

**ISSUES/PROGRAM LIST**

STATION: AM700 KDAZ

REPORTING PERIOD: July 1,2023 TO September 30,2023

Date Filed: October 3, 2023

DATE OF PROGRAM	TIME AND DURATION	TYPE OF PROGRAM	ISSUE ADDRESSED BY PROGRAM	HOST & GUEST	NARRATIVE OF HOW ISSUE WAS TREATED
July 1, 2023	9:00AM 30 Minutes	Issues & Answers 905 Public Affairs	Economy / Education / Health	Host: Diane Kinderwater  Guest: Paul Gessing-Rio Grande Foundation President	New Mexico ranks high on individual liberty. New Mexico needs economic and educational reform. The Covid lock down in New Mexico hurt the students. New Mexico came in last in reading and math.
July 2, 2023	6:30AM 30 Minutes	Issues & Answers 906 Public Affairs	Mental Health / Economy	Host: Diane Kinderwater  Guest: Dianne Christensen-NMSU Associate Professor / FCS Agent Bernalillo County Extension Service	Resiliency is the ability to bounce back in the face of adversity. A daily habit of gratitude can help with life's stress triggers. Inflation is causing people a lot of stress.
July 8, 2023	9:00AM 30 Minutes	Issues & Answers 907 Public Affairs	Economy / Mental Health	Host: Diane Kinderwater  Guest: Dianne Christensen-NMSU Associate Professor / FCS Agent Bernalillo County Extension Service	Inflation is causing stress in the population. There are things that can be done to learn to live well in the face of adversity. Look for spending leaks and substitutes for higher priced items. Look at expenses that add up over time. It's like giving yourself a raise.
July 9, 2023	6:30AM 30 Minutes	Issues & Answers 908 Public Affairs	Health/Economy	Host: Diane Kinderwater  Guest: Dennis Plummer-Chief Strategy Officer Shauna Frost CEO Fighting Hunger in NM	New Mexico ranks 1 <sup>st</sup> in childhood hunger, and 6 <sup>th</sup> in the nation for hunger in the general population. New Mexico has the 2 <sup>nd</sup> highest rate in food insecurity. These are the issues that are discussed in this program and why New Mexico has this problem with so many government programs.

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July 15, 2023	9:00AM 30 Minutes	Issues & Answers 909 Public Affairs	Health/ Mental	Host: Diane Kinderwater  Guest: Caullin Murray Administrative Director Shauna Frost CEO Fighting Hunger in NM	Prices are escalating in food prices and causing stress for families to get by. Volunteer programs like Meals and wheels are making an impact her in New Mexico. The success of the program is in its volunteers, who continue to bring food to the homes here in New Mexico
July 16, 2023	6:30AM 30 Minutes	Issues & Answers 910 Public Affairs	Health	Host: Diane Kinderwater  Guest: Shauna Frost-CEO The Power of Knock	Delivering meals to homes in the Albuquerque area helps feed the people who are home bound. These services help feed the frail in our area. Meals on Wheels is celebrating 50 years of serving the ABQ area and continues to serve.
July 22, 2023	9:00AM 30 Minutes	Issues & Answers 911 Public Affairs	Environment	Host: Diane Kinderwater  Guest: Dr. Alan Diehl-Aviation Human Factor/Safety Consultant	The recent plane crash in Virginia where 9 people died of Hypoxia. Why did this happen, how can it be prevented? The sonic boom is also discussed and how it can cause some environmental problems around the country.
July 23, 2023	6:30AM 30 Minutes	Issues & Answers 912 Public Affairs	Safety	Host: Diane Kinderwater Guest: Dr. Alan Diehl-Aviation Human Factor/Safety Consultant	Dr. Alan talks about the problems and near misses that is happening with our airline today. Is it still safe to fly and what can you do to prepare for an airplane crash.

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July 29, 2023	9:00AM 30 Minutes	Issues & Answers 776 Public Affairs	Health	Host: Diane Kinderwater Guest: Dr. Harvey White	Dr. Harvey White discussed his new book, "On Life: Thoughts on Life's Challenges." He says, "Do it today, make it easy, do it daily." He talked about how his focus has changed from being a heart surgeon to helping lead healthier lives by using diet, exercise, and supplements and now changing how we think about and process life.
July 30, 2023	6:30AM 30 Minutes	Issues & Answers 779 Public Affairs	Crime/Poverty	Host: Diane Kinderwater Guest: Fred Nathan	Fred Nathan the Executive Director of Think New Mexico talked about the problems with predatory lending. The interest rates can be as high as 175% and he says there should be a cap of 36%. In 2019 there were 592,000 small loans under \$500 in New Mexico. These lenders prey on lower income areas. New Mexico is 47th in the nation in financial literacy and 2nd in poverty.
August 5, 2023	9:00AM 30 Minutes	Issues & Answers 792 Public Affairs	Health/Substance Abuse	Host: Diane Kinderwater Guest: Dr. Patrick Nuzzo- Naprapathic Medicine of New Mexico	Dr. Nuzzo talks about how mental, social, and psychological stress caused by the COVID pandemic has had a physical effect on the body and what we can do to relieve the pain in our neck, backs, and hips. Also, the way people are working from home on computers and smart phones and poor posture, bad ergonomics and anxiety affect our health. He says that treating the connective tissues of the body is the solution not taking pain killers.
August 6, 2023	6:30AM 30 Minutes	Issues & Answers 793 Public Affairs	Health/Substance Abuse	Host: Diane Kinderwater Guest: Dr. Patrick Nuzzo- Naprapathic Medicine of New Mexico	Dr. Nuzzo says that 80% of people in the US suffer from some form of back or neck pain. Even children are getting "text neck" and are getting headaches and neck pain. Sciatica causes intense pain and is part of the reason for the opioid epidemic. Naprapathy is the manual medicine of the future.

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August 12, 2023	9:00AM 30 Minutes	Issues & Answers 802 Public Affairs	Economy / Crime	Host: Diane Kinderwater  Guest: Trip Jennings-Executive Director of NM in Depth	NM in Depth is a non-profit digital news organization based in New Mexico since 2012. They began to see a decline in the newspaper business after the 2008 economic collapse in the US. New Media is important for democracy. The Fourth Estate is the watch dog of our government.
August 13, 2023	6:30AM 30 Minutes	Issues & Answers 803 Public Affairs	Economy / Crime	Host: Diane Kinderwater  Guest: Trip Jennings- NM in Depth Exec. Dir.	When NM in Depth started nine years ago, there were only about 60 non-profit digital news organizations in the US. Now there are over 300. Investigative reporting goes beyond the surface to verify if what they are being told is the truth by checking for documentation, and database trends.
August 19, 2023	9:00AM 30 Minutes	Issues & Answers 807 Public Affairs	Society / Culture / Business / Economy / Health	Host: Diane Kinderwater  Guest: Jeffery Candelaria	Jeffery Candelaria is a business owner who helps people connect. He is helping other businesses in provocative issues, leadership, critical thinking, and culture. He challenges the platitudes thrown around as talking points like the idea that some people are essential, and others are not.
August 20, 2023	6:30AM 30 Minutes	Issues & Answers 808 Public Affairs	Business / Government / Economy	Host: Diane Kinderwater  Guest: Jeffery Candelaria	Jeffery Candelaria encourages people to be more provocative, critical, and creative in their thinking. Do not just accept everything policy makers tell us. Question the science behind it. Do your own research. Make up your own mind. Industrial psychology is how you run your business and how you execute your plan. How do your clients and staff feel about you?
August 26, 2023	9:00AM 30 Minutes	Issues & Answers 823 Public Affairs	Health / Education / Crime / Economy	Host: Diane Kinderwater  Guest: Paul Gessing	The Rio Grande Foundation is a think tank that lobbies the legislature to make positive change in New Mexico. The issues discussed were, the upcoming election, Critical Race Theory, masking kids in school, \$5 million embezzlement of APS funds, poverty, oil production in NM, infrastructure, Social Security double taxation, broadband, and unemployment.

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August 27, 2023	6:30AM 30 Minutes	Issues & Answers 827 Public Affairs	Economy / Education / Family	Host: Diane Kinderwater  Guest: Ben, Michelle, and Elijah Lawles	Media is changing in the world. People used to get their news and information from newspapers, magazines, radio, and television. That is where advertisers were spending their money. Now we have the internet and social media, and brands are using content creators instead of actors to market their products. Families are changing too. They are breaking out of traditional 9 to 5 schedules and pressures a traveling lifestyle of home schooling, national parks and creating content for marketers.
September 2, 2023	9:00AM 30 Minutes	Issues & Answers 828 Public Affairs	Economy	Host: Diane Kinderwater  Guest: Ben, Michelle, and Lacie Lawles	Social media influences and content provider and changing the way products are advertised. Instead of spending \$50 thousand to produce a TV commercial they can pay a family showing how they use the product, and it is more natural and organic.
September 3, 2023	6:30AM 30 Minutes	Issues & Answers 830 Public Affairs	Economy	Host: Diane Kinderwater  Guest: Dub and Jessica McCorkle	Social media has gone from My Space to Facebook to Twitter to Instagram and now Tic Tok. The Family of Nomads combines their life of living in an RV and posting on Tic Tok. They use drones, Pro cams, and smart phones to create content for brands. The have 107 thousand followers on Instagram, 523 thousand followers on Tic Tok and their first fifteen second video went viral with over a million views.
September 9, 2023	9:00AM 30 Minutes	Issues & Answers 861 Public Affairs	Crime / Substance Abuse / Homelessness / Mental Illness	Host: Diane Kinderwater  Guest: Mariela Ruiz Angel- Albuquerque Community Safety Department Director	The new Albuquerque Community Safety Department (ACS) is an alternative for 911 operators to dispatch if they get a call that does not require police or fire responders. Behavior Health respondents work more with the homeless, mental illness, and drug addicts. They can also team up with APD if necessary.

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September 10, 2023	6:30AM 30 Minutes	Issues & Answers 865 Public Affairs	Health / Education	Host: Diane Kinderwater  Guest: Dianne Christensen-MS NMCEP	The County Cooperative Extension Service was created in the 1860's with Land Grant Universities. New Mexico State is our Land Grant University. The information they disseminate to the people is science, research and evidence based. Bernalillo is now giving free classes in "Mind Set Changes for Lasting Weight Loss."
September 16, 2023	9:00AM 30 Minutes	Issues & Answers 866 Public Affairs	Health / Education	Host: Diane Kinderwater  Guest: Dianne Christensen-NM State University Family and Consumer Science Agent	The Bernalillo County Cooperative Extension Service is now having Zoom classes in "Walking with Ease." The classes are paid for by the National Arthritis Foundation to help the elderly that have fallen, have joint pain or arthritis.
September 17, 2023	6:30AM 30 Minutes	Issues & Answers 867 Public Affairs	Health / Education / Pandemic	Host: Diane Kinderwater  Guests: Cindy Davies-Bernalillo County Extension Service Director Retired, Dianne Christensen-MS NMCEP	The Bernalillo County Cooperative Extension Service is giving classes on food safety and preservation. They teach canning, freezing, and drying. Food needs to be kept under 40 degrees or over 140 degrees Fahrenheit. Food between 40- and 140- degrees will spoil in a couple of hours. More people are interested in food preservation because of the pandemic.
September 23, 2023	9:00AM 30 Minutes	Issues & Answers 868 Public Affairs	Health / Education / Pandemic	Host: Diane Kinderwater  Guests: Cindy Davies-Bernalillo County Extension Service Director Retired, Dianne Christensen-MS NMCEP	Because of the pandemic more people are interested in growing their own food. The Bernalillo County Cooperative Extension Service has classes on growing food like tomatoes, squash, zucchini, corn, herbs, and green leafy plants. They teach people how to turn their backyards into gardens to feed their families.

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September 24, 2023	6:30AM 30 Minutes	Issues & Answers 869 Public Affairs	Education / Health	Host: Diane Kinderwater  Guests: Dianne Christensen- NMSU Associate Professor/Family and Consumer Sciences Agent, Rosario Fiallos- Kitchens Creations Participant	Diabetes is a major health issue in the United States. There are thirty-seven million Americans that have it and ninety-six million Americans have pre-diabetes. Half of Americans over 65 years of age have diabetes. The Bernalillo County Community Extension Service is trying to help with their Kitchen Creations Program. They are trying to educate people on how to eat better.
September 30, 2023	9:00AM 30 Minutes	Issues & Answers 872 Public Affairs	Education / Health	Host: Diane Kinderwater  Guests: Lynda Garvin-State Master Gardener Program Manager, Sara Moran-NMSU BCCES Agent	The Bernalillo County Cooperative Extension Services Garden Project is teaching people how to grow things in New Mexico. They also have the Master Gardener Program and the Ready, Set, Grow Program. They share science-based information about gardening, landscaping, flower beds, growing fruits and vegetables, invasive trees, watering, pollenating insects, ecosystems, biodiversity, and soil. A renewed interest occurred during the pandemic.

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