

WIZN RADIO STATION
QUARTERLY ISSUE/PROGRAM LIST
JANUARY 1, 2017 THROUGH DECEMBER 31, 2017

AGING

ECONOMY/BUSINESS TRENDS

EDUCATION/SAFETY

ENVIRONMENT

FUND RAISING/VOLUNTEERISM

HEALTH

MARCH 31, 2017
GINNY McGEHEE
WJOY/WOKO/WKOL/WBTZ/WIZN RADIO
HALL COMMUNICATIONS

WJOY/WOKO/WKOL/WIZN/WBTZ QUARTERLY REPORT
JANUARY 1 - MARCH 31, 2017

The following pages list the programs aired on WJOY/WOKO/WKOL/WIZN/WBTZ during the first quarter of 2017. The programs, ***In Touch***, ***North Country Commerce***, ***Health Source***, ***Aging Matters*** and ***Self Talk Radio*** address a variety of issues of concern in our listening area. These programs are fifteen minutes in length and run on Sundays on WJOY in the 8am hour, on WOKO the 9pm hour, on WKOL in the 10pm hour and on WIZN and WBTZ in the 7am hour.

Ginny McGehee
March 31, 2017

AGING

PROGRAM: Aging Matters

DATE/TIME: 1/15/17 @7:45am

GUESTS: Various seniors at the Center

DESCRIPTION: a discussion about the Senior Scholar Program available through the Clinton County Senior Center located in Plattsburgh through March 22nd

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE/TIME: 1/29/17 @7:45am

GUEST: Kathy Snow of the SCCCC

DESCRIPTION: a discussion about seniors and the Earned Income Tax Credit, where to file and where to get help filing

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE/TIME: 2/12/17 @7:45am

GUEST: Maryann Barneau of the Healthy Neighborhoods Program

DESCRIPTION: a discussion about the program for North Country seniors bringing health and safety information, including lead, fire safety, CO issues and fall prevention

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE/TIME: 3/12/17 @7:45am

GUESTS: John Babbie and Lee Vanderwehl of WeCare Transportation, LLC

DESCRIPTION: a discussion about the healthcare transportation for seniors in the Adirondacks

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE/TIME: 3/26/17 @7:45am

GUEST: Patty Colleen

DESCRIPTION: a discussion about the program "6 Over 70" honoring seniors who are instrumental in getting positive changes done in the North Country

HOST: Maria Alexander, SCCCC

ECONOMY/BUSINESS TRENDS

PROGRAM: North Country Commerce

DATE/TIME: 1/8/17 @7:15am

GUEST: Marlow Wolff of the LCRCC

DESCRIPTION: a discussion about marketing businesses through the Lake Champlain Chamber of Commerce

HOST: Tom Torti, LCRCC

PROGRAM: In Touch

DATE/TIME: 2/12/17 @7am

GUESTS: Chris Loso of Loso Janitorial Services and Nate Piper of Creative Workforce Solutions

DESCRIPTION: a discussion about the employment of people with disabilities and the Governor's Committee, filling jobs while the state's unemployment is one of the lowest in the country. The program is a win-win for everyone.

HOST: Ginny McGehee

PROGRAM: North Country Commerce

DATE/TIME: 2/19/17 @7:15am

GUEST: Marlow Wolff of LCRCC

DESCRIPTION: a discussion about using the chamber's tools to promote the economic link between Vermont and Quebec

HOST: Tom Torti, LCRCC

PROGRAM: North Country Commerce

DATE/TIME: 2/26/17 @7:15am

GUEST: Frank Barrie, USAF/SAC Retired

DESCRIPTION: a discussion about flying FB!!! And B-52 bombers in and out of Plattsburgh Air Force Base

HOST: Thom Hallock, Mountain Lake PBS

PROGRAM: North Country Commerce

DATE/TIME: 3/5/17 @7:15am

GUEST: Vincent Pierce, LCRCC

DESCRIPTION: a discussion about managing global engagement between Vermont businesses and our counter-parts world-wide

HOST: Tom Torti, LCRCC

PROGRAM: North Country Commerce

DATE/TIME: 3/19/17 @7:15am

GUEST: Erin Bombard

DESCRIPTION: a discussion about spring 2017 tourism opportunities to help create a thriving private sector in Vermont

HOST: Tom Torti, LCRCC

PROGRAM: Self Talk Radio

DATE/TIME: 3/19/17 @7:45am

GUEST: Dr. Michael Zey

DESCRIPTION: a discussion about the future of the workforce and how technology coupled with an increasing lifespan can challenge millennials

HOST: Sarah Spencer

ENVIRONMENT

PROGRAM: North Country Commerce

DATE/TIME: 2/12/17 @7:15am

GUEST: Bill Howland

DESCRIPTION: a discussion about the environmental state of Lake Champlain, its basin and tributaries following its annual assessment

HOST: Thom Hallock, Mountain Lake PBS

FUND RAISING/VOLUNTEERISM

PROGRAM: In Touch

DATE/TIME: 1/8/17 @7am

GUEST: Rob Meehan, director of the Chittenden Emergency Food Shelf

DESCRIPTION: a discussion about the variety of programs offered with meals served, food distribution, how to make the most of food, the support from businesses, volunteers and donors and the growing need for these services in Chittenden County

HOST: Ginny McGehee

PROGRAM: In Touch

DATE/TIME: 1/15/17 @7am

GUESTS: Chad Butt, executive director of Mobius, Vermont's Mentoring Partnership, and Eliza Kuchuck, Youth Coordinator for CHIPS in Essex, Vermont

DESCRIPTION: a discussion about the statewide program helping 140 organizations matching mentors with kids ages 5 to 18 years of age

HOST: Ginny McGehee

PROGRAM: Health Source

DATE/TIME: 1/29/17 @7:30am

GUEST: Bernie Echo, president of the UVMMC auxiliary

DESCRIPTION: a discussion about the long history of the hospital auxiliary and its role as the single most active and contributing philanthropic organization to the UVM Medical Center

HOST: Michael Carrese, UVMMC

PROGRAM: In Touch

DATE/TIME: 2/26/17 @7am

GUEST: Lisa DeNatale, executive director of Special Olympics Vermont

DESCRIPTION: a discussion about Special Olympics, the winter and summer games in Vermont, the athletes and volunteers

HOST: Ginny McGehee

PROGRAM: Health Source

DATE/TIME: 1/15/17 @7:30am

GUEST: Evelyn Sikorski

DESCRIPTION: a discussion about the five dimensions of well-being; community, physical, financial, social and career and how to maintain a healthy life through a balanced focus

HOST: Michael Carrese, UVMMC

PROGRAM: In Touch

DATE/TIME: 1/22/17 @7am

GUEST: Livanta communications director Jennifer Bitterman

DESCRIPTION: a discussion about Livanta, the free program that handles Medicare beneficiaries' and their caregivers' appeals and quality of health concerns

HOST: Ginny McGehee

PROGRAM: Health Source

DATE/TIME: 1/22/17 @7:30am

GUEST: Alexandra Terci

DESCRIPTION: a discussion about finding the right wearable device and the right apps to achieve better health outcomes

HOST: Michael Carrese, UVMMC

PROGRAM: Self Talk Radio

DATE/TIME: 1/22/17 @745am

GUEST: Dr. Curtis Gross

DESCRIPTION: a discussion about the doctor's experiences and changes to treatment in over 33 years of chiropractic care

HOST: Sarah Spencer

PROGRAM: Health Source

DATE/TIME: 2/5/17 @7:30am

GUEST: Dr. James Boyd

DESCRIPTION: a discussion about Huntington's disease, its detection and treatment

HOST: Michael Carrese, UVMMC

PROGRAM: Health Source

DATE/TIME: 2/12/17 @7:30am

GUEST: Peggy Bushey

DESCRIPTION: a discussion about Dialysis technology, its many improvements and now it can take place at home

HOST: Michael Carrese, UVMMC

PROGRAM: Health Source

DATE/TIME: 3/19/17 @7:30am

GUEST: Dr. Steven Marena

DESCRIPTION: a discussion about National Diabetes Alert Day and its effort to bring attention to circulatory changes to the feet and legs including neuropathy

HOST: Michael Carrese, UVMMC

PROGRAM: In Touch

DATE/TIME: 3/26/17 @7am

GUEST: Jennifer Bitterman, Livanta communications director

DESCRIPTION: a repeat of the January 22nd show

HOST: Ginny McGehee

PROGRAM: Health Source

DATE/TIME: 3/26/17 @7:30am

GUEST: Lori Notawitz

DESCRIPTION: a discussion about how a patient can improve the care they are provided, the role a patient and/or a loved one can play and how the hospital works to protect the patient

HOST: Michael Carrese, UVMMC

WIZN RADIO STATION
QUARTERLY ISSUE/PROGRAM LIST
APRIL 1, 2017 THROUGH JUNE 30, 2017

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JUNE 30, 2017
GINNY McGEHEE
WJOY/WOKO/WKOL/WBTZ/WIZN RADIO
HALL COMMUNICATIONS

PROGRAM: Self Talk

DATE: 7/23/17

GUEST: Bernie Harberts, author of "The Lost Sea Expedition"

DESCRIPTION: a discussion about his travels through the Great Plains and his experience and conclusion that America is still very united

HOST: Sarah Spencer

PROGRAM: North Country Commerce

DATE: 7/30/17

GUESTS: Bob Bullock of the Rockefeller Foundation, and Dave Gibson of Forever Wild

DESCRIPTION: a discussion about the anniversary of the Wilderness Act and its positive effect on the Adirondack National Park

HOST: Thom Hallock, Mountain Lake PBS

PROGRAM: North Country Commerce

DATE: 8/6/17

GUEST: Gail Stevenson of the Lake Champlain Regional Chamber of Commerce

DESCRIPTION: a discussion about the Vermont-Quebec Enterprise Initiative, promoting Vermont as a location for Quebec businesses to gain a foothold in U.S. commerce

HOST: Tom Torti, LCCCC

PROGRAM: North Country Commerce

DATE: 8/13/17

GUESTS: Annie Stolti, Kelly Hoff-Schneider and Betsy Falwell

DESCRIPTION: a discussion about the photographic heritage of Adirondack Life Magazine and the encouragement of readers and listeners to contribute to the publication

HOST: Thom Hallock, Mountain Lake PBS

PROGRAM: North Country Commerce

DATE: 8/20/17

GUEST: Karen Bombard of the Lake Champlain Regional Chamber of Commerce

DESCRIPTION: a discussion about the summer and fall 2017 tourism schedule in the Greater Burlington area

HOST: Tom Torti, LCRCC

PROGRAM: North Country Commerce

DATE: 8/27/17

GUEST: Dick Crawford, beekeeper

DESCRIPTION: a discussion about the honeybee die-off in the region in 2014 and 2015 and its comeback

HOST: Thom Hallock, Mountain Lake PBS

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EDUCATION/SAFETY

PROGRAM: In Touch

DATE: 7/2/17

GUEST: Vermont State Police Lieutenant John Flannigan

DESCRIPTION: a discussion about law enforcement campaigns to keep roads, waterways and July 4th celebrations safe

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 7/30/17

GUEST: John Nagle, executive director of the Vermont Shakespeare Festival

DESCRIPTION: a discussion about the 10th anniversary of the organization's work for Shakespeare appreciation, performance and work with high school and college students

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 8/6/17

GUEST: Robyn Freedner-Maguire, campaign director for Let's Grow Kids

DESCRIPTION: a discussion about the need for high quality, affordable child care and their work for five years to achieve the goal to get every young Vermont child early education

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 8/13/17

GUEST: Jack St. Louis, president of the Vermont Astronomical Society

DESCRIPTION: a discussion about the 50-plus years of VAS, the upcoming solar eclipse and the proper way to view it

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 8/20/17

GUESTS: Paul White, law enforcement liaison for the Governor's Highway Safety Program in Vermont and Evan Hallstrom, a 15 year old race car driver

DESCRIPTION: a discussion about Hallstrom's efforts to get teenagers and everyone else to buckle up through the state's Click It or Ticket program

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 9/24/17

GUEST: Dave Mullin, executive director for Green Mountain Habitat

DESCRIPTION: a discussion about volunteers, who help build the houses and man their ReStore in Williston and the process to volunteer or how to be selected for a habitat home

HOST: Ginny McGehee

HEALTH

PROGRAM: Health Source

DATE: 7/2/17

GUESTS: Fulmer Duckwork and Carly Hague, registered nurses

DESCRIPTION: a discussion about their team of nurses improving care for seniors at CVPH in Plattsburgh

HOST: Kris Blake, CVPH/UVMMC

PROGRAM: In Touch

DATE: 7/9/17

GUEST: Mary Buckley-Labonte, program coordinator for the Caregiver Resource Center of Clinton County

DESCRIPTION: a discussion about the program's work to help unpaid caregivers of someone 60 or older to connect them to programs to help them and REST training for respite workers that in turn give caretakers a needed break

HOST: Ginny McGehee

PROGRAM: Health Source

DATE: 7/9/17

GUEST: Bernice Echo, chair of the UVMMC Auxiliary

DESCRIPTION: a discussion about the single largest philanthropic supporter of UVMMC with over 200 members and its monetary gifts to the hospital mission and patient services

HOST: Michael Carrese, UVMMC

PROGRAM: Health Source

DATE: 7/16/17

GUEST: Dr. Daniel Weinstein

DESCRIPTION: a discussion about summer health opportunities and challenges including sun exposure, heat and dangers in recreational activities

HOST: Annie Mackin, UVMMC

PROGRAM: Self Talk

DATE: 8/20/17

GUEST: Joan Markwell, co-author of “Softening the Grief: What to Say and Do to Help a Bereaved Mother” and small business and real estate owner

DESCRIPTION: a discussion about her book and the loss of one of her two daughters to cancer

HOST: Sarah Spencer

PROGRAM: Health Source

DATE: 8/27/17

GUEST: Dr. Rebecca Bell, a pediatric critical care physician at UVMMC

DESCRIPTION: a discussion about the 16 different organisms and dozens of diseases that are prevented by childhood vaccination programs

HOST: Alex Terci, UVMMC

PROGRAM: Health Source

DATE: 9/3/17

GUEST: Roz Grossman, MA

DESCRIPTION: a discussion about the ancient art of Mindfulness, its new respect in the medical world and how it has helped cancer patients

HOST: Alex Terci, UVMMC

PROGRAM: Self Talk

DATE: 9/3/17

GUEST: Dr. Steve Taubman, hypnotist and author

DESCRIPTION: a discussion about hypnotism and how it can help fear and anxiety

HOST: Sarah Spencer

PROGRAM: Health Source

DATE: 9/10/17

GUEST: Dr. Elliot Nelson

DESCRIPTION: a discussion about the signs and risk factors for suicide, how and where to find help and the resources available

HOST: Alex Terci, UVMMC

PROGRAM: Self Talk

DATE: 9/10/17

GUEST: Lisa Tremblay Rees, CEO of LTR Leadership and a leadership coach with the Department of Homeland Security

DESCRIPTION: a discussion about what makes a good leader and whether emotions have a place in the office

HOST: Sarah Spencer

WIZN RADIO STATION
QUARTERLY ISSUE/PROGRAM LIST
OCTOBER 1, 2017 THROUGH DECEMBER 31, 2017

AGING

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HEALTH

DECEMBER 31, 2017
GINNY McGEHEE
WJOY/WOKO/WKOL/WBTZ/WIZN RADIO
HALL COMMUNICATIONS

**WJOY/WOKO/WKOL/WIZN/WBTZ QUARTERLY REPORT
OCTOBER 1 - DECEMBER 31, 2017**

The following pages list the programs aired on WJOY/WOKO/WKOL/WIZN/WBTZ during the fourth quarter of 2017. The programs, *In Touch*, *North Country Commerce*, *Health Source* and *Aging Matters* or *Self Talk Radio* address a variety of issues of concern in our listening area. These programs are fifteen minutes in length and run for an hour on Sundays on WJOY in the 8am hour, on WOKO in the 9pm hour, on WKOL in the 10pm hour and on WIZN and WBTZ in the 7am hour.

Ginny McGehee
December 31, 2017

Fw: PSA for Charity event - please help us spread the word!

Wendy Mays

Mon 1/8/2018 9:23 AM

To: Ginny McGehee <ginny@hallradio.net>;

From: Karen Taylor Mitchell <taymitch@gmail.com>
Sent: Sunday, January 7, 2018 10:29 PM
To: Wendy Mays; Matt Grasso
Subject: PSA for Charity event - please help us spread the word!

Would you please help us get the word out about our event happening next weekend? A PSA is posted below. Thank you!

former Shesato

On Saturday, January 13, the Franklin County Animal Rescue is holding its 3rd annual Cats & Cocktails benefit auction at the Hotel Burlington in South Burlington. A cocktail reception and preview of items starts at 5 pm. Then at 7 pm, bidding begins on more than 150 items donated by local merchants! Join FCAR for this warm and wonderful tradition and make 2018 a great year for the cats and dogs of northwestern Vermont and people who love them. For more information call 802-524-9650.

--
Karen Taylor Mitchell, MPA
(802) 264-6054 direct
taymitch@gmail.com

AGING

PROGRAM: Aging Matters

DATE: 10/8/17

GUEST: Leora Snyder of the Samuel F. Vilas Home

DESCRIPTION: a discussion about the services and great reputation of this New York State certified adult facility

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 10/22/17

GUESTS: Jennifer Cross and Barbara Marking of the Senior Citizens Council of Clinton County

DESCRIPTION: a discussion about the council and a grant it has received to develop communications programs to help seniors navigate community-based organizations

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 11/5/17

GUESTS: John Babbe and Lee Vanderwhel of We Care Transportation

DESCRIPTION: a discussion about the companies work transporting seniors around the North Country for health appointments

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 11/19/17

GUEST: Marissa Herds

DESCRIPTION: a discussion about getting enrolled in Medicare, open enrollment periods and how to learn about and use the benefits

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 12/3/17

GUEST: Patti Coleen of the Senior Citizens Council of Clinton County

DESCRIPTION: a discussion about the council's holiday programs and the coming scholarship competition for seniors

HOST: Maria Alexander, SCCCC

PROGRAM: Aging Matters

DATE: 12/17/17

GUEST: Laurie Marvin of Meadowbrook

DESCRIPTION: a discussion about the new 80 bed expansion and the facility's full continuum of care from limited assistance to full nursing care

HOST: Maria Alexander, SCCCC

ECONOMY/BUSINESS TRENDS

PROGRAM: North Country Commerce

DATE: 10/1/17

GUEST: Matt Borden, director of the Vermont Tourism Bureau

DESCRIPTION: a discussion about family-friendly events and activities during Vermont's fall foliage season

HOST: Tom Torti, LCRCC

PROGRAM: Self Talk Radio

DATE: 10/1/17

GUEST: Tim Pollard, communicator

DESCRIPTION: a discussion about the essentials of getting your ideas to stick and how to present them effectively

HOST: Sarah Spencer

PROGRAM: North Country Commerce

DATE: 10/15/17

GUEST: Gail Alberts of Shelburne Vineyards

DESCRIPTION: a discussion about Vermont's growing wine industry and fall attractions for visitors

HOST: Tom Torti, LCRCC

PROGRAM: North Country Commerce

DATE: 10/22/17

GUEST: Tamika Weatherspoon

DESCRIPTION: a discussion about the surprising success stories of several Clinton County manufacturing facilities

HOST: Thom Hallock, Mountain Lake PBS

PROGRAM: North Country Commerce

DATE: 10/29/17

GUEST: Josh Pallas of the Spirit of Ethan Allen III

DESCRIPTION: a discussion about the fall foliage cruises on Lake Champlain aboard the SEA

HOST: Tom Torti, LCRCC

PROGRAM: North Country Commerce

DATE: 11/12/17

GUEST: John Antonucci, the director of Entrepreneurship for the Lake Champlain Chamber of Commerce

DESCRIPTION: a discussion about the Vermont Hack-a-thon, a 24 hour competition to develop apps to solve unique Vermont problems to develop tech business in the greater Burlington area

HOST: Tom Torti, LCRCC

PROGRAM: In Touch

DATE: 11/19/17

GUEST: Kirby Dunn, executive director for HomeShare Vermont

DESCRIPTION: a discussion about the program works matching a homeowner with a person who is looking for affordable housing in exchange for money and/or chores and it having grown statewide

HOST: Ginny McGehee

PROGRAM: North Country Commerce

DATE: 11/26/17

GUEST: John Antonucci, director of Entrepreneurship for the Lake Champlain Chamber

DESCRIPTION: a discussion about Launch V-T, the business pitch competition to launch Vermont's next great business

HOST: Tom Torti, LCRCC

PROGRAM: Self Talk Radio

DATE: 11/26/17

GUEST: Brad Szollose on Liquid Leadership

DESCRIPTION: a discussion about getting cross-generational cooperation in the workplace

HOST: Sarah Spencer

PROGRAM: In Touch

DATE: 12/3/17

GUEST: Gesine Prado, author and baking instructor

DESCRIPTION: a discussion about her career, living in Vermont and her new Food Network show, "Baked in Vermont" and filming in the Green Mountain state

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 12/10/17

GUEST: Senior Project Manager Todd Sumner with the Vermont Agency of Transportation

DESCRIPTION: a discussion about the need for a new bridge connecting Route 2 over water between Grand Isle and North Hero, its design and timetable for completion

HOST: Ginny McGehee

PROGRAM: North Country Commerce

DATE: 12/10/17

GUEST: Vincent Pierce, manager of Global Engagement of the Vermont Council on World Affairs

DESCRIPTION: a discussion about how we view other countries and how they view us and how the organization helps businesses understand that relationship

HOST: Tom Torti, LCRCC

PROGRAM: In Touch

DATE: 12/17/17

GUEST: Pam Ellis, nursing student at Castleton University

DESCRIPTION: a discussion about Global Brigades, a program for nursing students and other health providers that sends them to impoverished countries to help and the fund raising to offset their costs

HOST: Ginny McGehee

EDUCATION/SAFETY

PROGRAM: In Touch

DATE: 10/8/17

GUEST: Scott Giles, president and CEO for VSAC, the Vermont Student Assistance Corporation

DESCRIPTION: a discussion about saving for college/alternatives to traditional college, grants, student loans, community college, financial aid and the paths after high school and for those adults seeking more education/training

HOST: Ginny McGehee

PROGRAM: North Country Commerce

DATE: 10/8/17

GUEST: Paul Larson, Adirondack historian

DESCRIPTION: a discussion about Marjorie Lansing-Porter, who traveled to the Adirondacks in the 1940s to collect folk songs, which led an effort to have them recorded in the 1970s

HOST: Thom Hallock, Mountain Lake PBS

PROGRAM: In Touch

DATE: 10/15/17

GUESTS: Paul White, law enforcement liaison for the Governor's Highway Safety Program, and 15 year old Evan Hallstrom, a race car driver

DESCRIPTION: a discussion about the GHSP, the state's Click or Ticket campaign and Hallstrom's efforts working with the state to get teenagers and everyone to wear seatbelts

HOST: Ginny McGehee

PROGRAM: North Country Commerce

DATE: 11/5/17

GUEST: Glenn Pearsall

DESCRIPTION: a discussion about the Post-Revolutionary war schemes to develop the Adirondack region

HOST: Paul Larson, Adirondack historian

PROGRAM: North Country Commerce

DATE: 11/19/17

GUEST: Stephen Englehart, archeologist

DESCRIPTION: a discussion about the programs that celebrate and preserve the Adirondack's architectural heritage

HOST: Thom Hallock, Mountain Lake PBS

PROGRAM: Self Talk Radio

DATE: 12/10/17

GUEST: Lt. Scott McGivern of the Winooski Police Department

DESCRIPTION: a discussion about the program this police death investigator created called "Coffee with a Cop" offering a way to get to know the community before he has to address a difficult situation

HOST: Sarah Spencer

PROGRAM: North Country Commerce

DATE: 12/17/17

GUEST: Dr. Gary Arthur Thompson, , McGill University Archeology Professor

DESCRIPTION: a discussion about how his family history drove him into the field of archeology

HOST: Thom Hallock, Mountain Lake PBS

ENVIRONMENT

PROGRAM: North Country Commerce

DATE: 12/3/17

GUEST: Ray Suarez, former PBS News Hour reporter

DESCRIPTION: a discussion about a lifetime of traveling the world to report on the care and feeding of the world's growing population

HOST: Thom Hallock, Mountain Lake PBS

FUNDRAISING/VOLUNTEERISM

PROGRAM: In Touch

DATE: 10/22/17

GUEST: Vermont Director of the American Red Cross, Kevin Mazuzan

DESCRIPTION: a discussion of the many programs of the Red Cross in Vermont and around the world and volunteers on the ground at locations in the hurricane ravaged south and the fires in California

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 10/29/17

GUEST: Rob Meehan, director of the Chittenden Emergency Food Shelf

DESCRIPTION: a discussion about the many programs of the organization, the continuing need for food and monetary donations and how many families are part of their clientele

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 11/5/17

GUESTS: Syndi Zook and Jose Rincon, the outgoing and incoming executive directors for Lyric Theatre

DESCRIPTION: a discussion about the all-volunteer music theater company and its long history (1972) and quality productions

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 11/12/17

GUEST: Wendy Rice, executive director for Vermont Works for Women

DESCRIPTION: a discussion about the history of the organization, which focuses on the different roles for women in the workplace, its efforts to help incarcerated women get back on their feet and its work with the state and other non-profit groups

HOST: Ginny McGehee

PROGRAM: In Touch

DATE: 11/26/17

GUEST: David Mullen, executive director for Green Mountain Habitat

DESCRIPTION: a discussion about the importance of volunteers to build the homes and man their Re-Store and the process on how a Habitat home is built and how to be selected for a Habitat home

HOST: Ginny McGehee

HEALTH

PROGRAM: In Touch

DATE: 10/1/17

GUEST: Barb Winters, director of Brain Injury Association of Vermont

DESCRIPTION: a discussion about brain injuries, their causes, symptoms, recovery and the new focus on them and the 29th annual Brain Injury Conference in Burlington

HOST: Ginny McGehee

PROGRAM: Health Source

DATE: 10/1/17

GUESTS: Dr. Kittera Hopkins and Chelsea Rhodes

DESCRIPTION: a discussion about good dental hygiene habits and overcoming fears at the dentist

HOST: Annie Mackin, UVMMC

PROGRAM: Health Source

DATE: 10/8/17

GUEST: Dr. Kim Dittus

DESCRIPTION: a discussion about cancer rehabilitation and the "Steps to Wellness" program for cancer survivors at UVMMC

HOST: Michael Carrese, UVMMC

PROGRAM: Health Source

DATE: 10/15/17

GUESTS: Bridget Shay and Audrey Moore

DESCRIPTION: a discussion about the science of eating, brain chemistry and developing good dietary habits

HOST: Alex Terci, UVMMC

PROGRAM: Self Talk Radio

DATE: 10/15/17

GUEST: Dr. Deborah Miehle

DESCRIPTION: a discussion about Joyful Transition with 22 keys to reclaim one's authenticity through the practice of radical acceptance

HOST: Sarah Spencer

PROGRAM: Health Source

DATE: 10/22/17

GUEST: Dr. Cathy Marianni

DESCRIPTION: a discussion about the flu, what it is, what it does to us, how to treat flu patients and how the vaccine helps prevent it

HOST: Annie Mackin, UVMMC

PROGRAM: Health Source

DATE: 10/29/17

GUEST: Dr. Marie Wood

DESCRIPTION: a discussion about risk factors and new research into the prevention of breast cancer

HOST: Annie Mackin, UVMMC

PROGRAM: Self Talk Radio

DATE: 10/29/17

GUEST: Charlie Hoehn

DESCRIPTION: a discussion about lonely men in a socially isolated world and how it leads to incidents like the Las Vegas shooting

HOST: Sarah Spencer

PROGRAM: Health Source

DATE: 11/5/17

GUESTS: Pamela Bidler and Liz Vogel, an outreach director at the Alzheimer's association of Vermont and a caregiver

DESCRIPTION: a discussion about the care and treatment of Alzheimer's patients (November is Alzheimer's Awareness Month)

HOST: Annie Mackin, UVMHC

PROGRAM: Health Source

DATE: 11/12/17

GUEST: Linda Tilton, certified diabetes educator

DESCRIPTION: a discussion about screening and risk factors of diabetes

HOST: Annie Mackin, UVMHC

PROGRAM: Self Talk Radio

DATE: 11/12/17

GUEST: Jim Klopman

DESCRIPTION: a discussion about balance, its loss being the number one cause of emergency room visits and how to keep our balance

HOST: Sarah Spencer

PROGRAM: Health Source

DATE: 11/19/17

GUEST: Julia Shay

DESCRIPTION: a discussion about cardio pulmonary obstructive disease, its treatment and how to avoid it

HOST: Annie Mackin, UVMHC

PROGRAM: Health Source

DATE: 11/26/17

GUEST: Dr. Jessie Moore

DESCRIPTION: a discussion about the risks of colorectal cancer, its treatment and how to prevent it

HOST: Annie Mackin, UVMHC

PROGRAM: Health Source

DATE: 12/3/17

GUEST: Dr. Daniel Lustgarden

DESCRIPTION: a discussion about local researchers' work to develop the "Watchman" device, an electronic device to treat the left atrial appendage to avoid strokes

HOST: Annie Mackin, UVMMC

PROGRAM: Health Source

DATE: 12/10/17

GUEST: Anne Greenamelman

DESCRIPTION: a discussion about developing a strong "pelvic floor" to prevent future pelvic disease

HOST: Annie Mackin, UVMMC

PROGRAM: Health Source

DATE: 12/17/17

GUEST: Dr. Stephen Leffler

DESCRIPTION: a discussion about combating the opioid crisis and how far we still have to go

HOST: Annie Mackin, UVMMC