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## \*\*\*\*\*CUTS YET TO BE IMPORTED\*\*\*\*\*

There are the tangible effects of the pandemic, and then there are the emotional and psychiatric effects. The uncertainty connected to whether schools will reopen for classes is raising anxiety for both parents and children. Dr. Nyhad (NIGH-had) Kumar, a pediatric psychiatrist, sees it regularly in his practice...

NEWS 24 :25 "...KIDS BACK TO SCHOOL."

Dr. Kumar, who was interviewed on "Arkansas Week," said the key is making sure kids are given the facts at their developmental level and are prepared to be comfortable with change.

AW—COVID PSYCHIATRY 2

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The COVID pandemic and the anxiety over whether or not schools will open back up are hard on children. Dr. Nyhad (NIGH-had) Kuman said on "Arkansas Week" this weekend parents have an important role to play in easing their minds...

NEWS 25 :23 "...NEEDS TO HAPPEN."

Dr. Kumar says kids are generally smarter than we think they are, and just telling them everything is going to be OK is not the right strategy. He said parents should give them facts in a way appropriate to their developmental level.