



PROGRAMS and ISSUES REPORT

WBEB-FM 101.1 (Philadelphia)
225 E. City Avenue
Bala Cynwyd, PA 19004

1st Quarter 2014
January, February, March

Emily Scheivert 4-9-14
Emily Scheivert, Community Affairs Director

The Women's File: Sundays 5am – 6am

DATE	GUEST	PROGRAM	ISSUES
1/5/14	Hillary Green of Phila. Life Coach, Cancer Survivor	Green discusses rebuilding your life from the ground up after life changing crises. She went from being a driven workaholic to a very warm, spiritually based person centered in gratitude and has advice for how others can reach this place of peace.	WOMEN'S ISSUES, CANCER, PERSONAL GROWTH
1/12/14	Rebecca, Member of Overeaters Anonymous Elaine Brumberg, Internationally respected expert on aging and skin care and author	Rebecca explains how Overeaters Anonymous, a 12 step program, helped her overcome compulsive eating problems. Brumberg offers her advice on how to get the most for your money when buying skin products, skin cancer prevention, anti –aging techniques	MENTAL HEALTH, ADDICTION, WOMENS ISSUES CONSUMER ISSUES, AGING ISSUES, WOMENS HEALTH
1/19/14	Henry Brehm, Nephcure Foundation Cathy Poulin, Bob's Discount Furniture	Talks about ongoing research into curing Kidney disease and little known facts about kidney health. Nephcure is a nonprofit that is aimed at raising funds and raising awareness of Kidney health and the charity event supporting their mission Poulin talks about Grand Opening benefit which will help provide \$50,000 to assist school programs	HEALTH EDUCATION, NON-PROFIT EVENT CHARITY EVENT, SCHOOL FUNDING
1/26/14	Anne Katherine, Author BOUNDARIES IN AN OVERCONNECTED WORLD	Katherine talks about setting limits to preserve your focus privacy, relationships, and sanity with the many devices and digital connections families	FAMILY ISSUES, CHILDREN, MENTAL HEALTH, CULTURE

	Ann Rule, True Crime Writer	now have Rule talks about her latest non-fiction crime book, a compilation of her true crime files during her years as a police woman.	DOMESTIC VIOLENCE, CRIME, WOMEN'S ISSUES
2/2/14	Jill Murray, Expert Teen Violence Megan Egan, Pilates Expert	Murray discusses the fact that 1 in 3 girls will be in an abusive relationship before she graduates high school, what warning signs can help parents recognize danger, what schools should be doing to help, why girls sometimes embrace the behaviors that lead to abuse Egan explains what Pilates is, how this practice helped her overcome Multiple Sclerosis, and how it can create better health and flexibility for women.	VIOLENCE AND CRIME, WOMENS ISSUES, FAMILY ISSUES HEALTH AND WELLNESS, WOMEN'S ISSUES
2/9/14	Brene Brown, Author DARING GREATLY Nia Vardalos, Actor and mother of an adopted 8 year old and Dr. Sue Brownstein, Adoption expert	Brown speaks about the definition of courage and vulnerability which she says are at the core of human achievement and living life fully. Brown studies shame and vulnerability and finds that things that take you firmly out of your comfort zone are probably exactly what you should be doing. How we face our fears to find a life of value. Vardalos talks about struggling with infertility in Hollywood, about deciding to adopt a child from the LA County foster care system and what that process was like and why children from foster care often go unnoticed. Also was honest about her daughter's period of adjustment after coming to their home. Brownstein talked about the many myths surrounding adoption	MENTAL HEALTH, PERSONAL DEVELOPMENT ADOPTION, FOSTER CARE, CHILDREN'S ISSUES, FAMILY ISSUES

	Nathaniel Branden, Women's Self-Esteem expert	Branden explains how self-esteem affects the ability to learn, the capacity to grow, the choice of friends, mates and careers and how women can reinforce self-esteem which may be damaged by cultural messages.	MENTAL HEALTH, WOMEN'S ISSUES
3/9/14	Denise Kiernan, Author, "The Girls of Atomic City"	Kiernan tells the little known story of the hundreds of girls in Oak Ridge Tennessee in the Appalachian mountains during World War II who helped build the atomic bombs that helped win WW2 for the U.S. allies. The town was a virtual "Secret City" where they were sworn not to discuss what they were building at work and did not actually realize that the tasks they were performing were making such a huge contribution to the war effort. She interviewed many women, now in their 80's and 90's who worked in the defense plant where the big bombs were made.	U.S. HISTORY, DEFENSE POLICY, WOMEN'S ISSUES
3/16/14	Devon Jersild, Expert on Alcoholism and Women	Jersild, whose sister nearly died from an alcohol addiction, conducted a study of women alcoholics, why they drink and what they need to recover as well as how their families were affected.	ADDICTION, DRUGS, HEALTH, WOMEN'S ISSUES
3/23/14	Katherine Martin, Author "Women of Courage "	Martin describes women who have challenged injustice, broken barriers, reached out to others, persevered against all odds	WOMEN'S ISSUES, HISTORY, PERSONAL DEVELOPMENT
	Christina Williams, Chaplain, Grief Assistance Program	Williams heads a program based at the Philadelphia Medical Examiner's Office assisting the families of people who have been murdered or killed in accidents, and helps them in working through their grief and anger.	COMMUNITY SERVICE, RELIGION, MENTAL HEALTH, CRIME & VIOLENCE

3/30/14	Kristen Brown, Rape survivor, Advocate for "Jane Doe No More"	Brown shares her story of being abducted and sexually assaulted by a stranger on the last day of classes of her Freshman year at the University of Delaware 5 years ago. By reporting the crime and working with police she helped solve her own case. Jane Doe No More is a non-profit helping victims come forward publicly to take the stigma from rape. She is the Keynote Speaker at the upcoming Crime Victim's Rights Week Tribute 2014 in Dover, Delaware	COMMUNITY CHARITY EVENT, CRIME AND VIOLENCE, VICTIMS RIGHTS
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