Coxswain Media LLC WPXC-WHYA-WFRQ-WKFY Quarterly Issues and Programs List Q4 2022: October 1- December 31, 2022

SECTION 1: QUARTERLY PROBLEMS AND ISSUES

- **1. Economy Infrastructure:** Plans to replace the antiquated and obsolete Sagamore and Bourne bridges have begun!
- **2. Health Breast Cancer:** Interviews with The Massachusetts Breast Cancer Coalition that offer programs and information on a solving breast cancer once and for all in Barnstable County.
- **3. Poverty Hunger:** There is an ongoing need to provide food and services to families across Cape Cod who live paycheck to paycheck, or who are challenged with work limitations. This quarter we'll discuss several campaigns that help feed and provide local families during the most demanding time of the year.
- **4. Health Suicide/Mental Health/Dependency:** Thousands of Cape Codders are currently living with various mental health challenges. We addressed the overall Mental health of Cape Codders numerous times during this quarter, seeking solutions and answers to improve daily lives.
- **5. The Environment Health Effects-** As a coastal community, we frequently address conservation, scientific research, and public safety as we navigate the adjacent nautical ecosystems of Cape Cod Bay, Nantucket Sound, Buzzards Bay, and the Atlantic Ocean.
- **6. Covid 19:** Hard to believe, but yes Covid is back on our list. Cases are back up now that it's the holiday season. Prevention returns to our list of issues.
- **7. Veterans Affairs-** During these challenging times, members of the armed services have met challenges we address in Q4 of 2022.

SECTIONS TWO: PROGRAMS: CATEGORY / ISSUE - VETERANS

AFFAIRS/MENTAL HEALTH

DATE OF SHOW - 10/2 & 9/22

LENGTH OF SHOW - 23:29

GUESTS ON THE SHOW - NAMES / TITLES / ORGANIZATION -

Heroes In Transition's Nicole Briggs and Nancy Jones

SUBJECT MATTER: Heroes In Transition began in 2010. The organization assists veterans and military families for transitional support from Active Military deployment back to normal society. This particular segment focused on the women affected by military activity, and the various resources and effects of the Heroes In transition programs.

CATEGORY / ISSUE - MENTAL HEALTH - SUICIDE & DEPRESSION

DATE OF SHOW - 10/16/22

LENGTH OF SHOW - 20:00

GUESTS ON THE SHOW - NAMES / TITLES / ORGANIZATION -

Health-Mental Health Suicide (TMS)-Dr. Jonathan Schwartz

SUBJECT MATTER: TMS - Transcranial Magnetic Stimulation Therapy is a technique that has been developed as a method to treat people with depression, using magnetic energy to activate parts of the brain the affect mood. This therapy has been proven to help by 50%. There are now shorter options to this therapy that Jonathan came on the air to explain.

CATEGORY / ISSUE - COVID 19, MENTAL HEALTH - ADDICTION DATE OF SHOW - 10/23/22

LENGTH OF SHOW - 17:18

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION: Jackie Lane Director of NAMI Cape Cod

SUBJECT MATTER: NAMI, the National Alliance of Mental Illness, has some new initiatives on Cape Cod that Jackie spoke about on ICC with Mina Greene. The Pandemic still is having residual effects on victims of mental illness. There are new techniques in training that are being introduced to help the addicted also discussed.

CATEGORY / ISSUE – ECONOMY - HOUSING DATE OF SHOW – 10/30/22 LENGTH OF SHOW – 16:38

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION: Matt Pitta, with Cape Cod Chamber Of Commerce director Paul Niedzwiecki SUBJECT MATTER: Workforce housing remains to be a big issue on Cape Cod with median house prices over \$600,000 across Cape Cod. Matt and Paul talk about an upcoming event that will help to establish options to tackle this issue. The "Housing To Protect Cape Cod" summit, and "Second Advocacy in Action" program were reviewed to notify listeners on affordable housing issues, homelessness insecurity, and J1 programs available in Barnstable County.

CATEGORY / ISSUE - HEALTH - DRINKING WATER

DATE OF SHOW - 11/6/22 & 12/4/22

LENGTH OF SHOW - 18:45

GUESTS ON THE SHOW - NAMES / TITLES / ORGANIZATION - Dr.

Laurel Shraider - Silent Spring Institute

SUBJECT MATTER: Mina Greene interviews Dr. Laurel Shraider of The Silent Spring Institute, as they update the listening audience about the ongoing study in Hyannis where subjects are being solicited to measure PFAS that have been found in the drinking water, and what measures can be taken to remove PFAS from drinking water, preventing the potential risks of health problems including breast cancer.

CATEGORY / ISSUE – HEALTH - HUNGER

DATE OF SHOW – 11/13/22

LENGTH OF SHOW – 16:23

GUESTS ON THE SHOW – NAMES / TITLES / ORGANIZATION –

Christine Menard Family Pantry in Harwich

SUBJECT MATTER: Christine Menard from the Family Pantry in Harwich with Mina discuss the extreme need for food, items and cash as we enter the winter months on Cape Cod. There are various programs that have been introduced since the Pandemic that are still active. Plus there are various food drives that were promoted including the upcoming holiday

turkey and toy drives.

CATEGORY / ISSUE - EDUCATION - ECONOMY - LOCAL WORKFORCE

DATE OF SHOW - 11/20/22

LENGTH OF SHOW - 17:22

GUESTS ON THE SHOW - NAMES / TITLES / ORGANIZATION - Bob

Eckel from Cape Cod Technical High School

SUBJECT MATTER: Sustaining a year round workforce was discussed with Bob Eckel, who joined us with the many programs and options at Cape Tech! 60 % of Students who attend Cape Tech end up contributing to the local job force compared to traditional high schools, that more often support off cape jobs.

CATEGORY / ISSUE - ECONOMY & COVID 19

DATE OF SHOW - 11/27/22

LENGTH OF SHOW - 17:59

GUESTS ON THE SHOW - NAMES / TITLES / ORGANIZATION - Matt

Pitta - Davenport Companies and Marty Breummel - President of the Hyannis Area Chamber of Commerce

SUBJECT MATTER: Upcoming activities and festivities associated with the holidays in Hyannis. Many of the activities have returned for the 1st time since before Covid 19. The boosting of local business is vital in the holidays to help recover some of the financial losses due to the Pandemic.

CATEGORY / ISSUE – ECONOMY, TRAFFIC & INFRASTRUCTURE DATE OF SHOW – 12/11/22

LENGTH OF SHOW - 18:36

GUESTS ON THE SHOW - NAMES / TITLES / ORGANIZATION - Matt

Pitta, with Cape Cod Chamber Of Commerce director Paul Niedzwiecki **SUBJECT MATTER:** The latest information on the replacement of the Sagamore and Bourne bridges!