-2019 at 3:30PM; Duration: 25:00. discussion on the disabled and the financial challenges they face - how to apply and hopefully receive disability benefits from social security - note that fraud in this area is rampant so be sure to have evidence of disability and tell the truth

Community Bulletin Board

Broadcast on 05-31-2019 at 1:25PM; Duration: 5:00. public service announcement for Center for Family Caregivers stroke and aneurysm support group held on the first Monday of each month at Holmes Regional Medical Center Auditorium in Melbourne

Money Wise

Broadcast on 05-31-2019 at 3:30PM; Duration: 25:00. discussion on assessing the financial cost of becoming disabled - funds for disability available from social security may be woefully inadequate for taking care of the expenses experienced by those disabled - disability insurance when you are healthy may be an option to consider

Community Bulletin Board

Broadcast on 06-14-2019 at 1:25PM; Duration: 5:00. public service announcement on Teens Linking Lives program to train teens in volunteerism in elderly care, health care, the disabled and hospice care - how families can reinforce teen volunteerism - teen volunteer training to be held on July 18 at Viera Health First Hospital

Focus On The Family

Broadcast on 06-04-2019 at 1:30PM; Duration: 29:00. discussion on autism with a mother who has raised two sons both of whom suffer from autism and how they succeeded in life despite their disability

Focus On The Family

Broadcast on 06-06-2019 at 1:30PM; Duration: 29:00. guest Kay Warren discussion on the reality of depression and despair and how it may be crippling and disabling - how to make the way of escape from these conditions

9. Health Care:

Community Bulletin Board

Broadcast on 04-03-2019 at 1:25PM; Duration: 5:00. public service announcement for Secrets to Successful Aging seminar from Center for Family Caregivers held on Thursday April 11 led by Dr. Visa, Medical Director, Health First Aging Services

Community Bulletin Board

Broadcast on 04-03-2019 at 1:25PM; Duration: 5:00. public service announcement for Learn about Aging Matters in Brevard and Programs and Services for Seniors and Caregivers seminar by this non-profit organization meeting the needs of seniors led by Josh Jensen on April 17 hosted by the Center for Family Caregivers

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Period: April 1 - June 30, 2019

Section II: Responsive Programs (Continued)

9. Health Care (Continued):

Community Bulletin Board

Broadcast on 04-03-2019 at 1:25PM; Duration: 5:00. public service announcement for Center for Family Caregivers seminar Living Healthy six-week workshop for the elderly and their families led by Pat DeAngelis focus on nutrition and healthy living

Community Bulletin Board

Broadcast on 04-17-2019 at 1:25PM; Duration: 5:00. public service announcement for Center for Family Caregivers Caregiving Essentials seminar scheduled for May 17, 2019 - emphasis on enhancing your caregiving skills and confidence in the midst of caring for those with dementia or related illnesses associated with age

Community Bulletin Board

Broadcast on 05-01-2019 at 1:25PM; Duration: 5:00. public service announcement for Bone Builders strength training for the elderly offered through Aging Matters in Brevard County's Retired and Senior Volunteer Program, emphasis on bone health and nutrition

Community Bulletin Board

Broadcast on 05-01-2019 at 1:25PM; Duration: 5:00. public service announcement for Canter for Family Caregivers Stroke and Aneurysm Support Group Monday May 6 at Health First Medical Center Auditorium

Community Bulletin Board

Broadcast on 05-01-2019 at 1:25PM; Duration: 5:00. public service announcement for Secrets of Successful Aging seminar and Caregiver Support Group May 9 at the Center for Family Caregivers

Community Bulletin Board

Broadcast on 05-31-2019 at 1:25PM; Duration: 5:00. public service announcement for Center for Family Caregivers stroke and aneurysm support group held on the first Monday of each month at Holmes Regional Medical Center Auditorium in Melbourne

Money Wise

Broadcast on 05-20-2019 at 3:30PM; Duration: 25:00. discussion on the financial cost of health care and health insurance - the option of fraternal health insurance organizations compared to traditional health insurance companies - which is best for your situation especially if you do not have health insurance through your employer

Community Bulletin Board

Broadcast on 06-14-2019 at 1:25PM; Duration: 5:00. public service announcement on Teens Linking Lives program to train teens in volunteerism in elderly care, health care, the disabled and hospice care - how families can reinforce teen volunteerism - teen volunteer training to be held on July 18 at Viera Health First Hospital

Focus On The Family

Broadcast on 04-01-2019 at 1:30PM; Duration: 29:00. discussion on food addiction and tips for correcting this disease - how to eat healthy

Focus On The Family

Broadcast on 04-25-2019 at 1:30PM; Duration: 29:00. discussion on how to battle addictions of all types and characteristics - how to avoid and eliminate harmful addictions especially through health care or rehabilitation programs

Focus On The Family

Broadcast on 05-28-2019 at 1:30PM; Duration: 29:00. guest Ali Worthington discussion on how to fight fear through therapy and a healthy positive attitude

10. Crime and Area drug abuse:

Money Wise

Broadcast on 04-19-2019 at 3:30PM; Duration: 25:00. discussion on the importance of recognizing the fastest growing crime in America, that of identity theft - tips on how to lessen the chance that you will suffer this crime, especially by freezing your credit reports to prevent accounts being opened in your name without your consent

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Section II: Responsive Programs (Continued)

10. Crime and Area drug abuse (Continued):

My Money Life

Broadcast on 05-02-2019 at 12:30PM; Duration: 2:00. discussion on criminal fraud as manifested by e-mails and phone calls - never send money to someone you do not know - these are professional thieves and they know how to manipulate you - be wary of offers that seem too good to be true or communications that urge you to make immediate payments - note the IRS never calls on the phone or e-mails for requested payments

Money Wise

Broadcast on 05-01-2019 at 3:30PM; Duration: 25:00. discussion on criminal scams and how to avoid them - preventative measures include freezing your credit report and never giving out personal or financial information on the Internet or over the telephone - note that the IRS never calls on the phone or by e-mail

Money Wise

Broadcast on 05-10-2019 at 3:30PM; Duration: 25:00. discussion on identity theft the fastest growing crime in the world - tips for preventing your identity from being stolen including freezing your credit reports and being careful how you utilize credit cards - be careful whan making Internet purchases only from reputable websites

Community Bulletin Board

Broadcast on 05-29-2019 at 1:25PM; Duration: 5:00. public service announcement for World Elder Abuse Awareness Day special event at the Melbourne Auditorium on June 14, 2019 focusing on the nature of criminal elder abuse and the many criminal scams that are targeted at senior citizens