

QUARTERLY ISSUES/PROGRAMS LIST

There follows a listing of some of the significant issues responded to by Station WVPY, New Market, Virginia, along with the most significant programming treatment of those issues for the period April 1, 2019 to June 30, 2019. The listing is by no means exhaustive. The order in which the issues appear does not reflect any priority or significance.

Description of Issue	Program/Segment	Date	Time	Duration	Narration of Type and Description of Program/Segment
Health & Science, Mental Health, Youth, community	RESILIENCE: THE BIOLOGY OF STRESS AND THE SCIENCE	4/25/19	9 pm	60 mins.	This documentary delves into the science of Adverse Childhood Experiences (ACEs) and the birth of a new movement to treat and prevent Toxic Stress. Now understood to be one of the leading causes of everything from heart disease and cancer to substance abuse and depression, extremely stressful experiences in childhood can alter brain development and have lifelong effects on health and behavior. However, as experts and practitioners profiled in RESILIENCE are proving, what's predictable is preventable. These physicians, educators, social workers and communities are daring to talk about the effects of divorce, abuse

and neglect. And they're using cutting edge science to help the next generation break the cycles of adversity and disease.